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Friday, October 2, 2020

Local Boy Scout bolds food drive



Photo Courtesy

Charlton Boy Scout Cameron Bodamer with just a portion of the 1,800 pounds of food collected at his two-day food drive to benefit the Southbridge Food Share.

BY JASON BLEAU VILLAGER CORRESPONDENT

CHARLTON – Many times, Boy Scouts choose construction projects, nature initiatives or similar endeavors for their Eagle Scout projects but one local scout decided to take the opportunity to help those in need by organizing a food drive for his project in 2020.

Cameron Bodamer, a member of Charlton Boy Scout Troop #338, organized a successful food drive at Big Bunny Market on Sept. 19 and 20 collecting nearly 2,000 pounds of food to benefit the Southbridge Food Share who serve the towns of Charlton, Southbridge and Sturbridge among other communities. Bodamer said he was inspired to hold the drive for his project when he sought to do something with a larger impact than a traditional construction project and thought a food collection during a difficult economic time and pandemic would serve the greatest need.

"I always wanted to give back to the community and just building a shed or something like that wouldn't really give as much over a longer period of time. The Southbridge Food Share helps the community I live in as well as others like

Please Read CAMERON, page A3

Dowd to serve as interim Police Chief

BY JASON BLEAU VILLAGER CORRESPONDENT

CHARLTON–With the recent announcement that Charlton Police Chief Graham Maxfield would retire effective Oct. 1, Town Administrator Andrew Golas confirms that an interim chief has been named and that the town is currently in a waiting period to determine exactly how they will hire a new leader for the department.

Charlton Police Lt. Daniel Dowd was named the interim chief as he is the second in command for the department and would naturally fill the post in the chief's absence. However, the permanent replacement for Chief Maxfield may be a few months away. Town Administrator Golas said that following a vote last year removing the chief position from civil service the town is awaiting confirmation of a bill on the state level to allow the Board of Selectmen the power to determine their own pick for a new hire.

"Last year, the town voted to takes the chief position out of civil service. The civil service process essentially mandates that the town conduct an assessment type test to evaluate candidates that are interested in the position and choose the person who scores the highest on that assessment. There is really not a lot of flexibility with that process and it forces the town to choose the individual that just scores the highest on the test," Golas explained. "The town's move last year was to petition the legislature to allow the town to basically fill the chief vacancy in any manner the Board of Selectmen deems appropriate."

The bill still needs to pass the House and be signed by the governor, but recently received approval from the Senate. Golas said the town is waiting to receive approval to begin its search for a new chief. For now, the selectmen and Golas feel comfortable with Dowd in the lead role. Golas confirmed that selectmen plan to hire from within the department when the time comes.

"The other process that was in place would have basically forced us to hold the test for anybody who was interested and if the person who scored the highest was someone the Board of Selectmen didn't want in the position they would have had to have an allowable reason as to why they weren't appointing that individual. It was much more of a process that was very antiquated, and the town wasn't interested in following anymore." said Golas.

lowing anymore," said Golas. The Town Administrator said Chief Graham Maxfield will be sorely missed and credited the chief with bringing the department to "professional standards" and setting the department up for a promising future.

Local Businesses support public safety building

BY JASON BLEAU VILLAGER CORRESPONDENT

CHARLTON — In merely a week's time, the Charlton Public Safety Building Capital Campaign announced four donations from local businesses adding to the \$309,000 pledged to the project as of August 2020. Starting on Sept. 10, members of the Charlton Public Safety Building Steering Committee began announcing a series of financial commitments to help offset the cost of the \$28.5 million project which is slated to go before the voters during the national election in November. In August it was announced that the Hyde/ Dexter-Russell Charitable Foundation had committed \$309,000 to the project pending its approval, surpassing the \$200,000 benchmark set by the steering committee. Not that number has grown as a total of \$36,000 in financial donations was announced in September.

The first business confirmed to donate to the cause on Sept 10 was Cornerstone Bank, which committed \$2,500 to the initiative. Southbridge Credit Union followed a day later with a \$5,000 pledge while Ted's Package Store was announced as a donor of \$3,500 a few days later. However, the biggest donation came from Camosse Masonry, which donated \$25,000 to the project. The announcements were made through a series of social media posts on Facebook where the steering committee has worked hard to commit to public outreach about the project.

Those seeking more information about the Charlton Public Safety Building Project can visit charltonpublicsafetybuilding.com. Voters will have their say on the initiative on Nov. 3, when it will be included on the Presidential Ballot.

Quinebaug Masonic Lodge thriving after 162 years

SOUTHBRIDGE - On Saturday, Sept. 26, a small group of family, lodge members and friends gathered at Quinebaug Masonic Lodge in Southbridge to celebrate the installation of officers for the 2021 Masonic year. COVID-19 social distancing and masks are mandatory. Wow, 162 years and Quinebaug Masonic Lodge is still around and thriving. Chartered in 1859 Quinebaug Lodge has been in this community for an unbelievable 162 years thanks to the strong bond of Freemasonry and family-oriented men. Let me tell you a little bit of history about how Quinebaug Masonic Lodge was started.

The Quinebaug Lodge of Ancient Free and Accepted Masons was first organized on the second floor of Salem Town's house in Charlton Massachusetts. The lodge was granted a charter by Paul Revere, and on March 14, 1796 formed into Fayette Lodge. This lodge served members from our surrounding community of Dudley, Charlton and Sturbridge and parts that would form into Southbridge.

On Dec. 7, 1859 S.A. Drake, a prominent businessman, along with fellow Masons were giving special dispensation to organize a new lodge in Southbridge. The new lodge was named Quinebaug Lodge and at the time had 40 members, most of them prominent citizens from Southbridge.



sary in this building on Dec. 7, 1934. The Masonic building was sold back in 1960 and the lodge would hold its meetings in the basement of the Central Baptist Church, until a new permanent place was found. Quinebaug Masonic Lodge eventually found its new home on October 13, 1969 on Ashland Avenue and held its first meeting and is thriving to this day.

For history buffs Jacob Edward Library has all kinds of information of the history of Southbridge and Freemasonry which had a huge part in this community. It was the big names in businesses, such as Ammidown, Child, Wells, Dresser that brought not only some of the country's largest business to Southbridge but also Freemasonry, and would be the fathers of Quinebaug Lodge of Freemasons and its traditions. What we do know is that after 162 years the Quinebaug Masonic Lodge of Freemasons have continued to make good men better.

Our members are immensely proud of the deep tradition the lodge continues to hold true,

we are enormously proud of the next generation of officers to hold the honorable positions and to continue these long-lasting traditions going into the future.

Photo Courtesy

Fayette Lodge. This lodge served members from our surrounding community of Dudley, Charlton and Sturbridge and parts that would form into Southbridge. Back row from left to right: Wor. Mike Sgariglia, Bro. William Belanger, Wor. Chris Kanz, Bro. Eric Langevin, bistrict Deputy Grand Marshal Anselme Maxime, District Deputy Grand Master RW. James J. Gonyea, Master Masonic Lodge in Boston and Grand Pursuivant Bro. Bob St.Cyr of the Grand Masonic Lodge of Boston. Masonic Lodge in Boston and Grand Pursuivant Bro. Bob St.Cyr of the Grand Masonic Lodge of Boston.

> The lodge would hold its first official meeting a week later with Chester A. Dresser as the lodges first Worshipfull Master and S.A. Drake as treasurer. On March 14, 1905, rooms at the Chester A. Dresser house which stood

at the time at the corner of Main and Central street in Southbridge, were dedicated to the Quinebaug Masonic Lodge. Afterwards the building would be known as the Masonic Building, and the lodge observed its 75th anniver-



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QCC president decries marginalization at **Barton Lecture**

QCC president decries marginalization at Barton Lecture

WORCESTER -Advocating for the under-privileged and underserved has been a hallmark of Quinsigamond Community College President Dr. Luis G. Pedraja's career. Dr. Pedraja was the recent keynote speaker at Southern Methodist University's Perkins School of Theology Barton Lectureship. He spoke on the multiple pandemics plaguing our society in a webinar, "Living in the Margins: Equity, Education, and Theology in the Age of Pandemics.³

The Roy D. Barton Lectureship was established in 1995, to honor Dr. Barton for his service to the seminary and his service to the Hispanic United Methodist Church. Through these lectures, participants have heard from the leading Hispanic/Latino scholars in theological education and church leaders who have made a significant impact on the Hispanic/Latino church and beyond.

"I had the pleasure of working with Roy and considered him a colleague and a friend," said Dr. Pedraja, who taught religion, philosophy, and theology at SMU from 1994-2000.

Dr. Pedraja's webinar defined and explored the topic of the "margins," as it relates to economic gaps, changes in ethnic and racial demographics, and the roles of the Church and higher education in the new decade. He focused on the historic racism that has plagued society and looked at racism through the lens of education, addressing issues such as underfunding K-12, diminished resources, lack of educational role models, legacy of segregation, criminalization and labeling, high stakes tests, cost of education and underfunding of minority serving institutions.

These barriers and many others contribute to the growing equity gap in colleges," he said.

He used the example of the higher education equity gap in Massachusetts, a state known for its contributions to

higher education. "The college attainment gap between white females and Latino males exceeds 40%. These gaps are not accidental, they are the result of a broken education system that intentionally marginalizes segments of the population," Dr. Pedraja said, noting the declining state investment in public and higher education for educational institutions that cater to the under-served populations.

Today, community colleges serve close to 50 percent of all undergraduates in the nation and serve more than 30 percent of minority populations. Dr. Pedraja added that at QCC, the minority percentage is 40 percent, higher than any other population sector yet in terms of state funding, all 15 community colleges in the Commonwealth only receive 25% of state funding allocation.

"We educate the most, yet we get the least support," he said.

Addressing why these equity gaps should matter to society, Dr. Pedraja said that beyond the immorality of continuing to allow this to persist, in the aftermath of the pandemic if this continues, the economic gap will continue to grow.

"Education is essential to economic and social stability. In order to dismantle marginalization, we must be as

people are in need of food and other resources that are hard to get in these not. Right now, it's important to give

CAMERON

continued from page A1

Southbridge and Sturbridge," Bodamer said. "Big Bunny Market were very accommodating. We went in with a goal of 500 pounds and we tripled that to over 1,800 pounds.'

Big Bunny Market was the only store that allowed Bodamer to set up for a collection as many businesses are adhering to strict COVID-19 restrictions. Bodamer said he received plenty of help from his fellow scouts who all filled bags from their own neighborhoods or volunteered their time to hand out fliers and work the collection site during the two-day drive. It took three vehicles to transport the food which is expected to provide for hundreds of families throughout the region.

Bodamer hopes to see others donate their time and efforts to help local food banks especially as the pandemic continues to impact peoples' livelihoods and income.

times. Even if you are fortunate and have everything, other people might back and I'm thankful for all the support this project received," said Bodamer.

Real Estate **CANSACTIONS**

CHARLTON

\$440,000, 19 Smith Rd, Tittle, David W, and Tittle, Susan M, to Gaudet, Michael P.

\$425,000, 63 Smith Rd, Foskett, Michael C, and Foskett, April L, to

Dos-Santos, Josue R. \$95,000, Jennings Dr, Gair LLC, to Prop Solutns RE& Cntrcting.

intentional as those who marginalize others. Our task is to equitably and manner. continually expand our notion of 'we' until we include those that we define as 'they," he said. "The equity gaps that exist in our society must be acknowl-

even in theology.' For more information about QCC contact Josh Martin, Director of Institutional Communications at 508-854-7513 or jmartin@qcc.mass.edu.

edged and dismantled in education and



ACCURACY WATCH The Charlton Villager is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate

reporting, mistakes can occur. Confirmed fact errors will be corrected at the top right hand corner of page 3 in a timely

If you find a mistake, email news@stonebridgepress.news or call (508) 909-4106 during normal business hours. During non-business hours, leave a message in the editor's voice mailbox. The editor will return your phone call.



Rick & Julie Mammay October 3, 1970



If you see this cute couple around town, please say "Happy 50th Anniversary!"



Hi! My name is Gianna and I am up for adventures! Gianna is an outgoing and friendly

girl of African American and Caucasian

descent. Though she is quiet when she

first meets people, she is sweet, friendly and funny with a great sense of humor! Gianna is very interested in gymnastics, running and walking 5K's, and

cheerleading. Gianna's social worker describes her as a resilient child who is

Gianna has attended weekend sleep

away retreats with her sister through the

sibling connections programs on a few

occasions and has enjoyed this oppor-

tunity. Any opportunity to spend time

with her sister is enjoyed and anticipat-

ed greatly by Gianna. She is supported

by an IEP in school and has developed

some very close relationships with her

very determined and kind hearted.

"Especially with COVID, a lot of

\$30,000, 192 City Depot Rd, Hilary S Platts RT, and Wozniak, Linda, to Elliott P Burlingame& Sons.

Town Of Brimfield – Town Job Posting PLANNING BOARD CLERK

This position requires the successful application to be responsible for the following:

- · Attend a minimum of one evening meeting monthly
- Record, deliver, and post agendas and minutes of all meetings in timely manner
- Post and mail legal notices for meetings and public hearings as required by MGL
- · Coordinate with Chairman and members for general preparation prior to meetings
- · Monitor both physical and electronic mail as well as voicemail notifying Chairman as appropriate
- Research and tasks as assigned by the board
- · Ensure adherence of MGL for all duties
- Other duties as assigned
- Minimum Qualifications:

The successful applicant shall have:

- Excellent organization, comprehension, writing, and

minute-taking skills - Good sense of urgency and be cognizant of deadlines

- Good computer skills including email, internet, Microsoft Office 365 including but not limited to MSWord and MSExcel experience

- Familiarity with open meeting law, MGL, zoning bylaws, and Planning Board activities a plus

This position is offered at an hourly rate of \$16.65 for up to 15 hours per month.

Interested individuals are asked to apply by sending a letter of interest and resume to the

> Personnel Officer, Board of Selectmen, Town of Brimfield, 23 Main Street, Brimfield, MA 01010,

- or, you may apply by e-mail to
- selectmen@brimfieldma.org
- until position is filled. Reposted on: 9/24/2020

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Gianna Age 13

support staff there. She has begun to take great pride in her work and earned honor roll all of the past academic year. Gianna works hard in school and truly appreciates the positive feedback and recognition that she receives as a result.

Legally freed for adoption, Gianna would do best in a single-female-parent or two-female-parent home where she is the youngest or only child. She will need continued contact with her younger sister who is placed separately. Gianna loves animals and learning about how to care for them and would love to have a pet. In a future home, Gianna hopes to have her own room. Her social worker is open to exploring local families that could potentially start off as a visiting resource for her in order to build a relationship prior to place

Who Can Adopt?

Can you provide the guidance, love and stability that a child needs? If you're at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LGBTQ singles and couples.

The process to adopt a child from foster care requires training, interviews, and home visits to determine if adoption is right for you, and if so, to help connect you with a child or sibling group that your family will be a good match for.

To learn more about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at 617-6273 or visit www.mareinc.org. The sooner you call, the sooner a waiting child will have a permanent place to call home.



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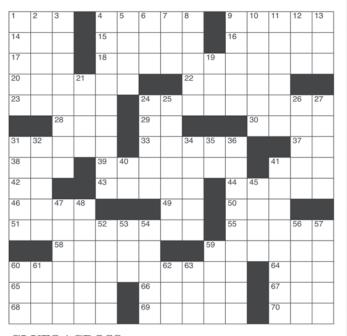
SPEAKER URGES CHANGES TO FARMING TO PROTECT CLIMATE

BY GUS STEEVES CORRESPONDENT

REGION — "We need a more indigenous relationship of honoring Earth," said psychologist and former Rodale Institute CEO Tim LaSalle. "... We can enhance everybody's livelihood, including the non-humans on this planet."

To LaSalle, that major worl-

dview change would anchor a broader way to address what he termed the "sort of desperation" many people have regarding environmental concerns. In brief, he sees a need to balance understanding the psychology of how we got where we are with changing how we get food to address "two existential crises" - soil fertility loss and climate change.



CLUES ACROSS

- 1. Part of (abbr.)
- 4. Persons
- 9. Moved with a curvying
- trajectory
- 14. Bitterly regret
- 15. Cause to feel embarrassed
- 16. Type of toast 17. Bobby __, NHL champ
- 18. Analogies 20. Mixes
- 22. Beloved flowers 23. Clinton special prosecutor
- 24. Avoids
- 28. Innermost brain
- membrane: ____ mater
- 29. Atomic #18
- 30. Remain as is 31. One who's been canonized
- 33. Indian king or prince
- 37. The Bay State
- 38. Forms adjectives

CLUES DOWN

- 1. High schoolers' dances
- 2. Style of rock music
- 3. Maryland athlete
- 4. Softened by soaking
- 5. Native Aussies
- 6. Some are on it
- 7. Clairvovance
- 8. Broken piece
- 9. Wrong
- 10. Starts over

- 39. Give off
- 41. Partner to flow 42. Biblical Sumerian city
- 43. Popular clothing material
- 44. Organism parts
- 46. Central US Native American
- people
- 49. Blood type
- 50. Wrath
- 51. Perennial tropical grass
- 55. Vetches
- 58. Buffaloes
- 59. Envelope type
- 60. Tuberculosis
- 64. Israeli city Aviv
- 65. Pops
- 66. Indo-European languages
- 67. Fiddler crabs
- 68. Large bank
- 69. Not fresh
- 70. Scientist's device (abbr.)
- 32. Type of turtle
 - 34. Leg (French)
 - 35. Indicates position 36. Self-doubt
 - 40. Of I
- - 41. Retired but allowed to retain title 45. Algerian port
 - 47. African country
 - 48. "Wayward Son" rockers
 - 52. Bring out of sleep

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"We need a whole-systems approach," he observed. "... We have to go to some of the core elements and find the leverage points to change it."

He was speaking recently on "Regenerative Agriculture: Cure for an Ailing World." The basic principle behind regenerative agriculture is that restoring soil fertility and thereby improving crop yields does not require more and better chemicals, but working with the living things that are already there. Instead of fertilizers, it calls for allowing grazing animals to leave manure, letting leaves and clippings stay on the soil, and allowing the native soil fungi, microbes and small organisms to thrive. When that happens, plants are healthier and can fend off pests without pesticides.

Those pests, he later observed, are naturally a minority: "There are thousands of beneficial insects for every one pest."

LaSalle noted regenerative methods work quickly, rebuilding soils over less than a lifetime that would otherwise take around 1,000 years per inch. In gardens, using a system called a Johnson-Su bioreactor (the plans for which are available at the www.csuchico.edu website and can be built in a basket) can restore soil fungi in around one year if kept fairly warm. After that, it only needs to be applied to the garden once or twice to inoculate the soil. What he termed symbiotic systems of plants, animals and fungi sequester carbon at a rate that's "a magnitude higher than what current science says is possible."

"It doesn't take long to bring life back" to the soil doing such things, he noted. "... It's the way Nature knows."

Event host Adam Sacks noted there's been "a good exponential curve" in public interest in regenerative agricultural practices. While that's "an extraordinary paradigm shift," it's still notably a minority in terms of farming acreage.

To him, climate is not a technological problem, but a "biological problem." Working with the animals and plants helps biodiversity recover -"all kinds of things start coming back.'

LaSalle agreed, noting that promoting the change requires reaching out to farmers who may be "climate deniers." Instead of selling it to them that way, he advocated providing evidence the change would save them money (especially on chemicals), give them healthier plants and cleaner water and better profits. Furthermore, he added, recent trials using no or far less fertilizer with regenerative methods grew the same quality of corn at lower cost than chemical-heavy methods.

As an example, he pointed to an Australian regenerative farmer who has been able to double his crop yield while also buying up acreage from nearby failing traditional farmers.

At a large scale, though, getting there requires fixing the fact that, as we've become more urbanized, we've increasingly lived in "concrete canyons lacking a real relationship with Nature," he said. Computerized culture, even in farming itself, accelerates that.

In many respects, what we see has been driven by the misuse of psychology by Madison Avenue. He noted advertisers latched onto the ideas of Freud to manipulate the public or their own profit, but some of it can be reversed.

Companies know "to have a business 20 years from now, they have to gte a handle on climate change," he said. A key part of that is turning agriculture back into a "carbon-capture system," when it now is not, and recognizing that all energy sources are sunlight-based.

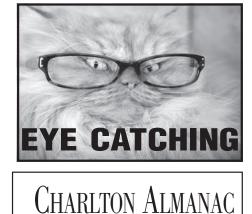
That's a reference to the fact fossil fuels are concentrated plant life of 60 million years ago, solar is current sunlight, wind is the motion of air driven by solar heat, and even nuclear power comes from atoms produced at the cores of ancient stars. Most current systems pump carbon into the atmosphere at some stage of their process, and even hydroponics won't help reduce CO2, LaSalle noted. Although hydroponics don't have the contaminants of standard agriculture, he's not sure how their crops compare to regenerative ones nutritionally, and would like to see it studied.

When asked about organic farming, he observed those soils "can be as dead or nearly as dead" as conventional farms because of tillage, which breaks up the soil communities

"Who needs to profit from this? Earth needs to profit from what we do." LaSalle asked rhetorically, adding our present culture "has been destructive of what produces life on this planet."

LaSalle's talk was the most recent of WGBH's "Life Saves the Planet" series presented by Biodiversity for a Living (www.bio4climate. Climate org).

Gus Steeves can be reached at gus.steeves2@gmail.com.



– Open to Close

CHARLTON International, LLC. and The Robert Paul Group, Inc. announce a pop-up drive in

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Pop-up drive-in to screen borror

11. Where to hang clothes						53	53. Auburn legend Newton									
12. One point north of due east						54	54. Heavy wooden shield in									
13. Gov't lawyers							ancient Greece									
19. Mass of eggs in a shellfish							56	56. Choose to represent								
21. Smile						57	57. Peace									
24. Wrap							59	59. Work hard								
25. A citizen of Iran 60						60. Reciprocal of a sine										
26. Islan	5. Island off the coast of Tanzania 61. Express delight															
	Attempts 62. Explosive															
31. Belo	ved '	'Do	ctor'	,			63	. Joi	ırnal	list T	Tarbe	ell				
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PUZZI

movie theater hosting movies every Friday, Saturday and Sunday nights throughout the month of October. The schedule consists of classic horror films from the golden age of cinema, including "Little Shop of Horrors," "Night of the Living Dead," and many others.

Located at 219 Brookfield Rd. in Charlton, 508 International is a premier action sports and entertainment venue offering a state of the art Unilumin HD LED wall to provide the best movie going experience. As a drive-in pop-up, it will be located in a forest setting with actors lurking around to turn up the haunt factor. While an immersive experience, patrons will have plenty of room around their vehicles to maintain social distance and follow the Commonwealth of Massachusetts Covid-19 protocols. Concessions will be sold on site.

said Amber Howard of 508 International. "We are sure that this safe and socially distanced drive-in experience with classic horror films will get everyone in the Halloween spirit and give people a chance to get out of the house and have fun!"

The venue will have a fully contactless check-in process to ensure the safety of guests and employees. Pre-purchased tickets are required. Tickets are \$35 per vehicle (five passengers or less). Additional passengers are \$5 more per passenger (maximum of 6 passengers per vehicle). Gate opens at 6:30 p.m. and Films begin promptly at 7:30 p.m. Schedule is rain or clear night's sky.

To see the full film schedule, purchase tickets, inquire about group sales and sponsorships please visit: www.508.Intl.com/ HorrorAtTheDriveIn.

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Charlton Elementary School							
(508) 248-7774 or (508) 248-7435							
Heritage School (508) 248-4884							
Charlton Middle School(508) 248-1423							
Shepherd Hill Regional High School							
(508) 943-6700							
Bay Path Regional Vocational Technical							
High School (508) 248-5971 or (508) 987-0326							

CHURCH LISTINGS

• Charlton Federated Church, 64 Main St. Pastor James Chase, 248-5550, Sunday worship 10:30 a.m. www.fedchurchcharlton.org • Charlton Baptist Church, 50 Hammond Hill Road, 248-4488, www.charltonbaptist.org, Sunday worship 8:30 a.m. and 11 a.m. Charlton City United Methodist, 74 Stafford St. 248-7379, web site: CharltonCityUMC.org Sunday worship and Children's church 10am • St. Joseph's Church, 10 H. Putnam Ext, 248 7862, www.stjosephscharlton.com, Saturday Vigil Mass 4:30 p.m., Sunday Mass 8 a.m. Sunday Family Mass 10 a.m., Sunday LifeTEEN Mass 5 p.m., Weekday Mass Monday, Tuesday, Thursday, Friday 8:30 a.m. • Hope Christian Fellowship, 6 Haggerty

Road, 248-5144

 Assemblies of God Southern New England District Headquarters, Route 20, 248-3771 snedag.org, Office hours Monday-Friday 8:30 a.m. to 4:30 p.m.

• Lamblight Christian Church, 37 Main Street - Grange building 1st Floor, Charlton, Ma 01507, Rev. Stephen Wade, (774) 452-2393 Pastor's Cell. Sunday Service 10:30am. www. visitlamblight.com

• New Life Fellowship A/G, SNED Chapel, 307 Sturbridge Road, Rt. 20, Charlton, MA, Sunday Worship 10:00 a.m.

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This section reaches 47,000 households in 7 Massachusetts newspapers.

Design pro Andre Mills illustrates graphics' power to persuade



Andre Mills

– Professional graphic designer, illustrator and caricaturist Andre K. Mills will illustrate graphics' power to persuade in The Communicators Club's Oct. 6 virtual event.

WORCESTER

Sometimes, words aren't enough. An often-overlooked component in raising awareness — and the personality profile — of a business and brand is through memorable graphic design. Mills will explain the power of graphics in a Zoom presentation set for noon to 1:15 p.m. Tuesday, Oct. 6. The \$10 program fee includes networking opportunities and the chance for those attending to promote their business before

the main discussion begins. A question-and-answer session will follow his talk.

Mills, a Jamaica native who majored in art at the University of Lowell (now UMass Lowell), plans to address the following areas of interest:

 \cdot Defining graphic design.

· Detailing how it's best used to convey ideas and concepts in the enterprise.

Describing the impact strong visual communication can have on people, businesses and the world-at-large.

Mills' Lowell-based digital services include logo, website and animation creation; he also draws caricatures and portraits, and commissioned work that includes T-shirt and book illustrations.

To register for the program, go to https://conta.cc/32F2dsr. For more information about The Communicators Club, visithttps://communicatorsclub. org/.

About The Communicator's Club (TCC)

Just as communications and the roles of diverse jobs within communications have morphed and expanded since the 1950s, TCC has grown and changed. The Communicators Club today is a blend of the Society of Professional Communicators (founded in 1951 as the Worcester County

Editors Council) and the former AdClub of Greater Worcester. Membership reflects twenty-first-century professional communications-advertisers, writers, editors, multimedia design and production specialists, marketers, and public relations experts—all work toward an integrated marketing approach that's crucial to success in today's marketplace. The Communicators Club's monthly programs provide professional development from industry experts, networking and other opportunities in a friendly, informal atmosphere, all online this year.

Webster First donates QCC offers innovative \$10,000 toward cancer professional development training research at UMass

WORCESTER — 2020 marks the fourth consecutive year that Webster First Federal Credit Union proudly sponsored the annual UMass Cancer Walk & Run. Every year, this event raises funds to support cancer research, clinical trials, and patient care for the UMass Cancer Center located in Worcester, where Webster First has its headquarters.

Speaking about the value and importance of supporting this cause, President/CEO Michael Lussier said, "The reality is that most of us have been personally affected by cancer whether that be our family, friends, colleagues, or even ourselves. The Webster First team wanted to show our support for the UMass Cancer Walk because we saw how it brought the community together to raise awareness and it connected with our

It is also meaningful to know that all funds raised through this event directly support clinical trials.'

The UMass Cancer Walk & Run was held Sunday. September 13th, 2020. This year, due to the uncertainties the event was held virtually. The virtual event featured special guest appearances Harris and Worcester native Ricky Duran.

About Webster First

Credit Union serves the financial needs of Essex, Middlesex, Suffolk, and in assets and serving over 77,000 members.

W O R C E S T E R - Quinsigamond Community team on an emotional level. College's Center for Workforce Development and Continuing Education (CWDCE) has launched an innovative way to cancer care, research, and deliver professional development training with a new, "all you can learn" subscription model. The CWDCE performed extensive research to discover the best way to respond to the of the coronavirus pandemic, needs of both employers and individuals working in today's digital age.

subscription-style OCC's from The Voice's Toneisha model of learning contains more than 500 unique online modules in 14 different areas of Advanced Manufacturing, as well as Webster First Federal Microsoft 365 online software services suite. Participants can choose between 30, 60, 90, 180 or 365 days of unlimited access to Worcester Counties. Founded all the training modules for a set in 1928, Webster First is one rate. Since the pandemic began, of the largest credit unions in companies have had to adopt Massachusetts with over \$1B more online practices into their current workplace practices to remain viable.

"We looked at a number of trends both locally and nationally, which resulted in some new course offerings for the fall, as well as new ways we will be offering our courses. One of the most innovative ways we have responded to the need to for workers to quickly 'skill up,' is by offering this type of learning model," said Dean of the Center for Workforce Development and Continuing Education, Kathleen Manning.

Students can mix and match between all modules to target their individual skill needs. Each module takes approximately one hour to complete and includes a pre and post assessment. Students can print out a certificate when the module is completed.

"We are moving away from the one-size-fits-all approach and are allowing individuals to design a custom program that is best suited to their individual career goals," Ms. Manning said. "This is a smarter approach in

delivering professional development training to our workforce of the future.'

QCC offered free business courses to help with online transition at the start of the pandemic, as well as a free infectious disease control course to assist companies in navigating the new workplace landscape.

"Now with these 'all you can learn' programs, there is another safe and effective way to learn new skills or increase existing skillsets," Ms. Manning continued. "Adapting to the needs of our changing world is paramount to the economic prosperity of our nation."

To learn more visit, https:// www.QCC.edu/center-workforce-development-and-continuing-education

For more information about QCC, contact Josh Martin, Director of Institutional Communications at 508-854-7513 or jmartin@qcc.mass.edu.





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Overlook earns top marks from Centers for Medicare & Medicaid Services

Medicare and Medicaid Services (CMS) introduced a program to rate the quality of care and services provided by nursing homes throughout the country.

A nursing home's overall quality rating, as recorded on the CMS Nursing Home Compare website, is based on 3 critical ratings:

1) Health care inspections

2) Quality of resident care measures 3) Staffing

In its newest set of ratings published in August, the esteemed Centers for Medicare & Medicaid Services issued the Overlook Health and Rehabilitation Center a maximum five out of five

CHARLTON — In 2007, Centers for stars—for its overall rating, placing it among the top 10 percent of best nursing homes in the country.

> In addition to its overall rating of five stars, Overlook Health and Rehabilitation Center earned five-star ratings for both its staffing and quality of resident care measures.

> The five-star rating is a seal of excellence from CMS, underscoring the high quality of health care and service standards delivered within The **Overlook Continuing Care Retirement** Community. As well, the rating serves as a valuable tool for consumers when seeking the best of the best in nursing home care.

Tameryn Campbell, President & CEO of Masonic Health System of Massachusetts and the first-ever female leader of the senior living organization, noted, "We are honored to achieve this notable accomplishment from CMS. It lets us know we are fulfilling our mission and vision of providing superior person-centered car-and providing it with passion.'

"I am especially proud of the fivestar ratings for staffing and quality measures," Campbell added. "Our team members deserve that distinction, as they work incredibly hard-especially with the COVID-19 challenges confronting our industry, nation and world."

Campbell, who joined The Overlook in 2014, has spearheaded a transformation of the organization on all levels, leading to its financial stability and desirability among seniors in the region. The turnaround also earned her recognition from the Worcester Business Journal-on an elite list of 2019 outstanding women in business.

The new CMS ratings include data for more than 15,000 senior care providers participating in Medicare, Medicaid or both. Overlook Masonic Health Center is one of 102 providers in Massachusetts to receive a five-star overall rating.

Nichols debuting new competency-based program

BY JASON BLEAU CORRESPONDENT

DUDLEY - Nichols College has launched a new program geared towards offering a new pathway towards a Bachelor's degree for non-traditional students at the Dudley school.

Called the Competency-based Education (CBE) Program, the new offering is meant to be a flexible and independent pathway towards a degree for students who have chosen to pursue their college education either years after high school or as a parttime student which is defined as "nontraditional." The program will assess the mastery of subjects by examining knowledge,

skills and abilities rather than being based on classroom time.

"With the degree requirement for more jobs growing, and the attainment rate for adults lagging, the need for Competencybased Education has never been more critical," said Kerry Calnan, Vice President for Innovation and Institutional Effectiveness at Nichols College in a press release on Sept. 21. "Nichols is committed to providing this alternative and viable pathway to help today's professionals achieve their goals."

The new program will include seven-week terms, two courses at a time allowing students to take classes at their own pace. Students will be allowed to add

new courses before the end of the term if they finish a course ahead of time. All courses will be structures for online learning with an annual subscription fee regardless of how many courses students take during the year. Students who complete the program will be awarded a a Bachelor of Science in Business Administration with a management concentration attached.

Candidates for this new program must carry a minimum of 24 college credits into the program. Academic advisors will also be made available for students. Interested potential students can learn more about the program by visiting http:// pages.nichols.edu/cbe/.

Catherine Fengler matriculates into Hamilton College

CLINTON. N.Y. Catherine Fengler, of Charlton recently matriculated as a first-year student at Hamilton College

Fengler, a graduate of Shepherd Hill Regional High School, was selected from a pool of 7,443 applicants to the college, and joins a class of 470.

Originally founded in 1793 as the Hamilton-Oneida Academy, Hamilton College offers an open curriculum that gives students the freedom to shape their own liberal arts education within a research- and writing-intensive framework. Hamilton enrolls 1,850 students from 49 states and 49 countries. information Additional about the college can be found at www.hamilton.edu.

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Shepherd Hill students recognized in National Merit Scholarship program

DUDLEY — William F. Chaplin, Jr., Principal of Shepherd Hill Regional High School, has announced that Olivia H. Cloutier and Serena J. Veilleux have been named Commended Students in the 2021 National Merit Scholarship Program. A Letter of Commendation from the school

and National Merit Scholarship Corporation (NMSC), which conducts the program, was presented to these scholastically talented seniors.

About 34,000 Commended Students throughout the nation are being recognized for their exceptional academic promise. Although these students will not continue in the 2021 competition for National Merit Scholarship awards, these Commended Students placed among the top 50,000 scorers of more than 1.5 million students who entered the 2021 competition by taking the 2019 Preliminary SAT/National Merit Scholarship Qualifying Test (PSAT/NMSQT).

being named 'Those Commended Students have demonstrated outstanding potential for academic success," commented a spokesperson for NMSC. "These students represent a valuable national resource; recognizing their accomplishments, as well as the key role their schools play in

their academic development, is vital to the advancement of educational excellence in our nation. We hope that this recognition will help broaden their educational opportunities and encourage them as they continue their pursuit of academic success."





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> FRANK G. CHILINSKI PRESIDENT/PUBLISHER

Brendan Berube Editor

Leave the signs where they stand

As the days wind down to the Presidential election, we're seeing more division than ever. Fortunately, in smaller areas such as ours, it's largely business as usual, and people on both sides can still have friendly conversations, in person that is.

The online banter and sign stealing is another story, however. We must note that sign stealing is a crime that comes with a fine of \$1,000. Stealing signs will in no way sway someone to change their vote.

Beware the division that social media can sew and intended to sew all along. If you read something, don't automatically take it as fact. There's been a veer from reality due to social media trolls, with the sole purpose of dividing the country. We are better than that, and intelligent enough to see through it. We've said it before, if you see something you disagree with online, you don't need to jump on it and chime in. Think for yourself and trust your own ability to weed out what's true and what's not. Private conversations are also best. Further, commenting on a stranger's post is absolutely useless, don't even waste your time.

It's not OK to hate another person due to their political views. If someone disagrees on policy with you, that's ok. Maybe you don't want to go to Sunday brunch with that person, but there's no need to hate. It's especially hard when you see some individuals who think that acting mean and condescending is a sign of toughness. It's not. It just means they are simply, mean and condescending.

What's interesting is that the people you see on television shouting rude comments and carrying guns as a way to intimidate, probably don't like it when someone yells back. The second amendment was not intended to be used to intimidate fellow Americans into thinking the same way that we do. We think it's safe to say that those same The positive solution is American optimism

I awoke this morning, thinking, "When pessimists pick up a brick, they throw it, but when optimists pick up the same brick, they build something positive and useful." There is much in the

news as I pen this column

about Judge Amy Comey Barrett and her spiritual beliefs. She is an enthusiastic participant in her Roman Catholic faith and that seems to offend some and frighten others. How is it we've come back to this point?

Criticize her for her rulings on the bench. Her political ideology is certainly fair game and open fir debate. Roe v Wade, the Affordable Care Act ... there are many areas of her public, professional and ideological life that can be debated, but I believe there is one area that is off limits and that's her family. And when it comes to her faith, politicians should tread very lightly. Unless her faith is leading her to break the law or have some life view that is so extreme as to be completely out of the American mainstream, which she does not ... her faith should also be off limits.

How did we get here? The ideological differences are stretching us to limits that are in danger of tearing apart the very fabric of our nation. I believe our national character is in danger of being scarred forever, and in the process, altering our very way of life. The rational majority of people across the nation must stand up and reject the violence in the streets and political vitriol that is pulling us apart.

Optimistic people do not react this way to ideological differences.

No nation in history has shared, nurtured, and prospered, with such powerful optimism as the United States of America. When people talk about 'American Exceptionalism," I believe we are talking about our optimistic spirit and positive belief in our future. I don't believe we are smarter or better than other nations, but I am certain that it has always been our optimism in our future that has propelled us into world leadership. I believe the ultimate optimism is our history of faith that has created the foundation of our constitution and is woven tightly into the fabric of our nation.

Scripture speaks of Thomas and how his doubts brought a risen Jesus to his side to proclaim, "Blessed are those who believe but have not seen." pigmentation from Haiti, as it caused them some type of psychological damage.
 G Another criticized her for not aborting a child with down-syndrome. Are there no limits? I'll not comment
 on her political leanings, but I'll fervently defend with

deep admiration, this judge, and her family for not only practicing but living out their faith.

VIEWS AND COMMENTARY FROM CHARLTON, CHARLTON CITY, CHARLTON DEPOT AND BEYOND

You can be an optimist and not like the President's choice. You can be a positive person yet disagree with this nominees' rulings from the bench, but optimistic people do not try to damage those with whom they disagree. Optimistic people enter debates believing something better will come because of the discussion. Positive people believe that others with differences of opinion can still work together for the betterment of our nation and world. An optimist will not throw bricks, damage other people's property and physically harm others over ideological differences. When an optimist has a brick in hand, they build something positive and beautiful.

I am confident that rational people on both sides of the political debate can find common ground and return our nation from the brink. I believe in American Optimism. But let me assure you that believing in optimism is only half the battle. We must rise together and demand an end to the vitriol that's tearing us apart. Both extreme sides will stand and point fingers at the other side, but I assure you, it is coming from the extremes on both sides. Those in the extremes will never admit fault, it's going to take those of us in the middle who believe this nation and our values are worth saving, to rise up without a brick in our hand and say enough is enough.

I believe it will be "American Optimism" that will save us. The silent majority of us in the middle must demand more and better from our elected officials. Write your representatives in all branches of government and on both sides of the aisle and tell them enough is enough. Right now, they are only hearing from the extreme pessimists on both sides, and as such, it is the vocal and negative minority that will drive us over the cliff unless we stop them.

Lessons from experienced investors

Those who have lived a long time have done a lot, seen a lot – and can teach us a lot. And that's certainly true when it comes to investing.

Consider some of the lessons you might learn from experienced investors:

Regulate vour emotions. In the invest-



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always something coming at us that could sound scary: political flashpoints, economic news, and even those once-in-a-generation occurrences, such as the COVID-19 pandemic. But older people may take these events in stride; in fact, baby boomers and members of the Silent Generation (born between 1925 and 1945)

ment world, there's

are coping better emotionally with the impacts of COVID-19 than younger age cohorts, according to the 2020 Edward Jones/Age Wave Four Pillars of the New Retirement study. And by keeping control of your emotions, you may be less likely to make moves such as selling quality investments with good fundamentals just because their prices have fallen in the midst of an overall market decline.

Learn from experience. By definition, the older we get, the more experiences we will have. And most people do indeed learn from experience. Investors, too, benefit from having seen and done things before. Did you chase a "hot" stock only to have found it cooled off before you bought it? Did you buy too many of the same type of investments, only to see your portfolio take a bigger hit during a downturn than it would have if you had diversified? In the investment arena, as in most walks of life, patterns emerge, and once you learn to recognize them, you can learn from past mistakes.

Know yourself. When we reach a certain age, most of us know ourselves pretty well. But you don't have to wait decades to gain this knowledge - at least not when it comes to investing. For example, you should quickly gain a good sense of your ability to withstand risk. How? Just consider how you react when the market declines sharply. If you find yourself losing sleep over your losses – even if they're just on paper – you might be taking on too much risk for your own comfort level. Conversely, if market downturns don't bother you as much as lack of growth in your portfolio, you might be investing too conservatively for your own risk tolerance. Take a longer-term perspective. When we're young, we sometimes are more inclined to desire instant gratification – we want results now. Translated into the investment world, this could mean we want to see big returns in a short period. However, despite the popular mythology, it's quite hard to turn enormous profits on investments overnight - or even over weeks or months. But as the years pass, we learn the value of thinking long-term – how investments we made years ago, and have added to steadily, are now yielding results that can help build the resources we need to reach our objectives. Don't go it alone. Some of us, when we're young, have a tendency to think we have all the answers and don't need much help in our endeavors. But age gives us the wisdom to recognize that, although we may have acquired much knowledge over the years, we can still use some help in specialized areas, such as creating a long-term investment strategy. These suggestions are appropriate for anyone - and they can help you on your journey toward your goals.



individuals, prefer when people in their own lives are kind to them. So, what gives? The hate is exhausting.

While this may be easier said than done, if you see a sign that you don't agree with, at least try to appreciate the fact that in America we have the freedom to think differently from one another, and to make it known. For example, if you drive by a sign of a person you would not vote for, just shrug your shoulders and remember the freedom that those different signs represent. A freedom that must be protected.

Judge Amy Coney Barrett, by all accounts, lives the life of a faithful believer and again, it seems to offend some and threaten others. Within twenty-four hours, her faith has been dragged through the mud and her family criticized. I read an opinion commentator who said it was wrong for her to adopt two children with different skin I believe in "American Optimism." I believe in the collective "us."

What will you do today with your brick?

Gary W. Moore is a freelance columnist, speaker, and author of three books including the award-winning, critically acclaimed, "Playing with the Enemy." Follow Gary on Twitter @ GaryWMoore721 and at www.garywmoore.com.

On the election

Extra! Extra! Read All About It! We think you're important enough to tell all our readers to turn to the Opinion pages and read your Letters to the Editor.

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We don't have a set limit, but if you keep it around 600 words or so, you're going to have a better chance at seeing all your words in print.

If you want to write a bit longer about a particular issue, maybe a guest Your Turn column is your cup of tea. If you do that, try to keep it between 700-800 words.

Remember, libelous remarks and/or personal attacks are a no-no and could lead to your letter not being published.

So, what are you waiting for? Start writing!

presiden-The tial election fast approaching was already anticipated to be corrosive to national unity prior to Justice Ginsburg's passing. Since then, the insults and threats shared even within families are hardly imaginable. In

a nation calling itself Christian, how should we respond?

If you are on social media, you've probably seen or read videos or articles by religious leaders claiming either, "You can't be a Democrat and a Catholic," or, "You can't be a Republican and a..." fill in the blank. How many times have I heard friends or parishioners privately ask me how any Christian could support one party, party leader, or another? Too many to count, that's for sure.

I think about what St. Paul and others meant by having "one mind" or "the same mind." Often, we assume that he meant we should agree on everything. Paul can't possibly have meant that, though, because he and Peter agreed to disagree—to allow Gentile Christians and Jewish Christians to live and believe two separate ways. For Christians to have "one" or the "same" mind, then, is to have the same mind



that was in Christ Jesus (Philippians 2:5): humility. As John Wesley says on the subject, even the best can err interpreting scripture on either side, but it does not mean that those on either side who err are any less the children of God. It means only

that we must be humble in striving to be filled with the Spirit of Christ. We have the same mind not when we agree, when we conform as a bloc to one political platform or another, but rather when we strive together to love as Jesus loved; that it is no longer we who live but Christ who lives in us.

As Christians in this political climate trying to discern how to use our political voice, to vote, and engage in dialogue, we must acknowledge that our brothers and sisters "on the other side" have the same goal and aim. We disagree on interpretation, on how to achieve our aim, but our hopes and dreams and prayers for the kingdom of God here in this world remain the same. Let us have the same grace-filled, Spirit-filled love as Jesus had for us as we near Nov. 3 and accept whatever happens. This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Jeff Burdick, your local Edward Jones Advisor in Sturbridge at 508-347-1420 or jeff.burdick@edwardjones.com.





A good time to get outside





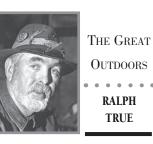
Photos Courtesy This could be you! Courtesy of Fat Nancy's Bait & Tackle Shop.

Two nice Tautog taken aboard FishNet Charters this past Saturday.

The cool weather that we enjoyed last week is a sign of things to come before winter sets in. It is why I love New England so much. If you do not like the weather today, just wait a few weeks and sometimes, a few days, and it will be changing. The hot, muggy weather

that we experienced a few weeks ago was hard on the elderly, but now that the fall weather is here, everyone can enjoy the outdoors. Hunting and fishing is being enjoyed by many more residents of Mass. since the pandemic started. Hunting and fishing equipment was flying off of the shelves since spring, and restocking of the equipment has not happened.

Guns and ammunition are almost impossible to purchase, with ammuni-



tion being the hardest to get. Many target shooters are not practice shooting at ranges because of the shortage. It took a pandemic for some residents to find the outdoors, and their new activities.

People are also doing the basic things like spending more time

with their family, and enjoying meals together. Many now realize what they have been missing all of their life! Having someone else raise their kids, is now being done by their parents. Being taught to respect others, as well as law enforcement, is something my parents taught us at a very young age.

Upstate New York's famous Salmon River exploded with action last week, according to Fat Nancy's Tackle shop in Pulaski. Rainbow trout, Big Brown trout, Steelhead, Coho, and King salmon are all in the river at the same time. Sure wish I was there! Low water conditions still hampered the migration of fish, but this week rain was expected to hopefully increase the water in the river, making fishing even better, if that is possible.

The long hot summer did have its upside, as far as mosquitos and ticks are concerned. Sitting in the back yard early evenings was a lot more enjoyable without the constant humming of a swarm of mosquitos ready to suck your blood dry, for their evening meal. I have not found a single tick on my dogs this year, and they have spent some time in the woods. They still need their monthly dose of medications to avoid heart worm and Lyme disease.

Captain Mel True of "Fish Net Charters "has been doing very well catching Tautog and Seabass after spending some time tied up to the dock waiting for the seas to calm down after all of the tropical depressions passed. The fall fishing is heating up on all fronts and should provide anglers with some great fishing before winter sets in. This week's second picture shows a couple of Capt. Mel's clients with a couple of real nice Tautog taken last weekend.

By the time you read this column, Massachusetts Fish & Wildlife should be stocking trout in their annual spots that receive trout every year. If the predicted rain happens, they should start their fall trout stocking program this week.

Lake Quinsigamond in Shrewsbury received a large stocking of 12 inch Northern Pike recently by MFW. They sure do like to put all of their eggs in one basket.

Take A Kid Fishing & Keep Them Rods Bending!



Few simple pleasures compare to the colorful show of a New England autumn. Why not capture that brilliance with projects that will recall crisp, fall days of yore? Read on for inspiration and instruction to spotlight the blazing color that comes but once a year.

Botanical Prints

Botanical prints are timeless and vintage examples command premium prices. Here in New England, we are surrounded by nature's foliage, which have natural dyes and just happen to make the most appealing botanical wall hangings. Here's how: Materials: Pliable, colorful autumn leaves, the darker the better; parchment or rag paper (resume paper that is at least 25% rag content also works); absorbent paper towels, flat end hammer Directions: Clean off any dirt or debris from the leaf. Place one sheet of parchment or rag paper on a flat, clean and sturdy surface such as a workshop table or cutting board. Place leaf flat down on surface. Cover with a few layers of paper towels. Using even force, tap the entire area of the leaf (to gauge the area, outline the leaf with pen on the paper towel to use as a guide). This step helps to anchor the leaf to the paper. To release the leaf's natural dyes, go over the leaf surface again, hammering every inch of the leaf. When done, do the same working in the opposite direction. Don't be afraid to take a peek every once in a while to check your progress. When done, peel the leaf from the paper to expose the print! To preserve the color of the print, spray with an acrylic protectant. Mat and frame individual prints, or create a collage of different leaves and colors! Note: Brighter colored leaves such as Japanese Maples create the most vivid colors.



spaces. This little extra effort will pay off when the light shines through and shows off the texture rather than brush strokes. newspaper and paper towels). Carefully brush Mod Podge on each leaf. Note: Do one side at a time and allow to fully dry. Cut straws in half inch length. Attach a straw piece to back of each leaf with hot glue or strong tape. String each leaf on twine and hang!

Win Dinner for Two at the Publick House

Your tips can win you a great dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send



Pet of the Week

Sponsored by Cormier Jewelers

Name: Sasha Breed: German Shepherd/Mix Sex: Female Size: Large Age: 4 years, 5 mo.



Hi there, my name is Sasha! I am a sweet shepherd mix looking for my new forever home. I am not a fan of other dogs and I think cats are squeak-toys, so I need a home where I am the only pet. I am older, but I do still need some training, and would benefit from having an experienced owner that can teach me everything I need to know. I have plenty of energy too, and would love to be your hiking and adventure buddy. I would do best in a home with adults or older dog saww kids. as small children who don't understand how to interact

Autumn Luminaries

The most colorful and textural fall leaves are literally "in the spotlight" with this homemade luminary project. Use either a real or flameless candle to create a variety of different mood lighting,

Materials: Dried and pressed leaves (drying between weighted newspaper or paper towel pages results in leaves that are dry, yet pliable; Mod Podge (available at craft stores); canning jar.

Note: Lighter leaves allow for more illumination.

Instructions: Using a paintbrush coat the entire outside of the canning jar generously with Mod Podge. Do not coat the bottom of the jar of the rim area. While jar is still wet, place leaves onto the jar and press in place. Brush over the leaves with another coat of Mod Podge.

Note: Keep in mind spacing leaves apart allows more light to shine through. Overlappingleaves collage style creates a denser jar and dimmer light.

Once leaves are placed, dab or stipple the Mod Podge in the clear

Allow to dry overnight, and then apply one last coat of Mod Podge. As a final touch, spray the outside surface of the jar with an acrylic finish. Again, allow to dry completely. To use, place a contained tea light candle or flameless candle inside the jar.

Foliage Garlands

Garlands strung across a mantle or doorways are popular autumn décor, but why buy faux foliage when you have the real thing right outside your door?

Note: If you are not using preserved leaves, this garland only gets better with age for as they dry, they curl up and take on a new look!

Materials: Colorful fall leaves (crimson and yellow Maple leaves are best); Mod Podge (available at craft stores); plastic straws; twine; hot glue or tape

Instructions: Choose flat, clean leaves. Dry by pressing until all moisture is removed (press between weighted in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renown restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint!, C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or E-mail KDRR@aol. com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn. with me may make me uneasy. If you think we'd be a good match, please come in and say hello!

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To advertise in The Local Service Provider Directory Contact June at 508-909-4062 Jsima@stonebridgepress.news

Create new garden beds this fall



Fall is a great time to create new garden beds. Cool, usually drier, fall weather makes it easier to work in the garden and for plants to establish. Plus, the Garden To-do list is often a bit shorter this time of year and you will get a head start on the next growing season.

Start by locating the placement, size and shape of this new garden. Always contact your local underground utility locating service at least three business days in advance. It's free and as easy as calling 811 or filing an online request. They will contact the appropriate companies who will mark the location of their underground utilities in your work area. This reduces the danger and inconvenience of accidently knocking out power, cable or other utilities while you create a beautiful landscape.

Use a rope or hose to outline the area. Avoid tight corners or creating narrow grass borders that will be difficult to mow or require hand trimming.

Once satisfied with the layout, take a soil test and decide how to kill the existing lawn and weeds as needed. A soil test will tell you how much and what type of fertilizer you will need for the plants you are growing. Testing now means you will have the information in hand when it is time to fertilize in spring.

Next edge the bed. Use a shovel to dig

a V-shaped trench around the border of the garden. Or rent or borrow a power edger to make larger jobs easier.

Once the edging is complete, remove healthy grass with a sod cutter and use it to fill bare spots in the lawn. Or create a planting berm or simply add it to the compost pile. Just place it green side down and wait for it to decompose.

Another method for clearing the grass is to cover the area with cardboard topped with several inches of organic mulch and wait for the grass and cardboard to decompose. You can push back the mulch and cut through the cardboard to plant immediately. Or wait to begin planting next spring after the grass and cardboard have broken down completely.

For quicker results and control of perennial weeds, try a total vegetation killer. These products kill the top and roots of the good and bad plants they touch. Read and follow label directions carefully. Start your soil preparation after the required waiting period has passed.

The next step, an important one, is soil improvement. It is easier to repair and improve the soil before you plant. Plus, time spent now yields years of good results. Add two to four inches of organic matter like aged manure, peat moss or leaf compost to the top 8 to 12 inches of soil. These materials improve the drainage in heavy clay soil and increase the water holding ability in fast draining sandy or rocky soils.

Check the labeling on the bag when purchasing these products. Make sure the product you select is USDA and STA certified to ensure quality. USDA BioPreferred certified products are derived from plants and other renewal products, providing an alternative



Photo Melinda Myers

Renting a power edger will make creating a large garden bed easier and less labor intensive.

to petroleum-based goods. Look for United States Composting Council's STA certified compost that is a renewable, consistent, high quality product made from locally available organic material.

Once you mix in the organic matter, rake the garden level and smooth. Your garden is ready to plant. Fill it with spring flowering bulbs, perennials, trees, and shrubs this fall. Or cover it with shredded leaves or other organic mulch to suppress weeds and prevent soil erosion. Use the winter to plan the garden so you will be ready to plant once spring arrives.

In either case, your efforts this fall

reduce your workload next spring and shorten the time to a more beautiful landscape.

Gardening expert Melinda Myers has more than 30 years of horticulture experience and has written over 20 gardening books, including Small Space Gardening. Myers is the host of The Great Courses "How to Grow Anything" DVD series and the nationally syndicated Melinda's Garden Moment TV & radio segments. Myers is a columnist and contributing editor for Birds & Blooms magazine. Myers' website is www.melindamyers.com.



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LEGALS

TOWN OF CHARLTON INVITATION FOR BIDS WINTER WASHED SAND

Sealed bids appropriately marked "Winter Sand Bid "will be received, publicly opened and read aloud in the Selectmen's Meeting Room, Charlton Municipal Offices, 37 Main Street, Charlton, MA 01507 on Thursday, October 22, 2020 at 10:00 a.m.

Bid specifications must be obtained from the office of the Board of Selectmen's Office prior to the submission of the bid.

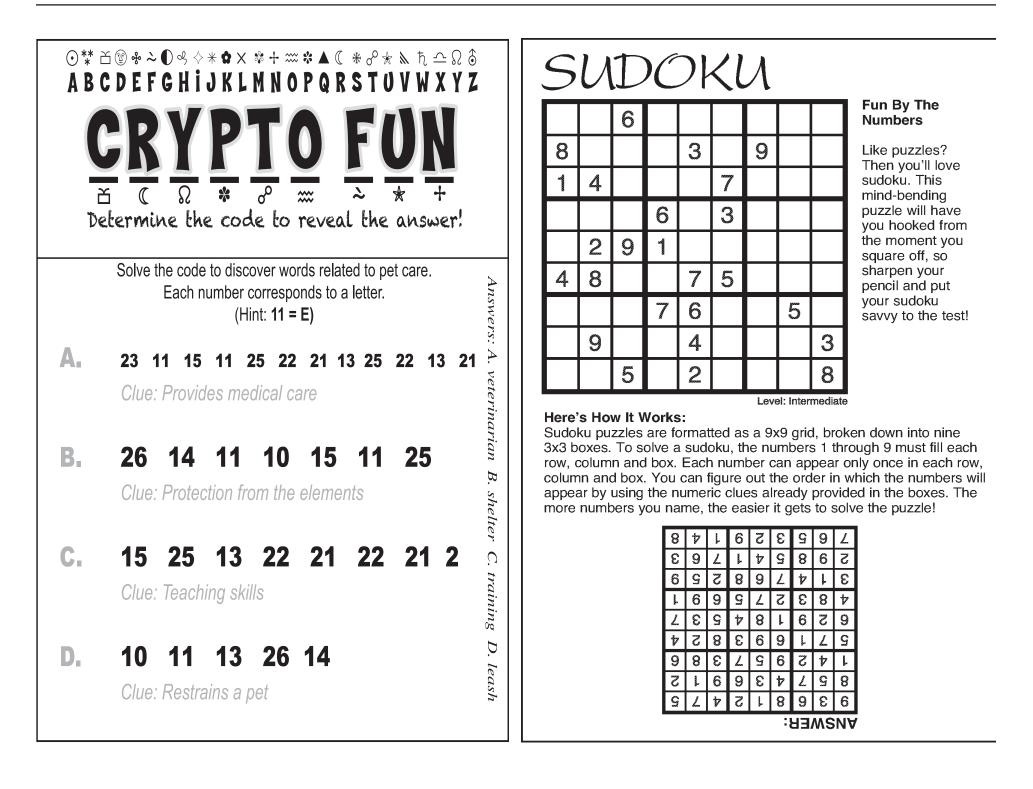
The Chief Procurement Officer reserves the right to waive any minor informality in the bids and reject any or all bids and to make awards in a manner deemed to be in the best interest of the Town. September 25, 2020 October 2, 2020

Legal Notice Town of Charlton Charlton Highway Department Employment Opportunity Private Snow & Ice

Removal Contractors Now seeking private snow and ice removal service contractors for the winter storm season of 2020-2021. Specifications can be picked up at the Highway Department, 100 Flint Road, Charlton, MA 01507 starting September 18, 2020 before 3:00 p.m. EOE/AA. The Response Deadline – October 9, 2020 by 3:00 p.m. September 25, 2020 October 2, 2020

TOWN OF STURBRIDGE CONSERVATION COMMISSION PUBLIC HEARING

In accordance with the provisions of M.G.L. Ch 40A §10 & §11, the Wales Zoning Board of Appeals will hold a Public Hearing on October 6th, 2020 at the Wales Town Offices at 6:00 PM, on the application of Wilfred & Donna Anair Jr. of 69 Stafford Rd, for a special permit in terms of the Town of Wales Zoning By-law Sec. 4.2.2. The Town of Wales Zoning By-Law Sec. 4.2.4.1 states "The proposed extension, alteration, or change must not increase the non-conformity (if any) with open space, yard, height, and off-street parking requirements." Specifically, the applicant wishes to sell existing garage to neighbors which would result in changing plot plans. Any person interested and wishing to be heard on this application should refer to the town website (www.townofwales.net) under zoning board agenda for the above date to participate virtually. If you have any questions or concerns please email planning@townofwales.net September 25, 2020 October 2, 2020







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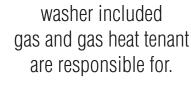
The Town of Spencer is seeking qualified applicants for the position of Utilities and Facilities Superintendent. Under the general direction of the Town Administrator, this position supervises the work of highway field operations, construction, maintenance, and engineering of roads and related infrastructure, vehicles, buildings and grounds, traffic sign and markings maintenance, operation of the transfer station, and special projects as assigned. Under the direction of Water Commissioners, this position also provides day-to-day operational management of the water system. Successful experience with grant management and public procurement required. Bachelor's degree in civil engineering or related field with 3-5 years of experience required. Salary range \$85,000 - \$110,000 DOQ.

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What is berd immunity?

Infectious diseases can strike at any time. Some of them cause relatively minor interruptions to daily life and often can resolve of their own accord when the body's immune system mounts a successful defense. Other diseases can cause serious, even life-threatening symptoms or spread rapidly, which makes it essential for medical professionals to help slow down or stop the transmission.

What is herd immunity?

Herd immunity is a term that often arises in relation to infectious diseases. Herd immunity has taken on renewed significance as the world has been battling COVID-19, the novel coronavirus introduced in late 2019. Herd immunity, which is sometimes called "community" or "social immunity," refers to the indirect protection from infectious diseases that occurs when a large percentage of the population has become immune to that disease. If enough people are resistant to the cause of a disease, whether it is a bacteria or virus, that disease has nowhere to go and the spread stalls, according to WebMD.

How does herd immunity occur?

There are two ways that herd immunity can occur. The first is when resistance develops naturally when the body is exposed to the virus or bacteria. At this point, the immune system will produce antibodies to fight off the infec-



tion. After recovery, these antibodies are still circulating, and should exposure to the same disease occur again, the body can defend against another infection.

Another way that herd immunity occurs is through vaccination. The Centers for Disease Control and Prevention states that when the majority of people are vaccinated, it creates the same disease lockdown — fewer people get sick and fewer germs are able to spread from person to person. What's more, even those who are not vaccinated, such as newborn babies or those who may not be able to get vaccinated due to chronic illnesses, will get some level of protection because the disease will not be spreading as readily within their communities.

When is herd immunity reached? When enough of a population is

immune to a pathogen it prevents further spread and herd immunity is apparent. Diseases are different and herd immunity is reached based on the pathogen's reproduction number, or R0. Essentially this boils down to how contagious the pathogen in question is. WebMD says the R0 tells the average number of people that a single person with the virus can infect if those people aren't already immune. The higher the R0, the greater number of people will need to be resistant to reach herd immunity. Measles, which is very contagious at an R0 of 12 to 18, requires 93 to 95 percent of the population to be immune for herd immunity to be reached. The World Health Organization estimates the R0 for COVID-19 to be between 2 and 3. This means between 40 and 70 percent of the population will need to be immune to halt the spread.

In the case of COVID-19, it's still unclear whether anyone can get reinfected, and whether antibodies produced for one strain can fend off another strain of this novel coronavirus. This reinfection mystery is what makes herd immunity — both through a vaccine or through natural exposure — challenging for epidemiologists in relation to COVID-19.

Herd immunity is an important factor in disease prevention. Getting the facts about this phenomenon is important.

Tips for planting fall vegetables



Tending to backyard vegetable gar-

dens can fill many hours of enjoyable downtime in the great outdoors. What's more, the bounty produced by such gardens provides healthy, fresh foods to gardeners and their loved ones.

Although spring and summer are widely seen as the peak of gardening season, the mild temperatures of autumn can be a prime time for planting vegetables as well. Certain late-season treats like carrots, kale, spinach, and turnips can thrive in fall gardens. Many different foods are quick crops that can go from seed to table in about six weeks. When sown in early fall, these vegetables will be ready to put on the table for mid-October feasts. Beets, green onions, broccoli, and cabbages can be planted in late summer for fall harvest. Gardeners who live in hardiness zones eight through 10 (the southern portion of the United States) can plant fall vegetables as late as December. Many of these plants can tolerate light frost, which may even help sweeten the vegetables.

A handful of unique factors need to be taken into consideration when planning fall vegetable gardens.

• The summertime location of the garden may still be adequate, but be sure to choose a location that gets eight full hours of sunlight per day.

• If using an existing garden site, clear out any detritus from summer plants and any weeds that have sprouted. If you are planting a new garden, remove any turf before tilling the soil.

• Amend the soil with sand, compost, manure fertilizer, and any other nutrients needed depending on the types of vegetables you intend to grow.

• While fall vegetables can be grown successfully from seeds, it may be more time-friendly to work from larger transplants, advises the Texas A&M Agrilife Extension.

• Some plants may need a little protection as they grow if temperatures begin to dip. Cover with a blanket, cardboard box or plastic tunnel to insulate. Remember to water according to the vegetables planted and to keep an eye on readiness for vegetables. Turnips, beets, rutabagas, and carrots can be dug out when the roots are plump and crisp.

Vegetable gardens need not cease when the last days of summer vanish. Fall produce is delicious and can be easily planted and harvested even after the first frost.





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Outside is fun again.

Our services repel and eliminate mosquitoes, ticks, and fleas for up to 21 days so you can enjoy being outside.

"Not one tick or mosquito since we started with Mosquito Joe"." - Cynthia C.

"Great service, made a huge difference in mosquito levels. Definitely gave us our back yard back. Customer service is great too, have recommended to others already." - *Chris B.*

Mosquito, tick, and flea control.



COUPON CODE: STONEBRIDGE

New customers only. Cannot combine offers. Not valid on events.

TREATMENT

413-259-8411 Amherst-Charlton.MosquitoJoe.com

OCALLY OWNED AND OPERATED FRANCHISE