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Friday, March 5, 2021

Superintendent shares budget with Northbridge School Committee

BY KIMBERLY PALMUCCI TRIBUNE CORRESPONDENT

NORTHBRIDGE During a recent Northbridge School Committee meeting, Superintendent Amy McKinstry presented the proposed fiscal year 2022 budget.

The proposed budget of \$28.9 million includes elementary school consolidation and proposed staff reorganizations and would be a 0.28 percent increase over this year's approved budget.

"We already know that the 2021-2022 school year is going to be a year of transition for many of our staff and students, as we open our beautiful new PK-5 building, and we move the 5th grade

out of the middle school and back to elementary," the budget presentation reads. "We also know that, though we may not be facing identical COVID-19 related challenges next year, the adversity that many of our students and their families faced this year will still have residual effects and implications for student success in the 2021- 2022 school year... however, with challenge comes opportunity."

The largest areas of the proposed budget include salaries, which make up 74 percent of the budget, followed by out-of-district tuition and transportation at 11 percent and in-district transportation at five percent.

Committee Chairperson Michael LeBrasseur said the budget includes several "shifts in positions," which would primarily be due to the opening of the new elementary school, with teachers and staff moving from the middle school.

The largest increase over this year's budget would be in the salaries section with an additional \$528,000 budgeted, and one area of savings would be out-of-district tuition and transportation, which is budgeted as down \$483,000, added LeBrasseur.

Some of the key position shifts include the removal of the "Vocational Coordinator" at the

In a statement, School Turn To NORTHBRIDGE page A11

Katelyn Keeler and Celine Tran sort through donated items collected during Whitinsville Christian School's recent food drives.

Whitinsville Christian School students host food drives

PALMUCCI TRIBUNE CORRESPONDENT

WHITINSVILLE Several students from the Whitinsville Christian School have recently completed two food drives benefitting local food pantries.

Whitinsville Christian high school students collected food for the Peace of Bread Community Kitchen Food Pantry, and students from the elementary school completed a food drive for the Northbridge Association of Churches Food Pantry.

"Thank you to all the teachers and students who organized and worked to make the food drive for our food pantry at Peace of Bread Community Kitchen such a success," said Laurie Sabourin, Site Coordinator at Peace of Bread Community Kitchen.

Seeing those empty shelves in our food pantry filled to the brim with much needed food donations was amazing.'

The drive was led by members of "Impact," a high school course that challenges students to "consider what worship is and find ways to incorporate worship" into their lives, according to a school state-

During the first two weeks in February, Whitinsville Christian high school students were challenged to fill a van with a "fill the van" campaign.

"We sincerely appreciate all who donated the food and volunteered their time to make this happen. Our local community in need will truly Turn To FOOD DRIVES page A11

BVT senior's career plans take a 'wild' ride



Natalie Bolduc of Bellingham, a senior in the Painting & Design Technology program at BVT, is pictured applying a Mission 22 vinyl graphic to a McLaren.

UPTON – To get where vou want to be, sometimes you have to stay motivated and keep trying. As the saying goes, if at first you don't succeed, try, try again. That is how Natalie Bolduc of Bellingham, a senior in the Painting & Design Technology (P&D) program at Blackstone Valley Tech, chose to pursue her vocational-technical education with perseverance, determination, and a sense of adventure.

Natalie started as a sophomore, not having a traditional exploratory experience. She was given a choice between Electrical and P&D. She said, "I decided that P&D would suit my interests better, given that I've always been creative and love painting and art, so I went with that. It was a decision that has led me to have some incredibly memorable experiences.

Several local car enthusiasts entrust BVT's P&D shop to produce and apply graphics and wraps

to their luxury vehicles, which is an incredible learning opportunity. It is something that Natalie never thought she'd be doing, but she has become rather skilled at it.

"I'm so grateful to my P&D instructor, Tom Lamont, for inviting me to apply Mission 22 vinyl graphics to a McLaren at the Dream Ride car show," said Bolduc. "If you told me a year ago that I would be doing that, I would've said you were crazy. I was a little nervous being around such expensive cars, let alone applying decals to them, but it was an amazing experience."

Bolduc is maximizing her trade experience through BVT's cooperative education program (co-op). She applied, interviewed, and secured a co-op with Cadwell Sign in Holliston.

"I'm enjoying it. Honestly, it feels a lot like being in our shop," said Bolduc. "Our instructors taught us to treat our shop like a real workplace, but

it's hard to realize what that means until you're in one. Cadwell has similar machines to those in our shop. I've used their Suma cutter and a laminate machine since I already know how to use them. I'm happy that I've traveled down this path. I'm confident in my trade knowledge and comfortable in the workforce."

"My post BVT plans are quite different from what I am doing now," said Bolduc. "I have another adventure in mind, exploring Zoology or Wildlife Ecology at a fouryear college, and I'll see where it goes from there. Wherever I go, I go prepared. BVT has provided me with skills and experiences that will serve me well in any career."

"What amazes me most about our students is their growth and transformation. On their journey together as a class, each one of them is uniquely different. Even

'Rise Up' initiative hopes to distribute 1,000 ham dinners

BY KIMBERLY PALMUCCI TRIBUNE CORRESPONDENT

REGION — With a new "Rise Up 2021" initiative, one local state representative is hoping to distribute more than 1,000 ham dinners throughout the towns of Bellingham, Blackstone, Millville, and Uxbridge.

"It has been a trying year for everyone, and I want to ensure that our seniors and families have a proper Easter meal," said State Rep. Michael Soter, R-Bellingham.

The "Rise Up Initiative" began in 2020 when Soter "recognized that many families and individuals were struggling amidst the COVID-19 pandemic,' according to the initiative's Web site.

"To make the situation worse, families and though I've been in the friends could not gather Turn To **RIDE** page **A11** as they typically would have," the initiative's

description states. "To fill the gap, Rep. Soter launched the Rise Up Initiative. Under this program, the Representative works with local restaurants and volunteers to prepare and distribute hundreds of Easter meals to the 8th Worcester District's sensitive populations."

In 2020, the initiative successfully prepared, portioned, and distributed more than 600 Easter ham dinners to senior citizens and families throughout the district.

"This year we are going bigger and better than ever before," Soter added. "I cannot do this without your help! Last year, the community involvement for this initiative was outstanding and I'm confident that this year will be even better.'

Opportunities donate, volunteer, or request meals are available online at www.soterrep.com/rise-up. Delivery is available to those who require it, and senior citizens may RSVP through their Senior Center directors, Rep. Soter added.

Donations will be accepted through Sunday, March 28; volunteers will be needed to portion and distribute meals at all three distribution locations from 11:30 a.m. to 2 p.m. on the day of the event. Sign-ups to volunteer are open no later than Friday, March 19, a statement reads, and meal RSVPs must be in before Monday, March 15.

The meals will be distributed drive-thru style on March 28 from 1 to 2 p.m. at the following locations: Bellingham Residents at Bellingham Memorial Middle School; Blackstone and Millville Residents at AFM/JFK Elementary School; and Uxbridge Residents at Uxbridge High School.

Bay Path nursing students help give COVID-19 vaccinations

SOUTHBRIDGE — Health departments and hospitals around the state are continuing to work to vaccinate as many people as possible, and for

the inclusion of help from Bay Path Practical Nursing Academy students.

Harrington Hospital and Bay Path

Harrington Hospital, that means Practical Nursing Academy have partnered to help administer more vaccines to the community. The practical nursing students who are on term 2 and on

their medical-surgical nursing clinical rotation have been asked to help at the vaccine clinic at the Armory.

For clinical facilitators like Professor Cheryl Cahill, MSN Ed, RN, this is a wonderful opportunity for her students.

The students are doing a wonderful job providing pre-vaccination teaching, obtaining informed consent for vaccines, administering COVID vaccines, and monitoring patients after the vaccines are given. They really feel part of the team at Harrington. We are so happy to be of service during this pandemic" said Cahill.

The sentiment is echoed by Gretheline Bolandrina, MSN Ed, RN, CRRN, Academy Director, who said "This is an unbelievable opportunity for our practical nursing students to participate in a history making event like this.

Clearly in line with service learning. "The opportunity allows our students to fine tune their skills in something that we don't always get a lot of opportunity to do IM injections," said Bolandrina.

Over the past weeks, students under the supervision of their clinical facilitator worked alongside other healthcare workers at the Armory.

We are grateful for the opportunity to assist at the Armory! On top of being able to practice giving vaccines, I enjoy being able to see all of the details to ensure that the clinic is able to run smoothly. It is a very informative learning environment!" stated Carolyn Jenkins of Cherry Valley.

"I am really grateful for the opportunity to be able to learn, help, and make change. The people's appreciation makes me feel good too," shared Tianna Welcome of Oxford.



Area fairs, festivals anxious but hopeful

BY KEVIN FLANDERS STAFF WRITER

REGION - The state continues to recover from the pandemic, but not nearly fast enough to salvage major spring fairs and festivals.

Last month, West Brookfield's Asparagus and Flower Heritage Festival became the latest local event to be scrapped for 2021. It joins several other canceled festivals and craft fairs. with others in jeopardy throughout the

For residents, it was disappointing to receive news that the Asparagus Festival tradition would be lost for the second straight year due to COVID-19. But for local crafters, vendors, and artists, the loss of festivals has devastated their businesses. While residents can always look forward to their favorite traditions returning in 2022, several crafters hope their businesses survive that long.

Meanwhile, multiple vendors who attend the Brimfield Antique Show are desperate for the event to take place this year after all three shows were canceled in 2020.

"We are keeping our fingers crossed and hoping we can have the show in said Pam Moriarty, a co-owner of the Heart O' The Mart showgrounds in Brimfield. "The dealers and vendors can't wait to get back. Everything is up in the air right now."

Added Lori Faxon, who owns Dealer's Choice Antique Shows in Brimfield, "This has been a very hard year, not just for dealers but also for all the local hotels, restaurants, and shops that rely on income from guests every year. This has impacted everyone's business in one way or another."

Lost parking revenue has also taken a toll on local residents and businesses. On a single day at the antique show, thousands of guests are paying for parking throughout the day, then dining

and shopping at local establishments afterward.

The 2021 antique show slate in Brimfield is scheduled for May 11-16, July 13-18, and Sept. 7-12. Owners and dealers were informed that a final decision on the May event will be made on or before March 31.

"Even if we can't have the May show, we are confident that we will have the July and September shows," added Moriarty, who has owned her business for 40 years.

Because festivals and craft fairs draw guests from throughout the state and the country, local officials and health boards are using caution about recommendations. They also must consider whether state restrictions on gatherings will be lifted in time for the events. Gov. Charlie Baker's administration has repeatedly promoted a phased, careful return of public events statewide to avoid outbreaks.

"We totally understand that everyone is trying to keep the event as safe as possible. A lot of this depends on state health officials," Moriarty said of the May antique show in Brimfield.

Local officials recognize that even after the majority of residents get vaccinated, masks, social distancing, and other precautions may still be needed at spring and summer festivals to protect those who haven't been vaccinated yet. This may change how local traditions look in 2021, but residents are prepared to make the sacrifices if they are able to salvage their favorite events.

To learn more about whether fairs and festivals will take place in your town this year, check the community website in the coming weeks. Plans nave not yet been announced for the Leicester Harvest Fair, Christmas in July, the Spencer Fair, and several oth-



A decision is expected by March 31 as to whether the Brimfield Antique Show scheduled for May 11-16 will be held as planned.

Rachel Adam named to President's List at Merrimack College

NORTH ANDOVER — Rachel Adam of Uxbridge has been named to the president's list at Merrimack College for the fall semester of 2020.

She is the daughter of Ron and Kim Adam of Uxbridge.

An Early Childhood Education and Human Development double major with a minor in Spanish, Rachel is a junior at Merrimack.

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President & Publisher Frank G. Chilinski (508) 909-4101 frank@stonebridgepress.news

BUSINESS MANAGER RYAN CORNEAU (603) 677-9082 ryan@salmonpress.news

OPERATIONS DIRECTOR JIM DINICOLA (508) 764-4325

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PRODUCTION MANAGER JULIE CLARKE (508) 909-4105 production@stonebridgepress.news

EDITOR Brendan Berube (508) 909-4106 news@stonebridgepress.news

> SPORTS EDITOR NICK ETHIER (508) 909-4133

nick@stonebridgepress.news

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TRIBUNE ALMANAC

REAL ESTATE

BLACKSTONE

\$249,000, 118 Federal St, Dunne, David W, and Dunne, Muriel L, to Dunne, David W.

DOUGLAS

\$329,900, 268 Wallum Lake Rd, Dauntless Path LLC, to Dawe, Amanda, and Dawe, Kevin.

Dudley \$195,000, 18 Fairview Ave, Wilga, Justine L, to Boucher, Stephen J.

\$150,000, 55 W Main St, Hammer, Diane, to Marzeotti Group Rlty Inc. \$40,000, Lyons Rd, Gammetto, William J, to Galaxy Estates LLC.

NORTHBRIDGE

\$327,050, 58 Wallen Way, Dupre, Suzanne M, to Subirana-Colon, Laurent, and Menendez-Colon, Michael E.

\$300,000, 116-118 Church Ave, Lackey Dam Properties Inc, to Belle Contracting Inc.

\$220,000, 49 Glen Ave, Vander Brug FT, and Vander-Brug, Henry, to Vander-Brug, Henry, and Vander-Brug, Cynthia.

\$96,000, 32 Linwood Ave #32, Lyman Richard Est, and Vilkas, Vincent A, to Resi LLC.

UXBRIDGE

\$300,000, 4 Carriage Path #4, Ward Jeanne M Est, and Zacchilli, Denise M, to Aniello, Dana M.

\$300,000, 93 Country Squire Rd #93, Carole A Volcjak RET, and Volcjak, Steven A, to Jahrling, Kurt V, and Jahrling, Sandra K.

Friday, March 5, 2021 • 3

Country Bank welcomes new commercial lender

WARE — Country Bank, a full-service financial institution serving central and western Massachusetts, is pleased to announce that Seth Arvanites has joined their Commercial Lending Division.

Arvanites, who resides in Belchertown, has been in the commercial lending industry for 22 years. He came to Country Bank from Peoples United and earned a Bachelor's Degree in both Political Science and Geography from Syracuse University.

"The best part of this role is getting to meet, learn about, and serve the people and businesses in the community. The great people I've worked with over the years instilled in me the value of kindness, responsiveness, flexibility and teamwork," stated Arvanites. "I'm excited for the opportunity and I look forward to getting to know my clients and teammates."

"We are excited to welcome Seth to the Commercial Banking Team at Country Bank. Seth's commitment to a high level of customer service is evi-



Seth Arvanites

dent, and we are excited for him to begin working as a partner with our business customers to enhance their businesses and the communities they serve. Seth's trusted approach to Commercial Banking aligns with the Bank'siSTEP Corporate Values of Integrity, Service, Teamwork, Excellence and Prosperity, and we are pleased that he has chosen Country Bank to be his Employer of Choice," stated Miriam Siegel, First Senior Vice President, Human Resources.

Arvanites can be reached at sarvanites@countrybank.com or at 413-277-2106.

About Country Bank

Country Bank is a full-service mutual community bank serving central and western Massachusetts with 14 offices in Ware, Palmer, West Brookfield, Brimfield, Belchertown, Wilbraham, Ludlow, Leicester, Paxton, Charlton and Worcester. Country Bank is a member of FDIC, DIF and the SUM network. Country Bank can be reached at 800-322-8233 or online at countrybank.com.



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Ecological forum urges treatment of Earth "as a relationship"

BY GUS STEEVES

What would an ecological civilization look like?

Last Thursday's hour-long online forum could only touch the surface, but its Yes! Magazine-recruited panelists did hone in on one crucial thing: a change of attitude in how we treat Earth.

"If you respect Mother Earth" it's possible, Winona LaDuke said. But today's system practices "Windigo economics" – a reference to the cannibal monster seen in several Native legends, which often drives people mad before eating them. To her, that's what capitalism does to people and Earth, while Native peoples "hung out here 10,000 years and didn't make a mess of things."

LaDuke, an Anishinabe activist and Green Party vice presidential candidate in 1996 and 2000, joined food sovereignty activist Leah Penniman (a former central Mass resident) and author Jeremy Lent to talk for an audience of about 3000. They were moderated by Yes! Publisher Zenobia Warfield and Institute of Ecological Civilization cofounder Andrew Schwartz.

"Our entire food system and our entire economy is based on the exploitation of land and labor," with indigenous and other minorities often the workers while the few, often white, profit, Penniman said. In the past, that often manifested as overt slavery; today, it's a little more subtle, with people routinely

being jailed and "rented back" to corporations to labor for far-below-minimum

"To corporations, people and land are resources to be gobbled up for the few," she said.

Citing an elder from her Yoruba/Dahomey heritage, she added, "Clearly, you are all sick because you treat Earth as a commodity, not as a relationship." Change that, "and everything flows from there."

A big part of it, she added, is that we'd normally ask another person's consent to do something to them, but our culture never asks Earth. To indigenous peoples the world over, "we are the younger siblings of Creation," with other species, mountains, rivers and other parts of Nature being our elders, with experience they're willing to impart if we listen and ask.

Traditionally, tribes asked using countless forms of divination, dance and prayer, which exist in all cultures if you delve into the history far enough. That point led to something the participants all saw as important: the need to find roots in one's own heritage without stealing from others. Even in European ancestry, there were cultures who honored the human-Earth relationship, and threads of those ideas were picked up by the mainstream culture and religions.

Indigenous peoples, Penniman added, "have been survivors of apocalypse" and can therefore teach how to move on. By that, she's referring to colonial con-

quest and, especially in the Americas, the massive death-toll from European diseases over the last several centuries.

To Schwartz, such a mentality change is part of "reclaiming the commons." While that has typically meant reclaiming the right of communities to use the land for sustenance in the face of privatization for commodity agriculture and other development, he said he also means it in the sense of taking the Internet and other aspects of society from corporate control.

Lent agreed, saying technology, language, the Web and other things are "part of untold generations of our ancestors creating something that's everyone's heritage." It's "the common wealth," so "every human being who's

born has a right to share that," he said.
"We've got to stand up as a global community and bring back the commons," he added.

In some ways, that's slowly happening. Lent cited fairly recent changes in European law to "declare ecocide a crime" and confront corporate polluters.

Elsewhere, there are efforts to enshrine Earth rights into law – for example, Toledo OH voters approved doing so for Lake Erie, and Orange County FL did so for rivers last year. In a few places, such as Bolivia and Ecuador, such rights are in the national constitution.

LaDuke noted such relocalization is critical. Everywhere has seen similar "conflict between the cannibals and Mother Earth," so there are many ways to get involved. Often, that can take the form of being "a water protector," but in general it means first getting to know "the land to which we belong" – an idea that's polar opposite to Western

practices.

Overall, her goal is "to end the slav-

ery of Mother Earth," she said.

"We don't have to solve all the problems ourselves," Lent observed, noting we just need to "be a small part ... and connect to [the larger effort] like a mycorrhizal fungal network underground."

In forests, such networks allow trees and other plants over a wide area to share nutrients and communicate biochemically as an interdependent community. Penniman compared it to traditional susu economics in Ghana, where everyone contributes something and gets back what they need.

Comparing it to a butterfly's winglets, she noted there are four main ways people can get involved: resist further abuses of Earth, work to reform the laws, help build alternative institutions, and be healers of both land and people because "there's a whole lot of trauma out there."

"If you care about life, ...it's going to happen because all of us move together ... toward a life-affirming future," Lent added. "It's possible to transform it when enough of us work together."

Gus Steeves can be reached at gus. steeves2@gmail.com.



Nathan Manna named to College of the Holy Cross' Dean's List

WORCESTER — Nathan Manna of Whitinsville was named to the College of the Holy Cross Fall 2020 Dean's List. A member of the Class of 2021, Manna is majoring in Self-designed: performance studies.

Manna was among more than 1,453 students named to the Dean's List for outstanding academic achievement during the fall semester of the 2020-21 academic year.

To qualify, students must pass four or more letter-graded courses with no failing grades during the semester and earn a GPA of 3.5 or higher.

About Holy Cross

The College of the Holy Cross, in Worcester, Mass., is among the nation's leading liberal arts institutions. A highly selective, four-year, exclusively undergraduate college of 3,100 students, Holy Cross is renowned for offering a rigorous, personalized education in the Jesuit, Catholic tradition. Since its founding in 1843, Holy Cross has made a positive impact in society by graduating students who distinguish themselves as thoughtful leaders in business, professional and civic life.

Rowan University announces Dean's List

GLASSBORO, N.J. — Caroline Adam of Uxbridge, a management major in the College of Business, has been named to the Dean's list for Fall 2020.

Rowan University honors matriculated, degree-seeking students who have demonstrated outstanding academic achievement.

Undergraduate Deans' List, bestowed upon those who have grade point averages of 3.45 or better, based on 12 semester hours of letter grades, for a given term. P/NC, and transfer grades will not contribute to the computation of cumulative grade point averages.



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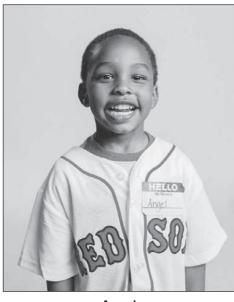
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** Friday's Child ** **



Angel Age 7

Hi! My name is Angel and I love to be helpful!

Angel is a very polite and active young boy of Hispanic descent. He loves doing arts and crafts and playing with trucks! The foster family he is currently placed with describes him as being very helpful, intelligent, and a good listener. Angel does well with structure, routine, and guidance and would like a family who is able to provide him with that.

Legally freed for adoption, Angel would benefit being part of a two-parent family with or without older children in the home. A family for Angel must

ensure he thrives by continuing the services that are currently in place to address his intellectual and emotional needs. He would do best in a patient, nurturing, and consistent environment. Angel shares relationships with his birth parents, who he currently visits with individually on a bi-weekly basis, as well as two siblings he would need to have contact with after placement.

Who Can Adopt?

Can you provide the guidance, love and stability that a child needs? If you're at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LGBTQ singles and couples.

The process to adopt a child from foster care requires training, interviews, and home visits to determine if adoption is right for you, and if so, to help connect you with a child or sibling group that your family will be a good match for.

To learn more about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at 617-964-6273 or visit www.mareinc.org. The sooner you call, the sooner a waiting child will have a permanent place to call home.

Spencer's newest business owner pursues dream despite pandemic

BY KEVIN FLANDERS STAFF WRITER

SPENCER - Dr. Grant Pattee had plenty of reasons to scrap plans for starting his business the pandemic chief among them - but he hasn't let any obstacle deny his dream.

Even with businesses throughout the region downsizing or closing altogether, Pattee decided to take a risk and launch his physical therapy business in December. Located at 133 West Main Choice Physical

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46

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Therapy offers a range of services to residents. These include post-surgical services and chronic pain therapies.

For Pattee, who has worked in physical therapy for nearly 20 years, the process of opening his own business has seen its share of anxious moments – but also excitement and hope for a bright future.

"Who opens a business during a pandemic? I asked myself that question several times, but the answer was always the same: people will eventually need therapy again," Pattee told the New Leader. "A pandemic can really change a person's perspective. I had time to reflect and think about life goals, family goals, and eventually my career goals. I feel fortunate to have this opportunity and am truly humbled by the support I received from family, friends, and colleagues along the way.'

Pattee's opportunity in Spencer arrived at the perfect intersection

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of family interests and career goals. He knows the Route 9 corridor well. and he can't wait to meet more residents and business owners.

"I have always loved the small-town rural feel. I grew up in Auburn and my wife grew up in Oxford. When my own family began to grow, we wanted to take root in that same type of community," Pattee said. "The Spencer-East Brookfield area was a perfect fit. The people in town have been friendly and welcoming, and the local school systems have been wonderful for our kids."

Pattee began his career as a rehabilitation aide before applying to graduate school. He went on to pursue a doctorate degree in physical therapy, graduating from the University of Massachusetts-Lowell in

Over the last decadeplus, Pattee has worked predominantly

in the outpatient orthopedic setting. He brings to Spencer a wealth of experience gained from working with multiple experts.

"Over the years, I was fortunate enough to work with so many great therapists that really helped shape my therapy skills and treatment philosophies," Pattee said. "I eventually managed a small and successful clinic in Charlton before a brief stay in home care."

In his new business, Pattee enjoys working with residents dealing with all kinds of challenges. These include patients recovering from surgeries or injuries, as well as those facing chronic back pain, neck pain, or joint pain. Whether you're a Choice P. ccepting New Patients!

Dr. Grant Pattee recently opened a new physical therapy business in Spencer.

senior recovering from a fall at home, or a high school athlete sidelined with a nagging injury, you'll want to check out Pattee's offerings.

"I look forward to continuing this partnership with the Spencer community as a local and trusted therapy provider for many years to come," Pattee said. "Quality care will now be that much closer to home."

Since arriving in Spencer, Pattee and his family have kept plenty busy. Pattee serves as a coach for the Spencer Soccer Club, and his

<u>Millbury</u>

wife is a member of the Parents Interested in Education committee.

"Spencer just seemed to make sense for my family and my practice. I could not be happier with our location on Route 9, set in the heart of the community between two great local businesses, Klem's and Timbervard Brewing," Pattee said.

To learn more about the business, call 774-449-8058. You can also visit www. ChoicePhysicalTherapy.

CLUES ACROSS

39

43

60

- 1. One of Noah's sons
- 5. Openings
- 11. Rising from the dead
- 14. Expressions for humorous effect
- 15. North American country
- 18. Flowed over
- 19. Tags
- 21. Long-lasting light bulb
- 23. Off-Broadway theater award
- 24. Khoikhoi peoples 28. Beloved movie pig
- 29. South Dakota
- 30. Tai language
- 32. Get free of 33. Afflict

- 35. Transmits genetic information from DNA
- 41. Expression of sympathy
- 44. Swiss Nobel Peace Prize winner
- 47. Turf
- 49. Disorganized in character
- 56. Rules over
- 58. More fervid
- 60. Sweet drink

CLUES DOWN

- 1. A title of respect in India
- 2. His and
- 3. Employee stock ownership
- 4. A type of bond (abbr.) 5. Acting as if you are
- 6. Affirmative
- 7. Not caps
- 8. Type of medication
- 9. Monetary unit
- 10. Private school in New York 12. Small stream
- 13. A person of wealth
- 16. Exclude
- 17. Someone who vouches for you 53. Song
- 20. Vegetable part
- 22. Gov't lawyer
- 25. Term to address a woman
- 26. Swiss river
- 27. About senato
- 29. Paulo, cityr

- 31. Native American tribe
- 34. "Titanic" actor
- 36. Campaign for students' rights (abbr.)
- 37. Capital of Senegal
- 38. Slang for military leader
- 40. Football's big game
- 43. Women who threw themselves on funeral pyres
- 45. Equally
- 48. Forest animal
- 50. Heavy stoves
- 51. Releasing hormone (abbr.)
- 54. Type of pickle
- 55. Offer in return for money
- 57. Soviet Socialist Republic
- 58. Burns wood (abbr.)
- 59. Beloved singer Charles
- 61. Three-toed sloth

- 36. Commercials
- 39. Digits

- 46. Vegetable
- 52. Takes

- 62. Cry loudly

63. A friendly nation

the senior center

COVID-19 Vaccine Assistance

We will assist Millbury residents who are 65 and older schedule a vaccine The sites open are the larger ones the

Governor has set in place. As soon as a nearby site opens up we

will call you If you have a computer you can go on

to the Mass.gov website and schedule an appointment If you do not have access to a computer or require assistance, please call the

center and leave your name and phone number

508-865-9154

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Blood Pressure Clinic

Every Tuesday from 9 A.M. - 10 A.M. The Blood Pressure Clinic is held inside now

Come to front door and we will let escort you from there! Masks required, along with social dis-

Millbury Center Senior

Transportation Transportation is provided for Millbury Senior Residents

Monday through Friday from 9 A.M. to 4 P.M.

We travel one town out in each direction including Sutton, Grafton, Auburn and Worcester

uling rides (business days) Rides are free until July 1st For more information or to schedule transportation call the center at

A 48 hour notice is required for sched-

Millbury Senior Center Food Pantry Our pantry is open for Millbury residents Monday through Friday 9 A.M to 1 P.M.

Please call ahead to place your order and pick up 508-865-9154

Millbury Friendly Visitor Program

Our Friendly Visitor Program is now being provided by telephone Volunteers call clients to check in with them, chat and hear a friendly

For more information on coordinat-

ing a Friendly visitor Call the center at 508-865-9154

"MEMORY CAFÉ" Our Traveling Memory Café is visit-

ing people monthly. If you are interested in a visit (outside) please call Julieanne Fitzgerald at

We are also looking for volunteers to assist with this program

For more information call to RSVP 508-865-9154!

"Grab & Go Meals"

call us at 508-865-9154

Lunch meals will be available to be picked up daily at the front door, 11:30

Menu is available on Town Website, www.townofmillbury.org Or our Millbury Senior Center

Facebook page A 48 hour reservation is required For more information or reservations

THE MILLBURY SENIOR CENTER

IS ACCEPTING SNAP APPLICATIONS (Food Stamps)

Our appointments are on Tuesdays & Thursdays 10 A.M. – 2:00 P.M. Call for an appointment & required documentation

508-865-9154 "This project has been funded at least in part with Federal Funds from USDA. This institution is an equal opportu-

nity provider. The SNAP Logo is a service of the U.S. Department of Agriculture.

USDA does not endorse any goods, services or enterprises."

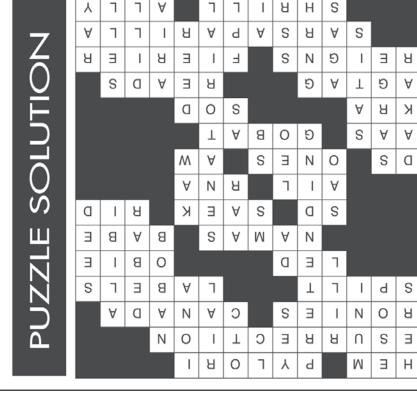
The Senior Center is closed to the

While the building is not open to the public the Food Pantry at the Millbury Senior Center is available from 9am to 1pm Monday thru Friday by calling 508-865-9247 for an appointment our food pantry is fully stocked at this time tell us what you need and you can pick it up or we will deliver it.

We are still here to answer any questions you may have and we are available for your transportation to Doctors appointments or if you need to go to the drug store for your prescriptions, we will take you there. If you don't have a mask, we will give you one.

Also if you are in need of a home delivered meal give us a call and we will set you up to get one delivered to you.

Keep safe and remember to wear a mask if you go out and to wash your hands frequently.



Northbridge High School Honor Roll

NORTHBRIDGE — Northbridge High School has released its honor roll for the second quarter of the 2020-2021 school year.

Highest Honors

Grade 12: Kristina Brenn, Kevin Doherty, Vincent Duca, Callie Ellis, Asa Flannery, Katelyn Lombardo, Brennan Mahoney, Justine Michaud, Katharine Tubbs, Michael Wilkes

Grade 11: Sara Bedigian, Caitlyn Mahoney, Tyler Richards, Aidan Roy, Patrick Smith, Colin Tognazzi

Grade 10: Abby Barnatt, Mary Goodrow, Caroline O'Brien, Kathryn O'Brien, Caitlin Porcelli, Keira Touhey, Jenny Wagenhoffer, Graham Williams, Nathan Williams

Grade 9: Elizabeth Andrews, Ryan Bedigian, Joseph Mazzarelli

High Honors

Grade 12: Afia Aning, Emma Barnatt, Ally Boucher, Colin Brody, Charlotte French, Patrick Gahan, Emma Ganley, Trinity Grondin, Joseph Hewitt, Destiny Ingersoll, Theodore Jee, Emma LaChapelle, Abby Larochelle, Hannah Lomonaco, Angela Lovering, Morgan Mawn, Kiera McMahon, Yira Navarro Rodriguez, Alexandra Padula, Emma Paulhus, Melanie Warner, Jared Wielsma

Grade 11: Samantha Billmyer, Tyler Bliss, Sydney Boudreau, David Castellon Palma, Adam Chen, Haley Cormier, Charles Garrigan, John Gifford, Claire Green, Olivia Guest, Hayleigh Hoffman, Ruby Holtz, Kayla Kamishlian, Maeve Kelly, Isaac Maynard, Mallorie Mercer, Dev Patel, Christopher Rivelli, Jessica Ross, Christopher Smith, Lindzy Winslow

Grade 10: Meghan Cummiskey, Hannah Direnzo, Ian Gahan, Nikauly Hernandez, Coulton Manning, Colin Marino, Adam Minior, Kayla Munson, Nina Szymanowski, Carly Tedford, Emily Wheeler

Grade 9: Logan Ballou, Gary Bunis, Evan Carrachino, Abigail Caya, Rebecca Cleary, Sarah Cowen, Erika Dresp, Madelynne Driscoll, Charles Dupuis, Ryan Flaherty, Olivia Frabotta, Timothy Guiliani, Callie Jee, Hannah King, Kayda King, Kaydence Melanson, Zachary O'Meara, Mia Pellegrino, Marcus Reilly, Rachel Sawyer, Aidan White

Honors

Grade 12: Derek Angell, Matthew Ceruti, Mason Consigli, Jonathan Cray, Mikayla Gallerani, Wendy Gordor, Brooke Jackson, Chloe Lamont, Olivia

Lavallee, Olivia LeBrasseur, Domenic Malone, Ariel Marko, Aydan Millette, Trevor Morey, Allison Ronan, Patrick Rosenlund, Avery Senosk, Kayley Tivnan, Erin Vierck

Grade 11: Angelique Akeley, Makenzie Alicea, Anderson Barnicoat-Sansone, James Bartlett, John Buckley, Olivia Clemente, Molly Consigli, Jared Dermooshegian, Kyla Dominguez De Los Santos, Emma Donahue, Collin Falconer, Lauren Ferreira, Abigail Fraser, Daniel Fung-A-Fat, Joseph Gauthier, Travis Hartung, Aaron Smeglin, Zoe Taylor, Brent Turgeon, Celia Walker, Matthew Wildman

Grade 10: Cameron Athanas, Karlee Battista, Alejandro Beltre, Brynn Burt, Molly Conroy, Connor DeCiero, Elizabeth Duca, Kiana Hardy, Alexander Hazen, Madeleine Lannon, Jenna Malone, Cory Murtagh, James Oatis, Andrew Padula, Caramia Pozzi, Dominic Radford, Jacqueline Roe, Abigail Schofield, Parker Scott

Grade 9: Timmothy Adams Jr, Macie Allen, Drew Beaudoin, Kiara Bodreau, Samantha Brody, Adam Ells, Dakota Grazulis, Ainsley Hogan, Tyrese Holder-Hinds, Kayla Hubbard, Dominic Keddy, Jake LaChapelle, Charlotte Leppamaki, Emily Letendre, Molly Mawn, Charleigh Mitchell, Ella Morganelli, James Potter, Dylan Rouille, Mary Sullivan, Zachary Tevepaugh, Anthony Tomasetti, Jack Trudeau, Matthew Waterson











Located at CVS Plaza







BLACKSTONE VALLEY TRIBUNE Friday, March 5, 2021

A MOMENT IN

HISTORY

BEVERLY

GUDANOWSKI

UXBRIDGE



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Frank G. CHILINSKI President & PUBLISHER

BRENDAN **BERUBE** EDITOR

EDITORIAL

Reserve judgment

We see it on Facebook, and other social media accounts — seemingly happy people carrying on about their lives without a care in the world. As we scroll, we tend to pass judgements on what is in reality, a blip in the lives of those who's photos we are currently looking at. A mere moment that perhaps lasted less than a second is captured, and in that moment, we feel that we are free to make a distinction on what that individual is going through in the moments and days prior, or what they may be feeling like in the moments just after. Don't do that.

The best way to find out how a friend, co-worker or family member is, is to simply ask them. With the past year being what it was, mental health issues and rates of suicide are sky rocketing. Is this really a time to pass judgement? Or is this an opportunity to lift those up around us and to make sure that we're all hanging in there?

As humans, some of us can handle any given situation with more grit than others. Some can carry on for just so long until it just becomes too much. Those that have that grit, are those who have the ability to extend their hand, tell someone that they will be ok and that they are not alone. Support for a person overwhelmed, depressed or anxious is paramount to their well being. Sure, it feels good to act tough, and announce that X, Y, or Z doesn't bother you, but the world is not all about you and it never will be. Be kind, it just feels better.

When a person breaks their leg and can no longer work for a time, they are sent flowers, offered encouraging words of support, given sick time and sent home with casseroles. If a person mental health condition time off to regroup and to seek the help and therapy that they need to ya know... live...it becomes an issue. Because you can't SEE the injury. What you might see is a smile that lasted a split second, and you pass judgement — "Oh they aren't really sick." Guess what — you are wrong. Make no mistake, we all go through challenging times, but that doesn't mean that we all handle them in the same way.

Discrimination against a person with any health issue, wether it be physical or mental, is illegal. Furthermore, it is morally wrong. Do we really want to be a society that has stopped supporting one another? We vote no. When we see a neighbor plow the driveway of the house down the street, or three neighbors pulling a strangers car out of a ditch, we are reminded of how at our cores, we are all kind.

Take note — mental illness is not a character defect. There are many reasons a person may develop an issue, wether it's temporary, brought on by stress, illness or whether it's genetic. Some anxiety may resurface as an adult, due to childhood trauma. Either way, we don't know, unless we know.

When people do not understand mental illness, they tend to exhibit prejudice against those who admit they have an issue. Those people are often treated as though they don't have a real health issue and are then discriminated against. This leads to shame in the person who openly admits that they need help, and so the stigma surrounding mental health is born.

Many workplaces have excellent support systems in place for employees who need help, these to include police and fire departments. These places are to be commended for looking out for one another.

Here are ways to decrease the stigma, be in the know and help your neighbors. Educate yourself, be aware of your attitude towards those who confide in you, pay attention to your judgements and choose your words carefully. When you do educate yourself, spread the word. Treat those around you with respect and offer encouragement, or a slice of pizza; anything goes. We say it often — take care of each other, now more than ever. You will find that it's easy to be kind.

Opinion and commentary from the Blackstone Valley and beyond

In case you thought I was kidding or crazy in my praise for naming schools, teams, aircraft and military weapons after Native Americans, here are some good reasons why we ought to continue doing so:

Have you ever heard the amazing story of the first woman and first Native American woman to serve in the U.S. Marines? Minnie Spotted Wolf [my heart

speeds up at the sound of her name] was a slim, tough ranch hand from Heart Butte, Montana, who enlisted in the U.S. Marine Corps in 1943.

Minnie grew up on a ranch on the Blackfeet Indian Reservation in Montana, riding horses, cutting fence posts, driving two-ton trucks, and helping her father. In other words, working hard. When the U.S. entered World War II, Minnie was 18 years old. "Sign me up," she said. The Marine Corps recruiters discouraged her. The Marines were not for women, they said. She waited because her father had suffered an accident. When he passed away, her mother and sister strongly encouraged her to enlist. She did.

A tough, Native American ranch hand girl" from Montana joined the Marines. It spread like wildfire, as you can imagine. The Marines used her story to recruit. It worked.

Minnie graduated from boot camp at Camp Lejeune, North Carolina. She said: 'It was hard, but not that hard." Don't you love this woman? She served for four years as a heavy equipment operator. When the war was over, she went to college, graduated, and taught for 29 years.

Here is another amazing story you may have heard because it happened in recent times. In 2002, Lori Piestewa, a Hopi Native American from Arizona joined the U.S. Army. Her given name is "White Bear Girl" or Qotsa Hon Mana in Hopi. Pfc. Piestewa served in the 507th Maintenance Company at Fort Bliss, Texas. In 2003, she shipped out to Iraq just before the U.S. invasion, called Operation Iraqi Freedom.

In March 2003, Pfc. Piestewa, Pfc. Jessica Lynch and Spc. Shoshana Johnson were ambushed in Nasiriyah, Iraq. Lori drove the Humvee at high speed and evaded enemy fire at first, but the Humvee was struck by a rocket propelled grenade, and it flipped. The soldiers found themselves in the middle of a fierce 90-minute firefight. Piestewa, Lynch and Johnson were taken prisoner by Fedayeen paramilitary and Iraqi forces. Piestewa died from her

wounds in an Iraqi prison shortly thereafter at just 23 years of age, the first Native American woman killed in war as a member of U.S. Armed Forces. Lori was later posthumously awarded the Purple Heart and Prisoner of War Medal. In her honor, Arizona lawmakers named a

mountain peak after her: Piestewa Peak. Her death led to a rare joint prayer gathering between the Hopi and Navajo tribes who have been enemies for centuries.

Eleven other soldiers were killed in that ambush.

Lynch and Johnson were rescued by U.S. forces. Johnson said: "They [the U.S. forces] showed up like in those action movies. They broke down the door and busted inside with their weapons aimed. They had everyone get down on the floor. Then asked us to stand if we were Americans." Yes, Americans stand. The Americans stood and were rapidly moved out of harm's way. Spc. Shoshana Johnson recounted her story in her book, I'm Still Standing: From Captive U.S. Soldier to Free Citizen (2010).

Another Native American woman soldier is Shawnee Spotted Eagle. She served in the U.S. Air Force at Beale Air Force Base, California. From Montana, Shawnee descends from a long line of strong women who affected her decision to join the military. She is the first woman in her family to serve and second in her family to join the Air Force. Her Grandfather is a Korean War veteran.

Shawnee served two tours Afghanistan, Bagram and Kandahar, including a tour in the United Arab Emirates. Currently serving in Germany, alongside her husband, she is also going to school. Her story can be found on the website for S&K Technologies Inc., a group of Salish and Kootenai tribally owned businesses.

Native women serve in the U.S. Armed Services for many reasons. Whatever the reasons, they are part of a long tradition of service to their families, their communities, and their country.

As for me, I am proud to be protected by Native American women soldiers. We need to name the next new tank the "Minnie" or the next new screaming jet fighter "Qotsa Hon Mana". The military brass will assuredly not do this. Why? Because of fear: fear of offending a few activists. How brave is that?

How can women overcome obstacles to financial security?



FINANCIAL Focus

> **DARREN** PARENT

On March 8, we observe International Women's Day, a celebration of the social, economic, cultural and political achievements of women. Of course. women still tend to encounter more obstacles than men in the pursuit of financial security. Let's consider a few of them.

To begin with, women are still more likely to leave the workforce, at least temporarily, to raise children, resulting in lower contributions to employer-sponsored retirement plans such as 401(k) s. And women are often the ones who become full-time caregivers of aging parents or other relatives. Caregiving duties can exact a big financial toll: The lost wages, pensions (including 401(k)s and similar plans) and Social Security benefits that a woman loses to become a full-time caregiver amount to more than \$300,000 over her lifetime, according to the National Academy of Sciences.

Women also may be more susceptible to financial downturns. Consider the COVID-19 pandemic: Just a few months ago, in December, women lost 156,000 jobs, while men gained 16,000, according to the Bureau of Labor Statistics, which also reported that women accounted for 54 percent of the jobs lost from the pandemic in 2020.

And women are not unaware of their circumstances and outlook. Just 41 percent of women are confident about retirement, compared with 56 percent of men, according to a survey by Edward Jones and Age Wave.

But if you're a woman, you can take steps to help improve your financial outlook. Here are a few suggestions:

TAKE FULL ADVANTAGE RETIREMENT PLANS If you are still working and your employer offers a 401(k) or similar retirement plan, take full advantage of it. Put in as much as you can afford each year and increase your contributions when your salary goes up. Also, within your plan, you'll want to choose the mix of investments that can help provide the most growth potential, given your individual risk tolerance. Also, even if you contribute to a 401(k) or similar plan, vou may also be eligible to fund an IRA, which gives you even more investment choices.

EVALUATE SOCIAL SECURITY OPTIONS You can typically start taking Social Security benefits when you're 62, but your monthly checks will be much larger if you wait until your "full" retirement age, which will likely be between 66 and 67. You might also consider whether you'd be better off by taking spousal benefits, if you're married and your spouse earned more money than you. You're generally even eligible for spousal benefits if you are divorced, as long as you were married at least 10 years and you haven't remarried.

LOOK FOR UNEXPECTED **OPPORTUNITIES** INCOME Even after you've formally retired, you may still find ways to receive some earned income. Perhaps you can work part time or do some consulting. And if you're a caregiver, you might be able to receive some compensation for your work. Many local governments pay non-spouse caregivers who act as personal attendants, although the rules vary greatly by state and county.

These certainly aren't the only ways you can improve your financial status, but they may prove useful to you. In any case, be aware of the challenges facing you and do whatever you can to brighten your future.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Darren Parent, your local Edward Jones Advisor at 5 Albert St., Auburn, MA 01501 Tel: 508-832-5385 or Darren.parent@ edwardjones.com.

March is National $oldsymbol{Noodle}$ $oldsymbol{Month}$

Whether you call it pasta or macaroni, the noodles that deliciously bulk up almost any soup or dish are the ultimate comfort food. After all, who can resist homemade macaroni and cheese? How about cheese laden layered lasagna? Or thick forkfuls of Fettuccine Alfredo? If recent meals haven't made your macaroni quota, here's an excuse to pile on the penne: March has been deemed National Noodle Month! Retailers reveal sales of noodles typically rise as the temperature drops. As we look to the comfort of home during cold weather, hot noodle soups, stews and casseroles serve as yummy "feel good" foods. But how much do you really know about macaroni and pasta beyond its taste factor? Read on for pointers (and more) on perfect pasta!

Macaroni Mood: Want an excuse to say "pass the pasta" more often? Nutritional scientists have proved certain foods are fixes for less than perfect moods. Studies show pasta, which is rich in complex carbohydrates can help relieve anxiety and help fight depression.

No Fail Noodles: There are a few "tricks of the trade" to perfecting pasta. Some cooks prefer to use a lightweight pot for boiling pasta. The light pot allows the water to come to its initial boil quicker and to also return to the boiling faster. This efficiency not only saves time, it prevents the pasta from clumping at the bottom of the pot.

Culinary Coverup: Want to prevent macaroni from



TAKE THE HINT **KAREN**

TRAINOR

sticking together? After adding the pasta and stirring, put a cover on the pot to keep it flowing freely. There's no need to add oil to the pasta water to prevent sticking. Just remember to stir the pot every now and then.

To Salt or not to Salt: That is the question. The answer is usually yes. Salt flavors the pasta. But don't add the salt until the water boils because adding salt first will actually delay the boil. On a restricted sodium diet? Add a squeeze of lemon or a shot of vinegar to the cooking water instead.

Think Outside the Box: While dry, boxed pasta is still the traditional choice for sauces that have an olive oil or tomato base, butter and cream based sauces call for a step up. If you don't have the time or patience to make homemade macaroni, try using fresh refrigerated pasta for dishes that call for cream sauces and gravies.

Use your Noodle: Think pasta can't be a part of a weight loss plan? Think again. Studies in the New England Journal of Medicine and the Journal of the American Medical Association report there are no significant differences in weight loss between low-carbohydrate diets and conventional weight loss plans. The

studies attribute weightloss to a reduction in calories, not carbohydrates.

Here are some pasta pointers from the National Pasta Association:

*When pairing pasta with a sauce, remember that: Thin, delicate pastas, like angel hair or thin spaghetti, are better served with light, thin sauces. Thicker pasta shapes, like fettuccine, work well with heavier sauces. Pasta shapes with holes or ridges, like mostaccioli or radiatore, are perfect for chunkier sauces.

*To reheat cooked pasta, portion out the amount you need and place in boiling water. For extra easy draining, you can place the pasta in a stainless steel colander or strainer and then submerge in boiling water. Count 40 to 60 seconds of reheating time for a four ounce serving. Drain the pasta well, toss with sauce and serve immediately. Pasta can also be reheated in the microwave oven. Reheat single servings on high for 45 seconds at a time, checking between intervals for doneness.

*Refrigerate cooked pasta in an airtight container for three to five days. You may add a little oil (one to two teaspoons for each pound of cooked pasta) to help keep it from sticking. Because cooked pasta will continue to absorb flavors

for freezing are those that Turn To TRAINOR page A7

and oils from sauces, store cooked pasta separately from sauce. *The best pasta shapes BLACKSTONE VALLEY TRIBUNE Friday, March 5, 2021 • 7

> Time to check your fishing rods lot of fishing and

> > tackle

loaded

lures

atten-

March 20 signals the start of spring, but it could actually start earlier. Signs of spring are all around us if we look hard enough. In my travels around the valley this past weekend, I spotted a pair of wood duck flying into a small stream in the valley area. Three deer were observed feeding on grass where the snow had melted, and a few turkevs were feeding not far away. Although I have not spotted any robins locally, I am sure they will be here by the time you read this column.

This writer also brought my boat out of mothballs this past week. I always try to get it ready early in case I have a problem. Finding a mechanic at this time of year to repair outboard motors is easy, but in another few weeks it will be a lot harder. If you have a small outboard motor that needs a tune-up, now is the time to drop it of at a marina. Using an impact wrench to remove the lug nuts from your wheel is very important if you fish saltwater. I use a good penetrating oil like Blast before removing them. While the trailer is off of the ground it is a good idea to spin the wheel, listening for



good dose of grease. Do not overfill them, as you can blow out the back seal.

This is a good time to check all of your fishing rods, both salt & freshwater. Often, the windings need a new coat of lacquer, worn guides should be replaced, and the reel seat needs to have a bit of oil applied to the threads. All reels need to be inspected for wear. Place a light coat of oil on the level wind and on all other moving parts including the reel handle. Checking the fishing line on all reels for wear is very important. Fortunately, the braided lines do not need to be replaced as often as the monofilament lines, but they do wear out.

The next job is to check all of your fishing lures. That can be a long process if you do a

have numerous THE GREAT fishing boxes OUTDOORS with many lures and plugs. Fresh water **RALPH** do not need as **TRUE** much

tion, but saltwater lures and hooks need sharpening and or replaced. The hooks often become rusty if you used them in saltwater, and did not wash them off with freshwater before putting them away. Replace the bucktail on some of the plugs is easy, and requires very little time if you have a fly-tying vice. I often save a couple of deer tails from my deer, or someone else's, and dye them a few different colors. You can also buy them from Bait & Tackle shops.

Fishing lures and saltwater plugs are very expensive. This writer often finds old fishing lures at yard sales and flea markets. They do not have much value, but sometimes you can find a very expensive lure or plug in the bunch that I put in my collection. Most of the plugs only need a coating of paint and new hooks. They are a lot cheaper, and many times, are a lot better to use than a new one. New saltwater fishing plugs can cost over \$15, and often go as high as \$30 or more. These are just a few jobs that can be done before the fishing season arrive.

Massachusetts saltwater recreational fishing regulations could be the same as last year, and will keep the slot size limit on stripers. Circle hook requirements are still pending for both recreational and commercial anglers when fishing for stripers, in both Mass. & Rhode Island. A one fish daily limit on Cod in The Gulf of Maine is also pending, along with haddock regulations. Be sure to read the regulations on final season dates.

The Massachusetts hunting and fishing license fee increase for 2022 will be hosted on three online information sessions in March by Mass Fish & Wildlife. The dates are March 9, 17, and 25 from 6:30 to 9 p.m.! Instructions for joining the sessions are posted on the Massachusetts Wildlife Web site. There will be a question-and-answer period after



This week's picture shows a figure of a happy fisherman that was awarded to a lucky angler at the Singletary Rod & Gun Club back in 1982, during one of their fishing derbies. I found the trophy at a yard sale back a number of years ago!

the presentation, explaining the need for license and permit increases for 2022.

Take a Kid fishing & Keep Them Rods Bending!



Positively SPEAKING

GARY W.

MOORE

I've written about this several times and in different ways. If I comment on "the beauty of God's creation," most will see visions of stunning landscapes and the beauty of the oceans. When I ponder the beauty of God's creation, my mind goes to my fellow human beings and their kindness.

I understand if you have difficulty going there. All you must do is go to the political opinion columns and talk shows. They're full of hatred for others whether you are on the left or right. "If you disagree, your spreading hate!" Both sides make the same claim. How

sadly absurd.

Most of you know that I'm battling Stage 4 Stomach Cancer, and wow ... it's been a roller coaster of a journey. I'm writing you today from my local hospital where I spiked a fever after mv recent surgery and was admitted last night. When I was rushed

into the ER, I was surrounded by caring nurses. Because I didn't get permission, I'll not use real names. Bill, the triage nurse didn't ask me who I voted for but instead showed genuine concern. He saw me, my value, and my worth - not by my political party but because I am simply human. And I saw him - a human. I asked his name and about his family. He seemed grateful.

Bill passed me into a treatment room in the ER where I was quickly met by a Dr. He also saw me not by my political party, but as a human who needed care and attention. He showed genuine concern and compassion. The subject of climate change never came up, nut instead we were two humans who saw value and worth in one anoth-

I was taken care of by a nurse's aid named Sam. I found out he's finishing up his RN certificate and said, "I'm excited to make a difference." I assured him that he already is ... he paused, smiled, and said thank you. I'm guessing he may be twenty. The last thing I said

to him was, "Sam, your parents must be so proud of you." His face lit up and he said, "I'll tell them you said so.'

The kindness of us

I was then moved to a room on the fifth floor. I make it a point to get evervone's name, ask them where they were from, and compliment them on something. In return, the care I've received has been amazing ... and through it all there was not a single political discussion, and everyone smiled. Here, we are humans who have value and worth, not predicated by our political affiliation, but simply because we are humans who are created in the image of God.

I've really enjoyed my time here being kind and receiving kindness in return. I've tried to get them to open as I opened myself to them. I've experienced the beauty of God's creation, up close and personal.

today's ized environment, and often behind computer screens, we demonize one another by spewing hateful words simply because someone else voted differently than I did. As one Pastor Andy Stanley once remarked, "You're scaring the kids!" And for what?

The deeper we dive into God's creation, the more we realize, there's so much we don't know. And yet, so many act as though they are experts, and the rest of the world is foolish. But what if it

isn't our job to know? What if our purpose is much more significant and even simpler than knowing everything? What if we are fighting over the wrong thing? What if we are missing the mark entirely? Maybe it's just this simple: we are here to love and be loved. Perhaps one of the greatest reminders comes from Jesus himself, "Love your neighbor as yourself." I think he was onto something.

Gary W. Moore is a freelance columnist, speaker, and author of three books including the award-winning, critically acclaimed. "Playing with the Enemy." Follow Gary on Twitter @ GaryWMoore721 and at www.garywmoore.com.



All-America Selections

All-America Selections winner Patio Choice Yellow Sweet is a compact tomato variety perfect for containers, patios or balconies

Be the first in your neighborhood to enjoy a garden-ripe tomato. Then continue harvesting an abundance of flavorful tomatoes throughout the growing season. A little planning and strategic planting can help you get an earlier and bigger tomato harvest.

Grow an earlier and more abundant tomato harvest

Jumpstart the season by warming the soil for an earlier start. Cover the planting space with clear plastic or a cloche. Once the soil is warm, you are ready to plant your tomatoes. Use the row cover or cloche to protect your plants

when cold temperatures or frost is in the forecast. You will get a two- to four-week jump start to the season.

Further shorten the time to harvest by planting an early ripening tomato like Early Girl, Fourth of July, and Quick Pick. Check the catalog description or plant tags for the number of days the tomato variety needs to reach maturity. Growing these or others that require fewer days between planting and harvesting means you'll be enjoying fresh tomatoes sooner.

Train at least one of your tomato plants onto a stake for an earlier harvest. Loosely tie one or two stems to a tall stake. Continue securing the stems throughout the season as the plant grows. Remove the suckers, the small branches that form between the main

GARDEN MOMENTS MELINDA **MYERS**

stem and leaf, as they appear. You'll have fewer fruit, but they will be ready to harvest or grown sprawled on the ground.

Staking also saves space and helps reduce the risk of disease. If staking seems like too

much effort, grow your tomatoes in cages. Use tall, sturdy cages for larger indeterminate tomatoes that grow. flower, and produce fruit until frost. Caging tomatoes also increases airflow and light penetration for greater yields and fewer pest problems.

Save even more space while bringing the harvest to your kitchen door, balcony, or window box with compact tomato varieties, like Patio Choice Yellow Sweet and Neat or Tumbling Tom. Plant one in a 10-inch pot or grow several in a larger container. You'll have a large crop of bite-sized tomatoes in about two months.

To improve the quality of your harvest, choose disease- and crack-resisting varieties. Cooks and canners will love Early Resilience Roma-type tomato. It is resistant to late blight, blossom end rot and several other common tomato diseases. This determinate tomato plant only grows two feet tall, so will not need staking. It is great for containers, and traditional vegetable gardens. Reducing the risk of disease means a bigger harvest with less effort on your part.

Further reduce your workload and increase your success with mulch. Spread a two-inch layer of shredded leaves, weed-free straw, or evergreen needles over the soil surface around your plants. You will conserve water, suppress weeds, and improve the soil as the mulch decomposes.

With a little planning you will be ready to enjoy an early and bountiful harvest of tasty tomatoes from this season's garden.

Melinda Myers has written more than 20 gardening books, including Small Space Gardening. She hosts The Great Courses "How to Grow Anything" DVD series and the nationally-syndicated Melinda's Garden Moment TV & radio program. Myers is also a columnist and contributing editor for Birds & Blooms magazine. Her Web site is www. MelindaMyers.com.

TRAINOR

continued from page A6

are used in baked recipes, such as lasagne, jumbo shells, ziti and manicotti. You'll have better results if you prepare the recipe and freeze it before baking. To bake, thaw the dish to room temperature and bake as the recipe directs.

Did you know?

*In 18th century England, macaroni was a synonym for perfection and excellence. That's why, for example, the feather in Yankee Doodle's cap was called "macaroni."

*Thomas Jefferson is credited with introducing macaroni to the United States. It seems that he fell in love with a certain dish he sampled in Naples while serving as the U.S. Ambassador to France.

*The first American pasta factory was opened in Brooklyn, New York, in 1848, by a Frenchman named Antoine Zerega. Mr. Zerega operated with one horse in his basement to power the machinery. To dry his spaghetti, he placed strands of the pasta on the roof to dry in the sun.

*Tripolini or "little bows" were named to honor the Italian conquest of Tripoli in Libya.

Win Dinner for Two at the Publick House

Your tips can win you a great dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renowned restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint!, C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or email KDRR@aol. com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.



News, really close to home

LEGALS

NOTICE OF MORTGAGEE'S SALE OF REAL ESTATE

Premises: 20 Johnston Avenue, Whitinsville, MA 01588

By virtue and in execution of the Power of Sale contained in a certain mortgage given by Kimberly Hazzard and Michael Hazzard to Mortgage Electronic Registration Systems, Inc., as Mortgagee, as nominee for New England Regional Mortgage Corporation, and now held by 1900 Capital Trust III, by U.S. Bank Trust National Association, not in its individual capacity but solely as Certificate Trustee, said mortgage dated November 24, 2010 and recorded in the Worcester County (Worcester District) Registry of Deeds in Book 46729, Page 343, said mortgage was assigned from Mortgage Electronic Registration Systems, Inc., as nominee for New England Regional Mortgage Corporation to Wells Fargo Bank NA by assignment dated February 14, 2012 and recorded with said Registry of Deeds in Book 48548, Page 272; said mortgage was further assigned from Wells Fargo Bank N.A. to The Secretary of Housing and Urban Development by assignment dated November 28, 2014 and recorded with said Registry of Deeds in Book 53916, Page 350; said mortgage was further assigned from The Secretary of Housing and Urban Development to V Mortgage Acquisitions, LLC by assignment dated May 7, 2015 and recorded with said Registry of Deeds in Book 53980, Page 373; said mortgage was further assigned from V Mortgage Acquisitions, LLC to Wilmington Trust, National Association, not in its individual capacity but solely as Trustee for VM Trust Series 2, a Delaware Statutory Trust by assignment dated July 13, 2015 and recorded with said Registry of Deeds in Book 54038, Page 187; said mortgage was further assigned from Wilmington Trust, National Association, not in its individual capacity, but solely as Trustee for VM Trust Series 2, a Delaware Statutory Trust to Trifera, LLC by assignment dated August 3, 2016 and recorded with said Registry of Deeds in Book 56280, Page 101; said mortgage was further assigned from Trifera, LLC to Wilmington Savings Fund Society, FSB, as Trustee for Stanwich Mortgage Loan Trust A by assignment dated October 17, 2017 and recorded with said Registry of Deeds in Book 59280, Page 92; said mortgage was further assigned from Wilmington Savings Fund Society, FSB, As Trustee of Stanwich Mortgage Loan Trust A to 1900 Capital Trust III, By U.S. Bank Trust National Association, not in its individual capacity but solely as Certificate Trustee by assignment dated February 14, 2019 and recorded with said Registry of Deeds in Book 60149, Page 367; for breach of the conditions in said mortgage and for the purpose of foreclosing the same will be sold at Public Auction on March 18, 2021 at 12:00 PM Local Time upon the prem-

A certain parcel of land situated on the westerly side of Johnston Avenue, southerly of East Street in the Village of Whitinsville, said Northbridge, bounded and described as follows: Beginning at a point on the westerly side of said Johnston Avenue at the northeast corner of the granted premises, said point being 82.0 feet distant from measured S. 16' 40" E., from the intersection formed by the westerly line of said Johnston Avenue with the southerly line of East Street: Thence S. 74"40'W., by land now of formerly of Dertorosian, 57.58 feet to land now of formerly of Thomas Muradian; Thence S. 16" 40'E., by said land now or formerly of Muradian, 58 feet to land now or formerly of the Grafton Bank; Thence N. 74' 40" E., by land now of formerly of said Bank, 57.58 feet to the westerly line of Johnston Avenue; Thence N. 16"40'W., by the westerly line of said Johnston Avenue, 58 feet to the point of beginning. Containing 3335 square feet, more less. Being the same premises conveyed to the Mortgagors by deed of Kevin M. Stacey and Laura A. Stacey dated October 26, 2008 and recorded with the Worcester District Registry of Deeds at Book 43430, Page 334. The description of the property contained in the mortgage shall control in the event of a typographical error in this publication.

ises, all and singular the premises de-

scribed in said mortgage, to wit:

TERMS OF SALE: Said premises will be sold and conveyed subject to all liens, encumbrances, unpaid taxes, tax titles, municipal liens and assessments, if any, which take precedence over the said mortgage above described.

FIVE THOUSAND (\$5,000.00) Dollars of the purchase price must be paid in cash, certified check, bank treasurer's or cashier's check at the time and place of the sale by the purchaser. The balance of the purchase price shall be paid in cash, certified check, bank treasurer's or cashier's check within thirty (30) days after the date of sale.

Other terms to be announced at the sale.

1080 Main Street, Suite 200 Pawtucket, RI 02860 Attorney for 1900 Capital Trust III. by U.S. Bank Trust National Association, not in its individual capacity but solely as Certificate Trustee

Present Holder of the Mortgage 401-217-8701

Brock & Scott, PLLC

February 19, 2021 February 26, 2021 Merch 5, 2021

NOTICE OF MORTGAGEE'S SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain mortgage given by Donna D. Graham, Richard E. Graham, Jr. to Norwest Mortgage of Massachusetts, Inc. d/b/a Norwest Mortgage, dated December 10, 1998 and recorded in the Worcester County (Worcester District) Registry of Deeds in Book 20790, Page 21 of which mortgage the undersigned is the present holder, by assignment from:

Norwest Mortgage of Massachusetts, Inc. d/b/a Norwest Mortgage to Norwest Mortgage, Inc., recorded on December 14, 1998, in Book No. 20790, at Page 30

Wells Fargo Bank, N.A. s/b/m Wells Fargo Home Mortgage, Inc. f/k/a Norwest Mortgage, Inc. to The Secretary of Housing and Urban Development, recorded on February 14, 2017, in Book No. 56741, at Page 195

The Secretary of Housing and Urban Development to Wilmington Savings Fund Society, FSB, as trustee for Stanwich Mortgage Loan Trust A, recorded on February 14, 2017, in Book No. 56741, at Page 199

Wilmington Savings Fund Society, FSB, as trustee for Stanwich Mortgage Loan Trust A to Elizon Master Participation Trust I, U.S. Bank Trust National Association, as Owner trustee, recorded on April 12, 2018, in Book No. 58655, at Page 161 for breach of the conditions of said mortgage and for the purpose of foreclosing, the same will be sold at Public Auction at 2:00 PM on March 19, 2021, on the mortgaged premises located at 220 Alana Drive, Northbridge, Worcester County, Massachusetts, all and singular the premises described in said mortgage,

The land and buildings thereon situated in the Town of Northbridge, County of Worcester, Commonwealth of Massachusetts, being lot 115 as shown on a subdivision plan entitled "Brendon Woods", dated October 30, 1987 and recorded with the Worcester District Registry of Deeds in Plan Book 601, Plan 86*, being more particularly bounded and described as follows:

BEGINNING at a point on the easterly line of the subdivision roadway, Alana Drive, being the northwesterly corner of the lot herein described;

THENCE S. 87° 42' 15" E., feet by the southerly line of Lot 114 as shown on said plan to a point;

THENCE S. 02° 17' 45" W., 148.50 feet by the westerly line of land now or formerly of Gerald M. & Carry J. Violette to a point;

THENCE S. 87° 42' 15" E., 188.01 feet by the southerly line of said land now or formerly of Violette to a point; THENCE S. 04° 46' 13" E., 25.15 feet by the westerly line of land now or formerly of Frank and Isabelle Pedro to a point;

THENCE N. 87° 42' 15" W., 339.85 feet by the northerly line of Lot 1A as shown on said plan to a point;

THENCE Northeasterly by a curve to the right the radius of whose arc is 250.00 feet, a distance of 25.00 feet by the easterly line of Alana Drive to a point;

THENCE N. 02° 17' 45" E., 148.50 feet by the easterly line of Alana Drive to

the point of beginning. Containing 30,739 square feet of land, more or less, according to said plan.

*See also "Plan of Land in Northbridge, Mass., Property of Heritage Park Development Corporation," dated June 27, 1988, by Gurriere & Halnon, Inc., recorded with said Deeds in Plan Book 05, Page 91.

For mortgagor's(s') title see deed recorded with Worcester County (Worcester District) Registry of Deeds in Book 17147, Page 2.

These premises will be sold and conveyed subject to and with the benefit of all rights, rights of way, restrictions, easements, covenants, liens or claims in the nature of liens, improvements, public assessments, any and all unpaid taxes, tax titles, tax liens, water and sewer liens and any other municipal assessments or liens or existing encumbrances of record which are in force and are applicable, having priority over said mortgage, whether or not reference to such restrictions, easements, improvements, liens or encumbrances is made in the deed. TERMS OF SALE:

A deposit of Five Thousand (\$5,000.00) Dollars by certified or bank check will be required to be paid by the purchaser at the time and place of sale. The balance is to be paid by certified or bank check at Harmon Law Offices, P.C., 150 California St., Newton, Massachusetts 02458, or by mail to P.O. Box 610389, Newton Highlands, Massachusetts 02461-0389, within thirty (30) days from the date of sale. Deed will be provided to purchaser for recording upon receipt in full of the purchase price. The description of the premises contained in said mortgage shall control in the event of an error in this publication.

Other terms, if any, to be announced at the sale.

ELIZON MASTER PARTICIPATION TRUST I, U.S. BANK TRUST NA-TIONAL ASSOCIATION, AS OWNER TRUSTEE

Present holder of said mortgage By its Attorneys, HARMON LAW OFFICES, P.C. 150 California St. Newton, MA 02458 (617)558-0500 2011032018 February 19, 2021 February 26, 2021 March 5, 2021

NOTICE OF PUBLIC HEARING

In accordance with the provisions of M.G.L Ch 40A, Section 11, and Chapter 173, Section 48 of the Northbridge Zoning By-laws, the Northbridge Zoning Board of Appeals will hold a public hearing on Thursday, March 11, 2021 at 6:45 P.M. BY VIA ZOOM,

Join Zoom Meeting: https://zoom. us/j/95851207871?pwd=VkJMR\ VRqKzRVQ3IweEFhMjZWW-FRhZz09

Meeting ID: 958 5120 7871 **Passcode: 860882** Dial by your location

+1 929 205 6099 US (New York) To consider the petition of Jason Ball &

Donna Marie Evans regarding 246 No. Main Street, Whitinsville, MA 01588 for a Variance (03-V-21) to install a pool, shed & deck on a comer lot that do not meet the setback requirements, Article X, 173-48, Table of Area Regulations 173 attachment 1 Note 7 of the Tovvn of Northbridge Zoning Bylaws. The property, shown on Assessor's Map 7 as Parcel 137 is located in a residential -2 zoning district and is owned by Jason Ball & Donna Marie Evans. The purpose of this hearing is to provide an opportunity for public comment. Anyone wishing to be heard regarding this matter should attend said meeting at the time and place designated. A copy of the petition is available for review at the office of the Town Clerk and Zoning Board of Appeals Office and may be reviewed during normal business hours.

Douglas Curving, Chairman Northbridge Zoning Board of Appeals February 26, 2021 March 5, 2021

NOTICE OF PUBLIC HEARING

In accordance with the provisions of M.G.L Ch 40A, Section 11, and Chapter 173, Section 47 of the Northbridge Zoning By-laws, the Northbridge Zoning Board of Appeals will hold a public hearing on Thursday, March 11, 2021 at 7:05 P.M. BY VIA ZOOM

Join Zoom Meeting: https://zoom. us/j/95851207871 ?pwd=VkJM-RWRqluRVQ3lweEFhMjZWW-FRhZz09 Meeting ID: 958 5120 7871 Passc:ode: 860882

Dial by your location +1929 205 6099 US (New York)

To consider the application from Eskar Cultivation LLC, 8 Janice Ave., North Reading, MA 01864 for aVariance (0S-V-21) pursuant to Article V, Section 173-18.6, E-(2) Table of Use Regulations in order to operate a marijuana cultivating Business 500 feet from child care facility & Town playground at the location of Commerce Drive Building #5, Whitinsville, MA 01588. The property is shown on Assessor's Map 28 as Parcel 73, is located in a Industrial-I zoning district and is owned by V.E. Properties IX, LLC. The purpose of this hearing is to provide an opportunity for public comment. Anyone wishing to be heard regarding this matter should attend said meeting at the time and place designated. A copy of the petition is available for review at the office of the Town Clerk and Zoning Board of Appeals Office and may be reviewed during normal business hours.

Douglas Curving, Chairman Northbridge Zoning Board of Appeals February 26, 2021 March 5, 2021

NOTICE OF PUBLIC HEARING

In accordance with the provisions of M.G.L Ch 40A, Section 11, and Chapter 173, Section 47 of the Northbridge Zoning By-laws, the Northbridge Zoning Board of Appeals will hold a public hearing on Thursday, March 11, 2021 at 7:15 P.M. BY VIA ZOOM

Join Zoom Meeting: https://zoom.us/ j/95851207871?pwd=VkJMRWRqKz-RVQ31weEFhMjZWWFRhZ7-09 Meeting ID: 958 5120 7871

Passcode: 860882 Dial by your location +1929 205 6099 US (New York)

To consider the application from Ralph St Germain- Redi-Letters Express LLC, 1051 B Millbury St, Worcester, MA 01607 for a Special Permit (06-SP-21) pursuant to Article VII, Section 173-22 Table of Use Regulations in order to replace existing signs throughout the property. The property is shown on Assessor's Map 7 as Parcel 254, is located in a Residential, -1 zoning district and is owned by Blu-Point Healthcare Realty, LLC. The purpose of this hearing is to provide an opportunity for public comment. Anyone wishing to be heard regarding this matter should attend said meeting at the time and place designated. A copy of the petition is available for review at the office of the Town Clerk and Zoning Board of Appeals Office and may be reviewed during normal business hours. Douglas Curving, Chairman Northbridge Zoning Board of Appeals February 26, 2021

NOTICE OF PUBLIC HEARING

March 5, 2021

In accordance with the provisions of M.G.L Ch 40A, Section 11, and Chapter 173, Section 47 of the Northbridge Zoning By-laws, the Northbridge Zoning Board of Appeals will hold a public hearing on Thursday, March 11, 2021 at 6:55 P.M. BY VIA ZOOM

Join Zoom Meeting: https://:i:oom. us/j/958SI20787I?pwd=Vk,JM-RWRqKzRVQ3IweEFhMjZWW-FRhZz09

Meeting ID: 958 5120 7871 Passcode: 860882 Dial by your location +1929 205 6099 US (New York)

To consider the application from S & A Holdings, Inc. dba AA Trinity Signs & Awning, 221 Jefferson Blvd, Warwick, RI 02888 for a Variance (04-V-21) putsuant to Article VII, Section 173-23, Table of Use Regulations in order to install a new rebranded Burger King Sign at the location of 1141 Providence Road, Whitinsville, MA 01588. The property is shown on Assessor's Map 23A as Parcel 81, is located in a Business-1 zoning district and is owned by

The purpose of this hearing is to pro-

an opportunity for public comment. Anyone wishing to be heard regarding this matter should attend said meeting at the time and place designated. A copy of the petition is available for review at the office of the Town Clerk and Zoning Board of Appeals Office and may be reviewed during normal business hours.

Douglas Curving, Chairman Northbridge Zoning Board of Appeals February 26, 2021 March 5, 2021

NOTICE OF PUBLIC HEARING

In accordance with the provisions of M.G.L Ch 40A, Section 11, and Chapter 173, Section 47 of the Northbridge Zoning By-laws, the Northbridge Zoning Board of Appeals will hold a public hearing on Thursday, March 11, 2021 at 6:35 P.M. BY VIA ZOOM

Join Zoom Meeting https://zoom.us/,j/95851207871 ?pwd=VkJMRWRqKzRVQ3IweEFhMjZWWFRhZz09 Meeting ID: 958 5120 7871

Passcode: 860882 **Dial by your location +1929 205 6099 US (New York)**

To consider the application from Brendon Griffin, (Brentuning) 276 Lincoln Circle, Northbridge, MA 01534 for a Special Permit (02-SP-21) pursuant to Article X, Section 173-47, 173-12 Table of Use Regulations in order to operate an Automotive Business at the location of 300 Commerce Dr. Whitinsville, MA 01588. The property is shown on Assessor's Map 28 as Parcel 73, is located in a Industrial-I zoning district and is owned by V.E. Ploperties IX, LLC. The purpose of this hearing is to provide an opportunity for public comment. Any-

wishing to be heard regarding this matter should attend said meeting at the time and place designated. A copy of the petition is available for review at the office of the Town Clerk and Zoning Board of Appeals Office and may be reviewed during normal business hours.

Douglas Curving, Chairman Northbridge Zoning Board of Appeals February 26, 2021 March 5, 2021



LEGALS

NOTICE OF MORTGAGEE'S SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain mortgage given by Donna M. Molinaro, Peter J. Molinaro, Jr. to Mortgage Electronic Registration Systems, Inc., as nominee for Countrywide Home Loans, Inc., dated October 5, 2005 and recorded in the Worcester County (Worcester District) Registry of Deeds in Book 37528, Page 343, as modified by a certain modification agreement dated August 13, 2015, and recorded with said Worcester County (Worcester District) Registry of Deeds in Book 54578, Page 95 of which mortgage the undersigned is the present holder, by assignment from:

Mortgage Electronic Registration Systems, Inc. to Bank of America, N.A., successor by merger to BAC Home Loans Servicing LP, fka Countrywide Home Loans Servicing LP, recorded on June 5, 2012, in Book No. 49082, at Page 142

Bank of America, N.A. to Federal National Mortgage Association, recorded on October 17, 2012, in Book No. 49798, at Page 141

Bank of America, N.A., successor by merger to BAC Home Loans Servicing LP, fka Countrywide Home Loans Servicing, LP to Federal National Mortgage Association, recorded on November 14, 2012, in Book No. 49948, at Page 328

for breach of the conditions of said mortgage and for the purpose of foreclosing, the same will be sold at Public Auction at 3:00 PM on March 19, 2021. on the mortgaged premises located at 110 Jefferson Avenue, Northbridge, Worcester County, Massachusetts, all and singular the premises described in

said mortgage, TO WIT:

A certain parcel of land situated in Northbridge, Worcester County, Commonwealth of Massachusetts, on the southeasterly side of Jefferson Avenue, shown as Lot 44 on a plan entitled "Definitive Plan of Land in Northbridge, Mass., property of: Daniel J. Heney" Scale 1" = 40', dated June 12, 1984, drawn by Guerriere & Halnon, Inc., Engineering and Land Surveying, Whitinsville, Mass., recorded with the Worcester District Registry of Deeds, Plan Book 534, Plan 117, and bounded and described as follows: BEGINNING at a point on the southeasterly side of Jefferson Avenue at the northerly corner of the herein described premises as shown on said plan; THENCE South 55 degrees 29' 21" E., a distance of 94.30 feet to a point in a stone wall at land now or formerly of Armstrong; THENCE South 29 degrees 09' 08" W., by said stone wall and by said Armstrong land 105.84 feet to a drill hole in said stone wall; THENCE South 7 degrees 18" 32" E., by said stone wall and by said Armstrong land 140.99 feet to a drill hole in said stone wall; THENCE South 6 degrees 37' 32" E., by said stone wall and by said Armstrong land 130.33 feet to an iron pipe at land now or formerly of Burna; THENCE North 86 degrees 05' 54" W., by said Burna land 40.00 feet to a point at Lot 45 as shown on said plan; THENCE North 21 degrees 34' 30" W., by said Lot 45, a distance of 324.12 feet to a point on the southwesterly side of Jefferson Avenue; THENCE Northeasterly by said Jefferson Avenue and by a curve to the left the radius of whose arc is 475.00 feet a distance of 136.55 feet to a point; THENCE North 34 degrees 30' 39" E, by said Jefferson Avenue, 13.45 feet to the point of beginning. Being the same premises in a deed Book 11599, Page 304. For mortgagor's(s') title see deed

recorded with Worcester County (Worcester District) Registry of Deeds in Book 11599, Page 304.

These premises will be sold and conveyed subject to and with the benefit of all rights, rights of way, restrictions, easements, covenants, liens or claims in the nature of liens, improvements, public assessments, any and all unpaid taxes, tax titles, tax liens, water and sewer liens and any other municipal assessments or liens or existing encumbrances of record which are in force and are applicable, having priority over said mortgage, whether or not reference to such restrictions, easements, improvements, liens or encumbrances is made in the deed. TERMS OF SALE:

A deposit of Five Thousand (\$5,000.00) Dollars by certified or bank check will be required to be paid by the purchaser at the time and place of sale. The balance is to be paid by certified or bank check at Harmon Law Offices, P.C., 150 California St., Newton, Massachusetts 02458, or by mail to P.O. Box 610389, Newton Highlands, Massachusetts 02461-0389, within thirty (30) days from the date of sale. Deed will be provided to purchaser for recording upon receipt in full of the purchase price. The description of the premises contained in said mortgage shall control in the event of an error in this publication.

Other terms, if any, to be announced at the sale.

FEDERAL NATIONAL MORTGAGE **ASSOCIATION**

Present holder of said mortgage By its Attorneys, HARMON LAW OFFICES, P.C. 150 California St.

Newton, MA 02458 (617)558-0500 2017080075 February 26, 2021

March 5, 2021 March 12, 2021

Commonwealth of Massachusetts The Trial Court Probate and Family Court Worcester Probate and Family

Court

225 Main Street Worcester, MA 01608 (508) 831-2200 Docket No. WO21P0546EA CITATION ON PETITION FOR FORMAL ADJUDICATION

Estate of: Barbara Murphy Date of Death: 02/16/2020

To all interested persons: A Petition for Formal Probate of Will with Appointment of Personal Representative has been filed by Beaumont At Northbridge Robin of Northbridge MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that Beaumont At Northbridge Robin of Northbridge MA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in an unsupervised administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 a.m. on the return day of 03/23/2021. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection it you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC) A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Leilah A. Keamy, First Justice of this Court.

Date: February 23, 2021

Stephanie K. Fattman, Register of Probate

March 5, 2021

Commonwealth of Massachusetts The Trial Court **Probate and Family Court Worcester Division** Docket No. WO21P0578EA Estate of:

Edward Naroian Date Of Death: May 16, 2020 **NOTICE OF INFORMAL PROBATE**

To all persons interested in the above-captioned estate, by Petition of Petitioner Gail R. Giano of Natick MA a Will has been admitted to informal

Gail R. Giano of Natick MA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner. March 5, 2021

Commonwealth of Massachusetts The Trial Court Probate and Family Court Worcester Probate and Family Court 225 Main Street

Worcester, MA 01608 (508) 831-2200 Docket No. WO21P0555EA CITATION ON PETITION FOR FORMAL ADJUDICATION

Estate of: Richard Joseph Yonika Date of Death: 03/22/2020

To all interested persons: A Petition for Formal Probate of Will with Appointment of Personal Representative has been filed by Lee A. Yonika of Northbridge MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that Lee A. Yonika of Northbridge MA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in an unsupervised administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 a.m. on the return day of 03/23/2021. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS

UNIFORM PROBATE CODE (MUPC) A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Leilah A. Keamy, First Justice of this Court.

Date: February 23, 2021

Stephanie K. Fattman, Register of Probate

March 5, 2021

Commonwealth of Massachusetts The Trial Court **Probate and Family Court Worcester Probate and Family** Court 225 Main Street Worcester, MA 01608 Docket No. WO21P0227GD CITATION GIVING NOTICE OF PETITION FOR APPOINTMENT OF

> G.L. c. 190B, §5-304 In the matter of: Victoria Fontenarosa Of: Blackstone, MA

GUARDIAN FOR INCAPACITATED

PERSON PURSUANT TO

RESPONDENT

Alleged Incapacitated Person To the named Respondent and all other interested persons, a petition has been filed by Department of Developmental Service of Worcester, MA in the above captioned matter alleging that Victoria Fontenarosa is in need of a Guardian and requesting that Lisa M Alberto of Milford, MA (or some other suitable person) be appointed as Guardian to serve Without Surety on the bond.

The petition asks the court to deter-

mine that the Respondent is incapacitated, that the appointment of a Guardian is necessary, and that the proposed Guardian is appropriate. The petition is on file with this court and may contain a request for certain specific authority. You have the right to object to this proceeding. If you wish to do so, you or your attorney must file a written appearance at this court on or before 10:00 A.M. on the return date of 03/09/2021. This day is NOT a hearing date, but a deadline date by which you have to file the written appearance if you object to the petition. If you fail to file the written appearance by the return date, action may be taken in this matter without further notice to you. In addition to filing the written appearance, you or your attorney must file a written affidavit stating the specific facts and grounds of your objection within 30 days after the return date.

IMPORTANT NOTICE

The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the abovenamed person. If the above-named person cannot afford a lawyer, one may be appointed at State expense.

WITNESS, Hon. Leilah A. Keamy, First Justice of this Court.

Date: January 28, 2021

Stephanie K. Fattman Register of Probate

March 5, 2021

Commonwealth of Massachusetts The Trial Court Probate and Family Court Worcester Probate and Family

Court 225 Main Street Worcester, MA 01608 (508) 831-2200 Docket No. WO16P1774GD CITATION GIVING NOTICE OF **PETITION FOR TERMINATION OF A GUARDIAN OF**

AN INCAPACITATED PERSON In the interests of: Victoria Fontenarosa of Blackstone, MA RESPONDENT Incapacitated Person/ Protected Person

To the named Respondent and all other interested persons,

A petition has been filed by

Department of Developmental Worcester, MA in the above captioned matter requesting that the court: Terminate the Guardianship. The petition asks the court to make a determination that the powers of the Guardian and/ or Conservator should be expanded, modified, or limited since the time of the appointment. The original petition is on file with the court.

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 a.m. on 03/09/2021.

This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an Affidavit of Objections within thirty (30) days of the return day, action may be taken without further notice to you.

WITNESS, Hon. Leilah A Keamy, First Justice of this Court.

Date: February 08, 2021

Stephanie K. Fattman, Register of Probate

March 5, 2021

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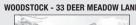
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tained & loved! Kitchen with double wall ovens, gas cook-top, granite countertops. Formal dining room, Fireplaced Living room! master, on the first floor. 4 bedrooms total! 2nd full bath -second level. 2 car garage!

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NORTHBRIDGE

continued from page A1

high school, with those duties becoming part of the GuidanceCounselor's responsibilities, said LeBrasseur, and moving the high school's Media Specialist to the new Northbridge Elementary School. Other shifts include adding a part-time Library Clerk at the high school and the addition of a Dean of Students at the new elementary school as part of the administrative team, which is proposed to include two principals and an assistant principal.

"One point that I was particularly interested in seeing was the net financial impact of the new school," LeBrasseur said. "At least for the first year, it is projecting a cost of \$39K less than the operation of the two current schools. Of course, some of the costs are still based on modeling and we'll know more after a year or two in the building, but I [thought] that was great news.

"As we have for the past few years, our budget situation moving forward must come with a caution. We are fortunate to have reserve funds (Revolver accounts) to help balance our budget year to year, but we know the day is coming when this will not be sustainable," LeBrasseur added. "We've been able to weather this a bit longer than anticipated as each year comes with unforeseen situations that either increase our revenue or decrease our costs, but it is something the district and the school committee need to continue to closely monitor."

The next School Committee meeting, slated for Tuesday, March 9, will include a Public Hearing on the budget. Community members are encouraged to attend the meeting to share input with the committee prior to its vote on the budget on Tuesday, March 23.

FOOD DRIVES

continued from page A1

be blessed by your efforts," added Sabourin.

At the elementary school-Whitinsville Christian School is a K-12 school—students held a food drive benefiting the Northbridge Association of Churches Food Pantry.

Collections took place at the end of February. According to the school, this is an annual event and each class "tracks their donations with a few math lessons along the way."

"The WCS community really came through," said Sheryl Casey, a fifth-grade teacher. "In one week, they donated over 1,700 items and 23 gift cards to

the Northbridge Food Pantry. These were record-breaking numbers for our Elementary Food Drive."

Students and teachers loaded four vehicles with donations. Both fifth-grade classes unloaded the items at the food pantry.

RIDE

continued from page A1

industry for so long, they still surprise me with their choices," said Lamont. "That's what's cool. We train them, give them knowledge and tools to succeed, and then we let them go.

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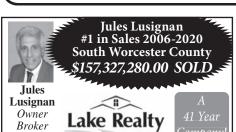
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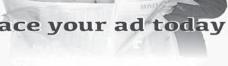
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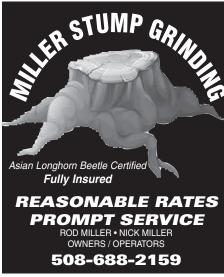
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DETAILS OF OFFER: Offer expires 4/10/2021. You must set your appointment by 3/31/2021 and purchase by 4/10/2021. Not valid with other offers or prior purchases. Buy one (1) window or entry/patio door, get one (1) window or entry/patio door 40% off, and 12 months \$0 down, 0 monthly payments, 0% interest when you purchase four (4) or more windows or entry/patio doors between 3/1/2021 and 4/10/2021. 40% off windows and entry/patio doors are less than or equal to lowest cost window or entry/patio door in the order. Additional \$100 off each window or entry/patio door, no minimum purchase required, taken after initial discount(s), when you set your appointment by 3/31/2021 and purchase by 4/10/2021. Military discount applies to all active duty, veterans and retired military personnel. Military discount equals \$300 off your entire purchase and applies after all other discounts, no minimum purchase required. Subject to credit approval. Interest is billed during the promotional period, but all interest is waived if the purchase amount is paid before the expiration of the promotional period. Financing for Green Sky® consumer loan programs is provided by federally insured, federal and state chartered financial institutions without regard to age, race, color, religion, national origin, gender or familial status. Savings comparison based on purchase of a single unit at list price. Available at participating locations and offer applies throughout the service area. See your local Renewal by Andersen location for details. License number available upon request. Some Renewal by Andersen locations are independently owned and operated. "ENERGY STAR" is a registered trademark of the U.S. Environmental Protection Agency. "Renewal by Andersen" and all other marks where denoted are trademarks of Andersen Corporation. ©2021 Andersen Corporation. All rights reserved. ©2021 Lead Surge LLC. All rights reserved. Values are based on comparison of Renewal by Andersen® double-hung window U-Factor to the U-Factor for clear dual pane glass non-metal frame default values from the 2006, 2009, 2012, 2015, 2019, Internetional Feneral Corporation Corporation of the production of the production of the corporation of the corporation of the corporation of the U-Factor for clear dual pane glass non-metal frame default values from the 2006, 2009, 2012, 2015, 2019, 1919, 1919, 2019, 2 and 2018 International Energy Conservation Code "Glazed Fenestration" Default Tables.

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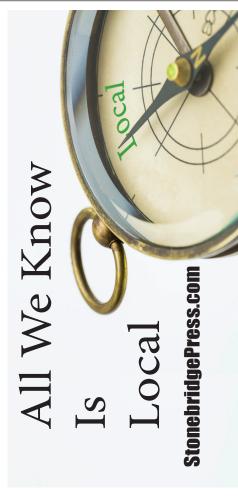
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