

GOOD THINGS ARE HAPPENING IN DOUGLAS:

- Town has received \$8.2 Million in Federal and State grants for infrastructure upgrades and improvements.
- \$100 Million in private investment for new economic development growth.
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Friday, May 5, 2023

Groundbreaking held for Armenian Heritage Monument

BY KIMBERLY PALMUCCI
TRIBUNE CORRESPONDENT

WHITINSVILLE — A groundbreaking and site blessing of the Armenian Heritage Monument was recently held at Pine Grove Cemetery.

According to the Soorp Asdvadzadzin Armenian Church in Whitinsville, the event, which was held on April 18, coincides with the 107th anniversary of Armenian Genocide Memorial Day on April 24 that commemorates the 1.5 million Armenians who perished in the 1915 Genocide.

"This monument honors the Armenian immi-



grants who survived persecution and were welcomed in Whitinsville to build new lives," a press statement reads. "Many worked in the Whitin

Machine Works beginning in the early 1880's and were an integral part of the labor pool.
Turn To **MONUMENT** page **A12**

Grafton named third safest community in Massachusetts

BY KIMBERLY PALMUCCI
TRIBUNE CORRESPONDENT

GRAFTON — One local community has recently been named the third safest in Massachusetts.

According to the 2023 SafeWise "20 Safest Cities" list, released last month by Alina Bradford, a senior writer/safety and security expert with SafeWise, Grafton has moved up to the third position on the list. Previously, the town made the list in 2022 as the eleventh safest in the Commonwealth.

"A lot goes into making a city or town a community, and it all starts with you folks," the Grafton Police Department shared in a statement after the list was released. "It's the people who make the community and [you all] deserve a pat on the back."

Only two cities topped Grafton for this year's list—Clinton and Wayland.

According to the list, compiled annually by SafeWise—an online resource that provides tools and information to help people "make their life safer at home and in their community"—Grafton has a population of 19,347 and a median income of \$107,237.

"Massachusetts' crime rates continued to drop year over year," the report reads. "Massachusetts also consistently sees lower violent crime and property crime rates compared to the rest of the country."

Turn To **GRAFTON** page **A12**

Northbridge High School teacher honored with Singer Family Prize

NORTHBRIDGE — Northbridge High School English teacher Jeffrey Warzecha has been awarded the distinguished 2023 Singer Family Prize for Excellence in Teaching.

This prestigious honor is in recognition of Warzecha's exceptional dedication to his students, including Wesley Mawn, a former Northbridge High School student and current graduating senior at the University of Rochester.



Jeffrey Warzecha

Courtesy

Selected from nominations submitted by University of Rochester's Class of 2023, Warzecha is one of only four recipients of this year's Singer Family Prize. The award, established in 2006 by Paul Singer, a 1966 University of Rochester graduate,

and his son Gordon Singer, acknowledges high school teachers who have made a significant impact on the lives of their students. A committee chaired by Jeffrey Runner, Dean of the College, chooses the winners.

In an emotional excerpt from Mawn's nomination essay, he states, "Jeffrey Warzecha is so much more than a teacher. He helped me understand my potential and inspired me to pursue everything in my life today. His approach to teaching literature was much deeper than words on a page but distinctly shaped my worldview. He genuinely cared about his students and our future. When my father died my junior year, he took me under his wing and helped me become a stronger person for myself and my family. Without him, I would not be a college student or the man I am today. I would not have applied to Rochester and received the Handler Scholarship that changed the trajectory of my life."

As a recipient of
Turn To **WARZECHA** page **A12**

Milford Regional volunteers recognized with Presidential Service Award

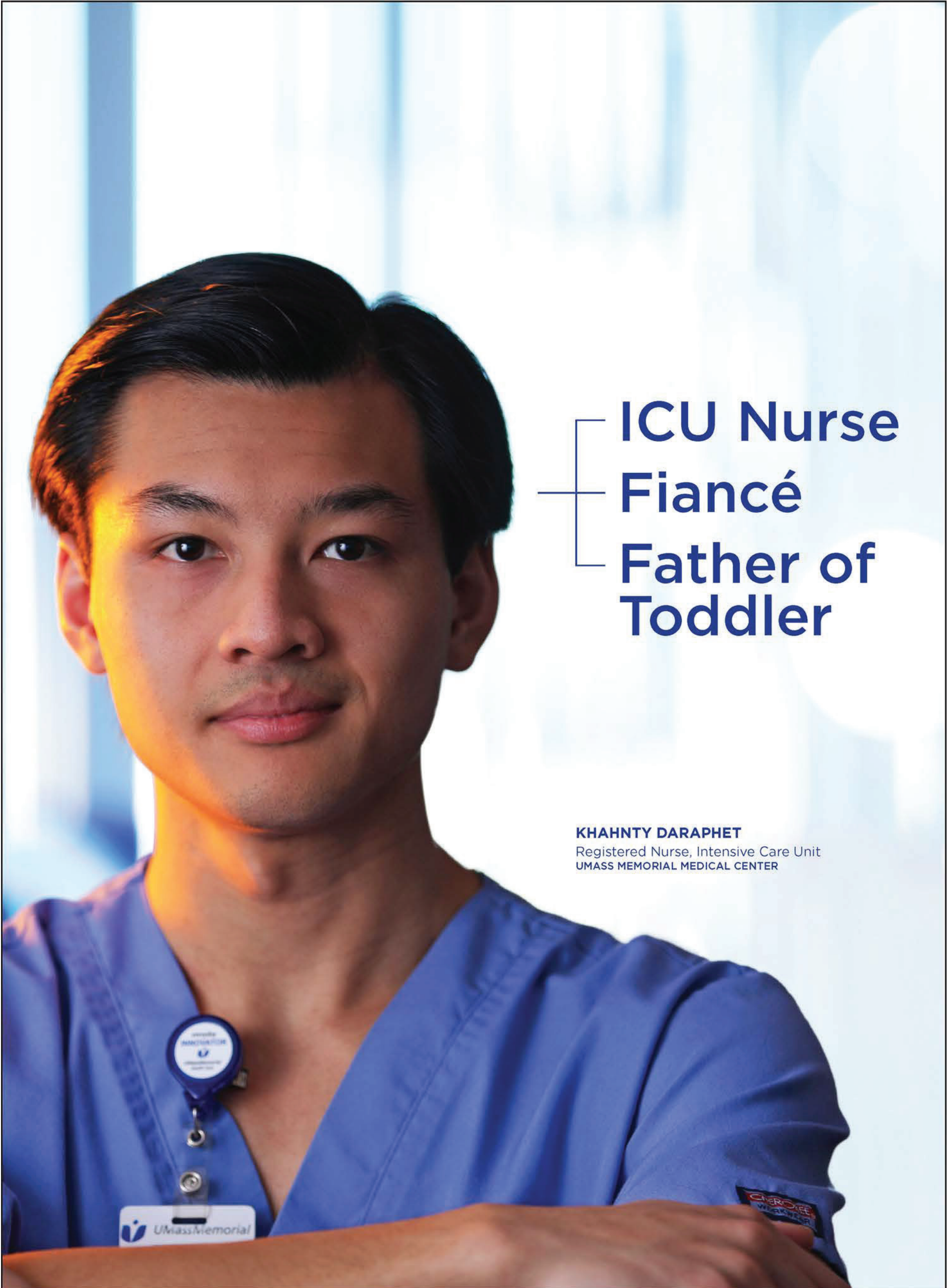
MILFORD — During April's National Volunteer Week, Milford Regional thanked its volunteers with a luncheon and presented the hospital's long-time volunteers with Presidential Service Awards.

Turn To **AWARD** page **A12**

Courtesy

(Right) During National Volunteer Week in April, Milford Regional thanked its volunteers with a luncheon and presented the hospital's long-time volunteers with Presidential Service Awards. Pictured front row, L to R are: Bob Cole, Ernie Gentile, Lynda Keenan, Tom Keenan, and Betty Wickis. Back row, L to R are: Milford Regional Director of Volunteer Services Elaine Willey, President and Chief Executive Officer Milford Regional Medical Center and Healthcare System Edward J. Kelly, and Milford Regional Volunteer Services Assistant Jane Blackwood.





ICU Nurse
 Fiancé
 Father of
 Toddler

KHAHNTY DARAPHET
 Registered Nurse, Intensive Care Unit
 UMASS MEMORIAL MEDICAL CENTER

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UMass Memorial Health
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Bay Path RN, LPNs & student volunteers at SkillsUSA state competition



Photo shows from left: Dr. Adelina Healy, Kiana McDonald, Fidelis Mensah, Felisters Mburu, Heidi Bedard, and Nancy Kamicha.

UPTON — The Bay Path Practical Nursing Academy faculty, alumni, and students participated as members of the panel of judges for the secondary competition, during the recent SkillsUSA state competition held at the Blackstone Valley Tech.

Dr. Adelina Healy, adjunct faculty at Bay Path Practical Nursing Academy served as the Team Lead for the Volunteer judges. She was grateful for the opportunity and glad that how well everything went at the SkillsUSA State competition.

“Both alumni and PN student judges were excellent,” Dr. Healy said, adding “the PN students and alumni took leadership roles.”

Dr. Healy was the team lead for the third year, and she stated, “I enjoyed being the team lead for the volunteer judges for SkillsUSA and the experience is beneficial for both the student volunteers, alumni, and competitors.”

The practical nursing students from the class of 2023 are Fidelis Mensah and Nancy Kamicha, both of Worcester: Alumni Kiana McDonald, RN, Felisters Mburu, LPN and Heidi Bedard, LPN also participated.

Recounting the experience, Mensah stated, “I enjoyed the role of SkillsUSA judge for the secondary student competitors.”

Erin Roy, RN Health Careers Instructor

at J. P. Keefe Technical High School in Framingham coordinated the participation of the volunteer judges.

The Bay Path Practical Nursing Academy volunteer judges were thankful for the opportunity to serve. The skills competition included measuring height and weight, labeling human anatomy, and the proper application and removal of Personal Protective Equipment (PPE). SkillsUSA's mission is geared to empower members to become world-class work-

ers, leaders, and responsible American citizens and serves as the blueprint for workplace readiness.

About Bay Path Practical Nursing Academy

Bay Path Practical Nursing is a 40-week, (10-month), full-time, Monday through Friday, evening program. The program begins mid-August and is completed in late June. Graduates receive a Practical Nursing Certificate and are eligible to take the NCLEX-PN licensure exam. Visit www.baypath.net

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Annual Church and Community Yard Sale June 10

WHITINSVILLE — Soorp Asdvadzain Armenian Church, 315 Church St. in Whitinsville, holds its Annual Church and community Yard Sale on the front lawn facing Church Street on Saturday, June 10 from 8 a.m. to 2 p.m. Vendor space is available for a

donation of \$15 per spot so if you were contemplating your own yard sale but don't have the space you can't been the green lawn, tree shade and great traffic exposure along Church Street. Since this is an outdoor event, please provide you own tables, tarps and cano-

pies if desired. Admission to the buying public is free with plenty of parking along both sides of Church

Street or behind the church. For details and reservations, please email Jeff at katama@gmail.com.

Northbridge Historical Society meets Monday

NORTHBRIDGE —The Northbridge Historical Society will meet Monday, May 8 at 7 p.m. at the Whitinsville Social Library.

"a few dates in the Whitin Machine Works." Admission is free and open to the public.

Following a short business meeting led by President John W. Walker, Jr. and election of officers for the ensuing year, we will share archival treasures from the attic, featuring the Dyer scrapbooks, stacks of newspapers from the 1880's Charles Oscar Bachelor's Northbridge Historical Notes, S. Jane Dudley photo albums of houses on the hill, and various versions of

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Northbridge High School honor roll

NORTHBIDGE — Northbridge High School has released its honor roll for the third quarter of the 2022-2023 school year.

Highest Honors

Grade 12: Abby Barnatt, Karlee Battista, Brynn Burt, Emily Crowther, Meghan Cummiskey, Yeva Der Kosroffian, Hannah Dizenzo, Ian Gahan, Mary Goodrow, Kiana Hardy, Ryleigh Johnson, Madeleine Lannon, Coulton Manning, Adam Minor, Kayla Munson, Lillian Naylor, Elijah Neerayah, Caroline O'Brien, Kathryn O'Brien, James Oatis, Caitlin Porcelli, Parker Scott, Megan Stearns, Nina Szymanowski, Keira Touhey, Emily Wheeler, Graham Williams, Nathan Williams

Grade 11: Timmothy Adams, Elizabeth Andrews, Riley Austin, Ryan Bedigian, Kiara Bodreau,

Samantha Brody, Abigail Caya, Sarah Cowen, Madelynne Driscoll, Olivia Frabotta, Emily Guarino, Callie Jee, Kayda King, Jake LaChapelle, Charlotte Leppamaki, Joseph Mazzarelli, Charleigh Mitchell, Zachary O'Meara, Mia Pellegrino, Marcus Reilly, Rachel Sawyer, Anthony Tomasetti, Matthew Waterson

Grade 10: Ethan Ballou, Johann Jay Baniqued, Samuel Bedford, Allyson Blanding, Monica Colon-Heyliger, Ava Connors, Juliana Costa, Jacob Costello, Molly Gahan, Kaia Gibson,

Samantha Haberski, Gianna Hayes, Dorothy Holtz, Juliette Lannon, Caden Mastroianni, Julian Nkangu, Rowan Phillips, George Roadman, Darian Sanders, Lily Simoneau, Matthew Smith, Madison Thibeault, Caitlin Walker

Grade 9: Jason Bolduc, Luke Canavan Davis, Danielle Charabaszcz, Lorelai Drapeau, Natalie Fasold, Kylie Grazulis, Grace Haden, Olivia Harris, Sonja Hastings, Stacia Hilditch, Aedan Holcomb, Penelope Houpt, Nadia Kotwica, Mong le, Kathleen Leonard, Ellory Manning, Sienna Matroianni, Gisel Morrissette, Hayden Naylor, Emma Oosterman, Vidhi Patel, Owen Pollock, Brendan Riche, Trevor Roadman, Elly Schofer, Emily Scholl, Abigail Sena, Leticia Silva, Sofia Smith, Tyler Strazzulla, Kayleigh Szerlag, Kallie Tevepaugh, Nicholas Thomas

High Honors

Grade 12: Cameron Athanas, Emmanuel Bedford, James Canoy, Ian Claudio, Molly Conroy,

Bayden Corey, Connor DeCiero, Maria Clara Dias Carneiro, Brooke Giuliano, Jarrod Hale, Hunter Hastings, Alexander Hazen, Agathon Malek, Calvyn Marrero, Luke Massicotte, Xavier Murphy, Katie Murray, Gracie Place, Gage Pomeroy, Melissa Sabourin, Dminic Scichilone, Ryan Searles,

Colin Seitz, Thomas Shaw, Sarah Tubbs, Jack Vaughan

Grade 11: Mahrail Absamis, Madelyn Andresen, Logan Ballou, Drew Beaudoin, Haily Billmeyer, Wyatt Boucher, Jillian Bresnahan, Gary Bunis, Shelby Cannon, Evan Carrachino, Britnei Chen, Jolee Conway, Nicholas D'Alfonso, Kassidi Dobelbower, Erika Dresp, Charles Dupuis, Adam Ells, Xavier Falke, Ryan Flaherty, Carrie Guckel, Timothy Guiliani, Ainsley Hogan, Lucas Hovsepian, Kayla Hubbard, Hannah King, Emily Letendre, Kaydence Melanson, Brady Nicholson, Amanda Smith, Anthony Vickers, Jack Wallace, Natalie Zborowski

Grade 10: Kathryn Andresen, Crystal Badillo, Abigail Bergeron, Daniel Bosque, Larissa Briggs,

Rachel Dean, Iyanna Escobar, Ayva Johnson, Ava Lamonda, Isabelle Lomonaco, Antonio Mendez, Isabella Molina Costa, Emmanuely Moreira, Tristan Orstrom, Matthew Papa, Jesse Perron, Michael Proto, Dylan Reilly, Natalia Saksa, David Scichilone, Brayden Silveira, Hunter Tekut, Holland Tessier, Lillian Thomas, Jayden Tran, Andrew Wilkes

Grade 09: Vincent Anderson, Maija Beaupre, Kiara Castro, Polina Conio Potselueva, Kelsey Costello, Addyson Crothers, Antonio D'Alfonso, Reed

Dziekiewicz, Della Erickson, Nathan Falconer, Natalia Haringa, Addienays Heyliger, Cameron Lavallee, Callum Lax, Luke

Lewandowski, Marcus MacLeod, Isle Malik, Effielyn Marrero, John Mazzarelli, Maxwell

Mazzarelli, Nina McElreath, Kenna McMahon, Aiden Mulcahy, Sophia Nicholatos, Kayleigh-Ann Pomeroy, Lara Rivers, Audriana Roby, Jake Rogers, Ryan Ruzzo, Logan Sansone, Gabriel Smart, Caleb Smith, Braedan Tracy, Angel Wesson, Maxwell Zanchi

Honors:

Grade 12: Kevin Acevez, Sophia Boisseau, Andrew Ceruti, Elizabeth Duca, Brittany Dyer, Julia

Ferguson, Angel Flores Moreno, Andrew Jacobs, Katherine Kibbe, Ryan Lax, Derek Lewis, Colin Marino, Abigail Mathon, Bella Medeiros, Evelyn Mongeau, Elijah O'Donnell, Sebastain Obas, Owen Orlandino, Andrew Padula, Liam Pinoos, Caramia Pozzi, Dominic Radford, Sebastian Ramirez Gomez, Zavian Reyes, David Rousseau, KayLee Sabourin, Abigail Schofield, Kayleigh Silva, Caleb Sweck, Matthew Visbeek, Jenny Wagenhoffer, Drake Wallis

Grade 11: Macie Allen,

Samantha Alvarez, Baylee Boutin, Matthew Cannon, Ashley Concepcion-

Cruz, Jackson DeCiero, Dakota Grazulis, Tyrese Holder-Hinds, William Leonard, Delaney Mahoney, Joseph McKeown, Reine O'Brien, James Potter, Dylan Rouille, Blake Sastre, Mary Sullivan, Jack Trudeau

Grade 10: Drake Adams, Andrea Chong, Alexis Farrell, Adam Flauto, Jordan Gonynor, Taylor

Holt, Caroline Lambert, Nicholas Lombardo, Nathaniel Loring, Madelynn Marcotte, Annew

Matmanivong, Olivia McKenna, Garrett Noel, Erika Roldan, Leighanna Sharleville, Madden

Siemaszko, Braden Stirk

Grade 09: Lucas Babi, Anthony Beccerril, Karyssa Bois, Jason Cael, Kevin DiMuzio, Jeffrey Doyle, Jacoby Gallerani, Seth Geary, Jason Gillett, Alexander Goodrow, Sariena Ison, Joel LaChapelle,

Trisha Lange, Charlotte LaTour, Harrison Lowe, Michael Murphy, Hailey-Jade O'Neil, Ryan Reyes, Trent Salvi, Alysia Schwager, Jordan Shaw, Sean Sprott, Jenna Tomasetti, Dayanara Torres, Colby Trudeau, Kelsey Tucker, Jayden Wilson

Bay Path announces senior class honor roll

CHARLTON — Bay Path Regional Vocational Technical High School has released its senior class honor roll for the third quarter of the 2022-2023 school year.

Grade 12

High Honors: Olivia Beaudette, Julia Canty, Daniel Chaffee, Noah Cowher, Elizabeth Dreitlein, Elaina Dunbar, Aiden Gelardi, Emily Gelineau, Evan Gelineau, Adrian Gonzalez, Emma Hesselton, Samantha Inangelo, Marissa Keefe, Aiden LaFrance, Gianaleze Lopez, Matthew Marshall, Connor McCarthy, Mackenzie Morrisey, Merissa Murray, Damon Provenal, Emma Rannikoo, Arminda Simoes, Sawyer Smith, Naomi Soriano

Honors: Alyssa Adams, Jake

Aho, Samuel Audunsson, Lukus Bachand, Sincere Bailey, Cauy Beaver, John Begg, Coulton Benvenuti, Alexander Besaw, Benjamin Besaw, Skyla Bowers, Samuel Boria, Jon Boyle, Dennis Brunelle, Miranda Burden, Kendra Carter, Matthew Casati, Michael Changsignavong, Amanda Christianson, Isabella Coleman, Makayla Collins, Anthony Comforti, Crystal Curving, Samantha DeCell, Cam'ron Desorsiers, Ronald Desrosiers, Brenna Donohue, Ty Dupuis, Amanda Englund, Collin Farrell, Zachary Finizza, Tori Fontaine, Zachary Ford, Evan Frost, Emma-Abigail Gachagua, Osiris Gonzalez, Nathan Goozey, John Guerin, Grace Jones, Calista Kalil-Johnson, Matthew

Kallgren, Eyan Karlowicz, Hunter Kelley, Delaney Kirkorian, Jason Lavallee, James LeProhon, Ayden Letourneau, Yamilish Machado, Judy Maignan, Matthew Marchetti, Dylan McDonald, Rachel McMenemy, Yerialian Miranda-Colon, Kyle Moody, Stephen Ngaruiya, Jonathan Nussey, Gabrielle Oikle, Michael Pacheco, Joelle Peluso, Kiyana Perez, Amelia Peterson, Trevor Phillips, Jacob Provencher, Timothy Putnam, Ariane Ramos, Jenisey Ramos, Tatiana Rodriguez, Wyatt Sadusky, Jazlynn Santana, Kieya Santerre, Nolan Sharry, Terry Simon, Evan St. Cyr, Emma St. Francis, Gavin Suprenant, Damion Szafarowicz, Alexander Tetreault, Jacob Thomas, Yahil

Vega-Cortes, Emily Westwell, Kaydence White-Owens, Jacob Wilga, Jonathan Young, Makenna Zella

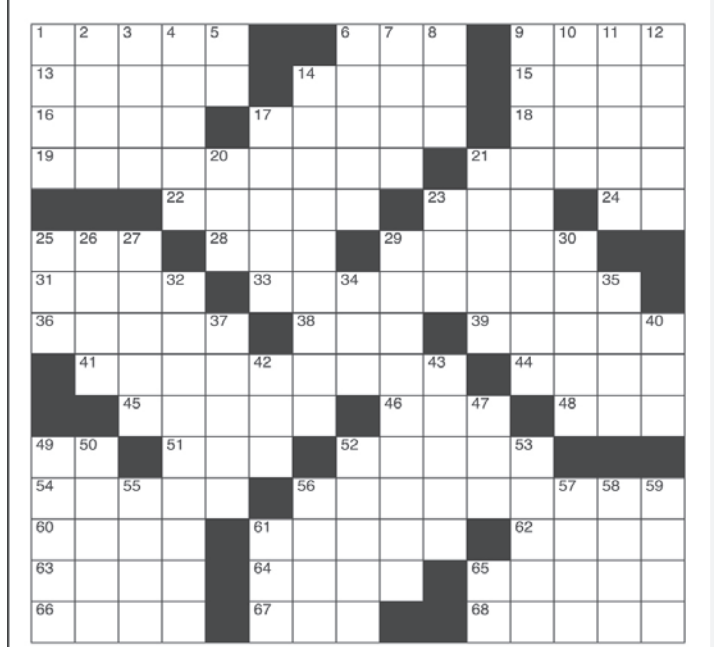
Anthony Leite, Timothy Maenpaa, Jaime Marrero, Alyssa Masciarelli, Daltin McCarthy, Myeisha McDaddie, Erika Melendez, Dylan Morrison, Ilvonen, Sebastian Pabon, Georgios Pirperis, Madison Poirier, Hilary Queirolo, Sabrina Rodrigues, Abraham Routhier, Ronin Simone, Matthew Steen, Sean Sweeney, Brayden Therrien, Taylor Tremblay

Principal's List:

Ayan Ahmad, Jonathan Baraklilis, Quinn Beck, Andrew Bottcher, Grace Comeau, Valerie Diaz, Cheryl Dolson, Gabriel Espinosa, Jayden Flanders, Zachary Fritze, Makenzie Gonzalez, Julius Guillen, Isabella Heck, Lauren Hennessey, Michael Jalbert, Nakia L'Ecuyer, Madison Lamica, Sydney Lamontagne,

Editor's note:

The honor rolls for the junior, sophomore, and freshman classes will follow in the coming weeks.

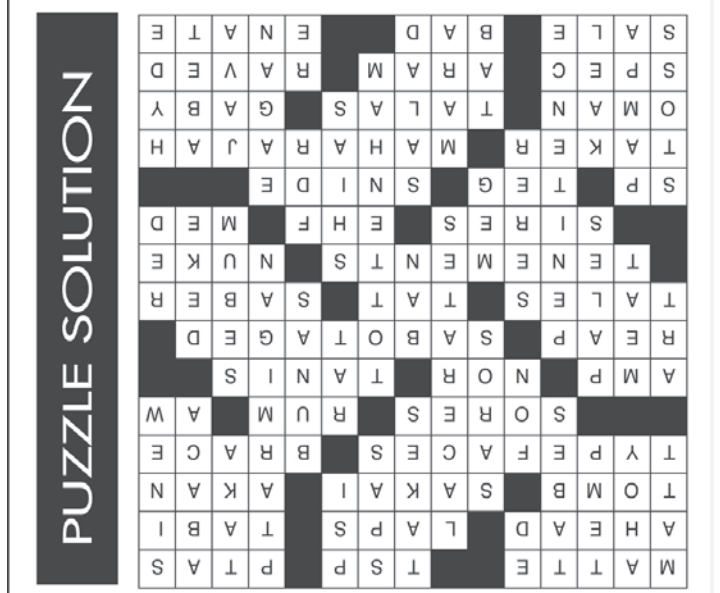


CLUES ACROSS

- 1. Dull and flat
6. Baking measurement (abbr.)
9. Education-based groups
13. Not behind
14. Runners run them
15. Japanese ankle sock
16. Grave
17. Japanese industrial city
18. People of southern Ghana
19. Particular designs
21. Device fitted to something
22. Infections
23. Pirates' preferred alcohol
24. Expression of sympathy
25. Rock guitarist's tool
28. Neither
29. Ancient city of Egypt
31. You ___ what you sow
33. Ruined
36. Narrations
38. Body art (slang)
39. Fencing sword
41. Apartment buildings
44. Type of missile
45. Fathers
46. Extremely high frequency
48. Type of school
49. Incorrect letters
51. Two-year-old sheep
52. Nasty manner
54. One who accepts a bet
56. Indian prince
60. Asian country
61. Rhythmic patterns in Indian music
62. "Uncle Buck" actress Hoffmann
63. Detailed criteria
64. Son of Shem
65. Talked wildly
66. Discount
67. Not good
68. Growing out

CLUES DOWN

- 1. Actor Damon
2. A call used to greet someone
3. Part-time employee
4. Emaciation
5. "Westworld" actor Harris
6. Gains possession of
7. Relaxing spaces
8. 23rd star in a constellation
9. Northern grouse
10. Monetary unit of Bangladesh
11. Manila hemp
12. Unites muscle to bone
14. Makes deep cuts in
17. 18-year period between eclipses
20. Member of a people inhabiting southern Benin
21. Synthetic rubbers
23. Unwelcome rodent
25. Expression of creative skill
26. Some is red
27. Seems less in impressive
29. Harry Kane's team
30. Gland secretion
32. Action of feeling sorrow
34. Disallow
35. Deceptive movement
37. More dried-up
40. Crimson
42. Actress Ryan
43. Adherents of a main branch of Islam
47. Accomplished American president
49. Side of a landform facing an advancing glacier
50. Sheep breed
52. Appetizer
53. Broadway actress Daisy
55. Influential film critic
56. NY Giants ownership family
57. Type of script
58. Assist
59. London park
61. Bar bill
65. In reply indicator



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Let's groove!



PHOTOS COURTESY NORTHBRIDGE — Seniors and older adults danced the afternoon away to music from the disco era of the '70s at Plummer Place on Thursday, April 27. The event was sponsored by the Friends of Northbridge Elders (FINE) and AdviniaCare of Northbridge. Attendees celebrated in their psychedelic disco inspired attire to include colorful sequined tops, sparkly leisure suits, bell bottom jeans, wide collar shirts, funky scarves, chokers, and tie-dyed t-shirts. Some participants even adorned afro-style wigs, bold colored hair pieces, patterned head bands, and glittery jewelry. DJ Steve Charette kept the crowd movin' and grovin' to hits by the Bee Gees, Diana Ross, KC and the Sunshine Band, Earth Wind and Fire, and Donna Summer, just to name a few. "The music was electrifying, and the people were nostalgic," shared Sheri Tomasetti one of the attendees and volunteers for the event. "It was a fabulous event! I loved watching all the dancers on the dance floor and was surprised at

how many good dancers there were!" exclaimed Carol Snow, a FINE member and chair of FINE's fundraising committee. An on-site luncheon was provided by FINE to go with the DJ and dancing and included an assortment of deli sandwiches, salads and desserts prepared by Plummer Place's chef



Pete Sabourin. Beautiful, themed baskets by FINE were raffled off to lucky winners throughout the event. "This party was so much fun!" declared Harriet Platt. "I loved everything about

it and if anyone on them!" For more information on Plummer Place and its programs and events, please contact Amy Cowen at (508) 234-2002.

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Kelly Heney honored at Stonehill College's Student Life Awards

EASTON — Kelly Heney of Douglas was recently honored at Stonehill College's 2023 Student Life Awards. This ceremony celebrates students, faculty and staff who have made outstanding contributions to student life at Stonehill and to the communities surrounding the College.

About Stonehill College
Stonehill College, a Catholic institution of higher learning, was founded by the Congregation of Holy Cross in 1948. Located on the beautiful 384-acre campus and former estate of Frederick Lothrop Ames in North Easton, Massachusetts, it is a community of

scholarship and faith, anchored by a belief in the inherent dignity of each person.

Through more than 100 academic programs in the liberal arts, sciences, business and pre-professional field, Stonehill College provides an education of the highest caliber that fosters

critical thinking, free inquiry and the interchange of ideas for over 2,500 students.

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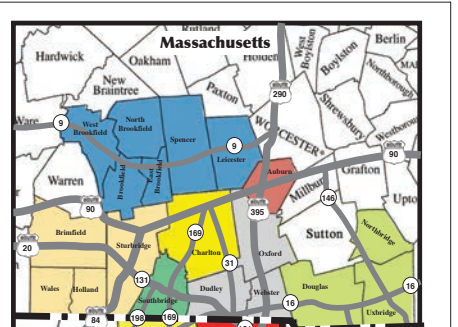
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FRANK G. CHILINSKI
PRESIDENT & PUBLISHER

BRENDAN BERUBE
EDITOR

EDITORIAL

Spring cleaning is about more than tidying up

It's been a rainy week, which means that spending time inside organizing and cleaning — along with watching the Red Sox hold steady in first place — was top on our to-do list. Spring cleaning, a chore that happens every year, feels great when complete. Why is it that something so tedious and boring could be so good for us?

Did you know that cleaning actually supports your immune system? Cleaning is of huge benefit especially to those with allergies. Getting rid of dust, pet dander, mildew and mold can trigger the immune system causing unnecessary illness. Those with cluttered homes tend to suffer the worst. To avoid indoor allergies, vacuum regularly, this to include your furniture.

Cleaning reduces stress. While cleaning, your brain is able to relax. This mindless activity can give you a chance to de-stress. Experts say that cleaning for as little as twenty minutes can reduce anxiety by up to 20 percent. It's a win-win — sure, it's no day at the spa, but constructive relaxation is always good. Using products with scents said to induce relaxation such as lavender is also an expert tip.

Heart health can be improved by cleaning by way of exercise. Just a half an hour of vacuuming can burn up to 100 calories. It's a known fact that people who like to keep their homes clean tend to take more interest in their overall health and well-being.

A tidy bedroom is said to help you sleep better. Individuals who make their beds are roughly 20 percent more likely to get a more restful night sleep. Seventy-five percent of people polled sleep better on clean sheets, in a room with less clutter.

When you are in a tidy area, your production increases. Less clutter means less distraction, which is said to clear up mental space. A study from 2011 published in the Journal of Neuroscience used MRI's to track the brain's response to cleanliness. More clutter was found to significantly limit the brain's processing capability.

Checking off the cleaning to do list can make you feel more satisfied and can boost your mood. A clean, fresh house is said to naturally boost endorphins and boost energy levels which leads to a decrease in depression.

Cleaning and organization can have a domino effect in that it can lead to sprucing up other areas of your life. Interesting, was the one finding that stated when individuals were placed in a clean, well-organized space they were more likely to choose healthier menu items.

Perhaps William Morris put it best: "Have nothing in your house that you do not know to be useful, or believe to be beautiful."

Letter submission policy

Letters to the Editor must include the author's name, address, and a daytime phone number for purposes of verification in order to be considered for publication. Only the author's name and the town in which they reside will be published. Letters submitted without all of the required information will not be accepted.

It is the sole prerogative of the Editor to determine whether a submission satisfies our requirements and decency standards, and any submission may be rejected at any time for any reason he or she might deem appropriate.

OPINION

Opinion and commentary from the Blackstone Valley and beyond

Trees, Please!

Hot on the heels of Earth Day and Arbor Day, trees, both big and small, are coming alive with long anticipated buds of color. But the promise of lush, green foliage is just one benefit of planting trees. With that in mind, the column below is a rerun (with updates) that celebrates the many virtues of trees - from showy shrubs to towering timbers!



TAKE THE HINT
KAREN TRAINOR

Hedge against fuel costs: The Center for Urban Forest Research proclaimed planting a tree can have a significant impact on lowering energy use. It claims: «If you plant a tree today on the west side of your home, in five years your energy bills should be 3% less. In 15 years the savings will be nearly 12%.»

to trim more of your fuel fees? According to expert landscapers, just three trees, properly placed around a house, can save between \$100 and \$300 annually in cooling and heating costs! That's because shading that blocks summertime sun on the east, south and west sides of a house, but not cool breezes, is an effective way to keep your house cooler. For quickest results, opt for fast growing varieties.

Plant and pocket savings: Want trees

Money trees: According to the USDA Forest Service, "Trees properly placed around buildings can reduce air conditioning needs by 30%". In addition, heating cost can be lowered as much as 20-50% when trees act as a windbreak. There is also the added bonus of trees providing privacy when placed correctly in your yard.

Proper placement: If you use an air conditioner, plant trees or shrubs specifically to shade air conditioning units, but be sure not to block the airflow. It's common sense that an air conditioning unit operating in the shade uses less electricity than one in the sun.

Chill out: Need more convincing? Consider this fact: Daytime air temperatures can be three to nine degrees cooler in tree-shaded neighborhoods. In fact, the U.S. Dept of Agriculture estimates the net cooling effect of a young, healthy tree is equivalent to ten room-size air conditioners operating 20 hours a day!

Tree Timing: Did you know trees can be used to time crop planting? The American Indians passed this reliable tip on to European colonists, and many farmers still rely on it today: Tender crops should not be planted until the leaves on an oak tree are as big as a squirrels ear (about an inch or so long).

Hike house value: "In one eye opening study from the Arbor National Mortgage & American Forests, 98% of realtors believe that mature trees have a "strong or moderate impact" on the salability of homes. Want more? A study done by Clemson University revealed homes with excellent landscaping can expect up to 7% more value, as compared to a home with good landscaping.

Recovery Rates: According to Money Magazine, landscaping can bring a recovery value of 100% to 200% at selling time.

Tree Rx: Did you know just looking at trees can reap health benefits? According to medical studies, recovery rates among hospitalized patients are often quicker when their rooms view a landscaped area compared to patients with non-landscaped views.

Breathe easier: Trees absorb harmful pollutants and small particles from the air which could irritate sensitive lungs. Plus, trees give off oxygen. A mature leafy tree can produce as much oxygen in one season as ten people inhale in a year!

Tree planting tip: It can be difficult to successfully take cuttings from trees or shrubs to root and plant. Here is an option that ups your chances the cutting will take: Take a small potato, make a small hole, and place your shrub cutting inside. Immediately plant, potato and all, either in the ground or in a pot.

Planting pointers: Waiting until the fall to plant encourages good root development. Nurseries often slash prices on perennials and shrubs at the end of the summer, so planting then will reward you with healthy plants on the cheap!

Forest Facts:
*One mighty oak tree may have up to 400 species of plants and animals living on it.

* Trees provide us with thousands of products that go way beyond wood and paper: Items derived from trees include: toothpaste, chewing gum, suntan lotion, paint, film, crayons, perfumes, soap, paper, shatterproof glass, cork, dyes, drugs, syrup, and more.

*It takes approximately 17 to 24 trees to make one ton of paper.

Win Dinner for Two at the Publick House

Your tips can win you a great dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renown restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint!, C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or E-mail KDRR@aol.com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.

LETTERS TO THE EDITOR

Our libraries are playing politics

To the Editor:
What I believe. Feel free to disagree. Time to be a brave American reader.

Have you ever considered that it takes a brave person to do the right thing in dangerous times? The book "Wolves at the Door" by Judith Pearson is the tale of one brave American woman who did the right thing at the right time.

Virginia Hall worked with the French Resistance during World War II. She sent critical messages to London via a suitcase radio transmitter and managed 1,500 French Resistance fighters who blew up railroad tracks and assassinated Nazi officers. Right under the noses of the notorious Nazi SS.

We also live in times that require brave Americans to do the right thing.

Kirk Cameron, actor and Christian author, wrote a book called "As You Grow." The book teaches children about the importance of relying on Biblical principles in life. His publisher, Brave Books, contacted libraries across America to host Cameron reading from his book to children.

More than 50 public libraries, funded with taxpayer dollars, said: "not interested." The Providence Rochambeau Library refused him, saying: "we are a queer-friendly library." What does that mean? Are they heterosexual-unfriendly? Or Christian and Muslim-unfriendly?

So, Cameron and Brave Books began renting rooms in public libraries to hold their story hours. At the Scarsdale, N.Y. Public Library, 170 parents showed up for a reading. Another 170 showed for the second session. More were turned away when the library refused to allow more time, saying the library would soon be closing. This was at 3:30 p.m. The library did not close until 6 p.m.

At the Indianapolis Public Library, the "As You Grow" story time was overwhelmed with parents, grandparents and children. At the end of the reading, people asked the group to sing, God Bless America. They did. The library said only 750 people attended the reading. The publisher's staff reported the crowd to be 2,500. More people wanted to attend, but "suddenly" the parking lot closed.

Cameron said: "Parents and grandparents are coming out of the woodwork [for

story hours like this one]. They understand there is a war on children and nobody's going to stop it but us."

This March, in Fayetteville, Arkansas, he read to 500 parents and children. Three people complained. The media spotlighted the three.

On Jan. 11, the Shepherd's Church reserved a meeting room at the Chelmsford Public Library to hold a Christian story hour for children. The library cancelled the event, citing "violations of the library's acceptable behavior policies." The Pastor contacted an attorney. On Jan. 12, the Chelmsford Town Attorney said that the library must "provide equal access to users of that facility, provided that what they are doing is not illegal." The library re-instated the reservation.

At the story hour, the pastor read the books, "God Made Boys and Girls" and "Jesus and My Gender" to 40 parents and children. Also, 40 persons protested, many from Lowell and Tewksbury, not Chelmsford, which has 35,000 residents. The media lavished coverage on 40 protesters from out of town.

Are libraries committing public suicide with their politics? Some states have passed laws that prohibit "adult cabaret entertainment" [strippers, female impersonators, drag queens, etc.] where it can be viewed by minors. No more drag queen story hour for three year olds at public libraries in those states.

Kids' reading rates have plummeted for years. Only 7 percent of Americans visit their local public library weekly. More than 60 percent seldom or never visit their library. When was the last time you went to your local library? The National Council of English Teachers says books are overrated and kids should study social media. Who am I to argue with English teachers?

Are young people too busy to read? Too busy watching Tiktok? Too busy to be educated, too dumb to know the difference? Many colleges are closing their libraries to cut costs. Are they actually Defunding the Libraries?

Eat, work, pray, walk in the way of the Lord. The only antidote to crazy.

Signed, a constant reader,
Bev Gudanowski
Uxbridge

I hope to continue serving as your selectman

To the Editor:

I would like to let your readers know that good things are happening in the Town of Douglas. I, Harold ("Hal") Davis, have announced my candidacy for reelection as a Douglas Selectman. I have been a founding partner of the Boston law firm of Davis, Malm & D'Agostine specializing in municipal finance law and now serve in an Of Counsel capacity with the law firm. I am also President of New England Economic Development Corp. based in Douglas. The Company advises businesses, developers and municipalities on economic development programs as well as federal and state business incentives.

After years of hard work, Douglas is now receiving significant new revenues to reduce the tax burden on the Town's homeowners. The lack of water, sewer and natural gas infrastructure had greatly limited the Town's ability to attract new economic development. This has now been remedied by the receipt of \$8,157,000 in Federal and State infrastructure grants and millions more in additional private investment. As a result, new private investment is beginning to pour into Town. The Town has only been receiving about 6 percent of local tax receipts from business and industry. With the new developments taking

place, that number should be more than tripled. The town has already received more than \$1.2 million dollars from just the basic building permit for the Cubes at Gilboa, a 1.1 million square foot distribution facility. When Phase II development is completed, an additional 2 million square feet of buildings will be brought online. There has been a consensus among the citizens that the number one need of the Town is new economic development. This is now becoming a reality. I am happy that I was able to contribute to this effort in my capacity as a Chairman of the Town's Economic Development Commission and currently, as a member of the Board of Selectmen. I would appreciate the opportunity to serve the town for another term as your Selectman and help bring these new projects to fruition.

I have received the US Small Business Administration's Community Development award for New England, and have also been qualified as a Certified Industrial Developer by the American Economic Development Council. I have been a resident of Douglas since 1997. My wife Alida and I, and our many animals, live on Orange Street.

Harold R. Davis
Douglas

Asking for your vote

To the Editor:

I am Maxwell Postma of Maple Street in Douglas, and I am running for the one year position on the Douglas Board of Selectmen. After graduating from Quinnipiac in 2021, I received a paralegal certificate from Boston University and I currently work as a paralegal in real estate. I want to put my history and political science background to good use working with the other members of the board, town departments and the administrator. We have many challenges ahead of us and I want to make sure that our decision making process is transparent to all the voters in town.

We need to develop our infrastructure to accommodate the balance of residential and business needs as the town grows to make sure we remain competitive. Traffic is a growing concern and with more development comes more cars. I'll

make it a priority to find solutions to keep our traffic moving and to keep our roads in good shape. Grants available through the state can help us map out our infrastructure and help us find solutions.

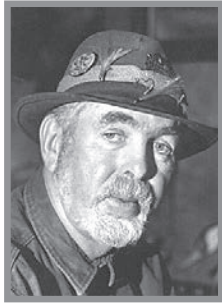
As a native of Douglas and a graduate of its public school system, I would also welcome businesses that enhance the community's small town feel and help grow our terrific recreation opportunities. For me it's about a balance and I'm ready to work to make sure that Douglas continues to be a town where we all want to live.

I ask for your vote on Tuesday, May 9, and the polls are open from 8 a.m. to 9 p.m. at the Douglas Municipal Center at 29 Depot St.

Sincerely,
Maxwell Postma
Douglas
LETTERS CONTINUED page A16

Anglers are cleaning up in the valley

The wild turkey season got off to a great start these past two weeks, with numerous hunters bagging their two birds for the season. Some of the toms weighed in at over twenty pounds and sported some impressive beards and spurs.



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13! The derby is open to all youngsters of club members. Free breakfast will be served to all kids in attendance, & numerous prizes will be awarded to youngsters that catch the largest trout. The derby starts at 8 a.m. and closes at 10

Reports of hunters encountering numerous Jakes (one year old birds) and very few hens, was a bit concerning. The absence of acorns this past fall may have had an impact on the survival of some turkeys, but there still seems to be plenty of birds in the valley area.

Stripers are in both the Cape and Rhode Island waters. One local man harvested a nice 20-pound striper, and one large tautog last week near the Canal. The Providence River is also giving up a lot of school stripers, with an occasional legal striper. One angler fishing at Indiana Point caught numerous under size stripers, and also snagged a porgie while casting his fishing lure. By the time you read this column, action in both states should be providing some good fishing on the saltwater.

Trout fishing in the valley is producing some nice rainbow and brown trout, with the most productive bait being used as power bait. Anglers using shiners for bait are catching some nice largemouth and smallmouth bass, along with a few trout. This week's rain kept a few anglers indoors, but for the diehard anglers, fishing was very good. Some area ponds and rivers are receiving a second stocking of trout, and the F&W trucks and personnel will continue to stock trout until Memorial Day, or a bit later if trout are still available.

Trout fishing derbies planned for this weekend include the annual fun fishing day at River Bend farm in Uxbridge, sponsored by Open Sky Community Services. The event is planned for Saturday May 6 From 10 a.m. till 1 p.m. and is free to all participants. Fish poles, bait and instructors will be available for the event. It is a catch and release event!

The Uxbridge Rod & Gun Club will restock their pond this Friday in anticipation of the kids' fishing derby planned for the following week, May

a.m. After 10 a.m., the club pond will be open to all club members! Take A Kid Fishing & Keep Them Rods Bending!

Courtesy

(Right) This week's picture shows Capt. Mel True of Fishnet Charters with a limit of tautog he and his fishing buddy caught on the Westport River last week!



Gardening gifts for any occasion



GARDEN
MOMENTS
.....
MELINDA
MYERS

Look to the garden when struggling to find the best gift for Mother's Day, Father's Day, birthdays, or other occasions. A gift of plants, seeds, or gardening tools and accessories provides months and years of beauty and enjoyment.

With so many options it is easy to match the gardening gift to the recipient and your budget. Plants are always a great choice for gardening enthusiasts. Small, more affordable plants are fun for gardeners to tend, nurture, and watch grow. Giving larger plants or unique varieties provide a gift the recipient may be reluctant to purchase for themselves.

Do-it-yourself gardening gifts are good choices for both beginners and experienced gardeners who like the process as well as the results. An attractive container, some seeds or plants, and potting mix is a good place to start. Consider giving a self-watering pot to increase success and reduce maintenance. Add some



Courtesy — Gardener's Supply Company

This all-in-one basket, stool, and seat, the Bamboo Garden Stool and Basket Combo, allows gardeners to carry tools, plants, and veggies or turn it over to sit on for weeding or planting.

plant tags you purchase or put your artistic talents to work creating your own.

Those who like to cook and garden will appreciate gifts that help them grow their own fresh herbs. Plants and seeds are always a good choice. Combine these with containers like the Provence self-watering planter that is compact and spill-proof for indoors. An elevated garden like the VegTrug® herb planter or the VegTrug® Self-Watering Herb Planter Box is a great way to grow, tend and harvest herbs in a sunny spot on the patio, deck, or balcony.

For those that like to garden outdoors, containers, stakes, trellises, and tools are always welcome gifts. A tool caddy that holds pruners, plant tags, and other small garden accessories is an easy way to store and

transport hand tools to the garden. Consider a cart like the Mobile Tool Storage Caddy that allows easy transporting of long-handled tools, space for hand tools, and a basket for other supplies.

Make gardening more accessible with a gift of a kneeler, kneeling pad, or garden bench. Protecting joints and making kneeling and reaching into the garden easier reduces fatigue and extends the time and enjoyment of gardening. The Bamboo Garden Bench and Basket offer dual functions, allowing gardeners to sit and weed or easily carry their harvest from the garden to the house.

Vegetable and flower gardeners will appreciate a harvest basket like the Garden Hod. Hods were originally used by Maine clam diggers to hold and rinse their catch. The oil-finished pine-and-maple frame and food-grade vinyl-covered mesh of the Garden Hod lets you rinse dirt and debris from your veggies right in the garden.

Help your gift recipient bring in the birds with gifts of bird feeders and birdbaths. Adding these items to their landscape can help increase the number and variety of winged visitors. Bird watching and gardening provide enjoyment while also boosting our spirit and mood.

Consider adding the gift of time. Help assemble, place, or plant the gardening gift. Spending time together makes any gift more special and enjoyable for you both.

Melinda Myers is the author of more than 20 gardening books, including *Small Space Gardening* and *Midwest Gardener's Handbook, 2nd Edition*. She hosts *The Great Courses "How to Grow Anything"* instant video and DVD series and *Melinda's Garden Moment TV & radio program*. Myers is a columnist and contributing editor for *Birds & Blooms* magazine and was commissioned by *Gardener's Supply* for her expertise to write this article. Her Web site is www.MelindaMyers.com.

The power of perspective

A few years ago, I conversed with a friend who enthusiastically shared his newfound interest in Stoicism. Puzzled, I inquired, "What's that?" He explained that it was a life philosophy famously practiced by Roman Emperor Marcus Aurelius. I chuckled, "Life advice from a Roman Emperor? No thanks!"

After all, Roman Emperors were known for some of the wildest and most outrageous antics in history. As a testament to the madness of some Roman Emperors, Emperor Caligula, known for his erratic behavior and cruelty, is said to have attempted to make his favorite horse the highest-ranking public official in Rome. Emperor Elagabalus once filled a banquet hall with flowers up to the guests' necks, nearly causing some to suffocate!

The term "stoic" often conjures funny images of calm individuals impervious to emotion. We envision people who never laugh, never wince in pain, and maintain a blank expression in the face of life's most daunting challenges. So, what exactly is Stoicism? It is an ancient philosophy that teaches the development of self-control, rational thinking, and inner strength to overcome

POSITIVELY
SPEAKING
.....
TOBY
MOORE

destructive emotions.

Society seems filled with anxiety more than ever before. Wreaking havoc on our bodies, manifesting as chronic fatigue, bad sleeping habits, and translating into even more severe health issues. Many grapple with this relentless unease, resorting to medications, therapy, and countless stress-management techniques.

Roman Emperor Marcus Aurelius was no stranger to anxiety. He faced immense pressure from managing the vast Roman Empire encompassing present-day countries such as Spain, France, Italy, Greece, Turkey, Egypt, and parts of the United Kingdom, Germany, and the Middle East. The ever-present threat of assassination loomed large, making constant vigilance a necessity. Unsurprisingly, he sought solace in Stoic teachings, documenting his insights on managing anxiety and maintaining composure amidst the chaos of life.

In his famous book "Meditations," he said, "The first step: Don't be anxious. Nature

controls it all... The second step: Concentrate on what you have to do...Then do it, without hesitation..."

Translation: Don't be anxious; relax, concentrate on your goals, and then go for it! Don't overthink; act! You'll lose your anxiety as it becomes replaced by the satisfaction of progress.

In his other writings, he says, "Today I escaped anxiety. Or no, I discarded it because it was within me, in my perceptions, not outside."

Translation: In other words, "I got rid of anxiety today. I threw it away because it was inside me, based on my perspective, not coming from the outside world."

The Stoics taught that it wasn't so much an outside event that causes you to panic, worry, and dread the future but actually because of how you interpret the event.

It's your perspective; it's your interpretation of the event that causes the anxiety. For example, imagine two people facing the same challenge, like a public speaking engagement. One person may feel anxiety and fear because they believe they will perform poorly or be judged harshly by the audience. Meanwhile, the other person sees it as an opportu-

nity to share their knowledge and connect, thus feeling excited and confident. The external event remains the same, but their interpretations and resulting emotions differ. Aurelius also said, "Many of the anxieties that harass you are superfluous... expand into an ampler region, letting your thoughts sweep over the entire universe."

Translation: Many of the worries that bother you aren't necessary. Think beyond your immediate problems and look at the bigger picture. For example, if you're stressed about a difficult decision you need to make, Consider the potential long-term consequences and benefits of each option. What might happen if you didn't take action or make a choice? You can gain clarity and reduce your anxiety by stepping back and evaluating the situation from a broader perspective.

By focusing on the power of perspective and our ability to control interpretations of events, we may find that our thoughts are the key to overcoming anxiety. Changing our perceptions and interpretations of the event and transforming our emotional life to experience the serenity we deeply crave may only be one perspective shift away.

HOME IMPROVEMENT HEADQUARTERS

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Cast iron banks



ANTIQUES,
COLLECTIBLES
& ESTATES
.....
WAYNE TUISKULA

Almost everyone had a piggy bank growing up, learning the value of saving money in a fun way. Children in the late 19th century saved their change in a cast iron bank.

Cast iron banks had their heyday from 1869 to either 1910 or 1930, depending on the source. Cast iron banks came as either mechanical banks or still banks. Still banks are simpler and feature a slot where you place the money (typically a coin). Mechanical banks have a mechanism that creates motion in order to move the coin from where it



was placed into a coin slot. For example, the "Trick Dog" mechanical bank has a barrel on the left, a dog on the right, and a clown holding a hoop in the middle. When you place a coin in the dog's mouth, the dog springs forward through the clown's hoop and drops the

coin into the barrel. It's a good example of a mechanical bank but worth mentioning that it's also very heavily reproduced, and I often see modern reproductions at flea markets.

The original cast iron mechanical bank was made in our area. John Hall

of Watertown, Mass. created the Hall's Excelsior bank in 1869. The bank is shaped like a bank building with a string next to the door. When the string is pulled, a monkey cashier pops up from under the cupola on the bank roof. When a coin is placed on the monkey's desk, the coin's

weight pulls the monkey back down as the coin drops into the bank.

One of the biggest manufacturers of cast iron banks also has a local connection. J. & E. Stevens

was formed by John Elisha Stevens in Cromwell, Conn. in 1843.

They planned to make cast iron hardware, hammers, and a few toys. They created a toy fire-

cracker piston in 1859 and focused more on other toys such as cannons and locomotives, along with stoves and furniture marketed to girls. J & E Stevens manufactured

Hall's Excelsior bank in 1869. The company produced over 300 different models of mechanical banks between 1869 and 1890,

Turn To **ANTIQUES**
page **A12**

Northbridge Senior Center

(508) 234-2002

Plummer Place Café is now open! Chef Pete Sabourin is cooking lunch on Tuesdays and breakfast on Thursdays in our brand-new kitchen. There is a fee for each meal, \$8 for lunch and \$6 for breakfast and you must sign up for all meals at the front office. Chef Pete has many delicious meals planned, come in to pick up our monthly menu or call the office.

Billiards Organized Games, every Wednesday 8:30-10:30am.

Take a Hike Walking Club will meet on Tuesday, May 9th @ 10:00am at Hopedale Parklands. Call Jeanne for more information.

Mother's Day Tea with a performance by Janet Parnes, Thursday, May 11th, 1:30-2:30. Janet Parnes will entertain us with her portrayal of the first female cabinet secretary, Frances Perkins, who was a confidante of FDR and a principled politician. Learn about this remarkable woman, sip some delicious tea, and enjoy the great company! Sign up at the main office. Janet Parnes is brought to us in part by a grant from the Northbridge Cultural Council, a local agency which is supported by the Mass Cultural Council, a state agency. We thank them for their continued generosity!

Caring Community, Worcester DA's Office, Wednesday, May 17th 12:30-1:30pm. A guest Speaker from the DA's office will discuss creating a safe environment for seniors within community settings and eliminating bullying and stigmas in the community. Light refreshments will be provided, sign up at the main office.

Tickets are on sale now for FINE's 120 Club raffle, \$20/ticket. Chance to win \$20 each week through May 18th when on that day they will draw winners for \$500, \$400, \$300, \$200, and \$100. Purchase your tickets at the front desk. The next cycle begins July 6th through November 16th and tickets for the new cycle go on sale May 19th.

We need Volunteer Medical Drivers at Plummer Place. If you can spare a few hours a week to drive a senior to an out-of-town medical appointment, call us. We reimburse you for mileage; pick the days you can drive and tell us the towns you are willing to drive to. It's that easy! Contact Michelle for more information.

AdviniaCare Northbridge has been offering free Ceramics Classes at their facility (formerly Beaumont) to small groups of seniors. If you would like to be put on the list for future classes, call Amy at the Center.

LEGALS

NOTICE OF MORTGAGEE'S SALE OF REAL ESTATE

Premises: 22 Pleasant Street, Uxbridge, MA 01569

By virtue and in execution of the Power of Sale contained in a certain mortgage given by Joseph Ferranti to Mortgage Electronic Registration Systems, Inc., as Mortgagee, as nominee for First Home Mortgage Corporation dba First Home Mortgage Services, and now held by PennyMac Loan Services, LLC, said mortgage dated August 30, 2017 and recorded in the Worcester County (Worcester District) Registry of Deeds in Book 57666, Page 108, said mortgage was assigned from Mortgage Electronic Registration Systems, Inc., as nominee for First Home Mortgage Corporation dba First Home Mortgage Services to PennyMac Loan Services, LLC by assignment dated March 12, 2019 and recorded with said Registry of Deeds in Book 60189, Page 288; for breach of the conditions in said mortgage and for the purpose of foreclosing the same will be sold at Public Auction on June 8, 2023 at 11:00 AM Local Time upon the premises, all and singular the premises described in said mortgage, to wit:

The hereinafter referred to is situated in the City of Uxbridge, County of Worcester, State of MA, and is described as follows: The land in said Uxbridge, Worcester County, Massachusetts, with the buildings thereon the Westerly side of Pleasant Street, consisting of four adjoining parcels and together they are bounded and described as follows: Beginning at the Southwesterly corner of the premises herein described on the Westerly side of said street and at corner of land now or formerly of Francis B. Cassidy et ux, said point of beginning being the Southeasterly corner of Lot #5 as shown on plan of "Division of Property owned by Blanche C. Kerns," dated April 1949, Francis J. Brennan, surveyor, recorded with the Worcester District Deeds, Plan Book 183, Plan 75; Thence N. 81 degrees 58 minutes W. by said Cassidy Land, 130 feet to an iron pipe at the Southwesterly corner of said Lot # 5 on said Plan; Thence Westerly by said Cassidy Land, 18 feet to land formerly of One Sewest: Thence Northerly by said Sewest Land following stone wall for the greater distance of this course, 50 feet to an iron pipe at corner of land of one Coleman, formerly of Kerns: Thence Easterly by said Coleman Land, 18 feet to the Northwesterly corner of said Lot # 5 on said Plan: Thence continuing Easterly by said Lot # 5, bounding said Coleman Land, 55 feet to a Stone Marker: Thence Easterly by said Coleman Land, formerly of Kerns, following retaining wall for the Greater distance of this course, 63 feet to said Pleasant Street: Thence Southerly by said Street, 10 feet to the Northeastly corner of said Lot # 5 on said Plan: Thence S. 3 degrees 24 minutes E. by said Street 4.47 feet to a point in said Street line: Thence S. 7 degrees 19 minutes E. by said Street 46.58 feet to the point of beginning.

Easement: a permanent easement to use for all legal purposes that portion of the premises shown as a "Driveway Easement", containing 337.31 square feet of land entitled "Easement Plan prepared for Stephen Britt in Uxbridge, MA" recorded with Worcester Deeds in Plan Book 679 Plan 117. Together with a Driveway Easement recorded at Book 16080, Page 178. Being the same premises conveyed to the herein named mortgagor(s) by deed recorded with Worcester District Registry of Deeds herewith. The description of the property contained in the mortgage shall control in the event of a typographical error in this publication.

For Mortgagor's Title see deed dated August 21, 2017 and recorded in the Worcester County (Worcester District) Registry of Deeds in Book 57666, Page 104.

TERMS OF SALE: Said premises will be sold and conveyed subject to all liens, encumbrances, unpaid taxes, tax titles, municipal liens and assessments, if any, which take precedence over the said mortgage above described. FIVE THOUSAND (\$5,000.00) Dollars of the purchase price must be paid in cash, certified check, bank treasurer's or cashier's check at the time and place of the sale by the purchaser. The balance of the purchase price shall be paid in cash, certified check, bank treasurer's or cashier's check within thirty (30) days after the date of sale. Other terms to be announced at the sale.

Brock & Scott, PLLC
1080 Main Street, Suite 200
Pawtucket, RI 02860
Attorney for PennyMac Loan Services, LLC
Present Holder of the Mortgage
(401) 217-8701
April 21, 2023
April 28, 2023
May 5, 2023

(SEAL)
THE COMMONWEALTH OF MASSACHUSETTS
LAND COURT
DEPARTMENT OF THE TRIAL COURT
Docket Number: 23 SM 001790
ORDER OF NOTICE

To:
Kristopher Zilonis
and to all persons entitled to the benefit of the Servicemembers Civil Relief Act, 50 U.S.C. c. 50 §3901 (et seq):
Freedom Mortgage Corporation
claiming to have an interest in a Mortgage covering real property in Douglas, numbered 40 Royal Crest Dr., given by Kristopher Zilonis, Albert L. Rogers to Mortgage Electronic Registration Systems, Inc., as nominee for Bank of England, dated October 3, 2014, and recorded in the Worcester County (Worcester District) Registry of Deeds in Book 52877, Page 237, and now held by the Plaintiff by assignment, has/have filed with this court a complaint for determination of Defendant's/Defendants' Servicemembers status.
If you now are, or recently have been,

in the active military service of the United States of America, then you may be entitled to the benefits of the Servicemembers Civil Relief Act. If you object to a foreclosure of the above-mentioned property on that basis, then you or your attorney must file a written appearance and answer in this court at Three Pemberton Square, Boston, MA 02108 on or before June 12, 2023, or you may lose the opportunity to challenge the foreclosure on the ground of noncompliance with the Act.

Witness, Gordon H. Piper, Chief Justice of this Court on April 26, 2023.

Attest:
Deborah J. Patterson
Recorder
23717
May 5, 2023

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Worcester Probate and Family Court

225 Main Street
Worcester, MA 01608
Docket No. WO23P1372GD
CITATION GIVING NOTICE OF PETITION FOR APPOINTMENT OF GUARDIAN FOR INCAPACITATED PERSON PURSUANT TO G.L. c. 190B, §5-304

In the matter of:
Nolan M. Ray
Of: Uxbridge, MA
RESPONDENT

Alleged Incapacitated Person
To the named Respondent and all other interested persons, a petition has been filed by

Mary F Hickey of Uxbridge, MA in the above captioned matter alleging that Nolan M. Ray is in need of a Guardian and requesting that Mary F Hickey of Uxbridge, MA (or some other suitable person) be appointed as Guardian to serve Without Surety on the bond.

The petition asks the court to determine that the Respondent is incapacitated, that the appointment of a Guardian is necessary, and that the proposed Guardian is appropriate. The petition is on file with this court and may contain a request for certain specific authority.

You have the right to object to this proceeding. If you wish to do so, you or your attorney must file a written appearance at this court on or before 10:00 A.M. on the return date of 05/23/2023. This day is NOT a hearing date, but a deadline by which you have to file the written appearance if you object to the petition. If you fail to file the written appearance by the return date, action may be taken in this matter without further notice to you. In addition to filing the written appearance, you or your attorney must file a written affidavit stating the specific facts and grounds of your objection within 30 days after the return date.

IMPORTANT NOTICE
The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The

above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense.

WITNESS, Hon. Leilah A. Keamy, First Justice of this Court.

Date: April 21, 2023

Stephanie K. Fattman
Register of Probate
May 5, 2023

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Worcester Probate and Family Court
225 Main Street
Worcester, MA 01608
(508) 831-2200

Docket No. WO23P1470EA
CITATION ON PETITION FOR FORMAL ADJUDICATION Estate of:
Deborah J. Boucher
Date of Death: 03/27/2023

To all interested persons:
A Petition for **Formal Appointment of Personal Representative** has been filed by **Kristina Nunnari of Rutland MA** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition. The Petitioner requests that:

Kristina Nunnari of Rutland MA be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in **unsupervised administration**

IMPORTANT NOTICE
You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection **at this Court before: 10:00 a.m. on the return day of 05/30/2023.**

This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC). A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Leilah A. Keamy, First Justice of this Court.

Date: April 27, 2023

Stephanie K. Fattman,
Register of Probate
May 5, 2023

OBITUARIES

Margaret A. Forget Robillard, 85

Northbridge- Margaret A. (Flynn) Forget Robillard, 85, formerly of Sutton St. passed away on Fri. April 28, 2023 after an illness. Her first husband Allan V. Forget died Aug. 28, 1991. Her second husband Alfred Robillard died in 2004.

She is survived by 2 daughters Gloria A. Beaupre of Northbridge and Mary E. Sardagnola of W. Boylston; 9 grandchildren Jessica Williams, Kristina Sardagnola, Melissa and her husband Ryan Clark, Jeffrey and his wife Brianne Beaupre, Matthew Beaupre and his fiancé Kristin Flaherty, Ryan Michelson, Nathan and his wife Nicole Young, Heather Forget, and Bobby Forget; 6 great-grandchildren Emerson, Quinn, Kaleb, Benjamin, Daniel, and Michael; her sister Sheila Bruso of Northbridge; 3 brothers John "Jack" Flynn in Florida, James Flynn and William "Bill" Flynn both of Whitinsville; a daughter-in-law Patricia Forget; and 14 nieces and nephews. Margaret was predeceased by a daughter Susan Michelson, 2 sons Michael Forget and David Forget, as well as her son-in-law



Jeffrey Beaupre. Born in Worcester, MA on May 18, 1937, she was the daughter of John J. and Margaret A. (Rumrill) Flynn and lived in Northbridge most of her life. She also lived in Holden for 10 years.

Margaret worked at Bernat Yarn Co. and Patten's Plumbing Co. as a secretary. She was a graduate of Northbridge High School, Class of 1955. She had a strong faith in God and was a longtime member of St. Peter's Church. She was also a member and Eucharistic Minister at St. Mary's Church in Holden for several years.

Her funeral will be held Mon. May 8, 2023 at 11 am in St. Peter's Church, 39 Church Ave. Northbridge. Burial will follow in St. Patrick's Cemetery. Calling hours at Jackman Funeral Home, 12 Spring St. Whitinsville are Sun. May 7 from 5 to 7 pm. Memorial donations may be made to the Alzheimer's Association, 311 Arsenal St. Watertown, MA 02472, alz.org. To leave a condolence message for her family please visit <http://www.jackmanfuneralhomes.com>

Sandra "Sandy" Chouinard Patterson, 80

Sandra "Sandy" Chouinard Patterson, age 80, of Flagler Beach Florida, fell asleep in death on Monday, April 24, 2023. She was born in Whitinsville, Massachusetts, on May 13, 1942. Sandy graduated from Northbridge High School in 1959. She married Joseph M. Patterson in Linwood, Massachusetts, on June 9, 1962.

As Sandy told her loved ones many times over the course of her life, her biggest dream since she was a young girl was to become an amazing wife and mother. Between 1963 and 1975, Sandy had six children, five of whom have survived her. Anyone who knew Sandy could testify to her success in fulfilling her life's ambition. In addition to raising a family, Sandy dedicated fifty years of her life to her spiritual faith, cultivating a deep, meaningful relationship with her heavenly father, Jehovah God. Nothing was more important to Sandy than her spiritual faith, her relationships with family and loved ones, and her desire to touch the hearts of anyone in need of a loving, nurturing 'mother' figure. Sandy's eighty years on earth serve as a beautiful example of the loving impact one genuinely kind, empathetic, giving person can have on the lives of others, an imprint



which remains on people's hearts long after her physical presence disappears.

Sandy was preceded in death by her mother, Pauline Chouinard (d. 1982); her brothers, Normand Chouinard (d. 2000) and Richard Chouinard (d. 2004); her Uncle Paul (d. 2017) and Aunt Evelyn Charette (d. 1985); her daughter, Victoria "Vicki" Patterson (d. 1972); and her granddaughter, Allison Courtemanche (d. 1986).

She is survived by her husband, Joseph Patterson; her three daughters: Cheryl Courtemanche (spouse Lance), Jacqueline Patterson, and Catherine Brown (spouse John); her two sons: Derek Patterson (spouse Debra) and Bryce Patterson; her brother, David Chouinard; her grandchildren: Abigail Courtemanche, Katelyn Courtemanche, Jarom Courtemanche, Gwendolyn Constantino (spouse Joel), Kylan Clark, Hayden Clark, Rhys Patterson, Kyra Patterson, and Alexandra Patterson; along with many beloved cousins, nieces, nephews, and close friends.

The family would like to extend a special thanks to Adventhealth Hospice Care for their compassion and assistance during Sandy's final days.

ANTIQUES

continued from page A11

according to connecticuthistory.org. To find out if your bank is valuable, you should first determine whether it is a copy or original antique. You can buy a brand new "Design Toscano Canterbury Tales Chanticleer Rooster Cast Iron Mechanical Bank" on Amazon for \$32.90. During the 1950s, the Book of Knowledge also reproduced copies of antique originals to help sell their encyclopedias. You can look at old banks at shows, shops, and museums to see the difference in detail with an antique bank compared to modern copies.

If you do in fact have an original cast iron bank, it can be very valuable. All in the last month, a Santa at Chimney Cast Iron Mechanical

Bank made by Shepard Hardware Company sold for \$950, a J & Stevens Hen & Chicks cast iron mechanical bank brought \$1,000, and a J & E Stevens Cat & Mouse cast iron mechanical bank went for \$1,200.

Some rare banks can bring up to five- and even six-figure sums. A J & E Stevens 1893 Chicago Columbian World's Fair bank with Columbus, the Santa Maria, and a Native American and Buffalo sold for over \$45,000 in 2011. Another J & E Stevens Shoot the Chute mechanical bank depicting a carnival chute boat ride bank brought \$130,000 in February 2021. A record was set when a J & E Stevens Girl Skipping Rope example broke the bank selling for \$156,000 in 2021.

We'll have many cast iron banks in our upcoming online auction which will take place later this month. We also have tin toys, vintage antique toys, more contemporary collectibles toys, baseball cards, and guitars in this sale. We are still accepting consignments of jewelry, sterling silver, fine art, and more for our June auction. Please visit our website <https://centralmassauctions.com> for links to upcoming events.

Contact us at: Wayne Tuiskula Auctioneer/Appraiser Central Mass Auctions for Antique, Collectibles Auctions and Appraisal Services www.centralmassauctions.com (508-612-6111).

MONUMENT

continued from page A1

Armenians were grateful for the opportunity to help build the local economy, investing their savings for setting up small businesses, building, and buying homes."

The monument aims to "honor the past, celebrate the present, and educate the future" of the legacy of the Armenians in Whitinsville and the Blackstone Valley.

"We are blessed for having a shared vision with community supporters and leaders for this monument to be erected in a special place where the majority of Armenians in Whitinsville have been laid to rest," said Rev. Fr. Mikael Der Kosroffian, Pastor.

According to a history on the church's website, the Genocide "essentially destroyed the church in Turkey," where only a remnant

remains.

"It has also profoundly affected the way in which the Armenian Church approaches the idea of suffering in this world," the church website reads.

The Soorp Asdvadzadzin Armenian Church has been working with town officials since 2019 to erect the monument at Pine Grove Cemetery, according to a 2021 social media post by the church.

The church also released more information after the event, including that H.E. Archbishop Anoushavan Tanielian had joined the community at the groundbreaking, along with state and local officials.

"Thank you to all who participated in and supported the event, especially to the monument committee who has worked years to make this project possible," the Soorp Asdvadzadzin Armenian Church added.

GRAFTON

continued from page A1

Massachusetts' violent crime rate this reporting year was 3.0 per 1,000 people; in the country, it was 4.0. The state also had a property crime rate of 10.4, while the U.S. came in at 19.3.

In 2023, Grafton had a violent crime rate of 0.5 and a property crime rate of 1.3.

"Our 2023 State of Safety survey found that Massachusetts ranks the lowest in property crime out of all the states on our report," SafeWise

released in its report. "We also found that Bay Staters are more concerned about their safety than the nation's average, which is surprising since violent crime in the state is also low."

According to SafeWise, the crime rates data was calculated for every city in the state that met a population threshold, based on the state's median population as calculated using FBI data.

For more information, visit safewise.com.

WARZECHA

continued from page A1

the Singer Family Prize, Warzecha will receive a \$4,000 award, and Northbridge High School, home of the Rams, will be granted an additional \$3,500. The awards will be presented during the Commencement and Singer & Senior Awards Ceremony on Friday, May 12, at Strong Auditorium.

Warzecha's influence on Mawn's life has extended far beyond the classroom, as Mawn is now a Handler Scholar at the University of Rochester. The Alan and Jane Handler Scholarship, established in 2007, is the university's premier scholarship, awarded to students with exceptional academic

and leadership potential and high financial need. With an ultimate commitment of \$25 million, the Handler Scholarship is the largest scholarship gift in the University of Rochester's history.

This heartwarming story highlights the profound impact that educators like Jeffrey Warzecha have on their students' lives. His dedication, passion, and commitment to education have not only earned him the esteemed 2023 Singer Family Prize but have also shaped the future of those he has taught.

For more information about the Singer Family Prize for Excellence in Secondary Teaching and the Alan and Jane Handler Scholarship, please visit the University of Rochester's Web site.

AWARD

continued from page A1

bestowed the Presidential Service Award to five of its volunteers to recognize the significant number of hours they have volunteered at the hospital. The Presidential Service Award acknowledges the impact volunteers have on organizations while also inspiring others to act. Each recipient received a certificate signed by President Joseph Biden.

The five individuals have volunteered more than 35,000 hours combined at the hospital providing assistance in the Emergency Department and at the Cancer Center, as well as helping with endoscopy patient discharge, clerical and project support, mail delivery, and serving as interdepartmental messengers.

Over the last 14.5 years, Ernie Gentile of Milford has volunteered 8,616 hours, Lynda Keenan of Milford has volunteered 8,463 hours over the last 18 years, Tom Keenan of Milford has volunteered 7,633

hours over the last 18.5 years, Bob Cole of Hopkinton has volunteered 5,116 hours over the last 24 years and Betty Wickis of Medway has volunteered 4,498 hours over the last 16.5 years.

"Our dedicated and loyal volunteers provide an invaluable service that not only benefits our staff and patients but from their perspective, is a rewarding way to spend time, learn new skills and meet new people," said President and Chief Executive Officer Milford Regional Medical Center and Healthcare System Edward J. Kelly. "It is a gift to have these volunteers as long-time stewards of our commitment to our community."

Milford Regional hosted a lunch for all its volunteers at the Hopedale Community House where Milford Regional Director of Volunteer Services Elaine Willey and Kelly presented pins to those volunteers who have at least 500 hours of volunteer service.

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Friday's Child

Hi! Our names are Dahkari and Kaleena and we want to be adopted together!

Dahkari and Kaleena are siblings who are looking for their family together. Those who know Dahkari best describe him as an extremely sweet, polite and well-mannered boy with a quirky sense of humor and a desire to please others. He has a love of reading, especially the Percy Jackson series, and also enjoys watching movies and playing video games. Dahkari makes friends easily and at school his teachers say that he is a wonderful child to have in class. They say he has a positive attitude and puts a lot of effort into his work. Dahkari's favorite subject is math.

Kaleena is a very kind and silly girl who can be a little shy. She smiles a lot and is always polite. When asked about herself, she will give short answers and smile and be very polite. Those who know her best describe her as a fun, sweet, and spunky child. Kaleena LOVES to dance. Her nickname is Shakira in her current foster-home, where she has also learned Spanish. Kaleena also likes imaginative play with dolls and playing with others. Kaleena just transferred to a new elementary school this year and has been thriving academically. Her teacher states she is very social and always includes other kids in things at school.

Dahkari and Kaleena will do well in a family of any constellation, with or without other children in the home. Interested families should be open to maintaining monthly visits with their sibling placed in the care of kin.

Can I Adopt?

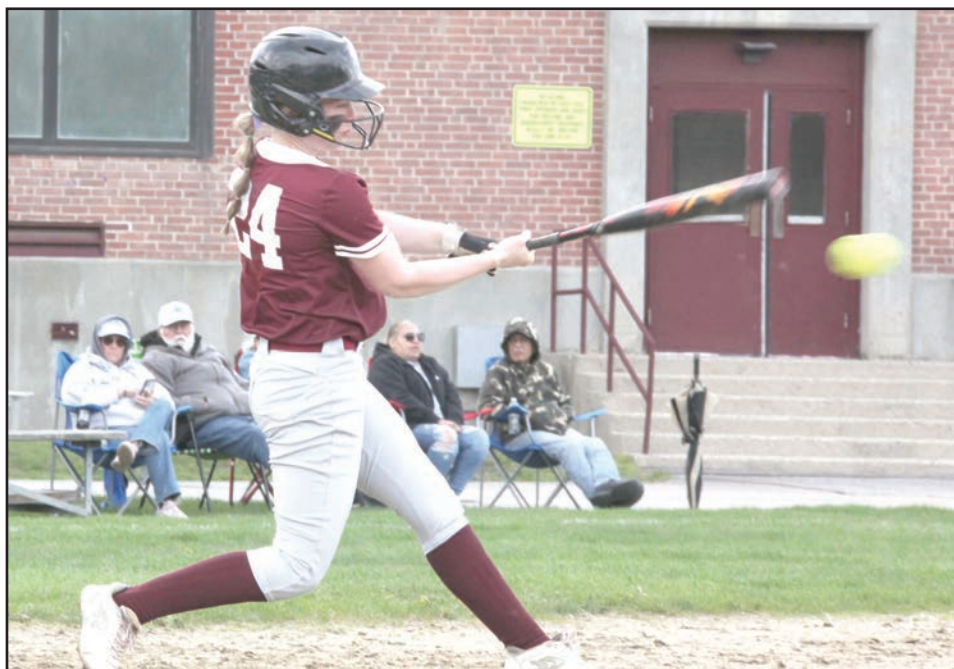
If you're at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LGBTQ+ singles and couples. As an adoptive parent, you won't have to pay any fees, adoption from foster care is completely free in Massachusetts.

The process to adopt a child from foster care includes training, interviews, and home visits to determine if adoption is right for you. These steps will help match you with a child or sibling group that your family will fit well with.

To learn more about adoption from foster care visit www.mareinc.org. Massachusetts Adoption Resource Exchange (MARE) can give you guidance and information on the adoption process. Reach out today to find out all the ways you can help children and teens in foster care.

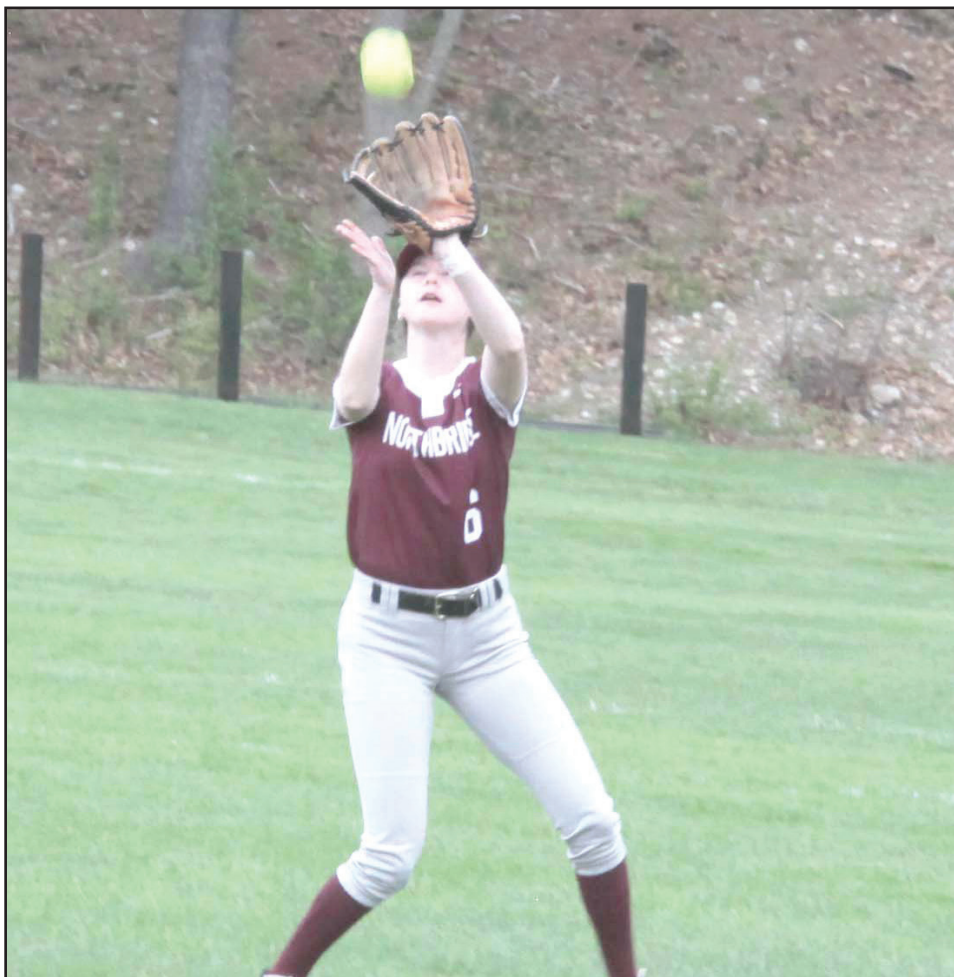
SPORTS

In battle of promising and improving teams, Northbridge tops Oxford



Nick Ethier

Northbridge's AJ Hogan singles in the third inning versus Oxford.



Nick Ethier

Riley Austin of Northbridge gets her glove under the ball to record an out from her center field position.

BY NICK ETHIER
SPORTS EDITOR

NORTHBRIDGE — With the Northbridge High and Oxford High varsity softball teams both in line to have improved seasons from the spring of 2022, where the Rams went 12-8 before losing in the Round of 32 inside the Division 4 State Tournament and the Pirates finished 9-11 to fall one game shy of reaching the Division 5 State Tournament, it was an important matchup when the two squared off behind the middle school on Wednesday, April 26.

"It was a well-played game between two good teams. The kids really got up for this game," said Northbridge head coach David Mills.

The Rams scored two runs in the bottom of the second inning and three more in the fourth, Mia Pellegrino pitched a five-hitter in the circle and the defense behind her played error-free ball, as Northbridge won a 5-0 decision.

"It's big to score two early and then keep the pressure up, especially with the way we were playing defense and pitching," Mills said of the team's outing.

The Rams got the scoring started in the second when Riley Austin reached base on an error and Emily Guarino plated her with an RBI single. Two batters later, Lizzie Duca's sacrifice fly scored Olivia Frabotta, who had walked.

Then, in the fourth frame, Frabotta reached base on an error and Guarino (2-for-3) singled before Kylie Grazulis (2-for-3) hit an RBI infield single. Later, with the bases loaded, AJ Hogan (3-for-4) ripped a single up the middle, which plated two more.

That was more than enough for Pellegrino, whose complete game outing included five strikeouts and just one walk.

"Mia did a great job today. She scattered the hits, kept the hitters off-balance and her control was excellent," said Mills. "When I do the stats, that's the thing I really like about her, the WHIP — the walks and hits per inning pitched — is low. That's huge because in softball the bases are 60 feet. You get two runners on and you're not that far from scoring. Keeping people off the bases is huge."

Mills was also impressed with the team's defense. The game ended on a 4-6-3 double play.

"The middle infielders, between (sec-

ond baseman) Natalie (Fasold) and (shortstop) Kylie (Grazulis) — who are both freshmen — it's the second game in a row that we've turned a 4-6-3 double play. That, in softball, doesn't usually happen too often," Mills noted.

The Rams are now 8-2 at the midway point of the season.

"We like where we're at," said Mills. "The kids are playing together, they're having fun, they're playing with emotion and it's been a great season so far."

Oxford, meanwhile, slipped to a still respectable 6-3.

"We just had that one bad inning," said head coach Jamie Hetherman. "Mackenzie (Evers) kept us in the game. She's been pitching very, very well."

Evers has pitched in all but one contest so far this year.

"Mackenzie has been pitching since she was a little one. She throws it pretty hard and has good control!" explained Hetherman.

Evers' outing included eight hits, three strikeouts, three walks and the five runs allowed were unearned.

Hailey Angell (two), Sarah Arndt, Evers and Skyla Vincent had the base hits for Oxford.

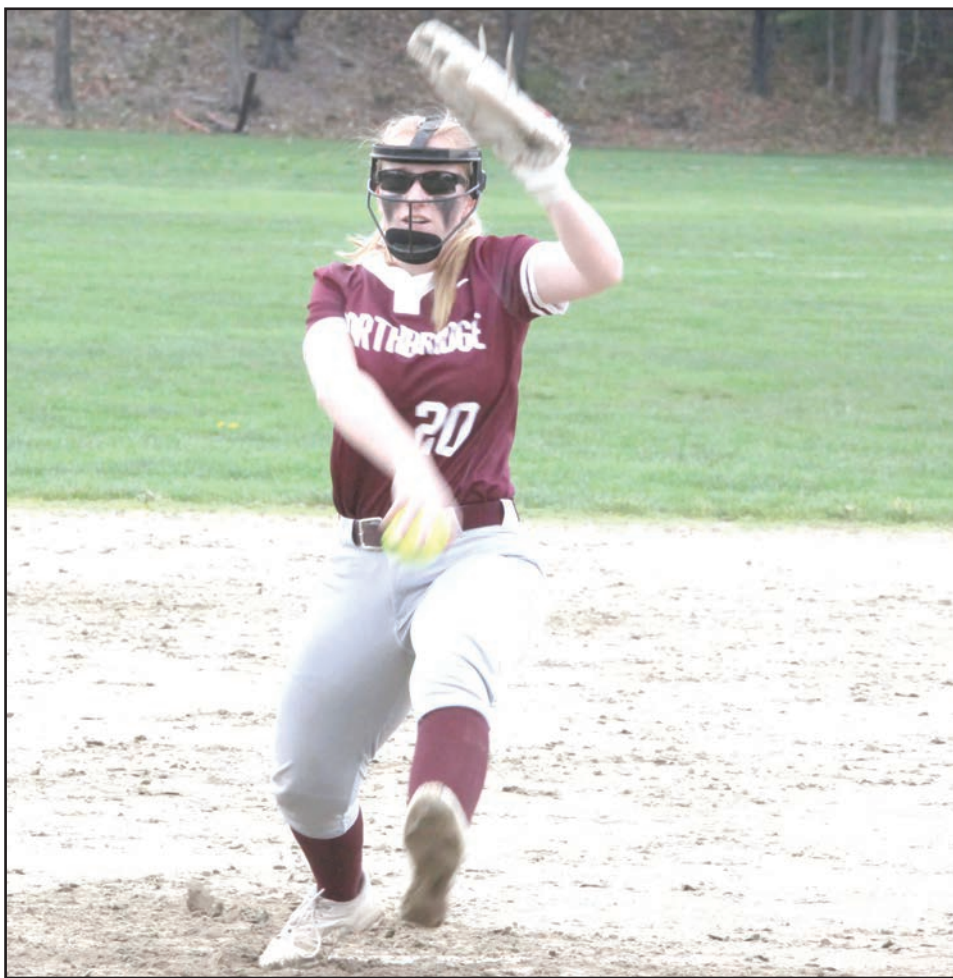
Hetherman noted that five of his starting nine are freshmen.

"The future is very bright. The girls play year-round and we're in good shape," said Hetherman. "We're 6-3 right now and halfway through we're pleasantly surprised. We're beating the teams that we should beat and we're competing against the good teams."

That included a 5-0 loss to perennial power Grafton High, and the game was scoreless through the first seven innings.

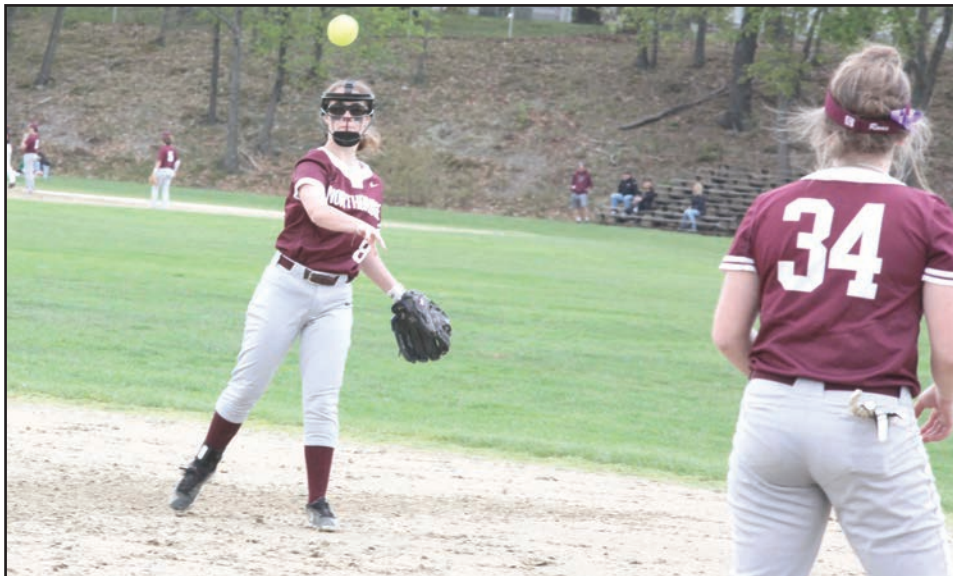
Another example of Oxford's improvement happened in-game with Northbridge in the third inning when Vincent in center tried to track down an Austin fly ball. Vincent ranged to her left but was unable to catch the drive. Vincent, though, hustled after the ball, threw to Angell at second base, and Angell relayed to catcher Anna Heroux, who tagged out the Rams' Hogan at the plate.

"Hit the cutoff with a good throw so the cutoff person can make the good throw. We've been going through that all year and we're getting better and better on that," Hetherman said of a play they wouldn't have been able to execute last year.



Nick Ethier

Mia Pellegrino of Northbridge threw a complete game shutout to help the Rams beat Oxford, 5-0.



Nick Ethier

Northbridge second baseman Natalie Fasold throws the ball over to first baseman Dakota Grazulis to record an out.

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BVT announces second trimester commendation list

UPTON – Blackstone Valley Regional Vocational Technical High School (BVT) has released the Superintendent-Director's Commendation List for the second trimester of the 2022–2023 school year. To be named to the Commendation List, students must meet rigorous standards, such as maintaining a grade point average of 88 percent or above in each technical, related, and academic course for the trimester. To view the complete list, visit www.valleytech.k12.ma.us/2t-commendationlist.

The following students, grouped by grade level and hometown, were named to the second trimester Commendation List:

SENIORS (Class of 2023)

Bellingham
Nicholas Cummings, Advanced Manufacturing & Fabrication; Hailey Davis, Construction Technology; Kaitlyn Mullen, Health Services; and Marek Rutkowski, Plumbing.

Blackstone
Daniel Cardone, Electronics & Engineering Technology; Sophia Mazzuchelli, Advanced Manufacturing & Fabrication; and Jessica Perreault, Culinary Arts.

Douglas
Brett Staples, Electronics & Engineering Technology; and Julia White, Cosmetology.

Grafton
Juliana Errara, Health Services; Noah Mariano, Engineering & Robotics; and Henry Warfield, Electronics & Engineering Technology.

Hopedale
Quinn Larkin, Painting & Design Technology; Hayle Orta, Health Services; Jay Patel, Information Technology; Sutton Webb, Automotive Technology.

Mendon
Katelyn Cote, Health Services; Amanda Pajak, Multimedia Communications; Lilly Rezek, Health Services; Naomi Tsuda, Culinary Arts; and Kate Watchmaker, Electronics & Engineering Technology.

Milford
Jack Abbioso, Information Technology; Jaclyn Bader, Engineering & Robotics; Zachary Barnes, Information Technology; Logan Betti, Information Technology; Jason Cardente, Electronics & Engineering Technology; Colin Chambliss, Engineering; Josephine Dew, Construction Technology; Marcella Ferreira, Construction Technology; Ana Guaman, Construction Technology; Allison Kee, Health Services; Lyanna Pimentel, Multimedia Communications; and Joshua Schorn, Culinary Arts.

Millbury
Samuel Bazydlo, Advanced Manufacturing & Fabrication; Ally Johnson, Engineering & Robotics; Brianne Laudani, Advanced Manufacturing & Fabrication; Brooke Maguire, Health Services; Sean Perrotta, Construction Technology; and Kasey Reeves, Health Services.

Northbridge
Sam Grilli, Drafting & Design; Maya Laydon, Construction Technology; Noah Malkasian, Electronics & Engineering Technology; Gradie Sanford, Drafting & Design; and Emily Wildfeuer, Drafting & Design.

Sutton
Benjamin Judson, Automotive Collision Repair & Refinishing; Samuel Judson, Drafting & Design Technology; Haley Kirouac, Engineering & Robotics; Ryann Lombardi, Health Services; Colin Medeiros, Electronics & Engineering Technology; Olivia Oikle, Health Services; and Evan Theberge, Electronics & Engineering Technology.

Upton
Julia Bern, Construction Technology; Artem Plotkin, Electronics & Engineering Technology; and Jessica Powers, Culinary Arts.

Uxbridge
Mackenzie Barnicle, Culinary Arts; Isabel Cahill, Multimedia Communications; Isabella Gannon, Advanced Manufacturing & Fabrication; Maxwell Guyton, Engineering & Robotics; and Sunny Moscatelli, Cosmetology.

JUNIORS (Class of 2024)
Bellingham
Dimana Hristova, Engineering & Robotics; Sara Lewis, Engineering & Robotics; and Lucien Stenehjem, Engineering & Robotics.

Blackstone
Julia Matson, Plumbing; Emma Perry, Dental Assisting; Colin Riordan, Advanced Manufacturing & Fabrication; and Luke Tellier, HVAC&R.

Douglas
Laney Beahn, Engineering; Mary Chrul, Health Services; Jack Dooner, Electronics & Engineering Technology; Baron Sherry, Engineering; Tyler Stevens, Information Technology; and Sorcha Twohig-Mann, Health Services.

Grafton
Caitlin Brown, Dental Assisting; Danica Fiore, Advanced Manufacturing & Fabrication; Alison Graves, Construction Technology; Charlie Jensen, Painting & Design Technology; Soumith Madadi, Information Technology; Grant Purcell, Engineering & Robotics; Nicholas Valoras, Engineering & Robotics; and John Wingate, Engineering & Robotics.

Hopedale
John McShane, Construction Technology; Avery Sanosi, Culinary Arts; and Mikayla Sanosi, Multimedia Communications.

Mendon
Tyler Clare, Information Technology; Noah LeFave, Electronics & Engineering Technology; Gianni Mistretta, Culinary Arts; and Jacob Urquhart, HVAC&R.

Milford
Igor Freeman, Engineering & Robotics; Hannah Murphy, Multimedia Communications; Leah Neves, Construction Technology; Nelle Norris, Painting & Design Technology; Anthony Persico, Information Technology; Thamyres Salviano, Health Services; Emma Sanborn, Painting & Design Technology; and Lizmary Vidal-Sanchez, Dental Assisting.

Millbury
Jacob Decatur, Information Technology; Ava Lawton, Engineering & Robotics; Braelyn Piscitelli, Cosmetology; James Richert, Electronics & Engineering Technology; Isabella Rose, Health Services; and Emma Shum, Dental Assisting.

Millville
Violette Durand, Culinary Arts; Trey Kovolyan, Electronics & Engineering Technology; and Colby Milanowski, Engineering & Robotics.

Northbridge
Giovanni Biagioni, Electronics & Engineering Technology; Logan Feehan, Painting & Design Technology; Yaliz Jimenez, Health Services; Catherine Kingsbury, Culinary Arts; Izamar Laboy Villegas, Information Technology; Lily Marshall, Dental Assisting; Ella Rogozenski, Engineering & Robotics; and Jonathon Spiller, Painting & Design Technology.

Sutton
Christopher Gubbins, Construction Technology; Julianna Hawley, Multimedia Communications; Peyton Nolan, Multimedia Communications; and Alexandra Nunnemacher, Painting & Design Technology.

Upton
Jacob Giancola, Engineering & Robotics; Skylar Jack, Construction Technology; Brian O'Connell, Automotive Technology; and Logan Rae, Health Services.

Uxbridge
Yara Alomar, Health Services; Savannah Brodeur, Cosmetology; Noah Cahill, Engineering & Robotics; Victoria Cieply, Dental Assisting; Avery Herrick, Multimedia Communications; Trevor Horgan, Electronics & Engineering Technology; Sean Knox, Advanced Manufacturing & Fabrication; Grace Mathieu, Engineering & Robotics; Marissa Osimo, Health Services; and Samuel Waugh, Electrical.

SOPHOMORES (Class of 2025)
Bellingham
Isabella Brancato, Electronics & Engineering Technology; Miranda Burkholder, Multimedia Communications; and Abigail Noyes, Plumbing.

Blackstone
Braedon Ando, Culinary Arts; Paige Connolly, Culinary Arts; Nathaniel Cook, Biotechnology; Matheus De Carvalho, Plumbing; Mia DelVecchio, Culinary Arts; and Keira Kelliher, Health Services.

Douglas
Dale Boudreau, Electrical; Haley Chamberlain, Cosmetology; Kaylie Ciccone, Health Services; Justin Dooner, Engineering & Robotics; Emily Muniz, Engineering & Robotics; Om Patel, Engineering & Robotics; Samantha Pinto, Health Services; Jaden Roddick, Multimedia Communications; Addison Taylor, Health Services; and Willow Windoloski, Electronics & Engineering Technology.

Grafton
Audrey Bell, Engineering & Robotics; Steven Caya, Engineering & Robotics; Zoey Dauderis, Health Services; Raghav Dave, Electronics & Engineering Technology; Rowan Hackett, Multimedia Communications; Nora Iadarola, Multimedia Communications; Christopher Joiner, Biotechnology; Keyara Jones, Health Services; Ella McCann, Advanced Manufacturing & Fabrication; Brodie Remillard, Electronics & Engineering Technology; Carly Simpson, Health Services; Daniel Warfield, Electronics; and Robert Wells, Electrical.

Hopedale
Kallie Allen, Biotechnology; Nathaniel Allen, Information Technology; Anthony Bucchino, Engineering & Robotics; Eric Deppe, Engineering & Robotics; Connor Griffin, Electrical; Gabriella Griffin, Health Services; Declan Reilly, Information Technology; and Christopher Russell, Biotechnology.

Mendon
Kalyann Bellefontaine, Health Services; Leila Leyvas, Health Services; Kyle Miller, Electrical; and Abigail Scharnagle, Health Services.

Milford
Ehani Ayala Gonzalez, Plumbing; Lacey Coffman, Multimedia Communications; Jack Eastwood, HVAC&R; Adriana Hawkins, Culinary Arts; Parker Hogarty, Multimedia Communications; Charbel Jebara, Electronics & Engineering Technology; and Joel Puri, Engineering & Robotics.

Millbury
Mason Diosomito, Engineering & Robotics; Ethan Ikeda, Construction Technology; Gianna Konisky, Engineering & Robotics; Maya Lorion, Health Services; Maeghan Plourde, Health Services; and Jayden Quang, Engineering & Robotics.

Millville
Julia Trujillo, Health Services.
Northbridge
Ava Bates, Cosmetology; Kayla Chausse, Cosmetology; Perry Derkosroffian, Construction Technology; Sosie Derkosroffian, Health Services; Zabel Derkosroffian, Information Technology; Abigail Dineen, Dental Assisting; Faith

Ellis, Multimedia Communications; Conner Gomez, Engineering & Robotics; Mara Keane, Electronics & Engineering Technology; Dylan Leeds, Engineering & Robotics; Haley Marston, Dental Assisting; Markas Petone, Health Services; Sean Russo, Information Technology; Delaney Sanford, Culinary Arts; Eva Schairer, Health Services; Scarlet Sergel, Dental Assisting; and Alexa Seward, Engineering & Robotics.

Sutton
Emma Cliadakis, Culinary Arts; Tyler Houlihan, Health Services; and Caroline Martin, Engineering & Robotics.

Upton
Samantha Carroll, Information Technology; Eric Dunham, Engineering & Robotics; Kylie French, Painting & Design Technology; Cassidy Lyon, Health Services; Harmony Melendez-Torres, Biotechnology; and Jack Nealley, HVAC&R.

Uxbridge
Alexi Cox, Electronics & Engineering Technology; Samantha Fairhurst, Health Services; Samuel Kirby, Electrical; Mikaela Swanson, Biotechnology; and Stephanie Zaitoun, Engineering & Robotics.

FRESHMEN (Class of 2026)
Bellingham
Gracie Clinton, Health Services; Olivia Dalton, Biotechnology; Evan Donlon, Information Technology; Justyn Hayes, Information Technology; and Gavin Jacobson, Electronics & Engineering Technology.
Blackstone
Jack Marino, Advanced Manufacturing & Fabrication; Isabella Olsen, Health Services; Ella Ruth, Advanced Manufacturing & Fabrication; and Jake Thibault, Multimedia Communications.

Douglas
Francesca Aquilino, Cosmetology; Maddison Dos Santos, HVAC&R; Leopaul Gamelin, HVAC&R; Caitlin Kelly, Health Services; Zachary Mitchell, HVAC&R; and Sophie Rivard, Engineering & Robotics.

Grafton
Logan Black, Electrical; Kevin Magill, Electronics & Engineering Technology; Luke O'Rourke, Electronics & Engineering Technology; and Delaney Waldo, Biotechnology.

Hopedale
Jason Abbruzzese, Engineering & Robotics; Isabella-Marie Adriko, Engineering & Robotics; Ella Foster, Engineering & Robotics; Evan Griffin, Information Technology; Ethan Novelli, Multimedia Communications; and Shiv Patel, Engineering & Robotics.

Mendon

Matthew Brennan, Electronics & Engineering Technology; Phoebe Burke, Engineering & Robotics; Aiden Fayer, Information Technology; Yasmin Freitas, Health Services; and Jacob MacDonald, Engineering & Robotics.

Milford
Ethan Dahmer, Biotechnology; Andrew Dolan, Health Services; Cecelia Dualu, Dental Assisting; Myles Guikema, Engineering & Robotics; and Dominic Quintino, Information Technology.

Millbury
Allison Garden, Engineering & Robotics; Lily Kelley, Multimedia Communications; Giana Piscitelli, Cosmetology; Isabella Raymond, Health Services; and Julie Wenson, Health Services.

Millville
Genevieve Kovolyan, Health Services; and Ayden Mendes, Painting & Design Technology.

Northbridge
Isabelle Balon, Biotechnology; Autumn Gromelski, Culinary Arts; Aidan Naughton, Information Technology; Emersen Polymeros, Construction Technology; Jacob Poole, Information Technology; Allegra Sadik, Health Services; Logan Tetreault, Information Technology; and Adalynn Wooster, Cosmetology.

Upton
Nicole Amburtseva, Painting & Design; Thomas Bailey, Plumbing; Justin Fransen, Engineering & Robotics; Jack Lupien, Electrical; Ryan May, Engineering & Robotics; and Nivedita Sharma, Health Services.

Uxbridge
Breanna Donahue, Electrical; Gabrielle Gannon, Engineering & Robotics; Brooke Gniadek, Cosmetology; Veronica Jordan, Health Services; Isabella Mclaughlin, Advanced Manufacturing & Fabrication; Daniel Noel, Engineering; Abigail Thompson, Painting & Design Technology; and Parker Waugh, Electronics.

About Blackstone Valley Regional Vocational Technical High School (BVT)

Blackstone Valley Regional Vocational Technical High School serves the towns of Bellingham, Blackstone, Douglas, Grafton, Hopedale, Mendon, Millford, Millbury, Millville, Northbridge, Sutton, Upton, and Uxbridge. Located in the heart of the Blackstone Valley, Blackstone Valley Tech creates a positive learning community that prepares students for personal and professional success in an internationally competitive society through a fusion of rigorous vocational, technical, and academic skills.

Daniels Farmstead gearing up for 13th Farmers' Market season

BLACKSTONE — The Daniels Farmstead in Blackstone is gearing up for their 13th season of Farmstead Farmers' Markets, beginning the first Sunday of July.

The Farmers' Markets will be hosted every Sunday starting July 2 through to Oct. 1, 11 a.m. to 2 p.m. Daniels Farmstead has a number of special events planned for this year including Sunday, July 2 - 4 at the Farm Celebration; Sunday, Sept. 17 - Apple Festival and Pie Contest; and Sunday, Sept. 24 - Antique Tractor, Truck and Car Show. In addition to the special events planned, each Sunday morning market will feature a local music artist or group.

Everyone is welcome to visit and enjoy the property; shop from a wonderful selection of vendors offering fresh local produce, dairy products,

bakery items, specialty sweets and fudges, handmade candles, soaps, quilts, and so much more. Doris's Kitchen is open for lunch as well. House tours are available.

Daniels Farmstead is actively campaigning for volunteers, docents and vendors for the 2023 Farmers Market season. If you would like to be involved with one of Blackstone Valley's historic gems, please email info@danielsfarmstead.org, or visit the Daniels Farmstead Foundation Inc. website: www.danielsfarmstead.org for more information.

The Daniels Farmstead is not just a place of wonderful history, it is also a community of everyday people who appreciate agriculture, history, education, teamwork, nature's beauty and more.

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New laws require safe passing on roads, more

BY KIMBERLY PALMUCCI
TRIBUNE CORRESPONDENT

REGION — It's now the law—Massachusetts motorists must give

four feet to pass a “vulnerable user” on the road, which includes people walking, bicyclists, and more. On April 1, new vulnerable road

user laws went into effect across the Commonwealth. These laws were all passed as part of “An Act to Reduce Traffic Fatalities” in an effort to increase roadway safety.

According to an overview of the laws provided by MassBike Executive Director Galen Mook and State Senator Will Brownsberger, Massachusetts now defines “vulnerable users” on the roads as: people walking or biking; roadside workers; people using wheelchairs; scooters, skateboards, roller skates, and other micro-mobility devices; horse-drawn carriages; and farm equipment.

“Massachusetts is the 36th state to define safe passing as at least three feet,” the presentation explained. “Motorists are explicitly allowed to cross a double-yellow line in order to pass when it is safe to do so and adhering to the roadway speed limit.”

Locally, Millbury Police Chief Brian Lewos has recently authorized decals to be added to the department's marked cruiser to bring awareness to the new laws.

“The new regulations to protect people walking, biking, in wheelchairs, scooters, and farm equipment have been passed,” the Millbury Police Department released in a statement. “One of the bigger rules affecting daily travel will be ensuring motorists allow four feet when passing a vulnerable user.”

Signage will be implemented by the state's Department of Transportation (MassDOT) to educate drivers about this new safe passing requirement.

“MassDOT is required to put up signage to this effect across the Commonwealth and will work in collaboration with municipalities to do so on public roadways,” MassBike released.

There is also a new requirement for the use of rear red lights at night on bicycles to ensure “cyclists are visible” on the roadways.

“Bicyclists will now be required to use a front white light and rear red light when riding at night,”

Mook and Brownsberger presented. “Police officers cannot use a light violation as a reason to stop a bicyclist.”

The lack of lights cannot be used as “conclusive evidence of contributory negligence” in a civil action, according to MassBike, for instance, when making an insurance claim.

MassBike's “Lights Brigade” program will continue to distribute free lights, according to the presentation. Visit massbike.org/lightsbrigade for more information.

A “safer speed limits” law clarifies the process for municipalities to alter speed limits in thickly-settled areas from 30 mph to 25 mph, both on state-controlled roads and on the roads they control. And “crash reporting” for police departments aims to improve statewide data collection surrounding “vulnerable road user crashes.”

“A standardized analysis tool will now be used to report crashes and incidents involving a person biking or walking,” MassBike released. “Standardized crash reporting will allow us to systematically measure, report, and track crashes which allow us to make data-informed changes that increase roadway safety.”

Additionally, state-contracted trucks that are class 3 or 10,000+ lb. will be required to be equipped with “lateral protection devices” (safety side guards), convex and crossover mirrors, and backup cameras to reduce fatalities of people walking and biking.

“This requirement will reduce some of the tragic right-hook fatalities that we've seen in recent years,” MassBike added. “These new laws are just one step towards safer roadways and part of the ongoing work with MassBike and our coalition partners. We know that these laws are data-driven and reduce preventable crashes across Massachusetts.”

For questions about the new laws, MassBike can be reached at bikeinfo@massbike.org.

LETTERS TO THE EDITOR CONTINUED

Moses, Miriam, and music

To the Editor:

The Bible, Jesus of Nazareth, Moses and Miriam are listed as winners as the Covid-19 pandemic exits the scene on May 11. While evolution theory, music theory and its sheet music are on the vastly overpopulated biggest loser list.

For those of us who were once among the most avid supporters of evolution theory, its demise as an assemblage of scientifically legitimate conjectures came incredibly fast. Inflicted upon us as an onslaught of devastating hits to the fundamental tenets of the theory. An almost merciless series of assaults that, individually and collectively, served as the wakeup call to the sheer wokeness of the notion of evolution itself. Unfolding in ways that, virtually overnight, crumbled the theory into pieces like an internet cookie gone badass malware viral.

Thereby chiseling into the stone tablets of science and history the quintessential examples of what it means to be Woke-blind, Woke-blinded, Woke-smoked, Woke-cloaked and just plain out-and-out Woked into a falsified belief system shared by tens of millions of our fellow cult members.

The reality is that evolution theory quite unilaterally predicts that it takes more than just mere decades to produce the number of SARS CoV-2 variants that popped up during Covid's first year.

Facts that absolutely devastate the theory's slow-change model.

While the appearance of the “tuskless” African elephants in response to ivory poaching laid waste to natural selection's foundational parameters.

With those events followed by the previously well-sequestered fact that Charles Darwin himself tersely trashed the catch phrase “survival of the fittest” because anything founded on such an idea is circularly reasoned, logically flawed bunk.

Meanwhile, music theory, sheet music and its Grand Staff Notation system were skirting on the brink of extinction before the millennium's start. With traditional piano lessons pretty much the only thing propping up those oh, so illustrious throwbacks to monastic life during the Middle Ages.

For decades, those of us with expertise in piano and keyboard learning methods have quite rightly stated the simple fact that chord methods can take the average novice to an expert level of keyboard play in 6 months. Doing so at the lowest cost with the highest success rates in the keyboard instruction industry.

Whereas, with music theory based piano lessons, the average time frame from novice-to-expert routinely exceeds seven years, at the highest cost with the lowest success rates.

Play-by-ear keyboard methods remained throughout as a constant, middle-ground position. With less than a year to achieve expert play, within a limited range level. Yet, oftentimes only truly successful for the audio-dominant sector of the general population.

Thus, it was no big surprise that chord methods and their schools of thought advanced during the pandemic, while play-by-ear methods remained flat in terms of advancement. While in-person piano lessons

and their teachers took a huge hit due to social distancing and quarantine measures.

Yet it was for those very reasons that the remarkable occurred. Arising out of a very particular chord method school of thought that holds that some tunes cannot be accurately expressed in any classically written notational system.

And then it happened. A revelation began circulating that the Bible's “Song of the Sea” — that is to say, Exodus 15: 1 – 21 — preserved the song's musical aspects. Causing those of us without Bible reading experience to investigate the nature of the lyrics from a strictly non-religious, modern chord method viewpoint.

Only to discover the clear and unmistakable hallmarks of a Blues chord progression pristinely preserved by some unknown means. The very same modern-world music genre that unquestionably spawned musical forms such as rock ‘n’ roll.

The fact that the Song of the Sea places itself rather squarely into the Blues music genre proved beyond doubt that Moses and his sister Miriam were real people with a very real, non-fictional history. And while those facts did not truly establish that ‘Moses’ and ‘Miriam’ were their true names... it didn't take long for some among the atheists to overplay their hand.

Erroneously claiming that the Bible was the only anciently written text that featured Moses. With the scholars studying the works of ancient Greeks quite handily proving otherwise.

All of which means that Moses and Miriam entered the pandemic as fictional characters to hundreds of millions of non-believers worldwide. Only to be proven real by applying the principles of a keyboard chord method.

Given the fact that Jesus of Nazareth remains as the Old Testament's most well-known scholar, his opinions get a free pass into public schoolroom discussions throughout Massachusetts. As do Moses and Miriam, their Song of the Sea, as well as other parts of the Book of Exodus.

A situation where the Constitution virtually mandates their inclusion in music classes, history classes, and science classes. As well, of course, within any and all public school discussions that include slavery and involuntary servitude.

The totality of which introduces the need for an accurate quoting from our State's original 1780 Constitution. Freed from the usual bureaucratic, Woke-minded government taskmaster's eradication of its use of uppercase lettering.

To wit: “It is the right as well as the duty of all men in society, publicly and at stated seasons, to worship the SUPREME BEING, the great creator, and preserver of the universe. And no subject shall be hurt, molested, or restrained, in his person, liberty, or estate, for worshipping GOD in the manner and season most agreeable to the dictates of his conscience; or for his religious profession or sentiments; provided he doth not disturb the public peace or obstruct others in their religious worship.”

Stephen Gambone
Northbridge

A successful walk in the park on April 30

To the Editor:

It was misty and then, in the last hour, showery last Sunday afternoon. The sun never shown, but smiling faces were seen among more than 150 people who walked, drove or rode along Mendon, Capron and South Main Streets for A Walk in the Park. The comments among tour-goers, both locals and out-of-towners, were overwhelmingly positive. The consensus being more events like this should be planned regularly! Since Uxbridge has an ‘embarrassment of riches’ because of its august history and heritage throughout many neighbor-hoods, perhaps other similar tours can be arranged elsewhere!

Anyway, this special event was to educate, excite and encourage citizens to attend Town Meeting on Tuesday, May 9 to expand the original Historic District (Article 16). Feedback received indicates that mission was accomplished, and the Uxbridge Food Pantry benefitted from many donations of canned goods, too!

The Uxbridge Historic District Commission is grateful to so many people who volunteered to make April 30 such a memorable day for the community. We are so honored residents opened their graciously decorated homes: Peter Frabotta and Donaldsons on Capron; Beanes on Mendon; and Johnsons on South Main. The Senior Center van with

volunteers, Sally and Gail, ran a shuttle service around the tour loop from 1-4 p.m. Beautiful flower arrangements from 77 Blossom and Lucille's graced each home. The weather did not cooperate for a pop-up Mendon Street Kitchen hotdog stand for picnics on Seth Van Toll's Capron Street lawn overlooking the Mumford, but we thank him for his kind offer. However, as always, Holly and Tom rose to the (community) occasion, opening their main Mendon Street location and making popovers! Lastly, thanks to Tim Burke & our police officers for ensuring traffic safety for bus/tour pedestrians, and to Joe Barros' UHS graphic design students who illustrated flyers advertising A Walk in the Park.

The UHDC aims to Preserve the Past; Enhance the Future. “Uxbridge- It's Better Here.” Attend Town Meeting at the Valley Chapel on Tuesday, May 9.

With gratitude,

Uxbridge Historic District Commission:
Jane F. Keegan
Peter Pendergast
Travis Do Rosario
Faye McCloskey
Karen Beane
Lisa Sprunger
Kevin Donaldson
Michael Zuchowski

Douglas Adult Social Center

Douglas Adult Social Center
331 Main St.
(508) 476-2283

Hours of Operation: Monday through Thursday, 9 a.m.-3 p.m.; Friday 9 a.m.-noon

DAILY ACTIVITIES: All our daily activities are free of charge.

Monday: Painting class 9:45 to 11:45, Balance & Strength Exercise 12 pm, Mat yoga 2 pm

Tuesday: Cribbage 9:30am, Zumba 9:30am, Bingo 12:00 pm, Technology Class 1pm (call to make an appt.), Jenga or Connect4 2pm (bring a friend, and play a game!)

Wednesday: Balance & Strength 10am, MahJong 1pm

Thursday: Chair Yoga 9:30am, WII Games 11am, Hand and Foot card game 12:30 pm

Friday: Balance & Strength 10am

MAY EVENTS:

• Wellness Clinic dates are Monday May 8th & Tuesday May 30th. Appointments between 10 am & 11:30 am. Walk-ins welcome from 11:30 to 12:00 pm. Please call the center to schedule @ 508-476-2283.

• Lunch & A Movie “We Have a Ghost” on Wednesday May 17th @ 12 pm. Stuffed peppers will be served for lunch, \$4.00 per person. Please call the center to sign up @ 508-476-2283 by 5/12.

• Let's Go Fishing: Friday May 19th @ 10 am. Representative Joe McKenna & Mass Fish & Game invite you to Wallum Lake for a morning of fishing. They will be supplying all your fishing necessities. Bring a chair, a lunch, a friend and come have some fun. This is a FREE event. Fish can be fickle, so bring your luck!!!! We will be meeting at the

lake located at 107 Wallum Lake Rd. Douglas. The center will be closed this day.

• Mass EDP: Thursday May 25th @ 12 pm. The Massachusetts Equipment Distribution Program will be here to talk about their program that provides telephone equipment to people who have difficulties using the telephone due to issues such as hearing loss and or vision loss. Refreshments will be served. Please call the center to sign up @ 508-476-2283.

JUNE EVENTS:

• Wellness Clinic dates are Monday June 5th & Tuesday June 20th. Appointments between 10 am & 11:30 am. Walk-ins welcome from 11:30 to 12 pm. Please call the center to schedule @ 508-476-2283.

• Who's Who? with Chicken Divan lunch, on Thursday June 1st @ 12 pm. The cost for lunch is \$4.00 per person. Come into the center and pick up a question sheet and return to the center before June 1st. You can answer some or all the questions, that is up to you. Please call the center to sign up @ 508-476-2283 by May 26th.

• Senior BBQ: on Thursday June 8th @ 12 pm. This event is sponsored by the Douglas Police Department. The center will close at 10:30 this day. BBQ will be held under the pavilion at the Blackstone Valley Beagle Club. The address is 135 Walnut Street Douglas. Please call the center to sign up @ 508-476-2283 by June 1st.

Check back for more June events!

Check our website for events that may not be listed here

<https://www.douglas-ma.gov/202/Adult-Social-Center-Senior-Center>



Millbury Senior Center

NEWPORT FLOWER SHOW TRIP
On Friday, June 23rd visit the Marble House

An architectural landmark that transformed from colony wooden houses into

the legendary resort of opulent Gilded Age mansions

Enjoy cultural and social history surrounded by color and beauty of the floral world

Price is \$129.00 Trip includes transportation and gratuity along with a lunch at a fine local restaurant

For more information and to RSVP call the center at 508-865-9154

SPRING PICNIC IN THE GARDEN
Thursday, May 25th
11:30 - 12:30

Enjoy music by Jim Perry
Picnic lunch will include Finger sandwiches, Chips, pasta and potato salad

Drinks and dessert
\$3 donation appreciated call the center to RSVP 508-865-9154

CORNHOLE IN THE GARDEN
Beginning on Tuesday, May 9th
Every Tuesday at 2 P.M. with Josh

LINE DANCING CLASSES
Every Wednesday at 10:30 A.M.
Class is \$3 per person
No reservations required

CRAFT CLASS
Next class is Thursday, May 18th
12:30 - 1:30 P.M.
\$8 and includes all Materials
Price may vary based on project
For more information and class dates call the center! 508-865-9154

Meet with a representative from Senator Moore's office!

Wednesday, June, 7th
One Wednesday every month between 11 - 12 P.M.

All are welcome to meet and discuss issues of importance or looking for assistance

Any questions please call 508-865-9154

SENIOR CENTER EXERCISE CLASSES!!

LIGHT EXERCISE CLASSES
Mondays and Fridays 9:30 A.M. - 10:15 A.M. (Free!)

TAI CHI
Tuesdays 9:30 - 10:30 A.M. (class is \$3)
YOGA

Thursdays 9 - 10 A.M. (Class is \$3)

SENIOR CENTER ACTIVITIES!
MAHJONG
Mondays at 12:45 P.M.
CRIBBAGE
Monday through Friday 8:30 A.M.
Tuesdays at 1:00 P.M.
BLOOD PRESSURE CLINIC
Every Tuesday from 9 A.M. - 10 A.M.
SOCIAL BINGO
Wednesdays at 1 P.M.
Bring your pennies!
COLORING
Thursdays at 10 A.M.
DULL MENS CLUB
Thursdays at 10 - 11 A.M.

No reservations required for any of our activities or exercise classes!

Lunches are served Monday through Friday 12 P.M. at the Senior Center

The menu is available on the town website, www.townofmillbury.org
Or our Millbury Senior Center Facebook page.

A 48 hour reservation is required. Call the center at 508-865-9154

Friends of the Millbury Senior Center Transportation

Transportation is provided for Millbury Senior Residents Monday through Friday

Between 9 A.M. and 3:00 P.M.
We travel one town out in each direction including Sutton, Grafton, Auburn and Worcester

A 48 hour notice is required for scheduling rides (business days)
Rides are free until January 1st

To schedule transportation call the center at 508-865-9247

"MEMORY CAFÉ"

Please join us on Tuesday, May 23rd at 2:00 - 3:30 P.M.

Refreshments will be served
A Memory Café is a monthly gathering for people with memory loss/challenges and their care partners. It is a time to socialize, make new friends, and have a good time.

Our Outreach worker, Julie Fitzgerald, is happy to answer any questions, call to RSVP 508-865-9154!

SNAP APPLICATIONS (Food Stamps)

Our appointments are on Tuesdays & Thursdays 10 A.M. - 2:00 P.M.

Call for an appointment & required documentation
508-865-9154

"This project has been funded at least in part with Federal Funds from USDA.

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USDA does not endorse any goods, services or enterprises."

Blackstone Valley Gardeners welcome Dr. Robert Gegear May 11

WHITINSVILLE — On Thursday, May 11 at 7 p.m., Dr. Gegear will introduce the different pollinators that are essential to the growth and health of our native flora. He will help us create gardens and home landscapes that support these important members of our ecosystem.

Dr. Gegear, an assistant professor of biology at UMass Dartmouth, is a spring favorite at Blackstone Valley Gardeners' meetings. On one memorable occasion he led us on a walk through a member's garden, pointing out several types of bumble bees that hide in plain sight in the average landscape. He has also spoken about creating a garden of native plants, explaining that the pollen from hybrid varieties does not satisfy the needs of our most important pollinating insects.

The Blackstone Valley Gardeners, a 30 year old club, meets at the United Methodist Church, 61 Linwood Ave. in Whitinsville. For easy access to a meet-

ing, enter through the parking lot that is behind the shops on the south side of Church Street and use the rear entrance to the church.

Gardeners from throughout the Valley are welcome at meetings free of charge as first-time guests, or may become members for \$25 a year. The BVG is an active club, dedicated to the advancement of horticulture at home and in the community, as well as to the conservation of the environment. An annual spring plant sale, to be held this year on Saturday May 13 at the Upton VFW, supports the outstanding programs which are a highlight of club meetings.

Mark your calendar for Thursday, May 11 to enjoy an evening with other gardeners as we gear up for another successful gardening season.

Dr. Robert Gegear is an assistant professor of biology at UMass Dartmouth. He has a special interest in bumble bees and other native pollinators.

Our Lady of the Valley announces honor roll

UXBRIDGE — Our Lady of the Valley Regional School has released its honor roll for the third quarter of the 2022-2023 school year:

Lucchetti, Sophia Pica, Joseph Podles, Liam Roy, Felicity Walek

Honors

Grade 8: Trinity Cheshier, Nicholas Gebarowski, Troy Hafers, Nolan Pinchuck, Abigail Siciliano, Cameron Vaidya, Jacob Vaidya

Grade 7: Thomas Karuse, Ishani Patel, Allie Patnode, Anna Pena, Sarah Pomeroy, Lile Twohig, Lillian Wickstrom

Grade 6: Isabella Bardon, Lily Bolender, Emily Johnson, Laura Jordao, Brynn Kent, Albert Lucchetti, Allison Seitz

Grade 5: Anthony Baldwin, Charlee Bellefeuille, Gavin Chapman, Peter Colonero, Andrew Gebarowski, William Horrigan, Aimee Talbot, Molly Till, Nathan Weed, Emma Wickstrom, Veronica Zereski

Grade 4: Jacob Carter, Abigail Cook, Maddox Devaney, Graeme Pintarich, Arabelle Siciliano, Victoria Silva

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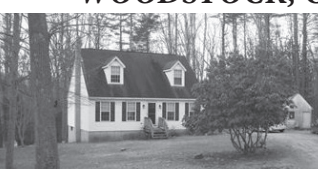
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EAST BROOKFIELD: First time on the market! Here is the perfect get a way vacation home or beautiful 250+ acre LAKE LAURELVIEW! A beautiful 250+ acre lakefront home with 50+ acres of water, 50+ acres of land and is situated on a great spot just steps from the water's edge. Over 500 feet of lake frontage! You will have 4 seasons of full recreational fun on this beautiful body of water! Walk to breakfast on main street or boat over to 300 Lakeside restaurant for lunch or dinner. Less than 15 min to MA pike and RT 94. Call, text, or email, you can do it all right today! your dream large living room with a stone fireplace and hardwood flooring opens to a 5-season porch overlooking the lake! TONS of potential! Off street parking, etc. & basement storage. Buyer will be responsible for cost of new septic system. There is nothing like the top of lake life! **\$500,000**

EAST BROOKFIELD: First time on the market! One owner, one of a kind Cape on Lake Laurelvue. Bring your boat! Over 250 full recreational acres to enjoy all 4 seasons! 50 feet of water frontage! Great location tucked away on a quiet spot just off Main Street. Generous sized rooms and lots of old-fashioned charm! Plenty of entertaining space! This home does need some updating but you will enjoy patting your own stamp to it. Fresh treatment for new more space. Spacious living room features a bar & fireplace. Fireplace which will be the spot for gathering at the holidays. Big place for your dining room table AND a quaint walk to the kitchen for quick meals! Beautiful and repetitive yard, but also features privacy which is unheard of for lake property! Walk to breakfast or drive your boat up to the dock @ 300 Lakeside restaurant! East Brookfield pop. is (est) 2000 people, yet less than 15 min. to MA pike & quick access to major roads. **\$500,000**

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Bay Path Practical Nursing Academy students medal at SkillsUSA States Conference

CHARLTON — Ten Bay Path Practical Nursing Academy students were awarded gold and silver medals at the recent SkillsUSA States Conference. Gold medal winners will be advancing to the SkillsUSA National Conference to be held June 19-24 in Atlanta, Ga. "The group we had the pleasure of working with... was very profession-

al and well prepared for this competition," said Pam Stoney SkillsUSA Advisor/Board Member. The Practical Nursing student medalists are as follows: First Aid/CPR Ana Hilner GOLD and Aminat Poku SILVER; Health Knowledge Bowl Evan Cleveland GOLD, Paulina Asante GOLD, Maureen Bittner GOLD and

Andrew Pereira GOLD; Medical Math Ramatu Abukari GOLD and Michael Yeboah SILVER; Practical Nursing Alice Maina GOLD and Faith Wanjohi SILVER. "We are grateful to the Superintendent, Mr. Kyle Brenner for his support and both SkillsUSA Advisors for Bay Path, Ms. Pam Stoney and Mr. James

Primes," said Gretheline Bolandrina, DHA, MSN Ed, RN, CRRN Academy Director. "Our Practical Nursing students did very well and represented the Academy with pride." This year's success raises to over a dozen, the number of Bay Path Practical Nursing students who have advanced

Turn To **BAY PATH** page **A19**



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June Cazeault * Laurie Sullivan * Matthew Ross * Lori Johnson-Chausse * William Gilmore II * John Kokocinski

WEBSTER-100 PARK AVENUE



CUSTOM 3 bedroom Cape! 1400 +/- Sq Ft. of Living Area. Kitchen, Dining room, Living room, Hardwood Floors, 12' x 12' enclosed porch. Natural Gas cooking Stove! Detached Garage. All on a 14,000 Sq. Ft. Fully Landscaped Lot **\$325,000.**

WEBSTER - 41 ARKWRIGHT RD FEATURED NEW LISTING! OPEN HOUSE! SAT & SUN 1 - 3



1st time offered! SPACIOUS 1,208 SF+- RANCH STYLE HOME! 3 BRS, 2 BATHS ATTACHED GARAGE! CORNER LOT! PRIVATE BACKYARD w/ PATIO & INGROUND POOL! Recent FHW-Boiler, RUUD CENTRAL AC SYSTEM! HARDWOOD FLOORS! Heated BREEZEWAY, Level Lot! **\$325,000.**

DUDLEY - 25 BUDD DR. NEW LISTING!



NEW LISTING! Well Cared for 3 Bedroom Ranch! Cute and Cozy! Economical GAS Heat! Garage. Shed. Eat-in Kitchen, Living Rm., all on a 9,000 Sq. Ft. Lot. STOP BY - TAKE A LOOK!! **\$285,000**

WOODSTOCK - 4 BARBER RD



Circa 1800 Vintage 4 bedrooms. Renovations included kitchen & bath, refinished wood flooring, interior painting & more... Barn, large lot. **\$429,000**

KILLINGLY - 9 DYER ST



2 family in Killingly, many updates, easy highway access, in unit laundry, heat natural gas & electric, off street parking and much more!! **\$272,500**

WEBSTER - 16 BLUEBERRY LANE



ON DEPOSIT ON BLUEBERRY HILL. Scenic Neighborhood! ELBOW ROOM & PRIVACY! THIS GARRISON COLONIAL 8 RMS, 4 BRS, 2-1/2 Baths, 1st Floor Laundry/Half Bath & 2 Car Att'd Garage! Formal Dining/Living Rms, 2 Bow Window Sets. Slider in EAT-IN KITCHEN, COZY FRPLC'D FAMILY RM. **\$449,900**

WEBSTER- 42 EAST MAIN STREET



SORRY, SOLD!
Circa 1900 Cape style 3-4 BR. 1 Car Detached Garage. Zoned GB4 (Business) **\$249,900**

On the shores of Lake Chargoggagogmanchauggagoggchaubunagungamaugg

Webster Lake Waterfront Lot

New listing! "Build to Suit"
Approximately 11,000 Sq. Ft. of mostly flat land, with gentle decline to waters edge. Sandy Shore line! Western views. Call for a viewing!

Webster Lake 13 Loveland Rd



SORRY, SOLD!
Eastern Exposure & Amazing Sunrises! Beautiful shoreline, 3 bedroom Cape features eat in kitchen w/island, fireplace living & dining room. 2nd floor, 2 bedrooms with 1 1/2 bath! **\$785,000**

Webster Lake 27 South Point Road



SORRY, SOLD!
OOH! WHAT A VIEW!!! Middle & South Ponds! 80' +/- ft sandy beach! Expansion possibilities! 2 Bedrm, 2 1/2 Bath, Garage, **\$811,000.**

Webster Lake 13 Bates Point Road



SORRY, SOLD!
1st Time Offered! Impeccable Home! 6 Room, 3 bedroom 2-1/2 Baths. Master bedroom, Master Bath. Level Lot to the Shoreline. Nicely Landscaped! **\$705,000**

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*3 1/2 Baths
*7 Rooms
*2 Car Garage
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* Living Room
* 2 Car Garage
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12:00 PM-DOUGLAS 100 Perry Street sgl fam, 3,408 sf liv area, 8.89 ac lot, 8 rm, 4 bdrm, 3.5 bath, Worcester(Worc): Bk 56271, Pg 59
1:00 PM-DOUGLAS 14 Arch Street sgl fam, 1,530 sf liv area, 0.52 ac lot, 8 rm, 4 bdrm, 2 bath, Worcester(Worc): Bk 42544, Pg 387
TERMS: Cashier's or certified check in the sum of \$5,000.00 as a deposit must be shown at the time and place of the sale in order to qualify as a bidder. No CASH. No personal checks will be accepted. Cashier/certified checks should be made out to whomever is going to bid at the auction. The balance to be paid within thirty (30) days at the law offices of Korde & Associates, P.C. 900 Chelmsford Street, Suite 3102, Lowell, MA 01851, Attorney for the Mortgagee.
Auctioneer makes no representation as to the accuracy of the information contained herein.
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 continued from page A18
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<p>REG \$949 \$699</p> <p>GE APPLIANCES</p> <p>FRIGIDAIRE 18.3 CU FT TOP FREEZER WITH ADJUSTABLE GLASS SHELVES MODEL# FFR1835VS</p>	<p>REG \$1999 \$1399</p> <p>GE APPLIANCES</p> <p>GE 25.1 CU FT SIDE BY SIDE REFRIGERATOR WITH EXTERNAL ICE AND WATER DISPENSER MODEL# GSS251YNFS</p>	<p>REG \$2399 \$1599</p> <p>Whirlpool</p> <p>WHIRLPOOL 25 CU FT FRENCH DOOR REFRIGERATOR WITH INTERNAL WATER DISPENSER MODEL# WRFS353WHZ</p>	<p>REG \$2699 \$1799</p> <p>GE APPLIANCES</p> <p>GE 25.7 CU FT FRENCH DOOR REFRIGERATOR WITH EXTERNAL ICE AND WATER DISPENSER MODEL# GFE26JYMF5</p>	<p>REG \$3499 \$2299</p> <p>FRIGIDAIRE GALLERY</p> <p>FRIGIDAIRE GALLERY COUNTER-DEPTH 4-DOOR FRENCH DOOR REFRIGERATOR WITH CUSTOM FLEX TEMP DRAWER MODEL# GRMC2273BF</p>	<p>\$3299</p> <p>BOSCH</p> <p>BOSCH 500 SERIES FRENCH DOOR REFRIGERATOR WITH THE QUICKICE PRO SYSTEM AND VITA-FRESH PLUS MODEL# B36C250SN5</p>
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<p>REG \$1099 \$899</p> <p>GE APPLIANCES</p> <p>GE 5.3 CU FT ELECTRIC CONVECTION RANGE WITH NO PREHEAT AIR-FRY MODEL# JB735SPSS</p>	<p>FRIGIDAIRE</p> <p>REG \$1049 \$899</p> <p>FRIGIDAIRE SELF CLEANING 5 BURNER GAS RANGE WITH QUICK BOIL BURNER MODEL# FFGF3054TS</p>	<p>MAYTAG</p> <p>REG \$1399 \$999</p> <p>MAYTAG 6.4 CU FT ELECTRIC RANGE WITH TRUE CONVECTION AND POWER PREHEAT MODEL# MER800FZ</p>	<p>GE CAFÉ™</p> <p>REG \$2699 \$1999</p> <p>CAFÉ 5.7 CU FT SMART SLIDE-IN FRONT CONTROL ELECTRIC RADIANT AND CONVECTION RANGE WITH AIR-FRY MODEL# CES700P2MS1</p>	<p>BOSCH</p> <p>\$2549</p> <p>BOSCH 800 SERIES SLIDE-IN 5 BURNER GAS CONVECTION RANGE WITH 9 SPECIALIZED COOKING MODES MODEL# HGI805G0</p>	<p>Thermador</p> <p>\$4949</p> <p>THERMADOR PROFESSIONAL GAS RANGE WITH FOUR STAR BURNERS AND CONVECTION BAKE, ROAST AND BROIL MODEL# PR6304WH</p>
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