



Courtesy  
Front row: Sixth graders Jacob Vaidya, Nicolas Gebarowski, Natalie Johnson, Sylvia Lemire, Allison Horrigan, and Cameron Vaidya. Back row: Principal Edward Reynolds, Bill Horrigan, OLV Alum Brianna Rett, and OLV Music Teacher Mary Jo Rett.

# Fundraiser supports upcoming G.R.A.C.E. Center

**BY KIMBERLY PALMUCCI**  
TRIBUNE CORRESPONDENT

UXBRIDGE — A virtual fundraiser has recently raised more than \$610,000 to support the creation of The G.R.A.C.E. Center at Our Lady of the Valley Regional School, named in honor of Grace Rett, who died in a car accident last year while traveling with the Holy Cross women’s rowing team.

The virtual “G.R.A.C.E. to the Finish” fundraiser—held via Facebook—began on December 19, 2020, at 8 a.m. and lasted 62 hours and three seconds until Dec. 21 at 10 p.m. (and three seconds), commemorating the exact one-year anniversary of Rett’s world record-setting consecutive indoor row.

Less than one month later, on Jan. 15, 2020, Grace Mason Rett—a 2014 alumna of the Uxbridge-based Our Lady of the Valley Regional School—died when her team’s van was in a tragic accident while on a training trip with the College of the Holy Cross women’s rowing team. It was one day after she had celebrated her 20th birthday.

Turn To **FUNDRAISER** page **A4**

# Uxbridge K9 assists in Webster narcotics arrest

**BY KIMBERLY PALMUCCI**  
TRIBUNE CORRESPONDENT

UXBRIDGE — Uxbridge Police Officer Thomas Stockwell and K9 Bear recently assisted the Webster Police Department in a narcotics-related arrest.

According to reports, Officer Sean Ebbeling of the Webster Police Department originally observed a car drive past him with an invalid inspection sticker. He followed the car onto Lincoln Street and observed what appeared to be a hand-to-hand transaction between the driver of the car and a resident on that street, who had come out to meet him.

“Officer Ebbeling followed the car as it drove away, stopping it on Cody Street,” Webster police reported.

Upon speaking with the operator, Mark Desourdy, 42, of Webster, Officer Ebbeling could see that he was “very nervous, and unable to sit still.”

“He kept trying to reach towards the center of the car, and had to be reminded several times to keep his hands still,” police said.

Given the observations of Officer Ebbeling, along with Desourdy’s behavior, a narcotics detection K9 was requested to check the vehicle, and Uxbridge Police Officer Thomas Stockwell arrived with K9 Bear.

“K9 Bear showed interest in a location in the interior of the car, which indicated a possible location where narcotics may be located,” police said. “Officer Ebbeling and Officer Jon Brooks then conducted a search of the car. During this search they found six bags of a brownish, powdery substance.”

This substance was consistent with what officers believed to be Heroin, according to reports. The bags were later weighed and found to be in excess of 60 grams; there was also a baggie containing what is believed to be crack cocaine, and 38 pills, which are suspected to be Alprazolam, police said.

“Sandwich baggies and a ledger were also found in the backpack, which are indicative of sales of narcotics,” police added.

Turn To **K-9** page **A4**

# Local towns receive grant funding for safety upgrades

**BY KIMBERLY PALMUCCI**  
TRIBUNE CORRESPONDENT

REGION — The Massachusetts Department of Transportation recently released the latest round of funding from its Shared Winter Streets and Spaces grant program. In this round, 17 communities and organizations throughout the Commonwealth were awarded grant funding for projects that “respond to the public health crisis and provide safe mobility for children, for elders, to public transportation, and to open space and parks.”

Locally, the town of Uxbridge received \$146,907, Sutton received \$299,900, and Webster received \$36,300.

“The Uxbridge Board of Selectmen is proud of the announced grant of almost \$147,000 from the MassDOT. This grant will be used to upgrade the crosswalk and install much-needed safety lighting at Wesgan Square,” said Brian Butler, Chair of the Uxbridge Select Board, in a press statement. “Our children and elderly will be the direct beneficiaries of this long-overdue project.”

Crosswalk improvements will include new signage and a new flashing pedestrian safety beacon. This new safer crossing will serve a retirement community, recreation fields, and an elementary school.

“The Town of Uxbridge is honored to have our project selected for this grant award. The project will make it safe for kids to walk to school and the park, as well as for our Seniors to be able to enjoy a safe and manageable walk in Town as well,” added Steve Sette, Uxbridge Town Administrator.

Building on the success of the Shared Streets  
Turn To **GRANT** page **A4**

# Wellness in the workplace

BVT WELLNESS COMMITTEE HOLDS VIRTUAL EVENT EMPOWERING EMPLOYEES

UPTON — The Wellness Committee at Blackstone Valley Regional Vocational Technical High School (BVT) has been organizing its annual Wellness Fair since 2012, which focuses on sharing information about the importance of physical and mental well-being with its employees.

Because 2020 has not been a typical year, amid a global health pandemic, the event was held virtually, with employees invited to “Zoom into Wellness” on Dec. 16. Held at a time when self-care and wellness are necessary, the fair focused on sharing tips and ideas geared towards taking a moment to refresh and reenergize.

The program offered sessions that included: chair yoga, healthy holiday eating ideas, a closer look at stress & the immune system, maximizing your time vs. energy, simple food changes to improve your mood, meal prep tips, flex, stretch, & strengthening exercises, managing parent overload, and a seasonal craft on how to make a tissue paper tree.

Before Zooming in, employees were treated to a delicious, well-bal-



Courtesy  
Martha Pellegrino, Nutrition Educator and Wellness Committee member, with the grab and go goodie bags.

anced hot breakfast in to-go containers by Chef Eric Carlson & his team to allow staff to return to their classroom/shop/office to enjoy their morning and goodie bags.

Martha Pellegrino, Nutrition Educator, had helped preassemble the grab and go goodie bags. They included a Yoga Mat, a Yoga Brochure by BeyondHealth from

Harvard Pilgrim Health Care, a book titled, Inspire to Act by Jennifer A. Borislow & Mark S. Gaunya, among other items to promote wellness, which was all possible through donations and the efforts of the BVT Wellness Committee Members: Eric Carlson, Rebecca Corda, Stephanie Dunham, Keara Holmes, Brian Lehtinen, Brian Locwin, Marcia

MacWilliams, Julie Mitchell, Joann Monks, Martha Pellegrino, Rebecca Phillips, and Matthew Williams.

BVT is committed to providing a supportive work environment that encourages a healthy lifestyle. For additional wellness resources that are sure to inspire you to think, live,

Turn To **WELLNESS** page **A4**



# MILLBURY SENIOR CENTER

Blood Pressure Clinic  
Every Tuesday from 9 A.M. - 10 A.M.  
The Blood Pressure Clinic is held inside now  
Come to front door and we will let escort you from there!  
Masks required, along with social distancing!

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Lunch meals will be available to be picked up daily at the front door, 11:30 A.M.  
Menu is available on Town

Website, [www.townofmillbury.org](http://www.townofmillbury.org)  
Or our Millbury Senior Center Facebook page  
A 48 hour reservation is required  
For more information or reservations call us at 508-865-9154

THE MILLBURY SENIOR CENTER IS ACCEPTING SNAP APPLICATIONS (Food Stamps)  
Our appointments are on Tuesdays & Thursdays 10 A.M. - 2:00 P.M.

Call for an appointment & required documentation 508-865-9154  
“This project has been funded at least in part with Federal Funds from USDA.  
This institution is an equal opportunity provider.  
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The Senior Center is closed to the Public.

While the building is not open to the public the Food Pantry at the Millbury Senior Center is available from 9am to 1pm Monday thru Friday by calling 508-865-9247 for an appointment our food pantry is fully stocked at this time tell us what you need and you can pick it up or we will deliver it.

We are still here to answer any questions you may have and we are available for your

transportation to Doctors appointments or if you need to go to the drug store for your prescriptions, we will take you there. If you don't have a mask, we will give you one.

Also if you are in need of a home delivered meal give us a call and we will set you up to get one delivered to you.

Keep safe and remember to wear a mask if you go out and to wash your hands frequently.

## UniBank to host free payment Webinar for businesses and nonprofits

WHITINSVILLE — UniBank will be sponsoring a free UniPay Online Payment Solution Webinar for businesses and non-profit organizations who are interested in offering online payment as a solution to customers/donors. It's a simple fact: customers today expect the convenience of making payments online. During the COVID-19 pandemic, more and more customers are seeking online payment options to minimize in-person contact and help with social distancing. UniPay by

UniBank is simple, efficient, secure, reliable, and can help your business or non-profit increase efficiencies. The solution is customizable and offers your business or non-profit the ability to accept payments securely 24/7.

Join Kristy Genga, AVP from UniPay by UniBank for a 45-minute webinar on Wednesday, Feb. 24 at 1 p.m. to learn how this solution can help your business or non-profit and enhance your revenue collections!

All attendees will be entered to win a \$50 Staples gift card. Sweepstakes to win \$50 Staples gift card is subject to complete official rules which are available at [unibank.com](http://unibank.com). Register at [unibank.com](http://unibank.com). No purchase or account required to enter or win.

To register, visit [www.unibank.com](http://www.unibank.com).

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The Blackstone Valley Tribune (USPS 024-873) is published weekly by Stonebridge Press, 25 Elm St., Southbridge, MA 01550. Periodicals postage paid at Southbridge, MA 01550. POSTMASTER: Send address changes to the Blackstone Valley Tribune, P. O. Box 90, Southbridge, MA 01550.



# Kindergarten registration underway at Taft Early Learning Center

UXBRIDGE — Registration for Kindergarten at the Taft Early Learning Center will be held Feb. 22 - March 5 from 9 a.m.-2 p.m. or March 3 from 5 - 7 p.m.

The minimum Kindergarten entrance age is five years as of Sept. 1 of the year the child enters school.

Register at Taft ELC, 16 Granite St., Uxbridge. A registration packet can be downloaded from the school website, [www.Uxbridgeschools.com](http://www.Uxbridgeschools.com), or picked up at Taft office between 9 a.m. and 2 p.m. Bring the completed registration packet with you, along with the following:

- Proof of Uxbridge Residency: Original or copy of birth certificate with raised seal (we will make a copy and give you the original back)
- Parent(s)/Guardians Visa (if not a U.S. citizen)
- One of the following: A copy of lease signed by lessor and lessee or tenant and landlord, mortgage agreement/property tax bill; or copy of HUD lease
- One of the following: (recent within the last 60 days) gas bill, oil bill, electric bill, home phone (not a cell phone bill), cable bill, water bill
- One of the following: valid driver's license, current vehicle registration,

- valid Massachusetts photo identification card (with Uxbridge address)
- In addition, you will need: Immunization records/recent physical (within one year)
- In cases of divorce/separation, provide a copy of divorce decree with custody agreement or any information regarding custody, (i.e. restraining order, etc.)
- Please email Kim Hill, [khill@uxbridge.k12.ma.us](mailto:khill@uxbridge.k12.ma.us) or call with any questions 508-278-8643. Upon completion of registration, your child will be scheduled for a screening which will take place at a later date, to be determined.



## ACCURACY WATCH

The Blackstone Valley Tribune is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur. Confirmed fact errors will be corrected at the top right hand corner of page A3 in a timely manner.

If you find a mistake, email [news@stonebridgepress.news](mailto:news@stonebridgepress.news) or call (508) 909-4106 during normal business hours. During non-business hours, leave a message in the editor's voice mailbox. The editor will return your phone call.

## WHITIN INTERMEDIATE SCHOOL HONOR ROLL

UXBRIDGE — The Whitin Intermediate School has released its honor roll for the first term of the 2020-2021 school year.

- High Honors
- Grade 6: Ammar Alomar, Bradley Anderson, Connor Antobenedetto, Nicholas Arruda, Aubrey Beland, Alex Channing, Isabela Chapman, Adison Cirrone, Skylar Daniels, Joao Pedro de Souza-Rodrigues, George Eissa, Alyssa Friis, Olivia Gauthier, Nathan Goryl, Cameron Gray, Matthew Hicks, Jordan Hilgenberg, Julie Lafontaine, Mathias Lalakidis, Charlotte Lewis, Mary Lowrey, Benjamin O'Neill, Charlie Roy, Rachel Scott, Maddilyn Silva, Lelia Sjogren, Sarah Stark, William Stark, Gabriel Stone
- Grade 7: Alexander Aldrich, Aidan Arsenault, Novelle Bousquet, Lauren Cabral, Morgan Charbonnier, Tyler Constantineau, Alison Fleming, Zachary Fortier, Kendall Gilmore, Brooke Gniadek, Lola Grube, Isaac Kling, Julianna Lopes, Daniel Mach, Niamh McSweeney Daniel Noel, Erin O'Day, Julia Brynn Okenquist, Keira Paul, Liam Powers, Jake Richardson, Jacob Rivet, Erin Roche, McKenna Savage

- Honors
- Grade 6: Christopher Barcomb, Ava Bazinet, Gabriela Belanger, Stephen Bouvier, Ava Cahill, Hadassah Calixto, Madison Cammuso, Susana Casper, Austin Clancy, Dolan Comforti, Parker Dery, Charley Dorr, Caleb Gaultz, Noelle Gilmore, Gabriel Gomes, Brian Guertin, Mallorie Hallfelder, William Hinchcliffe, Elaina Horgan, Samantha Huth, Lucas Jastremski, Brooklyn Kaferlein, Emrie Kling, Madison Labonte, Logan Lalakidis, John Lannigan, Joshua Lavergne, Dominic Mastroianni, Braelyn Matheson, Blake Oliver, Mia Ouellette, Caiden Pellegrino, Emma Peloquin, Lauren Pitner, Nicolis Polselli, Eliasa Roy, Hannah Samolinski, Noah Samolinski, Kole Silvestro, Lukas Tierney, Erik Ward, Madison Webber, Samuel Weeks
- Grade 7: Ella Bain, Camden Bartlett, Jacob Cahill, Kaleb Chabot, Addison DeMarco, Breanna Donahue, Hunter Douangsavanh, Brady Eposito, Mazen Hamza, Ethan Lachapelle, Carson Lambert, Matteo Lame, Jolina Morgan, Daniel Pimentel, Brian Stumpf, Andrew Tamsky, Jacob Tavares, Abigail Thompson, Grady Walsh, Austin Walusiak, Parker Waugh

# Curry College announces Fall 2020 Dean's List students

MILTON — Curry College congratulates roughly 1,000 students who were named to the Fall 2020 Dean's List. To earn a place on the list, full-time undergraduate students - those who carry 12 or more graded credits per semester - must earn a 3.3 grade-point-average (GPA) or higher.

Devin Gatto of Uxbridge  
Taylor Keene of Northbridge  
About Curry College

Founded in 1879, Curry College is a private, four-year, liberal arts-based institution located on 131 acres in Milton, Mass. Curry extends its educational programs to a continuing education branch campus in Plymouth, Mass. Curry offers 28 undergraduate majors, as well as graduate degrees in business, accounting, education, criminal justice, and nursing, with a combined enrollment of over 3,700 students. The student body consists of approximately 2,000 traditional undergraduate students, and 1,700 continuing education and graduate students. Approximately 1,575 of its students reside on the Curry campus. The largest majors are business management, communication, nursing, criminal justice, and education, and the college is also internationally known for its Program for the Advancement of Learning (PAL). The College offers a wide array of extra-curricular activities ranging from 15 NCAA Division III athletic teams to an outstanding theatre program. Visit us on the Web at [www.curry.edu](http://www.curry.edu).

## TRIBUNE ALMANAC

REAL ESTATE

### BLACKSTONE

\$425,000, 12-14 Rocco Dr, Kraft, Steven V, and Kraft, June, to Barreto-Dias, Siziney, and Dias, Harley.

### DOUGLAS

\$500,000, 73 Riedell Rd, Quality Homes Inc, to Franchi, Joseph A, and Franchi, Rosemarie C.  
\$295,000, 240 South St, Alconada, Scott, and Green, Destiny, to Raymond, Elizabeth, and Maloney, Myles P.

### NORTHBRIDGE

\$435,000, 275 Purgatory Rd, Partridge, Douglas N, and Partridge, Mary K, to Partridge, Scott D.  
\$385,000, 15 Whitin Ave, Wierenga, Daniel J, and Wierenga, Peggy L, to Andreadis, Dorothy, and Morin, Matthew R.  
\$275,000, 24 Willow St, Doldoorian, Robert M, and Doldoorian, John K, to Herron, Samantha L.

### UXBRIDGE

\$232,000, 5 Ascot Ln #5, Karen Albright LT, and Albright, Karen, to Dileo, Frances B, and Dileo, Cheryl A.  
\$195,000, 28 Cross Rd, Weisenhorn, Theodore R, and Weisenhorn, Rita, to Stevens, Diane, and Chiasson, Brian.

## Area residents named to Dean's List at University of New England

BIDDEFORD/PORTLAND, Maine — Julie Delphos of Douglas and Katherine Guerin, Anika Koopman, and Cassandra O'Toole of Northbridge have been named to the Dean's List for the 2020 fall semester at the University of New England. Dean's List students have attained a grade point average of 3.3 or better out of a possible 4.0 at the end of the semester.

The University of New England is Maine's largest private university, featuring two distinctive campuses in Maine, a vibrant campus in Tangier, Morocco, and an array of innovative offerings online. Our hands-on, experiential approach empowers students to join the next generation of leaders in their chosen fields. We are home to Maine's only medical and dental colleges, a variety of other interprofessionally aligned health care programs, and nationally recognized degree paths in the marine sciences, the natural and social sciences, business, the humanities, and the arts.

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# OBITUARIES

## Norman J. Baker, 95



DOUGLAS- Norman J. Baker, 95, passed away on Wed. Jan. 6, 2021 after a period of declining health. He is predeceased by his loving wife of 67 years, Norma M. (Duhamel) Baker.

Norman is survived by his son Keith J. Baker of North Myrtle Beach, SC; and several nieces and nephews. He was also recently predeceased by his daughter-in-law, Linda J. Baker, who passed away in March.

Born in Northbridge on Oct. 12, 1925 he was the son of John F. and Florence E. (White) Baker and grew up in Northbridge. He attended Northbridge public schools before deciding to serve in the U.S. Navy during the WWII era. Later, in April of 1999 he was awarded a belated diploma in a High School assembly with 3 other WWII veterans. Proudly serving, Norman operated the LST Landing Craft during the invasion of Iwo Jima. Norman and his wife made national news in 2007 when they finally went to the prom together 62 years late, due to missing it after

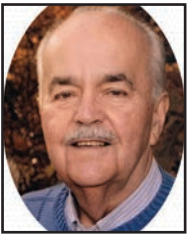
Norman was called to serve in WWII.

Norman worked as a maintenance supervisor at St. Vincent's Hospital for many years up until his retirement in 1990. He was a member of the Uxbridge VFW Post 1385, the Sutton Senior Center and a core member of the Light of Prayers Group in Worcester. A very social man, Norman loved people and could always find a friend in any room he entered. He will be sorely missed by all who knew him.

Norman's funeral mass was held on Tues. Jan. 12, 2021 at 12 noon in St., Denis Church, 23 Manchaug St., Douglas. Burial will follow in St. Patrick's Cemetery, Northbridge. Calling hours were held on Mon. Jan. 11, 2021 from 6- 8 pm. In lieu of flowers, donations may be made to: St. Denis Church, 23 Manchaug St., Douglas MA 01516. To leave a condolence message for his family please visit [www.jackmanfuneralhomes.com](http://www.jackmanfuneralhomes.com)



## Walter B. Lisak, 84



WHITINSVILLE- Walter B. Lisak, 84, of Country Club Dr. passed away on Mon. Jan. 4, 2021 after a period of declining health.

He is survived by his wife of 61 years Eileen H. (Such)

Lisak; his 3 children Paula M. Lyons of Worcester, Alan M. Lisak and his wife Ann of Holliston, and Michael J. Lisak and his wife Lisa of Douglas; 5 grandchildren Jennifer A. Lisak, Lauren E. Lisak, Sara Beth Lyons, Emma J. Lyons, and Eric M. Lisak; his former son in law David C. Lyons; and many nieces and nephews. He was brother of the late Helen Nedoroscik, Leona "Becky" Jones, Sophie Mota, Charles Lisak, John Lisak, Joseph Lisak, and Stanley "Ziggy" Lisak Sr. Born in Uxbridge, MA on June 20, 1936 he was the son of Louis J. and Anna (Klimek) Lisak and lived in Whitinsville 61 years.

Mr. Lisak cut hair as a professional barber from 1959 to 1966 full time. He then did it on a part-time basis for many years while having a 37 year

career in the Postal Service. He also was a Northbridge Auxillary Policeman for 37 years. A graduate of Uxbridge High School, Class of 1954, he served in the U.S. Navy in the Sea Bees. He belonged to the Whitinsville

Community Center, the Northbridge Civil Defense, the Southern Mass Police Association, Knights of Columbus Council 365, and St. Patrick's Church. He will be fondly remembered as a social person who loved his job, his community and of course, his family.

His funeral was held Sat. Jan. 9, 2021 from Jackman Funeral Home, 12 Spring St. with a Mass at St. Patrick's Church 1 Cross St. Burial followed in St. Patrick's Cemetery. Calling hours at the funeral home were Sat. Jan. 9 from 10 to 11:30 am. Memorial donations in his memory may be made to St. Jude Children's Research Hospital, 501 St. Jude PL, Memphis, TN 38105/ [donors@stjude.org](mailto:donors@stjude.org) To leave a condolence message for his family please visit [www.jackmanfuneralhomes.com](http://www.jackmanfuneralhomes.com)



### FUNDRAISER

continued from page A1

Now, Our Lady of the Valley is in the final stages of raising funds to build the G.R.A.C.E. Center, a new building to house the school's physical education classes, basketball practice, skills clinics, and competition.

"In Grace's years as part of the OLV family, she absorbed, embraced, and lived the lessons her OLV teachers built her OLV classroom communities around," said Donna O'Donnell, eighth grade teacher at Our Lady of the Valley. "Grace was a true OLV Angel, consistently striving for excellence, stretching her mind, and opening her heart. The addition of the G.R.A.C.E Center will allow not only the OLV community but the entire Blackstone Valley to have a place of joy where Grace's dreams will be realized with the values she treasured at

its center."

Rett was a competitive athlete as well as an honor student who had always dreamed of having a gym for her school, according to a press statement. Playing basketball in other schools' gyms "fueled her desire to have a home court for Our Lady of the Valley."

Participants in the fundraiser were invited to individually donate, lead a fundraising group effort, or lead a fundraising activity. Students, staff, alumni of Our Lady of the Valley, as well as the communities of Marianapolis Preparatory School and the College of the Holy Cross, came together in this major fundraising effort. Rett's high school and college alma maters held erg-a-thons, students of the OLV community participated in a read-a-thon, and others hit the courts to shoot hoops.

Overall, the fund-

raiser was described as a "huge success" and brought in just over \$520,000. With previous donations and matching gifts, "G.R.A.C.E. to the Finish" has reached \$610,440 in donations.

According to a fundraising event page, the 7,500 square foot G.R.A.C.E. Center will feature a high-school sized basketball court, 75 bleacher seats, two indoor classrooms, green space for outdoor classes, a welcoming foyer, and more. It will be used for OLV physical education and classroom learning, chorus and band instruction, extracurricular activities and athletics, science fairs, and St. Mary's Parish events.

Gifts up to \$1 million will be matched by a generous donor. For more information or to make a donation to the G.R.A.C.E. Center visit: [www.ourladyofthevalley-regional.com/the-g-r-a-c-e-center](http://www.ourladyofthevalley-regional.com/the-g-r-a-c-e-center).

### CLUES ACROSS

1. Adequate yearly progress (abbr.)

4. Silicon Valley's specialty

8. Gather a harvest

10. Famed mathematician

11. No (slang)

12. Students use one

13. Type of molecule

15. Play make-believe

16. Large barrel-like containers

17. Touching

18. Treats allergies

21. Calendar month

22. Single

23. Cease to live
24. Brew

25. What ghosts say

26. Geological time

27. Focus

34. Discomfort

35. A citizen of Iran

36. Trip

37. Imitate

38. Makes happy

39. Double-reed instrument

40. Body parts

41. Transgressions

42. One-time emperor of Russia

43. Time zone

### CLUES DOWN

1. Used in treating bruises

2. One who cultivates a small estate

3. One who supports the Pope

4. Annuity

5. Geological period

6. Grab onto tightly

7. Kept

9. Chinese city

10. The most direct route

12. Type of tooth

14. \_\_\_kosh, near Lake Winnebago

15. Popular veggie

17. Supervises interstate commerce

19. Foolish behaviors
20. Witness

23. Gives

24. Expression of creative skill

25. A way to prop up

26. Midway between ncrtheast and east

27. Winter melon

28. Supernatural power

29. Target

30. Threes

31. A type of poetic verse

32. They make some people cry

33. Kindest

34. Forman and Ventim'glia are two

36. A way to liquefy

### PUZZLE SOLUTION

A	Y	P							T	E	C	H
R	E	A	P						B	O	O	L
N	O	P	E						P	E	N	C
I	M	I	N	O					P	R	E	T
C	A	S	K	S					F	E	E	L
A	N	T	I	H	I	S	T	A	M	I	N	E
						D	E	C		O	N	E
						D	I	E		A	L	E
						B	O	O		E	R	A
						C	O	N	C	E	N	T
						M	A	L	A	I	S	E
						M	I	S	S	T	E	P
										M	I	M
												I
												C
												S
												T

### WELLNESS

continued from page A1

and be well, visit [www.valleytech.k12.ma.us/](http://www.valleytech.k12.ma.us/)

healthwellnessblog.

About Blackstone Valley Regional Vocational Technical High School (BVT)

Blackstone Valley Regional Vocational Technical High School serves the towns of Bellingham, Blackstone, Douglas, Grafton, Hopedale, Mendon, Milford, Millbury, Millville, Northbridge, Sutton, Upton, and Uxbridge. Located in the heart of the Blackstone Valley, BVT creates a positive learning community that prepares students for personal and professional success in an internationally competitive society through a fusion of rigorous vocational, technical, and academic skills. The school's Web site is [www.valleytech.k12.ma.us](http://www.valleytech.k12.ma.us).



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# Latest antique, collectibles, and auction news

For my first column of 2021, I thought it would be fitting to recap and wrap up the antique news from 2020 and share exciting news that has already happened this year.

Some advertising pieces and slot machines brought strong results at an October auction, according to an Antiques and Arts Weekly report. A triangular shaped 1935 Coca Cola sign was one of the items in the auction. The double-sided hanging enamel sign brought \$21,600. An 1870s Proctor and Gamble advertising sign for Amber Soap was said to be historically significant, because it predated the company's production of Ivory soap. It sold for \$28,800. A Pepsi Cola syrup dispenser went for \$39,975. A five cent "Little Rip" baseball themed trade stimulator (similar to a slot machine) sold for \$132,000. A "Triple Centaur Jackpot" slot machine that accepted nickels and quarters in three separate sections reached \$240,000.

An upcoming auction expects even better results. Coin News reports that several coins in a January 20th-24th auction are estimated to bring seven-figure sums. A 1796 No pole cent is one of the valuable coins. 1796 was the first year that the United States produced every denomination of coin from the half cent to gold Eagle \$10 coin. Other coins that may hit the million-dollar mark are an 1838 Liberty Gold Eagle, 1796 Quarter Eagle \$2 ½ coin, 1885 silver Trade Dollar and a 1792 Silver Center Cent. A little silver was added to the center of



ANTIQUES,  
COLLECTIBLES  
& ESTATES  
\*\*\*\*\*  
WAYNE TUISKULA

the copper 1792 cent to make the intrinsic value of the coin worth one cent when the copper alone would have been worth less than that. An 1804 Proof Eagle and "1787 New York-Style Brasher Doubloon" are two of the other ultra-valuable coins. The Doubloon will be coming to auction for only the third time since 1848. The previous two times it set a world record for any coin ever auctioned. As of Jan. 9, online bidding was already at \$3.6 million.

There was news that offers hope for those of you hunting for that big estate sale or thrift shop find. The Lewiston, Maine Sun Journal reported that a Norway, Maine man made a thrift shop find that netted him a nice sum. Like most of us, 2020 was a difficult year for the antique dealer who discovered the painting at a thrift shop. His antique shop was shuttered from March through May because of the pandemic. In October, he purchased the painting by Austrian-born

artist Josef Floch. According to the Sun Journal, "after the upheaval of World War I, Floch left Austria for Paris where he joined the popular avant-garde movement. As World War II raged in France, he immigrated to the United States about 1941, permanently settling in New York." The exact amount he received wasn't listed, other than that it was five figures. When asked where he bought the painting, the dealer stated, "I can't divulge all the details. That would be like a fisherman telling where his best spot is."

Our online auction of paintings and other artwork from the estate of artist Fay Moore will be running soon. Bidding ends Feb. 17. We are planning a vintage and antique toy auction soon after. We have been acquiring some consignments of gold jewelry, 1960s and earlier baseball cards and other antiques and collectibles for our next multi-estate auction. We are still accepting quality



consignments for that sale. You can sign-up for email updates on future events on our homepage: [www.centralmassauctions.com](http://www.centralmassauctions.com). Contact us at: Wayne Tuiskula Auctioneer/Appraiser Central Mass Auctions for Antique Auctions, Estate Sales and Appraisal Services [www.centralmassauctions.com](http://www.centralmassauctions.com) (508-612-6111) [info@centralmassauctions.com](mailto:info@centralmassauctions.com).

## DIY Tips to Better Health and Well Being

Self Care ranked high on New Year Resolution lists this year, and for many, that means taking matters into their own hands. The answer to common maladies isn't always in a medicine cabinet. In fact, treating everyday ailments or symptoms of aging is often a matter of common sense. From mental maneuvers to manual massage, the following self help tips are geared toward effectively promoting good health and well being!

**Improve Memory:** What's your memory grade? If you're a flunky when it comes to remembering, it may be time to get your brain back in shape with a good diet, meditation, and some mental gymnastics:

**Diet:** Sugar is not only bad for your diet, it can also be bad for your brain! Research has shown that people who regularly consume lots of added sugar may have poorer memories and lower brain volumes than those who consume less sugar.

Many studies have shown that consuming fish and fish oil supplements may improve memory, especially in older people. According to Healthline, a study of 36 older adults with mild cognitive impairment found that short-term and working memory scores improved significantly after they took concentrated fish oil supplements for 12 months

**Meditation:** Research suggests meditation may increase gray matter in the brain and improve spatial working memory. In fact, Meditation and relaxation techniques have been shown to improve short-term memory in people of all ages, right up to the elderly!

**Memory Training:** No matter what your age, experts say exercising

your brain really may make the difference between using it and losing it. Memory training can include verbal repetition exercises, number quizzes, word definition challenges and more. Activities such as doing crossword puzzles, playing word games or cards, strengthens the receptors between brain cells in memory transmission areas. If you sense memory loss occurring, use mental helps such as calendars, calculators, list making, and group discussions to exercise your memory receptors. And relax. According to the experts, worrying about what you're going to forget can actually cause a mental block! \*\*

**Stall Senility:** If forgetfulness has you fretting about a future with Alzheimer's, here are some facts that may actually help you stall or prevent the disease.

Exercise has been shown to reduce the risk for dementias. The good news is, it is never too old to start exercising to reap the benefits. Studies to date also show that KETO (low carb) and Mediterranean diets may be beneficial to brain health. Research of people genetically predisposed to developing Alzheimer's disease, showed those who consumed the most fat on average, as well as the most calories, were more likely to develop the disease compared as to people who followed low-fat, low-calorie diets.

Earlier research revealed middle-aged people with high cholesterol or high blood pressure could have up to a 50 percent greater risk for developing Alzheimer's later in life. Studies also showed patients may have low levels of vitamin B-12, A and C and beta-carotene, and



TAKE  
THE  
HINT  
\*\*\*\*\*  
KAREN  
TRAINOR

high concentrations of aluminum and mercury. So take your vitamins and eat healthy to up your odds of avoiding Alzheimer's! \*

**Effortless Memory Boost:** Too tired to exercise your brain to boost memory? Dab on your favorite perfume! Believe it or not, medical studies show memory skills are enhanced while people are wearing a fragrance. The theory is that because the part of the brain that stores memory is located near the part that senses smell, the memory is boosted when you sniff a fragrance. Now, if you can only remember where you put the cologne..... \*

**Laughter is the Best Medicine:** Groucho Marx once declared "A clown is like an aspirin, only he works twice as fast!" And health officials worldwide have proved laughter really may be the best medicine. According to University of Maryland Hospital studies, the benefits of laughing include improved coordination of brain functions, memory improvement, reduction in stress and depression, pain relief and stronger internal muscles. One UM doctor even claims twenty seconds of hearty laughter gives the heart the same workout as three minutes of hard rowing. So enjoy a daily dose of laughter, it's free, fun and contagious! . \*

**Stress Busters:** It's 2 p.m., you've got a pile of unfinished work, you've yet to each lunch and the phone keeps ringing! If the high

tech and high stress world has got you chewing your acrylic nails off, try these easy office stress busters: At the first sign of stress, massage therapists suggest simply massaging the palm of one hand by making a circular motion with the thumb of the other. Or, when you're stressed out, reach for a steaming mug of decaf or other hot beverage and cup your hands around the mug. Bring your warm hands to your closed eyes for a few seconds and take a deep breath to induce calm. And here's a good excuse to snack on the job: Carbohydrates stimulate serotonin in the brain, so reach for a bagel, crackers or pretzels to help calm down fast. \*

**The Buzz on Caffeine:** If you love your coffee, here's another excuse to drink high octane java! A popular ten year study revealed coffee drinkers really may be better thinkers. The report said a cup of coffee can help in the performance of tasks, requiring sustained attention. It further helped enhance a person's ability to perform these tasks, during low alertness situations such as at night or when a person has a cold. \*

**Hearing Help:** Are you saying "Huh?" more than you used to? Well before you run out to by a hearing aid, you might want to consider a pair of sneakers instead! Believe it or not, researchers at Miami University in Ohio report aerobically fit people heard sounds at lower volumes than their sedentary counterparts. In fact the researchers went as far as to declare that a fit person at age 40 can have the hearing of a 20 year old! The concept is that aerobic exercises such as walking, enrich the blood with oxygen

and improve blood flow to the ears, which improves hearing function. For A proper hearing "fitness" routine, the experts suggest working your way up to walking 30-60 minutes, five or six days per week. For an optimum hearing boost, add strength training, as those who are aerobically and muscularly fit had the best hearing! \*

**Eye Test:** Babyboomers may be soon discovering their eyes aren't as sharp as they used to be! Here is a quick vision test to gauge whether or not it's time to have those glasses upgraded: A person with good vision should be able to read the numbers and letters on a license plate 80 feet away. If not, it's time to get a vision checkup. If you work at the computer all day, this simple "eye break" exercises tired eye muscles. Hold a pencil one foot away from your eyes, focus on an object behind the pencil for several seconds, then blink and focus directly on the pencil for a moment or two. This helps relaxes and revitalizes eyes. At home, relieve eye strain by cutting two thin slices of raw red potato. Keep them on your closed eyelids for 20 minutes \*

**Sweet Slumber:** Are you always tired? Is your nightly slumber less than satisfying? If so, it might be time to reset your sleep clock to ensure your daily dose of rest! If your body clock is set to a different time than your schedule, you'll feel tired. Experts say when you're in your 20s and 30s, your body is typically set to stay up late and sleep late. On the other hand, it's common for people in their 60s and 70s to fall asleep at before 8 p.m. and wake up before the birds. Here's how to get back to a normal sleep rhythm by resetting your sleep clock: Bright elec-

tric light can shift your body clock, according to a study published in the Journal of Investigative Medicine. If you want to stay up later, sit under a bright light bulb for one to two hours before your current bedtime. This will slowly shift your body clock to a later bedtime. In the morning, block out bright light until you've been up for an hour or two. If you want to go to bed and get up earlier, dim the lights in the bedroom after 9 p.m. and pull up shades to allow the morning sun to stream in. \*\*

**Win Dinner for Two at the Publick House**

Your tips can win you a great dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renowned restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint!, C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or email [KDRR@aol.com](mailto:KDRR@aol.com). Hints are entered into a drawing for dinner for two at the historic Publick House Inn.

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**BRENDAN BERUBE**  
EDITOR

EDITORIAL

# A firsthand COVID experience

One of our local correspondents, Jason Bleau, submitted the following reflection on his personal encounter with the COVID-19 virus in the hope that it might prove helpful to others.

I remember when I first heard about COVID-19. I was siting in a hotel room on Daytona Beach. I had just returned from watching the Daytona 500, and in between stories about the status of Ryan Newman following a horrific crash, details about a pandemic surging in China caught my eye. Less than a month later, everything shut down. The COVID-19 pandemic had gone global.

All throughout 2020, I found myself concerned about getting the virus. I quarantined, wore my mask, took every precaution I could. My goal was to make it through the holidays and reassess in 2021. I almost made it.

New Year's Eve, I felt what I can only describe as a "cloud in my lungs." I knew something was wrong. New Year's Day, a fever of just over 100 degrees struck me. I knew I had it. I didn't know how I got it, where I got it or who I may have infected, but I knew in my heart what it was. A day later, I took a test, and several more days later, my fears were confirmed, it was positive. After working so hard to avoid it in 2020, I had COVID-19.

The revelation wasn't as scary as I thought. I couldn't change what I had contracted, I could only wait it out. I isolated myself in my apartment and began the slow process of waiting...just waiting. By day three, my fever broke, and in the week that followed, my body experienced different symptoms almost daily. One day, it would be headaches and body aches. The next day, my energy was so sapped I could barely get out of bed. One day, it felt like just a bad cold. Some days, it was all of the above. For more than a week, I underwent a sickness I can only describe as an amalgamation of every cold and flu symptom you could think of, changing out the results on a daily basis.

But it wasn't the isolation or the sickness that weighed on me. It was the how, and who, I might have impacted without even knowing it. Symptoms of COVID show up days after infection, and in the days prior to New Year's Eve I had been around numerous people, family, friends, shopping plazas. Who did I infect? Whose lives did I complicate? Who infected me? These questions worried me more than the illness itself. The scariest part of COVID for me wasn't getting it, but who may have gotten it from me, and how easy it was to contract it without ever even knowing it was there.

I was lucky enough to survive COVID with minimal repercussions. Nobody I had been around tested positive, and to this moment I still don't know exactly how I was exposed. I did all the right things, and still I found myself dealing with the virus. While my experience may not have been deadly, I went through enough to understand that this virus is relentless, and the wrong immune system can be severely compromised by the variety of symptoms the virus employs, almost as if it is looking for the weakest point of your body's defenses to take permanent hold. If you're not fit enough to face even one kind of disease, this virus will exploit that.

Even having gone through the experience of COVID-19, I will continue to wear my mask and continue to take precautions although it might appear as though these efforts didn't keep me from being exposed. I will do this because to me, the worst part of being infected wasn't my own wellbeing — it was the wellbeing of those who may have innocently been exposed before I even knew what I had inside me. I was always confident my body could beat it, but my decisions could have inadvertently compromised someone else who would not be so fortunate. I would have had a hard time knowing I was responsible for someone losing their livelihood, precious moments with loved ones, or, God forbid, their life. This virus might seem like a small, inconvenient thing to a lot of people, but I can say from experience it's very real and it's nothing I would want anyone to have to experience firsthand.

# OPINION

Opinion and commentary from the Blackstone Valley and beyond

A MOMENT IN HISTORY  
.....  
BEVERLY GUDANOWSKI  
UXBRIDGE

Have you ever heard the amazing story of the 1914 Christmas Eve truce during World War I? The Brits, the Germans, and possibly some French soldiers, put down their weapons on Dec. 24, 1914. Why? It is one of the mysteries or miracles of war history, depending upon your point of view.

In the midst of a withering, bloody, murderous war that had claimed hundreds of thousands of lives in heavy fighting after just five months of battle, soldiers spontaneously declared a truce. In this war, eventually, nearly 10 million soldiers would be killed and 10 million civilians would be casualties, but the soldiers did not know that on Christmas Eve, Dec. 24, 1914. Nor did they know that the war would last four years, ending on Nov. 11, 1918, a day still honored today.

The war began in the summer of 1914 when Serbian nationalists decided to "liberate" the South Slavs of Austria-Hungary and assassinated the Austrian Archduke Ferdinand in Sarajevo, Bosnia.

This sounds like a "who cares" situation, but wait. Austria, naturally, declared war on Serbia. Although most politicians thought this would be a "local" war, they were wrong.

Russia mobilized troops against the Austrians. Germany sent an ultimatum to Russia to stop mobilizing and an ultimatum to France to stay out of it. Russia and France ignored these demands. Germany declared war on Russia. France began mobilizing troops. Germany declared war on France. Germany invaded Belgium, and the Brits - allied with Belgians - declared war on Germany. It looked like a 3D or multi-level Chess game. This is why President George Washington warned Americans to avoid European "entanglements."

In December of 1914, weeks of heavy rain had turned the trenches and the land that separated the armies into a cold, muddy muck. Everyone, on both sides, shared in the misery: cold, fear, stale food, wet cigarettes. In places along the front, the troops were separated by only 50 yards.

The new Pope had tried in early December to obtain a truce for Christmas. Pope Benedict appealed to the leaders

of Europe, but no one was interested.

Christmas approached. The constant, cold rain turned to snow and coated the battlefields of Flanders with a dusting of white. The German Emperor sent Christmas trees ("Tannenbaume") to the

front to boost morale.

On Christmas Eve, Dec. 24, German soldiers placed the trees outside their trenches and began singing the Christmas hymn, Silent Night ("Stille Nacht").

At about 10 p.m., the Brits heard a noise. A British machine gunner, Bruce Bairnsfather, wrote in his memoirs: "I listened...away across the field among the dark shadows, I could hear the murmur of voices." He said to his fellow soldier: "Do you hear the Boches (Germans) kicking up that racket?"

Some British soldiers sang Christmas carols in return. Then the Germans answered in English. They had worked in Britain before the war and could speak some English. "Hey," the Germans said, "come over here." British officers responded: "You come half way."

Slowly, nervously, soldiers climbed out of the trenches and met in the barbed-wire No Man's Land between the armies. The result?

Handshakes, words of kindness, tobacco and liquor were exchanged. Bairnsfather was in shock. "Here we were, laughing and chatting to men whom only a few hours before we were trying to kill." Another soldier, John Ferguson wrote: "There was not an atom of hate on either side." There was even a pick up soccer game which ironically the Germans won, 2-1.

Songs have been written about this event which seems to be the only instance of its kind. "Christmas in the Trenches" by John McCutcheon is a moving song, and can be viewed on YouTube. A film about the event, Joyeux Noel, was released in 2005.

Could you be brave in a ceasefire in the midst of a bloody war? In the midst of riots and looting? Would the other side respond in peace or in treachery? Did this happen in 1914 simply because both sides believed in God and believed that Christmas Eve was a very special time?

## LETTERS TO THE EDITOR

### Trump and his supporters need to accept the "inconvenient truth" that he lost

To the Editor:

I read with interest the letter to the editor published in the Jan. 8 edition of the Blackstone Valley Tribune. I am struck by the last two sentences in the letter.

The second to last sentence reads "Fortitude is required to face inconvenient truths." The inconvenient truth for some people is, President Trump lost the November election, despite what he says. After filing over 50 lawsuits, he has yet to win one. In Georgia on Jan. 4, he alleged the election was stolen from him despite three recounts all giving Mr. Biden the win. William Barr, President Trump's attorney-general at the time, stated there was no fraud that would change the result of the election. Senator Lindsay Graham, one of President Trump's most ardent supporters, stat-

ed emphatically that President Trump lost on Wednesday night (Jan. 6). Yet President Trump continued to state the election was stolen on Thursday and Friday (Jan. 7 and Jan. 8). The inconvenient truth to President Trump and his supporters is, he lost the election.

The last sentence in the letter is "In turn we pledge not to rant, rave or riot." This was not what I saw on TV Wednesday (Jan. 6) afternoon and evening. What I saw was ranting, raving and rioting. I hope the people involved were a very small minority of Trump supporters. However, it is time for all Trump supporters to acknowledge, however difficult, that President Trump lost the election, and it is time to move on to heal this great nation.

HAROLD DICKERT  
WHITINSVILLE

## More inconvenient truth

To the Editor:

The hallowed halls of the Capitol were invaded on Jan. 6. The result — loss of life, property destruction, mental and emotional mayhem — necessitates writing again. Constitutionally acceptable debate over election missteps was short-circuited that day. The ensuing riot, accurately labelled an assault, 'trashed' democracy as, should be acknowledged, did post-BLM marches ending with rioting, looting and burning of cities. We should condemn the violence of such incidents equally; desire equal prosecution of participants in unruly acts; and hold blameless those truly, peacefully exercising First Amendment rights of free speech.

My perception of the focus of the never-happened Jan. 6 debate was not primarily about 'overturning results' so much as bringing attention to the 'process' leading to lack of confidence in the recent election. To re-examine election laws, investigate misdeeds, take corrective, legal action as needed, and ensure (legal) access to the ballot box as well as integrity of all votes should be a 'mission' of the new Congress and every State legislature now. Shadows cast over 2020 must be dispelled and never repeated. Plus, it is undemocratic (and short-sighted) to dismiss so cavalierly concerns of seventy-six million voters.

The truly 'scary' part of Jan. 6 was

not having open debate; it was the riot. In response, freedom of speech is being systematically shutdown by social media platforms! Our ability to communicate with family, friends and wider world is tethered to companies that, as we have just seen, can arbitrarily shut down publication of differing messages. That is 'scary' and without parallel except in eras of WWII Germany, McCarthy and present-day Hong Kong. Coupled with increased lawlessness where defund-the-police is popular, alarms should clang across America, because what is done to one individual is done to all (eventually).

T.S. Eliot wrote, "The last temptation is the greatest treason... To do right for the wrong reason." 'Justice' in all forms depends on 'liberty,' i.e., free speech and debate, not unceasing 'demonization' of people. Calls for unity prove empty rhetoric when asking how it is attained by pursuing impeachment now or beyond Jan. 20th. As a 'unifier,' the President-Elect should call on Congress to stop this doomed-to-fail exercise. An inconvenient truth: to reunite as "one Nation under God indivisible with liberty and justice for all" to which we pledge allegiance sane conversation must replace vicious verbiage and (lawless) acts of civil unrest.

JANE F. KEEGAN  
UXBRIDGE

### How can you prepare for the "New Retirement?"



FINANCIAL  
FOCUS

DARREN  
PARENT

A generation or so ago, people didn't just retire from work – many of them also withdrew from a whole range of social and communal activities. But now, it's different: The large Baby Boom cohort, and no doubt future ones, are insisting on an active lifestyle and continued involvement in their communities and world. So, what should you know about this "new retirement"? And how can you prepare for it?

For starters, consider what it means to be a retiree today. The 2020 Edward Jones/Age Wave Four Pillars of the New Retirement study has identified these four interrelated, key ingredients, along with the connected statistics, for living well in the new retirement:

Health – While physical health may decline with age, emotional intelligence – the ability to use emotions in positive ways – actually improves, according to a well-known study from the University of California, among others. However, not surprisingly, retirees fear Alzheimer's and other types of dementia more than any physical ailment, including cancer or infectious diseases, according to the "Four Pillars" study.

Family – Retirees get their greatest emotional nourishment from family relationships – and they'll do anything it takes to help support those family members, even if it means sacrificing their own financial security. Conversely, retirees lacking close connections with family and friends are at risk for all the negative consequences resulting from physical and social isolation.

Purpose – Nearly 90% of Americans feel that there should be more ways for retirees to use their talents and knowledge for the benefit of their communities and society at large. Retirees want to spend their time in useful, rewarding ways – and they're well capable of doing so, given their decades of life experience. Retirees with a strong sense of purpose have happier, healthier lives and report a higher quality of life.

Finances – Retirees are less interested in accumulating more wealth than they are in having sufficient resources to achieve the freedom to live their lives as they choose. Yet, retirees frequently find that managing money in retirement can be even more challenging than saving for it. And the "unknowns" can be scary: Almost 70% of those who plan to retire in the next 10 years say they have no idea what their healthcare and long-term care costs will be in retirement.

So, if you're getting close to retirement, and you're considering these factors, how can you best integrate them into a fulfilling, meaningful way of life? You'll want to take a "holistic" approach by asking yourself some key questions: What do you want to be able to do with your time and money? Are you building the resources necessary to enjoy the lifestyle you've envisioned? Are you prepared for the increasing costs of health care as you age? Have you taken the steps to maintain your financial independence, and avoid burdening your family, in case you need some type of long-term care? Have you created the estate plans necessary to leave the type of legacy you desire?

By addressing these and other issues, possibly with the help of a financial professional, you can set yourself on the path toward the type of retirement that's not really a retirement at all – but rather a new, invigorating chapter of your life.

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Darren Parent, your local Edward Jones Advisor at 5 Albert St., Auburn, MA 01501 Tel: 508-832-5385 or Darren.parent@edwardjones.com. Edward Jones, Member SIPC. Edward Jones, its employees and financial advisors are not estate planners and cannot provide tax or legal advice. You should consult your estate-planning attorney or qualified tax advisor regarding your situation.*



# A history of hare hunting

Hope everyone has stayed healthy during this terrible pandemic. There is still plenty to do for people that love the outdoors, and can socially distance whenever possible. Ice fishing has been spotty in the valley area, with thin, unsafe ice on many small ponds. Some anglers are still fishing on the few inches of ice on small ponds, but extreme caution needs to be practiced. The states of Maine, Vermont and New Hampshire, and New York, have a lot safer ice, and fishing is in full swing in those states. Fat Nancy's Bait & Tackle shop reported plenty of safe ice in the Pulaski New York area, and recommends a trip to the area soon.

A release from Massachusetts Fish & Wildlife on the recommendation to raise the saltwater fishing license, seems a bit harsh, especially during a pandemic, and people struggling to make ends meet. The toll of lives lost and the financial hardships the pandemic has on the U.S., will hopefully see a recovery in a year or two, but it will not be easy. News on raising the saltwater license did not have an amount of the proposed increase, but it did state that it wanted to increase the free license for anglers to 70 years old. Many anglers this



THE GREAT  
OUTDOORS  
.....  
RALPH  
TRUE

writer spoke with were not happy!

Back in the day, this writer and many other Rod & Gun Club members were busy stocking snowshoe hare in swamps in the Central District. The hare were trapped by a licensed trapper in Canada and transported to the Singletary Rod & Gun Club for pick up by numerous clubs to be stocked by their members in open covers.

The Blackstone Valley Beagle Club was purchasing the largest number of hare, which totaled 250 annually, at a cost of around \$5 each. Sportsmen with beagles enjoyed running their dogs on the snowshoe hare in the Douglas State forest and other local swamps during the summer months, but most sportsmen rarely hunted them in the fall and winter months, hoping to keep population high for future generations. During the final years of program (called Operation Snowshoe), the clubs were paying up to \$20 each for the live delivery of the rab-

bits. After the program was stopped, the hare population diminished in a few years, with very few, if any remaining in our forests and swamps locally. What a shame!

The program lasted more than 50 years, but was stopped by activist groups claiming that it was cruel to relocate the hare, and it could spread any diseases they may be carrying to other states, which was a bunch of baloney! In all of the years the program was held, there were no claims of disease concerns. The hare did so well after relocation that they started to breed and have young, adding to the excitement of the program! Hare do not have large numbers of young like cottontail do; in fact, they only have two or three young, although they can have two or three litters a year.

They are born fully covered in hair, with their eyes wide open, not like cottontail rabbits that are totally blind and have very little hair at birth. Hare turn white during the winter months to give them camouflage. Some times during winters with very little snow their white color makes them an easy target for their predators that consist of coyote, numerous birds of prey, bobcat, etc.!

Now that the birds of



Courtesy

This week's picture shows Bob Bromley with a few of his fishing buddies a few years ago during the annual ice derby sponsored by the Northbridge Vets. Hopefully, the ice will become safe for different organizations to hold their annual ice derby.

prey have returned in large numbers, after the spraying of DDT was stopped, many ground feeding animals like rabbits, & Squirrel populations are extremely low in some areas. This writer's back yard bird feeders have been absent of squirrels for a few years now, after a family of red tail hawks moved into the neighborhood.

Saltwater anglers are wondering about what the 2021 striper regula-

tions will look like. The slot limit size was a complete disaster last year and hopes are high that it will not be implemented this year.

A reminder that Wallum Lake in Douglas will close the last day of February. The body of water is an interstate body of water lying in both Massachusetts and Rhode Island, and is governed by Rhode Island regulations. Anglers are still fishing Wallum Lake

with Rod & Reel and are catching numerous trout, that more than likely were stocked this past fall.

More than likely, all sportsmen's shows will be canceled this year because of the pandemic. Wear a Mask and stay safe! They will be bigger and better next year!

Take A Kid Fishing & Keep Them Rods Bending!

☂☂☂

Friday's Child

☂☂☂

Photo by  
by Photo by Erin Chrusciel

William

Age 11

Hi! My name is William and love building with Legos!

William, who likes to be called Will, is an active and loving boy of Caucasian and Hispanic descent. He is outgoing and enjoys playing with his many friends. He is very social both during and after school. He has a witty sense of humor and loves to make people laugh. He is also very sensitive and concerned for the feelings of others. He is described by those who know him as being very helpful to others and very polite. He admires his older brother and sister and looks to them for guidance. Will likes to play video games, build with Legos, and do arts and crafts projects. He does well in school and has expressed an interest in working in construction, being an architect, or a working as a truck driver when he is older. He very much wants to be adopted and is looking forward to the day when he meets his adoptive family.

Legally freed for adoption, Will would fit in well in any family constellation with or without other children in the home. An out of state family will be considered for Will providing that this family can commit to helping him maintain both in person visits and virtual contact with his siblings and grandmother who all live in western MA.

Who Can Adopt?

Can you provide the guidance, love and stability that a child needs? If you're at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LGBTQ singles and couples.

The process to adopt a child from foster care requires training, interviews, and home visits to determine if adoption is right for you, and if so, to help connect you with a child or sibling group that your family will be a good match for.

To learn more about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at 617-964-6273 or visit [www.mare-inc.org](http://www.mare-inc.org). The sooner you call, the sooner a waiting child will have a permanent place to call home.

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# LEGALS

(SEAL)  
**TRIAL COURT OF  
MASSACHUSETTS  
THE SUPERIOR COURT  
Worcester Superior Court  
225 Main Street  
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01608  
Case No. 2085CV01029  
ORDER OF NOTICE  
BY PUBLICATION  
James E. Carey and  
Vladimir Thermilus, Plaintiffs,  
vs.  
Persons, if any, unascertained,  
Not in being, unknown who may  
Be heirs, devisees, appointees or  
Persons claiming under  
Averaldo Lomi, Defendants.**

TO: all unknown and unascertained persons who may be heirs, devisees, appointees, or persons claiming under the late **Averaldo Lomi**, late of Lincoln, Rhode Island.  
WHEREAS a civil action has been begun against you in our Superior Court by **James E. Carey** and **Vladimir Thermilus** wherein the Plaintiffs are seeking to quiet title and thereby extinguish any hypothetical adverse claim that the heirs of the late Averaldo Lomi could assert with respect to a portion of the real property owned by the Plaintiffs known as 11 and 13 Champlain Avenue, Blackstone, Massachusetts, arising from the omission of lots 317 and 318 in a deed from Averaldo Lomi to James E. Carey dated August 7, 1989, recorded with the Worcester County Southern District Registry of Deeds at Book 12262, Page 371.  
We **COMMAND YOU** if you intend to make any defense, that on 3/5/2021 or within such further time as the law allows you do cause your written pleading to be filed in the office of the Clerk of Court named above, in said Commonwealth, and further that you defend against said suit according to law if you intend any defense, and that you do and receive what the Court shall order and adjudge therein.  
Hereof fail not, at your peril, or as otherwise said suit may be adjudged and orders entered in your absence.  
It appearing to this Court that no personal service of the Complaint has been made on the defendant a deputy sheriff having made a return on the summons that after diligent search he can find no one upon whom he can lawfully make service, a copy of which is hereto attached and made part of this notice, it is ORDERED that notice of this suit be given to them by publishing, once a week for three successive weeks, the last publication to be at least 20-days before said return day in the: Blackstone Valley Tribune  
January 8, 2021  
January 15, 2021

**NOTICE OF  
MORTGAGEE'S SALE  
OF REAL ESTATE**  
Premises: 32-34 Fowler Road, Northbridge, Massachusetts  
By virtue and in execution of the Power of Sale contained in a certain mortgage given by Dyanna L. Rondeau to Sovereign Bank, said mortgage dated October 12, 2004, and recorded in the Worcester County (Worcester District) Registry of Deeds, in Book 35011 at Page 38 and now held by Santander Bank, N.A., fka Sovereign Bank, for breach of the conditions in said mortgage and for the purpose of foreclosing the same, will be sold at Public Auction on **January 25, 2021 at 11:00 AM Local Time** upon the premises, all and singular the premises described in said mortgage, to wit: That certain piece or parcel of land, and the buildings and improvements thereon:  
In the Town of: Northbridge  
County of: Worcester  
And State of Massachusetts  
And being more particularly described in a deed recorded in Book 18497, Page 270 of the Worcester County, City of Northbridge which property is more commonly known as 32 34 Fowler Rd, Northbridge, MA 01534.  
More particularly described in said deed as:  
The land and buildings situated on the westerly side of Fowler Road, the road leading from the Village of Rockdale, so-called, to Northbridge Center, in the Town of Northbridge, in Worcester County, bounded and described as follows:  
Parcel 1  
BEGINNING at the northeasterly corner of the premises, it being the southeast corner of Lot #1 as shown and designated on a plan of land entitled, "Plan of Building Lots for Samuel Fowler, Rockdale, Northbridge, Mass., 1899" by H.H. Browning, Civil Engineer, Worcester, Mass., recorded with the Worcester District Registry of Deeds, Book 1599, Page 655;  
THENCE westerly by Lot #1 to southeast corner of Lot #12 on said plan;  
THENCE southerly by Lots #11 and #10, 75 feet to a point;  
THENCE easterly 159.1 feet to a point on said road which point is 75 feet southerly measured on west line of said

road, from the point of beginning;  
THENCE northerly by said road to the point of beginning.  
Said Tract being Lot #2 and north half of lot #3 on said plan.  
Parcel 2  
Beginning at a drillhole in a stone bound at the northeasterly corner of land now or formerly of one Brown;  
THENCE westerly by land of said Brown 173 feet to a stone bound, it being the northeasterly corner of Lot #12 on the plan of land referred to in parcel 1 above;  
THENCE southerly by Lot #12 on said plan 46 feet to Lot #2 on said plan;  
THENCE easterly by said lot #2 163 feet to said road to Northbridge Center;  
THENCE northerly by said road 80 feet to the point of beginning.  
Parcel 2 containing 10,332 square feet more or less.  
The description of the property that appears in the mortgage to be foreclosed and more particularly described in deed recorded in Book 18497, Page 270 of the Worcester County (Worcester District) Registry of Deeds shall control in the event of a typographical error in this publication.  
For Mortgagor's Title see deed dated April 30, 1994, and recorded in Book 18497 at Page 270 with the Worcester County (Worcester District) Registry of Deeds.  
TERMS OF SALE: Said premises will be sold and conveyed subject to all liens, encumbrances, unpaid taxes, tax titles, municipal liens and assessments, if any, which take precedence over the said mortgage above described.  
FIVE THOUSAND (\$5,000.00) Dollars of the purchase price must be paid by a certified check, bank treasurer's or cashier's check at the time and place of the sale by the purchaser. The balance of the purchase price shall be paid in cash, certified check, bank treasurer's or cashier's check within sixty (60) days after the date of sale.  
Other terms to be announced at the sale.

BENDETT & MCHUGH, PC  
270 Farmington Avenue  
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Attorney for Santander Bank, N.A. fka  
Sovereign Bank, FSB  
Present Holder of the Mortgage  
(860) 677-2868  
  
January 1, 2021  
January 8, 2021  
January 15, 2021

**NOTICE OF  
PUBLIC HEARING**  
In accordance with the provisions of M.G.L Ch. 40A, Section 11, and Chapter 179, Section 47 of the Northbridge Zoning By-laws, the Northbridge Zoning Board of Appeals will hold a public hearing on Thursday, **January: 14, 2021 at 6:35 P.M. VIA ZOOM - Join Zoom Meeting: 1929 .205 6099 US (New York) https://zoom.us/j/94051787845?pwd=UnpDazhKUXE:iOVJPekdsQVR-rUUpFQT09 Meeting ID: 976 4930 0574 Passcode: 585447**  
To consider the application from Kathleen Malkasian-Roberts, 564 Church St., Whitinsville, MA 01588 for a Variance (20-V-20) pursuant to Article X, Section 173-48, 173-19 Table of Area Regulations in order to allow the applicant to convey a small portion of land to the neighbor to correct the encroachment, in partoufolar, the applicant requests a variance to allow the Jot size to be reduced. The property is shown on Assessor's Map 14 as Parcel 88, is located in a Residential -3 zoning district and is owned by Kathleen Malkasian-Roberts. LLC. The purpose of this hearing is to provide an opportunity for pu.blic comment. Anyone wishing to be heard regarding this matter should attend said meeting at the time and place designated. A copy of the petition is available for review by appointment at the office of the Town Clerk and Zoning Board of Appeals Office and may be reviewed during normal business hours.  
  
Douglas Curving,  
Chairman Northbridge  
Zoning Board of Appeals  
January 8, 2021  
January 15, 2021

**Commonwealth of Massachusetts  
The Trial Court  
Probate and Family Court  
Worcester Division  
Docket No. WO20P3565EA  
Estate of:  
James E Madigan  
Date Of Death: September 26, 2020  
NOTICE OF  
INFORMAL PROBATE**  
To all persons who have or may have some interested in the above-captioned estate, by Petition of Petitioner **Lillian M Madigan of Northbridge MA** a Will has been admitted to informal probate.  
**Lillian M Madigan of Northbridge MA** has been informally appointed as the Personal Representative of the estate to serve without surety on the bond. The estate is being administered under informal procedure by the Personal

Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.  
January 15, 2021

**LEGAL NOTICE  
MORTGAGEE'S SALE  
OF REAL ESTATE**  
By virtue of and in execution of the Power of Sale contained in a certain mortgage given by Richard P. Lotfy to Mortgage Electronic Registration Systems, Inc., as mortgagee, acting solely as a nominee for IndyMac Bank, F.S.B., dated May 12, 2006 and recorded in Worcester County (Worcester District) Registry of Deeds in Book 38967, Page 279 (the "Mortgage"), as affected by a Land Court Judgment dated June 26, 2018, and recorded at said Registry of Deeds in Book 59173, Page 102, which equitably assigns the mortgage to Wilmington Trust, National Association, as Successor Trustee to Citibank, N.A., as Trustee for Bear Stearns ALT-A Trust, Mortgage Pass-Through Certificates, Series 2006-4 of which mortgage Wilmington Trust, National Association, as Successor Trustee to Citibank, N.A., as Trustee for Bear Stearns ALT-A Trust, Mortgage Pass-Through Certificates, Series 2006-4 is the present holder by Assignment from Mortgage Electronic Registration Systems, Inc., as nominee for IndyMac Bank, F.S.B. to IndyMac Bank, FSB as Trustee under the Pooling and Servicing Agreement Series BSALTA 2006-4 dated July 20, 2007 and recorded at said Registry of Deeds in Book 42172, Page 22, and Assignment from Mortgage Electronic Registration Systems, Inc., solely as nominee for IndyMac Bank, FSB to Citibank, N.A., as Trustee for Bear Stearns ALT-A Trust 2006-4 dated July 23, 2010 and recorded at said Registry of Deeds in Book 46416, Page 361, and Order of the Land Court Judgment dated June 26, 2018 recorded at said Registry of Deeds in Book 59173, Page 102 which equitably assigns the mortgage to Wilmington Trust, National Association, as Successor Trustee to Citibank, N.A., as Trustee for Bear Stearns ALT-A Trust, Mortgage Pass-Through Certificates, Series 2006-4, for breach of conditions of said mortgage and for the purpose of foreclosing the same, the mortgaged premises located at 145 Hazel Street, Uxbridge, MA 01569 will be sold at a Public Auction at 3:00 PM on February 11, 2021, at the mortgaged premises, more particularly described below, all and singular the premises described in said mortgage, to wit:  
The land with the buildings thereon, at 145 Hazel Street, Uxbridge, Worcester County, Massachusetts, situated on the north side of Hazel Street containing one acre, more or less and described as follows: Beginning at the southwesterly corner of the premises at land now or formerly on one Tommey; Thence N. 2 degrees 15' W., twenty (20) rods with the land of said Toomey to the northeast corner thereof; Thence S. 71 degrees E., Eight (8) rods to stake and stones; Thence southerly with a line parallel with the first line, twenty (20) rods, more or less, to the northerly line of said street; Thence westerly with said street, eight (8) rods, more or less, to the place of beginning. For title reference see Deed recorded herewith, Book 38967 Page 278.  
For mortgagor's title see deed recorded with the Worcester County (Worcester District) Registry of Deeds in Book 38967, Page 278.  
The premises will be sold subject to any and all unpaid taxes and other municipal assessments and liens, and subject to prior liens or other enforceable encumbrances of record entitled to precedence over this mortgage, and subject to and with the benefit of all easements, restrictions, reservations and conditions of record and subject to all tenancies and/or rights of parties in possession.  
Terms of the Sale: Cashier's or certified check in the sum of \$5,000.00 as a deposit must be shown at the time and place of the sale in order to qualify as a bidder (the mortgage holder and its designee(s) are exempt from this requirement); high bidder to sign written Memorandum of Sale upon acceptance of bid; balance of purchase price payable by certified check in thirty (30) days from the date of the sale at the offices of mortgagee's attorney, Korde

& Associates, P.C., 900 Chelmsford Street, Suite 3102, Lowell, MA 01851 or such other time as may be designated by mortgagee. The description for the premises contained in said mortgage shall control in the event of a typographical error in this publication. Other terms to be announced at the sale.  
Wilmington Trust, National Association, as Successor Trustee to Citibank, N.A., as Trustee for Bear Stearns ALT-A Trust, Mortgage Pass-Through Certificates, Series 2006-4  
Korde & Associates, P.C.  
900 Chelmsford Street  
Suite 3102  
Lowell, MA 01851  
(978) 256-1500  
Lotfy, Richard P., 15-022588  
January 15, 2021  
January 22, 2021  
January 29, 2021

**Commonwealth of Massachusetts  
The Trial Court  
Probate and Family Court  
Worcester Division  
Docket No. WO20P3642EA  
Estate of:  
Paul E. Lamontagne  
Date Of Death: November 1, 2020  
NOTICE OF  
INFORMAL PROBATE**  
To all persons who have or may have some interested in the above-captioned estate, by Petition of Petitioner **Marie J. Lamontagne of Douglas MA** a Will has been admitted to informal probate.  
**Marie J. Lamontagne of Douglas MA** has been informally appointed as the Personal Representative of the estate to serve without surety on the bond. The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.  
January 15, 2021

**Commonwealth of Massachusetts  
The Trial Court  
Probate and Family Court  
Worcester Division  
Docket No. WO20P3644EA  
Estate of:  
Robert R. Lamontagne  
Date Of Death: November 18, 2020  
NOTICE OF  
INFORMAL PROBATE**  
To all persons who have or may have some interested in the above-captioned estate, by Petition of Petitioner **Marie J. Lamontagne of Douglas MA** a Will has been admitted to informal probate.  
**Marie J. Lamontagne of Douglas MA** has been informally appointed as the Personal Representative of the estate to serve without surety on the bond. The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.  
January 15, 2021





# REAL ESTATE



**Jules Lusignan**



**T.A. King**



**Maureen Cimoch**



**Ellen Therrien**



**John Kokocinski**



**Adrienne James**

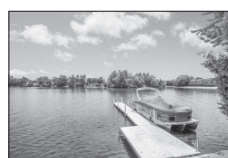


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**WEBSTER LAKE** – 7 Cedar Drive! Middle Pond! 8 Rm English Tudor across the street from w/Direct Waterfront Lot – Full Lake Access! Offering the Option of an In-Law Apartment or Plenty of Room for Family & Friends! Entry Foyer enters from 3 Sides w/locked door access into the house, stairway to the lower level In-law and the convenience of a Half Bath! The 1st Floor features Applianced Kit w/Breakfast Bar, Open Floor Plan – Frp'd Beamed Cathedral Ceiling Great Rm (Dining & Living Rms), Comfortable Bdrm & Hall Full Bath w/Laundry! Upstairs to the Spacious Master w/Master Bath & Slider to Lake View Deck! Additional Bdrm w/Built-ins! Lower Level with 2nd Kitchen, Open Dining & Living Area w/Brick Hearth, Full Bath & Possible (4th) Bdrm! Central Air! Huge Carport! Detached 3 Car Garage! Lakefront Lot w/Deck, Concrete Patio & Boat Dock! Take Advantage of the Low Interest Rates & make this House Your Home! Summer's Just Around the Corner! **\$489,900.00**

**WEBSTER** – 6 Nicholas Circle! 8+ Rm Center Hall Colonial! 1.22 Acres! Sought After Neighborhood! Great Commuter Location Accessible to Many Major Routes! Spacious Stainless Steel Applianced Cabinet Packed Eat-in Kitchen & Formal Dining Rm! 23 x 24 Frplace Family Rm w/Cathedral Ceiling & Slider to the Huge Deck! Front to Back Living Rm! 1/2 Bath w/Laundry Closet! The 2nd Floor You'll Find the Comfortable 12X17 Master w/Walk-in Closet & Full Bath w/Linen Closet! 2 Additional Bedrooms plus an Office/Nursery/Bedroom all w/Ample Closets! 2nd Full Bath off the Hall w/Linen Closet! 2.5 Total Baths! Lower Level Ideal for Storage or Future Expansion! 2 Car Garage w/Electric Openers w/Dble Door Entry to the Basement for Moving Larger Items aka Boys Toys! 2 Z Oil Heat, 2 AC, Separate Oil Water Heater! Irrigation! Don't Delay! **\$418,900.00**

**DOUGLAS** – 102 SE Main St! Start Packing! Spacious 9 Rm Colonial! 2.23 Acres! Center Island Granite Kit w/Soft Close Cabs, SS Appliances! Slider to 24' Deck! Open Floor Plan! Hickory Wood Floors throughout the Kit, Din & Liv Rms, all w/Recessed Lighting! 1st Flr Office or Possible 4th Bdrm w/Oak Hrdwd Flr! Full Bath in the Hall! 2nd Flr w/Full Dble Vanity Bthrm & 3 Comfortable Bdrms, all w/Beautiful Wood Laminate Flrs! Master w/Cathedral Ceiling, Skylight, Ceiling Fan, Bay Window overlooking the Back Yard and a Master Bath! Lower Level w/2 Finished Rms, Utility Rm w/Laundry and Half Bath! 3.5 Baths Total! Recent C/Air, Heat & Roof! 2x26 2 Car Detached Garage! Huge Shed! Nearby Nature Trails & Wallum Lake Beach! **\$379,900.00**



**WEBSTER LAKE** – 112 Gore Rd! NORTH POND! Sucker Brook Cove! 8 Rm, 3 Bdrm, 1.5 Bath Ranch is Ready for You! Southwestern Exposure! Gorgeous Sunsets! Unique Waterfront! An Open Floor Plan! Lake Views from Nearly All Rooms! 2x6 Construction! Energy Efficient Blinds in Every Room! 4 Oil Tanks - Fill Up Once a Year! C/Air! Gas Fireplace! Whole House Fan! Meticulously Cared For! Large workshop! 3 Car Garage! Carport! 2 Sheds w/Electric! Back Yard is Perfect for Family Gatherings! Plenty of Off Street Parking! Summer is Here! **\$539,900.00**

**WEBSTER** – 55 Hillside Ave! 7 Rm, 4 Bedroom Cape! Great Highway Access! Walk to Memorial Beach! View July 4th Fireworks from your Backyard! Liv Rm w/Hrdwds, Ceiling Fan & Pellet Stove! Eat-in Kit! Fam Rm! Full Bath! 1st Flr Master w/Hrdws & Ceiling Fan! Oil Heat! Vinyl Sided! Younger Roof! Replacement Windows! Town Services! Fenced Yard! 1 Car Garage! **\$239,900.00**

**WEBSTER LAKE** – 20 Bates Point Rd! Middle Pond! Western Exposure w/Panoramic Lake Views! Beautiful Sunsets! 7 Rms, 3 Bdrms, 2.5 Baths! Recently Renovated from Top to Bottom! Move-in Ready! Professionally Landscaped! Exterior Stonework Front & Back! Open Floor Plan! 1st Level w/Huge Family Rm w/Lake View & Access out to Stone Patio, 1/2 Bath & Laundry, Travertine Tile Throughout! 2nd Level w/Custom Granite Kitchen w/Stainless Steel Appliances, Center Island w/Seating & Large Pantry! Spacious Living Rm w/Sliders to 1434 Composite Deck! Dining Area w/Water Views, Hardwood Floors Throughout, Bath w/Tiled Shower, Guest Bedroom or use as Office! Lake Facing Master Bedroom w/Walk-in Closet & Private Deck! Bathroom w/Double Sinks, Tiled Shower & Separate Tub! Comfortable 3rd Bedroom w/Lots of Storage! Level Lot w/Room for Entertaining and Enjoying All The Lake has to Offer! **\$749,000.00**

**CHARLTON** – 74 Daniels Road! Completely Renovated 9 Rm, 4 Bdrm, 2.5 Bath Gambrel w/Attached In-Law Apt! Picturesque 3.39 Acres! Deeded Water Rights to South Charlton Reservoir! Extensive Updates! House w/New Roof, Siding, Kit, Bthrms, Windows, Int Doors, Electrical, Flooring, R60 Insulation in Attic, Water Heater, Well Pump & More! In-Law w/Open Flr Plan, Kit, Bdrm w/Walk-in Closet, Full Bath w/Laundry! Both Fully Applianced! 2 New Driveways, Irrigation, AG Pool! Shed! Security! Generator Hookup! **\$489,900.00**



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### FEATURED PROPERTY!

**DUDLEY - 22 ROBERTS ROAD**  
Lovely 3 bedroom Ranch! Single door 2 car garage with storage! Eat-in kitchen. Fieldstone Fire-placed Living Room! 3 bedrooms, hardwood floors, Remodeled bathroom! Lower Level fieldstone walls/fireplace! In-ground pool! - 3.58 ACRES includes extra lot. **\$312,000.**

**OXFORD - 12 WINTER STREET**  
Home "Sweet" Home! TOTALLY Renovated! New Roof – Updated Electrical – New Heating System!! Bedroom, 1.5 Bath - 2 Story Conventional Home. Dead-End St. Rare find, Large Lot .77 Acre - Inside -Neutral Palette of Complimentary Paint Colors throughout the Entire House! Loads of Character! **\$281,000.**

**June Cazeault \* Laurie Sullivan \* Matthew Ross \* Lori Johnson-Chausse \* William Gilmore II \* Brian Bohenko**

#### THOMPSON - 5+ ACRE WATERFRONT LAND - BECOLA ROAD



**5+ Acre Waterfront Land** - on "Little Pond". Also known as Schoolhouse Pond. Private, pastoral setting. Open Field surrounded by tree line. 250+ feet waterfront-age. At the end of a Dead end road! **\$179,900**

#### N. ATTLEBORO - 523 KELLY BLVD.



**SORRY, SOLD!**  
Farmhouse style home! Sun-drenched interior! Spacious floor plan! living room, eat-in kitchen, 6 rooms total, 4 bedrooms, 2 baths! Heated by gas / hot water baseboard! Outdoor kitchen, pool! Jacuzzi tub/shower. Located just minutes from Rt 95 & 495! assisted sale **\$408,500.**

#### WEBSTER - 103 UPPER GORE RD



**SORRY, SOLD!**  
Home "Sweet" Home! TOTALLY Renovated! New Roof – Updated Electrical – New Heating System!! Bedroom, 1.5 Bath - 2 Story Conventional Home. Dead-End St. Rare find, Large Lot .77 Acre - Inside -Neutral Palette of Complimentary Paint Colors throughout the Entire House! Loads of Character **\$281,000.**

#### LAND WEBSTER/OXFORD/DUDLEY/DOUGLAS

**Oxford** - 4 Leicester St - Approx. 8.47 ACRES! River Front-Possible to be Subdivided! **\$89,900**  
**Webster** - Upper Gore w/View of the Lake! 1+ Acre! Artesian Well, Septic Design & Conservation - DONE. **\$115,000.**  
**Webster** - Cooper Road 2 Buildable Lots! Water & Sewer Access. Zoned Lake Res! **Each \$24,500.**  
**Douglas-Mount Daniels** 2.5 Acres abuts Douglas State Forest! **ON DEPOSIT! \$132,900**

#### OXFORD - 4 SPICEBUSH LANE



**SORRY, SOLD!**  
One level living with added 35 x 18 finished walk-out lower level. Cathedral ceilings, skylight dining, hard-wood flooring and central air. Stainless appliances w/large double oven. Over-sized 30 x 14 deck. quiet cul-de-sac! **New Price \$314,900.**

#### SOUTHBRIDGE - 14 SERVANT WAY



**SORRY, SOLD!**  
Young ranch with heated 2 car garage, 3 bedrooms, 2 bathrooms. Efficient Propane heat, central air! Open floor plan! gas fireplace! Master Suite w/bathroom, Master California Closet! assisted sale **\$279,900.**

#### OXFORD - 115 CHARLTON ROAD



**SORRY, SOLD!**  
Beautiful home set back off road providing privacy and oversized yard. Kitchen w/granite counters & abundance of cabinets. Cathedral ceilings kitchen, dining and living room. Open floor plan! large deck with large backyard through sliders in dining room. Hardwood floors! Tile baths. Master bedroom/master bath! Finished walkout lower level w/bat 2 car garage. Extras: above ground pool **\$369,900.**

#### WEBSTER - 20 KINGSBURY



**SORRY, SOLD!**  
**NEW TO THE MARKET!** Custom Sprawling Split 2800+ SF Central Air! Kitchen, Dining Room, Cathedral Ceiling Living Room, 3 Bedrooms! Granite Counters & New Flooring! New Boiler - Hot Water Tank - Oil Tank! FULL finished Level w/ Full Bath & Laundry! THERE'S MORE! 2 Car Garage, renovated to include Hydro Heat, AC & 1/2 Bath! Great for Fitness Studio, Game Room or Home School! Over 1.4 Acres! **\$360,000.**

#### WEBSTER - 52 CUDWORTH ROAD



**SORRY, SOLD!**  
1.99 ACRE INDUSTRIAL ZONED LOT! GREAT OPPORTUNITY TO LIVE & WORK FROM HOME! Amazing 1790 Antique Colonial! Undergone major updates & renovations, maintaining Antique Charm! Great Room graced by an Open Hearth Stone Fireplace! Soaring Cathedral Ceilings! **\$499,900.**

*On the shores of Lake Chargoggagogmanchauggagoggchaubunagungamaugg*

#### Webster Lake - 100 Lakeside Ave



**WEBSTER LAKE! PANORAMIC VIEWS! BEAUTIFUL SUNSETS! Extraordinary Waterfront Contemporary!** Architect designed with Lake Living in mind, Custom Built with Attention to High Quality & Detail. Outstanding open concept, water view from almost every room. Nicely situated on a .25 acre level peninsula, 180' +/- prime lake frontage! Enhanced by a all natural shoreline! All you need to live is located on the 1st floor. Grand 2 story foyer, cozy fireplace living room, gourmet kitchen, lake facing dining / formal dining room, media room & spacious 1st floor guest BR Suite w/ private bath. Incredible 2nd floor fireplace lake-facing corner master suite w/luxurious private bath, 3 more 2nd floor BRs & full bath! Something Special! **Remember, Timing Is Everything!** **\$1,075,000.**

#### Lake Shirley - 647 Reservoir Rd



**SORRY, SOLD!**  
Lakefront! Lake Shirley! Modern Flare on a Lakefront Colonial! 1st level Formal large entry foyer, living room, gas fireplace, chef kitchen, Impala black granite, center island, 3 season porch, overlooking the lake. 1st FL bedroom suite w/ shower and jacuzzi tub. 2nd floor Master Suite! Lower level Summer kitchen, full bath, game room. Crown moulding & hardwood floors throughout, wired sound system, radiant floors. oversized 2 car garage. Additional Guest House! assisted sale **\$1,040,000.**

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#### Decembers' Single Family Homes Real Estate Market

##### OXFORD

	December 2019	December 2020	Trend
Median Price	\$273,500	\$311,000	▲
Market Volume	\$3,597,000	\$5,252,154	▲
# of Homes Sold	12	16	▲
Avg Days on Market	44	26	▼

##### WEBSTER

	December 2019	December 2020	Trend
Median Price	\$281,000	\$318,5000	▲
Market Volume	\$4,100,900	\$6,199,800	▲
# of Homes Sold	11	20	▲
Avg Days on Market	63	30	▼

Contact us to find more about your neighborhood market & what your home is worth!  
Happy New Year from our family to yours!



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Hartford .major routes include 146, 20, 290,395 and Ma. Pike. Wake up ting area and experience a clear view of an incredible lake. Boat slip available. **103 Beacon Park - \$324,900**



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#### Real Estate Market is still HOT!

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# Will you choose to be a victor or victim in 2021?

Last week we spoke of the choice to make 2021 a better year and not remain stuck in our past. To act as if you have no power to change the course of your life only becomes a self-fulfilling prophecy. If we want 2021 to be a better year, we must do something to make it so.

In other words, in this new year, will you choose to be a victim or a victor?

As I've said, maybe hundreds of times in this column, it is a choice we make. We can choose to remain (or become) a victim of circumstances or choose to create a happy, hope-filled life. Which will you choose?

I was CEO of a business with a distribution center in New Orleans when Hurricane Katrina hit. It was a devastating event to the entire region and

our business, creating losses that could never be recovered. I visited New Orleans several times afterwards, and even though time had passed, and life moved on, there was a minority of the population who chose to remain living in emotional devastation. Some call it "victim syndrome." I understand that loss of loved ones, property and lifestyle is devastating. I also suffered through it. However, there is a choice to be made. You can live in the past negativity or choose to positively move forward. I'm not making light of tragedy and loss. I am, however, encouraging those who have suffered to positively move on. Rather than choosing to remain in the sorrow and pain of these past events, make a conscious and active decision to put your eyes on a brighter future. Allow optimism to give



POSITIVELY  
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GARY W.  
MOORE

you hope.

Apply the same logic to 2020, our year of pandemic, creating tragic loss and brutal politics. Our citizens have lost loved ones. We've endured the loss of businesses and careers, while suffering through financial hardships, the likes of the Great Recession and maybe the Great Depression. 2020 has passed. We now have three vaccines and more on the way. What will you choose for you and your family?

Victim or Victor?

For you "nattering naybobs of negativity," I

can see you rolling your eyes and hear you shaking your heads, saying, "Just making a choice solves nothing," and you are right. The keyword is "just." If you choose to move forward in optimism, you also must move your mind and body in the positive direction. Making the choice is only the first step, but a big one. Taking positive action is also required.

I'll leave you this week with these two truths.

Make the choice to move forward in optimism. Do not look to our government to solve your problems. Regardless of who sits in the Oval Office, they are incapable of doing for you what needs to be done. Become more self-reliant. Your heart, mind and soul feel more optimistic when you realize you have the power to build your own

reality. Create the future you wish in your mind, engage the passions of your heart, and physically act to make your vision of a positive future come true. And ...

Do not look to the government to bring us back together. There is more benefit in the minds of both red and blue leadership to keep us divided. If we are to come together to create a better nation and world, it's up to us, and it begins with creating a better personal life. We can't help others if we can't help ourselves first.

Focus this year on what you care about and feel is profoundly important. Be optimistic and stay focused. Believe this new year will be better. Not by magic but by an optimistic look forward and positive actions to make your new vision of the future, real. And remem-

ber ... success is often just a matter of hanging on after others have let go.

Optimists are happier, healthier, and more active than pessimists. Optimists positively impact those they touch and make a positive, and often profound, difference in the world.

I'm extremely optimistic about our future. You can, and should be too.

Will you join me?

Gary W. Moore is a freelance columnist, speaker, and author of three books including the award-winning, critically acclaimed, "Playing with the Enemy." Follow Gary on Twitter @GaryWMoore721 and at [www.garywmoore.com](http://www.garywmoore.com).



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For J.D. Power 2020 award information, visit [jdpower.com/awards](https://www.jdpower.com/awards). <sup>1</sup>DETAILS OF OFFER: Offer expires 2/6/2021. You must set your appointment by 1/31/2021 and purchase by 2/6/2021. Not valid with other offers or prior purchases. Buy one (1) window or entry/patio door, get one (1) window or entry/patio door 40% off, and 12 months \$0 down, 0 monthly payments, 0% interest when you purchase four (4) or more windows or entry/patio doors between 1/1/2021 and 2/6/2021. 40% off windows and entry/patio doors are less than or equal to lowest cost window or entry/patio door in the order. Additional \$50 off each window or entry/patio door, no minimum purchase required, taken after initial discount(s), when you set your appointment by 1/31/2021 and purchase by 2/6/2021. Military discount applies to all active duty, veterans and retired military personnel. Military discount equals \$300 off your entire purchase and applies after all other discounts, no minimum purchase required. Subject to credit approval. Interest is billed during the promotional period, but all interest is waived if the purchase amount is paid before the expiration of the promotional period. Financing for GreenSky® consumer loan programs is provided by federally insured, federal and state chartered financial institutions without regard to age, race, color, religion, national origin, gender or familial status. Savings comparison based on purchase of a single unit at list price. Call for financing details. Available at participating locations and offer applies throughout the service area. See your local Renewal by Andersen location for details. License number available upon request. Some Renewal by Andersen locations are independently owned and operated. "ENERGY STAR" is a registered trademark of the U.S. Environmental Protection Agency. "Renewal by Andersen" and all other marks where denoted are trademarks of Andersen Corporation. ©2021 Andersen Corporation. All rights reserved. ©2021 Lead Surge LLC. All rights reserved.



# Save time and increase success by creating a garden calendar

Ring in the New Year is filled with resolutions that usually involve dieting and exercise. Gardening is a great way to help accomplish those two resolutions, while also improving your mood, reducing blood pressure, managing anger, maintaining flexibility and much more.

So, gather anyone that shares in your gardening efforts and landscape projects. Grab a calendar and make some gardening plans for the year ahead. Consider including a monthly project that you all can share and one that moves you closer to your long-term gardening and landscaping goals.

Start the year right by growing some microgreens. They are quick, easy and require no special equipment. Plus, recent research found that many contain as much as 25 times more nutrients as the leaves of the full-grown plant.

Take some time to inventory your current seed collection. Decide what seeds you want to keep and grow this season and those you want to pass along to gardening friends. You may choose to make seed art with older or improperly



GARDEN  
MOMENTS  
.....  
MELINDA  
MYERS

stored seeds and invest in fresh seeds that are sure to germinate.

Once you complete your inventory, review new catalogs, and make a list of seeds and plants you want to include this year. Order early for the greatest selection and availability. A recent increase in gardeners means more people shopping for the seeds and plants you want to buy.

While you wait for your seed order to arrive, prepare a space and organize supplies for starting any seeds indoors as needed. Clear a space, check your grow lights, and gather the needed seed starting mix and clean containers. Soak used containers in a one-part bleach and 9-parts water solution for ten minutes. Then rinse with clear water before reusing them this year.

Once you know what you want to grow, it is time to

create a seed starting calendar. Check the catalogue, University Extension recommendations, and back of the packet to determine when you need to start the seeds indoors or out. Include dates for starting seeds indoors and directly in the garden.

Note the recommended date for moving transplants into the garden. Add in time as needed to harden off transplants. Gradually introducing plants to the garden environment over a two-week period reduces transplant shock and increases your success.

Mark your calendar for peak harvest times in your region. Make sure to allow sufficient time for harvesting and preserving. Supplement your own harvest with produce from farmer's markets and pick-your-own farms. Most post expected picking and produce availability dates on their website, so you can plan ahead. As the season begins, confirm picking times and invite family and friends for a harvest and preservation party.

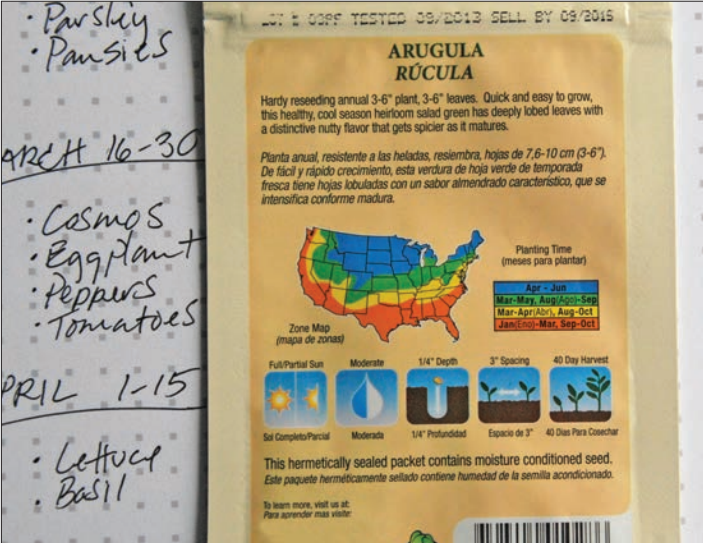
Record all this information on your calendar, garden chart or a spreadsheet

Melinda Myers  
**Check the back of the seed packet to determine when to start seeds indoors and when to move the transplants into the garden.**

to help keep your gardening efforts on track. This will also help you identify the best time to embark on larger landscaping projects or hire a plant sitter when you are away from the garden.

Make this the year you resolve to accomplish your gardening goals in a timely manner. You'll maximize your harvest, enjoyment, and other gardening benefits.

Melinda Myers is the author of more than 20 gardening books, including Small Space Gardening. She hosts The Great Courses "How to Grow Anything" DVD series and the nationally-syndicated Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine and her Web site is [www.MelindaMyers.com](http://www.MelindaMyers.com).





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