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Friday, February 12, 2021

Charlton signs new cable access contract with Spectrum

BY JASON BLEAU VILLAGER CORRESPONDENT

CHARLTON - The town of Charlton has approved a new contract with Spectrum continuing a partnership with the company previously known as Charter Communications for another decade and beyond.

Selectmen took up the matter of the new contract during a meeting on Jan. 26 where they consulted with General Counsel William August and Cable Access Committee member Eric Borgeson who both saw the contract as an improvement on the previous fiveyear deal that expired in 2019. The Cable Access Committee worked through much of 2020 to finalize an agreement.

General Counsel William

August said that he and other working on the contract felt "very good" about the deal calling it "solid" and a "strong package."

"We all felt confident - It ensures the continuity of these local facilities that are, in most towns, growing in importance especially with the pandemic where you want as much connectivity and technology

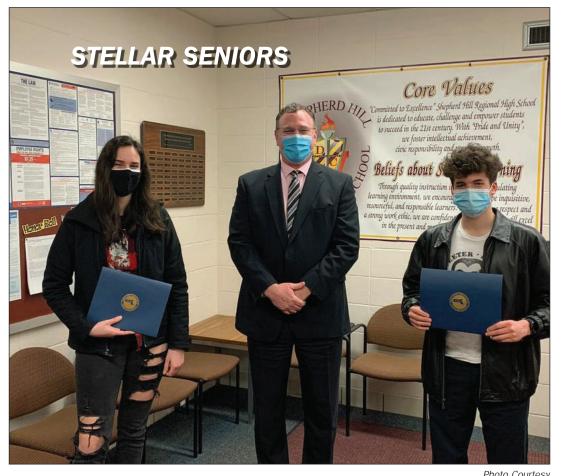
options for connectivity as possible," August told selectmen.

The agreement including annual Public Education Governmental Access Funding to continue three local community television channels. It also includes a one-time equipment of capital grant form community television studios, equipment and facilities of \$90,000 payable in the first year of the

contract. The contract is also double the commitment of the previous deal with ten years guaranteed rather than the five

years of the previous contracts. "That's good for multiple reasons," August said. "I think it's important to mention for the public and for selectmen, this is a non-exclusive license. We often hear questions at

Turn To **SPECTRUM** page **A2**



Shepherd Hill Regional High School seniors Serena Veilleux and Harry Weiland were recognized recently by Superintendent Steven Lamarche with Certificate of Academic Excellence Awards from the Massachusetts Association of School Superintendents. Photo courtesy of the Charlton Happenings Twitter feed.

Shepherd Hill Global Studies trip postponed again

BY JASON BLEAU

DUDLEY/CHARLTON Shepherd Hill Regional High Schools students will have to wait a little longer to explore the world beyond the United States. Due to the ongoing COVID-19 pandemic, the Global Studies trip to Europe

has once again been postponed after being put on hold in early 2020 as the COVID-19 pandemic first began to take its toll on the national stage.

Mary Pierangeli, who is coordinating the trip, said at a January meeting of the Regional School Committee that she believes international and global awareness is

essential to the education of Shepherd Hill students which is why these trips overseas are so important. Sadly, though the pandemic has caused many countries to keep their borders closed and thus made travel either impossible or extremely complicated requiring quarantines and COVID testing both

Turn To TRIP page A8

CMS Chamber welcomes new hoard chair

REGION — The Chamber of Central Mass. South is very pleased to welcome Erika Travinski, CEO at The Center of Hope, as the Chair of the Chamber's Board of Directors.

Travinski will serve a oneyear term which commenced when she presided over the Chamber Board Meeting held on Dec. 10. The Chamber is thrilled to have her experience, dadication and leadershin a the helm of the Chamber's

"Erika has been a fantastic contributor to our Board of Directors," said Alexandra McNitt, Executive Director of the Chamber. "She has a sharp mind, quick wit and a deep appreciation for our community. I am excited to have her support as Chair of our Board during this tumultuous time. Her pragmatic leadership coupled with her sense of compassion is just what we need right

Travinski replaces the Board's Immediate Past Chair Laurie Cashman, of Yellow Iris Farm. to whom the Chamber is most grateful for her service and leadership during a very challenging year.

Erika Travinski is the Chief Operating Officer at the Center of Hope Foundation, where she is part of the executive team that oversees a non-profit agency that serves more than 700 individuals. She has been an advocate for individuals with disabilities for more than 25 years. Her dedication to helping the disability community has improved the lives of



Erika Travinski

countless individuals and their families

Travinski graduated from Northeastern University with a BA in Psychology. She continued her education at Assumption College where she graduated with her masters, Certificate of Advanced Graduate Studies in Rehabilitation Counseling and a Certified Rehabilitation Counselor Certification.

During her career, she has worked with both children and adults ensuring that everyone was given the opportunities to live the most fulfilling life. Erika's compassion and kindness has touched the lives of so many.

Travinski is very involved in advocating legislatively for people with disabilities, is a member of the Board of Governors for the Tri-Community YMCA and is committed to the busi-

Turn To TRAVINSKI page A3

Selectmen set priorities for 2021

BY JASON BLEAU VILLAGER CORRESPONDENT

CHARLTON - Selectmen in Charlton have made their priorities know for the first half of the concluding half of the 2021 fiscal year ending this June.

Administrator Town Andrew Golas had requested that all of the selectmen in town give him a list of priorities through the first half of 2021 to help guide discussions in the ensuing months. On Jan. 29, Golas revealed the results showing that making progress on a new fire station was the most listed priority while the remaining goals provided a variety of focusses across the board.

Selectmen Karen Spiewak, Bill Borowski and Patricia Rydlak all listed the fire station as a priority that needs to be addressed over the next six months. In addition to the fire station, Selectmen Borowski chose to prioritize improving the financial stability and balanced budgeting of the town, continue to address traffic issues and reviewing other infrastructure needs in the town. Selectman Spiewak chose to prioritize performance evaluations for department heads and the town administrator, create better tools for customer service and establish a policy relative to access to legal counsel. Selectman Rydlak also wants to prioritize performance evaluations but also wants to town to put more focus on spotlighting volunteers and related needs as well as communications with the board concerning interdepartmental issues.

While Selectman David Singer didn't have the fire department at the top of his list, he moving to a true Department of Public Works was a priority he would like to see addressed. Among Singer's other priorities were reducing an eliminating certain fees,

Turn To PRIORITIES page A3



Even administrators and faculty at Charlton Middle School joined in the fun during School Spirit Week last week. Photo courtesy of the school's Twitter feed.

Worcester Art Museum's Flora in Winter goes virtual

WORCESTER — Flora in Winter, the Worcester Art Museum's winter floral extravaganza, will be offered to the public virtually this year. One of the region's most anticipated annual events, Flora in Winter displays flower arrangements inspired by art in the Museum's collection and created by top floral designers from throughout central Massachusetts. Due to COVIDrelated capacity restrictions this winter, a limited number of tickets to enjoy Flora in person will be available for Museum members only. However, a virtual guided tour of all 24 interpretive arrangements throughout the Museum will make the stunning beauty of Flora available for all to enjoy in the comfort of their own homes.

Called "Passport to Virtual Flora," the online package will include a tour of all floral arrangements and displays-led by one of Flora's Co-chairs—plus a variety of online programs and demonstrations by floral design and art history experts. "Passport to Virtual Flora' will be available free for Members; \$40 for nonmembers. Museum members will automatically receive a link to the "Passport" package. Nonmembers can purchase a link to "Passport" on the Museum's Web site: worcesterart. org/flora.

This year's Flora in Winter chairpersons are Kathy Michie, Sarah Ribeiro, and Kim Cutler. Their team oversees the event and maintains the flora designs throughout the four days. Flora in Winter is supported in part by the Bernard G. and Louise B. Palitz Fund and the Spear Fund for Public Programs.

'Passport to Virtual Flora"

A virtual Flora in Winter programming package

"Passport to Virtual Flora" brings the beauty and excitement of Flora in Winter to participants anywhere in the world. This virtual programming package—inspired by the Worcester Wedding Kimono, specially commissioned from Chiso, the revered 466-year-old Kyoto-based kimono house and on view at the Museumcan be enjoyed an unlimited number of times after Feb. 25.

Free for Members and \$40 for nonmembers, "Passport to Virtual Flora" provides access to all Flora online programming. Following completion of advance purchase, guests will receive a "Passport to Virtual Flora" link via email on the first day ofFlora in Winter — Feb. 25 at 10 a.m. "Passport to Virtual Flora" is on sale now through Sunday, Feb. 28 at 6 p.m., and can be purchased at worcesterart.

"Passport to Virtual Flora" will include the following pre-recorded programs:

Flora in Winter virtual tour of all 24 floral arrangements and the Japanese table display in McDonough Court, narrated by one of the Flora Co-chairs; plus, a bonus video tour of the professional floral arrangements in the Museum's public spaces, generously donated by local businesses, garden clubs, and schools.

Interpretation of the Worcester Wedding Kimono with Maureen Christmas and Andrea Little

WAM's popular Flora Live event has been pre-recorded onsite for virtual enjoyment. Two experienced floral designers face the challenge of interpreting WAM's newly acquired Worcester Wedding Kimono. Maureen and Andrea will each guide viewers as their designs evolve during the demonstration, sharing their inspiration, plant material choices, and creative process—and showing how one piece of artwork can inspire two quite different arrangements.

Bonsai Demonstration by Michael

Viewers will learn how to cultivate—through special techniques such as pruning, root reduction, potting, defoliation, and grafting—small trees that mimic the shape and style of mature, full-size trees. Michael Levin will lead a guided tour of the Bonsai West nursery, sharing the history of this famous bonsai collection, which includes trees over 100 years old. Viewers watch as an old overgrown juniper is transformed into a refined specimen bonsai. Topics will include styling, transplanting, wiring, seasonal care, and maintenance.

Winter's Chill, Spring's Glow: Ikebana Demonstration by Russell Bowers

Russell Bowers, an Ikebana Master, demonstrates several Japanese floral arrangement styles that emphasize nature's beauty and convey a sensitivity to the season. Viewers will observe techniques developed over hundreds of years, which incorporate aspects of Japanese culture and aesthetics—and learn how to add elements of wabi-sabi, minimalism, and negative space into magnificent floral works of art.

Furoshiki Demonstration by Minal

Minal Akkad gives an introduction to Furoshiki, an ancient Japanese art and modern alternative to gift-wrapping. Viewers will learn how to use fabric to design beautifully wrapped boxes, bottles, and trendy bags.

Double Vision, an illustrated talk by Kim Cutler

A longtime Flora in Winter co-chair and floral designer, Kim Cutler will look back through the 19-year history of Flora and compare floral designs interpreting the same artwork. Emphasizing the creativity of the designers, Kim will explore the similarities and differences in their interpretative approaches.

Spotlight on Interpretive Floral Designing by Sally Jablonski.

Sally Jablonski, owner of Herbert E. Berg Florist, demonstrates how she uses flowers and other plant materials to create a spectacular interpretation of a piece from WAM's collection. Viewers will learn techniques for composing an arrangement using blossoms, leaves, and stems to highlight the elements of the artwork and see the creative process unfold.

"Passport to Virtual Flora" also includes the following Zoom art talk on Friday, Feb. 26 at 10 a.m.:

Flora Paintings Through the Ages, an illustrated talk by Martha Chiarchiaro

Flowers have been an inspiration to artists for centuries. Art historian Martha Chiarchiaro will explore the changes in artistic style from the Dutch floral artists of the 17th century (including several outstanding women artists) to the sunflowers of Vincent van Gogh and the irises of Georgia O'Keeffe. The paintings of contemporary floral artists also will be shown.

In addition, "Worcester in Bloom," a virtual community exhibition of Flora-inspired paintings, drawings, photographs, sculptures, mixed media pieces, and written short stories or poems, is available online from Feb. 1-28. "Worcester in Bloom" can be accessed at worcesterart.org/flora.

High resolution images from last year's Flora in Winter can be found here.

About the Worcester Art Museum The Worcester Art Museum creates transformative programs and exhibitions, drawing on its exceptional collection of art. Dating from 3,000 BC to the present, these works provide the foundation for a focus on audience engagement, connecting visitors of all ages and abilities with inspiring art and demonstrating its enduring relevance to daily life. Creative initiatives— including pioneering collaborative programs with local schools, fresh approaches to exhibition design and in-gallery teaching, and a long history of studio class instruction—offer opportunities for diverse audiences to experience art and learn both from and with artists. For more information about the Worcester Art Museum, visit worcesterart.org.

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SPECTRUM

continued from page A1

public hearings 'why is there only one cable company' and 'the town must've given them some kind of exclusive deal.' No, we negotiated a very clearcut non-exclusivity which Spectrum is always willing to do when requested and inserted by the town - Should competition arise and show interest you have a non-exclusive license. The door is open. Not that everyone is applying for competitive licenses right now, but the pendulum swings back and forth

Eric Borgeson of the Cable Access Committee also spoke highly of the deal encouraging selectmen to support the

"This is a ten-year contract, and this is with a company that is changing rapidly," Borgeson said. "Who really has cable service anymore? Well, everybody really does, but it's not your traditional TV service. It's really about the Internet. It's about the Zoom calls. It's about doing what we're doing today and that's what the committee really strove to protect and make sure that as the industry changes that we are protected."

Borgeson called the deal a "good solid foundation" that puts the town in "a great position now and down the road for broadcasting on cable."

Selectmen unanimously approved the new contract securing a cable access strategy for the next decade.



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CHURCH LISTINGS

· Charlton Federated Church, 64 Main St., 248-5550, Sunday worship 10:30 a.m.

www.fedchurchcharlton.org

• Charlton Baptist Church, 50 Hammond Hill Road, 248-4488, www.charltonbaptist.org, Sunday worship 10 a.m.

• Charlton City United Methodist, 74 Stafford St. 248-7379, web site: CharltonCityUMC.org

Sunday worship and Children's church 10am • St. Joseph's Church, 10 H. Putnam Ext, 248-7862, www.stjosephscharlton.com, Saturday Vigil Mass 4:30 p.m., Sunday Mass 8 a.m., Sunday Family Mass 10 a.m., Sunday LifeTEEN Mass 5 p.m., Weekday Mass Monday, Tuesday, Thursday, Friday 8:30 a.m.

 Hope Christian Fellowship, 6 Haggerty Road, 248-5144

· Assemblies of God Southern New England District Headquarters, Route 20, 248-3771, snedag.org, Office hours Monday-Friday 8:30 a.m. to 4:30 p.m.

• Living Word Church of Charlton, 10 Main Street - Grange building 1st Floor, Charlton, Ma 01507, Pastor Craig Bellisario, (508) 233-8349 Sunday Service 10:00am.

www.livingwordhcarlton.com info@livingwordcharlton.com

• New Life Fellowship A/G, SNED Chapel, 307 Sturbridge Road, Rt. 20, Charlton, MA, Sunday Worship 10:00 a.m.

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Alumna speaks at Worcester State's Girls & Women in Sports event

 ${\tt WORCESTER-The\ Worcester\ State}$ University Athletics Department celebrated National Girls & Women in Sports Day on Wednesday afternoon with a virtual event featuring Lancer softball alumnae Marissa Avanzato '16.

Celebrated annually, National Girls & Women in Sports Day, powered by the Women's Sports Foundation, "inspires girls and women to play and be active, (and) to realize their full power," says the Women's Sports Foundation on their website. "NGWSD honors the achievements of female athletes, coaches and leaders and continues to Lead Her Forward by acknowledging the power of sports to unlock her limitless potential."

Avanzato was a three-year member of the Lancer softball team, where she helped lead Worcester State to the 2016 MASCAC Championship and was a three-time Spring All-Academic team selection, while also a three-year member of the Student-Athlete Advisory Committee (SAAC). She was the President of Lambda Pi Eta, Worcester State's Communication Honor Society, as well as a member of the Chi Alpha Sigma Athletic Honor Society.

After graduation, Avanzato began her career in athletic communications at Villanova University, serving as an intern. After one year, she began a graduate assistant position at Eastern Tennessee State University, and in 2019, began her current role serving as Assistant Director of Athletic Communications at Texas A&M

Her career in collegiate athletics started almost as soon as she stepped foot on Worcester State's campus as a freshman in the fall of 2012. She was granted federal work-study, and began working for Worcester State baseball coach and work-study manager Dirk Baker. "That was my first real start in anything in collegiate athletics," she

Being around the baseball team, Avanzato believed she would follow in her brother's footsteps, as he works for the New York Yankees, before her senior year when she realized she could make a career in college athletics. "I started shadowing (then sports information director) Nikki Narducci a ton, which gave me a lot of experience. I learned (the statistics programs), writing, and a handful of other things that I never even knew about."

Avanzato admitted that she still didn't have an abundance of experience after graduation, but that persistence was what got her into the athletic communications field. "I still have this on my Mac, I applied to 32 different internships, graduate assistant positions, and marketing, social media, and sports information positions," she said to the student-athletes. "Villanova ended up being the one that gave me my first shot, and I learned a ton in that first year."

What Avanzato ultimately took from the experience of applying for 32 jobs, and what she preached to the Worcester State student-athlete was to "never give up, and just keep shooting."

As primary media contact for the Aggie women's volleyball and softball programs, Avanzato regularly travels around the country with the teams. Spending time with these college athletes has made her realize that the relationships she gained after walking onto the Worcester State softball team her sophomore year are her fondest memories of her four years on Chandler Street. "Even in quarantine, a few of us got on a Zoom together," she said. "I haven't seen these people since six years ago, and it was amazing to see where we all were.

"The relationships that we built, the opportunity to play the game we love, and being able to say I was a college athlete have all become part of my career. Being an sports information director is about the closest thing to not being an athlete anymore. That's the reason I love being an SID so much - the relationships I get to build with my players, and watching them succeed and grow as players."

"I would like to send a huge thank you to Marissa for coming on and speaking with our student-athletes," said Worcester State Director of Athletics Michael Mudd. "I think our women student-athletes here at Worcester State are rockstars. They have continued to succeed not only in competition, but in the classroom, in the community, and even some on the frontlines of the



The Charlton Villager is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur.

Confirmed fact errors will be corrected at the top right hand corner of page 3 in a timely

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TRAVINSKI

continued from page A1

ness community with her work with the Chamber of Central Mass South.

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Endicott College announces local Dean's List students

BEVERLY — Endicott College, the first college in the U.S. to require internships of its students, is pleased to announce its Fall 2020 Dean's List students. In order to qualify for the Dean's List, a student must obtain a minimum grade point average of 3.5, receive no letter grade below "C," have no withdrawal grades, and be enrolled in a minimum of 12 credits for the semester.

The following students have met these requirements:

Charlton

Hailey Demers, Biology/ Biotechnology, Jill Steve and Demers

Sarah Horgan, Interior Design, Elizabeth Horgan and Timothy Horgan Emma Hurley, Libl Studies/Education, Lisa Hurley and Gregory Hurley Payton Krukonis, Nursing, Donna Krukonis and Stephen Krukonis

Brynne Mandeville, Hospitality Management, Tina Mandeville and Paul Mandeville

Douglas

Lauren Bek, Hospitality Management, Mary Anne Bek and Stephen Bek Leah Haire, Liberal Studies, Christine Haire and Colin Haire

Maddison Murray, Libl Studies/ Education, Diane Beals and Timothy Murray

Grafton

Stephanie Butler, English, Pamela Butler and Gary Butler Abigail Seely, Art Therapy, Sarah Kasanovich and Darren Seely

Milford

Millbury

Hannah Currie, Hospitality Management, Ann Currie and Lloyd

Kaylee Hospitality Harmon, Zinck-Management, Doreen Thomas Harmon and Harmon Megan Larouco, Nursing, Cheryl Larouco Larouco and John Mathieu, Isabelle Interior Architecture, Michelle Simpson Mikayla Michelson, Digital Media, Karen Michelson and Gary Michelson Jillian Paccico, Nursing, Nara

Paccico and Lawrence Paccico Maggie Rothberg, Hospitality Management, Lvnn Rothberg

Megan Dunne, Art Therapy, Pamela Dunne and John Dunne Megan Lawson, Nursing,

Kelly Lawson and Paul Lawson Victoria McGovern, Engineering, Carolyn Leary and Robert McGovern Jacquelyn Pariseau, Biotechnology Finance, Gina Biotechnology , Finance, Gina Pariseau and Craig Pariseau

Kasey Teixeira, Nursing, Teixeira and Joseph Teixeira

Northbridge Maeve Buckley, Libl Studies/Education, Gail Mark Buckley Buckley and

Oxford Victoria Sheehan, Nursing, Donna Sheehan and Brian Sheehan

Sturbridge Melissa Izzio, Interior Architecture, Tricia Izzio and Brian Izzio

Isabella Fitman, Interior Design, Julie Fitman and Thomas Fitman Claudia Houde, Marketing,

Melissa Houde and William Houde Maselek, Finance, Nicholas Andrea Maselek and Scott Maselek Upton

Maria Buono, Mrktng Comm/Advertising, Diana and Joseph Buono Mackenzie Morgan, Finance,

Gail Morgan and Daniel Morgan Kaitlyn Schimp, Nursing, Shannon Schimp and Christoper Schimp Uxbridge Kiara Griffith, Nursing, Kimberly

Griffith Mark Griffith and Erin Jones, Psychology, Carla Jones and Michael Jones Nursing, Payton Nestor, Lisa Nestor and Scott Nestor Webster

Cassidy Thorpe, Nursing, Jennifer Thorpe and Jeffrey Thorpe

Whitinsville

Nicole Cella, Interior Design, Diane Cella and Christopher Cella

About Endicott College

Endicott College offers doctorate, master's, bachelor's, and associate degree programs at its campus on the scenic coast of Beverly, Mass., with additional sites in Boston, online, and at U.S. and international locations. Endicott remains true to its founding principle of integrating professional and liberal arts education with internship opportunities across disciplines. For more, visit endicott.edu.

Open Sky's Bridge Training Institute launches virtual series on mental health in schools

Sky Services announced the launch of its "Mental Health in School" series scheduled to begin virtually on Feb. 5, 2021 through the Bridge Training Institute. The Bridge Training Institute, headed by Suzy Langevin LICSW, LADC I, offers continuing education workshops and personalized consultation services that focus on evidence-based and best practice treatment models.

"Supporting students" mental health has taken on a whole new level of importance in light of the COVID-19 pandemic," said Langevin, Director of Training & Professional Development at Open Sky Community Services. "The Bridge Training Institute is grateful to have the opportunity to help support schools through these challenges, and in turn support their students through this crisis and the next steps."

The Mental Health in Schools series provides a multi-faceted look at supporting social emotional learning and

making progress on aggressive water

projects and putting a sex offender

bylaw, which Singer has been working

on alongside Selectmen Borowski, on a

2021 town meeting warrant. Selectman

Stephen Koronis was not able to submit

his priorities prior to the meeting but

did say that many of his concerns were

"pretty much covered" in the priorities

Golas said he plans to work with selectmen both one-on-one and as a

group to determine how to best

approach some of these goals before the

set by his fellow selectmen.

end of the fiscal year.

overall student mental health, from district-and-school-wide interventions to individual neurobiological development. Led by leading local experts in the field, Fran Kuehn, LICSW, and Dr. Sharon Saline, PsyD, these workshops will help all school personnel feel better equipped to impact their students' social emotional learning.

"There is no learning without relationships," says Fran Kuehn, LICSW. "The schools that will be the most successful in bringing kids back into the classroom after remote learning will be the ones who are focused on those relationships."

For more information about Open Sky Community Services, please contact Lorie Martiska, lorie.martiska@ openskycs.org

For more information about the Bridge Training Institute and its 2020-2021 training calendar, please visit the website www.thebridgetraininginstitute.org or contact traininginstitute@ openskycs.org

About Open Sky Community Services Open Sky Community Services is dba for Alternatives Unlimited, Inc. and The Bridge of Central MA. Open Sky offers a wide range of services for adults, adolescents, and children with mental health challenges, developmental and intellectual disabilities, substance use disorders, brain injury, homelessness and other challenges throughout Central Massachusetts. Open Sky Community Services has over 1,300 dedicated employees and an annual budget of \$83M with more than 100 programs throughout the region. For more information, please visit www.openskycs.org.

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Country Bank supports community with more than \$1.3 million in donations

full-service financial institution serving central and western Massachusetts, proudly reported donations and sponsorships for 2020, totaling \$1.3 million. Through the bank's philanthropic efforts, it provides support to local non-profits throughout the communities it serves; in 2020, more than 400 of these organizations received generous donations.

The pandemic has left businesses and individuals facing continued looming uncertainties. Many non-profits struggled from the economic fallout, and they looked to community partners like Country Bank for assistance. Country Bank donated more than \$500,000 to area hospitals and first responder housing efforts to provide the financial and tangible emergency resources needed to support their mission during the pandemic.

"On behalf of the Southbridge Hotel,

we are enormously grateful to the people at Country Bank for their support in assisting with the critical housing needs of the public safety persons and hospital staff in Southbridge. The leadership demonstrated by their President and CEO, Paul Scully, is remarkable. As one of our most important lenders, Country Bank has once again demonstrated a strong civic commitment and a true partnership with the business community, a partnership that goes above and beyond expectations," stated Chip Norton, Manager, of Franklin Realty Advisors LLC, and part owner of the Southbridge Hotel and Conference

Other organizations receiving support included the Boys and Girls Club of Worcester, the Greater Worcester Community Foundation, Why Me and Sherry's House, Provision Ministry, and the Worcester Youth Center.

Recognizing the importance and

overwhelming need to help organizations that address hunger, Country Bank provided monetary donations to food programs throughout the region that exceeded \$100,000. The recipients of these funds included The Mustard Seed, St. John's Food Program, the Worcester County Food Bank, and many local food pantries.

"As a community partner, we care deeply about the sustainability of our communities. As such, and in recognizing the burdens that our communities have experienced throughout this year, we were honored to offer support during what has been the most stressful time in our history. Supporting and enriching our communities is not only a part of our mission; it's simply who we are as an organization," stated Paul Scully, President and CEO of Country

2021 will continue to provide challenges to the non-profit sector, and they will once again rely heavily on their community bank partners to help them with their mission to help those they serve. Community banks are a critical resource and will be called upon to continue with much needed additional assistance in 2021.

To learn more about Country Bank's charitable giving program, visit www. countrybank.com/about-us.

About Country Country Bank is a full-service mutual community bank serving central and western Massachusetts with 14 offices in Ware, Palmer, West Brookfield, Brimfield, Belchertown, Wilbraham, Ludlow, Leicester, Paxton, Charlton, and Worcester. Country Bank is a member of FDIC, DIF, and the SUM network. Country Bank can be reached at 800-322-8233 or online at countrybank.com.

QCC awarded Donnelly Workforce Success grant

- Quinsigamond Community College was one of only two community colleges awarded a 2020/2021 Kenneth J. Donnelly Workforce Success Grant for Expanded Training Capacity & Employment Program Performance.

OCCwas awarded a \$197,183 Grant that will provide funding for unemployed residents to take part in the

College's Administrative Medical Professional Program. Donnelly Workforce Success Grants serve people across Massachusetts whose life experiences and circumstances make it difficult for them to succeed in employment without targeted support. QCC's Workforce Development and Continuing Education (CWDCE) will provide training and placement services for 40 eligible, unemployed residents in the Central MA region.

Eligible students who take part in the program can realize a career as a Medical Administrative Assistant in a variety of healthcare settings such as hospitals and health systems, physicians' offices, clinics, long-term care facilities, surgery centers, ambulatory surgery centers, rehabilitation centers, and other types of healthcare settings. Students in the program will learn the roles and responsibilities of a healthcare team, interpersonal communication, medical records management, compliance with HIPAA, and diagnostic and procedural coding. Students will also learn how to handle medical emergencies to prepare for, and appropriately respond to various life-threatening emergencies in the medical office setting. The U.S. Bureau of Labor Statistics projects that from 2019 to 2029, Medical Administrative Assistants will more than quadruple the job growth rate of all other occupations. "We are presently recruit-

ing for two classes that will begin in the Spring/Summer," said Kathie Manning, dean of the CWDCE. "This program includes all materials, as well as the certification test.'

Students enrolled in the program are expected to work a minimum of 30 hours per week (remote or in-person) once they have completed the course and obtained certification. Students who complete the program and are employed for 60 days at 30-hours-a-week are eligible to receive a \$500 stipend.

"To maintain a competitive and sustainable economy, Massachusetts must continue to invest in a skilled and well-trained workforce," said Governor Charlie Baker. "These grants will give workers and companies the opportunity to gain access to occupations critical to the future economic success of the Commonwealth."

To learn more about the program, email cce@qcc.mass. edu or call 508-751-7900.

For more information about QCC, contact Josh Martin, Director of Institutional Communications at 508-854-7513 or jmartin@qcc.mass.edu.

www.StonebridgePress.com

"Every Town Deserves a Good Loca

CLUES ACROSS

- Composed
- Lesotho currency 9. Ethnic group associated
- with Hungarians
- 11. Gains knowledge of
- 13. Gradual destruction
- 15. Purchase
- 16. Pharaoh of lower Egypt 17. Where you're going
- 19. The 6th letter of the Greek
- alphabet 21. Fishing net 22. Midway between south and
- southeast
- 23. A way to sort 25. C C C
- 26. Popular sports podcast (abbr.) 58. __ Redgrave, actress
- 27. Discount
- 29. Consumes tobacco

- A way to run
- 33. Popular musical awards show
- 34. Pertains to the male sexual organ
- 36. Supplements with difficulty
- 38. Green veggie 39. Deep-bodied freshwater fish
- 41. Holy fire 43. Usually has a lid
- 44. Being of use or service
- 46. Have a yen for
- 48. Unknowingness 52. Dry white wine drink
- 53. Unwinds
- 54. Traveling by sea
- 56. Outdoor entertaining areas 57. Stringed instruments
- 59. Moves earth

CLUES DOWN

- 1. Progressive decay of a bone or tooth
- 2. Burrowing rodents 3. French/Belgian river
- 4. A professional cleaner
- 5. A Russian river 6. Kiln
- 7. True statements
- 8. Most private French city
- 10. Masses of fish eggs
- 11. Apart from others 12. Monetary unit of Samoa
- Nanosecond 15. Film
- 18. Men's fashion accessories 20. Flowering shrub
- 24. North Carolina university 26. Former monetary unit of Spain
- 28. Foodies
- 30. New Zealand parrot 32. Makes very happy
- 34. A payment required for not
- fulfilling a contract
- 35. Emerald Isle
- 37. The act of terminating someone's 38. Gland in some mammals
- 40. Commoner
- 42. Large animals 43. Belch
- 45. Employee stock ownership plan 47. Work units
- 49. Wagon 50. Nerve fiber
- 51. Proclaimed
- 55. Japanese delicacy

SOLUTION S 3 Ν 3 A Э 0

* * Friday's Child * * *



Kye Age 11

Hi! My name is Kye and I love to be outdoors!

Kye is a young boy of African-American and Caucasian descent who is looking for a family with room in their hearts and home to provide him with a forever family. He enjoys legos, sports, and video games. Kye does well when he has a chance to be outside; he loves to run and play. He also likes fishing and camping. Kye does well in school when properly motivated and enjoys interacting with other children, especially those that are older than

Legally freed for adoption, a family of any constellation will be considered for Kve. as long as they are willing to maintain his relationship with his sister. Kye does well in a home setting and benefits from structure and routine. Other siblings in the home

are okay, but it would be best if Kye could be the youngest. An active family is highly recommended, as Kye has a great personality with lots of energy.

Who Can Adopt?

Can you provide the guidance, love and stability that a child needs? If you're at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LGBTQ singles and couples.

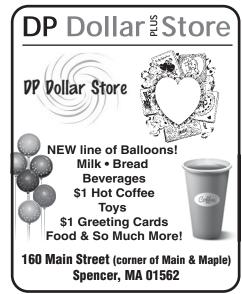
The process to adopt a child from foster care requires training, interviews, and home visits to determine if adoption is right for you, and if so, to help connect you with a child or sibling group that your family will be a good

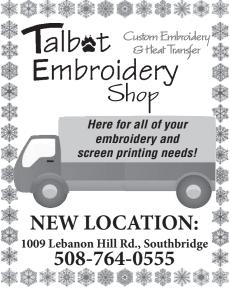
To learn more about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at 617-964-6273 or visit www.mareinc.org. The sooner you call, the sooner a waiting child will have a permanent place to call home.

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Frank G. Chilinski

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Brendan Berube

EDITOR

Why we listen to the groundhog

Tuesday, Feb. 2 was Groundhog Day. and it was reported that Punxsutawney Phil came out of his burrow at Gobbler's Knob, where he saw his own shadow. This means that we will have six more weeks of winter. We'll take it!

This North American tradition is derived from the Pennsylvania Dutch superstition that if the groundhog sees it's shadow due to clear weather, it will go back to its den and winter will last just a few weeks longer. If the animal does not see it's shadow due to the clouds, spring will come early.

This lore originated from German speaking areas where the groundhog is considered the most accurate forecasting animal. Each year, a Groundhog Day ceremony is held in Punxsutawney, Pa., and is always well attended.

The Pennsylvania Dutch, immigrated from German speaking parts of Europe. Groundhog in German is 'grun'daks." In Europe, the Germans had an existing tradition of marking Candlemas as 'Badger Day,' where if a badger appeared on a sunny day, casting a shadow, winter would be extended. In some areas a bear or a fox took on the forecasting responsibility.

In Irish folklore, St. Brighid's Day, Feb. 1, is the first day of spring, which begins the farmer's year. Seeing a hedgehog was a sign of good weather.

The earliest mention of Groundhog Day appeared in 1840, in the diary of James L. Morris of Morgantown, Pa., who was talking about his German neighbors. In 1886, the observance of Groundhog Day was mentioned in the Punxsutawney Spirit newspaper. It noted, "Up to the time of going to press, the beast has not seen its shadow. One year later, a group of townspeople went to Gobbler's Knob in search of the groundhog and so began the tradition. Pre-COVID, gatherings to celebrate in Punxsutawney grew as large as 40,000.

Clymer Freas, who was born in 1867 and passed away in 1942, is said to be the one who created the idea of Groundhog Day. Freas was the Editor of the Punxsutawney Spirit. In 1899, a Groundhog Club was formed in town including a hunt and a feast. It is said that groundhog tastes like a cross between chicken and pork. We'll pass on finding out.

In 1993, Bill Murray and Andie MacDowell starred in the comedy "Groundhog Day," which is now considered a cult classic. We must admit to enjoying Mr. Murray more in "What About Bob?" but that's an editorial for another time. Baby steps.

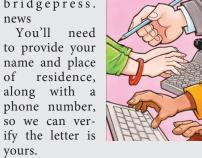
LETTERS

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e-mail your letters to the editor at news@stone bridgepress.

news You'll need to provide your name and place of residence, along with a phone number, so we can verify the letter is



We don't have a set limit, but if you keep it around 600 words or so, you're going to have a better chance at seeing all your words in print.

If you want to write a bit longer about a particular issue, maybe a guest Your Turn column is your cup of tea. If you do that, try to keep it between 700-800 words.

Remember, libelous remarks and/ or personal attacks are a no-no and could lead to your letter not being published.

So, what are you waiting for? Start

writing!

VIEWS AND COMMENTARY FROM CHARLTON, CHARLTON CITY, CHARLTON DEPOT AND BEYOND

Valentine's Day Facts & Trivia

Wallethub reports 73% of Americans feel it's more important than ever to celebrate Valentine's Day this year given this state of the pandemic. While some festivities may have to be curtailed due to COVID restrictions, statistics show the basic

sentiments of the romantic holiday will thrive this February 14th.

With this spirit in mind, this week's column will highlight Valentine's Day trivia and fun facts.

Flower Power: Valentine's Day is one of the biggest flower buying holidays of the year. The red rose, representing love, remains the most popular flower purchased in the U.S. In fact, approximately 250 million roses, most of which are red, are produced for Valentines

While most people know a red rose means "love," did you know the number of roses you give or receive also has significance? Interpreting a message from the number of roses sent and received is an old fashioned tradition that is making a comeback. Here is the rundown according to Teleflora:

One rose: Love at first sight, or years later "you are still the one."

Two roses: Mutual love and affection. Three roses: The traditional threemonth anniversary gift also simply means "I love you."

Six roses: Infatuation, or "I want to be yours.'

Nine roses: Eternal love or "I want to be with you forever."

10 roses: A perfect 10 means "You are perfection.

12 roses: A dozen means "be mine forever." 24 roses: If one dozen says "be mine,"

two dozen says "I'm yours." whether you want it or not. 25 roses: This means "congratula-

36 roses: Three dozen says "I'm head over heels in love" or "I will remember our romantic moments.

40 roses: Forty roses says what 10, 20, or 30 can't: "My love for you is genuine."

Valentine History: According to the Greeting Card Association, 145 Valentine's Day cards are exchanged each year! Did you know the nearby city of Worcester boasts a historical link that cements its place in the early history of Valentine's Day cards? The Central Mass city was hailed as the "Valentine Capitol of the World" well into the 20th century, thanks to an innovative Worcester woman who is credited with turning the lace valentine into a major industry.

The first American made valentines were sold for Valentine's Day, 1849, designed and made by Esther Howland, the daughter of a Worcester stationer. So impressed was Esther when she received a fancy English valentine shortly after graduating from Mount

TAKE THE HINT

KAREN **TRAINOR**

lacy cards. Miss Howland began by hiring her friends to assemble the valentines, working from

Holyoke College in 1847,

that she returned to her

Worcester home inspired

to recreate the embossed,

the Howland home on Summer Street. ornate cards often included gilded lace and colorful European decals.

Esther's valentines were a huge success and within a few years, she built her cottage business into a \$100,000 a year enterprise. In 1879 she partnered with Edward Taft of North Grafton to establish the New England Valentine Company (NEVCO).

The remarkable achievements of Esther Howland did not go unnoticed, earning the 19th century entrepreneur the title of «The Mother of the American Valentine," and ensuring her place in both local and national history.

Today, collectors covet original Esther Howland valentines, which are identified by embossed paper lace, floral motifs, and bright paper backgrounds. Howland cards often bear a red H on the back. "NEV CO" is embossed on later cards.

V-Day Fun Facts:

*Cupid, another symbol of Valentines Day, became associated with it because he was the son of Venus, the Roman god

of love and beauty.

*The expression "wearing your heart on your sleeve" has origins in Victorian Valentine's Day tradition. Girls would write their names on paper, which would be drawn by young man. Once drawn, the man would "wear" the girl's name on his sleeve to claim her as his valentine

To wear your heart on your sleeve now means that it is easy for other people to know how you are feeling.

* For centuries it has been claimed that certain scents have aphrodisiac qualities, with no reliable evidence to back up the claims However, in 1998, neurologist and psychiatrist Dr. Alan Hirsch published some intriguing findings, which people are still buzzing about today.

His research revealed women are attracted to the smell of black licorice. citrus, and banana nut bread. The study found men felt romantic when they smelled baked cinnamon buns, pumpkin pie, and lavender. Surprisingly, cinnamon rolls were found to prompt favorable romantic reactions from both men and women.

*The Chocolate Connection: Hirsch also noted the euphoria of falling in love and chocolate may be connected because phenyl ethylamine is elevated during the early stages of infatuation and attraction. Since chocolate contains this chemical, both chocolate and falling in love will produce similar changes in brain chemistry, he noted.

Turn To TRAINOR page A7

Lent

BEYOND THE PEWS

REV. JOHN H.D. LUCY CHARLTON CITY **UMC**

We have entered the season of Lent and are fast approaching Easter. So I want to dispel a common misperception: that Lent is a season of sacrifice.

Actually, Lent is a season of preparation. It is the first liturgical season adopted by the Church, even before Advent, and it was intended to prepare new converts to be baptized on Easter. Originally, Easter was the only day converts would be baptized. Over time, of course, we began baptizing people throughout the year but the purpose of Lent has remained the same: to prepare to live a new life with Jesus post-resurrection.

We prepare to live a new life with Jesus, a life of discipleship, in two ways. The first is by removing what is not of God from our lives. That means confessing and being cleansed by God's grace of sins, regrets, and guilts so that we can rise and sin no more. It also means cutting out bad habits. Thus, we do often sacrifice in Lent by fasting from certain bad habits. Because those sacrifices are meant to prepare us for a new life with Jesus, though, they are meant to be sacrifices that continue well beyond Lent. We are not meant to remove bad habits from our lives for only forty days. Fasting is also intended to remind us of our dependence upon God's mercy and goodness. Hopefully we'd want to be reminded of God's mercy and goodness all year long.

The second way we prepare for a new life is by adding good habits, particularly what we call spiritual disciplines or what Methodists call means of grace. A few years ago, for instance, I decided that my repertoire of church hymns was slacking, so I spent some time every day during Lent singing a hymn. It's not a normal practice of mine but I wanted singing holy songs to become part of my daily living. And, more or less, it has.

Either way, whether we subtract or add to our habits during Lent, the practice we adopt is supposed to be meaningful-meaningful enough that we want to carry it on the rest of our lives so that we can live anew with Jesus.

Since we have made so many sacribeen unintentionally subtracted from our lives, I'd encourage that, whether we are Christian or not, we reflect deeply on adding something good to our lives this Lent and beyond. Psychologists say that it takes about six weeks of daily practice to add or subtract a habit from our lives. Well, that's how long Lent is, with a week to spare. When Easter comes, we will be closer to warmer weather, the number of us vaccinated will have risen, and we'll feel like we can start dreaming of normalcy again. Who do you want to be when normalcy returns? May Lent be your first steps in preparing to be that person through God's grace or, if you choose, your own

The guiding power of influence

I've spent my week reading and pondering the guiding and power of influence. The influence others have on us as well as the influence we have on others. Influence is power and it is a double-edged sword. There's of course positive

as well as negative influences, and we must choose who we associate with

The late Motivational/Inspirational Speaker, Jim Rohn, said, "You are the average of the five people you spend the most time with."

This is going to be a working column, as I am going to ask you to do more than just read. I'd like you to participate. Ask yourself, "Who are the five people you spend the most time with now," and 'who were the five people you spent the most time with during your formative vears as a child?

This exercise will help you understand the influence people had on you and are having now. When you were young, if the kids you hung around with smoked, you are/were probably a smoker. If they were shoplifting, you probably joined in. And if they were good students who took their education seriously, you were probably a good student.

Our greatest childhood influencers were usually your caregivers ... your parents and guardians. My sisters and



Positively SPEAKING

GARY W. MOORE

I laugh and often talk about how we are still influenced today by our parents. It's unavoidable. As Rohn said, we are the average of the five people we spend or spend the most time with. My mother certainly

understood the power of influence, as I can hear her saying, "Don't hang around that kid. He'll only lead you into trouble." She understood, not from education but from experi-

Like I said, I spent the week focused on influence. I made an honest and sobering list of what and who has influenced my life. My second request is that you do the same, but let's begin with a reflection of now. Who do you hang around with? Who are the five people you spend the most time with?

Once you have the list, take each name, and make notes. Do I want to imitate them? Is their quality of life what I want for mine? What are they doing to me? How are they influencing me? Has my time with them changed me? And is that okay?

If you will take a hard, honest, and serious look into your associations, you will be surprised. Positive influences and examples will have a profound influence on your life. So will negative influences. Both will take you somewhere ... but ask yourself, "is it someplace you really want to go?" It's easy to dismiss the influence of others but its not honest. Make a list and examine each name.

Everything matters. Every word spoken. Every action taken leads us somewhere and impacts our lives. Ignorance is never your best policy. Understanding who and how you are being influenced is.

What am I becoming? I don't care how old you are, we are all on a journey somewhere. Is your journey taking you where you want to go? Ask yourself, 'Who has power over you? Who is influencing my journey?"

Now, take positive and decisive

If you have participated so far in this exercise, you should have a clearer idea of who and how you are influenced. Now let's talk about the three steps you can take to improve your life.

Disassociation (hard choice) Get the losers out of your life.

Limited association - people you enjoy but add no real value to your life. Increased association. Associate on

purpose with people of positive sub-These actions should be clear, so I won't spend too much time on them.

Dump the people who are negatively

influencing you. Limit the time you

spend with casual friends who add nothing to your life and seek out people whose influence will improve your life

Turn To MOORE page A7



THE GREAT **OUTDOORS** RALPH **TRUE**

This past weekend provided a couple of days for anglers to enjoy some great ice fishing locally. Although the ice was not the best to fish on, anglers attended many ice fishing derbies that were held in the area. The 200 sportsmen's club in Webster had over 75 anglers fishing the club's derby. Pond Chairman Rob Sullivan did a great job signing up the fishermen and recording the catch of bass, perch, & pickerel. A report of a couple of Eagles flying over the pond prior to my arrival was interesting. The Eagles in the Valley area are the direct results of sportsmen's monies being used for this great restoration project. This week's picture shows Sullivan, Joe Foisy, and Brian Lightbound. Foisy had caught a big 17-and-a-half-inch largemouth bass, and released it. Captain Mel True and his buddy Brett, also had a great day fishing. landing numerous brook trout and yellow perch, as did many other contestants.

After leaving the 200 sportsmen's derby, I visited a few other ponds in the area that all had fishermen on them. Some ponds had good ice, while others were marginal for safety. The following day anglers were out in force again, enjoying a few hours of fishing before the big football game that evening. Some areas had slow fishing, while others had a great day with anglers chas-

Derbies offer fantastic fishing



Left to right: Rob Sullivan, Lary Lyons and Brian Lightbound at the 200 Sportsmen's club this past Saturday.

It looks as though striper fishing this year will have the same regulations again, with the only change requiring commercial rod and reel anglers to use circle hooks. The slot limit for stripers will again be implemented for recreational anglers as of last word. Massachusetts anglers will again enjoy an early season for seabass, with a limit of five fish daily. Rhode Island anglers are hoping for an early season on seabass, and are also hoping for a reduction in length for summer flounder to 17 inches for recreational anglers. Wishful thinking!

The late Canada Goose season will end on Feb. 15 in the Central District, but it was not before Cole Bromly and

his buddies harvested their limit of 5 birds, as this week's picture shows. They brought along their good friend Cody, who is a paraplegic, but that did not stop him from enjoying the hunt. It takes good friends to bring along handicapped sportsmen on their hunting and fishing trips, many of whom are war veterans.

With the absence of sportsmen's shows this year because of the pandemic, many sportsmen are visiting their local bait and tackle shops in the valley, for their fishing gear, or shopping online. It is a shot in the arm for the small tackle shops that have survived, but at one time there were two or three in every town in the valley. Harding's Boat livery on the



This week's picture shows Cole Bromley with a few of his friends that limited out on nuisance Canada geese last week. They brought along their friend Cody, who is a paraplegic friend of the group.

Meadow Pond in Whitinsville had supplied live bait and boat rentals for many years. Francis Joslin had a tackle shop in the basement of Bakers Dept store in the town of Whitinsville, and Police Chief Vic Nelson of Douglas, also ran a small tackle shop on Main Street in that town back in the day, to mention a few.

There was also a Bait & Tackle shop in Douglas in back of the Goodness store not that long ago by the Manning family, and even this writer sold live bait from my home for a number of years. My brother and I also sold live bait at our home on Main street in Whitinsville to local anglers. We erected a huge sign on the lawn advertising crawlers and garden worms for sale when my mother was at work. It had a huge nightcrawler standing six feet

high, painted with a face smiling. which we thought was great, until my mother came home and had us remove the sign immediately. We were not happy! I sure wish I had a picture of it.

There were a few shiner fishermen using nets to catch bait to sell to local bait shops. Huge seins were used by a couple of men in areas like the Mumford River, which yielded thousands of red fin shiners per day. Numerous large snapper turtles were often caught in the nets and were given to George Bramen (a member of the Whitinsville Rod & Gun Club) which he used to make turtle soup. It was delicious! Ah, the Good Old Days!

Take A Kid Fishing & Keep Them Rods Bending.



ANTIQUES, COLLECTIBLES

& ESTATES

of antique news since my last antique and collectibles news column. Three important antique finds have been reported within the past month, beginning with some coins that were literally uncov-WAYNE TUISKULA ered in Poland. The Archaeological

There has been a lot

Institute of America reports that medieval coins were recently found in a Polish cornfield. Archaeologist Adam Kędzierski was researching the 1935 discovery of a hoard of coins when a local priest informed him that it was rumored that there were additional coins still buried in the field. Kędzierski found a "900-year-old hoard, stored in linen pouches placed in a pot, includes Czech, Danish, Hungarian, and German coins; lumps of silver; fragments of lead; and four gold rings." The more than 6,000 pieces were believed to have been the dowry of Maria who was a sister of Princess Zbysława of Russia. Maria was also believed to be the "daughter of Svyatovslavovich Isiaslovovich, Prince of Kiev" according to the Archaeological Institute of America. It is believed they were buried "during a time of turmoil

Antique finds in 1146." Further investigation of the

area is being planned. The Smithsonian Magazine reports that a Geneva, N.Y. man (David Whitcomb) found a treasure trove of photographs in the attic of a building that he recently purchased to open his law practice. The two previous building owners were unaware of the attic's existence because a drop ceiling had been added to the top floor decades ago that hid the view of the attic. Along with the photographs, Whitcomb found frames, old cameras, and backdrops. The Smithsonian reported that "according to Ben Hooper of United Press International (UPI), the items probably belonged to James Ellery, or J.E., Hale, a prominent photographer active during the late 19th and early 20th centuries. Hale's name was written on many of the objects in the attic, including letters and photographs, and he once owned a studio next door to the New York building." Two of the photos were of famous figures from the women's rights movement, Elizabeth Cady Stanton, and Susan B. Anthony. Hale took the photo of Susan B. Anthony in 1905, a year before she died. David Whitcomb consigned the collection to a nearby auction house. The collection is expected to sell for \$100,000.

The Canadian Broadcasting Company (CBC) reported that an Edmonton, Alberta antique dealer (Alex Archibald) recently purchased a home that had belonged to a hoarder. He paid \$10,000 for the property, sight unseen. The home and contents were the estate of a local piano teacher (Bette-Jean Rac) whom Archibald had known before she passed away. A grand piano initially caught his attention. He has turned up many more valuable objects since he purchased the home and has been searching through it. Archibald found typical things you would expect to find in an old estate including clothes, shoes, books, and magazine. He found many more valuable objects as well though. Archibald said, "our most impressive finds included wallets full of cash, a 100ounce silver bar, and bags full of gold and diamond rings." He found some of the clothing to be valuable pieces by well known designers. The estate items were sold in three auctions which ended up bringing \$400,000. Archibald kept the grand piano and moved it to his antique shop. He may not be able to hit a higher note than he already has though.

We are still accepting quality consignments for our spring multi-estate online auction such as gold jewelry, sterling silver flatware, antique paintings, coins, and other older collectibles. Our online auction with paintings from the estate of equestrian artist Fay



Moore ends on February 17th. Our next online auction Session 2 of antique, vintage, and contemporary toys will soon be available for bidding.

Contact us at: Wayne Tuiskula Auctioneer/Appraiser Central Mass Auctions for Antique Auctions, Estate Sales and Appraisal Services www.centralmassauctions.com (508-612- 6111) info@centralmassauctions.com

TRAINOR

continued from page A6

* According to the National Retail Federation, one in four people will give Valentine's Day gifts to their pets this

*Alexander Graham Bell applied for his patent on the telephone, an "Improvement in Telegraphy", on Valentine's Day, 1876.

Win Dinner for Two at the Publick House

Your tips can win you a great dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renowned restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint!, C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or email KDRR@aol. com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.



MOORE

continued from page A6

and add to your success.

Never spend major time on minor things. Spend major time on/with positive influences. Spend more time with people of accomplishment and high character. It's your life. You can spend your time with whomever you want, but you must always weigh the time against what kind of return you are getting. Always be cautious and discerning about who and what you let into your mind.

Association can also be through the writing of positive people. We can't spend time with George Washington, Abraham Lincoln, Billy Graham or Martin Luther King, but we can through their words and writings they left behind.

I asked you to participate and I hope you will. Even more so, I hope you'll talk to your children and grandchildren about the power of influence. Helping them understand at an early age will positively impact them for the rest of

Next week, let's talk about the power of influence you have on others.

Gary W. Moore is a freelance columnist, speaker, and author of three books including the award-winning, critically acclaimed, "Playing with the Enemy." Follow Gary on Twitter @ GaryWMoore721 and at www.garywmoore.com.

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Low light, low maintenance houseplants



GARDEN Moments **MELINDA MYERS**

Don't let a lack of brightly lit windows stop you from gardening indoors. Include some low maintenance, low light houseplants and maintenance strategies to boost your success.

Low maintenance gardening starts with proper plant selection. Match the plant to the growing conditions and your gardening style.

ZZ plant is a favorite low light, low maintenance plant. You will see it in hotels and shopping malls where light and care are often limited. Avoid overwatering that can lead to root rot and death of this plant.

You will need to do a bit of searching to find a few of the newer ZZ plant varieties. Zenzi is compact with curled leaves while Raven has dark purple black foliage that contrasts nicely with green and chartreuse leaves of nearby

Peace lily is another popular low light plant found in a variety of public places. It requires moist soil to thrive. making it the perfect plant for those that tend to overwater. Increase your success by mixing organic Wild Valley Farms' wool pellets (wildvalleyfarms. com) into the potting mix. This sustainable soil additive retains moisture, reducing watering by up to 25 percent. It also adds air space, improving the growing conditions for all indoor plants and helps reduce the risk of overwater-

Pothos and philodendron are traditional low light favorites. New cultivars provide a fresh look to these indoor beauties.

Neon pothos has vibrant neon green foliage sure to brighten any spot in your home. Pearls and Jade has smaller cream and green variegated leaves. It is slower growing but just as tough as other pothos. Show off their trailing habit in a hanging basket, container displayed on a shelf, or set upon a ped-

You'll find a variety of philodendrons for your indoor garden. Brasil has dark green heart-shaped leaves with a golden stripe down the middle. Brandi, another trailing philodendron, has olive green heart-shaped leaves with silver splashing. These can be allowed to trail or trained up onto a trellis.

Golden Goddess has larger chartreuse leaves that make a dramatic statement in a home or office. When small, it is great for desks and tabletops, but you will need to transition it to a floor plant as it climbs its support, growing up to six feet tall. Or add a subtle touch of orange with Prince of Orange. The new leaves of this shrubby philodendron emerge a coppery orange and eventually age to green. It grows 24 or more inches tall.

The name says it all. Cast iron plant is tough and tolerant of low light and benign neglect. Individual long strappy leaves sprout from the ground to create a mass of greenery. This growth habit has made it a popular groundcover in milder climates. Variegated varieties with splashed or striping can be difficult to find but add to its beauty.



Aglaonema 'Siam Red' (Red Chinese Evergreen) is a popular low light plant that can brighten up any space with its beautiful foliage.

New varieties of Chinese evergreen have found their way into many garden centers. Their green leaves may have silver highlights like those of Calypso. Cecila and Golden Bay. Or add a bit of red to your indoor garden with be Red Gold and Ruby Ray Chinese evergreen.

Low light indoor plants allow you to add greenery where you once thought it was not possible. Their added beauty will help lift your spirits, reduce stress, and increase focus while improving your indoor air quality.

Melinda Myers has written more than 20 gardening books, including Small Space Gardening. She hosts The Great Courses "How to Grow Anything"DVD series and the nationally-syndicated Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine and was commissioned by Wild Valley Farms for her expertise to write this article. Myers' Web site is www.MelindaMyers.com.

Financial gifts for your Valentine



FINANCIAL Focus

For many of us, the COVID-19 pandemic may be putting a hold on dinner at the charming local bistro, but the spirit of Valentine's Day cannot be extinguished. This year, perhaps more so than in the past, you may want to make your Valentine's Day gifts even more meaningful. So, for example, what can you give your loved ones to help them along on the road to financial secu-

Here are a few possibili-

Contribute (indirectly) an to Virtually anyone with earned income can contribute to an IRA, which offers tax benefits and an almost unlimited array of investment options. Yet, most people never contribute the maximum amount allowable each year, which, in 2021, is \$6,000, or \$7,000 for those 50 and older. You can't contribute to another person's IRA, but you can give that person the money for that purpose. However, an individual can't contribute more to an IRA than he or she earned during that year. So, if you were to give someone \$1,000 to be placed in an IRA, that individual must have at least \$1,000 in earnings. Be aware, though, that the recipient can use the money for any purpose.

Give shares of stock You probably are already familiar with the products your loved ones use - so why not give them shares of stock in the companies that make those goods or services? Most people enjoy being "owners" of businesses whose products they use. Furthermore, owning stocks for the long term can be a valuable component of anyone's financial strategy. If you are unsure of how to give stocks, you may want to consult with a financial professional.

Stay protected If your valentine also happens to be your spouse, you can give a gift of tremendous value by simply working to protect what you have. For example,

if something happened to you, would your spouse be able to maintain the household, educate children, pay the mortgage and so on? A financial professional can help you find the protection you need, as well as suggest ways to defend yourself against the devasting costs of long-term care. A private room in a nursing home can cost \$100,000 or more each year, according to the insurance company Genworth, and Medicare typically pays few of these expenses, so you'll want to be prepared.

Create revise) (or estate plans vour It doesn't sound very romantic but making sure your estate plans are in order is one of the best gifts you can give to all your loved ones. If you haven't created your plan yet, contact an attorney who specializes in estate planning. You may also want to involve your tax and financial advisors. And if it's been a while since you looked at your existing plan, take the time to review it - this is especially important if you've had changes in your family situa-

On Valentine's Day, the chocolate hearts and flowers are certainly always appreciated. But financial gifts can help you make a truly lasting impact on your loved ones' lives.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Jeff Burdick, your local Edward Jones Advisor in Sturbridge at 508-347-1420 or jeff.burdick@ edwardjones.com.

TRIP

continued from page A1

upon arrival and return to the United

"Last March, the trips to Eastern Europe were cancelled and many of those students moved to the 2021 trip. I certainly never thought that a year later we would be dealing with the same problem. However, the pandemic is not showing any sign of slowing down at the present time. Although we have two approved vaccines, the rollout of those vaccines has been slower than anticipated and the establishment of that heard immunity that would signal a beginning of more or less normal has been delayed. This problem doesn't exist just in the U.S., it exists all over the world. The European Union has closed its borders to most countries. They are also distributing the vaccine. but according to what I've read there is less availability, and they might not be able to immunize as quickly as we are in the United States," Pierangeli said.

She also noted the rise in a new COVID variant in the United Kingdom which has also caused concerns across the globe.

Pierangeli sadly admitted the trip couldn't take place further postponing the 35th annual excursion to Europe for Shepherd Hill. However, this creates more complications for students eagerly awaiting the trip, including soonto-be graduating seniors. In total 51 seniors are registered for the trip along with 37 juniors and six sophomores. The difficulty comes with trying to accommodate all of these students after canceling the trip for a second time.

Several options were presented to the School Committee that were all approved for students to pick how they would like to proceed. The first is a tentative rescheduling of the trip to early August which would take place prior to the start of the year for most colleges

allowing outgoing seniors a chance to attend. The committee also discussed a backup date of spring or summer 2022 in case the August trip cannot take place due to COVID. Finally, there is an option for students specifically seniors, to cancel their reservation and receive a fully transferable future travel voucher that would allow them to take the trip on their own or embark on a different trip of their choosing. The School Committee voted to approve the options brought forth by Pierangeli and charged her will reaching out the students about their options and the plans moving forward.

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PUBLIC HEARING NOTICE The Charlton Board of Selectmen will

hold a public hearing on Tuesday, February 23, 2021 at 6:45pm via ZOOM https://us02web.zoom.us/ j/87489442885?pwd=VmhRdzhXdmR3SnN5T0dtRGVzaElidz09 Passcode: 061416

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to act on a request from Tree House Brewing Company, Inc., 129 Sturbridge Road, Charlton MA for the following: (1) Remove approximately 10,819 sq. ft. of the Section 19C Farmer-Brewery premises within the existing warehouse building to construct a Section 19E Farmer-Distillery. (2) Application for a Section 19E(o) Farmer-Series Pouring Permit to sell distilled spirits produced by Tree House on the Section 19E Farmer-Distillery Premises and (3) Application for a Section 19H License to sell of both beer and distilled spirits produced by Tree House throughout the property for on-premises consumption.

Anyone wishing to be heard on this matter should appear at the time and date specified or submit concerns in writing. February 12, 2021

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Market Volume	\$4,265,000	\$6,466,100	A		
# of Homes Sold	14	18	A		
Avg Days on Market	60	24	Y		
Month Supply Inv.	1.08	.27	¥		

WEBSTER					
Median Price	\$262,000	\$274,450	A		
Market Volume	\$3,165,500	\$5,173,900	A		
# of Homes Sold	10	20	A		
Avg Days on Market	43	19	¥		
Month Supply Inv	1 33	54	~		

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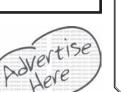
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Why 'Presidents' Day' actually goes by another official name

An official list of federal holidays in the United States won't feature "Presidents' Day" among the observed holidays. Some may say that's preposterous, as they're certain that post offices and other federal entities are closed on such a day each February. While the third Monday of February is commonly referred to as "Presidents' Day" throughout the United States, the day is legally referred to as "Washington's

According to the U.S. Office of Personnel Management, this holiday is designated as "Washington's Birthday" in section 6103(a) of title 5 of the United States Code, which is the law that specifies holidays for federal employees. Though other institutions, such as state and local governments and private businesses may use other names, it is OPM policy to always refer to holidays by the names designated in the law.

History of Washington's Birthday The idea to give presidents a little

extra fanfare originally was estab-



lished in 1885 in recognition of George Washington. After his death in 1799, Washington's birthday on February 22 became a day of remembrance, according to History.com. Its observance as an official holiday was signed into law in 1879 by President Rutherford B. Hayes. Originally, the holiday only applied to the District of Columbia, but in 1885 it was expanded to the entire country.

Abraham Lincoln, another revered American president whose birthday was February 12, also was largely celebrated during the month of February as a state holiday, particularly in his home state of Illinois. In the 1960s, when Congress proposed a measure known as the Uniform Monday Holiday Act that designated Monday as the day to celebrate various federal holidays, the proposal also included a provision to combine the celebration of Washington's and Lincoln's birthdays to provide more equal recognition of these two influential leaders. The name Presidents' Day was proposed at that time. However, when the bill moving the celebration of Washington's birthday to the third Monday in February went into effect in 1971, Congress rejected the name change, so it remained Washington's Birthday. That name stands to this day.

Why Presidents' Day? Even though federal calendars will list February 15 this year as Washington's Birthday, it will largely be referred to as Presidents' Day. This unofficial moniker developed in the 1970s due largely in part to retailer's use of that name to promote sales and the proximity of the holiday to both the birthdays of Washington and Lincoln. Indeed, a Washington's Birthday furniture sale doesn't have the same ring to it as a Presidents' Day sale.

No matter what the holiday is called, Presidents' Day offers citizens a chance to learn more about the history behind Washington and Lincoln — two pivotal statesmen in American history.



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