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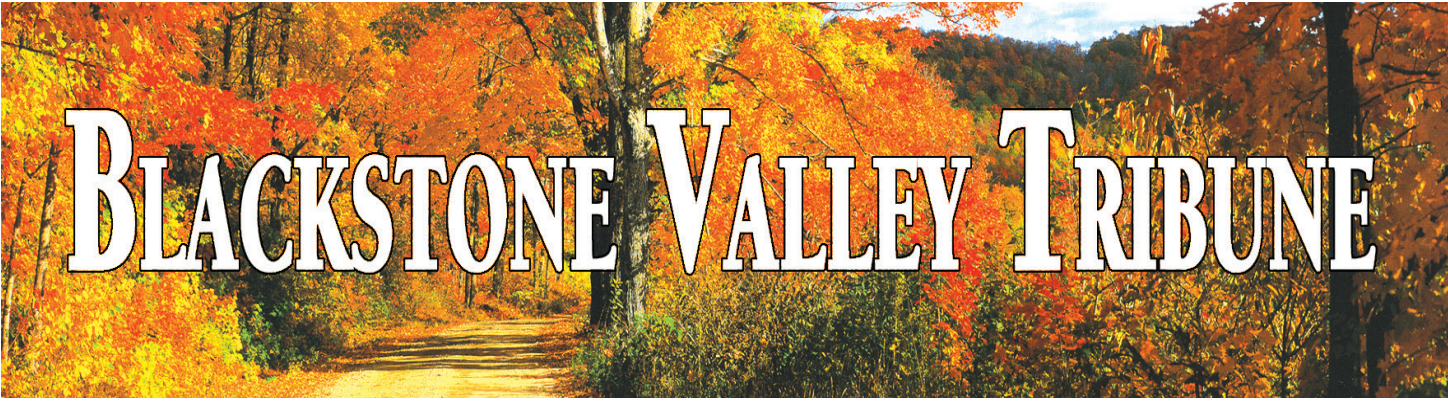
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Deborah Wheelock DAR dedicates “Never Forget” garden

UXBRIDGE — Sunday, Nov. 6 dawned unseasonably warm and slightly overcast for Uxbridge’s annual Veterans Day parade and ceremonies on the Town Common. But, at one o’clock, spirits were bright on the front lawn of the Simeon Wheelock House (1767), owned by the Deborah Wheelock Chapter, DAR.

Last year, as part of a community beautification project, a three-season garden was planted by Chapter members Barbara Hall, Judy Thomas and Pam Foley. It honors our Patriot Ancestors and celebrates the centennial of the Tomb of the Unknowns at Arlington National Cemetery in Virginia. Planted with perennials, individual bricks, purchased by DAR members, line the border. Each names a Revolutionary War ancestor with state



Left to right: Sen. Ryan Fattman, Mary Tedesco, Camille Williams, Carolyn Nutt, Anne Marie Cleary.

of service. Proceeds (\$500) from the sale of bricks were distributed to local veterans in need of winter fuel assistance by the Blackstone Valley Veterans agent.

Since no dedication was held in 2021 due to COVID, Chapter Regent Camille (Mille) Williams welcomed the State Regent Carolyn Nutt, State Vice Regent Mary

Tedesco, State Senator Ryan Fattman, Selectman John Wise, and Assistant Veterans Agent Ann Marie Cleary and a dozen chapter members for a delayed dedica-

tion ceremony. In brief remarks, Ms. Williams noted Arlington reminds the Nation to remember, honor, reflect and “never forget” all who served, defended and died for our

country. In a small way, this garden connects us to that tradition as she told an extraordinary story of discovering the

Turn To **GARDEN** page **A11**

BVT students and staff celebrate cultures and traditions

UPTON — Food, music, and art are great unifiers, connecting people from different backgrounds and experiences. Traditional recipes carefully passed down from one generation to the next can be a source of pride and an expression of cultural identity. Making and sharing those foods is a simple way to celebrate one’s heritage with others. It is also one of the many ways Blackstone Valley Regional Vocational Technical High School students

and staff contributed to an authentic celebration at its second annual Multicultural Festival. The interdisciplinary event held at the school on Oct. 28 included a Multicultural Center featuring student-run booths representing many countries and, in the process, diverse traditions that make each of the students unique. Members of our Multicultural Club presented thoughtfully prepared posters with items and goods from

countries and cultures worldwide. The students and staff enjoyed sampling the tasty offerings at the student-run booths.

If you were open to trying foods from other countries, you might have stopped by one of these booths, African American Culture by Keyara Jones, an assortment of cornbread muffins. Colombia by Colby Duncan and Ayala Gonzalez, Colombian soda samples. Ecuador by Nico Alvarez-Benincasa,

Jacob Selby, and Kylie French, plantain chips. France by Maura Cleary and Madison Maynard, eclairs, and coconut macaroons. Ireland by Zoey Dauderis and Gabrielle Mathis, slices of Irish soda bread. Mexico by Kevin Flores and Natalia Vazquez, sweet pastries. Vietnam by Jackson Doan, spring rolls.

“I was proud to see our students sharing their cultures and traditions

Turn To **BV** page **A11**

Police to participate in training, educational opportunities

BY **KIMBERLY PALMUCCI**
TRIBUNE CORRESPONDENT

SUTTON — The police department has announced that several of its members plan to add training and educational opportunities to their upcoming schedules. “It’s about that time of year where life seems to speed up and gets hectic due to the approaching holidays,” the Sutton Police Department shared in a statement on social media, adding that the upcoming training will help the department serve members of the community better. “Our folks are no different here at the police department.”

Just after the new year, Police Chief Dennis Towle will be attending FBI-LEEDA’s “Command Institute” class, according to the department.

“After that, he’ll just need one more session and then our agency will receive it’s Trilogy Award,” the department shared, adding that this departmental award is given when of all of a department’s Command Staff have successfully completed the Command Institute, Executive Institute, and Supervisory Institute.

Police Sgt. Matthew Bohanan will be attending a class “focused on law enforcement mental health and suicide prevention,” according to reports.

“Our mental health is equally as important as our physical health,” the department shared. “Did you know that more police officers die by suicide than in the line of duty? It’s a troubling statistic that isn’t improving, so if we can help each other by becoming better educated about the subject, we absolutely will.”

At the end of December, Student Officer Blake Dickman will be graduating from the Boylston Police Academy and begin his field training period, the department shared.

“Field training builds upon the basics that the police academy teaches recruits and shows the new officers how we, as a department, work,” police said.

Ptl. Alexander Sinni will begin a Taser Instructor certification with Axon; by sending Ptl. Sinni to become an instructor, police said it will allow him to recertify the department’s officers in carrying “Electronic Control Weapons”—tasers.

Also in December, Patrolman Brenna Perry will be attending Sexual Assault Investigator training, which will add her to the list of officers that are currently certified in investigating reports of sexual assaults, police said.

Patrolmen Jayson Urato and Adam Graves plan to become RAD Kids Instructors, which will allow the

Turn To **POLICE** page **A11**

WCHS launches HOSA Chapter

WHITINSVILLE — Whitinsville Christian School has launched a chapter of HOSA, a global student-led organization with a mission to empower future health professionals to become leaders in the global health community, through education, collaboration, and experience. As their national service project, WCS HOSA has teamed with Be The Match, a global leader in bone marrow transplantation. This week, students



hosted a variety of events in the high school to bring awareness to a variety of health topics and to fund-raise for Be The Match.

“WCHS was thrilled to have Stacey Savage join our high school faculty team this year,” said Tammi Gorman, Dean of Faculty and Instruction. “In addition to her teaching role, she is also our STEM Coordinator, building opportunities for WCS and supporting those students on our STEM diploma endorsement track.”

“I entered the year hoping we could begin a HOSA chapter at WCS and I prayed we could meet the minimum requirement of five students,” said Savage. “I was so excited to have sixteen students join this new club. It’s been a pleasure getting to know them, seeing their dedication to health sciences, and discovering

Turn To **HOSA** page **A11**

Holiday makes for early deadlines

Due to the Thanksgiving holiday, the submission deadline for any press releases and letters to the Editor intended for publication in next week’s edition of the Blackstone Valley Tribune has been moved up to Monday, Nov. 21 at 9 a.m. Submissions can be e-mailed to news@stonebridgepress.news.

The staff of the Blackstone Valley Tribune would like to wish our readers a safe and happy Thanksgiving.

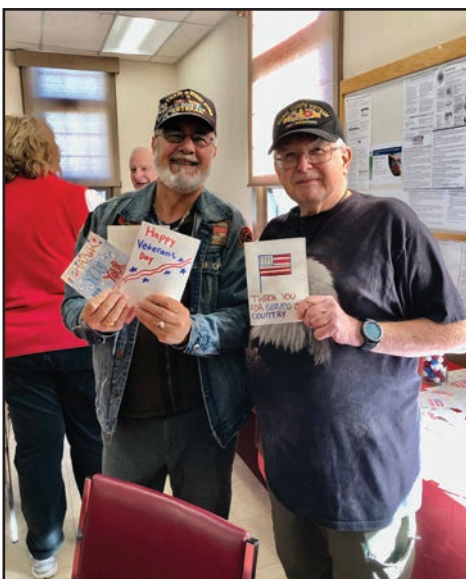


Courtesy



HOME OF THE FREE, BECAUSE OF THE BRAVE

Local senior veterans from the Army, Navy, Marines, Air Force, and Coast Guard enjoyed a special veterans breakfast at Plummer Place this week. The event was sponsored by Senator Ryan Fattman, Representative David Muradian, and the Northbridge Police and the Northbridge Fire Departments. Veterans enjoyed a hot catered breakfast, the companionship of fellow service members, special treats from Project New Hope, and beautiful hand-made cards and artwork from the Northbridge Middle School students. It was a wonderful morning for all in attendance as veterans were thanked for their patriotism, bravery, and overall love of our country.



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DHS alumna riding in her first Pan-Mass Challenge Winter Cycle

DOUGLAS — Douglas High School alum Jessica (Jesi) Bolandrina, Class of 2009, is riding in the Pan Mass Challenge Winter Cycle to raise money for Dana-Farber Cancer Institute in Boston.

In February 2023, Bolandrina will be riding in her first Pan Mass Challenge Winter Cycle at Fenway Park in Boston, where she will ride with nearly 1,000 other volunteer riders.

“I have created a Facebook fundraiser, as well as a PMC Profile Page (<https://profile.wintercycle.org/JB0865>) to help me reach my goal of raising \$750,” said Bolandrina. One hundred percent (100 %) of every dollar raised goes right to the Dana-Farber Cancer Institute to fund cancer research and treatment.

“The first \$25 donation is in memory of Rita Thorne. I will be wearing an emerald-green ribbon with her name on

it in her honor.” Thorne, a close family friend passed away early this year of a rare intrahepatic cholangiocarcinoma (bile duct cancer) and Chronic Myeloid Leukemia (CML). Thorne was a cancer warrior and inspiration to her many followers as she bravely shared her journey through Chemo.

According to Bolandrina, “While Rita’s strength throughout her fight with cancer is incredible, she was so much more than her struggles. Rita was a pillar of the Filipino American community in New England. She was a role model who showed me how to be graceful, philanthropic, kind, empathetic, confident and memorable. I am glad to know that we all loved and cherished her while she was with us. Now, in her memory, I am even more dedicated to doing my part in helping cancer patients, survivors,

caretakers and more.”

When someone donates to Bolandrina’s ride, or even if they don’t donate but are sending their support, Bolandrina said, “I would be honored to wear a ribbon in memory of someone you care about who is battling with or who has finished their fight with cancer.”

Bolandrina was born in Boston and raised in Milford and Douglas. After graduating from Douglas High School, she earned her Bachelor of Arts Degree from Northeastern University, majoring in Journalism. Now, she works as a Regional Field Manager for Balfour & Co. She lives in New Britain, Conn. with her fiancé, Nick Pietroniro who is riding in his third PMC Winter Cycle. She first volunteered for PMC with her family at Provincetown in 2018, and has volunteered as part of the Monument Finish team since.



News from Beginning Bridges

Facebook: Beginning Bridges CFCE – Emurray@smoc.org – 508-278-5110

Beginning Bridges CFCE ‘s vision is that children, youth, and families reach their full potential now and in the future. Our mission is to work with families and community partners to create the conditions for children, youth and families to thrive socially, academically and economically. Funding for the Coordinated Family & Community Engagement Grant (CFCE) is provid-

ed by the Massachusetts Dept. of Early Education and Care (EEC) and sponsored by South Middlesex Opportunity Council (SMOC-Childcare/Head Start). Beginning Bridges CFCE has funding for the towns of Mendon, Northbridge, Upton & Uxbridge. Currently, our FREE comprehensive services include weekly indoor and outdoor parent/child playgroups. We also offer parent education programs, the Ages & Stages Developmental Questionnaire and can connect families to community resources.

Upcoming Events- Registration is required for all upcoming events. Links can be accessed on our website (BeginningBridgesCFCE.weebly.com) or contact Emily Murray at 508-278-5110 or Emurray@smoc.org. Our Winter Newsletter will be e-mailed and posted to our website on December 8th.

Mondays to Fridays, Parent Child Playgroups, 9:00 to 10:45am, at the Uxbridge Playcenter, 9 North Main Street, Uxbridge, MA, lower left

office.

Tuesday, 12/06/22, Music and Movement with Deb Hudgins, 10:30 to 11:00am at Upton Town Library. Check Library website for location and registration information.

Wednesday, 12/21/22, Music and Movement with Deb Hudgins, 10:30 to 11:00am at Whitinsville Social Library. Check Library website for registration information.

Thursdays, 12/01 – 01/12/2023, Hop, Hop, Hop a lot! Stories, Songs and Wiggles, 9:15 to 11:00 am at the Uxbridge Playcenter, 9 North Main

Street, Uxbridge, MA, lower left office. Check website for more information.

Thursday, 12/01/22, Parent Education Workshop with Jill Vetstein, Preparing Your Family for the ALL the Emotions of the Holidays. 7:00 to 8:30 pm – zoom link to be e-mailed after registration. Please see website for more information.

Thursdays, 12/08, 01/05, Coffee and Conversations, 9:30 to 10:30 am at Taft Public Library, 29 North Ave in Mendon, join us for an informal drop-in

playtime where families will be able to build social connections, learn about early childhood development and family friendly resources. Please bring your own coffee. Muffins from Muffin House Cafe will be provided.

Thursdays, 01/19-02/16/23, Lap Babies, 10:15 to 11:45 am, at the Uxbridge Playcenter, 9 North Main Street, Uxbridge, MA, lower left office. This is a time for caregivers and 0 to 12-month babies to circle up and enjoy singing, finger plays, tummy time and reading.

Sutton Historical Society announces December events

SUTTON — The Sutton Historical Society will be participating in the Annual Sutton Chain of Lights Celebration on Saturday, Dec. 3, from 10 a.m. - 4 p.m. The trolleys will not be stopping at our locations; however, only a visit to the Eight Lots School House, 54 Eight Lots Rd., will require your own automobile. Thought to be one of the oldest one-room school houses still on its original foundation, it is a gem with a custodian willing to share his in-depth knowledge of this building and its history. Society members will be “firing up” the forge at the M.M. Sherman Blacksmith Shop, 6 Singletary Avenue. It should be a toasty visit to browse and ask questions about the large collection of blacksmithing and farm tools. In addition to the military history of Sutton, a background on the cotton industry, and a display of Native American arrowheads, The General Rufus Putnam Museum, 4 Uxbridge Rd., will be hosting a local metal detecting

aficionado who will be displaying many of his amazing Sutton finds. These two locations are a quick walk off of the Sutton Common. Stop into all three locations to gain a wealth of knowledge about Sutton’s rich history. Admission is free.

On Tuesday, Dec. 6, at 6:30 p.m. in the Fellowship Hall of the First Congregational Church, 307 Boston Rd., members are invited to our annual potluck. This is a fun way to usher in the holidays with your fellow members. Bring your favorite main dish, dessert or beverage to share.

As we bid adieu to 2022, mark your calendars for the Annual Last Night Cannon Firing at the M.M. Sherman Blacksmith Shop, 6 Singletary Ave., on Dec. 31. Plan to arrive by 11:45 a.m. to watch the crew prepare. An addition this year, thanks to a dedicated group of volunteers, are

spotlights illuminating the set up field for the crew. This is a fun event for the whole family! Questions can be sent to sutton1704@gmail.com. Any event updates will be posted to our Web site, suttonhistoricalsocietyinc.org.

Celebrate Thanksgiving at the historic Uxbridge Quaker Meetinghouse

UXBRIDGE — Bundle up in layers and bring a thick blanket to warm your legs as you enjoy the simplicity and peace of the historic 1770 Quaker Meetinghouse in Uxbridge on Thanksgiving morning. The non-denominational Thanksgiving service will be held this year on Nov. 24 at 9:30 a.m. in the meetinghouse, which is located at the corner of Aldrich Street and Quaker Highway in Uxbridge. A fellowship gathering will follow in the new carriage shed.

The annual Thanksgiving celebration is truly a family affair, enlivened by music and a warm glow from the two blazing fires. Three representatives of the area faith community will assist with the service. A short period of thoughtful reflection in the Quaker tradition will provide the opportunity to breathe deeply, relax and let the serenity of the surroundings take over for a precious moment.

The Uxbridge Quaker Meeting House Association, sponsor of the event, is a non-profit organization founded in 1952. Its primary purpose is the preservation of the historic building. In addition, the group encourages the use of the meetinghouse for religious, educational and civic purposes. A Capital Campaign, completed in 2021, raised funds to replace the unsafe carriage shed and repair the ox brake shed on the property.

For further information about the Association, please contact quakermeetinghouseassoc@gmail.com.





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PET of the WEEK



Pumpernickel, 7-year-old male

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I am a mature adult, who has aged like fine wine! I am a charmer who loves everyone that I meet. I have mastered how to be a fan-favorite, so I know the feeling is always mutual. I enjoy belly rubs and love snuggling. I hope I find a forever home that does too!

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UXBRIDGE SENIOR CENTER

36 South Main St.
December 2022

Lisa Bernard – Director
Gail Boutiette – Outreach Coordinator
Donna Oncay – Transportation Coordinator
Omer Boucher – Van Driver
Sally Selvidge – Activities Coordinator
Pat Ordway – Chef

DIRECTOR NEWS
FOR DECEMBER 2022
NEWSLETTER

I would like to personally thank all the contributors, donors, and volunteers who helped make the Thanksgiving meal distribution a success. We were able to distribute over 200 meals to our seniors on Monday, November 21st for lunch. This year we collaborated with the Mendon Street Kitchen in Uxbridge to cook the luncheon.

The Town of Uxbridge is truly blessed to have so many people who care for each other. What a wonderful way for the community to come together for a great cause. Thank you for allowing the Senior Center to be a part of this endeavor.

Here is a list of our major contributors/donors:
Mendon Street Kitchen
Savers Bank
Table Talk Pies
Hannaford's
Fallon Health

I also want to acknowledge all of our volunteers. Thank you to those folks who donated canned cranberry sauce, gravy or provided monetary donations. Thank you to Fallon Health for the \$1000 grant monies that helped curb the cost to

the senior center. Our seniors thank you!

Thank you to all who supported the Krispy Kreme Fundraiser! Proceeds went to assist the Activities Program at the Senior Center. Our top seller received a \$20 Hannaford's gift card. Thank you for your support!

The Uxbridge Elderly Connection sponsored all of our holiday luncheons this year. We wish to thank all who contribute to the Elderly Connection's ongoing efforts this year. Without their continued support, we would not be able to provide the extra activities and expenses that are not in our municipal budget. THANK YOU!

The winter months are now upon us. Please look after your elderly neighbors, relatives and friends. Please consider to call or write to your friends and those in need. A little kindness will go a long way! Remember, people will forget what you say or do but they will always remember how you made them feel. Take the time to make someone feel special!

Lastly, I want to personally wish everyone a blessed Merry Christmas and Happy New Year!

Sincerely,
Lisa Bernard
Director

Thursday, Dec 1st – 10:30 am – 11:30 am – Veterans' Services with Carl Bradshaw by appointment only. Call 508-278-8622 to sign up.

ZUMBA Classes Thursday,

Dec. 1st, 8th, 15th & 22nd – 1:30 pm – 2:30 pm – Amy Smith will be your instructor.

Chair Yoga Classes Thursday, Dec. 1st, 8th, 15th & 22nd – 2:45 pm – 3:45 pm – Dr. David Tapscott will be your instructor. Classes will be held at the McCloskey School, 62 Capron Street.

Thursday, Dec 1st – 4:00 pm – Trip to LaSalette with Sally! Call ahead to sign up as seating is limited.

Friday, Dec. 2nd – 12:00 pm – Lunch & Learn with Chief Montminy. Guest speaker will be Lori Hout from Family Continuity and she will talk about Opiate Addiction & Seniors. Lunch will be prepared & sponsored by Atria Draper Place.

Monday, Dec. 5th – 1:00 pm – Trip to Hobby Lobby with Sally. Please call ahead or stop in to sign up.

Tuesday, Dec. 6th – 9:00 am – 12 – Late date for SHINE Appointments for health insurance questions with Pat Nectow. Please call 508-278-8622 to schedule.

Tuesday, Dec. 6th – 1:30 pm – Wooden Tree Craft Sally! Donation \$7.00. Call or stop by to sign up!

Wednesday, Dec. 7th – 12:00 pm – Lunch outing to Gia Ristorante Italiano. Please join us at Gia's located at 785 Quaker Hwy. Your luncheon choices are: Haddock Francese, 10oz. Burger or Chicken Parm w/ penne. Also, have your choice of soup or salad, dessert & soft drink. You must call or stop in to sign up.

Monday, Dec. 12th – 1:00 pm – Trip to Christmas Tree Shop with Sally! Please call ahead or stop in to sign up.

Tuesday, Dec. 13th – 1:00 pm – Uxbridge Library Book Club. They will be reading Christmas Bells by Jennifer Chiaverini. You are welcome to join us for lunch on this day.

Tuesday, Dec. 13th – 1:00 pm – Benefit Enrollment Specialist

– Tri-Valley, Inc. Call the senior center to book an appointment with Katelynn Wackell. Next date will be Jan 10th.

Tuesday, Dec. 13th – 1:30 pm – Sock Snowman craft w/Sally! Donation \$7.00. Call or stop by to sign up!

Thursday, Dec. 15th – 1:00 pm - Centerpiece Surprise with Tina from Bemis Farms! \$20.00 per person. Call or stop in to sign up.

Friday, Dec. 16th – 12:00 pm – Annual Christmas Celebration Sponsored by the UEC. Entertainment will be Tommy Rull and also a surprise visit from a special guest! Call ahead to reserve your lunch.

Monday, Dec. 19th – 1:30 pm – Slate Tree Craft with Sally! Donation \$7.00. Call or stop in to sign up.

Monday, Dec. 19th - 1:30 pm – “Ask the Attorney” with Attorney Ralph Tepper by appointment only. Please Call 508-278-8622 to schedule your appointment at the Uxbridge Senior center.

Thursday, Dec. 22nd – 8:30 am – Podiatrist Dr. Biancamano will be available for appointments. Please call ahead to book yours.

Friday, Dec. 23rd & Monday, Dec. 26th – The Senior Center will be closed in observance of Christmas. We will re-open on Tuesday, Dec. 27th. “Christmas is most truly Christmas when we celebrate it by giving the light of love to those who need it most.” Ruth Carter Stapleton.

Tuesday, Dec. 27th - 11:00 am – 12:00 pm – Ask the Nurse Free Blood Pressure Clinic with Nancy Favulli, Salmon Health VNA. RSVP to participate and to join us for lunch.

Thursday, Dec. 29th –12:00 pm - New Year's Eve at Noon Celebration Sponsored by UEC. Tim Brooks – The Crooner At Large will be here to entertain us! Call ahead to RSVP.

Friday, Dec. 30th & Monday, Jan. 2, 2023 – The Senior Center is closed in observance of

MILLBURY SENIOR CENTER

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Cost is \$15 per person includes all materials
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CRAFT CLASS
Once a month
Tuesday, December 6th
12:30 – 1:30 P.M.
Price is \$5 and includes all Materials
To RSVP call the center! 508-865-9154

Meet with a representative from Senator Moore's office!
Wednesday, Dec. 14th
One Wednesday every month between 11 – 12 P.M.
All are welcome to meet and discuss issues of importance or looking for assistance
Any questions please call 508-865-9154

SENIOR CENTER EXERCISE CLASSES!!

LIGHT EXERCISE CLASSES
Mondays and Fridays 9:30 A.M. – 10:15 A.M. (Free!)

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YOGA
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Tuesdays at 1:00 P.M.
BLOOD PRESSURE CLINIC
Every Tuesday from 9 A.M. - 10 A.M.

SOCIAL BINGO
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COLORING
Thursdays at 10 A.M.
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No reservations required for any of our activities or exercise classes!

New Year's! We will re-open on Tuesday, Jan. 3, 2023. “We will open the book. Its pages are blank. We are going to put words on them ourselves. The book is called opportunity and its first chapter is New Year's Day.” Edith Lovejoy Pierce

Card Game played on Monday and BINGO on Wednesday during our congregate lunches.

Computer Class Tutoring every Monday – 3:00 pm by appointment only. Please call ahead to sign up. No class on Dec. 26th.

Hannaford grocery shopping every Tuesday. Pick up begins at 8:30 AM. Please sign up in advance by calling us at 508-278-8622 to reserve your seat on the van.

Knitting Club every Tuesday @ 1:30 pm – Come join the fun!

1st and 3rd Wednesday – Dec 7th & 21st – Bank & Pharmacy Rides. Please call at least 24 hours in advance.

Every Wednesday - “Canasta” Hand, Knee & Foot Card Game – 1:00 pm – 3:30 pm.

2nd & 4th Thursdays – Dec. 8th & 22nd – 8:30 am - Shaws/ Ocean State Shopping Rides. Please call at least 24 hours in advance.

Medical Transportation is accepting appointments. Call 508-278-8622 to schedule your rides.

The senior center is in need of the following donations: Newly packaged napkins, paper towels, tissues, toilet paper, ground regular & decaf coffee. We thank you for your support!

Feel free to contact us at 508-278-8622 or visit us on our web page at Uxbridge-ma.gov/coa or like us on our FB page or by googling Uxbridge Senior Center and our new YouTube Channel or even dropping by.

<https://www.Facebook.com/UxbridgeMASeniorCenter>
https://www.youtube.com/channel/UCNh_Rlq99rucmFH-UO7VFBw
<https://www.uxbridgetv.org/schedule/192>

Lunches are served Monday through Friday 12 P.M. at the Senior Center

The menu is available on the town website, www.townofmillbury.org

Or our Millbury Senior Center Facebook page.

A 48 hour reservation is required. Call the center at 508-865-9154

Friends of the Millbury Senior Center Transportation

Transportation is provided for Millbury Senior Residents Monday through Friday Between 9 A.M. and 3:00 P.M.

We travel one town out in each direction including Sutton, Grafton, Auburn and Worcester

A 48 hour notice is required for scheduling rides (business days)

Rides are free until January 1st

To schedule transportation call the center at 508-865-9247

“MEMORY CAFÉ”

Please join us on Tuesday, November 29th at 2 - 3:30 P.M.

We will be decorating Holiday Cookies!

A Memory Café is a monthly gathering for people with memory loss/challenges and their care partners. It is a time to socialize, make new friends, and have a good time.

We are also looking for volunteers to assist with this program!

Our Outreach worker, Julie Fitzgerald, is happy to answer any questions, call to RSVP 508-865-9154!

SNAP APPLICATIONS (Food Stamps)

Our appointments are on Tuesdays & Thursdays 10 A.M. – 2:00 P.M.

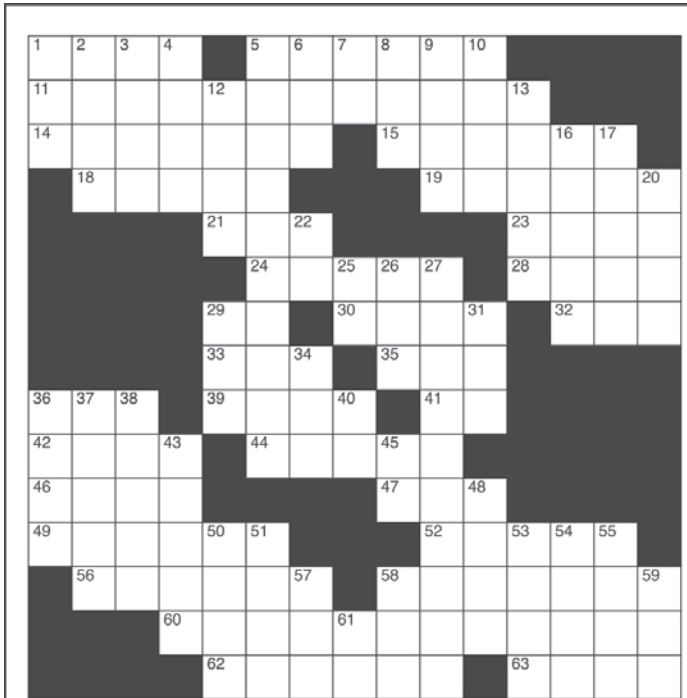
Call for an appointment & required documentation 508-865-9154

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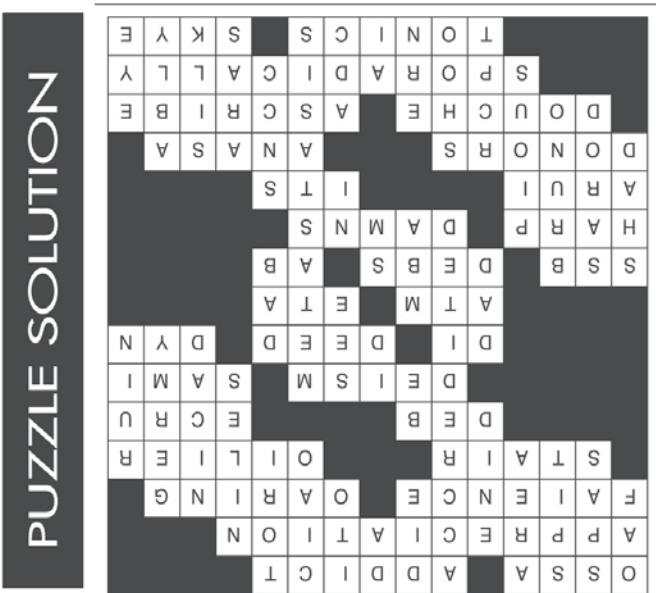


CLUES ACROSS

- 1. Greek mountain
- 5. One dependent on something
- 11. Gratitude
- 14. Glazed ceramic ware
- 15. Paddling
- 18. Step
- 19. More greasy
- 21. Upper-class young woman
- 23. Light beige
- 24. Belief in a supreme being
- 28. Indigenous people of Scandinavia
- 29. A beloved princess
- 30. Transfer property
- 32. Field force unit
- 33. Automated teller
- 35. When you hope to get there
- 36. Sino-Soviet block (abbr.)
- 39. Politicians Fischer and Conroy are two
- 41. Blood type
- 42. Stringed instrument
- 44. Curses
- 46. Barbary sheep
- 47. Belonging to a thing
- 49. Supporters
- 52. Leaf-footed bug
- 56. A shower of water
- 58. Attribute to
- 60. Intermittent
- 62. Soda waters
- 63. Scottish island

CLUES DOWN

- 1. Klutz
- 2. Relaxing places
- 3. Expel saliva
- 4. The extended location of something
- 5. Certified
- 6. Cease to exist
- 7. Powerful legal pro
- 8. The OJ trial judge
- 9. Popular greeting
- 10. “90210” actress Spelling
- 12. ___ Blyton, children’s author
- 13. “This Is Us” star Fitch
- 16. Battery cell with a nickel alode
- 17. Full of bacteria
- 20. Remains of an old building
- 22. Exist
- 25. It gets you into places
- 26. Witness
- 27. The spreading of a disease to another part of the body
- 29. Father
- 31. Touch gently
- 34. Licensed for Wall Street
- 36. Herring-like fish
- 37. Lute used in N. Indian music
- 38. Mirabel shouldn’t talk about him
- 40. Atomic #62
- 43. Religious
- 45. Silvery-white metal (abbr.)
- 48. Influential civil rights organization
- 50. Acknowledgment (abbr.)
- 51. Turn away
- 53. Kidney disease (abbr.)
- 54. Smooth-feeling fabric
- 55. Competently
- 57. Sea eagle
- 58. General’s assistant (abbr.)
- 59. It helps you see
- 61. Emerging technology



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(508) 234-2002

Plummer Place will be closed, Thursday November 24th and Friday November 25th for the Thanksgiving holiday.

Daily Coffee Time is back at Plummer Place. Every day from 9:00-11:30am, come enjoy a fresh cup of coffee or tea, snack on some pastries or doughnuts, and meet up with friends in our warm and inviting dining area. No need to sign up, come when you can!

Take a Hike walking club will meet, Tuesday, November 29th @ 10:00am, call Jeanne at Plummer Place for the location.

Fire Safety Lunch and Learn in December: Join Northbridge firefighter, Arthur Fenno on Wednesday, December 7th from 11:15-12:15pm in our main dining room for a pizza lunch and plenty of safety information including safely using home and medical oxygen, preventing cooking fires, how to create an escape plan and so much more. Please sign up at the main office.

Billiards Organized Games, every Wednesday 8:30-10:30am.

Katelynn Wackell, Care Manager at Tri-Valley, will be at Plummer Place the third Thursday of every month from 1-2:00pm. Katelynn will provide public benefit resources and options. This includes assistance with applications for SNAP, CHAMP, MRC, RAFT and MassHealth. She can also help with housing including subsidized housing applications, tenancy preservation, rental assistance, and congregate housing. Call the Center to make an appointment with Katelynn.

Tap Class at Plummer Place, every Wednesday from 2:30-3:30 with instructor Ed Burch. Come join this high energy, fun exercise class-no experience necessary! Call Michelle for more information.

Joy of Movement class, Thursdays from 10-11:00am. If you enjoy dance, this class is for you. Our instructor, Gypsy, will introduce you to many dance moves including hula and belly dancing. Very low impact exercise, with a great instructor. Call for more information.

Police arrest man for drug, firearms charges

BY KIMBERLY PALMUCCI
TRIBUNE CORRESPONDENT

NORTHBRIDGE — Police have arrested an individual for drug and firearms charges after an incident earlier this month.

According to a statement from the department, Northbridge Police Officer Jordan Tredeau was traveling north on Providence Road (Route 122) in the area of Benson Road on November 6 when he “observed a grey Toyota Tacoma stopped on the side of the road with its brake lights activated.”

“Officer Tredeau activated his emergency lights and pulled behind the truck,” Northbridge Police released.

Upon knocking on the

window, Officer Tredeau “observed the driver to be asleep and the vehicle to still be in drive,” according to reports.

“Once the driver, Morris Clemons, woke, the vehicle began to roll forward,” police said, adding that as Officer Tredeau was speaking with Mr. Clemons, he (Mr. Clemons) kept reaching down “in a bag on the driver’s side floor.”

“After numerous attempts for Mr. Clemons to put his hands on the steering wheel and refusing he was ordered out of his vehicle,” police released in the statement. “Mr. Clemons exited his vehicle and officers observed a small transparent bag on the floor of the truck. Mr. Clemons was handcuffed and placed in the rear of the

officer’s cruiser.”

During a vehicle search, officers located “several bags of a white powdery substance suspected to be cocaine on the driver’s side floor; a Taurus 9 MM handgun, ammunition, drug paraphernalia, and \$1,450 cash,” according to reports.

According to a press statement from the Northbridge Police Department, Clemons was placed under arrest for the following charges: Possession Class B with intent to Distribute; Possession of Firearm during felony; Possession of Ammunition without FID Card; Possession of Large Capacity Firearm during felony; Carrying a Firearm without License; and Negligent Operation of a Motor Vehicle.

Police: “Drunk driving is illegal and it takes lives”

BY KIMBERLY PALMUCCI
TRIBUNE CORRESPONDENT

MILLBURY — From Dec. 1 through New Year’s Day, the police department has announced its participation in the “Drive Sober or Get Pulled Over” enforcement period.

“This is an awareness effort to get the message out that drunk driving is illegal and it takes lives,” said Millbury Police Sgt. Christopher Polselli.

During the holiday season, the U.S. Department of Transportation’s National Highway Traffic Safety Administration (NHTSA) is working alongside the law enforcement community to decrease impaired driving.

“In support of the law enforcement community’s dedication to protecting the lives of residents in their communities, you’ll see officers working together during this time to take drunk drivers off the roads,” the Millbury Police Department released. “No matter how you plan to celebrate the holiday season this year, make sure you plan it safely.”

According to the NHTSA, 11,654 people were killed in motor vehicle crashes in 2020 that “involved an alcohol-impaired driver.” On average, more than 10,000 people were killed each year from 2016 to 2020,

according to reports, and one person was killed in a drunk-driving crash every 45 minutes in 2020.

Millbury Police Department members are working together with the NHTSA to “remind drivers that drunk driving is not only illegal, but also a matter of life and death,” the department shared.

“We want our community members to understand that it’s our first priority to keep people safe, so we’re asking everyone to plan ahead if they know they’ll be out drinking,” said Sgt. Polselli. “We need commitment from our community members that they’ll keep the streets free of drunk drivers so that everyone can have a safe holiday season.”

Community members who see a drunk driver on the road are asked to contact the police department at 508-865-3521. Also, police said if a friend is “about to drink and drive,” take the keys away and make arrangements to get the friend home safely.

“With the advent of readily available ride share programs and plenty of people in our lives willing and able to be designated drivers, there really is no excuse anymore to want to get your car home,” Sgt. Polselli said. “Your vehicle will be there tomorrow, and so will you to go pick it up. Let’s make this a partner-

ship between law enforcement and drivers. Help us protect the community and put an end to this senseless behavior.”

In addition, and over the course of the next year, the Millbury Police Department will also be participating in pedestrian enforcement activities, where officers in plain clothes and in uniform will target popular foot traffic locations in an attempt to reduce crosswalk violations, police said. According to a department statement, Sgt. Polselli has secured a grant of almost \$30,000 for a Municipal Road Safety Grant initiative.

“We will be purchasing new radar and lidar units and be enforcing pedestrian enforcement,” the department shared. “We will also be participating in Distracted Driving campaigns that will target handheld cell phone use, as well as other distracting behavior while behind the wheel, as well as seat belt enforcement and various speeding mobilizations throughout 2023.”

“May we continue to work together and remain the tightly-knit community that we have established here in Millbury through years of dedicated partnership,” police added.

The department said that if no drunk or distracted drivers are found on the roads, that is a “win for everybody.”

2050 Connections – What Are Your Transportation Goals for Southern Worcester County?

The Central Massachusetts Regional Planning Commission (CMRPC) is working on their Long-Range Transportation Plan (LRTP), called 2050 Connections. This plan is updated every four years to reflect the transportation priorities of residents of Central Massachusetts. As part of the LRTP effort, a financial plan is developed which includes the major infrastructure projects that are candidates for federal funds.

August, September, and October were busy months for CMRPC staff. Between outreach events, regional infrastructure meetings and other methods of targeted outreach, the public participation portion of the LRTP has been quite a success. Nonetheless, we are still hoping to see survey responses roll in throughout the beginning of December. Our 2050 Connections survey can be found on the 2050 Connections Hubsite, <http://www.cmrpc.org/2050Connections>, under the “participate” tab, or on the CMRPC website under the “transportation” tab.

As a part of the public outreach portion of this LRTP, CMRPC staff tabled at many public events. One of the most recurring conversations concerning transportation that we had at these outreach events involved public transit. Regarding public transit, we recognize all the needs of older adults, young children and those living with disabilities and strive to represent them in our plan. CMRPC staff are constantly looking for ways in which we can help our residents, whether that is helping towns find the grants they need for infrastructure improvement or amplifying the voices of those who experience transportation related stressors. If you or someone you know would like to share their opinions and goals related to transportation in the region, we strongly recommend filling out our online survey or reaching out via Facebook, Instagram, or Twitter.

Moreover, CMRPC staff have been working together to meet with each town to discuss all topics related to infrastructure that could be incorporated into our LRTP. Specifically, we have met with town officials and infrastructure staff to learn more about their thoughts and experiences with transportation and related topics. Such topics include, but are not limited to, bus systems and bus stops, sidewalks and other pedestrian infrastructure, the East-West rail project, and electric vehicle charging stations. To learn more about these Sub-Regional Infrastructure Summits, please read the CMRPC October newsletter on the CMRPC website under “about us; CMRPC newsletters”.

Please consider filling out our survey to tell us what your transportation priorities are and how you envision the future of this region!

Please visit our Hubsite [CMRPC.org/2050Connections](http://www.cmrpc.org/2050Connections) for more information on the development of the LRTP. Additionally, please be sure to fill out the 2050 Connections survey on the Hubsite. Any other questions, please email gjarvis@cmrpc.org to speak with CMRPC’s Public Outreach Coordinator.



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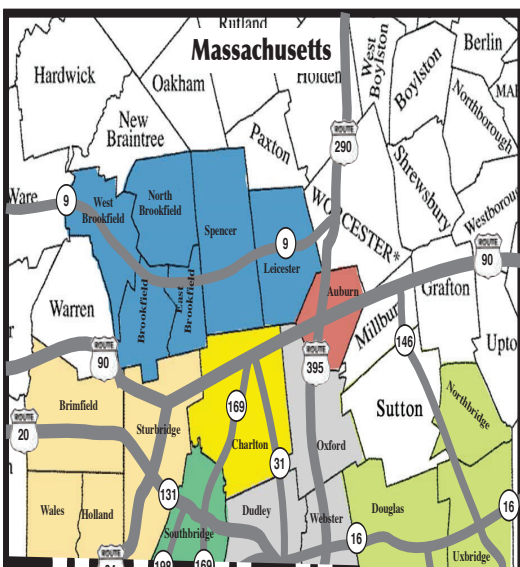
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EDITORIAL

Put a little love in your heart

Alongside the bright red ribbons, boughs of holly, and countless images of Jolly old Saint Nick that seem to greet us everywhere we go during the holidays, those of you who have braved the malls or, better yet, browsed the shops in your own community so far this season have likely encountered another holiday icon in your travels — the dedicated volunteers who bundle up and brave the chilly air to collect donations for organizations such as the Salvation Army.

Always seeming to be ready with a cheerful greeting and a warm smile for the crowds of shoppers who file past them every day, these hearty souls serve as an important reminder to all of us that now, more than any other time of year, is the time to turn our thoughts toward the less fortunate among us ... and that sometimes, the greatest gift of all can be a helping hand in a time of need.

With the cloud of economic uncertainty leading many of us to tighten our belts more than usual when it comes to our holiday shopping this year, and the stress of dealing with family politics or traveling away from home for the holidays occupying our thoughts, it can be all too easy to forget that times are that much tougher for those who have been victimized by the ravages of COVID and its aftermath. Right here in our own backyard, there are a great many families who have fallen on hard times, often through no fault of their own, and have nowhere left to turn for help but the generosity of strangers.

Fortunately, there are no shortage of charitable organizations scattered throughout the area that are prepared to meet the growing demand for assistance, but only with the support of their respective communities. So, whether it be through a donation of canned goods to your local food pantry; a donation of used clothing to your local thrift shop; or simply by slipping a handful of bills into one of the bright red Salvation Army coffers manned by those spirited, bell ringing volunteers, we encourage our readers to think of their fellow man and put a little love in their hearts, as Jackie DeShannon once sang, and remind themselves of the true meaning of the season by offering a helping hand to their neighbors in need.

OPINION

Opinion and commentary from the Blackstone Valley and beyond

LETTERS TO THE EDITOR

Nuclear power is the key to cheaper energy costs

To the Editor:
What I believe. Feel free to disagree. It's time to be an energy realist.

Have you taken a moment to consider where your electricity comes from?

To power your lights, your home heating system, your fridge? To re-charge your cell phone or your very expensive Tesla? How about powering the blender to create that Green Climate smoothie? No one is making smoothies with an old school whisk and human muscle. All require good old fashioned electricity.

After all, we need to keep those yummy avocados chilling alongside the oat milk, the Peruvian fruit, the gelato, and leftover cauliflower gluten-free pizza.

How much energy is consumed in growing pot? One percent of all electricity in the U.S. is used to grow pot. A cannabis "grow room" can consume 2,000 to 3,000 kilowatt hours of energy per pound (or \$484 of electricity per pound of pot). A grow room uses lots of electricity: ventilation, fans, cooling, watering, grow lights.

So, where does Massachusetts get its electricity? Two-thirds of our electricity is produced by natural gas power plants. Once, we had an opportunity to get natural gas from our friends, the Canadians, or from our fellow Americans in Pennsylvania, but Good Old Maura Healey, our first Socialist Governor, cancelled two natural gas pipelines to Massachusetts. So, it's going to be a cold dark winter.

Let's remember that Massachusetts is the third most energy-expensive state in the United States, with Connecticut being number one and the rest of the New England states placing in the top 15. No wonder people move to Florida.

Maura prefers to get our natural gas from corrupt Communist Russia. Have you ever seen those massive natural gas ships moving slowly into Boston Harbor - from Russia? All shipping stops because it is so dangerous. Thank you, Maura!

Biden posed this summer at the former Brayton Point coal-fired power plant in Somerset, Massachusetts. It was the largest coal-fired plant in the region. Enviro-Facists managed to close it down in 2020

after the plant built massive cooling and cleaning towers. On this site, a manufacturing facility will make the heavy-duty undersea cables needed to connect offshore wind "farms" to the power grid.

When the wind "farms" are built - at some future time - they may provide (if we are lucky) one-third of what bad coal-burning Brayton used to produce. Brayton Point produced 20 per cent of Massachusetts electricity. Do the math, if you can.

How much of our electricity comes from wind now? One per cent. Did you know that even though the number of wind turbines remains small, they kill over 328,000 birds each year? Where is the clamor by environmentalists? I hear silence.

Did you know that green socialist Massachusetts consumes three times more electricity than it produces? As my learned friend (who worked for a major utility) says: "Massachusetts is a parasite." I am waiting for Cambridge and all the wealthy socialist suburbs to reduce their electric foot print. They won't. So, we also import 16 percent of our electricity from Canada. How enviro-conscious.

Here's a fact for you. A nuclear power plant is a zero-emissions clean energy source. It generates electricity without the byproducts emitted by fossil fuels. Maybe this is why Europe relies so heavily on nuclear power.

According to the ISO (Independent System Operators of New England), the region's two remaining zero-carbon-emitting nuclear facilities, Millstone in Connecticut and Seabrook in New Hampshire, supply 25 percent of the electricity consumed in New England per year.

They are carbon-free, and have dependable on-site fuel supplies.

The only conclusion? Keep America free and safe for apple pie and Mom. Build more nuclear power plants.

Signed, your local wide awake energy enviro-realist,

BEV GUDANOWSKI
UXBRIDGE

A Red 'Wave' on Nov. 8 — hardly!

To the Editor:

The final verdict is unknown. What I do know is that irreparable damage is done by divisive labels continually super-saturating our consciousness. How can common ground be found when those still standing are 'demonizers' and 'demonized' (deplorable, MAGA, fascist, Nazi, threat to democracy, liar, etc., with two new slurs added- turnip and cockroach? Recently, a regular Northbridge contributor opined those who dare disagree have no brains (a.k.a. 'turnips'); the second, a TV person, compared females who vote (R) to "roaches reaching for Raid!" While most are heartily sick of such rhetoric, understand that curtailing free (even toxic!) speech is what poses a true "threat to democracy." Have no fear, 'democracy' is endangered no matter the majority! In the future, however, let's focus on making points intelligently while ditching narrow-minded descriptions of personalities.

All-time voting records were smashed. Despite some disappointing finishes countrywide, diverse candidates — white, black, Asian, Latino, Hispanic, Jew, Christian — won seats on school boards, in town/state legislatures, governors' mansions, and halls of Congress. Refreshingly, no (R) political newcomers invoked ethnicity for support, and we

hope their elections signal a paradigm shift in approach to solving problems at several levels of government.

Along with the pro-life/choice issue, the economy, crime, 'open' borders' never-ending streams of illegal migrants/drugs, and education still resonates in the public's mind. A 'split choice' was rendered, as reflected in top-of-the-ticket (R) losses, with Georgia holding the key again. No matter that outcome in December, winners in both parties are accountable for delivering good government!

St. Augustine's formula (anger + hope + courage) produced small change, but the really hard work is just beginning. In January 2023, a (red) light needs to shine down the (blue) tunnel, bringing forth a renewed commitment to repair current fractures in government. Though "75 percent of the country thinks we are headed in the wrong direction," the President claims "nothing in (his) agenda needs to change" making his pledge to "unite" specious... a sad 'referendum' in itself! Yet hope springs eternal true bi-partisanship will surface in spite of leadership.

JANE F. KEEGAN
UXBRIDGE

New ways to display poinsettias this holiday season

Nothing says the holidays like a poinsettia. This year, try some new ways to display this festive plant.



Poinsettias are available in a variety of colors including white, pink, hot pink, yellow, peach, marbled and speckled. These colorful parts of the plant, often referred to as flowers, are actually modified leaves called bracts. The real flowers are small, yellow and appear at the tip of the stem surrounded by the bract.

Look for new places to display your poinsettia. Place a plant on a side or serving table. Remove the foil and set the plant in a decorative container. Try a hot pink poinsettia in a white pot or several different colors set in a serving tray, basket,

GARDEN MOMENTS

MELINDA MYERS

or unique container. Add a table runner, candlestick, bowl of colorful fruit or other decorative touches.

Dress up individual or a group of poinsettias. White poinsettias donned with colorful berries, Chinese lantern pods and bobbles may be all you need for an eye-catching display.

Use poinsettias as a centerpiece for your holiday meals. Place several potted poinsettias in the middle of the table. Cover the plastic pots with greens. Then add some colorful pepper berries, cranberries, apples, or ornaments. Compact poinsettias like the Princettia® poinsettia with its abundant vibrant flowers work well for this application. Your guests will be able to see across the table as they visit over dinner, enjoying the holiday ambi-



Suntory Flowers — Courtesy

A holiday display with pink and red Princettia® Euphorbia poinsettias.

Disgust can be a motivator

POSITIVELY SPEAKING
TOBY MOORE

We've all been disgusted by something in our lives. Disgust is a feeling of aversion a person has towards something offensive. It can take the form of a mild dislike or intense loathing. Disgust has the effect of causing a person to physically turn away from what is disgusting to them.

If you saw hundreds of maggots worming through your food, you'd feel revolted enough to throw it away and maybe lose your appetite for a while! If you saw someone do something evil, you'd be upset enough to tell someone about it and call the police. If you hear someone say something that offends you, you may feel unpleasant enough never to see them again.

What happens when you've had too much alcohol and have a terrible hangover that ruins your day? Are you disgusted enough to quit and maybe go to rehab?

What happens when you've been eating so much that you're far from achieving your weight loss goals? Does it disgust you enough to get in the gym and watch what you eat?

Do you feel disgusted when you lash out at someone and overreact to something they did or said?

Sometimes, change requires you to be disgusted. Self-disgust with your life, situation, relationship, addiction, and finances can catalyze change.

Jim Rohn tells the story of a married woman whose husband controlled all the money. She'd have to ask him first whenever she wanted to buy something. Every time she did, he acted annoyed and said, "what for?" She felt so low, so disgusted; she said to herself, "Never again!"

She picked up a few books and began to study. She had the plan to start a successful business. After much hard work and probably a little luck, she became vice president of a very successful company. She never asked her husband for money ever again. The tables had turned, and I'm sure her husband had to ask her for money from time to time!

My father struggled with weight gain his whole life. One day as he visited with the doctor for a check-up, the doctor very seriously said, "do you want to end up like your father and die of a heart attack at 57?" My father replied, "no!" And the doctor said, "then you need to make a change."

He came home absolutely sick with himself. He didn't want to be overweight any longer but knew all too well that he could not stay disciplined enough to remain on any one diet forever. Determined to make a change, he scheduled a visit with another doctor to get bariatric surgery.

In the face of all the difficulties involved with bariatric surgery, he optimistically decided to change the course of his life. The revulsion he felt awakened a determination that helped him make a lifelong change. Not only did he lose the weight and keep it off, but he may also have extended his life by many years.

A Philadelphia lady had struggled with alcoholism her whole life. She was able to quit periodically, but she always fell off the wagon eventually. When the pandemic hit, she slipped up and started stealing her daughter's alcohol. Her daughter confronted her about it; she was so upset with herself that she entered rehab, where she learned to live without substances. A great change!

One lady was dumped and cheated on by her boyfriend. Her depression and heartbreak were almost too much to bear. She saw the signs and knew better but chose to ignore them. She was so sick with herself for not speaking up that she made a significant change! Initially, she sought therapy, and as she began unraveling her life, she could identify other things that bothered her and made changes accordingly.

Sometimes, you have to hit a new low to feel strong enough to make a change. Although we all wish we had changed our lives before we felt disgusted. Self-disgust doesn't have to be the end, but it can often be a new beginning that leads to a life you've always wanted.

An exciting time for deer hunters

I need to apologize to my readers for the short column last week. It seems as though someone hacked into my computer, and it was almost impossible to send any e-mail including my column. The hacker managed to send all types of e-mail to people on my contact list. I had online computer repair straighten out my computer, and it is nearly back to normal now! Darn Whackos!

This past week proved to be exciting for sportsmen that did any form of hunting or fishing. Now it is almost time for the shotgun deer season to start, Nov. 28 to be exact. Reports from archers that they are encountering many deer while sitting in their tree stand or ground blind is good news. Hopefully, the weather will cooperate, and provide some great hunting opportunities for all hunters. Because of the lack of acorns in most of the state, deer are sustaining their appetite by eating green grass, which is plentiful this year, and should keep them well fed until deep snow covers it all up. They will also forage on tree branches, and young fruit trees, and if things get really bad, they will eat hemlocks, which give them very little nutrition. That is when many deer

die! It is not a pretty sight!

A bit more on the pheasant hunting situation that arose a couple of weeks ago at the Westhill dam in Uxbridge and Northbridge. As I stated about the clearing of most prime habitat by the Corps of Engineers at the main field, which is leased by Mass. Fish & Wildlife. There sure had to be no communication by the Corps to MFW about their plans to do some work on the site.

The total destruction of the main field, not only destroyed habitat for pheasant but also was used by deer, wild turkey, and many non-game species of birds, snakes, etc. that was essential to wildlife overall. This same thing happened more than 20 years ago, and sportsmen came to the rescue by acquiring fertilizer from the state, and the help of the late Dan Cahill of Mendon with his tractor to spread the fertilizer. It took a couple of years to regrow the destroyed habitat, but it did come back. Why did this



THE GREAT
OUTDOORS
.....
RALPH
TRUE

happen again?

Unfortunately, an incident happened this year at the TriRiver area causing the division to take action, and to stop stocking birds at the site. It only took one incident by an irresponsible hunter to cause the closing of the area, at least for this year. The state will hopefully consider the stocking of the area next year.

Hopefully, ice fishing is not too far away, but if this warm weather persists, it could be another poor year for ice fishing anglers. Ice fishing can be enjoyed by the entire family, and often have sportsmen bringing along numerous types of wild game to cook and feed them. If you are lucky enough to be there when the food is ready, most if not all anglers will offer some to other anglers on the ice. It also gives the sportsmen a chance to tell stories about their hunting and fishing adventure of years past. Most stretch the stories a bit. Like the old saying goes, all fishermen are liars except you and me! I am not too sure about you! There is no harm done



as most stories are basically true! They always are more interesting to hear year after year, with a bit more fabrication.

Take A Kid Fishing & Keep Them Rods Bending.

Turkey Tips and Tricks

Few holidays compare to a traditional Thanksgiving celebration. Unlike Christmas, which can be a rush of excitement and energy, Thanksgiving provides extended families the perfect pause to relax and simply enjoy each other's company.

Whether you're cooking at home or traveling this Thanksgiving, the highlight of an annual feast is undoubtedly the turkey, served up as a crowning centerpiece of the both the table and the holiday. Read on for some kitchen tips from experts (some old, some new) sure to help you achieve a Norman Rockwell-worthy Thanksgiving celebration.

Not sure how big a turkey to buy? A general rule of thumb is to allow one pound of uncooked turkey per person from an 8 to 12 pound turkey. Larger birds have a larger proportion of meat to bones, so three quarters of a pound per person should serve well when purchasing heavier birds.

Want a more precise estimate? Butterball.

com offers a "Plan Perfect Portions Calculators and Conversions" on its website that calculates the exact amount of turkey and stuffing per person, as well as how long it will take to thaw a frozen turkey.

Other tools on the website include a timing checklist, temperature conversions and a weights and measures conversion.

If you buy a frozen turkey, it is important to thaw it safely. The National Turkey Federation offers the following guidelines to properly defrosting frozen turkeys: Like all protein foods, should be thawed in the refrigerator, never at room temperature.

When foods are thawed at room temperature, surface bacteria can rapidly multiply to dangerous levels at temperatures of 40 degrees F and above. For safety and superior quality, leave turkey in the original packaging and place in a shallow pan. Thaw, in the refrigerator, using the simple formula: whole turkeys



TAKE
THE
HINT
.....
KAREN
TRAINOR

thaw at a rate of four to five pounds per 24 hours. Example: A 15-pound frozen bird will take three to four full days to thaw in the refrigerator. To speed thawing, keep turkey in the original tightly sealed bag and place in a clean and sanitized sink or pan. Submerge in cold water and change the cold water every 30 minutes. The turkey will take about 30 minutes per pound to thaw. Refrigerate (at 40 degrees F or below) or cook the turkey when it is thawed. Do not refreeze uncooked, defrosted turkey.

Stuffing is a delicious requisite for most Thanksgiving meals, but if you plan on stuffing the turkey it's important not to do so until just before it is placed in the oven for roasting. If preparing the stuffing ahead of

time, wet and dry ingredients should be refrigerated separately and combined right before stuffing the turkey. The turkey should be stuffed loosely, with about three quarters of a cup of stuffing per pound of turkey. It's also important to test the internal temperature of the stuffing as well as the turkey. The internal temperature in the center of the stuffing should register 160 to 165 degrees F.

Did you know even a pre-basted bird can benefit from hand basting? Basting gives your bird color, crisps the skin and helps hold in juices. Rub the bird with a few tablespoons of softened butter and pour two cups of turkey broth, chicken broth or water into your roasting pan. Baste every half hour or so. And be sure to baste quickly, because the oven temperature will reduce every time you open the oven door.

Love a turkey with crispy skin? The secret is to blot all excess moisture out with paper towels before seasoning

and cooking. Otherwise, steam from the moisture creates steam and prevents it crisping up.

Deep frying a holiday turkey is a popular tradition. Experts say turkeys from about eight to 12 pounds are the perfect size for deep frying. And keep in mind the oil you use should have a high smoke toleration. Only oils that have high smoke points should be used. According to the National Turkey Federation, peanut, refined canola, corn oil, rice oil and peanut oil are all good candidates.

Here's a tip that's appeared in this column before, but it's worth repeating: Experts claim there are three simple secrets to perfect homemade gravy: 1. Cook the flour in the fat thoroughly before adding liquid to avoid a starchy flavor; 2. Avoid lumps by stirring in the flour with a wire whisk; and 3. The key to best flavor is salting it right.

Win Dinner for Two at the Publick House

Your tips can win you a great dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renown restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint!, C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or E-mail KDRR@aol.com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.

Auction, antiques, and collectibles news



In a followup to the local news story I wrote about in my last column, I'm excited to announce that the auction of Worcester, New England and other historical memorabilia starts this week. The collection belonged to the Rotman family of Worcester. While the Rotman name is most well-known for their furniture store, the family ran a highly successful sports card and memorabilia



business. They also held telephone bid auctions during the 1980s and 1990s. We will be offering nearly 700 lots of items they collected. The Rotman's collection online auction will begin this week, with bidding closing on Wednesday, Dec. 7. There will be a preview at Rotman's Furniture on Saturday, Dec. 3 and Sunday, Dec. 4. Pickup for local bidders will be held on Saturday, Dec. 10 and Sunday, Dec. 11.

As for other antique news, I shared in a September column that Paul Allen's art collection could bring over \$1 billion at auction. The auction took place earlier this month and far exceeded that estimate, topping \$1.6 billion. CNBC reported that five paintings sold for over \$100 million. The top selling painting was Georges Seurat's "Les Poseuses,

Ensemble," which brought \$149.2 million.

In more noteworthy auction news, CBS News reported that the only known poster for the 1959 Moorhead, Minnesota Buddy Holly concert recently sold. Holly was touring with Richie Valens and the "Big Bopper" (J.P. Richardson) when their plane tragically crashed, killing Holly, Valens, Richardson and everyone on board. The poster had fallen from a telephone pole soon after the show was cancelled and was picked up by a maintenance man who placed it in a closet. After being forgotten for about 50 years, the poster sold for \$447,000 earlier this month, setting a record for a rock and roll poster. The previous record was for a poster from the Beatles 1966 concert at Shea Stadium.

CoinNews.net reports that Mike Coltrane's estate collection recently went on the auction block. Many of the coins were minted soon after our country's independence. A 1792 President Washington cent went for \$136,000. A 1794 half cent that, according to coin-



ANTIQUES,
COLLECTIBLES
& ESTATES
.....
WAYNE TUISKULA

news.net, was the second or finest example known, brought \$168,000. A half cent from 1793 sold for \$180,000. A "New Jersey Copper" was the top seller at \$192,000. The entire collection sold for \$2.4 million. That's certainly more than just pocket change.

It was nice seeing many of you at our recent Townsend Historical Society, Worcester Senior Center and Leicester Historical Society appraisal events. We had two online auctions close this week and we have two more sales scheduled for this year. As mentioned, the Rotman's online auction begins this week. We will also have a large auction of art, historical memorabilia and other antiques and collectibles beginning in two weeks. Please visit our website <https://centralmassauctions.com> for links to upcoming events.

Please contact us at www.centralmassauctions.com (508-612-6111) info@centralmassauctions.com for antiques and collectibles auction services.

GARDENING

continued from page A8

ence created by these beautiful plants.

Dress up each place setting with a cut poinsettia bloom. Simply cut the flowers off a potted poinsettia plant to the desired length. Place it in a floral water pick, the water-filled tubes used for cut flowers. Tuck the bloom into a napkin, set it in a small bud vase or add a ribbon to dress it up. They make great party favors for your guests.

Look for other ways to include these in your holiday décor. Even one cut poinsettia flower set among a bowl of silver, gold or white ornaments adds a nice holiday touch. Set a few cut flowers aside to use as unique package adornments. Just secure the flower, floral pick

and all, with a colorful ribbon to the gift.

Use cut poinsettia flowers in a vase like you would other blooms. Even one of these large blossoms puts on quite the display and is sure to brighten even the smallest of rooms.

Combine your poinsettia with a few greens and other flowers. Quickly sear the cut end of the poinsettia stems to prevent the sticky sap from leaking into the water. Dress up your arrangement by filling the vase with cranberries, small ornaments, or other colorful adornments.

While enjoying your holidays, a discussion on the proper pronunciation of the plant's name may arise. Some say Poinsett-a and don't pronounce the second i. Others include it and say Poinsett-e-a? You will find both pronunciations in various dictionaries. In

other words, either one is considered correct, so no one loses this debate.

These colorful plants are sure to brighten your spirits throughout the holiday season, so be sure to make some space for a few poinsettia displays.

Melinda Myers has written more than 20 gardening books, including the recently released Midwest Gardener's Handbook, 2nd Edition and Small Space Gardening. She hosts The Great Courses "How to Grow Anything" DVD and instant video series and the nationally-syndicated Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine and was commissioned by Corona Tools for her expertise to write this article. Myers' Web site is www.MelindaMyers.com.

Letter submission policy

Letters to the Editor must include the author's name, address, and a daytime phone number for purposes of verification in order to be considered for publication. Only the author's name and the town in which they reside will be published. Letters submitted without all of the required information will not be accepted.

It is the sole prerogative of the Editor to determine whether a submission satisfies our requirements and decency standards, and any submission may be rejected at any time for any reason he or she might deem appropriate.

OBITUARIES

Robert Joseph Archambault

Robert Joseph Archambault, or Bob as he was known to family and friends, 87, passed away peacefully on October 27. Born in Irasburg, VT, he was the son of the late Josephat Alexandre and Marie (Brodeur) Archambault. Bob lived in Uxbridge, MA most of his life before relocating to Wakefield, RI with his wife of 68 years, Elizabeth (Grenier) Archambault. He was self-employed as a contractor and his company, B & G Roofing and Siding, was well-known in Uxbridge. He also worked for Holden Home Modernization based in Holden, MA for more than 25 years before retiring at the age of 78. Bob enjoyed playing and watching

golf, and he was a life-long Red Sox and Patriots fan. Besides his wife, he is survived by three children, Kathleen Archambault of Warwick, RI, Gary Archambault and his wife Mary (Prince) of Whitinsville, MA and David Archambault and his partner Maria (Doan Trager) of South Kingstown, RI; three brothers, Roger Archambault of Clearwater, FL, Donald Archambault of Homosassa, FL and Paul Archambault of Myrtle Beach, SC; six grandchildren and four great-grandchildren. Memorial services will be private. In lieu of flowers, donations may be made to the American Heart Association.

Send all obituary notices to Stonebridge Press, PO Box 90, Southbridge, MA 01550, or by e-mail to obits@stonebridgepress.news.

Stephen P. Engelhard, Jr., 77

OXFORD – Stephen P. Engelhard, Jr., 77, of Joe Jenny Road, died Sunday, November 6, 2022, in his home after a long illness. He is survived by his wife of 33 years, Anne M. (Decoteau) Engelhard of Oxford; three children, Christin, Heather, and Jamie; his brother, Jeffrey Engelhard of New Jersey; his sister, Beverly Mendes and her husband Fred of Boxford; and several grandchildren, nieces, and nephews. He was born in Salem, son of the late Stephen P. and Dorothy M. (Dubois) Engelhard, and lived in Oxford since 1989. Mr. Engelhard worked in the shipping and receiving department at Worcester Tool and Stamping in Leicester for 22 years, retiring in 2007. Previously, he

worked as a D.J. under the name “D.J. Grasshopper”, and delivered newspapers with his father in Peabody when he was young. He was a member of St. Roch’s Church in Oxford and assisted with the annual church barbeque for 5 years. Mr. Engelhard was a member of the Oxford Cable Committee for 10 years. He was a fan of Elvis and loved country music. A funeral Mass was held at 11 a.m. on Wednesday, November 16, 2022, at St. Roch’s Church, 332 Main St., Oxford. In lieu of flowers, memorial contributions may be made to a charity of your choice. Paradis-Givner Funeral Home in Oxford is directing the arrangements.

Have your photo taken with Santa!

DOUGLAS — Bring your camera for photos with Santa and special guest Mrs. Claus Saturday, Dec. 3 from 1-4 p.m. at the E.N. Jenckes Store Museum, 283 Main St., Douglas. Cookies, treats and beverages will also be available for a \$5 donation, and there will be raffle baskets (tickets three for \$5).



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DAR honors local veterans

Courtesy
Pictured, left to right: Jack Alexander, Army, Whitinsville, Maurice W. Bill Healy, Army, Dudley, Louise Zygmontowicz of Douglas, Alan B. Kent, Air Force, Sutton, and Stephen Hutnak, Air Force, Douglas.

DOUGLAS — The Captain Job Knapp Chapter of the Daughters of the American Revolution (DAR) of Douglas, recently held a ceremony for four local United States Veterans and presented them with Veteran Honor Quilts. The quilts were handmade by chapter member Louise Zygmontowicz of Douglas and given to Maurice W. Bill Healy, Army, Dudley, Alan B. Kent, Air Force, Sutton, Stephen Hutnak, Air Force, Douglas, and Jack Alexander, Army, Whitinsville. They also received a DAR Certificate of Appreciation for their service to the United States of America. The presentation concluded with a benediction by Pastor Anthony Mattscheck of the First Congregation Church of Douglas and a reception for all in attendance. The National Society Daughters of the American Revolution, founded in 1890 and headquartered in Washington, D.C., is a volunteer women’s service organization dedicated to promoting patriotism, preserving American history, and securing America’s future through better education for children. It is a nonprofit, non-political, volunteer women’s service organization. Any woman who has an ancestor who fought in or rendered aid in the American Revolution may be eligible for membership in DAR. For information, contact Chapter Regent Noveline Beltram at noveline@verizon.net.



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Hours:
Monday-Thursday: 10 AM-8 PM
Friday 10 AM-5 PM
Saturday 10 AM-2 PM
Thanksgiving Hours: Closing early
Wednesday 11/23 at 2 PM. Closed
Thursday 11/24-Sunday 11/27.

Storytime
Mondays & Thursdays from 10:30-11
Ages 1-6
Join Miss Heather inside the library for Storytime! Join us in the Children’s Room as we read about a variety of topics, sing, play games, and do a fun activity or take home craft! Both storytime sessions will have the same craft or activity. Space is limited, registration is required.

Book Buddies
Tuesdays from 10:30-11:15
Ages 3-7
Join Miss Heather inside the library for our weekly Book Buddies program! This program is designed with fun STEAM activities in mind for children ages 3-7. Each week we will be learning about a different topic and do a fun activity to go along with our weekly program. Space is limited, registration is required. Register at: www.tinyurl.com/EventsAtWSL

Music and Movement with Deb Hudgins
Wednesdays from 10:30-11
Ages 1-5
Join WSL inside the library for Music and Movement with Deb Hudgins! Deb Hudgins will be back with her Preschool Music & Movement Program with the Whitinsville Social Library. There will be plenty of singing, dancing, games, stories and fun for everyone! Space is limited, registration is required.

The Historian is In
Wednesdays from 2-3
Drop-in between 2-3 on Wednesdays to get in-person assistance with your local history research from historian Carol Brouwer.

Tween & Teen Take and Makes
Wednesdays
Ages 9-17
Check out our weekly take and make craft kits for tweens and teens! Pick up your craft kit on Wednesdays at the library, then take home your craft kit to make in your own time. This program is for tweens and teens ages 9-17. Registration is required. Register at: www.tinyurl.com/EventsAtWSL

Baby Bounce
Fridays from 10:30-11
Ages 0-2
Join Miss Heather in the children’s room of the library for Baby Bounce! Bring a blanket or something to sit on as we read some fun books, sing

songs and rhymes, and other fun activities. Space is limited, registration is required. Register at: www.tinyurl.com/EventsAtWSL

Tween & Teen Craft Night
Wednesday 11/30 from 6:00-7:00
Ages 9-17
Join Miss Heather in the Tween and Teen Room for Craft Night! This month we will be making Winter Snow Globes! All supplies will be provided for this in person craft night. This program is for tweens and teens ages 9-17. Registration is required.

Friends of the Library Meeting
Wednesday November 30 at 6:30
Contact friendswsl2019@gmail.com for more information.

Books & Brews
Thursday 12/8 at 5:30
Location: Purgatory Beer Co.
This monthly book club meets at Northbridge’s local craft brewery Purgatory Beer Co on Linwood Ave. This month we are talking about our TBR piles and current reads. Snacks are provided, beers are on you. Please register.

Craft Night for Adults
Monday 12/12 at 6 PM
Join us at the library to create a seasonal craft. For ages 18+. Registration is required.

Tween & Teen Graphic Novel Book Club
Thursday 12/15 from 3:00-3:45
Ages 9-17
This month join Miss Heather in reading the graphic novel Pilo of the Woods by Mai K. Nguyen and join in for a fun craft while we discuss the book. Registration is required.

Cookie Swap
Thursday 12/15 at 6 PM
Our annual cookie swap is back! Bring one dozen homemade cookies on a plate to share and two dozen on a plate to swap. Bring a copy of the recipe you used. Coffee and hot cocoa will be provided. Amateur bakeries of all ages are welcome. Please register.

Gift Wrap Workshop
Friday 12/16 at 11 AM
Giving a gift card or something small this holiday season but struggling to wrap it? Sign up to learn how to festively wrap these small gifts.

Fiction Book Club
Tuesday 1/10 at 6 PM
January’s book is “Pride and Prejudice” by Jane Austen. Copies of the book are available at the library. Ebooks may be available through Overdrive. Please register.

Memoir Book Club
Wednesday 1/11 at 6 PM
Join us at the library for a discussion of a memoir to be chosen at the November meeting. Copies of the book will be available at the library, via Overdrive, and Project Gutenberg. Please register.

Friday’s Child



Aiden
Age 11

Hi! My name is Aiden and I love cats and dogs!

Aiden is a pleasant, inquisitive, and friendly young boy of Caucasian descent. He is enrolled in middle school and is successful with supports. He is healthy and physically active; Aiden loves spending time outdoors. He likes to collect Pokémon cards, ride his bicycle and scooter, and play basketball. Aiden also loves cats and dogs.

Legally freed for adoption, Aiden would do well in a two-parent or single-parent household with no other children. A family with strong understanding of children with a trauma history and the behaviors that follow is needed for Aiden. He is a loving boy who would do best in a structured and nurturing family. A family

that loves the outdoors, playing sports, and spending time together would be ideal. Aiden has so much to bring to a family that can offer him the stability, love, and attention that he needs. Aiden visits with his biological mother twice a year per an Open Adoption Agreement and has an older sister he needs to keep in contact with.

<https://www.mareinc.org/waiting-child-profiles#gallery/child/6688>

Can I Adopt?

If you’re at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LGBTQ+ singles and couples. As an adoptive parent, you won’t have to pay any fees, adoption from foster care is completely free in Massachusetts. The process to adopt a child from foster care includes training, interviews, and home visits to determine if adoption is right for you. These steps will help match you with a child or sibling group that your family will fit well with. To learn more about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at (617) 964-6273 or visit www.mareinc.org. Start the process today and give a waiting child a permanent place to call home.



GARDEN

continued from page A1

burial site of her own Patriot ancestor’s family, the Uzzells, in eastern North Carolina. Flat grave markers of her 4th great grandparents, the first generation after the Revolution, were found next to a single blooming, white poppy in a grassy plot in the middle of a plowed field!

Sen. Fattman and State Regent Nutt were invited to place the last two bricks in the border’s center: “Honoring Our Nation’s First Service Members” and “Never Forget Garden- 2021.” Sen. Fattman then presented a proclamation, and Adelaide (Addie) Greenwald, daughter and granddaughter of two Chapter members Alexa and Sheryl Romasco, played Taps. To conclude, Ms. Williams recalled the honor guards’ 21 steps taken in each direction at Arlington and excused State Regent, Vice Regent and Chapter member Jane F. Keegan to walk in the parade representing the Daughters of the American Revolution, saying, “May steps today respect our veterans living and departed.”

Founded in 1892, the National Society Daughters of the American Revolution promotes education, historic preservation and patriotism as prime Mission objectives. To join over 1 m. women who have volunteered time and talent to community service over the decades contact deborahweelockDAR@gmail.com

BVT

continued from page A1

with their peers, and the overwhelmingly positive response from the students and staff who visited is what the Multicultural Festival is all about,” said Luanne Pehl, Multicultural Club Advisor. “I hope we learn from this experience that there is unity in diversity!”

“I enjoyed speaking with my peers and instructors about Ecuador during the Multicultural Festival. It is a magnificent country,” said Kylie French of Upton, a sophomore in Painting & Design Technology. “We discussed food, music, and art. I also shared photos taken while visiting Ecuador. While presenting the poster, I incorporated my experience, memories, and knowledge of Ecuador into the presentation. For example, we offered samples of plantain chips, a popular food snack, that came from having tried them for the first time in Ecuador. The plantains

there are prepared in many ways, but I especially loved them fried and served with the main course or as dessert.”

In addition to the student-run booths, there were Day of the Dead activities, a visiting artist, dance lessons, and a cultural performance. J&L Dance Studio instructors shared a brief history with those who had signed up for a lesson and taught the basic steps to dance Salsa and Merengue. While GP Vahan, an Armenian artist from the Armenian Museum of America, discussed culture in artwork and assisted students in creating a personalized wheel of eternity. The day also included a cultural performance by Crocodile River Music, which shared the universal influence of African rhythms, melodies, and traditional African outfits.

The interdisciplinary event was a successful collaborative effort supported in part by grants from the Douglas, Hopedale, Millbury, Sutton, Upton, and Uxbridge Cultural Councils,

Friday, November 18, 2022* 11

local agencies supported by the Mass Cultural Council, a state agency.

Join in the celebration and explore the various cultural offerings by viewing a video produced by student videographer Jenna Dolber showcasing the event: www.valleytech.k12.ma.us/multiculturalfestival2022

About Blackstone Valley Regional Vocational Technical High School (BVT)

Blackstone Valley Regional Vocational Technical High School serves the towns of Bellingham, Blackstone, Douglas, Grafton, Hopedale, Mendon, Milford, Millbury, Millville, Northbridge, Sutton, Upton, and Uxbridge. Located in the heart of the Blackstone Valley, BVT creates a positive learning community that prepares students for personal and professional success in an internationally competitive society through a fusion of rigorous vocational, technical, and academic skills.

HOSA

continued from page A1

their gifts.”

In addition to selecting a national service project, the team has also elected officers: Nic Belucio, President; Ava Ibrahim, Vice President; Grace Hart, Secretary; CJ Najem, Treasurer; Avery Glidden, Parliamentarian; Julia Gibbons, Historian; Alison Sim, PR/Social Media, and Belle Kling, Reporter.

14, WCHS students participated in a variety of activities including information sessions, dress-up days to build awareness of mental and physical health issues, and a movie night fundraiser for Be The Match.

“I’m proud of this group for coming together so quickly to plan these events that will help build awareness,” said Savage.

During the week of Nov.

POLICE

continued from page A1

department to offer RAD Kids training in the community.

“We love getting to interact with the kids in the community and teach them ways to better protect themselves,” the department released.

SRO Nicholas Bertone will be attending “Crisis Management for School-Based Incidents,” which the department described as “another important area to remain up-to-date in.”

“To compliment this class, Dispatchers [Katie] Hughes and [Ryan Stockhaus] are attending a seminar, School Shootings: A Crippling Problem,” police shared. “While we hope to never need these trainings, we would rather have them and not need them.”

Also, Lt. Lisa Sullivan will be attending a class on enhancing law enforcement’s social media presence.

For more information on Sutton’s Police Department, visit suttonma.org/police-department.

LEGALS

NOTICE OF MORTGAGEE’S SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain mortgage given by Alan P. Budd, Deborah J. Budd to East/West Mortgage Company, Inc., dated February 8, 1994 and recorded in the Worcester County (Worcester District) Registry of Deeds in Book 16057, Page 212, of which mortgage the undersigned is the present holder, by assignment from: East/West Mortgage Company, Inc. to Countrywide Funding Corporation, recorded on February 14, 1994, in Book No. 16057, at Page 222 Countrywide Home Loans, Inc. to Green Tree Servicing LLC, recorded on August 9, 2013, in Book No. 51336, at Page 345 Ditech Financial LLC FKA Green Tree Servicing LLC sometimes known as Green Tree Services LLC to Wilmington Savings Fund Society, FSB, d/b/a Christiana Trust, not individually but as Trustee for Pretium Mortgage Acquisition Trust, recorded on October 22, 2018, in Book No. 59575, at Page 356 Countrywide Home Loans, Inc., formerly known as Countrywide Funding Corporation to Countrywide Home Loans, Inc., recorded on October 31, 2018, in Book No. 59622, at Page 264 for breach of the conditions of said mortgage and for the purpose of foreclosing, the same will be sold at Public Auction at 10:00 AM on December 2, 2022, on the mortgaged premises located at 11 Michelle Lane, Unit 11, Shudd Condominium, Blackstone, Worcester County, Massachusetts, all and singular the premises described in said mortgage, TO WIT: Unit No. 11 (“Unit”) in the building located at 11 Michelle Lane, Blackstone, Worcester County, Massachusetts, No. 11 (“Building”) of the Condominium known AS SHUDD Condominium (“Condominium”), Blackstone, Worcester County, Massachusetts, a Condominium established by the Grantor pursuant to Massachusetts General Laws Chapter 183A, by Master Deed dated 1993 recorded with Worcester Registry of Deeds on 2-14-94, in Instr. 20187 (“Master Deed”) which Unit is shown on Floor Plans of the Building recorded simultaneously with said Master Deed and on the copy of the portion of said plans attached hereto and made a part hereof, to which is affixed the verified statement of a Registered Land Surveyor in the form required by Section 9 of said Chapter 183A. The Post Office address of the Unit and the Grantee is Unit No. 11, 11 Michelle Lane, SHUDD Condominium, Blackstone, Massachusetts. Said Unit is conveyed together with: 1. An undivided .50 percent interest in the common areas and facilities of the Condominium as defined and described in said Master Deed. 2. An easement for the continuance of all encroachments by the Unit on any other Units or common areas and facilities existing or if any such encroachment shall occur hereafter as a result of (a) settling of the building, or (b) alteration or repair to the common areas and facilities by or with the con-

sent of the Condominium Trustees, or (c) as a result of repair or restoration of the Building or a Unit after damage by fire or other casualty, or (d) as the result of condemnation of eminent domain proceedings. 3. The right to use the common areas in common with the owners of other Units, as provided in the Master Deed. including an easement in common to use any pipes. wires, ducts, flues, cables, conduits, public utility lines and other common facilities located in any of the other Units or elsewhere on the property and servicing the Unit. 4. The exclusive right to occupy, subject to such reasonable rules and regulations as may be established by the Trustees of the Condominium (“Trustees”) together with a duty to maintain with respect to repairs required in whole or in part on account of such occupancy, parking spaces as shown on the Plan. 5. An exclusive right to use the decks and parking space, if any, appurtenant to the Unit as set forth in the Master Deed. Said Unit is conveyed subject to: 1. Easements in favor of all other Units and in favor of the Common Areas and Facilities for the continuance of all encroachments of such other Units or Common Areas and Facilities now existing or which shall occur hereafter as a result of (a) settling of the building, or (b) alteration or repair to the Common Areas and Facilities by or with the consent of the Trustees, or (c) as the result of the repair or restoration of the building or a Unit after damages by fire or other casualty, or (d) as the result of condemnation or eminent domain proceedings. 2. An easement in favor of all other Units to use the pipes, wires, ducts, flues, conduits, cables, public utility lines and other common facilities located in the Unit or elsewhere on the property and servicing such other Units and fully set forth in the Master Deed. 3. An easement in favor of all other Units to permit maintenance of such common facilities as are located therein. The Trustees have a right to access each Unit at reasonable times and in such manner as not unreasonably to interfere with other use of said Unit to inspect the same, to remove violations therefrom, and to maintain, repair or replace the common areas and facilities contained therein. 4. The provisions of the Master Deed and the By-Laws of the SHUDD Condominium dated 1993, recorded with County Registry of Deeds on 1993, Book Page (“By-Laws”) and Floor Plans of the Condominium recorded simultaneously with and as part of the Master Deed, as the same may be amended from time to time by instrument recorded with said Registry of Deeds, which provisions, together with any amendments thereto and the Rules and Regulations from time to time adopted thereunder, shall constitute covenants running with the land and shall bind any person having at any time any interest or estate in the Unit, is family, servants and visitors, as though such provisions were recited and stipulate at length herein. 5. The provisions of said Chapter 183A as it may be amended from time to time. Unless otherwise permitted by the By-Laws of the Condominium, no use may be made of the Unit except as a residence by one (1) family Unit, or two

(2). No business use may be made of any Unit or of any part of the Common Areas and Facilities, provided however, that a Unit Owner or occupant may use a portion of his Unit for such office and studio use as is customarily carried on as incidental to the use of a single family residence. No structural alteration or addition to the Unit shall be made without the prior written permission of the Trustees of the Condominium. For mortgagor’s(s’) title see deed recorded with Worcester County (Worcester District) Registry of Deeds in Book 16057, Page 196. These premises will be sold and conveyed subject to and with the benefit of all rights, rights of way, restrictions, easements, covenants, liens or claims in the nature of liens, improvements, public assessments, any and all unpaid taxes, tax titles, tax liens, water and sewer liens and any other municipal assessments or liens or existing encumbrances of record which are in force and are applicable, having priority over said mortgage, whether or not reference to such restrictions, easements, improvements, liens or encumbrances is made in the deed.

TERMS OF SALE: A deposit of Five Thousand (\$5,000.00) Dollars by certified or bank check will be required to be paid by the purchaser at the time and place of sale. The balance is to be paid by certified or bank check at Harmon Law Offices, P.C., 150 California St., Newton, Massachusetts 02458, or by mail to P.O. Box 610389, Newton Highlands, Massachusetts 02461-0389, within thirty (30) days from the date of sale. Deed will be provided to purchaser for recording upon receipt in full of the purchase price. The description of the premises contained in said mortgage shall control in the event of an error in this publication. Other terms, if any, to be announced at the sale. WILMINGTON SAVINGS FUND SOCIETY, FSB, D/B/A CHRISTIANA TRUST, NOT INDIVIDUALLY BUT AS TRUSTEE FOR PRETIUM MORTGAGE ACQUISITION TRUST Present holder of said mortgage By its Attorneys, HARMON LAW OFFICES, P.C. 150 California St. Newton, MA 02458 (617)558-0500 21414 November 4, 2022 November 11, 2022 November 18, 2022

Commonwealth of Massachusetts The Trial Court Probate and Family Court Worcester Probate and Family Court 225 Main Street Worcester, MA 01608 (508) 831-2200 Docket No. WO22P1098EA CITATION ON PETITION FOR FORMAL ADJUDICATION Estate of: Jeffrey Donald Cote Also known as: Jeffrey D Cote Date of Death: 01/19/2022 A S/A - Formal Probate of Will with Appointment of Personal Representative has been filed by

Gregory Cote of Uxbridge MA and Carolyn Cote of Putnam CT requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition. IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: **10:00 a.m. on the return day of 12/06/2022.**

This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC) A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration. WITNESS, Hon. Leilah A. Keamy, First Justice of this Court. Date: November 04, 2022

Stephanie K. Fattman, Register of Probate

November 18, 2022

Commonwealth of Massachusetts The Trial Court Probate and Family Court Worcester Division Docket No. WO22P3777EA Estate of: Nancy J Del Gizzi Date Of Death: September 17, 2022 INFORMAL PROBATE PUBLICATION NOTICE

To all persons interested in the above-captioned estate by Petition of Petitioner Kevin J Del Gizzi of Millville MA a Will has been admitted to informal probate.

Kevin J Del Gizzi of Millville MA has been informally appointed as the Personal Representative of the estate to serve on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner. November 18, 2022

SPORTS

Smith shines with four goals for Spartans, who cruise past Nantucket

UXBRIDGE THEN TAKES CARE OF FRONTIER IN STATE QUARTERFINALS, 5-0



A determined Meghan Smith of Uxbridge moves the ball down the field versus Nantucket. Smith scored four times against the Whalers, and the Spartans won the game, 9-0.

BY NICK ETHIER
SPORTS EDITOR

UXBRIDGE — The first 15 seconds of the Uxbridge High versus Nantucket High field hockey game — a Round of 16 match-up in the Division 4 State Tournament, which was played last Tuesday, Nov. 8 — saw the Whalers drive the ball down the field and take a shot on net, which was saved by Julia Okenquist. Nantucket then earned a penalty corner opportunity, but they were unable to score on it.

Kelly Rosborough, head coach of the Spartans, called the early sequence a “wake-up call,” and it certainly woke Uxbridge up. What followed was pure dominance, as the Spartans took 24 of the next 25 shots on goal and gained the final 17 corners of the game.

Top seeded Uxbridge easily dispatched the 17th ranked Whalers, 9-0.

“We always have the approach to go 110 percent right off the bat, but now we realize that’s what they’re going to do too, and that’s what they did. That’s what got us going,” senior co-captain Meghan Smith said of Nantucket’s early flurry.



Julianna Casucci of Uxbridge controls a bouncing ball in front of Nantucket defenders.

Smith essentially put the Spartans on her back in the opening half, as she scored four goals — the first four of the contest — in a 10-minute span bridging the first and second quarters.

“It was a special day for her. She missed the playoff season last year, and I think she’s making up for lost time,” Rosborough said of Smith, who was unable to compete in Uxbridge’s five playoff games en route to the State Championship due to a foot injury.

“You never know when it’s your last game. Even if the score is 9-0, you still have to play like it’s your last time out there,” Smith said of her approach playing this fall.

Smith opened the scoring with 5:13 remaining in the opening quarter. She backed her way down closer toward the Nantucket cage and then wristed a shot past goalie Shelbi Harimon.

Smith then scored goals in the second, fourth and fifth minutes of the second quarter. Teammate Julianna Casucci passed over to Smith on the first goal of the period, and the next two were from in close. Kendall Gilmore provided an assist on Smith’s fourth goal.

“Every one of them she was in good posi-

tion, confident and ready,” Rosborough said of Smith’s scoring prowess.

“I’m always ready, right on the goalie. And I’d get great passes from my teammates. I didn’t really do much besides one-time it in. I can’t take all of the credit for that because I have my midfielders working hard to get it to me,” added Smith.

This was Smith’s first career four-goal game. She had, in fact, never scored three times in a contest before, either.

“If Meg wasn’t there to step up today, I’m sure someone else would have been there to step up because that’s how they play as a team,” Rosborough said of the Spartans.

And other Uxbridge members did get involved in the scoresheet following Smith’s hot start. Aubrey Bouchard (Amelia Blood assist) scored late in the half to make it a 5-0 game at the break, and Casucci (Blood assist), Ellie Bouchard (Gilmore assist), Aubrey Bouchard and Abby Sanches added goals to account for the 9-0 final. Okenquist needed to stop one Nantucket (8-8-3) scoring chance in the third quarter to preserve the shutout, her 13th of the season.

The Spartans then played No. 8 Frontier Regional of South Deerfield in the Round of Eight.

“Western Mass. usually has some strong field hockey, so we’ll contin-



Uxbridge's Morgan Ouellette reaches out to play the ball in the open field.

ue to grind it out and get ready,” said Rosborough.

And Uxbridge improved to a perfect 21-0 and moved to the Final Four, defeating Frontier (11-3-6) by a 5-0 final. Smith collected two more goals, and Ellie Bouchard provided a hat trick. The Spartans were set to play against No. 4 Monomoy Regional (12-4-5) of Harwich in the State Semifinals, which took place after press time. Uxbridge actually defeated the Sharks in regular season play, 6-1.

STATE TOURNAMENT SCOREBOARD

Duffy does it all as Cardinal Spellman edges Beavers in State Quarterfinals



Blackstone Valley Tech defenders Tyler Clare, left, and Jordan St. Pierre (6) combine to bring Cardinal Spellman's Jack Duffy to the ground.

BY NICK ETHIER
SPORTS EDITOR

UPTON — Last week the Blackstone Valley Tech football team, seeded fifth in the Division 6 State Tournament, defeated No. 12 Arlington Catholic by a score of 33-21. When the Beavers’ next opponent, No. 13 Cardinal Spellman High of Brockton, played Arlington Catholic in the regular season, the Cardinals won that game, 34-6, and BVT head coach Anthony Landini called it “the Duffy show.”

Duffy is Cardinal Spellman quarterback Jack Duffy, and he was the difference in the Cardinals’ 14-13 upset of the Beavers in a State Quarterfinal game played Saturday, Nov. 12 at Postma Field on the campus of Blackstone Valley Tech.

“That’s the game plan, stop him,” Landini said of Duffy.

Duffy accounted for all of Cardinal Spellman’s points. He scored on a 3-yard rush, threw a 16-yard TD pass to Kristian Simpson and booted both extra point kicks. Duffy also played linebacker on the defensive side of the ball and did the punting for the Cardinals. In total, Duffy threw for 203 yards and rushed for another 105.

Cardinal Spellman held a 14-13 halftime lead, which remained the final score after a no-point second half.

“It was a great high school football game. We made some adjustments defensively at halftime, held them,” said Landini. “They obviously did, too.”

The Beavers had their chances in the second half but couldn’t find the end zone.

“It felt like we were a couple blocks or a shoe-

string tackle from breaking a couple toward the end,” said Landini.

And Valley Tech’s defense held Duffy and Co. in check over the final two quarters, but the Cardinals were able to grab enough first downs late to bleed the clock and seal the victory.

“We had him in multiple fourth downs and they’re only getting (the first downs) by inches. It comes down to inches,” said Landini.

Adam Fransen (130 rushing yards) scored on a 9-yard run to open Valley Tech’s scoring in the first quarter, with Braydin Levesque adding the extra point, and quarterback Alex Vosburgh (110 passing yards) hit Nicholas Whitlock on a 73-yard touchdown pass in the second quarter.

Cardinal Spellman (5-5) will next play top-seeded



Adam Fransen of Blackstone Valley Tech, with help from teammate Brock Chapman (55), rushes in a 9-yard touchdown.

Stoneham High (9-1) in the Final Four, while the Beavers (5-4) will finish the season at Nipmuc Regional (2-8) on Thanksgiving Day in the annual Battle for Pleasant Street.

Elsewhere, all results are through Monday evening, Nov. 14.

Wednesday, Nov. 9
Division 4 Field Hockey Round of 16
(2) Manchester Essex 7, (15) Blackstone Valley Tech 0 — The Beavers were up against a tough opponent and were unable to put any goals into the back of the cage. As a result, BVT finished with a record of 12-5-3.

Thursday, Nov. 10
Division 7 Football Round of 8
(3) Saint Bernard’s 20, (6) Uxbridge 14 — Kellen LaChapelle threw a touch-

down pass to Anthony Fair, and Fair later returned a kickoff for a score, but the Spartans were edged by the Bernardians. Uxbridge is now 7-3 and will host Northbridge High in their annual Thanksgiving Day showdown.

Division 4 Girls’ Soccer Round of 16
(7) Manchester Essex 5, (10) Uxbridge 2 — The Spartans couldn’t pull off the upset in Manchester, as they finished their season with a record of 8-6-6.

Saturday, Nov. 12
Division 4 Girls’ Soccer Round of 8
(1) Cohasset 4, (9) Blackstone Valley Tech 1 — The Beavers ran into the tournament’s top seed and were unable to pull off the upset. Laney Beahn scored Valley Tech’s goal, as the team finished up with a record of 12-7-2.

Earlier in the week

(Wednesday, Nov. 9), the Beavers defeated No. 8 West Bridgewater in overtime, 4-3, in the Round of 16 to advance and play Cohasset. Beahn recorded a hat trick and Kasey Reeves added a goal as BVT outlasted West Bridgewater.

Sunday, Nov. 13
Division 4 Boys’ Soccer Round of 8
(6) Blackstone Valley Tech 2, (3) Hampshire Regional 1 (PK) — It took all of eight penalty kicks for the Beavers to finally survive and advance against Hampshire. Now Blackstone Valley Tech (17-2-2) will play in the Final Four against No. 10 Randolph High. That game took place after press time.

The Beavers reached the Round of 8 by defeating No. 11 Wahconah Regional in the Round of 16, 6-0, four days prior.

SPORTS

Hats off to Battista, who scores three for Rams in win over Leicester

NORTHBRIDGE THEN DISPATCHES MANCHESTER ESSEX IN ROUND OF 8, 4-0



Nick Ethier photos

Northbridge's Sienna Mastroianni saves the ball from rolling out of bounds.

BY NICK ETHIER
SPORTS EDITOR

NORTHBRIDGE — Big time players make big time plays in big time games, and Northbridge High girls' soccer star Karlee Battista continues to prove that time and again.

In helping lead the Rams to the Round of 8 in 2021, Battista scored a pair of overtime goals in the Rounds of 32 and 16, and she's doing it again this season. Battista scored three times against No. 34 Nantucket High in the Round of 32, and then added another hat trick — plus an assist — in No. 2 Northbridge's 5-0 victory against No. 15 Leicester High in a Round of 16 game played at Lasell Field on Wednesday, Nov. 9.

"I think part of it is the system that we play lends itself to her succeeding. I think that her teammates look to her to fill that role," said head coach Kristin Strazzulla. "But 100 percent she was big time last time in the playoffs, scoring two overtime goals to carry us to the Elite Eight. This year, two hat tricks."

Battista has now scored 26 times this season.

Battista got the Rams on the scoreboard in the 12th minute when teammate Rachel Sawyer serviced in a corner kick from the left side. The ball amazingly snuck through five Wolverine defenders.

"It hit off a girl, and then it hit off my knee, hit the post and then went in. That was a beautiful ball," Battista said of Sawyer's kick.

But the game remained 1-0 at half-time. In a matter of moments, the Rams extended the lead to 3-0 with a pair of 44th minute strikes.

First, Battista beat her defender down the left side and launched a shot into the right-hand portion of the goal. Then, Battista sent a pass down to Sienna Mastroianni, whose long ball found the back of the net.

"Coach said during halftime, 'one isn't enough.' We wanted to calm our nerves, and so getting that second goal was huge for us," said Battista.

"Those back-to-back goals were huge," added Strazzulla.

That lead turned out to be more than enough for Northbridge, as they limited Leicester's chances all game long. Defender Delaney Mahoney was tasked with marking Lily Peterson, a good goal scorer in her own right.

"We talked about the type of player that she was, that we couldn't let her turn," Strazzulla said of Peterson. "Delaney would track her all the way up almost to their offensive third of the field just to make sure that every time she got the ball she wasn't turning."

The Wolverines' best scoring chance came in the 64th minute when Mya Benoit took a free kick from 30-plus yards out. The ball appeared destined to land just under the crossbar, but Northbridge keeper Madison Thibeault made the save.

Battista then put the game away in the 72nd minute, completing her hat trick. There, she stole the ball away from a Wolverine defender and was one-on-one with keeper Sarah O'Connor, and she didn't miss her shot.

Battista credited the entire defensive output for not only shutting Leicester down, but for also getting the ball up to her and fellow attacking players.

"I give credit to Hannah Direnzo, Rachel Sawyer and Delaney Mahoney," said Battista. "They've been the wall this entire season. Since I'm up here, it's awesome to see them being able to get it and also distribute it up to us."

Sawyer finished the scoring in the 79th minute with an 18-yard free kick from the right side.

Northbridge returned to the Round of 8, where they played No. 7 Manchester Essex. The Rams won that game 4-0



Karlee Battista of Northbridge sends a free kick toward the Leicester goal.



Northbridge's Keira Touhey, left, and Leicester's Jordan Giggey do battle for possession of the ball.

— with Battista adding another two goals, and Melissa Sabourin and Jenna Malone also scoring — to advance to the Final Four. In a game that was played after press time, Northbridge (16-3-2) took on No. 3 Littleton High (20-0-1).

"With the crew that we had returning from last year, the expectation was that we would get back here," said Strazzulla.

"I love my team. From the beginning of this year our goal was to win a state championship, and so far it's looking good for us," added Battista.

Leicester finished its season with a record of 7-12-1, but it wasn't all about the wins and losses for first-year head coach Joe Mercier.

"It was a great year. They've worked really hard, a lot of adversity throughout the year, and it was a great way for our seniors to experience the postseason again and it's great for our younger ones to really get a taste of what postseason atmosphere is really like," said Mercier. "Regardless of record, we had an outstanding year. The record I don't think indicates how we played. We were in every single game."

The 5-0 loss was the Wolverines' biggest setback of the entire season.

"We're going to give Northbridge credit: they played really well and they finished their shots. They have skill all over the place. If you lose a possession battle, they have speed up top."

Determined Douglas never backs down in defeating Lee

TIGERS THEN FALL TO FRONTIER IN STATE QUARTERFINALS



Nick Ethier photos

Douglas' Izzy Oum hits the ball away from Lee defender Juliana Schuerer to secure a point.

BY NICK ETHIER

SPORTS EDITOR

DOUGLAS — With the Douglas High and Lee High volleyball teams splitting the first two sets when playing against one another in a Division 5 State Tournament Round of 16 match-up on Tuesday, Nov. 8, and with the Wildcats jumping ahead in the third set, 21-14, the Tigers were in danger of being a set away from having their sea-

son come to a close.

But Douglas dug down deep, scoring 11 of the final 12 set points to win it, 25-22, and grab a 2-1 lead. The Tigers then finished the match in the fourth set, winning 3-1. Set scores were 18-25, 25-18, 25-22, 25-21.

"We've learned through the year to overcome adversity through some wins and some losses, and it's been a learning process the whole season. It prepared us



Ava Lemire of Douglas elevates and goes to spike the ball versus Lee. Lemire had 11 kills in the match.

for that (third set) and we were ready to make the comeback," explained head coach Greg Bernard.

The senior laden Tigers — seven of the 13 rostered players are in their final year — didn't want their season to end just yet.

"We've been playing for four years straight and it's all very sad that this is our last couple of games. We don't want it to end at all," said co-captain and setter Elise Forget, one of the seniors along with Meghan Such, Meghan Moulder, Caroline Ramsdell, Celina Moore, Jaeley Sughrue and Izzy Oum.

No. 8 Douglas improved to 14-7, while

No. 9 Lee finished 12-10.

When the Tigers were able to rally and win the third set, they knew that closing it out in the fourth was imperative.

"We've had way too many fifth set matches this year. Some big ones that went our way, some that didn't, and we definitely want to avoid that fifth set when we can," said Bernard.

Bernard was pleased with how composed his team remained throughout the contest.

"We've had some games where emotions have got the best of us, but tonight we really, really kept our emotions in check and just finished the match, which was huge," he said. "Lee is a very good team."

"We're all very close in general and putting each other up on the court, even if we lose the point it's a great way to build up team morale. Even if we have a big lead, we're always thinking about the next play but not forgetting about what mistakes we made," added Forget.

In the win against Lee, Forget provided 25 assists and 5 aces. Other strong performances were turned in by junior Ava Lemire (11 kills, 5 blocks, 12 digs) and sophomore Joranni Souphida (24 digs).

Douglas then had the tall task of traveling to top-seeded Frontier Regional of South Deerfield in the Round of 8. That match, which took place on Friday, Nov. 11, was won by the Redhawks, 3-0, as they improved to 22-1. The Tigers also lost to Frontier in the same round of the State Playoffs last year, as the Redhawks advanced all the way to the State Final in 2021.

SPORTS

Crusaders get by rival Douglas, advance to State Semifinals

By Nick Ethier
Sports Editor

MENDON — The latest installment of the rivalry between the Whitinsville Christian School and Douglas High girls' varsity soccer teams came to a head on Monday, Nov. 14 at the NEFC Fields. But the stakes were higher this time around, as the Crusaders and Tigers met in a Division 5 Round of 8 State Tournament contest.

The two teams had a fairly even regular season slate — Whitinsville Christian won the second meeting, 3-2, after a 1-1 draw early in the year — and the No. 5 Crusaders won this matchup, 2-1, over No. 4 Douglas.

"Great team, great coaches," Whitinsville Christian head coach Beth Cutler said of the Tigers. "They're awesome and it's always a battle. It always comes down to one or two plays. Their kids never quit, no matter what."

"The history of the programs, we play twice during the year — a tie and a one-goal game — it doesn't matter if we're up or they're up, they're always a battle," added Douglas head coach Jarred Stand. "I think it's our natural rival in the league."

The game remained scoreless at halftime and even through 68 minutes. But the Crusaders' Gillian McGee got her team on the scoreboard first, plac-



ing a free kick from 30-plus yards out under the crossbar but also over the outstretched reach of Tigers' keeper Ashley Arnold.

"Gillian is fantastic. She has a cannon coming out of that leg and it's very accurate," Cutler said of McGee. "She can kick it from anywhere."

Then, in the 74th minute, Whitinsville Christian doubled its lead. Chloe Richey moved the ball over to Amanda Cinelli, who shot just inside the left post for the goal.

"Amanda needs a hair, that's all she needs for space. She's very fast and very quick," Cutler said of Cinelli. "She's been nothing short of fantastic for us



all year. Great poise in the box, always."

Douglas wasn't going to pack it in, though, and they cut the deficit in half in the 78th minute. The Tigers' Sadie O'Toole launched a left-footed free kick that found the upper portion of the net, past keeper Madison Amati (10 saves).

"That shows character," Stand said of Douglas' comeback bid. "When you're down two with four minutes to go and then you get one in...that's exactly what it was, kind of digging down."

But the game ended at 2-1, with the Tigers finishing 11-6-4.

"The girls did everything, they just scored on a couple of opportunities and we didn't take advantage of ours," said

Stand.

The future remains bright for Douglas, though.

"We just want to keep building as a program. There's always changeover from every team, but our goal is to consistently be in these types of games," Stand said.

The Crusaders are now 13-5-2 after securing a berth into the tournament's Final Four.

"It means everything to us. We've worked so hard and overcome so much as a team. We've fought through a lot of real injuries. We had two ACL tears and one is an All-State player," Cutler said of losing Kate Crowley to injury and the team battling through adversity. "We graduated seven seniors last year and don't have a single senior, and we've worked really hard to be here."

In a game that took place after press time, Whitinsville Christian played No. 1 Monson High (19-0-2) in the State Semifinals.

Earlier in the tournament, the road to the Round of 8 was a tale of two stories. The Crusaders easily defeated No. 21 Drury in the Round of 16 on Wednesday, Nov. 9, 5-0, while a day later the Tigers needed overtime and then penalty kicks to get past the No. 13 Bromfield School, 1-0.

Tigers exact revenge on Maynard, move to State Final Four



Nick Ethier photo
Douglas' Lucas Teixeira sends the ball down the field as Maynard's Wilbert Chau pursues.

BY NICK ETHIER
SPORTS EDITOR

MILFORD — When the Douglas High boys' varsity soccer team hosted Maynard High in a Division 5 State Tournament Round of 8 matchup at Milford High on Sunday, Nov. 13, the local Tigers (seeded third) knew all about how the visiting Tigers (ranked sixth) wanted to play.

"We lost to them in Districts, 1-0, and they did the same thing. They scored a goal and then they sat back and we tried to break that," explained Douglas head coach Alex Ferguson of Maynard's 1-0 victory a few weeks ago in a CMADA Class C Semifinal.

In this matchup, Maynard's Lucas Hogan scored following a corner kick taken by Dylan Peavoy in the 47th minute. And from there Maynard sat back and played as defensive a style as possible.

For a while, Douglas was unable to break through Maynard's wall. And Douglas wasn't doing themselves any favors, playing into Maynard's style of soccer.

"We sort of played their game, kicking balls in the air, and that's not our game," said Ferguson.

Douglas eventually kept the ball on the ground as much as they could and turned up its offensive intensity.

"We went to a more offensive fix in the last 20 minutes," said Ferguson.

And Douglas gained back-to-back corner kicks midway through the half, with one of the opportu-

nities seeing Charlie Ramsdell heading a shot on net, which was saved.

The 70th minute again saw Douglas earn back-to-back corners and, despite sustained pressure, no goals came from it.

Finally, in the 73rd minute, Douglas knotted the score at 1-1 when Michael O'Toole found enough space inside the box and he buried his shot into the left-hand corner of the net.

Then, in the 79th minute, Douglas' Owen Gray took one touch to get the ball past Maynard's goal-keeper. His next touch was a shot into the open net, giving Douglas the lead.

"These are the ones that give me a little bit more gray hairs as the years go on," Ferguson said of the stressful match.

Douglas (15-2-4) then held serve for the final minute-plus, vaulting them into the Final Four. There, they will play Dual Valley Conference rival Sutton High (13-3-4), who are ranked No. 2 in the bracket. The game was played after press time.

Earlier in the week, the Tigers played No. 14 KIPP Academy of Lynn in the Round of 16 at Millbury High in the Round of 16. Luke Lightbown scored in regulation for Douglas, but KIPP tied the score and it stayed that way all the way through double overtime. In penalty kicks, Chris Dame, O'Toole and Logan Hooper scored for the Tigers, while Gavin Gualtieri made the necessary saves to earn the victory.

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