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Friday, June 7, 2024

# BVT confers diplomas and industry-recognized certifications

UPTON The Blackstone Valley Tech Class of 2024 Commencement Ceremony was held at the Hanover Theatre & Conservatory for the Performing Arts in Worcester on May 30th. The evening ceremony celebrated the accomplishments of its 306 graduates with all the pomp and pageantry they deserve.

'From their first day of school, I encouraged this class to put their best effort into their work, work their hardest, and to leave Valley Tech just a little bit better than they found it," said Assistant Superintendent-Director/ Principal Mr. Anthony E. Steele II in his open-ing remarks. "The Class of 2024 met that challenge and then some. They have

## Local officials partner with DEA on new e-sports initiative **BY KEVIN FLANDERS**

REGION — Local officials are teaming up with the DEA in a unique approach to combating dangerous drugs.

The New England Field Division of the U.S. Drug Enforcement Administration (DEA) will partner with college e-sports teams from across New England to host the first-of-its-kind One Pill Can Kill Game Over Tournament.

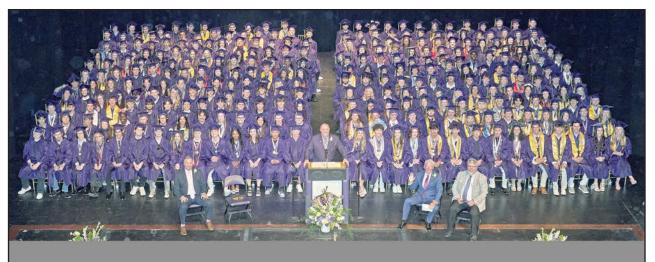
Event organizers hope to use the increasingly popular e-sports platform to help educate young people about the dangers of fentanyl.

Each week, 22 teenagers between the ages of 14 and 18 die from drug poisoning or overdose events across New England, according to a recent study conducted by the New England Journal of Medicine.

To more effectively reach teenage audiences, the DEA has teamed up with actress and influencer Ava Michelle Cota, as well as eight e-sports teams across the region, to take an innovative new approach to fentanyl outreach and awareness.

The new program is supported by Worcester County Sheriff Lew Evangelidis and several other local officials.

"With an overwhelming 97 percent of Americans between the ages of 12 and 17 engaged in video gam-



# Blackstone Valley Regional Vocational Technical High School Class of 2024

Morin Studio

Courtesy

The Blackstone Valley Tech Class of 2024 at their Commencement Ceremony.

been outstanding stewards a community that celeof their school, and after brates diversity, embraces tonight, I do not doubt that creativity and fosters innothey will carry that torch as BVT alumni."

The ceremony includ-ed a salute to the flag and the national anthem. Next, Yvette Martin, Director of Student Services, delivered Council President, felt a the benediction. Then, John Kearney of Douglas ty as a class and being part and Amelie Botelho of of the BVT family. Lastly, Upton performed Abba's Laney Beahn of Douglas, emotional hit song, Salutatorian, recalled the "Slipping Through My moments, accomplish-Fingers." The speakers eloquently expressed the sense of community, connection, and a shared purpose that has shaped their time at BVT. Ella Rogozenski of Northbridge, Valedictorian, reflected on being welcomed into

vation. Michael Borowski of Millbury, Senior Class President, expressed pride in being a "Beaver" for life. Eleanor Poitras of Hopedale, Student strong sense of communiments, hardships, and experiences that have made this high school chapter worth remembering.

Mr. Matthew Urquhart addressed the class and took a moment to acknowledge those who helped make this day possible. In closing, he congratulated them on reaching one of life's signature milestones and reminded them to be proud of what they have earned.

"Your determination, thoughtfulness, and ambition have taken you this far, and we know you have many more amazing goals to reach," said Superintendent-Director Dr. Michael F. Fitzpatrick. "You, the Class of 2024, are part of our legacy and forever a part of our collec-

tive experience. Impressed with everything you've accomplished so far, we cannot wait to see what you do next!"

Three hundred and six students concluded their dual high school education. They received a vocational certificate and a diploma, which certify mastery of competencies in their career-technical programs and a rigorous academic course of study. The evening celebration

ing, the DEA is looking to reach young people where they often spend time-in the virtual world," read a statement released by the DEA.

The One Pill Can Kill Game Over Tournament will be hosted by Clark University on Thursday, June 6. Participating teams will represent Worcester Polytechnic Institute, the University of Massachusetts-Amherst, Boston University, Emerson College, Post

Turn To GAME OVER page A6

Assistant Principal

concluded with applause for the graduates as they tossed their caps into the air. To view the ceremony, visit www.valleytech.k12. ma.us/classof2024.

# Weather doesn't dampen spirits at **Pout Pond Junior Fishing Derby**

**UXBRIDGE** On Saturday, May 18, the Pout Pond Recreation Committee held our Third Annual Junior Fishing Derby. Despite the uncooperative weather, we had a great turnout of dedicated young anglers who persevered! Dozens of fish were weighed, measured, and released back into the pond. Here are the overall leaders in each age category:

3-7 years:

• First Place: Elise Bangma (5)

8-12 years:

• First Place: James Barry (11)

• Second Place: Evan Bashaw (11)

• Third Place: Harper Thifault (8)

13-17 years:

• First Place: Reagan Moriarty (14)

• Second Place: Ryan Guerrero (15)

It was wonderful to see everyone out there fishing, whether or not you caught anything or your fish didn't quite make the cut. We hope you enjoyed the day and will keep on fishing!

We would like to extend our gratitude to the Massachusetts Division of Fisheries and Wildlife, who stocked the pond just days before the event. Another big thank you goes to Ryan Tierney



Courtesy

Elise Bangma, First Place winner in the 3-7-year age category, shows off her trophy.

and the Boy Scout volunteers from Troop 1122 for their invaluable help. The scouts were on hand to share their 'What Do Scouts Do?' presentation with guests at the derby, along the Safe Archery inflatable range for everyone to try. It was a blast!

The Pout Pond Recreation Committee looks forward to hosting this event again next year. Until then, summer is just around the corner, and we are counting on another great season with Music and Science on the Pond, sponsored by the Uxbridge and Millville Cultural Councils. Stay tuned for details-we will see you at The Pond!

# Douglas Common Preservation Society attains nonprofit status

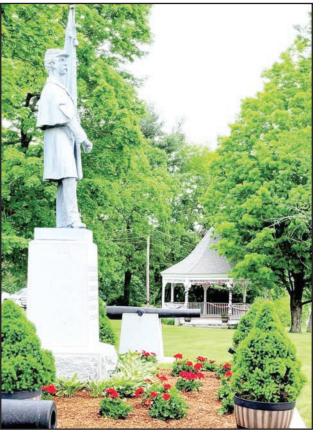
DOUGLAS — Great news! The Douglas Common Preservation Society's application for nonprofit designation under IRS Section 501(c) (3) as a public charity has been approved! Our name is now Douglas Common Preservation Society, Inc.

Our organization has been working to beautify and help maintain the Douglas Town Common since 1996 and will continue to carry out that mission as a public charity.

That's good news for our supporters because your donations to us will be eligible as tax-deductible donations. Donations will continue to be used exclusively to beautify and maintain the Townowned Common since all Society members receive no salaries (we are all volunteers).

Our legal structure as a 501(c)(3) nonprofit should cement our relationship with the Town which has been ongoing for nearly 30 years when it began with the building of the gazebo, installation of the lanterns, planting a lawn, trees and flower beds on the banking and around the gazebo, and putting in a number of benches where people can sit and relax while enjoying the Common. Our work has evolved into the yearround beauty evident now at the Common.

We will continue to rely on donations from

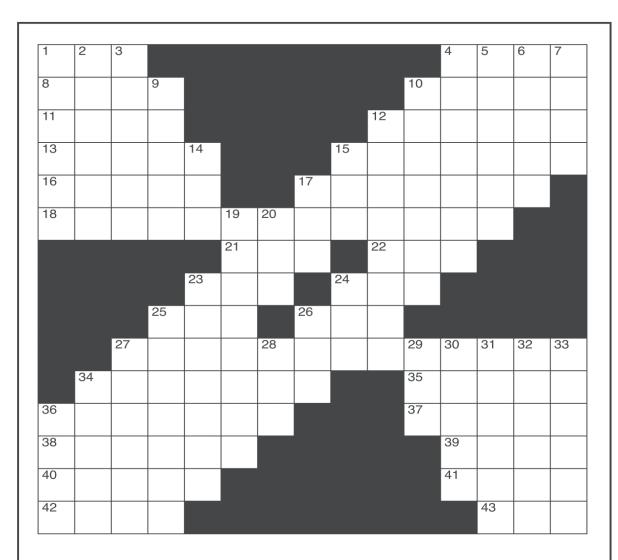


both individuals and businesses to provide us with funding to pay for the materials, supplies and any expenses necessary to keep the Common looking beautiful throughout the seasons.

If you would like to make your tax-deductible donation to help us with our work at the Common, please send your check payable to: Douglas Common Preservation Society, Inc., 76 NW Main St., Douglas, MA 01516. Donations may also be made by Venmo

@Kathleen-Sugrue-Richards (please indicate it is a donation and provide your contact information).

All sponsors will receive recognition on the signs to be posted at the Common. This year there will be two signs, one for donations received January through June, and one for donations received July through December. Memorial donations will also be acknowledged on the signs.



## **CLUES ACROSS**

- 1. Baby's dining accessory
- 4. Something free
- 8. Ancient Egyptian deity
- 10. Set-like mathematical categories
- 11. Top-quality
- 12. Expansive
- 13. Seizure
- 15. People with congenital absence of pigment
- 16. Gains
- 17. Mocked online
- 18. Clint's son
- 21. Body part
- 22. Humor
- 23. Code number

- 24. Your physique
- 25. Family of regulator genes
- 26. LA football player (abbr.)
- 27. "The Blonde Bombshell"
- 34. Charity
- 35. Bluish greens
- 36. Examined closely
- 37. A type of equation
- 38. Stretched uncomfortably
- 39. Indian religious god
- 40. Clocks
- 41. Slowly leak through
- 42. Witnesses
- 43. Midway between south and southeast

# Jackson Haker of Uxbridge recognized for outstanding contributions at American **International College**

SPRINGFIELD - Jackson Haker among 50 stu- College

dents recognized during its 2024 bv of Uxbridge was International Leadership and



## BLACKSTONE \$840,000, 6 Crestwood Dr, Rovedo, Dean, to Moreira, Braulio T.

\$650,000, 102 Mendon St, Richards Ft Meyers LLC, to Richards Realty Group LLC.

\$462,000, 22 Richmond St, Elevator Properties Inc, to Benjamen, Carola, and Benjamen, Arlinx.

\$425,000, 14 Pinehurst St, Bark Enterprises LLC, to Tellstone, Jaryd N.

\$325,000, 285 Lincoln St, Pare, Nicole L, to Franco, Ercilia.

## DOUGLAS None

## NORTHBRIDGE

\$799.900, 70 Valerie Run, D & F Afonso Builders Inc, to Nelis, Ryan J, and Doyle, Marie A.

\$430,000, 351 Linwood Ave, Codner, J S, to Lacerda, Millena V, and Lacerda, Davi D.

## UXBRIDGE

\$600,000, 58 Rivulet St, Kee Properties LLC, to Taddeo, Edward P, and Jackson, Shawn D.

\$440,000, 31 Olde Canal Way #31, Hayes Lamar Ft, and Lamar, Susan G, to Bourscheid, Denise, and Antunes, Edmund.



American Co-Curricular (AIC) Involvement Awards Ceremony on April 22in College's the Schwartz Campus Center Auditorium.

> Т h Co-Curricular A w a r d s Ceremony shines a light on students who embody AIC's spirit through their leadership, service, dedication as student employees, volunteerism, and other outstanding contribu tions.

Haker was presented with the Volunteer of the Year Award. given to a student who has worked in a volunteer capacity consistently and selflessly.

AIC congratulates these deserving students for their remarkable achievements.

Founded in 1885, American International College (AIC) а private, is co-educational, doctoral-grantinstitution ing Springfield, in Massachusetts, comprising the School of Business, Arts and Sciences. the School of Education. and School of the Health Sciences. AIC supports and advances education. diversity. and opportunity for its students and the community.

## **CLUES DOWN**

- 1. Nestlings
- 2. Induces vomiting
- 3. A place to eat
- 4. Partner in the air
- 5. Offered one's take
- 6. Nobel-winning French biologist
- 7. Farm animals
- 9. Prevent from growing
- 10. Sensationalist periodical
- 12. Soft-bodied beetle
- 14. Very fast airplane
- 15. Imaginative creation
- 17. Recipe measurement (abbr.)

- 19. Evoked a response
- 20. French river
- 23. Shiny yellow minerals
- 24. Make illegal
- 25. U.S. military branch
- 26. River in France and Belgium
- 27. A woman of refinement
- 28. Male child
- 29. Type of medication
- 30. German city
- 31. Animal disease
- 32. Mediterranean dietary staple
- 33. Sneak out
- 34. Radioactivity unit
- 36. Performs on stage



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# Salve Regina University's Class of 2024 awarded diplomas at 74th Commencement

NEWPORT, R.I. — Salve Regina University President Kelli Armstrong conferred 503 bachelor's degrees, 271 master's degrees and 22 doctoral degrees to members of the Class of 2024. In total, this year's graduating class was the University's largest ever at 823.

Moira Buckley of Northbridge received a BS in Social Work degree. Taylor Lee of Uxbridge received a

BS in Social Work degree.

BS in Chemistry degree.

Stephanie Deveau of Uxbridge received a Master of Science Degree in Nursing degree.

Lisa Hefron of Uxbridge received a Master of Science Degree in Nursing degree.

In presenting the Commencement address, renowned author, scholar and policy analyst Susan Eisenhower spoke to graduates in the context

Sean Spain of Douglas received a of Salve's focus on mercy leader- come to depend on you." ship and service. "As you begin your you. Learn from them. Reflect on you miss the enduring lessons that come every day, no matter what job or assignment. You will be the better for it, as will everyone who will

In offering his congratulations, post-graduation journey, embrace U.S. Sen. Jack Reed (D-RI) said, "I am the unexpected -- even the assign- confident that all of you in the Class ments that may at first disappoint of 2024 will make your own mark and serve a purpose higher than yourthem. Don't shortchange yourself by self. Today more than ever, our world living so fast and ambitiously that needs your combination of knowledge, talent and, most of all, mercy."

Salve Regina University is a Catholic, coeducational institution of higher education founded by the Sisters of Mercy in 1947. For more than 75 years, Salve has offered rigorous and innovative academic programming in the liberal arts tradition that prepares students to be global citizens and lifelong learners. More than 2,700 undergraduate and graduate students are enrolled at Salve from across the U.S. and around the world in 48 undergraduate majors, 13 master's degree programs, numerous combined bachelor's/master's programs and doctoral programs. Each undergraduate student participates in the Salve Compass Program, a four-year transformational framework through which students explore their strengths and interests, developing the experience, skills, and wisdom required for a long, fulfilling career and to make a positive difference in the world. Salve's Pell Center for International Relations and Public Policy is a multi-disciplinary research center focused on the intersection of politics, policy and ideas. For information visit salve.edu.

PROPERTIES FOR RENT

### Prince Edward Island, Canada Summer/Fall Weekly Cottage Rental 2-bedroom newly constructed oceanfront cottage that sleeps 8. Sweeping views of the pond, ocean and lighthouse. Enjoy kayaking, bicycling and beach walking. \$900/wk. Contact Scott at 603-254-5032 or scottm@plymouth.edu TYBEE ISLAND, GEORGIA YEAR-ROUND SHORT-TERM RENTAL 1-bedroom unit overlooking ocean in a gated community with pool and walkway to beach. Sleeps 4. Watch dolphins at play, freighters, pelicans and fishing boats. Prices vary. Contact Oceanfront Cottage Rentals at 800-786-5889 or http://www.oceanfrontcottage.com/listings/218-bay-breezes



Family raised, first shots, black, yellow & chocolate ready

# Home of the Northbridge Senior Center

**Plummer** Place

## (508) 234-2002

Meditation Group meets every Thursday at 9:30am, all are welcome. Learn how to meditate and how it can benefit your health!

Rep. Dave Muradian will be at Plummer Place on Tuesday, June 11th from 11:45am-12:45pm for office hours.

Carl Bradshaw, our area VA representative will hold his Office Hour on Tuesday, June 11th at 10:30am.

Salmon VNA Blood Pressure Clinic, Tuesday, June 11th from 11:00-12:00pm.

Worcester County District Attorney's Office will be at Plummer Place on Wednesday, June 12th at 1:00pm for a Round Table Discussion with Kevin Donahue on scams targeting older adults. Sign up in the main office.

"Women on the Move", our Plummer Place Women's Group, will meet Wednesday, June 12th at 9:30am. We will have a guest speaker, all are welcome, call Michelle or Amy for more information.

"Ten Days with Dad", Mark Resnick, Author Event and Book Signing, Thursday, June 13th at 1:30pm. Hear from Mark about his

experience with Alzheimer's disease, caregiving, and how his perspectives and priorities changed following his dad's diagnosis. His book will be available to purchase for \$15, cash only. Sign up in the main office.

"Baseball in the Blackstone Valley", with guest speaker, Bill Ballou, July 3rd at 9:30am. Join us for an interesting history lesson on baseball in the Blackstone Valley. Mr. Ballou is a favorite speaker at Plummer Place and is a local correspondent for the Telegram and Gazette newspaper. Light refreshments will be served. Sign up in the main office.

# Uxbridge residents named to Dean's List at Boston College

CHESTNUT HILL - Julie and Sophie Compston, daughters of Marie Compston of Uxbridge, received academic honors at Boston College by making the University's Dean's List for the spring semester of 2024. Freshmen at Boston College, Julie Compston is majoring in Mathematics and Computer Science while Sophie Compston is majoring in Political Science and

### Government.

Boston College was founded in 1863 by the Society of Jesus. Today, it is one of the foremost universities in the nation, with a coeducational enrollment of some 14,500 undergraduate and graduate students drawn from all 50 states and 80 countries. Its faculty of eminent scholars is dedicated to teaching, both at the undergraduate level and

in its graduate programs in education, law, management, nursing, social work, and theology and ministry. Boston College is guided by its founding Jesuit mission to offer students a transforming educational experience; to help them develop both their intellect and their character, and to encourage them to lead lives of faith, integrity and service to others.

# Douglas Sunshine Club celebrates return of the Bald Eagle

DOUGLAS The Douglas Sunshine Club incites you to come hear about the history and return of the bald eagle in The Last Green Valley on Friday. June 14 at the Douglas Adult Social Center. Chief Ranger Bill Reid will be

presenting a program describing the unique characteristics of these amazing birds and why the National Heritage

Corridor has a perfect habitat for our national symbol. The 45 minute program sponsored by the Douglas

Sunshine Club will begin at 11:30 a.m. at 331 Main St., Douglas. Light refreshments will be served. Please

call the center at 508-476-2283 to let us know you are coming this free event.

ALL I

6/13/2024 \$1,000. Call or text Jeff at 508-341-4845.

HILLSIDE PROPERTY MAINTENANCE Excavation/ Site work • Utilities Trenching Drainage/Water Mitigation • Demolition/Large junk removal Land Clearing • Stumping • Farm Services/ Fencing Brush Control & Mowing • More... Hillside Excavaction & Property Maintenance

# Springfield College recognizes Dean's List students

SPRINGFIELD — Springfield College has named Karlee Battista from Northbridge to the dean's list for academic excellence for the 2024 spring semester.

Battista has a primary major of Sport Management.

Springfield College has named Brooke Hooper from Douglas to the dean's list for academic excellence for the 2024 spring semester.

Hooper has a primary major of Communication Sci & Disorders.



# Hiring? Help Wanted **Reach More** Local Applicants Email:ads@stonebridgepress.news Phone: (774) 200-7308





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FRANK G. CHILINSKI PRESIDENT & PUBLISHER BRENDAN BERUBE Editor

# EDITORIAL Supporting family and friends: A pillar of well-being

The importance of supporting family and friends cannot be overstated. Family and friends serve as our emotional anchors, grounding us during times of turmoil and lifting us during moments of triumph. The presence of a supportive network can make a significant difference in how we cope with life's challenges. For example, the comforting words of a parent or the encouragement from a friend can transform a daunting situation into a manageable one. This emotional support helps build resilience, allowing us to navigate life's ups and downs with greater ease.

downs with greater ease. Actively supporting our loved ones not only benefits them but also strengthens the bond you have with them. When we invest time and energy in the well-being of our family and friends, we create a reciprocal relationship built on trust and mutual respect. This investment pays off in the form of deeper, more meaningful connections. Celebrating successes, offering a shoulder to cry on, or simply being present during life's mundane moments can all contribute to a stronger, more cohesive network of relationships. When we model supportive behavior, we set a standard for others to follow.

supportive behavior, we set a standard for others to follow. Supporting family and friends can take many forms, from grand gestures to small, everyday acts of kindness. Here are a few practical ways to show support:

Active Listening: Sometimes, the most valuable thing we can offer is our attention. Truly listening to someone's concerns or joys shows that we



Opinion and commentary from the Blackstone Valley and beyond Fishing for seabass with Mel

The great weather continued last week and this week, giv-

ing fishermen the opportunity to enjoy catching some impressive sea bass in both Mass. & Rhode Island. The problem with fishing Rhode Island was the two fish limit and Mass. allowing four fish daily. We chose to fish Mass. on "Fish Net" Charters last week and were pleasantly rewarded with limits of Sea Bass. We needed to weed through numerous shorts but in the end it was all worth the effort.

One of Captain Mel's fishing buddies made a call to him while we were fishing, reporting fast action on stripers. We were soon on our way to hopefully catch a few. After a half hour run to the area, it seems we were a bit late, as the school of fish had moved out of the area. That is the way it goes! We fished for stripers for a short time with no success, so we headed back to our fishing hole that had numerous seabass still feeding! Anglers fishing in Buzzards Bay area also caught limits of seabass along with many nice size scaup.

On the freshwater scene, my brother Ken and his wife Deb fished the Quabbin Res. last week, taking advantage of the nice weather and the \$25 fee for a boat rental, six gallons of gas which included admission fee. Unfortunately, the day only



Rob Mac from Uxbridge with a large striper he caught recently on the Cape.

gave up one fish, but fishing in perfect weather, and watching wildlife made it all worth the trip.

Locally, anglers are catching some nice largemouth bass on shiners and lures, with some large pickerel mixed in. As the forest fires rage on in parts

As the forest fires rage on in parts of California, destroying thousands of acres of land and many homes, I find it hard to believe the devastation to people and wildlife in that area of the country.

Domestic animals like dogs and cats



Courtesy

This week's second picture shows Captain Mel True of "FISH Net" Charters with a nice seabass he caught while fishing with this Writer and Matt Fontaine of Uxbridge last week! He likes to catch fish also.

are also being impacted from the fires, and will more than likely need new homes. They are being shipped to other areas of the country, and will hopefully be adopted by new families in our area. This is a good time to go to one of the shelters in your area and adopt one for your family! You will be glad you did.

Take A Kid Fishing & Keep Them Rods Bending!

# LETTERS TO THE EDITOR New York's long history of corruption

To the Editor:

Did you know that New York has been corrupt since 1776?

Did you know that New York was the center of a plot to capture George Washington and our top Revolutionary War generals? And Harvard College bred one of Washington's closest advisors who was a most wretched British spy?

In 1776, before the Declaration of Independence had even been drafted, before our colonies had become a nation, Governor Tryon of New York and the mayor of New York City hatched a secret plot to capture Washington and his closest officers.

And execute them. After all, Washington was an Original Insurrectionist.

Who joined the plot? The New York Attorney General. The New Jersey Attorney General. Various New York government functionaries, Loyalists, and a few Life Guards whose mission was to protect Washington with their lives. They committed treason.

In the book, "The First Conspiracy - the Secret Plot to Kill George Washington" by Brad Meltzer, the diabolical plot is expertly explained. When Washington set up headquarters in New York, he found the city awash in vice, filth, disease, prostitution, Loyalists, and plots. Just like today.

For Washington, it was a descent into

tion, the disloyalty, the clandestine plots and schemes, the hidden dangers not just from his military foe, but from enemies all around him, sometimes in the shadows, sometimes in disguise," was real in 1776. It seems all too real in 2024.

Before Washington arrived in New York City, he had discovered a betrayer in Cambridge. One day, a Newport baker accompanied by General Nathaniel Greene, arrived at headquarters in Cambridge. The baker gave Washington a letter in code. Washington was stunned. In all previous wars and engagements, he knew the enemy. They wore British red or French blue. Now, who could be trusted?

The baker revealed that his ex-girlfriend, a prostitute in Cambridge, had brought him this letter and asked him to deliver it to a British official in Newport. The baker, instead, contacted General Greene and they hied it to Cambridge.

In 1775, Washington had no cryptography department. No code breakers. But, ever resourceful, he searched for people who were good at codes and gave the letter to each group. Independently, both broke the code, and found the same words: a report on Washington's troops, the outline of the camp in Cambridge, the number of soldiers, weapons, ammunition, etc. Yikes! Who wrote this coded letter?

Washington ordered that the prosti-

in the pay of the British. He wore lavish clothes. Had a big house in Cambridge. Had plenty of cash. And the prostitute? She was his mistress. Church was arrested and imprisoned in Connecticut.

The New York plot started in January of 1776:

The Governor of New York conspired with the Mayor of New York and ended up ensnaring some of Washington's Life Guards. In events that only Divine Providence could design, the plot was discovered. The Mayor of New York and five Life Guards were arrested. The Provincial Committee interviewed witnesses and reported to Washington: 40 more were arrested. Washington conducted a public execution on June 28, 1776 before 20,000 citizens and soldiers. One Life Guard was executed.

Just then, the British army arrived in New York: 400 ships, 34,000 soldiers. We had no Navy. We had 10,000 soldiers. Nevertheless, on July 4, 1776, the Declaration of Independence was passed and spread like wildfire.

Which colony was the only one to abstain from the Declaration of Independence? New York of course!

Every American student should have this book on their summer reading list. We are truly God-ordained. God preserve us! If only we had a President

cerns or joys shows that we care about their feelings and experiences.

Acts of Service: Helping with tasks, whether it's running an errand or lending a hand with a project, demonstrates a willingness to share the load and make life easier for others.

Words of Encouragement: Simple words of encouragement can boost someone's confidence and morale. Letting others know we believe in them can have a powerful impact on their outlook.

Quality Time: Spending quality time together, free from distractions, reinforces the importance of the relationship and provides opportunities to deepen connections.

Being There: Sometimes, just being there in times of need, whether in person or virtually, provides immense comfort and reassurance.

It's important to recognize that supporting family and friends is not a one-way street. The act of giving support often brings about a sense of fulfillment and purpose. Knowing that we have made a positive difference in someone's life can enhance our own sense of well-being.

## Letter submission policy

Letters to the Editor must include the author's name, address, and a daytime phone number for purposes of verification in order to be considered for publication. Only the author's name and the town in which they reside will be published. Letters submitted without all of the required information will not be accepted.

It is the sole prerogative of the Editor to determine whether a submission satisfies our requirements and decency standards, and any submission may be rejected at any time for any reason he or she might deem appropriate. darkness. Just like it is for President Trump.

For Washington, the cause of the Revolution was glorious, he was fighting for noble ideas, and the colonies had placed their trust in him. But "the deceptute be brought to him. She refused to reveal who gave her the letter. Finally, she confessed and shocked Washington: Dr. Benjamin Church. Harvard-educated Dr. Church was the first Surgeon General of the fledgling Continental Army. A spy

with a brain, or courage or patriotism, instead of Me First-ism. But you know what we have instead. He's no George Washington. He's Benedict Biden. Bev Gudanowski Uxbridge

# Trump wins the day by default

To the Editor:

"No one is above the law."

The utterly nonsensical pop-politics one-liner that we, as Americans, all know for a fact is not true in the least in our modern world has once again aided and abetted the Democrats in their insatiable quest to snatch defeat from the jaws of a seemingly unstoppable victory. With the month of May proving itself to be yet another month of spectacular wins for Donald Trump despite and because of his loss in a New York Court.

Felony convictions that automatically confer onto candidate Trump the New

To the Editor:

Forget Stormy Daniels. Forget Michael Cohen. Forget Hope Hicks, or any of the other petty criminals inhabiting Trump's orbit... (remember, he has 'all the best people!'). David Pecker provided all the corroboration needed to convict Donald Trump on all 34 counts. Judge Merchan, the guy our local Christian Hypocrite reminds us was born in Columbia, so he must be corrupt, even though it's the same place the Trump-friendly Florida stolen documents case' judge Aileen Cannon is from - bent over backwards to keep from jailing Trump for his continued violation of the gag order. (Judge Merchan contributed \$15 to Biden's 2020 campaign – less than the \$50 I contributed – and under New York State law, is allowed to make contributions as long as there is no open endorsement of a candidate. He was never 'cautioned' by anyone. The lies just continue!)

But documents don't lie. Ledgers don't lie. It took the jury, which was approved by Trump's attorney Todd Blanche, and included one person who voted for Trump, and one who got all his news from Truth (?) Social – about nine hours to vote unanimously in favor of conviction. Trump didn't testify at his own trial, not because of anything the judge did, but because he is the biggest liar of the bunch, and his own attorney couldn't trust him on the stand. York City street credentials that are so sought after by people such as Rap Music's rising stars.

How do you get the younger generations to want to listen to you? You somehow get yourself convicted of a felony or two, preferably involving some sexual acts of a historic importance. Then you assert your victimhood. That's just the rules of the game. Which is why Donald Trump went to the Bronx before his case went to the jury to better connect with younger voters of color.

Then came the administration's Robert DeNiro disaster that all unfolded before

# Catch and kill...

In true cult fashion, Republicans erupted over the verdict, because they consider criticism or questioning of the cult leader to be persecution! Anything the cult leader does is justified no matter how harmful or illegal. Stormy got screwed - Trump said he would get her on "The Apprentice" - but America got E.D. - Electile Dysfunction. The fake stories in the Enquirer (Trump, always screaming 'fake news', was the one planting and paying for fake stories about his opponents), the hidden affairs with Daniels and McDougal, Manifort providing battleground state polling data to Russian troll farms, Flynn meeting with Russian agents and lying to the FBI, Comey screaming "Hillary's emails!" Two weeks before the election, and before the charges were even investigated and ultimately dropped (while never mentioning the on-going FBI investigation into Trump/Russia), Don Jr. meeting with Russians in Trump Tower - all contributed to the Electile Dysfunction that brought Trump to power. Now he's a convicted felon, in addition to being found guilty in two other civil cases... so far. But the cult never questions their anointed leader.

Stories you didn't see on Fox News:

1: On this Memorial Day, Jeffrey Goldberg, editor of The Atlantic magazine, reminded Americans that on Memorial Day, 2017, Trump and Chief the jury came back. At which point Donald Trump tossed in his Mother Teresa quip. With Joe Biden then shelving his planned response to a guilty verdict.

The reality is that with his "...no one is above the law" comment, Democrat Joe Biden has unconditionally surrendered his reelection campaign to his main political opponent over the abortion issue. Devout Roman Catholic Joe Biden.

Thus, with the Democrats losing their candidate to his own faith, Donald Trump wins the month by default.

Stephen Gambone Northbridge

of Staff John Kelly, visited Arlington National Cemetery, to pay their respects at the grave of Mr. Kelly's son, who had lost his life while serving in the Marine Corps. Looking at all the gravestones, Trump said to Mr. Kelly: "I don't get it... what was in it for them?" Trump -Captain Bone Spurs himself - couldn't understand why Americans fought and died to defend our freedom and our democracy! Yet, this is the person you want for America's president?

2: Filmmaker Ken Burns ditched his trademark political neutrality during a Commencement address at Brandies University, to warn what will happen to the U.S. if Trump wins back the White House. Burns said he had "to suspend my longstanding attempt at neutrality" because "there is no real choice this November." "We cannot vote for Trump... it would be committing national suicide."

3: The conservative media company behind the book and film "2,000 Mules," by Dinesh D'Souza, which alleged a widespread conspiracy by Democrats to steal the 2020 election and was embraced by former president Donald Trump, has issued an apology and said it would halt distribution of the film and remove both the film and book from its platforms. A little late, don't you think? Wake up, America.

> Rick Bevilacqua Whitinsville

### **BLACKSTONE VALLEY TRIBUNE**



MOMENTS MELINDA **MYERS** 

# Grow fast, fun, and easy microgreens



deli-

cious and nutritious microgreens on your kitchen counter, in a sunny window, or under lights any time of the year. In as little as a week to ten days you'll be making your first harvest to use as a garnish, snack, or add to your favorite sandwich or salad.

Simply purchase seeds of lettuce, greens, mustard, radishes, beets, peas, and even sunflowers. Buy organic seeds or those labeled for sprouting or use as microgreens to ensure they have not been treated with harmful chemicals. Or purchase a microgreen kit that contains all you need to get started.

Best Times to

TAKE

You can grow any microgreens in soil and most hydroponically. Sunflowers, peas, buckwheat, chard, beets, and cilantro grow best in soil. Soak the seeds in cold water for 12 to 24 hours for faster and greater sprouting. Plant the seeds in a shallow container with drainage holes filled with a moist well-drained planting or seed starting mix. Gently tamp the planting mix to remove air pockets and create a flat surface for planting. Mist the soil surface and evenly sprinkle the seeds over the soil. Gently tamp the seeds or mist them to ensure good seed-to-soil contact. Planting seeds this way makes harvesting a bit less messy. Or you can lightly cover the seeds with soil.

Use a fast food container you've cleaned

Bag a Bargain

Want to pocket savings the whole year

long? Here is a list of months, with



Courtesy — True Leaf Market

Any microgreens can be grown in soil and most varieties can also be grown hydroponically.

and added drainage holes to or invest in a kit like True Leaf Market's Organic Mini Microgreens Kit to get your microgreens off to a great start. Then make additional plantings every few weeks to have a constant supply of fresh microgreens to enjoy.

Set the container on a tray to protect the surface below. Once planted, cover the container with a lid to boost humidity and reduce the need to water. Some gardeners use an opaque cover to trap humidity and keep the seeds in the dark for sprouting. Check soil moisture daily and spritz with water as needed. Remove the cover in two or three days once the sprouts break through the soil. Then move it to a bright location or under artificial lights.

Or skip the planting media and go hydroponic using a growing pad instead. This makes harvesting clean and easy and works well for broccoli, kale, arugula, cabbage, cauliflower, mustard, and radish seeds.

Cut the grow pad made of jute, bam-

Stay with your dream

boo, or similar material to fit the container as needed. Thoroughly moisten the grow pad fabric. Sprinkle the seeds evenly over the pad's surface, leaving about twice the size of a seed between each. Use a spray bottle to water and firm the seeds in place.

Use an opaque cover over the top of the tray to provide the needed darkness for the seeds to sprout. Check the seeds twice a day and mist them as needed. Remove the cover in three to five days once the seeds sprout and start growing. Move the sprouts into a bright location, a sunny window, or under artificial lights, and continue to water as needed.

Your microgreens are ready to harvest when the microgreens are two to four inches tall and the first set of true leaves – those that resemble the leaves of the mature plant – are just starting to emerge. This is usually seven to ten days but may be longer depending on the seeds you grow. Use a sharp knife or scissors to cut the greens about 1/4" above the soil or grow pad. Gently rinse and spin dry the greens and enjoy.

Have fun as you grow a variety of microgreens to enjoy and share with friends and family. Melinda Myers has authored over 20 gardening books, including Small Space Gardening and Midwest Gardener's Handbook, 2nd Edition. She hosts The Great Courses "How to Grow Anything" instant video and DVD series and Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine and was commissioned by True Leaf Market for her expertise in writing this article. Her Web site is www. MelindaMvers.com.

THE HINT KAREN TRAINOR

It's obvious that some people are better shoppers than others. But the best bargain hunters are not neces-

sarily those who have a knack for a good deal. It may be that, like any good investor, savvy shoppers know when to take action. Traditionally certain times of year are better than others to save money on particular purchases with both in store and online purchases. This week's column will review some classic calendar sales throughout the year.

### Groceries

Everyone has to buy groceries, but savvy shoppers know when to buy and save money all year long! Throughout the year grocery stores hold sales on specific department or aisle items, such as specials on frozen foods or soft drinks. Here are some guidelines:

Dairy: June is National Dairy Month, so look for exceptional sales on milk, cheese, ice cream and specialty dairy foods during June.

Frozen Food: Many supermarkets celebrate Frozen Food Month in March with rock bottom prices on a wide variety of frozen goods.

Canned Goods: February has been deemed National Canned Foods Month. Canned goods typically go on sale in January and February. Since canned foods can be kept for a long period of time, it pays to stock up for the whole year on drastically reduced items.

Snacks: Late August, when kids are gearing up to go back to school, is an ideal time to stockpile snack foods and drink boxes. Lunch box fillers are at their lowest prices at this time.

Condiments: As cookout season kicks off in June, the prices of mustard, relish, ketchup, barbecue sauce, pickles and other condiments drop in price. Smart shoppers buy enough to last throughout the warm weather season.

Soft Drinks: There's no better time to stock up on soda than around the items that are typically offered at a discount during those times. January: Canned goods, white goods (towels, sheets, linens), appliances, Christmas items, costume jewelry, indoor plants, carpeting, shoes, furni-

ture, toys, storewide pre-inventory sales. February: Presidents' Day Sales on big ticket items such as cars, trucks and furniture. Also save on sports equipment, electronics, housewares, mens clothing, canned goods. Valentine Day specials.

March: Luggage, shoes, coats, shoes, appliances, pre season garden supplies, spring bulbs.

April: Paint, wallpaper, home decor, dresses, suits, garden adornments and tools. Sales on Easter holiday foods such as ham, pies, eggs, candy, etc.

May: Fabrics, outdoor furniture, tires and auto accessories, electronics, summer sport equipment, perfume, pocketbooks. Mother's Day specials.

June: Air conditioners, outdoor furniture, building materials, flooring, shoes, tools, Father's Day sales.

July: Clearance summer clothing, luggage, furniture, electronics, 4th of July specials.

August: Paper goods and other back to school sales, swimwear, school clothes, electronic gadgets, bicycles, fans, clearance air conditioners, clearance summer merchandise, including grills and pool supplies.

September: Clearance garden goods, school supplies, hardware, outgoing model vehicles, china, fall fashions, fabrics.

October: Major appliances, fishing/ sports merchandise, furniture, clearance fall clothing, coats. Check out Columbus Day sales.

November: Blankets, used cars, men's suits and coats, shoes, winter clothing, Thanksgiving food sales, turkey, feast fixings. Look for day after Thanksgiving sales, held to jump start the holiday shopping rush.

December: After Christmas sales on most items. Stock up on wrapping ments, and holiday decor items.

Achieving a dream can take a long time. Some dreams are so big POSITIVELY that, over time, you might start to SPEAKING question if you truly want it. Maybe you've gotten used to life as it is, and transitioning into that dream TOBY MOORE life, even though you've worked and believed in it for many years, feels like stepping out of your comfort zone. You've settled into your current routine and wonder if you really want things to change. Spending years working on something without it becoming your main source of income is enough to make anyone consider giving up.

But when you think about giving up, you feel a bit lost and without purpose. At the same time, so many years have passed that your dream might need some adjustments. If that's the case, many people feel like they failed, but history shows us that sometimes, those with big dreams had to modify them.

Walt Disney comes to mind. In the beginning, his passion was animation, a new technology that hit the silver screens and changed cinema forever. It was such a paper, tape, gift bags, gift sets, orna- new form of media that only a few people were doing it. Walt started his journey in Kansas City, running a small animation studio called Laugh-O-Gram Studio. However, the studio struggled and eventually failed. Walt desperately wanted to make it work in Kansas City, but he realized he had to modify his dream to succeed. Instead of giving up, he moved west to Hollywood, where he believed more opportunities existed. In Hollywood, he continued to pursue animation but with a new vision that evolved even further. leading to the creation of feature-length animated films and, eventually, Disneyland, transforming him from an animator to a pioneer in the entertainment industry. Walt's story shows how modifying a dream can lead to even greater success. Or consider Ernest Shackleton. This explorer's dream was to be the first to reach the South Pole and return home with all of his men. He made several attempts, each filled with challenges and setbacks. His last attempt, the Imperial Trans-Antarctic Expedition, found him and his crew stuck in the ice on their ship, Endurance, in conditions you wouldn't

wish on your worst enemy.

Shackleton was forced to modify his dream. Instead of reaching the South Pole, his new goal was getting his men back home alive. Despite the harrowing conditions and incredible odds, Shackleton led his crew to safety, living out one of the greatest adventure stories ever.

His story shows that modifying a dream can lead to an achievement as great, if not greater, than the original goal.

What about George Washington? Washington's dream was to retake New York City after the British conquered it in the summer of 1776. This goal became Washington's obsession. He believed that recapturing New York was crucial for the American cause. However, as years passed and circumstances changed, he realized that directly retaking New York wasn't the best strategic choice. Washington had to modify his dream.

Instead of focusing on New York, he decided to strike the British in Virginia. In 1781, he led a decisive campaign in Yorktown, Va., where his forces, along with French allies, besieged the British.

This led to the surrender of British

holidays. Typically six and 12 packs will be on sale during warm weather holidays like Memorial Day and 4th of July; while two liter bottles are often on special during Thanksgiving and Christmas.

Baking Products: Baking supplies such as flour and sugar, as well as cake and bread mixes, pie crusts, pudding mix, etc. are marked down in time for holiday baking. Look for sales on these items, from November through December.

### Gas

With gas prices fluctuating on a daily basis, getting a buying edge can be a challenge. Consumer watchdogs offer the following money saving advice: Time your trip based on whether prices are rising or falling, and purchase gas during the early morning or late evening on a weekday.

The reason is gas stations typically change their prices between 10 a.m. and noon. So it makes sense to buy early in the morning to take advantage of lower prices when gas is on the rise. If gas prices are coming down, wait until later in the day.

### Cars and Trucks

There is much debate on when is the best time to snag a bargain on the car lot. Here is some advice on timing the best deals: Consumer pundits tout weekday mornings in September as the prime bargain time. They say since the next year's models are in, car dealers are in a rush to move out the current year's stock.

Others say springtime can yield the best price all year, since spring is typically a slow season for dealerships. And some penny pinchers swear shopping for a car on a rainy day can cut the price down to size. Still others claim the end of any month or the end of a yearly quarter is best, since salespeople are desperate to make quotas. Using all this information, it appears the optimum time to drive away with the best price would be a rainy weekday morning at the end of March or September.

### Electronics

Black Friday and back to school season are the best times to snag a deal on computers and electronics. Also some computer review sites claim you can snap up a super bargain on computers and electronics if you buy just after a new model is introduced (some in January). They say prices will immediately drop on the previously best-selling model as a new one takes its place.

BRILLIANCE YOU DESERVE® Heads Up on Monthly Sales

Win Dinner for Two at the Publick House

Your tips can win you a great dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renowned restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint!, C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or email KDRR@aol.com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.

General Cornwallis and effectively ended the Revolutionary War. Although Washington had to change his original vision, he still accomplished his overall objective of defeating the British and securing American independence. In many ways, this strategic shift allowed him to fulfill his dream in a way that ensured long-term success for the new nation.

Sometimes, the original vision needs to be modified, and that's okay.

I heard somewhere: "Stay strong with your dream and be okay with how it unfolds." Your dream can often look a little different than you had originally planned.

The next time you feel like giving up or settling for what you have, I hope this inspires you to stay strong, keep going, and remain flexible about how it happens.

Stay the course, adapt as needed, and trust that you are still on the path to achieving something great. Your journey might have twists and turns, but every step brings you closer to your goal.





Assuming you only want to replace your windows once,<sup>2</sup> you should know that **vinyl is not final**. At **best**, it's usually a **<u>temporary</u>** solution.

Our windows are custom built with our **exclusive composite called Fibrex material.** It's the ideal material for building a window that's durable, energy efficient and virtually maintenance-free.<sup>2</sup>





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PARTNER OF THE YEAR Sustained Excellence

1DETAILS OF OFFER: Offer expires 6/29/2024. Not valid with other offers or prior purchases. Buy one (1) window or entry/patio door, get one (1) window or entry/patio door 40% off, and 12 months no money down, no monthly payments, no interest when you purchase four (4) or more windows or entry/patio doors between 6/1/2024 and 6/29/2024. 40% off windows and entry/patio doors are less than or equal to lowest cost window or entry/patio door in the order. Additional \$129 off each window or entry/patio door, no minimum purchase required, taken after initial discount(s), when you purchase by 6/29/2024. Subject to credit approval. Interest is billed during the promotional period, but all interest is waived if the purchase amount is paid before the expiration of the promotional period. Financing for GreenSky® consumer loan programs is provided by federally insured, federal and state chartered financial institutions without regard to age, race, color, religion, national origin, gender, or familial status. Savings comparison based on purchase of a single unit at list price. Available at participating locations and offer applies throughout the service area. See your local Renewal by Andersen location for details. License numbers available at renewalbyandersen.com/license. Some Renewal by Andersen locations are independently owned and operated. "ENERGY STAR" is a registered trademark of the U.S. Environmental Protection Agency. <sup>2</sup>See Renewal by Andersen® Products and Installation Transferable Limited Warranty for details. "Renewal by Andersen" and all other marks where denoted are trademarks of their respective owners. ©2024 Andersen Corporation. All rights reserved.

# Fourth Annual Career Signing Day held at BVT



Julia Saksa of Northbridge, a senior in the Electrical program, signed with Kuik Electric.

UPTON The Cooperative Education (Coprogram op) Blackstone at Valley Regional Vocational Technical High School (BVT) held its fourth annual Career Signing Day on May 17. The ceremony recognized the senior Co-op and career placement students, proudly who announced their career or military plans and signed a commitment letter to work with their employer after graduation.

Vocational Director Kerri Baltramaitis proudly welcomed the soonto-be graduates, parents, instrucindustry tors, partners, and

school

The Class

E-Tech, General Mechanical Contractors, Burtt Greg Contracting, Joseph T. Mark Electrical, Kevin Allen Carpentry, Kuik Electric, La Mare Salon, O' Donnell Electric Corporation, RJ's Plumbing & Heating, Saint-Gobain, Salon Dior, Tingley Services, Home Heating, T&J Air Conditioning Plumbing, & Worcester **Regional Transit** Authority, and Worldband, in addition to

military serwhich vices included the Massachusetts Army National Guard and the United States Air Force. While many students signed contracts at the

ceremony, several more who could not attend due to work conflicts are also headed directly to industry careers. These modern vocational students have demonstrated financial independence, showcasing their skills and technical

training. They will continue to gain more experience with fulltime employment and on-the-job training. Their employers are confident that they are ready to go directly from high school into high-skill, highwage employment, and they are excited about putting their career plans into action! To learn more about the school and this event, please visit www.valleytech. k12.ma.us/careersigningday2024.

Courtes



TOP TEN THINGS TO DO WHEN SELLING A HOME



86" LG ...... \$999.99 (Regularly \$1599.99)

VISA

**INSTANT FINANCING UP TO \$10,000** 

DISCOVE



dents involved. Through their collective efforts, the students have completed over 60,000 hours of work since April 2023 and earned an estimated 1.1 million dollars in salary. The Co-op experience is possible thanks to the growing number of local businesses that partner with the school and students each year, ultimately demonstrating the program's positive impact on the local community.

During the ceremony, employment contracts were signed with representatives from local companies, including Ace Temperature Control, Anchor Subaru, Avenue Fifty Salon & Spa, Bill Tracia Electrical, Boucher Energy Systems, Braza Mancini & Electrical Contractors, Brian Richard Salon, Carter Electric Inc., Core Concepts, Corrosion Materials, Elevation 3D,

SEE WHITCOSALES.COM FOR 100'S OF DEALS! Store Hours: Mon. through Fri: 10am-8:30pm • Sat: 10am-8pm • Sun: 12pm-7pm

SPENCER, MA

508.885.9343

# Millbury Senior Center

### SAM'S STEMS

FLORAL ARRANGEMENT CLASS THURSADAY, JUNE 13TH AT 1 P.M. PRICE IS \$20

INCLUDES FLOWERS AND VASE

FATHERS'S DAY CELEBRATION MONDAY June 17th 1 P.M. MOVIE "TROUBLE WITH THE CURVE" POPCORN AND ROOT BEER

FLOATS

SUMMER CONCERT THURDAY, JUNE 20TH 6 – 8 P.M. FEATURING ROBERT BLACK ELVIS IMPERSONATOR

SUMMER KICKOFF MONDAY, JUNE 24TH 11 A.M. ENTERTAINMENT WITH RUSTY GUERTIN

ENJOY SANDWICHES, PASTA SALAD POTATO SALAD AND CEASAR SALAD!

CRAFT CLASS Tuesday, June 11th at 12:30 - 2 P.M. Class is \$10 per person

Price may vary based on project Call or stop by the center to RSVP 508-865-9154

BETTER BREATHERS CLUB Tuesday, June 25th at 10:30

FINANCIAL PLAN PRESENTATION Thursday, June 6th 11 A.M. Followed by Ice Cream Sundae after Lunch

HOUSING PRESENTATION Tuesday, June 18th 12 P.M.

Meet with a representative from Senator Moore's office! Wednesday, June 5th

First Wednesday of the month between 11 – 12 P.M.

All are welcome to meet and discuss issues of importance or looking for assistance

Any questions please call 508-865-9154

TRANSPORTATION



331 Main St. (508) 476-2283

Hours of operation: Monday through Thursday, 9 a.m.-3 p.m.; Friday 9 a.m.-noon

DAILY ACTIVITIES: All our daily activities are free of charge.

Monday: Painting class 9:45 to 11:45, Balance & Strength Exercise 12 pm, Mat Yoga 2 pm

Tuesday: Walking club 9 am, Cribbage 9:30 am, Zumba 9:30 am, Bingo 12:00 pm, Technology Class 1pm (call to make an appt.)

Wednesday: Balance & Strength 10 am, Darts 10 am, MahJong 1 pm

Thursday: Walking club 9 am, Chair Yoga 9:30 am, Pitch 9:30 am, Hand and Foot card game 12:30 pm Friday: Balance & Strength 10 am

Friday: Dalance & Otrength to an

## JUNE EVENTS:

The center will be closed on Wednesday June 19th in observance of Juneteenth.

Wellness Clinic: Tuesday June 11th & Monday June 24th 10 am to 12 pm. Nurse Ann will be here to check blood pressures, blood sugar, and invited to attend the breakfast. Come in and enjoy breakfast, great conversation, meet some new friends or run into some old friends. Please call the center to sign up by 6/10 @ 508-476-2283.

Lunch & a Movie Thursday June 13th @ 11:30: We are watching "JAWS" to celebrate the anniversary of the film. Did you know this film was made @ Martha's Vineyard? There will be lunch for \$4.00 per person, fish, tater tots & dessert. Please call the center to sign up by 6/10 @ 508-476-2283.

Hearing Aid Cleanings Thursday June 20th @ 10 am to 12 pm: Darci will be back to assist you with your hearing aid cleanings. If you have questions about hearing aids she is always willing to listen. Please call the center to sign up @ 508-476-2283.

The center will be closed on Thursday July 4 & Friday July 5 in observance of Independence Day.

PLEASE CALL (508) 476-2283 TO SIGN UP FOR PROGRAMS & CLASSES

Check our website for events that

All appointments will be accepted by the WRTA

Millbury Seniors 60 and older / those with ADA services call 508-752-9283 in order to register with the WRTA in advance if they need transportation

Transportation Hours are Monday through Thursday from 8 A.M. to 3:30 P.M. & Fridays 8 A.M. to 11:30 A.M.

Rides have to be scheduled by 4:30 P.M. the day before by calling 508-752-9283

For more information on regards to transportation call the center at 508-865-9154

SENIOR CENTER EXERCISE CLASSES!

- ZUMBA CLASSES
- Mondays at 1 P.M. (Class is \$3)

LIGHT EXERCISE CLASSES Mondays and Fridays 9:30 A.M. – 10:15 A.M. (Free!)

- TAI CHI `
- Tuesdays 9:30 10:30 A.M. (class is \$3)

LINE DANCING CLASSES Wednesdays at 10:30 A.M. ( Class

is \$3) YOGA

Thursdays 9 – 10 A.M. (Class is \$3)

SENIOR CENTER ACTIVITIES! MAHJONG Mondays at 12:45 P.M. CRIBBAGE Monday through Friday 8:30 A.M. Tuesdays at 1:00 P.M. BLOOD PRESSURE CLINIC Every Tuesday from 9 A.M. - 10

A.M. SOCIAL BINGO Wednesdays at 1 P.M.

Bring your pennies!

## GAME OVER

## continued from page A1

University, the University of New Hampshire, and the University of Southern Maine.

The DEA will host an in-person pre-tournament program and live gameplay for invited guests at the state-of-theart gaming center, All Systems Go, on Thursday, June 6, beginning at 4:30 p.m. Attendees will include high school aged students and community groups.

Fentanyl, a synthetic opioid, is involved in the majority of drug poisonings and overdose deaths across the country.

"Fentanyl is 50 times more potent than heroin, and just two milligrams the amount that can fit on the tip of a pencil—can be deadly," the DEA statement read. "Often, people buy what they think is a legitimate prescription pill like



PITCH Thursdays 1 – 3 P.M. COLORING Thursdays at 10 A.M.

Lunches are served Monday through Thursday 12 P.M. Friday 11:30 A.M.

- The menu is available on the town website, www.townofmillbury.org
- Or our Millbury Senior Center Facebook page.
- A 48 hour reservation is required. Call the center at 508-865-9154

"MEMORY CAFÉ"

Please join us on Tuesday, June 25th 2:00 - 3:30 P.M.

Refreshments will be served

A Memory Café is a monthly gathering for people with memory loss/ challenges

and their care partners. It is a time to socialize, make new friends, and have a good time

Our Outreach worker, Julie Fitzgerald, is happy to answer

any questions, call to RSVP 508-865-9154!

SNAP APPLICATIONS (Food Stamps)

Our appointments are on Tuesdays & Thursdays 10 A.M. – 2:00 P.M.

Call for an appointment & required documentation

508-865-9154

"This project has been funded at least in part with Federal Funds from USDA.

This institution is an equal opportunity provider

The SNAP Logo is a service of the U.S. Department of Agriculture.

USDA does not endorse any goods,

services or enterprises."

Percocet or Xanax on social media, but it turns out they've unknowingly purchased a fentanyl pill."

In 2023, the DEA seized approximately 15.7 million potentially lethal doses of fentanyl in New England alone.

For local officials and DEA leaders alike, it's exciting to launch a new strategy for reaching teenage audiences. As gaming technologies and platforms have rapidly evolved over the past decade, officials have struggled to reach teenagers at their most popularly visited venues.

"I am thrilled we are able to team up with these amazing e-sports teams to host this One Pill Can Kill Game Over Tournament in New England and increase awareness about the dangers of fentanyl," said DEA Associate Administrator Jon DeLena. "This event is extremely personal to me. I know how much my own kids enjoy playing video games, so knowing they are also learning valuable, lifesaving information while doing what they love is so important."

The One Pill Can Kill Game Over

discuss any concerns you may have. Free Veteran's Breakfast Thursday June 13th @ 9:00: All Veterans are may not be listed here https://www.douglas-ma.gov/202/

AdultSocial-Center-Senior-Center

\* \* \* Friday's Child \* \* \*



Edwin Age 14 Hi! My name is Edwin and I really enjoying cooking for others.

Optimistic and having a love for cooking Edwin is described as a jokester. He is thinking of his future and plans on either joining law enforcement or becoming a chief.

Edwin is enrolled for the 2023-2024 school year and will receives some assistance with social needs. He tends to seek out peer approval which at times has lead to poor decision making but he has made gains in this area. He would benefit from a positive male role model in his life to fol-

low. Edwin engages appropriately with his social workers, the staff at his program and teachers in school. He can struggle with trusting others but with patience and consistency he is beginning to look toward adults for guidance. He can struggle at times with peer relationships but he has made great strides in this area over the past year. He would benefit from structure and routine in his daily life.

https://adopt.mareinc.org/waiting-child-profiles#gallery/child/8700

## Can I Adopt?

If you're at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LGBTQ+ singles and couples. As an adoptive parent, you won't have to pay any fees, adoption from foster care is completely free in Massachusetts.

The process to adopt a child from foster care includes training, interviews, and home visits to determine if adoption is right for you. These steps will help match you with a child or sibling group that your family will fit well with.

To learn more about adoption from foster care visit www.mareinc. org. Massachusetts Adoption Resource Exchange (MARE) can give you guidance and information on the adoption process. Reach out today to find out all the ways you can help children and teens in foster care.



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Tournament in New England will be the third tournament in this series. The first tournament was held at the DEA's New Orleans Field Division in January and reached more than 285,500 viewers. The second tournament was hosted by the DEA's Philadelphia Field Division in March, viewed by an audience of more than 146,800.

The New England event is the first to offer an in-person outreach opportunity ahead of the tournament.

"Connecting with people in an environment where they are having fun and are open to learning has been an incredible experience. Raising awareness and providing education about the fentanyl epidemic is absolutely crucial—I genuinely believe we are saving lives," Cota said.

The DEA thanks All Systems Go, The Rendon Group, participating colleges, and the e-sports community for their support of the tournaments.



# Jackson Haker of Uxbridge recognized by American International College with academic award

SPRINGFIELD—Jackson Haker of light on excellence across all subject Uxbridge was among more than forty students recognized by American International College (AIC) during its Academic Awards ceremony on April 23 in the College's Griswold Theatre. These awards shine a spot-

areas, celebrating the hard work and achievements of our learners.

Haker, whose major is Physical Therapy, was awarded with the College's Undergraduate Physical Therapy Academic Excellence. AIC

congratulates these deserving students for their remarkable achievements.

Founded in 1885, American International College (AIC) is a private, co-educational, doctoral granting institution located in its students and the community.

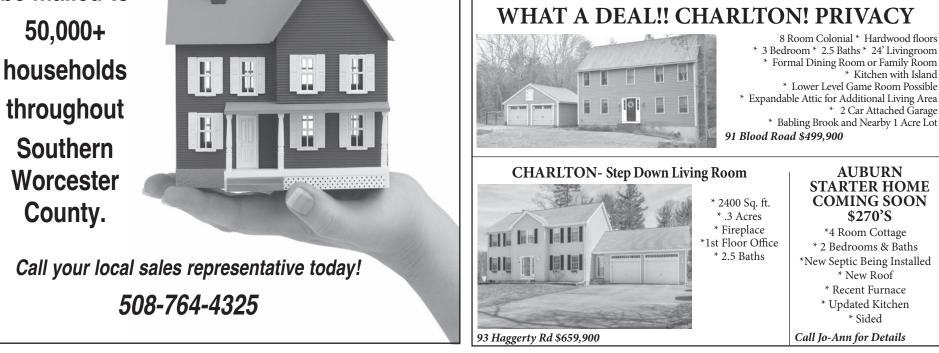
Springfield, Massachusetts, comprising the School of Business, Arts and Sciences, the School of Education, and the School of Health Sciences. AIC supports and advances education, diversity, and opportunity for





**10**. Friday, June 7, 2024 **BLACKSTONE VALLEY TRIBUNE** 











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# **OBITUARIES** Barbara A. Pichel, 87

Uxbridge, MA- Barbara A. Pichel, 87, passed away peacefully on May 31, 2024, in Whitinsville, MA. Born in Northampton, MA, on July 15, 1936, she was the cherished daughter of the late Robert and Catherine (Sahn) Wilkinson.

Barbara is now reunited with her beloved husband, the late Maurice

D. Pichel, and her grandson Mark M. Pichel. She leaves behind a legacy of love in her devoted children which include Gary Pichel and his wife Diana of Cumberland, RI, Kimberly Courtemanche of Milford, Philip Pichel and his wife Cheryl of Hopkinton, Deborah Bliss and her partner Todd Lewis of Northbridge, Jeffery Pichel and his partner Debra Courtemanche of Northbridge, and her daughter in law Kathleen Pichel of Northbridge.

Barbara's happiest moments were those spent surrounded by her grandchildren, weaving memories that will be treasured forever. Her fourteen grandchildren include – Christopher, Katie, Philip, Taylor, Courtney, Mark, Kristine, Matthew, Dylan, Zachary, Brooke, Morgan, Adam, and Ryan. She was also the great-grandmother of fourteen beautiful children who filled her world with love and laughter.

Barbara dedicated her life to serving others through her work as a registered nurse throughout Worcester County. It was through her service as an RN that she met and fell in love with Maurice, who was her one true love and life partner for 61 years. Their love transcends time and was the basis for the amazing family they started in



Barbara was every bit a lady, always dressed impeccably and gracious to all. Her love for fashion translated into time spent as the owner and operator of a women's consignment, and accessory shop above the former Lowell's Dairy in Mendon, where she worked to inspire beauty and confidence in her

community.

Her strong Christian faith was the beacon which guided her throughout her life and especially through her last days on earth.

The family wishes to express their deepest gratitude to the staff at Blackstone Valley Health and Rehabilitation, Jewish Home Hospice of Worcester, and Dana-Farber Cancer Care Ctr., Milford for their exceptional love and deeply personal care of Barbara.

Funeral Services are private.

Memorial donations may be made to Blackstone Valley Health and Rehabilitation, Activities Fund, 447 Hill Street, Whitinsville, MA 01588.



Joseph Vecchione, formerly of Douglas, passed away on Saturday, June 1. Joe was born 1929 in Neptune, New Jersey to Helen and Vecchione, Felix

and shared a happy childhood with his beloved older brother Hap. Helen doted on her boys, and Felix steadfastly provided for his family throughout the lean years of the Great Depression.

Growing up, Joe worked and played along the Asbury Park boardwalk. He and Hap frequented music halls, seeing greats of the time. Following graduation Joe enlisted in the Air Force, training in the maintenance of fighter plane wing cameras. He also entertained troops overseas, performing in touring comedies. After the Air Force, Joe enrolled at the University of Miami, studying journalism and editing numerous campus publications. Joe's career was wide-ranging. He reported for the Miami News, produced programming for public television in Buffalo, and wrote and edited various publications for Goodyear Racing and Norton Motorsports. Joe spent the last 20 years of his professional career developing fundraising campaigns for numerous non-profit organizations in the Worcester, MA region.

Joe was a true renaissance man. He wrote, painted, sailed, took flying lessons,

Joseph Vecchione built furniture, and loved classical music as much as he loved bluegrass. Joe was a gifted storyteller, but a keen listener as well, and left an impression



of kindness with anyone he met. His final years in southern Rhode Island were full, creating art inspired by the surrounding waters, visiting his grandkids, brewing beer with the "brew crew", driving for a local car dealership, and enjoying the company of his wonderful group of friends, who could always spot Joe by the sight of his signature bucket hat.

Joe passes his legacy of creativity and kindness on to his daughter Lisa Kerr, her husband Jeff, and his beloved grandchildren Caellum and Emma. He also leaves behind his former spouse and friend Beverly Ulvila, his former stepson Scott Stephenson, Scott's wife Melanie, and their daughters Savanna and Mystic. He was a cherished uncle to Lin, Mike, Joel, and Tysh, and their families. Each friend he leaves behind held an important place in his life. Joe was predeceased by many special people including his parents, brother Hap, foster sister Audrey, aunt Elizabeth, Aunt Mary and Uncle Taddy, and former spouse, Jody Ziegler.

No formal memorial is scheduled at this time. Please honor Joe by gifting the world a bit of kindness in your own way.

Jackman Funeral Home 7 Mechanic St. Douglas, MA 12 Spring St., Whitinsville, MA Tancrell-Jackman Funeral Home 35 Snowling Rd., Uxbridge, MA

(508) 278-2200 - Reaches All Locations

JackmanFuneralHome@yahoo.com ~ JackmanFuneralHomes.com

## MORTGAGEE'S NOTICE OF SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain Mortgage given by Michael Baldwin Von Brunow to Mortgage Electronic Registration Systems, Inc., as nominee for First Home Bank, its successors and assigns, dated December 1, 2017 and recorded with the Worcester County (Worcester District) Registry of Deeds at Book 58131, Page 54 as affected by a Loan Modification recorded on May 6, 2022, in Said Registry of Deeds at Book 67550, Page 312, subsequently assigned to MidFirst Bank, A Federally Charted Savings Association by Mortgage Electronic Registration Systems, Inc., as nominee for First Home Bank, its successors and assigns by assignment recorded in said Worcester County (Worcester District) Registry of Deeds

ESSENCE.

Other terms, if any, to be announced at the sale. MIDFIRST BANK Present Holder of said Mortgage, By Its Attorneys, ORLANS PC PO Box 540540 Waltham, MA 02454 Phone: (781) 790-7800 23-000296 May 31, 2024 June 7, 2024 June 14, 2024

### MORTGAGEE'S NOTICE OF SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain Mortgage given by Kyle Baroud to Mortgage Electronic Registration Systems, Inc., as nominee for Merrimack Mortgage Company, LLC, its successors and

visions set forth in Unit Deed recorded with said Deeds in Book 10939, Page 188

For title reference, see deed recorded with Worcester County Registry of Deeds HEREWITH.

The premises are to be sold subject to and with the benefit of all easements, restrictions, encroachments, building and zoning laws, liens, unpaid taxes, tax titles, water bills, municipal liens and assessments, rights of tenants and parties in possession, and attorney's fees and costs.

TERMS OF SALE:

LEGALS

A deposit of FIVE THOUSAND DOLLARS AND 00 CENTS (\$5,000.00) in the form of a certified check, bank treasurer's check or money order will be required to be delivered at or before the time the bid is offered. The successful bidder will be required to execute a Foreclosure Sale Agreement immediately after the close of the bidding. The balance of the purchase price shall be paid within thirty (30) days from the sale date in the form of a certified check, bank treasurer's check or other check satisfactory to Mortgagee's attorney. The Mortgagee reserves the right to bid at the sale, to reject any and all bids, to continue the sale and to amend the terms of the sale by written or oral announcement made before or during the foreclosure sale. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The purchaser shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. The description of the premises contained in said mortgage shall control in the event of an error in this publication. TIME WILL BE OF THE ESSENCE. Other terms, if any, to be announced at the sale. Freedom Mortgage Corporation Present Holder of said Mortgage, By Its Attorneys, ORLANS PC PO Box 540540 Waltham, MA 02454 Phone: (781) 790-7800 23-007967 May 31, 2024 June 7, 2024 June 14, 2024

mal Decree and Order and for such other relief as requested in the Petition. The Petitioner requests that: Susan M. Citro of Worcester MA be appointed as Personal Representative(s) of said estate to serve on the bond in unsupervised administration

## **IMPORTANT NOTICE**

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 a.m. on the return day of

06/25/2024. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections



at Book 60962, Page 200 for breach of the conditions of said Mortgage and for the purpose of foreclosing same will be sold at Public Auction at 11:00 AM on June 21, 2024 at 48 lvy Lane, Northbridge (Whitinsville), MA, all and singular the premises described in said Mortgage, to wit:

The land at 48 lvy Lane, Northbridge, Worcester County, Massachusetts being shown as Lot 44 on a plan entitled "Prentice Garden, Lots for Sale by Bedrosian & Casasanta Realty Trust, Northbridge - Sutton, Mass.", dated April, 1966 by G. Bertrand Bibeault, C.E., recorded with Worcester County (Worcester District) Registry of Deeds, Plan Book 302, Plan 14.

For title reference see deed recorded herewith

The premises are to be sold subject to and with the benefit of all easements, restrictions, encroachments, building and zoning laws, liens, unpaid taxes, tax titles, water bills, municipal liens and assessments, rights of tenants and parties in possession, and attorney's fees and costs.

TERMS OF SALE:

deposit of TEN THOUSAND DOLLARS AND 00 CENTS (\$10,000.00) in the form of a certified check, bank treasurer's check or money order will be required to be delivered at or before the time the bid is offered. The successful bidder will be required to execute a Foreclosure Sale Agreement immediately after the close of the bidding. The balance of the purchase price shall be paid within thirty (30) days from the sale date in the form of a certified check, bank treasurer's check or other check satisfactory to Mortgagee's attorney. The Mortgagee reserves the right to bid at the sale, to reject any and all bids, to continue the sale and to amend the terms of the sale by written or oral announcement made before or during the foreclosure sale. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The purchaser shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. The description of the premises contained in said mortgage shall control in the event of an error in this publication. TIME WILL BE OF THE

assigns, dated January 13, 2017 and recorded with the Worcester County (Worcester District) Registry of Deeds at Book 56608, Page 9, subsequently assigned to Freedom Mortgage Corporation by Mortgage Electronic Registration Systems, Inc., as nominee for Merrimack Mortgage Company, LLC, its successors and assigns by assignment recorded in said Worcester County (Worcester District) Registry of Deeds at Book 67257, Page 393, subsequently assigned to Freedom Mortgage Corporation by Mortgage Electronic Registration Systems, Inc., as mortgagee, as nominee for Merrimack Mortgage Company, LLC, its successors and assigns by assignment recorded in said Worcester County (Worcester District) Registry of Deeds at Book 69578, Page 18 for breach of the conditions of said Mortgage and for the purpose of foreclosing same will be sold at Public Auction at 11:00 AM on June 21, 2024 at 20 Martin Road Unit 1, Douglas, MA, all and singular the premises described in said Mortgage, to wit:

The dwelling unit in Douglas, Worcester County, Massachusetts, known as 20 Martin Road in the Martin Road Condominium Association III, created by the Trustees of the Martin Road Condominium Association III, pursuant to Chapter 183A of the Massachusetts General Laws by Master Deed dated September 1, 1987, recorded in the Worcester District Registry of Deeds in Book 10817, Page 322, together with a fifty per cent undivided interest in common areas and facilities as described in said Master Deed.

Unit 1:

Said Unit contains 1,712.00 square feet, more or less, as shown on the plans filed with said Master Deed. Subject to driveway easement and agreement recorded with said Deeds in Book 11774, Page 27.

Subject to easements, rights and provisions set forth in Master Deed recorded with said Deeds in Book 10817, Page 27, as amended in Book 22756, Page 320.

Subject to easements, rights and provisions set forth in Condo Trust recorded with said Deeds in Book 10817, Page 334.

Subject to easements, rights and pro-

Commonwealth of Massachusetts The Trial Court **Probate and Family Court Worcester Probate** and Family Court 225 Main Street Worcester, MA 01608 (508) 831-2200 Docket No. WO24P1825EA **CITATION ON PETITION FOR** FORMAL ADJUDICATION Estate of: Judith Louise Roy Alslo Known As: Judith L. Roy Date of Death: 04/16/2024 To all interested persons: A Petition for Formal Probate of Will with Appointment of Personal Rep-

resentative has been filed by Susan M. Citro of Worcester MA requesting that the Court enter a forwithin thirty (30) days of the return day, action may be taken without further notice to you.

## UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS **UNIFORM PROBATE CODE (MUPC)** A Personal Representative appointed

under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration. WITNESS, Hon. Leilah A. Keamy, First Justice of this Court.

Date: May 29, 2024 Stephanie K. Fattman, **Register of Probate** June 7, 2024

### PUBLIC NOTICE FOR RECORDS DESTRUCTION

School Administrative Unit 24 (Henniker, John Stark and Weare School Districts)

Notice to all persons born in or prior to 1997 who attended John Stark Regional High School, Weare School District or Henniker Community School, and was identified as a Special Education student or received special education services or was identified as a 504 student, or to their parents/guardians:

The John Stark School District may have special education records and 504 records in its possession for those students and will destroy such records after August 1, 2024. If you would like to have these records rather than having them destroyed, please contact the main office secretary at 618 N. Stark Highway, Weare, NH 03281, 603-529-7675 or email at Kathryn.cyr@sau24. org prior to July 31, 2024, to make arrangements for obtaining these records.

\*The school district shall maintain, permanently, a record of a student's name, address, phone number, grades, attendance records, classes attended, grade level completed, and year completed. \* 5/20/2024

June 6, 2024 June 7, 2024

BLACKSTONE VALLEY TRIBUNE

## <sup>12</sup> · Friday, June 7, 2024

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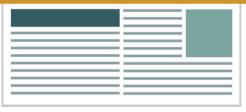
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