Free by request to residents of Douglas, Northbridge, Uxbridge, Linwood, Whitinsville and North Uxbridge

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Friday, August 14, 2020



Courtesy

Several roads were shut down in Sturbridge due to storm damage.

Isaias lashes central Massachusetts

RY KEVIN FLANDERS

REGION Central Massachusetts felt the wrath of Tropical Storm Isaias last week, with widespread property damage and power outages reported in several towns.

At the height of the Aug. 4 storm, local police departments were inundated with reports of downed power lines and impassable roads between 3 and 7 p.m. Wind gusts topped 60 miles per hour, toppling trees and strewing branches across yards and roads.

Leicester was one of the hardest hit communities, beginning when a fallen tree crushed two parked vehicles on Mulberry Street. A tree then fell in Pine Grove Cemetery and struck the chapel, and multiple power lines came down in other locations. Five streets were still closed the next day, Aug. 5, as cleanup work continued.

'We got hit right out of the gate with the tree across two parked vehicles at 77 Mulberry St.," said Leicester Police Chief Kenneth "During Antanavica. the course of the storm, police, fire, and DPW worked to keep streets open, in total answering over 20 calls for trees down. Fire also responded to Spencer for mutual aid, answering their calls for service."

Leicester officials were thrilled with how their municipal departments and residents came together to weather the storm and quickly recov-

"No injuries were reported, so all in all we did well," Chief Antanavica said. "All municipal services

worked together like a well-oiled machine.

Multiple roads were closed in Spencer, Warren, and Brookfields. Two houses were clipped by falling trees in West Brookfield, and National Grid crews worked throughout the night to restore power.

"There were lots of power outages, trees and lines down," said Spencer Chief David Darrin.

No injuries were reported in the Route 9 some neighborhoods was out for multiple days. Statewide, over 220,000 customers were in the

dark. The Auburn Police Department dealt with 11 separate incidents of downed live wires. Further west in Sturbridge, Mashapaug Road and addition-

Sales tax holiday to take place Aug. 29-30

REGION — The state's annual sales tax-free weekend will take place Saturday, Aug. 29, and Sunday, Aug. 30, allowing consumers to support an economy that has been heavily impacted by the COVID-19 pandemic.

This marks the second sales tax holiday held under the new law signed by Gov. Charlie Baker in 2018 that made the weekend an annual occurrence.

for us to support small businesses and consumers, and this year, it's a great way to support our economy that's been impacted by COVIDsaid Baker. "This pandemic has created enormous challenges for the Commonwealth's small businesses, and the sales tax-free weekend is one way that we can encourage more economic activity to help Main Street businesses and local economies."

In 2018, Baker signed legislation that makes the annual sales tax holiday "The annual sales tax permanent. This year,

holiday is an opportunity the sales tax holiday will occur on Aug. 29 and Aug. 30. On the sales tax holiday weekend, purchases by individuals of most retail items are not subject to the state sales tax.

> "As the Commonwealth continues its phased reopening process, we recognize that many small businesses continue to face difficulties," said Lt. Gov. Karyn Polito. "We are proud that our Administration worked with the Legislature to enact legislation making the sales tax holiday per-

> > Turn To TAX page A10

Rhode Island's risk level raised in updated travel order

BY KIMBERLY PALMUCCI

REGION — Residents of the Blackstone Valley have raised concerns and called for clarity, as the state of Rhode Island has been recently removed from the list of lower-risk states that are exempt from the Commonwealth's travel

"I understand the concerns that many have shared this morning in response to the news that Rhode Island being removed from corridor, but power in the lower-risk states," said Rep. Mike Soter [R-Bellingham] in a statement. "I share many of those similar concerns."

According to state officials, all individuals entering Massachusetts from non-exempt areas now including Rhode Island as of Aug. 7—must quarantine for 14 days Turn To ISAIAS page A6 or produce a negative

Covid-19 test result that has been administered up to 72 hours prior to arrival in the state. Travelers must also complete the Massachusetts travel form. Individuals who do not comply with their obligation to quarantine are subject to a \$500 fine per day.

On social media, residents cited concerns ranging from how this news will impact those with family in Rhode Island, those who attend church in Rhode Island, residents who attend youth sports leagues in the state, and more, due to Rhode Island's close proximity to the Blackstone Valley.

After much discussion, Soter said in a statement that he received some clarification about the removal of Rhode Island from the safe travel advisorv.

"After extensive conversations, it became clear of what is expected with this decision," Soter "Massachusetts said. Residents are asked to avoid any unnecessary travel into Rhode Island. Residents are asked to use online as much as possible. This includes online banking, shopping, telehealth, etc."

There are exemptions to this order including transitory travel, persons commuting for work or school, patients seeking medical treatment, military personnel with official orders, and workers providing critical infrastructure work.

"It is critical that we wear masks when social distancing is not possible," Soter added. 'We should all practice good hygiene and focus on promoting a healthy mind and body. This is all incredibly important as our society begins to reopen and as schools return in less than a month."

Fundraising efforts roll on despite cancellation of Pan-Mass Challenge

BY KEVIN FLANDERS STAFF WRITER

REGION - The Pan-Mass Challenge was canceled for the first time ever this year, but the fundraising mission for cancer research rolled

Despite their disappointment over the PMC cancellation due to COVID-19, local teams embraced the opportunity to reimagine their rides. Teams were encouraged by PMC leaders to take part in their own abbreviated rides this year – or participate in virtual experiences to help celebrate their fundraising accomplishments.

For West Brookfieldbased Team De-Feet Cancer, members set out from the Sturbridge Host Hotel early on the morning of Aug. 1. But unlike previous years, when they were surrounded by hundreds of other PMC cyclists from throughout the nation, the five members of Team De-Feet Cancer forged their own



Members of Team De-Feet Cancer once again raised money for cancer research as part of the Pan-Mass Challenge. In no particular order, team members include Jessica Piwowarski, Bill Piwowarski, Dennis Martin, and Seana Cummins.

path to Whitinsville and Host Hotel. We cheered back.

During their journey, team members were thrilled to come across a handful of other PMC participants carving separate routes across the state.

"We started and finished at the Sturbridge

on every PMCer we saw along the way, and carried as much of the joy and magic of PMC with us that we could," said longtime Team De-Feet Cancer member Jessica Piwowarski.

Supported by a driver and rest stop volunteers, the team pushed through several challenges and completed its journey back to Sturbridge. Although the ride hardly compared to the normal event, it helped accentuate the most important part of the entire experience. Regardless of how many miles team members logged, their critical fundraising for cancer research is unchanged.

"It was a hot day and a hilly course, but we all made it despite each of our aches along the way," Piwowarski added. "While it was not the same, our mission remains unchanged. We ride to defeat cancer."

Additional members of Team De-Feet Cancer include Bill Piwowarski, Dennis Martin, and Seana Cummins.

For more than 40 years, the Pan-Mass Challenge brought riders together for a common goal of raising funds to support the pursuit of a cure. All funds assist the Dana-Farber Cancer Institute in its pioneering research and treatments.

For PMC leaders, canceling this year's event due to COVID-19 concerns was a difficult but necessary decision. Several virtual programs were organized to help

riders celebrate their

Turn To PMC page A6

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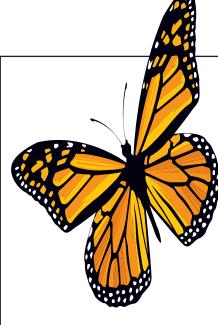
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Help kids feel comfortable at the dentist

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Routine dental examinations for both children and adults. after the time recommended by and cleanings are an important However, many children do



medical and dental professionals. Parents may be unaware of the dental health timeline, or they could be reluctant to bring their children for fear of how their kids will behave — especially if parents are harboring their own apprehensions about the dentist.

The American Academy of Pediatric Dentistry recommends that a child go to the dentist by age 1, or within six months of the eruption of his or her first tooth. Yet, according to a survey commissioned by Delta Dental Plans, the average age of a child's first dental visit is 2.6 years.

Parents worried about how their kids will respond to the dentist can take the following steps to acclimate kids to dental visits to make them more comfortable during their appointments now and down the road.

Be a positive role model. Children frequently learn by example. If they see their parents being diligent about dental care, they're more likely to embrace proper oral hygiene. Bring children to your own dental appointments so they understand the process and become familiar with the type of equipment used.

· Stick to the first-tooth milestone. Take your child to the dentist on or about when his or her first tooth erupts. Early dental visits will get kids used to going to the dentist and prevent minor problems that may lead to more complex dental issues.

· Read books about the dentist and role play. Information can allay kids' fears about the dentist. Read books together about dental visits and act out possible scenarios with your kids. Give kids toy dental health tools and have them practice exams on you and vice-versa.

· Be supportive and instill trust. Avoid telling your child that everything will be okay. If a procedure is needed, this could affect his or her trust in you and make the dental office

an even greater source of anxiety. Simply be supportive and offer a hand to squeeze or a hug if your child needs you.

· Consider using your dentist. Some parents like to take their children to a pediatric dentist, but it may not always be necessary. Many family practices cater to patients of all ages, and the familiarity of the office may help make children feel more comfortable. Speak with your dentist about the ages they see.

• Steer clear of negative words. Michael J. Hanna, DMD, a national spokesperson for the AAPD, suggests using positive phrases like "clean, strong, healthy teeth" to make the visit seem fun and positive rather than scary and alarming. Let the office staff come up with their own words to describe processes that won't seem too frightening.

By employing these techniques, kids' dental visits can be more pleasant for all involved, paving the way for a lifetime of healthy teeth.

How parents can get kids excited about brushing their teeth

Dental hygiene is an important component of a healthy lifestyle, but it's an element youngsters rarely embrace with open arms. Parents know that getting kids, especially young children, to brush their teeth is not always so easy. In recognition of that, the American Dental Association suggests the following strategies to make brushing teeth something kids will look forward to.

• Make it fun. Brushing teeth may not be considered a fun activity, but who's to say it can't benefit from a little levity? The ADA recommends turning tooth brushing sessions into dance parties and/ or sing-alongs. Youngsters might be so busy cutting a rug or listening to mom and dad belt out a few hits that they don't even realize they're cleaning their teeth at the same time. If singing and dancing aren't cutting it, then incorporate another fun activity, like reading a child his or her favorite story, into daily brushing sessions. The ADA advises adults and children to brush their teeth for two minutes twice a day, so activities need not be too advanced. But a fun activity that allows kids to do something other than brush their



teeth can be a great way to help them meet the "two minutes, two times" guideline.

Reward good behavior. Parents can reward youngsters who brush their teeth without incident by offering praise or allowing them to pick a bedtime book when brushing at night.

· Put kids' favorite characters to work. The ADA notes that many popular children's television shows and books have stories about brushing teeth. Watch

Edward **Iones**

these stories with your children, then reference the stories and characters if kids are reluctant to brush their teeth. Parents also can find toothbrushes and/ or toothpaste that feature kids' favorite characters to get youngsters more excited to brush.

• Become a storyteller. Parents also can make up their own stories, explaining to kids how they can be superheroes who brush away the bad guys that cause cavities.

· Brush alongside your children. Kids love to mimic their parents, so moms and dads can brush alongside their youngsters in the hopes they'll follow suit.

Many children may never jump at the chance to brush their teeth. But parents can employ a few savvy strategies to make daily brushing sessions more fun for youngsters.

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Cape Cod getaway drawing offered as BSTRA fundraiser

REGION — Thanks to a generous donation by Bayside Resort of W. Yarmouth, Bay State Trail Riders Association. Inc. (BSTRA) is offering tickets for sale to the general public to win a Gift Certificate for a 2-night Deluxe Queen Room Accommodation at Bayside Resort, located at 225 Route 28, West Yarmouth. The Gift Certificate is valued at \$350 and also includes a daily Continental Breakfast and \$6 Dinner Discount Vouchers.

Voted "Best of Cape Cod," Bayside Resort is an authen-

tic Cape Cod Resort overlooking Lewis Bay and is located close to beaches, restaurants, shopping and many Cape Cod attractions. Bayside Resort's Gift Certificate is valid off season from Oct. 14 through May 1, when the Cape isn't quite so busy -- and it doesn't expire until Dec. 30, 2022, giving the winner plenty of time to make arrangements for their getaway. Under the terms of the Gift Certificate, the winner of this prize is responsible for making their advance reserva-

Tickets for this Opportunity Drawing are reasonably priced - five tickets for \$10, \$15 tickets for \$20, 35 tickets for \$40, 55 tickets for \$60, 75 tickets for \$80 or 100 tickets for \$100 -- and they are conveniently available for purchase online through Oct. 9 at www.bstra. org/support/raffle

The drawing takes place mid-day on Oct. 10 at BSTRA's Fall Patriotism Benefit Ride staged out of the Wallum Lake Parking Area of the Douglas State Forest. The winner does not need to be present for the drawing and will be notified later on Oct. 10.

Since 100 percent of the proceeds from tickets sales goes towards funding local trail projects, this fundraiser offers everyone an opportunity to make a difference to trails in State Forests in their community. BSTRA has a large \$55,000 trail and parking lot expansion project scheduled for the Douglas State Forest, as well as a connector trail creation and bridge improvement project in the Upton State Forest, and a project for trail improvements at Grafton's Pell Farm.

We hope the community will support us by participating in our Cape Cod Getaway Opportunity Drawing. They will be getting chances to win something really special for themselves or a gift for someone else, while helping community trails," said Lynn Paresky, BSTRA's Fundraising Director. "We wouldn't be able to offer such a wonderful prize if it wasn't for the generosity of our Blue Ribbon Sponsor, Bayside Resort, and we are extremely grateful for their support each

BSTRA believes that trails are important assets to the community, and it has been their mission to help create, maintain and preserve trails for community use since 1973. With an extensive track record of dependability, credibility

and accomplishment, BSTRA is a good choice to receive local support. Since 1989, BSTRA has put more than \$630,000 into trails within State Forests and Parks within 34 towns in Massachusetts. A wide variety of user groups who enjoy the trails for outdoor recreation and fitness will benefit from BSTRA's trail improvement projects, including hikers, dog walkers, equestrians, mountain bikers, runners, cross country skiers, and families out enjoying nature.

"Now that a lot more people are using trails of our State Forests for recreation and fitness due to Covid-19, they can see the significance of trails as a local resource and the importance of our trail improvements," said Paresky. "Participating in this fundraiser is their chance to make a positive difference to the trails right in their own communi-

49 53

CLUES ACROSS

- 1. Corrode
- 5. Jean Paul ___, author
- 11. Hebrew unit of dry measure
- 12. A type of scientist
- 16. Greek goddess of discord 17. For Red Sox MVP
- 18. It checks your speed
- 19. Made dirty
- 24. The First State
- 25. Lodgings
- 26. Spiritual leader
- 27. Bradley Int'l Airport code
- 28. Native American people
- 29. Sharp pain
- 30. Touch
- 31. Slowly disappears
- 33. Indigenous Russian people
- 34. Narrative poem
- 38. Some are bad
- **CLUES DOWN**
 - 1. To return an echo 2. Displace
 - 3. Japanese religion 4. Predilections
- 5. Partial 6. Poisonous plant
- 7. Road open 8. Atomic #81
- 9. Accomplished American
- composer 10 Oh God!
- 13. Potato state
- Most melancholic
- 15. Supportive framework 20. Hollywood's Pacino
- 21. A title for women 22. Popular Grammys alternative
- 23. Check
- 27. Bolivian river 29. South Dakota
- 30. Wonderful 31. Supervises flying

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- 32. Commercial

- 39. Small quill feathers
- 40. Tattles
- 43. Popular Easter entree
- 44. Beneficiary
- 45. Clothed
- 49. Payroll firm
- 50. Lower Normandy's largest city
- 51. Binary compound of halogen
- 53. The Fighting Irish
- 54. Skilled, paid worker
- 56. Eyelashes 58. The 12th letter of the Greek
- alphabet
- 59. Large, stocky lizard
- 60. Made poisonous
- 63. Former US Secretary of State
- 64. Sticky substances
- 65. A type of gin
- 33. More (Spanish)
- 34. Even distribution of weight
- 35. "Arabian Nights" hero
- 36. Compact mass of a substance 37. Bachelor of Laws
- 38. Halfback 40. Some of it is ground
- 41. They play in the trenches 42. Atomic #18
- 44. Chinese Prefecture
- 46. Being in a direct line of
- 47. In slow tempo
- 48. Flood 50. Long-necked bird
- 51. Secondary school
- 52. Artificial intelligence
- 54. Structure by the water 55. Lather
- 57. What happens there stays there

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Northbridge High School Class of 2020

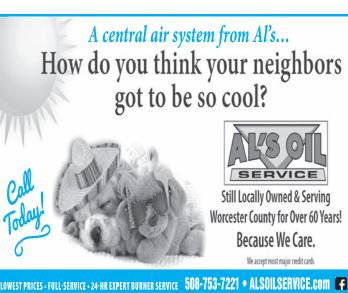
NORTHBRIDGE — Northbridge High School congratulates the following students on their recent graduation as the Class of 2020.

Hailey Nicole Alicea, Marcus Alexander Babiy, Matthew Joseph Ballard, Hailey Elizabeth Banas, Lauren Nicole Barrows, Thomas Keiry Baselious, Codey Ayden Battista, Emily Marie Bergeron, Jenna Lee Berkowicz, Hailey Arden Bober, Madison Rae Boermeester, Meghan Elizabeth Boermeester, Mariah Carol Boulris, Adam Joseph Briand, Savanna Marie Brooks, Madisyn Correy Burdick.

Desirae Marie Calnan, Morgan Michelle Carroll, Luke Wilson Casey, Samantha Margaret Chrabaszcz, Ezra Terrance Coles, Rianne Elizabeth Cooney, Patrick Richard Corkum, Sebastian Correa-Marin, Isabelle Fern Croteau, Nicholas Cuba, Francis John D'Agostino, Alan Francisco Delarosa Arriaga, Emil Javier Delarosa Arriaga, Noah Kurt Dennis, Ella Lyn DiFinizio, Joseph Luka Domenech, Thomas John Dowd, Sawyer Millan Eagleson, Aidan Lee Fair, Chloe Kathryn Frabotta, Matthew Cole Frappier, Joshua Alex Fung-A-Fat, Cora Catherine Gauthier, Cassidy Elizabeth Gies, Matthew Anthony Giuliano, Isabel Faye Go, Tyler Francis Gonynor, Colin Andrew Gosselin, Jonathan James Gouin, Kimberly Sarah Grazulis, Emma Louise Grilli, Noelle Elizabeth Haas , Tia Bella Anne Haroutunian, Ryan Wayne Harris, Jacob Edward Hashey, Tessa Grace Hatfield, Zachary Peter Hayes, Kelly Jean Heffernan, Trevor Nathan Hoffman, Owen Daniel Hogan, Emma Violet Holtz, Elizabeth Kate Hubbard.

Marco Joseph Iarussi, Cody Richard Johnson, Colby Ryan Johnson, Lauren Hope Johnson, Riley Elise Keene, Isabella Denise Kerr, Megan Rose Kessler, Jibran Atta Khan, Eryk Shea Kinney, Olesya Jade Kyrychok, Mary Elizabeth Lacombe, Nicholas Joseph Lavigne, Dylan Luke Lewis, Luke Broderick MacNeil, Jacob Enoch Malkasian, Marisa Catherine McComiskey , Caitlin Rose McHale, Kellen Doyle McMahon, Sophia Loren Merian, Shelby Lane Montville, Emily Shay O'Bannon, Megan Lee O'Meara, Jacob Michael Oosterman, Joseph Ryan Pajala, Michael John Paulhus, Ethan Hamilton Phillips, Kevin Donald Pierce, Teo Michael Pizzirani, Sara Margaret Pohlman, Cassandra Lorraine Pryor, Zachery Robert Pryor. Madison Taylor Riordan Anastasia Marie Robinson

Rafael Antonio Rodriguez, Maverick D Sanderson, Trystin David Sansone, Addy Elizabeth Schofer, Lindsey Ann Sessa, Darius David Silva, Guilherme Cesar de Paiva Siqueira, Jacob Henry Stuczynski, Christopher John Sullivan, Bartholomew Szymanowski , Hattie Kane Tauson, Phoenix Rae Taylor, Madison Rose Tougas, Maxwell Raymond Tougas, Grace Lee Verra, Caleb George Visbeek, Abbey Rose Wallace, Christopher James Wells, Katelyn Ann West, Sarah Grace Wildfeuer, Robert Francis Zanca.



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The Blackstone Valley Tribune (USPS 024-873) is published weekly by Stonebridge Press, 25 Elm St., Southbridge, MA 01550. Periodicals postage paid at Southbridge, MA 01550. POSTMASTER: Send address changes to the Blackstone Valley Tribune, P. O. Box 90, Southbridge, MA 01550.

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BVT's Summer Learning Series a virtual success

UPTON – With many summer camps and programs canceled due to COVID-19, Blackstone Valley Tech successfully launched and ran its free Summer Learning Series in July, offering twenty-two online courses specifically designed to motivate its student's minds with a daily dose of creativity, exploration, and shared learning.

With all the comradery and social benefits of staying connected with friends and classmates without going to an in-person summer camp, it allowed its STEAM enthusiasts an engaging, fun, and structured experience. From art-making and language to science, history, and technology tricks and tips, there was a little something for everyone.

Participating was easy and optional, with each session starting at 10:00 a.m., running July 6 through Aug. 6, and no class on Friday. BVT students eagerly signed up to attend via Zoom as many one-hour live course sessions on the offered designated topics that interested them.

"The concept for our Summer Learning Series organically developed from our collective desire to help our students grow socially, emotionally, and academically," explained Edward Evans, Academic Curriculum Coordinator. He also credits a conversation with Biology Teacher Elizabeth Grimes in sparking this endeavor.

"In launching our series this summer, our goal was to offer our students' course options to keep their minds open, active, and freshly prepared and excited for the next school year and grade-level."

"When I first spoke with Mr. Evans, we agreed that our students would only benefit from additional support over the summer. Providing them with the proper tools in their 'toolbox' to continue to be successful online learners was a key component behind this initial concept," said Elizabeth Grimes.

In her Science Study Strategy session, Grimes offered students study strategies for science and preparation tips for MCAS utilizing fun study tools and games, encouraging students to experiment with the various ways to study and prepare for a Science MCAS, AP Exam, and any assessment or science course.

"I thoroughly enjoyed teaching my session," said Grimes. "It was awesome to have more than twenty students attend. I was thrilled to hear the positive feedback. Most students had participated in all of the workshops offered before mine and said it helped them. I am fortunate to be a part of a community where new ideas are welcome and given the administrative support to take that idea and make it happen to support our students, even during the most unprecedented times. I would eagerly sign up

to teach again next summer."

The well-attended series concluded on August 6th with a virtual orientation session for its freshmen. It was an opportunity for those new students to speak directly with members of BVT's National Honor Society and National Technical Honor Society. They welcomed the Class of 2024 virtually, shared their perspective on what it was like being a new student at BVT, and fielded questions from the curious new students.

More than 460 students and teachers had a boatload of fun successfully participating in the Summer Learning Series.

About Blackstone

Regional Vocational Technical High School (BVT)

Vallev Blackstone Vocational Regional Technical High School serves the towns of Bellingham, Blackstone, Douglas, Grafton, Hopedale, Mendon, Milford, Millbury, Millville, Northbridge, Sutton, Upton, Uxbridge. Located in the heart of the Blackstone Valley, BVT creates a positive learning community that prepares students for personal and professional success in an internationally competitive society through a fusion of rigorous vocational, technical, and academic skills. The school's Web site is www.valleytech.k12.ma.us.

Milford Regional Medical Center receives quality achievement award

MILFORD Milford Regional Medical Center has received the American Association/American Stroke Association's Get With The Guidelines®-Stroke Gold Plus Quality Achievement Award. The award recognizes the hospital's commitment to ensuring stroke patients receive the most appropriate treatment according to nationally recognized, researchbased guidelines based on the latest scientific evidence.

Milford Regional earned the award by meeting specific quality achievement measures for the diagnosis and treatment of stroke patients at a set level for a designated period. These measures include evaluation of the proper use of medications and other stroke treatments aligned with the most up-to-date, evidence-based guidelines with the goal of speeding recovery and reducing death and disability for stroke patients. Before discharge, patients should also receive education on managing their health, get a follow-up visit scheduled, as well as other care transition interventions

"Milford Regional is dedicated to improving the quality of care for our stroke patients by implementing the American Heart Association's Get With The Guidelines-Stroke initiative," said Bert Thurlo-Walsh, MM, RN, CPHQ, Vice President for Clinical Transformation and Medical Staff Services/Chief Quality Officer. "The tools and resources provided help us track and measure our success in meeting evidenced-based clinical guidelines developed to improve patient out-

Milford Regional has also met specific scientific guidelines as a Primary

Stroke Center featuring a comprehensive system for rapid diagnosis and treatment of stroke patients admitted to the emergency department.

"We are pleased to recognize Milford Regional Medical Center for their commitment to stroke care," said Lee H. Schwamm, M.D., national chairperson of the Quality Oversight Committee and Executive Vice Chair of Neurology, Director of Acute Stroke Services, Massachusetts General Hospital, Boston, Massachusetts. "Research has shown that hospitals adhering to clinical measures through the Get With The Guidelines quality improvement initiative can often see fewer readmissions and lower mortality rates."

According to the American Heart Association/American Association, stroke is the No. 5 cause of death and a leading cause of adult disability in the United States. On average, someone in the U.S. suffers a stroke every 40 seconds and nearly 795,000 people suffer a new or recurrent stroke each year.



* * Friday's Child



Gabriella Age 14

Hi! My name is Gabriella and I love cosmetology!

Gabriella, also known as Gabby, is a smart and creative young woman of Caucasian descent. She is very talented and enjoys painting, drawing, and baking, which are just a few of her creative outlets. Gabby enjoys spending time with friends and family watching television. A typical teenager, sne often connects with friends via social media and loves animals. Gabby appreciates her alone time and can be quiet, but at times is very talkative with friends and familiar adults. She has a witty sense of humor and is easy to get along with.

Gabby aspires to attend college in the future and is currently in the cosmetology program at her vocational high school. Gabby is able to build strong relationships with teachers and adults, which helps her accomplish her goals. She thrives when she has a routine with clear expectations.

Legally freed for adoption, Gabby is looking for her forever home. She is self-sufficient and able to take care of her own needs, but hopes to find the love and support of a forever family. Gabby will do well in a family consisting of a single female, two females, or a male/female couple. She would benefit from being the only child or having older siblings in the home. Gabby looks forward to having a support network that is stable and able to stick by her side through all that life has to offer.

Who Can Adopt?

Can you provide the guidance, love and stability that a child needs? If you're at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LGBTQ singles and couples.

The process to adopt a child from foster care requires training, interviews, and home visits to determine if adoption is right for you, and if so, to help connect you with a child or sibling group that your family will be a good match for.

To learn more about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at 617-6273 or visit www.mareinc.org. The sooner you call, the sooner a waiting child will have a permanent place



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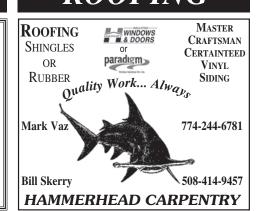
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BITUARIES

Arleen J. York, 79



DOUGLAS- Arleen J. (Morro) York, 79, formerly of Douglas, passed away peacefully at the home of her daughter on Thursday, July 30, 2020 surrounded by her loved ones.

She is survived by a daughter Jennifer

A. York and her husband Jose Rangel of Woodstock, CT; a son Michael J. York and his wife Tammy of Paducah, KY; 2 grandsons Christopher M. Rangel and Alexander F. Rangel and his fiancé Hayley LaBrecque; a step-grandson Josiah McElmurry; a great-granddaughter Zelda; and several nieces and nephews. She was sister of the late Barbara A. Vayo, Carol J. Eaton, and Denise S. Barton. Born in Northbridge, MA on Nov. 20, 1940 she was the daughter of Hendrick "Henry" J. And Stacia A. (Sadowski) Morro and was reared in Douglas and lived in Warwick, RI the past 15 years.

Arleen worked as a Legal Secretary for many years in Cranston, RI, Providence, RI, Washington, DC amongst others. She was a graduate of Sutton High School and an honors graduate of Clark University class of 1962,

where she earned her B.A. in English and was inducted into their chapter of the Phi Beta Kappa Honor Society. She was a skilled artist creating many drawings and paintings. An avid reader, she enjoyed writing, even crafting several of her own books. She was a devoted mother and grandmother who liked to teach others. A kind person, she loved her cats, played the piano, and planted gardens over the years. Always supportive of her grandsons' artistic efforts, she never missed a single one of their many school band and choral concerts or plays, from middle school through college, up until her illness.

A Celebration of her life will be held Sat. Aug. 15 at 7 pm in Jackman Funeral Home, 7 Mechanic St. Douglas, MA. Calling hours will be from 5 to 7 pm the same day. Memorial gifts in lieu of flowers may be sent to: VNA of Care New England, Philanthropy Department, 300 Richmond St., Providence, RI 02903 or www.vnacarenewengland. org or the American Cancer Society, 3 Speen St. Framingham, MA 01701. To leave a condolence message for her family please visit http://www. Jackmanfuneralhomes.com

raphy) but translate their results into

The Scoville Heat Unit rankings vary from one type of hot pepper to another with Poblano-Ancho rating between 1,000 to 2,000, jalapenos 2,500 to 6,000, habaneros at 100,000 to 300,000 and one of the hottest, the ghost pepper, at 1,000,000 to 2,200,000 Scoville Heat Units. Ratings may also vary from individual plants within a specific type based on individual plant differences and the growing conditions.

Finally, do not worry if you had a bad day when planting your hot peppers. Contrary to some old adages, planting hot peppers when angry will not make the peppers hotter, but unknowingly ISAIAS taking a bite of a hot pepper may very well change your mood.

Yvette M. Picard, 84



MANCHAUG-Yvette M. (Lapointe) Picard, 84, passed away on August 5, 2020 at home after a brief illness, surrounded by her family. She was predeceased by her beloved husband David J. Picard Jr.

who passed away in 2019. She is survived by four children and ten grandchildren: Philip Picard, his wife Joyce, and their daughters, Rochelle and Katrina; Marie Craig,

her husband Roger, and their children, Matt Giorgio and his wife Carolyn, Abigail, Sophie and David; Michele Picard; Celeste Fronczak, her husband Michael, and their children, Brandon, Brianna, Katherine and Kristina.

Yvette was born on September 3, 1935, the daughter of Eva M. (Poudrier) Lapointe and Henry H. Lapointe, and grew up in North Uxbridge, MA. Yvette graduated from Good Shepherd School in Linwood, St. Mary's High School in Milford and received her bachelor's degree from Worcester State University. She met David, the love of her life, at the former Whitin Machine Works, and after their marriage made their home in Manchaug. Yvette worked for the

United States Postal Service for many years as a postmaster in Linwood, Northbridge and Sutton MA. She used her considerable management skills in operating a farm stand along with her husband and children and took great pride in providing fresh produce to the community and to local markets. She was active in the community and participated in activities at St. Anne's and later St. Denis parishes. After her retirement, she and David traveled extensively, visiting places throughout Europe and the US. Yvette lived for her husband, children and grandchildren. Everyone who entered their home was considered family, and gatherings were filled with love, laughter, and many, many desserts.

Her funeral will be privately held at St. Denis Church. Due to the pandemic, there will be no calling hours, and the funeral mass will be private, for immediate family only. All are welcome at 11 AM for burial prayers in St. Denis Cemetery, 62 Manchaug St., Douglas. Donations in Yvette's memory may be made to: Waters Farm Preservation, Inc., 53 Waters Rd, Sutton MA, watersfarm.org. To leave a condolence message for the family please visit: http:// www.jackmanfuneralhomes.com

GARDENING

continued from page A1

hot peppers their heat is in the white membrane that houses the seeds. When the seeds are growing, they may also be coated with extra capsaicin. Remove the white membrane and the seeds, just to be safe, if you want to turn down the

The spicy heat of hot peppers is measured in Scoville Heat Units. The ratings are based on the amount of sugar water needed to neutralize the spicy heat in the extracted capsaicin that has been diluted in alcohol. A panel of five taste testers decides when the spicy heat has been neutralized and then assigns the rating. Today many companies use a

chemical process (liquid chromatogthe popular Scoville Heat Units.

Melinda Myers is the author of more than 20 gardening books, including Small Space Gardening. She hosts limbs down throughout town, includ-The Great Courses "How to Grow ing several trees on Route 19. Monson Anything" DVD series and the nation- residents received an automated call ally-syndicated Melinda's Garden from the town administrator warning Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine and her Web site is www.MelindaMyers.com.

PMC

continued from page A1

accomplishments and connect with other participants statewide.

Members of Team De-Feet Cancer submitted photos for inclusion in the virtual program. They also watched the virtual PMC opening ceremony on WBZTV before setting out on their ride.

Team members thank their dedicated volunteers for supporting the ride. Volunteers include Theresa, Amy, Xavier, Spencer, Sandy, and Norma.

Currently, the PMC raises more money than any other athletic fundraising event in the country. It also generates more than 55 percent of the Jimmy Fund's annual revenue. In 2019, the PMC donated a record-breaking \$63 million to Dana-Farber, bringing the PMC's 40-year fundraising total to \$717 million.

For more information about next year's PMC and how you can get involved, visit www.pmc.org.

continued from page A1

al streets were closed due to downed branches and power lines.

Brimfield, meanwhile, saw trees and them to avoid travel until roads could be cleared.

In preparation of the storm, National Grid activated its emergency operation

centers in Massachusetts and Rhode Island. Still, some residences were without power for as long as three days.

Nationally, the storm was responsible for six fatalities. A New York City man was killed when a tree fell on his van, and two North Carolina residents lost their lives during a tornado. Stormrelated fatalities were also reported in Delaware, Maryland, and Pennsylvania after excessive flooding.

The storm is blamed for more than three million power outages nation-

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Cub Scouts holding can & bottle drive

DOUGLAS — Douglas Cub Scout Pack 316 will be holding a Can & Bottle drive on Saturday, Aug. 15 at the Douglas Fire Station, 64 Main St., Douglas, from 8 a.m. - noon.

Funds raised through the Can & Bottle drive help support the activities of Pack 316. To request pick-up of returnable Cans & Bottles to be donated, please call email douglaspack316@gmail.com. 774-316-6436

University of Maine announces spring 2020 Dean's List

ORONO, Maine — The University of Maine recognized 4,210 students for achieving Dean's List honors in the Spring 2020 semester, including Tim Bloomer, Molly Bogner, and Ariana Covino of Milford; Amanda Fay of Millbury; Peter Dupuis and Ciara Larence of Northbridge; Peter Natali of Sutton; Jeanette Eichelroth and Dylan King of Uxbridge; and Mina Helsinki of Whitinsville.

Of the students who made the Dean's List, 2,769 are from Maine, 1,333 are from 41 other states and 108 are from 43 countries other than the U.S.





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EDITORIAL

A challenge... and an opportunity

School this fall will be an unprecedented experience for students from pre-school all the way through graduate school. With districts ironing out re-opening plans, it's important to remain patient and to withhold judgement. Administrators are working with their respective state guidelines, communities and experts in every aspect of education, and health to keep staff, students and families safe. Now is not the time to be a know-it-all because the fact will always remain, that we don't know it all, and never will.

At this time, it's best to leave things up to the experts and remember that this is only temporary. The powers that be as far as re-opening goes, are doing the best they can, given the unfortunate and unpredictable circumstances they've been put in. The only thing left to do is to be supportive. Anything apart from that is simply counter-productive.

Students of all ages are experiencing all sorts of feelings, and not necessarily in a negative way; however, we do know that some are. Children and teens need each other now more than ever. Parents, extended family members, older siblings and community members need to set the example of what resiliency looks like. Yes, this fall will be difficult, especially for single working parents whose option to home school is null. In those cases, we can only hope there will be some sort of respite offered in each community for those in need.

What we need to remember is that children are resilient, to varying degrees. Most children are capable of working through tough times and managing stress in their own way. We just need to pay attention and keep an eye out. Resilience is something that we all develop as we grow, each time we face a challenge, adversity or any sort of trauma or failure.

As parents, we wish we could protect our children from harm's way or from facing any sort of adversity. There will always be bullies, grief, heartbreak and all sorts of obstacles. Global pandemic is new on the list, but alas here we are. How we react matters. Our children are watching and listening to all of us. Remember that what seems small to us, seems much larger to a child.

Experts tell us to arm your children with confidence to face their problems, so that they know, they have the tools to confront tough things. When they can self soothe and bounce back independently, they grow and become stronger and more resilient.

Oftentimes when parents jump in too much to solve their children's issues (albeit with good intentions), it can weaken their resilience and ability to problem solve on their own. Without the ability to problem solve, children may encounter more anxiety in the future. Of course, age plays a role with guidance and we have faith that most parents know what is best for their children.

One tip from experts is to make sure to spend plenty of one on one time with your child so they know they are loved and supported unconditionally. These positive connections give parents and adults a chance to model resiliency.

Having your child take what's called a 'healthy risk' is important. This simply means, letting them step outside of their comfort zones, knowing that if they fail, little harm will occur. When children avoid taking risks, they are teaching themselves that they aren't capable to tackle challenges.

If your child comes to you with an issue, respond by asking them questions on how their specific problem should be solved. We like this one, and had one reader tell us that she has been having her children watch episodes of the television show "MacGyver," whose main character's defining trait is his ability to think on his feet and improvise his way out of challenging situations. We're not suggesting letting kids figure everything out for themselves, we all need help at times.

Make sure your children know what kind of emotion they are having, and let them know those feelings are normal and will pass. Lead by example. Teach your children that exercise is important and any other estimates that promote calm

any other activities that promote calm. While we wish there was a quick fix, there just isn't one. During this pandemic, we need to stay positive and teach our children the power of optimism. There's a quote that explains this perfectly: "The way you perceive a specific situation is determined by your frame of mind. If your frame of mind and thoughts are positive, you will always be in a position to seize the opportunities that are before you."

OPINION

Opinion and commentary from the Blackstone Valley and beyond

LETTERS TO THE EDITOR

Please respect the treasure in our backyard

To the Editor:

We have a true treasure, so close by, in the Douglas State Forest. There are so many trails, you can hike a different one each day of the week. It offers peace, beauty, and restoration of your soul. Nor do I begrudge the sportsman's opportunity for hunting. I have been hiking there for close to 30 years.

But it has been disturbing how, since the covid situation, the increased use is marred by the appearance of trash on the trails. Coffee cups, drink cans, power snack wrappers are hard to miss among the lady slipper flowers. It makes me sad there are people so selfish that will drop their trash with no consideration of others.

Please carry out all that you carry in.
SUSAN YOUNG
DOUGLAS

Giving up is easy. Anyone can do it!

As you read this, I'm checked in at the Holden Cancer Center at the University of Iowa. I came here with a positive plan to improve my health. I was full of opti-

mism and my spirits were high. The plan was to have my stomach removed, but things do not always go according to plan. When they went in, they found that my cancer was spread and inoperable.

As I've mentioned

As I've mentioned before, I have Stage 4 Stomach Cancer. There is no cure and I didn't want to lay around waiting for the inevitable end, so I found a Doctor who's a fighter and we are working to defy the odds and extend my life.

In February, I was given nine to 12 months to live by a Doctor that was convinced I was dying. So, I fired that Negative Doctor and began searching for an optimist and found him.

Dr. Kasi walked into the exam room with his entire team and said, "I hear you want to fight this diagnosis?" I said that I did, and he said with enthusiasm, "We are your team!"

I had undergone eight rounds of chemo and on Friday, my stomach was supposed to be removed. Yeah, it's not a cure but our hopes were that it can extend my life up to five years and in that extra time, we'd find a way to extend it five more. That was the plan, but plans change when presented with new information. Now we have a new plan we are optimistically pursuing

Why am I sharing this personal health info?

Because there is no such thing as darkness. What we call darkness is absence of light. As such, there is no such thing as an insurmountable problem, but only the absence of an idea that creates a solution.

I refuse to give up on my life. I want you to also, not give up on your goals, dreams, and yes, life. Life's short. Go for it. Don't let anyone tell you that you can't achieve your goals and dreams. I have goals. I plan on seeing my eight and ten-year-old grandsons graduate from high school. I suspect I have grandchildren that are not

yet conceived or born that I want to meet and hold in my arms.

My books, "Playing with the Enemy" and "The Final Service" are both now in

POSITIVELY
SPEAKING

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MOORE

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willing to give up on. I'm stubborn this way. I plan on writing this column ten years from today,

I'm not going to let anyone, other than my creator tell me when it's time to go.

Being optimistic doesn't mean that everything turns out magically perfect. It never does, but being an optimist means you look beyond your problems in search of the solution that makes your dreams come true. In my case, I'm looking beyond a negative diagnosis to find the solution that gives me more life. Without optimism, I'd have given up already ... and I'm just not willing to quit.

What about you? What about your dreams? What was your passion before you gave up and said it was just too hard to achieve?

In the movie, "League of their Own," there is a scene where the star catcher, Dottie Hinson, played by Geena Davis, decides she is quitting and going home before the championship game. The manager, Jimmy Dugan, played by Tom Hanks stops her and has a discussion.

"(Baseball) It just got too hard," Dottie says.

Hinson responds, "It's supposed to be hard. If it wasn't hard everyone would do it. It's the hard that makes it great."

Achieving your goals and dreams isn't easy. Not giving up on your life when someone says its over is ridiculously hard. Not everyone succeeds. Most people are not optimistic.

It's hard being an optimist ... but it's the hard that makes it great.

Never give up. Never give in.

grandsons graduate from high school. I suspect I have grandchildren that are not Debunking hot pepper myths Always look beyond the problem and find the solution.

Enjoy the spicy heat hot peppers add to your meals without concern for the many myths surrounding these garden vegetables. Here are a few you may have heard but are not true.

Growing both hot and sweet peppers in the garden will not add spicy heat to the sweet varieties. Peppers are normally self-pollinated. If an insect happens to move the pollen from a hot to sweet pepper, it will not affect the flavor or heat of this year's harvest. If you save the seeds from a cross-pollinated pepper for next year's garden there is no guarantee on the results. The offspring from this cross may be hot or sweet, only time will tell.

Label hot peppers when growing, harvesting, and storing to avoid any mixups. The sweet banana pepper, for example, can easily be confused with hot banana. This makes for an unwelcome surprise when preparing, serving, and eating.

Consider wearing rubber gloves and avoid touching your face and eyes when working with hot peppers as they can burn. Wash your hands, utensils and cutting boards when finished to avoid any future issues.

Never assume all green peppers are sweet or you



GARDEN MOMENTS

> MELINDA MYERS

will be in for a surprise. Jalapenos are typically harvested when green and others like habanero and Anaheim are hot, whether

harvested when green or red. You will also find that hot peppers can be yellow, orange, brown and of course red.

You can turn down the heat when preparing your favorite recipes. Contrary to popular belief, all the heat in hot peppers does not come from the seeds. While partially true, the majority of the capsaicin that gives

Turn To **GARDENING** page **A10**



Photo Courtesy

Red Ember F1 cayenne pepper is an All-America Selections (AAS) winner. Judges described this early maturing pepper as spice but tastier than traditional cayenne pepper varieties.

Nearing retirement? What questions should you ask?



The recent market volatility has affected just about everybody's financial and investment situations – so, if you were planning to retire soon, will it still be possible?

Of course, the answer depends somewhat on your employment situation. With so many people's jobs being affected by the coronavirus pandemic, your retirement plans may also have been thrown into confusion. But assuming your employment is still stable, what adjustments in your financial and investment strategies might you need to make for your retirement?

Here are a few areas to consider, and some questions to ask yourself:

- Retirement goals – Now is a good time to review your retirement goals and assess your progress toward achieving them. You may want to work with a financial professional to determine if the current environment has materially affected your goals or if you need to make modest adjustments to stay on track.

- Retirement lifestyle - You probably created your investment strategy with a particular type of retirement lifestyle in mind. Perhaps you had planned to become a world traveler when your working days were over. Of course, in the near term, extensive travel may not be possible, anyway, but once we move past the pandemic, your freedom to roam will likely return. But if your investment portfolio is not where you thought it might be, can you (or do you want to) adapt your lifestyle plans? And can you accept the same flexibility with your other lifestyle goals, such as purchasing a vacation home, pursuing hobbies, and so on?

- Tradeoffs - Based on your retirement goals and your willingness to adjust your retirement lifestyle, you'll want to consider your options and tradeoffs. For example, would you be willing to work more years than you had originally planned in exchange for greater confidence in your ability to enjoy a comfortable retirement lifestyle? By working longer, you can continue adding to your IRA and 401(k) or similar retirement plan, and you may be able to push back the date you start receiving Social Security to receive bigger monthly benefits. You might also review your budget for opportunities to reduce spending today and potentially save more toward your retirement goals.

- Social Security – You can file for Social Security benefits as early as 62, but you can get 25 to 30 percent more if you wait until your full retirement age, which is likely between 66 and 67. As you created your retirement plans, you likely also calculated when you would take Social Security, but you may need to review that choice. If you postpone retirement a few years, what effect will that have on when you choose to take Social Security and, consequently, the size of your benefits? You won't want to make a hasty decision, because once you start taking Social Security, you can't undo your choice.

This is certainly a challenging time to be entering retirement, and you'll have some questions to answer. But even in the midst of uncertainty, you still have many choices. Consider them carefully and make the decisions that work for you.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Darren Parent, your local Edward Jones Advisor at 5 Albert St., Auburn, MA 01501 Tel: 508-832-5385 or Darren.parent@edwardjones.com. Edward Jones, member SIPC.

BLACKSTONE VALLEY TRIBUNE Friday, August 14, 2020 • 9

Keep an eye out for rocks when boating

Due to the lack of rain this year, many fresh water lakes and ponds are extremely low. Boaters need to be aware of structures like rocks and stumps that are normally submerged in some of their favorite waters which can cause serious damage to their motor or boat. Numerous reports by boaters in the last few weeks about hitting some of these submerged structures should be taken seriously. Fortunately, no injuries were reported from the anglers and family's that were involved.

The water quality is also a major concern to boaters and the swimming public. This past week, a local resident called me to report the smell of raw sewage at the lacky Dam Pond area. I visited the area last week and found the pond to be extremely low with very little water flow over the dam. Unfortunately, when the water becomes low the bottom residue at Lacky Pond is exposed, and is still polluted from years of dumping by mills upstream years ago.

Rotting weeds and algae are a common problem with low water conditions. Massachusetts Fish & Wildlife has control of the dam and could raise the water level by using the control arm at the dam. This writer was in charge of the dam's water flow for many years after the completion of the dam, but MFW now has taken responsibility. Residents should call MF&W Central District or at

the Boston office to get the water level raised.

If we do not get some relief by beneficial rain soon, we could see some fish kill at a few pond's in the coming days and weeks due to lack of oxygen. Eating fresh water fish at this time of year is not rec-

ommended by the Department of Public Health, from numerous bodies of water in the state. Bottom eating fish are likely to have worms in their meat, and also carry other forms of dangerous chemicals like mercury, which are found in most freshwater fish in local ponds and lakes. Bottom sediment in both the Blackstone River and Mumford River is still highly polluted, and will take many more generations before they are clean enough to swim in.

The Quabbin Reservoir is still open to fishing; however, the boat rentals are still not available to anglers that enjoy fishing on one the cleanest bodies of water in the state, not to forget to mention the great fishing it offers. Calling ahead to check on availability of boat rentals is recommended! Taking your own boat to the Quabbin can become very expensive, if you follow all of the rules in respect to boat washing.

If you are planning to take your

THE GREAT **OUTDOORS RALPH TRUE**

boat to the Quabbin, you will need to travel to the Western part of the state to have your boat washed and cleaned by an authorized garage. To the best of my knowledge there are no local washing sites in our area, but you can call Fish & Wildlife for more information. The efforts to keep

invasive weeds from getting into the Quabbin are a bit overblown, and have become very expensive for the boater and anglers to visit.

You need to make an appointment and pay a substantial amount of monies to have it done. After washing, you are cleared to take your boat to the Quabbin until you decide to use your boat in another lake pond or saltwater. When your boat is washed, it will have a tag affixed to the bow and wench. If it is broken or damaged, you will need to have it washed again. Concerns of invasive weeds being brought into the lake from other ponds on the bottom of boats, are the reasons for the strict regulations. You really need to have two boats, one for the Quabbin and one for the ocean and fresh water lakes and ponds.

The invasive weed problem in the state is becoming worse every year. Local lakes and ponds are covered with aggressive weeds that are mainly brought in by waterfowl, carrying seeds on their feathers and also from there feces. Some ponds have become totally covered by invasive species of weeds. Very little is being done to eradicate the weed problem. Purple loosestrife invasive weed is a big problem at Rice City Pond in Uxbridge. It has driven most waterfowl from the area ,and provides very little feed for waterfowl from other plants that were once abundant, like wild rice.

Technical difficulties prevented us from showing a photo sent in this week of Matt Fontain with a nice doormat fluke he caught last week in Rhode Island. The fish weighed five and a half pounds! The fish provided a few good meals for his family to enjoy. He is now hooked on fishing!

Hopefully, the Covid-19 pandemic outbreak is brought under control soon! Numerous outdoor Field Days by local Fish & Game Clubs are starting to plan their annual events, but only if the Covid situation improves dramatically. Life needs to get back to some form of normality! The Whitinsville Fish & Game Club is planning their annual Field Day for September, and others are doing the same. Stay tuned.

Take A Kid Fishing & Keep Them Rods

Advertising thermometers

buildings. Some were wood, but

they were more typically made

of all metal or enamel over metal.

Most of the thermometers were

vertical with rounded corners.

Collectors Weekly's website says

that thermometers became pop-

ular in the 1920's when "they

were made by beverage, food,

tobacco, automotive, and agri-

cultural firms, as well as the

health-care industry. These were

hugely popular in rural areas, because knowing the tempera-

ture, as well as the wind direc-

tion, was key to predicting the



Regular readers of this column know that old advertising signs are popular and can be quite valuable. Companies also used other methods besides signs to promote their brands. Gas station pumps featured brand names on their pumps. Soda companies displayed their names on coolers full of their soda. Manufacturers gave clocks and thermometers to country stores and corner markets to help promote their products. Many advertising thermometers are very valuable, but some can be affordable for novice collectors, too.

A 1991 Chicago Tribune article reported that Galileo "produced a thermoscope, which consisted of a large glass bulb with a long narrow open-mounted neck inverted over a container of colored water, alcohol or mercury. Gabriel D. Fahrenheit invented a mercury thermometer in 1714 that was similar to those that we are familiar with

Most American advertising thermometers were produced between 1875 and 1940, according to the Chicago Tribune. Advertising thermometers were intended to be hung outside of

you have picked the

first few tomatoes of a

particular variety, you

will get a feel for what

a ripe one will look

and taste like. Some

tomatoes are «deter-

minate» types, which

will stop bearing after



ANTIQUES. COLLECTIBLES & ESTATES WAYNE TUISKULA

weather.' The usual antique assessment factors also apply to thermometers. Age, condition, and rarity all mat-Some advertising thermometers can be affordable to average collectors. Five 1960's thermometers including one for Royal Crown soda and one for Camels cigarettes sold for \$70 each at auction last month. A Sealtest Milk round thermometer recently went for

However, plenty of advertising thermometers are worth much more. A Champion Spark Plugs metal thermometer had two wheels that could be rotated to show different options for "weather forecast" and "check service." It sold

for \$7,000 in 2015. A 1950 rare turquoise colored Coca Cola thermometer that was believed to be one of a few in existence brought \$9,500 in 2016. A round thermometer for Red Hat Moto Oil reached \$11,500 in 2016. A rare Ace High Motor Oil thermometer fetched \$12,000 in 2010. A porcelain Campbell's soup can with a thermometer in the spot where the gold medal symbol appears heated up the auction floor when it sold for \$16,000 in 2014.

Our Warren, R.I. online estate auction includes some vintage advertising thermometers. The preview will be held on Sept. 12, with bidding ending on Sept. 16. We will also be running an estate sale at a Southborough, Mass. mansion on Aug. 22 and 23. The video of the webinar I presented on getting the most for your estate items is now available on our website. More information will also soon be available on the online auction and estate sale on www.centralmassauctions.com.

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Tips to Pick the Fruits (and Vegetables) of Your Labor

The pleasures of the New England harvest season are truly bountiful. Ripe, red tomatoes heavy on the vine, stately rows of corn stalks, and pots of leafy herbs promise home grown goodness for the family table.

It's harvest time and backyard gardeners everywhere are anticipating the

well earned fruits of their labor. From plucking peppers to cutting cauliflower, proper harvesting ensures optimum flavor and nutrients from your home garden. Read on for the ways to up the odds of culling "the cream of the crop" from common vegetable and fruit plants.

Experts say the most important rule at harvest time is to pick vegetables daily. Plucking them as soon as they ripen not only offers superior taste, but this practice encourages plant production. Simply stated, harvesting on the day that the produce ripens can help you yield more from your seasonal crop. Furthermore, gardeners should be aware that some vegetables are best harvested when they appear premature. Examples include summer squash, zucchini and green beans, all vegetables can become tough and lose flavor when they are allowed to sit on the vine too long. Seed company Burpee offers expert advice on harvesting common fruits and vegetables:

Herbs. Pinch or cut back herbs frequently to keep them producing more stems and leaves (the parts we eat) and to keep them from blooming, which changes the flavor. If that means you have surplus thyme or oregano, dry it in a brown paper bag. Basil, especially, needs frequent pinching back to keep it bushy and productive. At some point in July or August everybody has too much basil, which is why the Italians invented pesto (find many recipes on the internet).

Tomatoes. There is a huge range of tomato varieties. Many kinds are red when ripe, but some are orange, yellow, striped or even green. Learn what to expect from your variety and monitor the plant closely as its due date nears. Generally, a tomato is fully ripe when it releases easily from the stem. If you misjudge a bit it's no tragedy, because tomatoes will ripen somewhat after picking. But they develop the fullest sweet flavor if they ripen in the sun on the vine. Once TAKE THE HINT

KAREN

TRAINOR

a few weeks. Most are «indeterminate» kinds, which will keep flowering and setting fruit until killed by frost, although colder weather will slow production. Its a good idea to pick your green tomatoes a week or so before your area's average first frost date. The more mature ones will ripen indoors if they are stored at room temperature, wrapped in newspaper so they don't touch. Or make fried green

tomatoes Peppers. Peppers are mature and ready to eat when full-sized but still green. If left on the vine longer, they will change color to red, orange, yellow or brown, depending on the variety, and will deepen in flavor and become less crisp in texture. Hot peppers left to change color will get hotter. So whether you pick at the green stage or later will depend on the variety and what you plan to use the pepper for. As with tomatoes, the first few you pick will teach you to gauge ripeness.

Lettuce. It's important to pick lettuce before hot weather encourages the plant to "bolt," or develop a flower stalk, which makes the leaves taste bitter. With leaf lettuce and many other greens, you can "cut and come again" while the leaves are young and tender, no more than five inches long. Use scissors to cut the largest leaves individually from the plants. When the smaller leaves get big enough, harvest those. You may be able to come back to a plant two, three or four times, a few days apart, before it gives up in the summer heat. To prolong the lettuce harvest, look for bolt-resistant varieties and sow seeds several times at two-week intervals. A tent of shade cloth or translucent row cover - or a site in part shade -- also may delay bolting in hot climates. In late summer, sow green seeds again for a fall crop.

Green beans. Green beans are an easy vegetable to harvest. Pick the pods when they are a little shy of their maximum size, to be sure that they are tender, with immature seeds. If you delay, the seeds will mature and harden and the pod will become tough. Don't pick green beans in the morning when the dew is still on the vines; wait until they are fully dry to avoid spreading disease. Be sure to keep up with regular picking to encourage the vine to keep flowering and producing pods.

Peas. For garden peas, pick a test pod and open it when the seeds have begun to swell inside. You're looking for peas that are round but still tender. Pick peas just before you are ready to shell and cook them. For snow peas and sugar snaps, taste a pod when it nears full size. You want a crisp, crunchy, fresh-tasting pod, in which the seeds have started developing but are nowhere near round. Pods left too long on the vine get tough and stringy.

Cantaloupes, muskmelons and honeydews: Harvesting melons can be tricky, even for melon farmers. You can thump the melon and listen for a dull, hollow sound or sniff it to see if it smells sweet. A ripe cantaloupe or muskmelon will begin to have a tan or yellowish color beneath the corky «netting» on its skin. A honeydew will feel smooth, not hairy. Cut the stem rather than breaking the fruit off, which creates a wound that invites the fruit to rot. Let the fruit ripen for another day or two at room temperature before cutting into it.

Watermelons. When the spot beneath the melon, where it sits on the ground, turns yellowish, rather than white or green, the melon is close to ripe. The rind also gets tougher, so test it with your thumbnail to how easily it dents. For old-fashioned full-sized watermelons, the traditional ripeness test is to thump and listen for a dull, hollow sound, but this may not work as well with the smaller «icebox» varieties. Ultimately, youll have to cut one open and decide if its ripe, and use that as a standard for the rest of the crop.

Cucumbers. Check the seed packet to see how large your variety of cucumber will get and how long that is expected to take. But bear in mind that you can pick cucumbers at any stage, depending on what you want to use them for. Smaller ones will be more tender, with thinner skins and few or immature seeds. Tooold cucumbers get dry and woody. Like melons, cucumbers should be cut from the vine, not pulled.

Sweet corn. Timing is everything with sweet corn. The kernels begin to lose sweetness and flavor the instant the ear is picked, so the great advantage of growing your own is so you can wait until the last minute. The traditional rule was to get the pot of water boiling to cook the corn and then go out and pick it. Sweet corn is ready to eat when you can feel full, rounded kernels beneath the husk; the silk at the top of the ear is drying out; and a squished kernel produces a milky

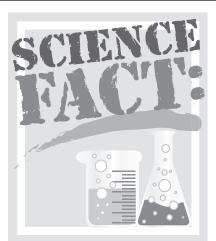
Root vegetables. Read the seed packet to see how long it should take before you start checking to see if your variety of carrots, beets, turnips, radishes or parsnips is ready for harvest. When its about time, loosen the soil gently and pull one up to see how big it is. Root vegetables are more tender and delicate in flavor if eaten younger and smaller; as they get older and larger, they get tougher, woodier and more pungent. If that's okay with you, you can store some root crops right in the cold ground after the tops die. Spread a thick layer of leaves, straw or other mulch to keep the ground from freezing so you can still dig them up, and you may be able to harvest carrots, turnips or parsnips.

Win Dinner for Two at the Publick

Your tips can win you a great dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renown restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? *Send questions and/or hints to: Take the* Hint!, C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or E-mail KDRR@aol.com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.





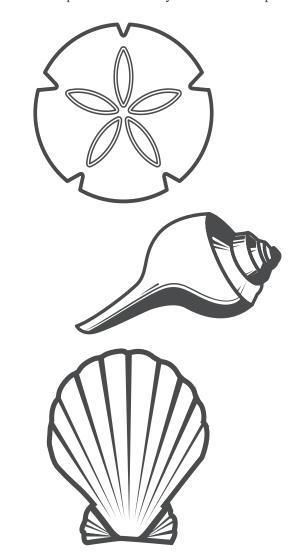
THESE AREAS OF THE PLANET ARE
MAJOR SOURCES OF FOOD,
MEDICINE AND JOBS. ALSO, 85%
OF THE WATER PEOPLE DRINK
COMES FROM HERE.

ANSWER: THE OCEANS

Creative Coloring

Celebrate the ocean.

Color in this picture to create your own masterpiece.





TAX

continued from page A1

manent and look forward to this year's

tax free weekend and the economic

Retail items of up to \$2,500, purchased

in Massachusetts for personal use on these two days, will be exempt from sales tax, according to the state's website. Purchases by corporations or other

businesses—or purchases by individuals for business use—remain taxable.

"We are proud to continue support-

ing local businesses and consumers as we work with our colleagues in the

Legislature to navigate the evolving

COVID-19 environment while adher-

ing to public health guidelines," said

Secretary for Administration and

Finance Michael J. Heffernan. "The upcoming sales tax holiday will be

an opportunity for people throughout Massachusetts to help support local

companies and generate much needed

State guidelines specify that the following items do not qualify for the sales tax holiday exemption: Meals; Motor vehicles; Motorboats; Telecommunications services; Gas; Steam; Electricity; Tobacco products; Marijuana or marijuana products; Alcoholic beverages, and; Any single item whose price is

activity that will come with it.'

- 1851: ISAAC SINGER IS GRANTED A PATENT FOR HIS SEWING MACHINE.
- 1865: JOSEPH LISTER
 BECOMES THE FIRST
 DOCTOR TO USE AN
 ANTISEPTIC DRUG
 DURING SURGERY.
- 1960: NASA LAUNCHES THE ECHO 1A, ITS FIRST SUCCESSFUL COMMUNICATIONS SATELLITE.



a large, brown seaweed

GARDENING

continued from page A1

more than \$2,500.

economic activity."

hot peppers their heat is in the white membrane that houses the seeds. When the seeds are growing, they may also be coated with extra capsaicin. Remove the white membrane and the seeds, just to be safe, if you want to turn down the heat.

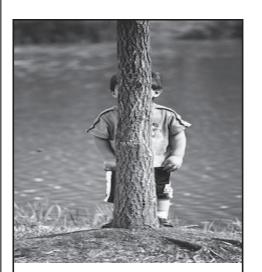
The spicy heat of hot peppers is measured in Scoville Heat Units. The ratings are based on the amount of sugar water needed to neutralize the spicy heat in the extracted capsaicin that has been diluted in alcohol. A panel of five taste testers decides when the spicy heat has been neutralized and then assigns the rating. Today many companies use a chemical process (liquid chromatography) but translate their results into the popular Scoville Heat Units.

The Scoville Heat Unit rankings vary from one type of hot pepper to another with Poblano-Ancho rating between 1,000 to 2,000, jalapenos 2,500 to 6,000, habaneros at 100,000 to 300,000 and one of the hottest, the ghost pepper, at 1,000,000 to 2,200,000 Scoville Heat Units. Ratings may also vary from individual plants within a specific type based on individual plants and differences and the growing

conditions.

Finally, do not worry if you had a bad day when planting your hot peppers. Contrary to some old adages, planting hot peppers when angry will not make the peppers hotter, but unknowingly taking a bite of a hot pepper may very well change your mood.

Melinda Myers is the author of more than 20 gardening books, including Small Space Gardening. She hosts The Great Courses "How to Grow Anything" DVD series and the nationally-syndicated Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine and her Web site is www.MelindaMyers.com.



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ENGLISH: Tide

SPANISH: Marea

ITALIAN: Marea

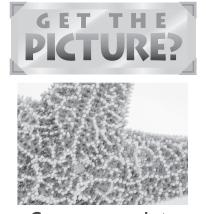
FRENCH: Marée

GERMAN: Ebbe



THE TIDE IS THE RISE
AND FALL OF SEA
LEVELS FROM THE
GRAVITATIONAL
FORCES OF THE
MOON AND SUN.





Can you guess what the bigger picture is?

ANSWER: SEA STAR

Fun By The

Like puzzles? Then you'll love

sudoku. This

puzzle will have

square off, so

sharpen your

pencil and put

your sudoku savvy to the test!

you hooked from the moment you

Numbers

 $\textcircled{\bullet } \overset{**}{\sim} \overset{*}{\otimes} \overset{*}{\sim} \sim \mathbb{O} \overset{*}{\sim} \diamond \overset{*}{\sim} \times \overset{*}{\sim} + \overset{**}{\sim} \overset{*}{\sim} \wedge \overset{*}{\sim} \overset{*}$

CRYPTO FUN

Determine the code to reveal the answer!

Solve the code to discover words related to traffic awareness.

Each number corresponds to a letter.

(Hint: 12 = E)

A. 2 17 24 12 7 8 17 9 26

Clue: Course taken

B. 16 17 12 6 2

Clue: Give way to

C. 18 12 24 10 12

Clue: Blend into something

D. 7 9 26 10 12 11 8 17 9 26

Clue: State of being blocked up

SUDOKU

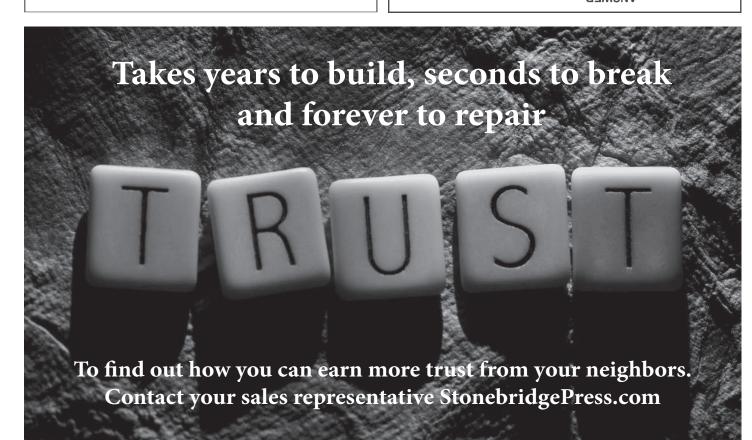
						2	4	
					3			
	7		9	4	2		8	
4	psessegge			3				
		3				7		2
7	8	2						5
				5		oseselle		
								9
		enemb.			8		2	7

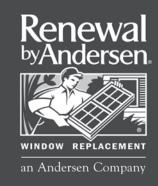
Level: Intermedia

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

7	2	ε	8	9	Þ	1	6	g
6	G	8	www	2	3	L	Þ	9
Þ	9	1	6	g	L	8	2	ε
Ğ	S	Þ	9	6	arak	2	8	7
2	abases	Z	t	8	g	ε	9	6
8	6	9	Z	3	2	G	ususk	Þ
3	8	G	S	ħ	6	9	2	good
9	L	6	ε	dans	8	Þ	g	S
made	þ	2	g	L	9	6	3	8
WINSWER:								ΝA





Tax Savings Event on windows!

We're celebrating our Tax Savings Event this month, and before August 15th you'll get our early bird special!

Save \$330 on every window and save \$725 on every patio and entry door plus **6.25% off your entire project and pay nothing for a whole year.** And when you set your appointment by August 15th, you'll get another \$250 off your entire project!1

- From last year we know that these appointments fill up quickly; call today
- This Tax Savings Event is even better than last year's!



on every window¹

on every patio and entry door1

Minimum purchase of four.

AND

6.25% OFF your entire project1

★ PLUS another ★

your entire project when you set your appointment by August 15^{th1}

No minimum purchase required.

WITH

Monthly **Payments**

Minimum purchase of four. Interest accrues from the purchase date but is waived if paid in full within 12 months. Participating states require the payment of sales taxes on all product sales.

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INSTALLER



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Area residents encouraged to report unsolicited seeds

BY KIMBERLY PALMUCCI

REGION — Several residents have recently reported receiving unsolicited packages that appear to have

originated in a foreign country and contain seeds. Now, local towns are encouraging residents to report the receipt of unsolicited seeds.

"Report receipt of any unsolicited seeds—do not plant," Sutton's Board of Health released.

The Massachusetts Department of Agricultural Resources (MDAR) has been notified that several Massachusetts residents have received the seeds. While the exact types of seeds in the packages are unknown, the seeds are thought to be invasive plant species, and not believed to be harmful to humans or pets but could pose a significant risk to agriculture or the environment, according to MDAR.

"MDAR encourages Massachusetts residents that receive or have received an unsolicited package of seeds to not plant the seeds and immediately complete a form on MDAR's website to provide important information to state plant regulatory officials," the department stated.

Residents that receive a package should hold on to the seeds and all packaging, including the mailing label. A representative from the U.S. Department of Agriculture or MDAR will be in contact with instructions regarding the collection or disposal of the seeds.

Invasive plant species can threaten the integrity of local ecosystems and displace native plants, including rare and endangered species. The most effective approach to mitigating the risk of invasive plant infestation is to take steps to ensure they are not planted.

Unsolicited packages of seeds have also been received recently by people in several other states across the United States. The U.S. Department of Agriculture announced that it is working with state plant regulatory officials to investigate the situation. The USDA urges anyone who receives an unsolicited package of seeds to immediately contact their state plant regulatory official or plant health director.





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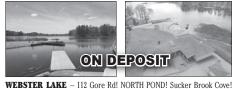




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WEBSTER LAKE WATERFRONT - 3 Lakeview Rd! Middle Pond - Reid Smith Cove! Ideal Summer or Yr Round 6 Rm Ranch! Western Expo - Beautiful Sunsets! Near All the Excitement that "Indian Ranch" provides, Dining, Concerts & the Indian Princess! An Arched Bridge to Your Own Private Island, a Great Place to Enjoy the Lake from! Open Flr Plan! Being Sold Fully Furnished! Recent Kit w/Quartz Counters, $Breakfast\ Bar,\ SS\ Appliances,\ Tile\ Flr\ \&\ Recessed\ Lighting!\ Liv\ Rm\ w/Hrdwd\ Flr,\ 6x14\ Lake\ Facing\ Picture$ Window & Stone Frole! 3 Remodeled Bdrms w/Ceiling Fans & Hrdwd Flrs! Master w/Bath & Closet! Screen Porch w/Lake Views! Dock! Carport! Shed! Still Time for this Summer! \$579.900.00



GRAFTON - 168 Brigham Hill Rd! 8 Rm Garrison Colonial set on 1.3Acres! 4 Comfortable Bdrms & 2 Full Bthrms! Freshly Painted, Floors Recently Refinished! Spacious Kit wLunch Counter! SS Appliances w/Gas Cook-Topl Grand Dining Rm for Family Gatherings! 19x26 Living Rm wPellet Stovel Master Bdrm w/Dble Closets & Hot Tub! Bright & Airy Mudroom out to the 2 Car Garage! Furnace & Hot Water Tank 5 Years Young! Radon tested at 2.5! Newer Roof on Garage & Breezeway! New Well Water Tank Installed! Title V in-hand! Property Abuts Grafton Land Trust - Hiking Trails Right Out Yo Door! Convenient to Routes 90, 9 & 20! Immediate Occupancy! **\$449,900.00**









WEBSTER LAKE - 62 Bates Point Rd! Middle Pond! Absolute Prime 51' Level Waterfront Lot w/Western Expo! Beautiful Sunsets! Fantastic Panoramic Lake Views! 11 Rms, 6 Bdrms, 4 Bathrooms, 3,269' A/C'd Colonial! Custom SS Applianced Granite Kit! Formal Din Rm w/ Cherry Hrdwds! Lake Facing Liv Rm w/Cathedrals, Cherry Hrdwds! Slider to Waterfront Deck! Spacious 1st Flr Master Bdrm w/Full Bath, Cherry Hrdwds & Walk-in Closet! Frplcd Lower Level Fam Rm! 1st & 2nd Flr Laundries! 2 Car Garage! \$949,900.00













WEBSTER LAKE - 11 Bay View Rd! One of the Lake's Premier Properties! 9,822' of Nice! .68 Acres of Park Like Grounds! 297' Waterfront! \$4 Million Spent, Nothing Spared! 17 Rms! 5 Water View Bdrms, 5.5 Bathrms! Brazilian Cherry Hrdwd Flrs, $Grand\,\&\,Spiral\,Stairways!\,Elevator, Ground\,Flr\,to\,Master\,Suite!\,In-door\,Resistance\,Swimming\,Pool, Hot\,Tub\,\&\,Bthrm\,w/Steam\,Grand\,Briton, Ground\,Flr\,to\,Master\,Suite, Grand\,Briton, Grand, Grand\,Briton, Grand\,Briton, Grand\,Briton, Grand\,Briton, Grand\,Briton, Grand, Gran$ Shower off Exercise Rm! Billiard Rm! Media Rm! Center Isl Granite Kit w/Viking Gas Range, Sub-Zero Frig, Pantry & Breakfast Bar! Open Flr Plan! Din Area, Fam Rm w/Entertainment Center w/Wet Bar! Formal Din Rm, Frplc Liv Rm & Atrium! Library w/Deck! Waterfront Master Suite w/Office, Bdrm w/Triple Glass Dr to Private Deck w/Lake Views, 3 Walk-in Closets, Bathrm w/Multi-Head Shower, Whirlpool, Dble Vanity, Separate Commode/Bidet/Sink Area! 16 Z's of Updated Geothermal Heat/A/C! Recessed Lights & Fire Sprinklers Through Out! 3 Car Garage! Generator! Slate Roof! Reward Yourself! \$2,499,900.00



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in! Hardwood floors! Brick fireplace & ca-thedral ceiling! Open floor plan! rear covered porch. 2 large bedrooms. 1 & 1/2 baths! Recent roof in Yr. 2019. assisted sale **\$260,000**.



Privacy!! Off Ridge Drive - 2 abutting Lots offered as a package. Each, has there own Deed description. Lot# 19 Contains 27,699 SF of land area, Lot# 20, Contains 24,883 SF of land area. Total 52,582 SF. / 1.2 acre. \$50,000.

LAND WEBSTER/OXFORD/DUDLEY/DOUGLAS **Dudley -** Marshall Terrace 12,000 +/- Sq, Ft. Potential for a 2 family to be built! Town Water, Sewer **SORRY SOLD \$70,000**

Webster - 85 Upper Gore w/View of the Lake. 1+ acre! Much work done! Artesian well, Septic Design,& Conservation NEW PRICE \$115,000 Webster - Cooper Rd 2 Buildable Lots! Water/Sewer Access, Zoned Lake Residential! \$49,000. ON DEPOSIT Douglas-Mount Daniels Lot #2-2.5 Acres of flat \$132,900 land that abuts Douglas State Forest Oxford - 4 Leicester St. approx. 8.47 acres! River frontage! Possible to be subdivided. NEW PRICE \$89,900

On the shores of Lake Chargoggagoggmanchauggagoggchaubunagungamaugg

WEBSTER LAKE - 28 BLACK POINT RD



BOATER'S & FISHERMAN'S PARADISE! 2019 custom cape! Nnew 28 ft poly dock on a 4ft plus deep channel In quiet lower cedar cove"

4ft plus deep channel in quiet lower cedar cove" move to end after central AC! The benefits of Lake Livingl Enjoy Sunrise Lake Views from an Expansive Back Deck & Sunset Views from an Expansive Back Deck & Sunset Views from your Farmer's Porch. Open Floor Plan, Cathedral Ceilings, Stone Fireplace, Upscale Gourmet Kitchen w/Huge Island, Sunny Breakfast Area w/Built In 1 Full Bath. 2nd FL Features, Very Private Master BR Suite, Lg Walk-in Closet, Full Bath w/ double vanity, Private W/C, large Walk-in Tile Shower! 1,500 SF+ Bassement for FUTURE ENTERTAINENT or Possible IN-LAW AREA w/ INSIDE & OUTSIDE ACCESS. Rough Plumbed for Full Bath and Kit.. Central A/C! Check out our Video Too!

WEBSTER LAKE - 100 LAKESIDE AVE



WEBSTER LAKE! PANORAMIC VIEWS! WEBSTER LAKE! PANORAMIC VIEWS! BEAUTIFUL SUNSETS! Extraordinary Waterfront Contemporary! Architect designed with Lake Living in mind, Custom Built with Attention to High Quality & Detail. Outstanding open concept, water view from almost every room. Nicely situated on a .25 acre level peninsula, 180°+/- prime lake frontage! Enhanced by a all natural shoreline! story foyer coxy fireplaced living room gours.

All you need to live is located on the 1st floor. Grand 2 story foyer, cozy fireplaced living room, gourmet kitchen, lake facing dining , formal dining room, media room & spacious 1st floor guest BR Suite w/private bath. Incredible 2nd floor fireplaced lake-facing corner master suite w/luxurious private bath, 3 more 2nd floor BRs & full bath! Something Special! Remember, Timing Is Everything





Courtesv

BAY STATE SAVINGS BANK HOSTS **FUNDRAISER** BENEFITTING SERVICE DOGS

Bay State Savings Bank is proud to announce the success of its month-long fundraiser in support NEADS, a nationally recognized, ADI Accredited 501 c(3) nonprofit that trains highly-skilled Service Dogs to help people who are deaf or have a physical disability, veterans suffering from PTSD, or children with autism or other developmental disabilities. The fundraiser was held in honor of the Bank's mascot, Benjie, who celebrated his first birthday on June 27. In total, \$6,410 was raised to benefit the NEADS organization, all of which will go directly towards supporting the dogs. Bay State Savings Bank would like to thank everyone who helped support the fundraiser and ensured its success.





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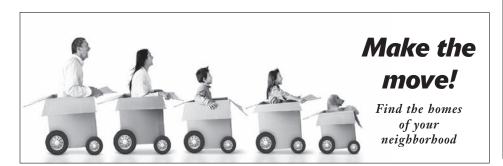
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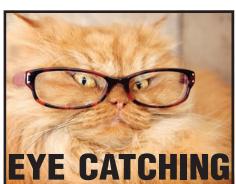
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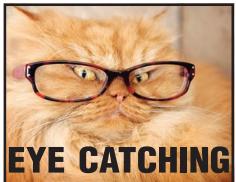
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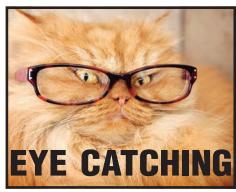
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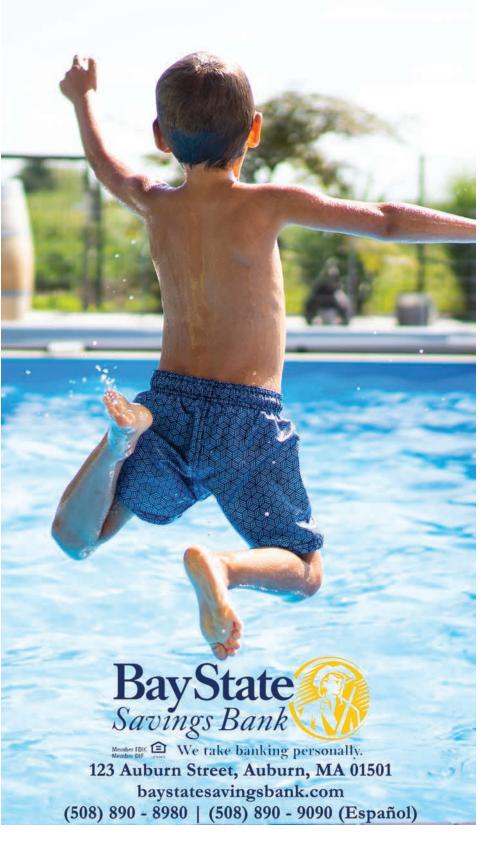




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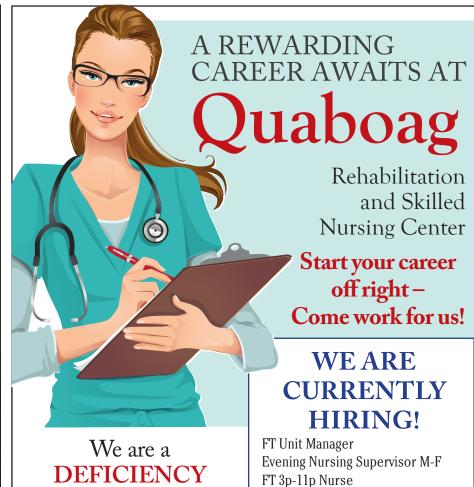
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