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Friday, September 23, 2022

DAR promotes Constitution Week Sept. 17-23



DOUGLAS/DUDLEY — The Captain Job Knapp DAR Chapter and The National Society Daughters of the American Revolution urges Americans to reflect on the United States Constitution during this month's annual observance in honor this foundational document of national governance.

The DAR initiated the observance in 1955, when the service organization petitioned the U.S. Congress to dedicate Sept. 17-23 of each year to the commemoration

of Constitution Week. Congress adopted the resolution, and on Aug. 2, 1956, President Dwight D. Eisenhower signed it into Public Law #915. The celebration's goals are threefold: to encourage the study of the historical events that led to the framing of the Constitution in September 1787; to remind the public that the Constitution is the basis of America's great heritage and the foundation for its way of life; and to emphasize U.S. citizens' responsibility to protect, defend and preserve the U.S. Constitution.

"We are so proud DAR led the way in making Constitution Week an official commemoration and our members enthusiastically promote the celebration annually in communities across the country by erecting community displays, sponsoring municipal proclamations, ringing bells and staging programs to raise awareness of the Constitution's tenets and importance," said DAR President General Pamela Rouse Wright. "We encourage all citizens to join us in celebrating this powerful docu-

ment that is so important to American history and to reflect on the impact the Constitution has had on the lives of American citizens past and present."

DAR has been the foremost advocate for the awareness, promotion and celebration of Constitution Week. The annual observance provides innumerable opportunities for educational initiatives and community outreach, two mission areas of crucial importance to the National Society. By fostering knowledge of, and appreciation for, the Constitution and the inalienable rights it affords to all Americans, DAR helps to keep alive the memory of the men and women who secured our nation's foundational liberties.

One of the largest patriotic women's organizations in the world, DAR has 190,000 members in approximately 3,000 chapters across the country and several foreign countries. DAR members promote historic preservation, education and patriotism via commemorative events, scholarships and educational initiatives, citizenship programs, service to veterans, meaningful community service and more. For additional information about DAR and its relevant mission, visit www.dar.org. You may also contact captain.jobknapp.yolasite.com

Blackstone Canal sparked big changes in central Mass.

BY GUS STEEVES
CORRESPONDENT

SOUTHBRIDGE — Exactly one century ago, a little math changed the future of Worcester County.

In 1922, a Worcester resident "calculated that it costs less to ship something 3000 miles from England to Boston than carting it the 40 miles from Boston to Worcester," historian Tom Kelleher told a small crowd at the Southbridge Historical Society last Wednesday.

That bit of numeracy planted a seed for the creation of the privately-run Blackstone Canal, which would open six years later and make Worcester a "seaport" for all of 20 years. In its short and unprofitable lifetime (it paid stockholders just \$2.75 in dividends during its existence), the canal helped spur commercial development as far away as Gardner, brought in Irish immigrants, and supported the transit progress that did it in: the railroad.

It wasn't the first canal in the Bay State; that honor goes to the Middlesex Canal which made Lowell the factory city it became. It's also not unique in being a commercial failure; most canals were, and the only one with any significant cachet that became profitable is still running today – the Erie Canal. Coincidentally, that has a Southbridge link. Former local resident William Marcy was in charge of the funding as treasurer of New York, and later became governor. Massachusetts even briefly considered building an east-west canal to link to it in Albany.

Nor was 1922 the Blackstone's first iteration. Back in 1796, Rhode Islander John Brown proposed a canal that would have linked Providence to Worcester "and make him even more fabulously rich." The process from idea to execution ran into a long list of unpredictable soil conditions, political and financial problems, conflicts between the two states, and engineering issues in a society that had no real civil engineering base and had to learn as it went, Kelleher noted. As was typical in the early 20th century, the proponents sought stockholders at \$100 per share, but the shares never reached that value – they peaked at \$37.50 and soon fell to \$15 even before construction began.

Kelleher notes the canal's issues were partly due to its planning. To "cheap out," the designers had it bounce back and forth between using the river itself and a canal, a fact that sometimes resulted in boats getting stranded by low water and other issues on the river. Ironically, they invested in granite from a Northbridge quarry rather than wood for all but one of the 49 locks, at a cost of \$1000 more per lock. (Only two still exist – in Uxbridge and Millville – with the rest having been scavenged for other projects, often mills.)

The canal opened to fanfare in July 1928 with the northbound partial transit of the Lady Carrington, which carried 50 passengers including Rhode Island's governor and a brass band. The boat later carried the first paying cargo (mostly food) all the way to Worcester, and the Washington was the first Worcester-based boat to ply the route the other way. In

Turn To **CHANGES** page **A16**

Sutton Historical Society announces October happenings

SUTTON — The Sutton Historical Society has a busy October planned with the kickoff event on Oct. 1. Come join us at the M. M. Sherman Blacksmith Shop, 6 Singletary Avenue for a Wagon and Cart Show. This free event, open to all members and the general public of all ages, will showcase different types of horse-drawn vehicles. Come see the "hay-powered" vehicles of yesterday. Wagon rides will be available from 2 – 4 p.m. Do you have a wagon you would like to display, reach out to us at sutton1704@gmail.com.

Waters Farm Days, 53 Waters Farm, will be held Oct. 15 and 16. Several of our members will be onsite in various capacities to welcome

visitors to this historic gem. Questions can be directed to info@watersfarm.org or on Facebook at Waters Farm Preservation Inc.

On Saturday, Oct. 29, from 6 – 9 p.m., join us in the Town Center Cemetery, 4 Uxbridge Road, for the 2nd Annual Cemetery tour as part of the larger "Oh My Gourd, It's the Great Pumpkin Festival 2022". The cemetery tour includes costumed interpreters telling stories of some of Sutton's interesting citizens and a few surprises. Guides direct you through the tour. Adjacent to the cemetery, on display in the General Rufus Putnam Museum will be a Halloween town in miniature. We have partnered with other

groups in town for this event which includes the Sutton Library Boo Bash from 2 – 6 p.m., Witches Dance at 5 p.m. on the Common followed by the Boy Scout Spooky Walk from 6 – 8 p.m., Trunk or Treat from 6 – 8 p.m. at the Sutton Elementary School complex, and the "Oh My Gourd" jack-o-lantern display sponsored by the Sutton 4th Committee. Carve a pumpkin and enter it into the display for only \$5. Witches' Dance volunteers are welcome as the more, the "spookier." Reach out at sutton1704@gmail.com for more information.

Our last speaker presentation of 2022 will be author, Michael Tougas,

Turn To **SUTTON** page **A16**

on Tuesday, Nov. 1, at 7 p.m. in the First Congregational Church. Mr. Tougas will speak on King Philip's War. His two books, "Until I Have

BY KIMBERLY PALMUCCI
TRIBUNE CORRESPONDENT

UXBRIDGE — The community recently celebrated the official opening of the West Hill Dam Skills Park.

According to the Blackstone Valley chapter of the New England Mountain Bike Association, the event was held on Aug. 21 after the park had been built over the summer.

"The park was built over the summer and came together quickly," the organization shared in a statement on social media. "It truly is a sight to see. We let passion spark our creativity. We worked together to bring this amazing space to reality. Skills will be built here, confidence on and off the bike will be gained, and memories will be made."

A Signature Grant had been awarded by the New England Mountain Bike Association (NEMBA) to the Blackstone Valley chapter in the spring to

partially fund the project, according to reports. The Blackstone Valley NEMBA also recognized Unibank, Koopman Lumber, and the Uxbridge Police Department for donations that helped purchase the materials needed.

"And truly, we could not have done this without the U.S. Army Corps of Engineers, West Hill Dam for not only allowing us to build this park at West Hill Dam, but donating time, money and materials to bring this project to life," the group shared, also recognizing Milford Bicycle for on-site support and Atomic Coffee Roasters for providing "delicious cold brew" for the event.

The Uxbridge Police Department released in a statement that it is "committed to our community."

"All of us at the Uxbridge Police Department are so proud to have been a part of the massive undertaking of the mountain bike skills park at the West Hill Dam," the

department shared, adding that the hard work of the Blackstone Valley NEMBA group had "not gone unnoticed."

"Thank you to all for continuing to prove why Uxbridge is the place to be," the department added.

Blackstone Valley NEMBA said that the organization's members "made this possible."

"Without your support, we could not have made this possible. Many of you took time out of your lives to [build] this park and now so many of you get to reap the benefits," the group added.

The mission of Blackstone Valley NEMBA is to "promote sustainable mountain biking in the suburbs west of Boston and Worcester County" and to organize a variety of fun rides and events for members, according to information on the group's website.

"[This] is what we aspire to do," the Blackstone Valley NEMBA added.



Cornhole tournament fundraiser to be held in Whitinsville

WHITINSVILLE — Open Sky Community Services is excited to announce the Eighth Annual Valley Bag Toss, an inclusive cornhole tournament being held Oct. 15 at the Alternatives’ Whitin Mill in Whitinsville. The Valley Bag Toss presents the perfect opportunity to show off the cornhole skills you developed over a summer at barbecues and picnics with friends and family. Beyond simply being fun, the funds raised at the tournament support Open Sky’s health and wellness programs for the more than 5,000 individuals served by the agency throughout Central Mass.

People of all abilities, age 14 and up, are invited to participate in this friendly competition scheduled to be held at 50 Douglas Rd. Whitinsville, on Saturday, Oct. 15 (Oct. 16 rain date) from noon-5 p.m.

The Bag Toss features live music by Dynamite Rhythm, food available for purchase from the Fork ‘N Delicious food truck, a cash bar, a raffle with more than \$500 worth of prizes, and of course, cornhole competition. However, the cornhole boards used at this competition are not your typical boards. Handmade by local artist, designer and woodworker Nick Hollibaugh, each set of boards is unique and beautifully crafted. In fact, the top team will win a set of Hollibaugh’s boards. Spectators are welcomed and encouraged, but you don’t need to be a cornhole master to play! Prizes are also awarded for best team name, best team uniform, and team spirit.

Prescott Pharmacy and Zentangle Inc. are the event’s Featured Sponsors. Other sponsors include Arbor Associates, Pyne Sand & Gravel, Integrated Psychiatric Consulting, PC., Philadelphia Insurance Companies, Koopman’s Lumber, Osterman Propane, Dresser & McGourthy, Strategic Environmental Services, A.I.M. Mutual Insurance Company, Worcester State Foundation, Nydam’s Landscaping, Lane & Hammer, Protective Services, Inc., and Millbury Credit Union.

Pre-registration is required, so before going out to take those extra practice tosses, sign up online at <http://www.openskycs.org/valley-bagtoss>.

About Open Sky Community Services

Open Sky Community Services, Inc. offers a wide range of services for adults, adolescents, and children with mental health challenges, developmental and intellectual disabilities, substance use disorders, brain injury, homelessness and other complex challenges throughout Central Massachusetts. Open Sky, which was formed through the affiliation of Alternatives Unlimited, Inc. and The Bridge of Central Massachusetts, has over 1,200 dedicated employees and an annual budget of \$90M with more than 100 programs throughout the region. For more information, please visit www.openskycs.org. For more information about Open Sky, visit openskycs.org.

News from Beginning Bridges

Beginning Bridges CFCE’s vision is that children, youth and families reach their full potential now and in the future. Our mission is to work with families and community partners to create the conditions for children, youth and families to thrive socially, academically and economically. Funding for the Coordinated Family & Community Engagement Grant (CFCE) is provided by the Massachusetts Dept. of Early Education and Care (EEC) and sponsored by South Middlesex Opportunity Council (SMOC-Childcare/Head Start). Beginning Bridges CFCE has funding for the towns of Mendon, Northbridge, Upton & Uxbridge. Currently, our FREE comprehensive services include weekly indoor and outdoor parent/child playgroups. We also offer parent education programs, the Ages & Stages Developmental Questionnaire and can connect families to community resources.

Upcoming Events- Registration is required for all upcoming events. Links can be accessed on our website (BeginningBridgesCFCE.weebly.com) or contact Emily Murray at 508-278-5110 or Emurray@smoc.org.

Mondays to Fridays, 9:00 to 10:45am, at the Uxbridge Playcenter, 9 North Main Street, Uxbridge, MA, lower left office.

Tuesdays, 10/04/22, Music and Movement with Deb Hudgins, 10:30 to 11:00am at Upton Town Library. Check Library website for location and registration information.

Wednesdays, 10/19/22, Music and Movement with Deb Hudgins, 10:30 to 11:00am at Whitinsville Social Library. Check Library website for registration information.

Thursdays, 12/08, 01/05, Coffee and Conversations, 9:30 to 10:30 am at Taft Public Library, 29 North Ave in Mendon, join us for an informal drop-in playtime where families will be able to build social connections, learn about early childhood development and family friendly resources. Please bring your own coffee. Muffins from Muffin House Cafe will be provided.

Whitinsville — UniBank will be offering a Community Shred Day at the bank’s Sutton North branch located at 29 Galaxy Pass in Sutton (in the Market 32 Plaza) on Saturday, Oct. 29 from 9 a.m. to noon. This event is open to the community. The event is free, but UniBank is asking participants to bring a non-perishable food item to donate to the Sutton Food Pantry.

New England Security Shredders will be at UniBank’s branch to provide this service to individuals wishing to securely dispose of personal confidential documents. Document shredding will take place on-site in a mobile shredding vehicle. This event provides a secure and responsible way for individuals to dispose of paper and reduce the threat of potential identity theft.

UniBank is rooted in the Blackstone Valley with assets of \$2.3 billion as of June 30, 2022. A full-service, mutually owned community bank, UniBank has branches in Central Massachusetts and the MetroWest region of Massachusetts. UniBank is an Official Founding Partner of the Worcester Red Sox. UniBank is dedicated to contributing to the overall quality of life and economic health of the communities it serves, while maintaining a high level of financial soundness and integrity. UniBank is an Equal Housing Lender and Member FDIC and Member DIF. UniBank NMLS #583135. The company Web site is www.unibank.com.

UniBank community shred day in Sutton to support Sutton Food Pantry

www.StonebridgePress.com



THE INNOVATION THAT FIGHTS LUNG CANCER BY REMOVING THE WAIT FOR HELP.

When a patient has a chest X-ray that reveals something suspicious on a lung, it can take weeks or months to determine if the spot is cancer. For the patient, that means weeks or months of waiting for answers. Fortunately, a team at UMass Memorial Health has helped pioneer a procedure that produces answers in hours. It’s called ROADAT, and it has everyone breathing easier.



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UMass Memorial Health is home to countless innovations that are changing medicine and saving lives. To learn more about ROADAT, [visit ummhealth.org/relentless](http://ummhealth.org/relentless).

Police departments awarded grant funding for road safety

BY KIMBERLY PALMUCCI
TRIBUNE CORRESPONDENT

REGION — Several local police departments have received federal grant funding to improve road safety. The Blackstone, Douglas, Grafton, Northbridge, and Uxbridge police departments were among the municipal and state agencies that received a total of \$10.9 million in funding, according to the state’s Office of Grants and Research. The Blackstone Police Department will receive \$18,480, according to a list of award recipients; Douglas will receive \$15,600; Grafton’s department will receive

\$30,000; Northbridge Police will receive \$18,325.95; and Uxbridge will receive \$30,000. The agencies were among 186 that had completed a “competitive grant process” by submitting plans for improved traffic safety training, equipment, and enforcement, the Baker-Polito Administration released, adding that these efforts “align with Massachusetts’ Annual Highway Safety Plan” that describes the state’s safety trends and guides improvements for the year ahead. “From the time we took office, our administration has prioritized the safety of all residents and visitors who share the use

of the Commonwealth’s roads,” said Governor Charlie Baker. “Through investments like the ones we are announcing today, we are continuing to work with local partners to strengthen safety for motorists, pedestrians, bicyclists and communities.” Since 2015, the Baker-Polito Administration has distributed approximately \$70 million in highway safety grants, according to reports. “We remain committed to delivering support to local officials who understand the positive effect of sustainable roadway safety,” said Lt. Gov. Karyn Polito. “Every tool made possible by today’s grants

empowers police to educate the public about our Commonwealth’s laws, reduce speeding, renew our commitment to wear seat belts, and properly address all forms of distracted and impaired driving.” The Office of Grants and Research within the Executive Office of Public Safety and Security serves as the state administering agency for federal funding sources, including: the Department of Homeland Security, Department of Justice, and the source of these recent grant awards, the National Highway Traffic Safety Administration. “Safe roadways are

achieved through strong federal, state, and local partnerships. These grants support our shared goal of reinforcing good driving behavior, deterring impaired and distracted driving, enhancing law enforcement training, and identifying data-driven solutions,” said Public Safety and Security Secretary Terrence Reidy. “I commend the Office of Grants and Research for their excellence and ongoing work to deliver vital resources that improve public safety across the Commonwealth.” State Rep. Michael Soter added that these Municipal Road Safety grants will allow for

“the enforcement of safe traffic flow on roadways within the towns.” “It is absolutely imperative that we continue to support our local police in keeping the community safe when they are traveling the roadways. I am glad that the Baker-Polito administration has made this a priority and has worked so well with federal and local officials to do so,” Soter released in a statement. “I hope we will be able to continue to provide the absolute best resources for law enforcement to utilize when keeping our community safe.”

Milford Regional to host hiring event for patient care positions

MILFORD — Milford Regional Medical Center will host a walk-in hiring event on Friday, Sept. 30. Individuals interested in learning more about positions available in Nursing and Patient

Care Services and the opportunity to discuss these opportunities with clinical leadership and Human Resources representatives are welcome to attend the event between the hours of 8 a.m. and 4:30 p.m. Participants should use the hospital’s main entrance at 14 Prospect St. in Milford.

President of Patient Care Services Judy Kelly. “The hiring managers, directors and I look forward to meeting qualified candidates to assume our patient-facing open positions, and join our talented and compassionate patient care team.”

To learn more about the Sept. 30 event, visit milfordregional.org or call 508-422-2509. To view all career opportunities, visit jobs.milfordregional.org.

TRIBUNE
ALMANAC
REAL ESTATE

BLACKSTONE

\$515,000, 41 Rocco Dr, Kwasny, David P, and Kwasny, Sally, to Fitzgerald, Corey.
\$430,000, 9 Dawn St, Stovall, Derek G, and Moreira, Lori A, to Pinguil, Pedro A.
\$326,000, 1 New York Ave, Ducharme, Donna M, and Graveline, Debra, to Viens, Connor J.
\$310,000, 30 Hoyle Cir #30, Weidert, Christopher A, to Gilliam, Travis R.
\$20,000, 291 Mendon St, Rhodes, George E, to Brewer, Justine A.

DOUGLAS

\$495,000, 160 SW Main St, Hughes, Steven J, and Hughes, Elizabeth H, to Doherty, Kyle, and Valentine, April.
\$280,000, 33 Caswell Ct, Brien, Raymond R, and Brien, Lisa K, to Nextgen TT Realty LLC.
\$100,000, South St, Begin, Raymond M, and Begin, Sharon A, to Begin, Renee, and Cosgrove, Craig.

NORTHBRIDGE

\$739,900, 796 Samuel Dr, Richards, Daniel E, and Richards, Susan, to Durkee, Pamela J, and Durkee, Zachary G.
\$620,000, 115 Adams Cir, Mills, Michael B, and Mills, Diane S, to Miele, Juliana, and Fallon, Emily.
\$580,000, 319 Moon Hill Rd, Carmody, Christian T, to Lazarev, Aleksandar, and Lazarev, Elena A.
\$475,615, 183 Stone Hill Dr #66, Stone Hill Partners LLC, to Heintz, Carl F, and Heintz, Elaine M.
\$360,000, 414 Sutton St, Flamand, Lawrence N, to Kraus, Julia D.
\$250,000, 76 Sutton St #3, KJC Precast LLC, to Caya, Lynda, and Caya, Steven P.
\$240,000, 30 Linwood Ave #30, Hus LLC, to Farley, Francine, and Farley, Peter.
\$70,000, Mendon Rd, Koopman, Robert E, and Koopman, Donald H, to Lucas, Jason, and Cardella, Evelyne.

UXBRIDGE

\$625,000, 5 Arbor Rd, Swartz, Michael E, to Swartz, Carolyn J, and Ferzoco, Nicholas.
\$555,000, 5 King St, Donahue, Stephen P, and Donahue, Katherine M, to Duclose-Zagame, Katie E, and Duclose-Zagame, Sheryl L.
\$511,000, 23 Mary Jane Ave, Karlyne-Keller, Elisabeth, to Mejia, Rafael, and Vivieca-Mejia, Suny O.
\$498,110, 72 Tea Party Dr #72, Independence Uxbridge, to Burke, John.
\$475,000, 119 East St, Elliott, John, to Mason, Keith, and Mason, Helena.
\$437,500, 74 Tea Party Dr #74, Independence Uxbridge, to Osei, Isaac O, and Thulare, Christiana.
\$360,000, 13 Mccaffrey St, Andrews, Marcus, and Rose, Jodie M, to Smrecnik, Maria L.
\$357,500, 1 Carolee Hts, Robinson, Mark R, and Robinson, Nadine A, to Leavitt, Jeremy R.
\$340,000, 31 Smith St, Centura Bay LLC, to Fallon, Kiley A, and Digney, William P.
\$325,000, 313 Douglas St, Mason, Keith, and Mason, Helena, to Sarnosky Jr, Vincent P.

Douglas library book group meets Oct. 11

DOUGLAS — Next month, on Oct. 11, 6:30 p.m., the Simon Fairfield Library in Douglas Intrepid Readers are discussing Eliza Griswold’s “Amity and Prosperity; One Family and the Fracturing of America,” which won a Pulitzer Prize in 2019. Described as a classic American story, grippingly told of an Appalachian family struggling to retain its middle class status in the shadow of destructive wreaked by corporate fracking. The Douglas Library will have copies of the book available soon. Call them for a copy, 508-476-2695. If you use Libby for books or audio, it is also available there. New members always welcome. Homemade refreshments, inspired by the title being discussed, will be served.

Registration open for Milford Regional’s fall wellness programs

MILFORD — As part of Milford Regional Medical Center’s (MRMC) efforts to promote good overall health, MRMC is once again sponsoring a variety of wellness programs for the public. Registration is now open for the fall session programs, which are being held virtually and live streamed for participants to enjoy from the comfort of their own homes.

The fall session is offering up eight different weekly classes, which are led by certified instructors. All classes run approximately one hour and take place in the evenings with the exception of the Saturday class, which begins at 9:30 a.m.

Classes include Mondays: Therapeutic Qi Gong and Zumba Toning®; Tuesdays: Ease into Fitness and Pilates Barre Fusion; Wednesdays: Core & More; Thursdays: Cardio, Core & Conditioning and Mindfully Mixed Yoga; and Saturdays: Shape Up!

For detailed descriptions of each class or to register, visit the hospital’s website (milfordregional.org) and click on “Classes and Events.” Classes are \$50 per session. Email msanford@milreg.org or call 508-422-2827 with any questions.

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PET of the WEEK



KODAK 1-year-old Male

Kodak is ready for football season! He makes a great teammate (he’s really good at scoring touchdowns), and even has an adorable celebration dance! He’ll even make room on the couch for a canine sibling! (But unfortunately no feline friends at this time. They’re far too exciting). Kodak has other redeeming qualities besides his love for sports. He asked us to list a few!

• His dog friends love him! • Kodak is super smart. Just as everyone’s going back to school, Kodak is hoping to get more training in too! • Kodak would do well living with teenagers and other dogs. He cannot live with children at this time. • He loves to explore! • At the end of the day, Kodak loves to curl up next to you. He is quite the snuggle bug who is happy to give you big, fat kisses! If you think Kodak could be your star quarter back, please apply today! Please email adopt@baypathhumane.org.

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Milford Federal Bank is proud to sponsor Baypath Humane Society’s Pet of the Week!

Bring your furry friend along on your next trip to MFB for a treat from our drive-up tellers, or stop in any branch and bring home a treat from our complimentary doggy treat bar.



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UXBRIDGE SENIOR CENTER

36 South Main St.
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Lisa Bernard – Director
Gail Boutiette – Outreach Coordinator
Donna Oncay – Transportation Coordinator
Omer Boucher – Van Driver
Sally Selvidge – Activities Coordinator
Pat Ordway – Chef

DIRECTOR NEWS FOR OCTOBER 2022 NEWSLETTER

Happy Fall Everyone!

The Senior Work Off Program is seeking interested candidates to apply for the upcoming year. This Program has been put into place in order to assist eligible seniors with the burden of property taxes, while tapping into seniors' wealth of knowledge and skills.

Seniors work for various Town Departments with the assistance applied as an abatement to their tax bill. Space is limited. Eligibility requirements include the following:

- Age 60 y/o or older;
- Resident of the Town of Uxbridge for at least one year;
- Legal owner of the property, cannot be in a trust (if in a trust, see Assessor's office to see if you may qualify);
- Report annual household net income;
- Residents must possess applicable skills.

First time applicants will have priority consideration. Applicants will be chosen on the basis of skills, availability and physical ability, as necessary. Please call the Senior Center for more information and for the application. Position assignments will start in January 2023 with abatement applied towards 2024 tax year.

It is that time of year again to get your Flu Shot! A Flu shot clinic will be provided free of charge to the senior community on Tuesday, October 18th from 9am-12noon at the Senior Center. This is a program with the Uxbridge Hannaford's Pharmacy. Call the senior center to RSVP, transportation to and from the center will be available, if necessary.

The cold and snowy weather will be upon us soon! Appointments are available to help folks with Fuel Assistance Applications with SMOC (South Middlesex Opportunity Council). Please call the senior center for more information and make your appointment.

Thank you, State Rep. Mike Soter, for sponsoring our annual cookout event that took place on September 16th at McCloskey School parking lot. We enjoyed the tasty lobster roll, chowder and all the fixings. We appreciate your contribution and support of our seniors throughout the year! The UEC 16th Annual Golf Tournament was held at Whitinsville Golf Club on Monday, September 19th. Thank you to the Uxbridge Elderly Connection for coordinating this event! This major fundraising event was very successful! Thank you to all our board members, sponsors, golfers, and donors. Our seniors appreciate your support!

Thank you to our Knitting Group that raised over \$400 at the Uniquely Uxbridge Day held on September 4th. Proceeds will go into our Activities Donation Account. We appreciate your support!

Calling All Artists! An Open Medium Studio Day is scheduled for Monday afternoons at 1:30pm for artists to bring in their projects. Feel free to join in with others to see what artistic talents we all share! In addition, Susan Franz will be hosting another 3-part series on Watercolor Classes starting on Monday, October 17th at 1:30pm and each consecutive Monday. No previous experience required to take these classes, please call the senior center to sign up.

Sincerely, Lisa

Monday afternoons starting on October 3rd – 1:30 pm – Open Medium Studio Day.

Tuesdays, October 4TH, 11th & 25th – 9:00 am – 12:00 pm – SHINE Appointments available for health insurance questions with Pat Nectow. Please call 508-278-8622 to schedule. Appointments will be available on Tuesdays up until December 6th.

Tuesday, October 4th – 1:30 pm – Halloween T-shirt Craft with Sally! Donation price to be determined. Call or stop by to sign up EARLY!

Thursday, October 6th – 10:30 am – 11:30 am – Veterans' Services with Carl Bradshaw by appointment only. Call 508-278-8622 to sign up.

Thursdays, October 6th & 27th – 11:30 am – 12:30 pm – "PopUp Library". Books will be on display to check out, library card sign-ups, book hold pick-ups, etc. This program being offered by the Uxbridge Free Public Library.

New ZUMBA Classes for Seniors starting Thursday, October 6th for an 8-week session – 1:30 pm – 2:30 pm – Amy Smith will be your instructor. Classes will be held at the McCloskey School, 62 Capron Street. The suggested donation for this class is \$25.00. Checks may be payable to the Uxbridge Senior Center. Applications and waiver forms are required prior to the start of this program.

New Chair Yoga Classes starting Thursday, October 6th for an 8-week session – 2:45 pm – 3:45 pm – Dr. David Tapscott will be your instructor. Classes will be held at the McCloskey School, 62 Capron Street. The suggested donation for this class is \$25.00. Checks may be payable to the Uxbridge Senior Center. Applications and waiver forms are required prior to the start of this program

Friday, October 7th – 12:00 pm – Lunch & Learn with Chief Montminy. His guest speaker will be Kevin Donohue, Worcester County DA's Office on scams. Please call ahead to reserve your lunch.

Monday, October 10th – The Senior Center will be closed in observance of Columbus Day. We will re-open on Tuesday, Oct. 10th.

Tuesday, October 11th – 1:00 pm – Uxbridge Library Book Club. They will be reading Sometimes I Lie by Alice Feeney. You are welcome to join us for lunch on this day. Please remember to RSVP.

Tuesday, October 11th – 1:00 pm – Benefit Enrollment Specialist – Tri-Valley, Inc. Call the senior center to book an appointment with Katelynn Wackell. Next date will be Nov 8th.

Wednesday, October 12th – 1:30 pm – Halloween Candy Dish Craft with Sally. \$7.00 donation per person. Please call ahead or stop in to sign up.

Friday, October 14th – 12:00 pm – Tina Ladrie, Medicare Solutions Advisor for Mass Advantage. Mass Advantage is the local Medicare Advantage plan designed for you. They will be sponsoring our lunch & dessert!

Mondays, October 17th, 24th & 31st – 1:30 pm – Watercolor Painting Classes with Susan Franz. There is a \$3.00 donation for each class and is limited to 10 participants. Supplies will be available. Please call or stop in to register.

Tuesday, October 18th - 9 am – 12 pm – Free Flu Clinic at the Senior Uxbridge. Call 508-278-8622 to sign up. Thank you to Hannaford's Pharmacy for helping us keep our seniors safe! We will not be serving lunch today.

Wednesday, October 19th – Movie Trip to Blackstone Valley 14 Cinema De Lux with lunch at Wendy's. Senior movie ticket price: \$7.75 and popcorn & soda \$4.50 – Movie & Time TBA and space on van is limited.

Thursday, October 20th – 8:30 am – Podiatrist Dr. Biancamano will be available for appointments. Please call ahead to book yours.

Thursday, October 20th – 1:00 pm – Making Botanical Pumpkins with Bemis Farms! Cost is \$25 per person and required upon sign up. Class is limited to 15 people. RSVP by Oct. 13th. You must call or stop in to sign up.

Friday, October 21st – 12:00 pm – William Bjerke 2023 Fallon Health Medicare Advantage Plans. You will have an opportunity to learn about the new rates and expanded benefits at Fallon. This meeting is open to everyone and questions are welcomed. Please call ahead to RSVP for this lunch & learn.

Friday, October 21st – 1:00 pm – The Uxbridge Senior Center is having a showing of Hocus Pocus to get ready for our Annual Halloween Party. Please call or stop in to RSVP.

Monday, October 24th - 1:30 pm – "Ask the Attorney" with Attorney Ralph Tepper by appointment only. Please Call 508-278-8622 to schedule your appointment at the Uxbridge Senior center.

Tuesday, October 25th – 11:00 am – 12:00 pm – Ask the Nurse Free Blood Pressure Clinic with Nancy Favulli, Salmon Health VNA. RSVP to participate and to join us for lunch.

Tuesday, October 25th – 12:00 pm – Helpful Medical Tips with Joanne Garvey during lunch.

Tuesday, October 25th – 7:00 pm - Fall Town Meeting at Valley Chapel.

Thursday, October 27th – 1:00 pm – The Uxbridge Senior Center is having a showing of Hocus Pocus II to get ready for our Annual Halloween Party on Friday, Oct. 28th! Please call or stop in to RSVP.

Friday, October 28th – 12:00 pm – Annual Halloween Party with a Hocus Pocus Theme! We will have music by Wise Guy Trivia. Come join us for some Halloween fun! Costumes are highly encouraged and prizes will be awarded!

Card Game played on Monday and BINGO on Wednesday during our congregate lunches.

Computer Class Tutoring every Monday – 3:00 pm by appointment only. Please call ahead to sign up. No classes on Oct. 10th or 31st.

Hannaford grocery shopping every Tuesday. Pick up begins at 8:30 AM. Please sign up in advance by calling us at 508-278-8622 to reserve your seat on the van.

Knitting Club every Tuesday @ 1:30 pm – Come join the fun!

1st and 3rd Wednesday – October 5th & 19th @ 10:00 am – Bank & Pharmacy Rides. Please call at least 24 hours in advance.

Every Wednesday - "Canasta" Hand, Knee & Foot Card Game – 1:00 pm – 3:30 pm. Please call to sign up and join in on the fun!

2nd and 4th Thursdays – October 13th & 27th – 8:30 am - Shaws/Ocean State Shopping Rides. Please call at least 24 hours in advance.

Medical Transportation is accepting appointments. Call 508-278-8622 to schedule your rides.

The senior center is in need of the following donations: Newly packaged napkins, paper towels, tissues, toilet paper, ground regular & decaf coffee. We thank you for your support!

Feel free to contact us at 508-278-8622 or visit us on our web page at Uxbridge-ma.gov/coa or like us on our FB page or by googling Uxbridge Senior Center and our new YouTube Channel or even dropping by.

<https://www.Facebook.com/UxbridgeMASeniorCenter>
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October 2022 Programs

STARTING YOUR FAMILY HISTORY RESEARCH - GENEALOGY WORKSHOP

Ready to learn more about your family history? Join us on Saturday, October 22 at 10am for a genealogy workshop led by Seema Kenney, an experienced software instructor and a professional genealogist. We'll discuss the basic forms and tenets of genealogical research. We'll also review types of repositories, websites, and educational opportunities for your journey through personal history. This program is sponsored by the Board of Library Trustees. Registration is required.

INTRO TO AMERICAN SIGN LANGUAGE FOR FAMILIES

At the end of this six-week program, children, teens, and their caregivers will be able to sign the alphabet, greet others, learn food related signs, and more! These classes, held on six consecutive Thursdays from October 6th-November 10, will be led by staff member

Emily and are geared toward families who would like to learn beginner ASL. Registration is required.

TEEN MUSIC BINGO WITH WISE GUY TRIVIA

Join us on October 13th at 6pm for Teen Music Bingo for kids ages 13 and up! Wise Guy Trivia will lead multiple rounds of music bingo, a fun spin on traditional bingo where you can jam out to snippets of your favorite songs while playing competitively against other music lovers! There will be gift card prizes for different rounds. Registration is required.

ADULT PROGRAMS

Register now:
Gentle Flow Yoga - Mondays, Oct. 3, 17, 24, and 31 at 7pm
PopUp Library at the Senior Center - Oct. 6 and 27 at 11:30am
Starting Your Family History Research: Genealogy Workshop - Oct. 22 at 10am
Cardmaking Hands-On Workshop - Oct. 20 at 6:15pm
Book-a-Librarian - Need help downloading e-books and using other library digital resources? Contact the library to book a 30-minute appointment with a

librarian for hands-on tech assistance. Wednesdays from 2:30pm-4pm.

Join a Book Club:
Uxbridge Senior Center Book Club - Sometimes I Lie by Alice Feeney, Oct. 11 at 1pm
Historical Fiction Book Club - The Ghost Bride by Yangsze Choo, Oct. 18 at 3:30pm
Bookies Book Club - Great Unexpected by Dan Mooney, Oct. 31 at 6:30pm

YOUTH & TEEN PROGRAMS

Register now:
Teen Book-In-A-Bag (ages 13+) - Pick up your book-in-a-bag between Oct. 1-15
Little Lotus Yoga (ages 6+) - Oct. 3, 17, 24, and 31 at 4pm
Wild World of Reptiles: Joys of Nature (ages 8+) - Oct. 3 at 5:30pm
Mosaic Tile Art (ages 8-12) - Oct. 5 at 3:30pm
Intro to ASL for Families - Thursdays at 4pm from Oct. 6 - Nov. 10
Music and Movement with Deb Hudgins (all ages) - Oct. 13 at 11am
Making n' Baking Virtual Mug Meal (ages 8+) - Oct. 13 at 6pm
Teen Musical Bingo with Wise Guys Trivia - Oct. 13 at 6pm

Family Candy Bar Bingo (ages 8+) - Oct. 15 at 11:30am
Halloween Pumpkin Decorating (ages 8-12) - Oct. 19 at 3:30pm
Teen Movie Night - Oct. 20 at 5:30pm
Virtual Fortnite Tournament - Oct. 27 at 6pm
Halloween Boo-Ks, Costumes, and Craft Goody Bags! - Oct. 29 at 11am

Storytimes (registration required):
Baby Storytime (0-2 years) - Mondays at 11am
Toddler/Preschool Storytime (2-3 years) - Wednesdays at 11am

Drop-In Programs:
Crafty Wednesdays - Wednesday mornings and afternoons
Lego Club - Tuesdays at 4pm
Teen Game Night - Oct. 17 at 6pm

Please visit the Library's website at uxbridgelibrary.org or call us at 508-278-8624 to inquire about our upcoming programs or to register to attend! Many of our programs are supported by the Uxbridge Board of Library Trustees and the Friends of the Uxbridge Free Public Library.

The science behind spaying or neutering your pet

People welcome companion animals into their lives for many reasons. Animals can provide comfort, company, protection, and even assistance in meeting the demands of daily life.

Domesticated animals have many beneficial traits, but they are still animals at their core — with innate instincts largely driven by hormones. Removing an animal's ability to reproduce and staunching those hormones can help reduce certain unwanted outcomes.

There are various reasons why pet and livestock owners may want to spay or neuter their animals. The Humane Society of the United States says it may be one of the most important decisions pet owners make regarding pet care. Before exploring the benefits, first learn about how spaying and neutering differ.

What does it mean to spay or neuter? Spaying and neutering sterilizes animals so they will not be able to reproduce. VCA Animal Hospital says spaying is the term used to describe the surgical procedure clinically known as an ovariectomy. This is the removal of the ovaries and uterus of a female animal. Some veterinarians only remove the ovaries, which is called an ovariectomy. Neutering, or castration, is the surgical removal of a male animal's testes. Both surgeries typically require general anesthesia. However, neutering is less invasive than spaying.

Benefits to spaying or neutering an animal

Animal owners should consider these reasons for spaying and neutering their pets.

- Prevent accidental breeding: Spaying and neutering is the responsible way to prevent unwanted offspring that can lead to further overcrowding at shelters. Animals who are not adopted may be euthanized or neglected. Breeding should be organized and safe, and animals who reproduce unknowingly may not get the care they deserve. Furthermore, unorganized breeding may produce offspring with undesirable qualities.
- Squelch hormone-related behaviors: Spayed females will not enter heat cycles that attract often unwanted attention from males. Neutered males are less like to spray or mark territory. In addition, animals may not mount or rub against people or other animals if they are fixed.
- Reduce mate-seeking roaming: Males that are neutered may not wander around on the hunt for a female mate, which reduces the likelihood that animals will become lost or injured.
- Help certain pets live longer: Fetch by WebMD says spayed cats live 39 percent longer and spayed dogs live 23 percent longer than their unspayed counterparts. That's due in part to reduced risk of mammary cancers and infections or cancers that affect the uterus and ovaries. Neutered dogs and cats don't develop testicular cancer and have a lower risk of pancreatic cancer.
- Curb certain health-related costs: Ross University School of Veterinary Medicine says it costs much less to spay or neuter than to pay for emergencies associated with illnesses of the reproductive system. Also, fixing animals is cheaper than raising a litter of animals that were unplanned.

Pet owners who want to learn more about spaying and neutering their pets can speak with their veterinarians.

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LEGALS

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Worcester Probate and Family Court
225 Main Street
Worcester, MA 01608
(508) 831-2200
Docket No. WO20A0037AD
CITATION G.L.c. 210, § 6
In the matter of:
Remmi Lee Davis-McPhail

To:
Tamra Jordan Davis
Mark William McPhail
any unnamed or unknown parent and persons interested in a petition for the adoption of said child and the Department of Children and Families of said Commonwealth.
A petition has been filed by said court by
Susan E Davis of Whitinsville, MA
in requesting for leave to adopt said child and that the name of the child be changed to
Remmi Lee Davis
IF YOU DESIRE TO OBJECT THERE-TO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT: **Worcester** ON

OR BEFORE TEN O'CLOCK IN THE MORNING (10:00AM) ON: **11/22/2022**
WITNESS, Hon. Leilah A Keamy, First Justice of this Court.
Date: August 10, 2022

Stephanie K. Fattman,

Register of Probate
September 16, 2022
September 23, 2022
September 30, 2022

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Worcester Division
Docket No. WO22P2969EA
Estate of:
Louis Paul Somers
Also Known As:
Paul
Date Of Death: 7/14/2022
INFORMAL PROBATE PUBLICATION NOTICE

To all persons interested in the above-captioned estate by Petition of Petitioner **Kelly Ferriere of Douglas MA**
a Will has been admitted to informal probate.
Kelly Ferriere of Douglas MA
has been informally appointed as the

Personal Representative of the estate to serve without surety on the bond.
The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.
September 23, 2022

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Worcester Probate and Family Court
225 Main Street

Worcester, MA 01608
(508) 831-2200
Docket No. WO22C0444CA
CITATION ON PETITION TO CHANGE NAME
In the matter of:
Yaritza Alexis Rivera

A Petition to Change Name of Adult
has been filed by **Yaritza Alexis Rivera of Uxbridge MA**

requesting that the court enter a Decree changing their name to:
Yaritza Alexis Ayala

IMPORTANT NOTICE
Any person may appear for purposes of objecting to the petition by filing an appearance at: Worcester Probate and Family Court before 10:00 a.m. on the return day of 10/18/2022. This is NOT a hearing date, but a deadline by which you must file a written appearance if you object to this proceeding.
WITNESS, Hon. Leilah A. Keamy, First Justice of this Court.
Date: September 09, 2022
Stephanie K. Fattman
September 23, 2022



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FRANK G. CHILINSKI
PRESIDENT & PUBLISHER

BRENDAN BERUBE
EDITOR

EDITORIAL

Winter may be coming, but don't despair

So often, people strive to become happier by doing this, or obtaining that; however, sometimes it's what we give up that makes us more content. With the fast drop in temperatures, down into the 30's we know winter is coming. (For those of you out there who are fans of the "Game of Thrones" books or television franchise, you're welcome for the reference.)

For longtime New England residents, winter is a dreaded season. It's not so much the snow, as it is the frigid temperatures and high cost of fuel. We happen to enjoy the fall and winter seasons but for those who are having glum feelings about the colder weather, or even for those who love all weather, we have some tips on some things you can toss, to create more happiness in your world.

One thing you can say 'be gone' to is the idea that you have to always have a positive outlook on any given situation. If you try to avoid negative feelings all of the time, you're not creating a healthy space for when you are truly happy. If you need to vent, do it. If you're upset and need to cry into a bowl of ice cream, have at it. It is your overall life satisfaction that matters.

Minimize your time on social media. Remember the days when you didn't know what your friends, family or even celebrities were doing every second of the day? Those were blissful times. The only way we knew what someone was up to was to pick up the phone, wait for the dial tone, and make that call. We're not sure we ever inquired about what our friends were eating. All of that unnecessary knowledge is overwhelming at times, and simply put, unnecessary. One study showed that the more time people spend on social media, the more depressed they are. When we spend too much time online we know that we are wasting time. The idea of wasting time can inflict a feeling of depression on anyone who is typically highly motivated and energetic. Documenting every aspect of your life can be exhausting and takes away from the actual experience. If you order a rack of lamb, just enjoy every bit of it without feeling the need to share it with the world. Your experiences will be more fulfilling overall.

Don't compare yourself to others. We are fans of the phrase 'No one is you, and that is your power.' People have been comparing themselves to others since the dawn of time. The idea of keeping up with the Joneses is outdated. Don't do that. Love the idea that the person sitting next to you or walking down the street is nothing like you.

Keep likeminded company. If you have friends who are Eeyore like or always seem to be complaining, less is more. We don't have time in our precious lives to listen to chronic complaining. At the end of your life, do you want to think to yourself, 'Wow I spent so much time listening to people complain?' We're guessing you don't.

Have realistic goals. If you start with lower expectations and grow from there your success rate in reaching your higher goals will be greater and less stressful to obtain.

Forgive others. This one is extremely hard. However, forgiving those who have hurt you is key to feeling relaxed and happy.

Eating too much sugar can lead to depression. Balance in your meals has been scientifically proven to make people happier. More vegetables, more fiber and less processed food.

Opt to spend your money on experiences rather than things. Experts say the satisfaction of an experience will last much longer.

Lastly, choose good posture. While sitting up you automatically feel more energetic and positive. Slouching can lead to feel nervous, sleepy, sluggish and fearful.

A quote by Jim Rohn sums it up: "Happiness is not something you postpone for the future; it is something you design for the present."

OPINION

Opinion and commentary from the Blackstone Valley and beyond

LETTERS TO THE EDITOR

It's the economy and the border, Joe

To the Editor:
What I believe. Feel free to disagree. It's time to be revolutionary about our Southern Border and speak truth to power. Hello, Washington, D.C.?
We have a problem.

Have you considered that we are now in an American crisis? Americans must reclaim the southern border in order to be a nation and to be free from illegal drugs pouring over the border, which is the job of the President. To secure the nation, the border and protect us from enemies, foreign and domestic. But Old Joe's asleep in his favorite chair at his Delaware Beach house or at home in Delaware or out on a bike ride. Whoopsie!

Maybe Gov. Ron DeSantis of Florida should transfer some illegal immigrants to Joe's beach house or to the White House and see if the Woke Presidency will give them shelter. They won't. They will complain that it's too hard and too unfair.

"Free the Martha's Vineyard 50!" said my Learned Friend. Small, poor Hispanic Texas towns can be overwhelmed with thousands of illegal immigrants, but - heaven forbid! - the Wealthy Elites on Martha's Vineyard cannot handle 50. It's unfair! Tax the Rich! [Question One on the November Massachusetts Ballot.]

President Clinton used a phrase to remind himself that the economy was important: "It's the economy, stupid." Someone should tell Old Joe. "It's the economy. It's the border." Number one, number two on every poll of Americans. No joke!

It is a complete and utter, catastrophic disaster at what used to be the southern border of the United States. Two million illegal immigrants have crossed the border and been released into the United States. Two million. At least, a million more illegal immigrants or "get-aways" have escaped over the border into the U.S., by-passing the overwhelmed patrols.

Not to mention that 300 Americans die of drug overdoses every day as a result of our Border Patrol welcoming illegals while the Drug Cartels send drugs and criminals freely over the border. Oh, happy day.

And the "Non Existent Homeland Security" Secretary issued orders to

TSA agents at American airports that illegal immigrants can use their arrest documents as an identification card in order to board a U.S. aircraft. So, they can "legally" fly to Martha's Vineyard or anywhere in the U.S.A.

These Socialist Woke Democrats have completely lost their minds.

Senator Ted Cruz of Texas asked the Non-Existent Homeland Security Secretary Alejandro Mayorkas how many illegal immigrants he had released into the country with Covid. "Senator, I don't have that number."

Cruz: "How many illegal immigrants have you released into the United States with criminal records?" Mayorkas answered (evasively): "In their native country?"

Cruz: "There or here! How many illegal immigrants with criminal records have you released into the United States this year since Jan. 21?"

Mayorkas: "I don't have the number. I will have to get back to you." Crickets.

I have news for the Non-existent Homeland Security Secretary. If he just watched Fox Entertainment News, he could get the facts. This is really hard to do. Get the facts from the news. CNN only reports the news about illegal immigrants when they are flown from Florida to the "the Vineyard" because it threatens the favorite vacation spot for Washingtonians. Too bad for small poor Texas towns.

All year, cities around America report that "ghost flights" land at their airports in the middle of the night, releasing illegal immigrants into their communities. Why do this at night? Governor DeSantis sent 50 in broad daylight. And the Wealthy Elite cannot tolerate it. Unfair! Cruel! It's the Holocaust 2.0! Yup, 50 illegals is just like 6 million killed by the Nazis.

As they used to say during the Clinton Presidency before he was impeached for perjury and disbarred from the Arkansas Bar Association, "It's the Economy, Stupid". Can someone wake up Old Joe: "It's the Economy and the Border, Joe". No joke.

Speaking truth to power,
BEV GUDANOWSKI
UXBRIDGE

Loose ends....

To the Editor:

I'll be brief:

In my rush to advocate for state-sponsored higher education, I neglected to include trade schools in my discussion. Nothing is more important towards keeping the machinery of civilization humming, than well-trained, competent trades men and women. They are as deserving of financial support, and as important to our country, as is any other category of student. Mea culpa.

Update: First Solar, America's largest manufacturer of solar panels plans to invest \$1.2 billion in new and expanded U.S. manufacturing, after Congress passed a landmark climate bill. Another failure of the Energy Policy Act??

Update: re 'Documentgate' - in response to the National Archives initial request for return of documents, the Trump administration replied that the boxes at Mar-A-Lago contained only 'press clippings' from Trump's 4 years in office. Is there more than one Aesop out there?

Today's quiz: "Just saying.....is it too

much to ask?" (Answer below.)

I don't believe in any 'gods'. I refuse to argue 'religion', because you can't prove or disprove something that is based solely on 'faith'. Believe whatever works for you. Contrary to what Chesterton asserts, without belief in a hairy thunderer, we can still be decent people, and believe in things like democracy, equality, fairness, harmony, honesty, decency, etc.

'Politics' is supposed to reflect a society's morals in action. Now if only we would practice it that way.

When you have to keep telling people that you are - a "local, radical traditionalist", and an "extraordinary democratic patriot", doesn't that indicate that your words and actions aren't self-defining? Sort of like Trump bragging about his business acumen, after 6 bankruptcy filings. Just something to consider.

Answer to today's quiz: I have no idea.

RICK BEVILACQUA
WHITINSVILLE

What does it mean to be open-minded?

Are you open-minded? I like to say I am, but am I?

What does it mean to be open-minded? Is it even possible to be genuinely open-minded? Does that mean you aren't open-minded if you have strong convictions?

This column is about positivity; although I'm not perfect, I try to close my mind to negativity. Does that mean I'm close-minded?

Is being open-minded a virtue or a vice? I guess it depends.

Someone told me that having an open mind means listening to different thoughts, opinions, and beliefs, examining how they conflict with your convictions and ideas, and then allowing your view to change should the idea be worthy of your acceptance.

I've also learned that being open-minded can mean being open-minded to the possibilities for the future.

I've met many people who are close-minded to the idea that good things can happen. They are stuck in a mindset that success isn't attainable, giants are undefeatable, and the bad guys will always win.

Being closed-minded is when we close our minds to new possibilities, opinions, or ways of thinking. We build a box around what we know or want to be true, but then we never think outside the box.

When we become close-minded in the wrong way, if we're not careful, it's possible that we also lose the ability to imagine what it's like to walk in someone else's shoes or to see the world from a different perspective.

Once we get into a thinking pattern, we develop a routine and stay in that pattern. I'm not against routines, but sometimes getting stuck in a routine can lead you to a particular way of thinking. Sometimes changing the routine can help open your mind to new thinking patterns.

If we're stuck in a particular pattern of thinking, and a problem arises that is caused by the way we think, is it possible to truly solve the problem by continuing to think in the same way?

In some ways, we can become prisoners of our beliefs and assumptions.

I am guilty of learning to do things in a certain way and then believing everyone should do it that same way, only to learn that most people don't want to do it the same way, and if I tried to get them to do it that way, they don't listen!

Confirmation bias is when we accept evidence that supports our beliefs and mindsets and reject evidence that doesn't.

If you challenge someone to think differently, it can quickly become a fight, some people don't want their beliefs and ideas to be challenged, and maybe we should respect that and learn to live with them in peace.

In today's world, it seems that when we encounter someone of a radically different belief system, even amongst people born and raised in our own country, rather than trying to understand why they think the way they think, we hate them and call them names. It's easy not to listen to their ideas and write them off because we believe they are immoral people.

Am I saying we shouldn't defend and debate what we believe to be true? No.

Having a closed mind may cause us to oversimplify the other person's point of view because we don't want to think too deeply about the issue.

A closed mind results in our rational thinking and imagination becoming stunted. We lose the ability to relate.

Some of the best leaders, innovators, and businesspeople were open to the possibilities of a new way of doing things. They helped people to see their vision, dramatically changing our way of life.

What would happen if we had a more open mind in our approach to family? Could it change the whole dynamic and lead to better relationships?

Is it possible that having an open mind to how we deal with people we disagree with could radically change the country's direction? I hope so.

I'm open to the possibilities.

Good news from the Salmon River

This week’s report from the famous Salmon River was what everyone was waiting to hear. The river was loading up with King and Coho salmon last week, and the fishing is considered epic! If you are planning a trip to the river, this would be a good time to go, even though salmon fishing will pretty much remain excellent for the next six weeks or so, as more and more salmon head upriver on their final destination to spawn. The lake is also providing some great fishing for salmon, brown trout and steelhead. Go online and click on” Fat Nancy’s” Tackle shop in Pulaski, for all of the latest information on salmon fishing and proper tackle to use.

Bear hunters are doing pretty well in harvesting some bear meat for the freezer, and keeping the pelts for rugs or other worthwhile parts of their bear. A report of a hunter harvesting a 900-pound bear in the Western part of Mass. was an incredible size animal, but not surprising, with all of the food that is available to them at this time of year. This week’s picture shows Ralph True, Jr. with his 220—pound black bear he harvested in Newry, Maine this past week. He was using his 50 caliber Thompson black powder gun, to harvest his first ever black bear.

A two-and-a-half-pound white perch was weighed in at Jerry’s Bait & Tackle shop this past week from Wachusett Reservoir! Numerous largemouth bass were also reported last week from other



THE GREAT OUTDOORS
.....
RALPH TRUE

bodies of water in the state. Stocking of trout by Mass. Fish & Wildlife is expected to start around Columbus Day, Oct. 10. The extremally warm water temperatures this year could delay stocking dates at some of the local lakes & ponds.

This past week, this writer and my fishing partner Matt fished Rhode Island waters for a change up from the Massachusetts waters. We were surprised to see the ocean water temperatures at 74 degrees. We had hoped to catch a few tautog, but only a couple of shorts were caught and released in five hours of fishing! We were kept busy catching seabass all morning, with our limit of fish caught early. It is unlikely a tautog had a chance to hit our crabs, with all of the seabass taking the crabs, as soon as the bait hit bottom.

The parking lot was full of cars and boat trailers by 7 a.m. at the Galilee boat ramp. Anglers were chasing false albacore all day, as schools of fish were constantly moving. One frustrated angler we spoke with at the parking lot failed to catch a single false albacore. They are not great eating, but they are sure fun to catch.

Take A Kid Fishing & Keep Them Rods Bending!

Courtesy

This week’s picture shows Ralph True, Jr. with his 220—pound black bear he harvested in Newry, Maine this past week.



Readers’ Tips and Tricks

It’s time once again to share some helpful hints and strategies from readers. As we gear up for the cooler season the following readers took time from their busy schedule to pass along a tip or trick they’ve picked up along the way.

Remember readers, you can win a three course dinner for two at Publick House! Just send in your favorite hint! Good luck!

This creative reader hit the target with this unconventional repurposing tip:

Here’s a recycling tip for these Nerf darts that parents tell me they are so tired of picking up all over the house. Put your kids to work and help them cut off the hard rubber-dart tip. Then just slide in your favorite pencils or pens for the 2022 school year! All your friends will want a designer Dart pencil grip.

Viola Bramel
Northbridge, MA

Prepping fresh corn for freezing has long been a messy job! But wait - this reader discovered a mess-free way to strip the cobs!

A handy way of putting up kernel corn for the winter is to first blanch the corn in a pot, and I suggest putting a teaspoon of sugar in the pot because it makes it a little bit sweeter. Boil it for about three minutes. To avoid the mess when cutting kernels, I use a bundt pan. I put the pointed end of the cob in the hole in the middle of the pan and cut the kernels off with a knife. They fall right around that circle inside of the pan and no mess!

Howard Whitcomb
Brookfield, MA

Keeping many shoes together as pairs in the closet can be a hassle – but not with this tip to match up mates:

I am back from Florida and trying to do some closet cleaning. I have several pairs of strap shoes and also found a set of shower curtain hooks.

I decided to try the hooks on the pairs with straps. It worked great and is so easy to locate mates in my shoebox.

Claire Horvath
Sturbridge, MA

Waste not, want not, is this reader’s mantra!

Recently when no more toothpaste could be squeezed out of the tube I cut the bottom and discovered there was still quite a bit of toothpaste left and I could access it from the cut opening. Then, much to my surprise when I cut off the bottom of a tube of sunscreen that appeared to be empty when no amount of squeezing was releasing it, I found there was still one quarter of the tube filled with sunscreen. I hate waste!

Joan Zumpfe
Dudley, MA

Repurposing a common utensil puts safety first for this reader:

Here is a safety tip: I have a small food processor with very sharp blades. When I am ready to clean it, I hold the blades in my left hand with using spaghetti tongs and scrub the blade with a brush held in my right hand. I also use the tongs when I re-assemble the processor. That way my hands never touch the blades!

Another tip: To make your fresh small vegetables like carrots or peppers last longer is to put small pieces of paper towels in between the vegetables in the plastic bags as soon as you get them home. The paper towels absorb water from the veggies and they will keep longer.

Sharon Conlon,
Whittinsville, MA

Divide and Conquer!

I have a suggestion to easily accomplish a chore that has been put off because I don’t know where to start – such as a stack of papers or a room that has many items out of place.

I gather all of these things into one place, maybe a box or a pile. Having everything in one spot and taking one item at a time and sorting papers and putting items in their proper places and before you know it the pile is gone. It seems so much easier and less overwhelming tackling one item at a time.

June Choiniere
Oxford, MA

Prize Winner
Congratulations to Howard Whitcomb of Brookfield, MA, who submitted the

TAKE THE HINT

KAREN TRAINOR

kitchen tip above. Her name was drawn for Dinner for Two at the Publick House.

**

Win Dinner for Two at the Publick House

Your tips can win you a great three course dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renowned restaurant, located on Route 131 across the town common in historic Sturbridge. Because I’m in the business

of dispensing tips, not inventing them (although I can take credit for some), I’m counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint!, C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or email KDRR@aol.com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.



To advertise in this directory the 2nd and 4th weeks of the month, please call June at 508-909-4062 or email jsima@stonebridgepress.news. It’s the best deal in the house!

COA Director – Senior Center Director Town of Dudley

The Town of Dudley is seeking a part time COA Director. This position reports to the Town Administrator and oversees all operations of the Dudley Senior Center and works closely with the Council on Aging. Must be able to pass a CORI check.

The COA Director must be accountable for the direct management of senior center volunteers, exercise a high level of confidentiality, especially working with seniors and their families. Overseeing programs, services, events and activities and some knowledge of elder networks and applicable state and federal funding resources.

This is a part time, 20 hours week position,
Grade 4 - \$24.00 - \$33.14/hour based on experience.

A complete job description can be found by emailing selectaa@dudleyma.gov or calling 8001-949-508.

Applications are available at the town hall and online at www.dudleyma.gov. EOE



SEND US YOUR NEWS!!!





ANSWER: FALL

1				2			
							3
4		5		6			
7							
	8						

1. Cat
2. Opposite of “yes”
3. Vibration of cat
5. Picture
6. Give permission

Answers:
Across
1. Friends 4. Imitator 7. Email 8. Meow

- **1938:** THE GREAT HURRICANE OF 1938 MAKES LANDFALL ON LONG ISLAND IN NEW YORK.
- **1964:** MALTA GAINS INDEPENDENCE FROM THE UNITED KINGDOM.
- **2003:** THE SPACECRAFT GALILEO IS TERMINATED BY SENDING IT INTO JUPITER'S ATMOSPHERE.



the natural coloring
matter of animal
or plant tissue

GERMAN: Blatt

MANY ANIMALS GO THROUGH
BEHAVIORAL CHANGES IN RESPONSE
TO SIGNALS IN THE FALL AND
THE SHORTER HOURS
OF DAYLIGHT THAT
ACCOMPANY IT.

ANSWER: APPLES

☐ ☾ Ω ✱ ♂ ≍ ≈ ★ +
Determine the code to reveal the answer!

Clue: One who writes something

Answers: A. prose B. article C. character D. author

			5			2	4	
		4	3				7	
		6						
	1							2
		8						7
	2				6	9	5	4
	6	5		2	7	3		9
	8				5		1	
7								

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

9	7	1	5	6	8	2	4	3
8	5	4	3	9	2	6	7	1
2	3	6	1	7	4	5	9	8
5	1	9	7	4	3	8	6	2
6	4	8	2	5	9	1	3	7
3	2	7	8	1	6	9	5	4
1	6	5	4	2	7	3	8	9
4	8	2	9	3	5	7	1	6
7	9	3	6	8	1	4	2	5

ANSWER:

OBITUARIES

Paul D. O'Reilly



OXFORD – Paul D. O'Reilly died on Thursday, September 15, 2022, at the Rose Monahan Hospice Residence in Worcester. He is survived by his wife of 49 years, Jean M. (McKenney) O'Reilly of Oxford; two sisters-in-law, Barbara O'Reilly of Oxford, and Judy O'Reilly of South Carolina; four nieces, Patricia O'Reilly and her husband Jon Harper of Georgia, Jean E. O'Reilly and her husband Ian Jentle of London, England, Susan Lawrence of South Carolina, Maureen Wattson and her husband Matthew of South Carolina, and Christine Cox and her husband Jason of South Carolina; five grand nieces and nephews, Crystal Dubert, Nicole Lawrence, Reilly Cox, and Brady Cox, all of South Carolina, and Robert Weston of Massachusetts; and several cousins, including Roy Ziegengeist of Virginia. He was predeceased by three brothers, Shane O'Reilly, Brian O'Reilly, and Michael O'Reilly; a sister, Patricia O'Reilly; and two nieces, Dawn Marie Weston and Kathleen O'Reilly. He was born in Franklin in 1926, son of the late Bernard and Erna (Ziegengeist) O'Reilly. He moved to Dracut, Newport, NH, and North Adams as his father advanced in the woolen industry, finally settling in Oxford many years ago. He attended Towle High School in Newport, NH, and graduated from Drury High School in North Adams. He was a U.S. Army Air Corps veteran of World War II and served on airfields in Kansas and Texas. Once he moved to Oxford, Mr. O'Reilly learned to weld from Frank Robbins, and they went into business together as Robbins and O'Reilly Inc. Later, he worked for Hanes Welding and in the Quincy Naval Shipyard, before founding O'Reilly Welding in Oxford, which he owned and operated throughout his life. He also worked for the Henley Lundgren Company, fabricated large molds for the L&L Concrete Company, and worked for several other

contractors throughout his career. He was a master welder and felt that the more challenging a project was to him, the more he enjoyed the task. Mr. O'Reilly was a faithful member of St. Roch's Catholic Church in Oxford for many years, and enjoyed sitting at the men's table for coffee and donuts after Mass each week. He was a former member of the American Legion Post 58 in Oxford and a longtime member of the Operating Engineers Local 4 Union. He held several patents, including a patent on a woodburning furnace named the "Shane," and a silt fence support system. Later in life, he went back to night school at Bay Path to learn woodworking. Mr. O'Reilly enjoyed motorhome trips around the country and Canada, especially along the coast of Maine and throughout South Carolina to visit relatives each year. He hosted an annual cookout for 30 years for Henley Lundgren employees. He made long-lasting friendships wherever he lived and was happiest when his family was gathered together in his home. He had many loyal, long-lasting friendships, including the Alfred Cermanero and George Bushika families of North Adams. Paul's family would like to thank Care Central V.N.A. and Hospice, and the Rose Monahan Hospice Residence, for the exceptional care given to him. A funeral Mass was held at 11 a.m. on Wednesday, September 21, 2022, at St. Roch's Church, 332 Main St., Oxford. Those attending are respectfully requested to meet directly at the church. Burial will be held privately at St. Roch's Cemetery in Oxford. There are no calling hours. In lieu of flowers, memorial contributions may be made to Paul D. O'Reilly Welding Award, c/o Webster Five Cent Savings Bank, 343 Main St., Oxford, MA 01540. Paradis-Givner Funeral Home in Oxford is directing the arrangements.



Walter H. "Snookie" Knapik, 82



Uxbridge – Walter H. "Snookie" Knapik, 82, of William Ward St., passed away peacefully on Sat. Sept. 17, 2022 at home after a 15-month battle with Acute Myeloid Leukemia. He is survived by his wife Aline M. (Boudreau) Knapik, with whom he celebrated 60 years of marriage on Sept 1st; 2 sons W. Robert Knapik of Uxbridge, and Paul M. Knapik and his partner Margaret Fitzgerald of Whitinsville; 5 grandchildren Dr. Laura Knapik and her husband Ian Kaplan, Samuel Knapik, Alyssa Knapik and her fiancé Corey Patterson, Jayce Knapik and his companion Mariah Deroches, and Bretton Knapik; his brother Robert J. Knapik and his wife Terry of Scottsdale, AZ, his Aunt Janet Rabor; many cousins, nieces, and nephews. He was brother of the late Judyann Kearnan and was predeceased by nephew Richard Kearnan. Born in Whitinsville, MA on June 8, 1940, he was the son of Walter S. and Alice E. (Rabor) Knapik and lived in Uxbridge all his life. Mr. Knapik worked as a computer operator for New England Power Service Company for over 30 years, retiring in 1999. A 1959 graduate of Uxbridge High School, he was a stand-out 3 sport student athlete, playing basketball, football, and baseball, batting over .500 his senior year. He served in the US Army National Guard in the Whitinsville Barracks. He coached Uxbridge Little League for many years, was a life member and past president of the Uxbridge Rod and Gun Club, and belonged to the Whitinsville Golf Club where enjoyed the thrill of hitting 2 hole-in-ones, coming 10 years apart, both on Hole 7! A lifelong musician, Snookie played trumpet since 4th grade. He played in the high school band, the US Army Band at Fort Drum, NY, a polka band

(Snookie was ever so proud of his Polish Heritage), and in later years in the Blackstone Valley Community Concert Band. Walter was an artist who enjoyed the challenge of watercolor painting, which included, since 1999, the Christmas card that he and Aline would send to family and friends who eagerly anticipated its annual arrival. He was a member of the RI Watercolor Association. His family would like to thank family and friends, including his neighbors Tim and Dana, all of whom who were so supportive during Snookie's illness. They are especially grateful to the UMass Memorial oncology clinic team of Dr. Jan Cerny, Lindsey, and Andrea, the oncology nurses, and the PCA's especially Cheryl and Tory. The care and skill of all of them made it possible for Walter to live to see each of his grandchildren celebrate one more birthday, and to see his oldest granddaughter graduate from medical school and attend her wedding. Mere words could never express the family's profound gratitude to oncology nurses Laurie Budnick and Beth Duncan. His funeral will be held on Thurs. Sept. 22 at 11 am in Tancrell-Jackman Funeral Home, 35 Snowling Rd., Uxbridge. Burial will follow in St. Mary's Cemetery. Calling hours at the funeral home were Wed. Sept 21st from 4:30 to 7:30 pm and Thurs. prior to the service from 10 to 11 am. In lieu of flowers donations may be made to: the Adam Bullen Memorial Foundation, 8B Concord Ct. Webster, MA 01570, or to the People First Food Pantry, PO Box 506, Uxbridge, MA 01569. To leave a condolence message for his family please visit: <http://www.Jackmanfuneralhomes.com>.



Send all obituary notices to Stonebridge Press, PO Box 90, Southbridge, MA 01550, or by e-mail to obits@stonebridgepress.news

Auction, antiques, and collectibles news



In my last column, I shared that a 1952 Mickey Mantle card set a sports card record when it sold for \$12.6 million at auction last month. I noted that the Mantle card also set a record for any type of sports memorabilia by topping the \$9.3 million paid for a Diego Maradona 1986 World Cup jersey. Well, CBS Sports reports that a new record was set this month for another non-card

sports memorabilia item. A jersey that Michael Jordan wore in Game 1 of the 1998 NBA Finals recently went on the auction block. The Bulls lost that game to the Utah Jazz, but went on to win the series, giving Jordan his sixth championship in his "Last Dance" season. Jordan also received his sixth career Finals MVP award. His jersey price soared well above the \$3 to \$5 million estimate, selling for \$10.1 million. In non-sports news, the New York Times reports that the art collection of Paul Allen (who formed Microsoft with Bill Gates in 1975) is expected to be the biggest auction of a private art collection in history. The inventor, sports team owner and philanthropist died in 2018. Over 150 of his pieces spanning 500 years will be sold. Highlights include "Jasper Johns' encaustic, acrylic and paper collage 'Small False Start' from 1960, estimated to bring more than



ANTIQUES,
COLLECTIBLES
& ESTATES
• • • • •
WAYNE TUISKULA

\$50 million, and Paul Cézanne's 'La Montagne Sainte-Victoire' (1888-90), estimated at over \$100 million." Allen bought many of the paintings as an investment. He anonymously purchased an 1891 Monet painting of a haystack for \$81.4 million in 2016. He also loaned pieces from his collections to several museums. He told Bloomberg in 2015, "I feel that you should share some of the works to give the public a chance to see them." The sale, which also includes masterpieces by Renoir and Roy Lichtenstein, is expected to top \$1 billion. An antique advertising sign also recently fetched eye-popping auction record prices, according to Greenville, South Carolina TV station WYFF. The double sided Musgo Gasoline sign was discovered in a Michigan attic and is the best-known example of the 1920s version of the Musgo Gasoline sign. WYFF writes that "Musgo, originally located in Muskegon, Michigan, was believed to

be open for less than six months during the mid-1920s." The previous auction record for a gasoline-related advertising sign was \$400,000 until the Musgo sign shattered it, selling for \$1.5 million in August, especially remarkable considering gasoline sold for slightly over 20 cents a gallon when Musgo was in business. We are accepting consignments of gold, coins and sterling through Sept. 26 for our fall auction. We are also accepting consignments for our sports card and memorabilia auction as well as our art, historical memorabilia, antiques and collectibles fall auctions through September 30th. I'll be appraising items for the public at the Townsend Historical Society on Oct. 15, the Worcester Senior Center on Oct. 18 and the Leicester Senior Center on Nov. 5. Please visit our website <https://centralmassauctions.com> for links to upcoming events. Please contact us at www.centralmassauctions.com (508-612-6111) info@centralmassauctions.com for antiques and collectibles auction services.

Colorful mums for fall gardens and containers

Add a burst of fresh color to the fall landscape with mums. This traditional fall flower is still a favorite of many. These fall beauties come in a wide range of colors and provide weeks of floral beauty. Mums are great in containers, the garden, and cut flower bouquets. Fall just wouldn't be the same without them. When shopping for mums you may see them labeled as garden, perennial, gift, or florist mums. All these different names for plants that basically look alike can be confusing. The answer lies in their response to day length, hardiness, and use. Mums set flowers based on day length. Growers can force them into bloom by covering them to create the shorter days that initiate flowering. Those grown as gift and holiday plants are often called florist mums. These usually require the longest periods of uninterrupted darkness or shorter days. When these mums are grown under natural daylight they usually don't flower until late fall or early winter. These late bloomers are usually killed by cold temperature before or soon after the flowers appear in colder parts of the country. Nurseries selling mums in full bloom in the fall often refer to them as garden mums. These may be perennial or "florist" mums forced to flower for

fall displays. The intent is to use them as annuals. Set a pot on the steps, pop a plant in a vacant spot in the garden or combine them with other fall favorites. Even if these garden mums are hardy and suited to your growing conditions, they may not survive the winter. Since all the energy of flowering fall-planted mums is directed to the flowers, little is left to establish a hardy robust root system. If you have success overwintering your garden mum, feel free to brag. If your plants don't survive or you don't try, don't worry. You are using them as a fall annual as they were intended. This provides space for new plants in the spring and an opportunity to try a different color mum next fall. Those mums sold as perennials are hardy enough to survive the winter and flower in late summer or early fall, providing weeks of color in the garden. They are often sold alongside other perennials, labeled as perennials, or promoted as hardy for the area. Increase your success by planting them in spring. This allows the plant time to develop a robust root system before it begins flowering in the fall. This



GARDEN
MOMENTS
MELINDA
MYERS

increases the plant's ability to survive cold winter weather. Increase overwintering success of fall planted perennial mums with proper care. Make sure the plants receive sufficient moisture throughout the remainder of the growing season and leave the plants intact in the garden for winter. Those in colder climates may want to add winter mulch. Wait for the ground to freeze. Then cover with weed-free straw or evergreen boughs. Remove the mulch in spring as temperatures hover near freezing or the plants begin to grow. Cut back the dead stems and wait for new growth to appear. Whatever you call them, add a few mums to your fall display. You are sure to enjoy that last blast of color before winter arrives.



Melinda Myers
Mums mixed with ornamental grass in a fall garden.

Melinda Myers has written more than 20 gardening books, including the recently released *Midwest Gardener's Handbook, 2nd Edition* and *Small Space Gardening*. She hosts *The Great Courses "How to Grow Anything"* instant video and DVD series and the nationally syndicated *Melinda's Garden Moment TV & radio program*. Myers is a columnist and contributing editor for *Birds & Blooms* magazine and her Web site is www.MelindaMyers.com.



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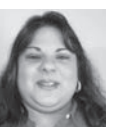
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SUTTON – 11 Apple Ridge Rd! Super 9 Rm 3,046' Contemporary! Nicely Landscaped 30,596' Lot w/Circular Drive! White Marble Entry Foyer w/Soaring Skylight Ceiling! French Doors to the Custom Center Isl, Black Granite, Fully Applianced Kit w/Recessed Lighting! Open Flr Plan! Gorgeous Formal Din Rm w/Tons of Natural Light! Huge Liv Rm w/ Sliders Front & Rear, Skylight & Ceiling Fan! Frplcd Sitting Area w/Cathedral Ceiling, Skylight & Ceiling Fan! French Door Office leads to the Future 1st Flr Master presently the Gym w/Cathedral, Skylights, Ceiling Fan, Sliders & Bathrm Access! 2nd Flr Features 2 Bdrms & 2 Baths! Master Suite w/Cathedral, Skylight, Ceiling Fan, 2 Dble Closets, Dble Vanity, Separate Shower, Whirlpool Tub & Marble Flr! C/Air! Deck Overlooking Private Yard! 3 Car Garage Under & 46' Detached! Town Services! **\$774,900.00**

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WEBSTER LAKE - 27 SOUTH POINT ROAD



ON DEPOSIT

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WEBSTER LAKE - 0 PATTISON RD



LAND - Terrific opportunity 14,798 Sq. Ft. of LAND. CONSERVATION APPROVAL for proposed Building. MASS DEP# 313-1167. 248+/- Road Frontage. 279+/- Water Frontage. Town Water & Sewer accessible. **\$250,000.**

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LAND: WEBSTER/OXFORD/PUTNAM


OXFORD - LAND - General Business Zoned! Marijuana OVERLAY DISTRICT! LAND with 4,095 SF Metal Building! 124 SOUTHBRIDGE RD (RTE 20). Town Sewer Project Plans are Approved. 22,884 sq. ft. Level Lot. 140 ft of road frontage. **EXPLORE THE POSSIBILITIES! \$795,000.**

OXFORD - LAND - RTE 20 General Business Zoned! Marijuana OVERLAY DISTRICT! Vacant LAND, Level & cleared. 39,549 SF. **\$419,000.**

PUTNAM - LAND Zoned General Business. 29 acre 103' frontage. Water, Sewer, & city gas available. 2 street entrances. **\$125,000**

OXFORD - 2 Merriam Rd 80+/- Wooded Acres in Oxford & Charlton. **ON DEPOSIT \$329,000**


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ON DEPOSIT

WEBSTER LAKE 13 BATES POINT ROAD

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Open House Directory

(C) Condo	(X) Condo	(M) Multi-Family	(T) Townhouse
(B) Business	(U) Duplex	(S) Single Family	(D) Adult Community
(P) Land	(L) Mobile Home	(A) Apartment	(W) Waterfront

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WEBSTER				
13 Loveland Rd	W	1-3	\$785,000	Hope Real Estate Group Lori Johnson-Chausse 774-280-6129 / o: 508-943-4333

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SPORTS

Scott Hopkins of Northbridge secures the ball with both hands while bracing for impact.



Northbridge quarterback Tim Labrie releases a pass in front of Leicester defender Andrew Boisvert.

LEICESTER — The Northbridge High and Leicester High varsity football teams are perennially two of the top Division 7 programs in the state, and a season ago both the Rams and

Wolverines qualified for the 16-team D7 State Tournament. But when Week 1 came and went, neither Northbridge nor Leicester picked up a victory, as the Rams lost to

West Boylston High (37-0) and the Wolverines fell to South High of Worcester (36-10).

So, when Northbridge headed to the former Becker College — and now the current Leicester High for juniors and seniors — on Friday, Sept. 16, both teams were hoping to improve to 1-1 on the young season.

The Rams did just that, as they came away with a 33-7 victory.

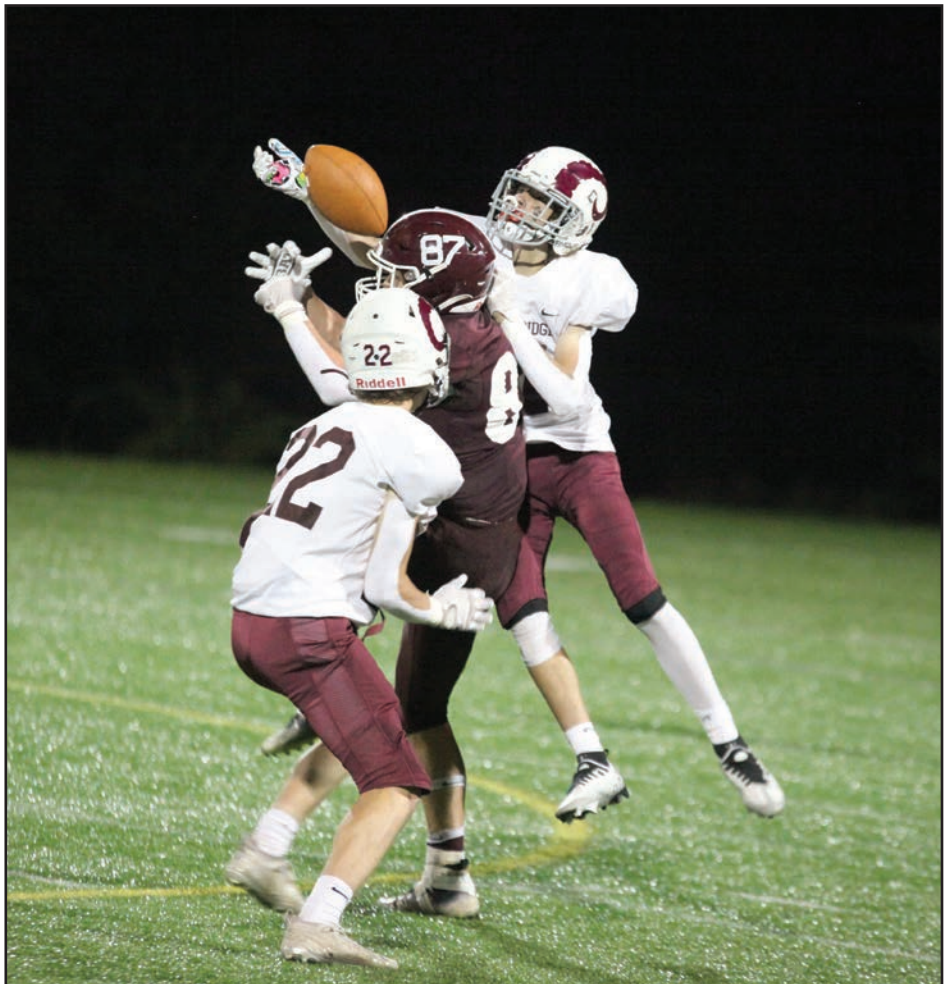
The scoring plays were as follows:

First Quarter
Northbridge: Brady Nicholson 45-yard pass from Tim Labrie — 6-0

Second Quarter
Leicester: Griffin Metcalf 15-yard run, Mason Griffith kick — 7-6
Northbridge: Scott Hopkins 12-yard run, Cam Athanas kick — 13-7



Scott Hopkins of Northbridge secures the ball with both hands while bracing for impact.



With Northbridge's Ryan Miley (22) close by, teammate Caleb Sweck disrupts a pass intended for Leicester's Jack Ledbetter.

Northbridge: Labrie 5-yard pass from Labrie, Gorman 4-yard run, 5-yard run — 19-7
Third Quarter
Northbridge: Hopkins
Leicester: Athanas kick — 26-7
Fourth Quarter
Northbridge: Owen
Leicester: Athanas kick — 33-7



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SPORTS

Spartans score early, Leicester late as teams settle for tie



Nick Ethier photos

Uxbridge's Isabella Nolan throws the ball back into the realm of play.

BY NICK ETHIER
SPORTS EDITOR

UXBRIDGE — Oftentimes when two teams tie, one side is more pleased than the other. That was certainly the case when the Uxbridge High and Leicester High girls' varsity soccer teams tangled on Wednesday, Sept. 14, as the Spartans held a 3-1 halftime lead only for the

Wolverines to rally with a pair of second half goals to produce a 3-3 draw. "Brick by brick, that's how we're built. That's really what they've bought into and it's a selfless program. They play for one another and they found a way to tie it up," said first-year Leicester head coach Joe Mercier, who served as the JV coach the prior two seasons. "I thought possession wise we controlled



Uxbridge's Kathryn Cahill heads By Nick



Julia Philbrook of Uxbridge rushes up to the ball in open space to gain possession.

about 70 percent, which is what we shoot for. Games a lot of times will work in our favor if we have the possession advantage."

The Uxbridge side, meanwhile, felt a different feeling following the game.

"I'm not happy, we're not happy. We're not satisfied," said head coach Allyson Durkin. "The first half was sharp. Our passes were strung along well, we were shooting the ball and we were scoring. The last 20-25 minutes is where we got defensive and protective. Whatever we need to do to prevent losing means we're not attacking."

"We shouldn't have lost, or tied, this game," added Durkin. "It feels like a loss."

The Spartans, now sporting a record of 1-0-3, still haven't lost this fall, but the ties continue to amount. Uxbridge also produced four ties in 16 regular season games in 2021.

"Even last year, it seems to be a pattern. We get satisfied with not losing," said Durkin. "The intensity just needs to be up."

The Spartans struck first in the game's 12th minute when Kathryn Cahill used her speed to weave through Leicester's defense and then rifle a shot into the goal.

Leicester tied the game about seven minutes later when Lily Peterson used her dribbling skill in the middle of the field to create enough separation to send a pass into space, where a streaking Grace Bujak got to the ball first and fired a shot that found the twine.

Uxbridge retook the lead at 2-1 in the 26th minute when Cahill looped the ball forward, where Avery Guillette got a touch on it. The ball ultimately hit a Wolverines' defender and found the goal.

The Spartans then made it a 3-1 game with under 15 seconds to go until halftime. There, Briana Moss followed a shot for a rebound goal.

"We had a few breakdowns in the midfield. It's a very, very good Uxbridge

team," Mercier said of Leicester's first half performance.

But the Wolverines took charge in the second half and scored in the game's 44th and 58th minutes to tie the score. First, Hannah Martin took a shot toward the near-side right portion of the goal, which keeper Alicia Gauvin got a piece of. But the ball had enough momentum to cross the line for the goal.

Peterson then tied the game with a left-to-right shot from distance that clanged off the right post and into the net.

Mercier noted that his keeper, Annie Hunt, kept Leicester (1-2-1) in the game, as she made eight of her 10 saves in first half action.

"Annie Hunt played an outstanding game today. Both of our keepers train with our JV coach, Jill Russo," Mercier said of Hunt and Sarah O'Connor. "She [Russo] was a collegiate goalie and she trains with our keepers a lot."

HIGH SCHOOL NOTEBOOK — SPARTANS CONTINUE TO SURGE

Monday, Sept. 12
Uxbridge 9, Medway 1 — Ellie Bouchard and teammate Kendall Gilmore both provided hat tricks and an assist for the victorious Spartans' field hockey team. Uxbridge's Meghan Smith added a goal and an assist, as did Abby Sanches. Brooklyn Kaferlein also scored for the Spartans, and goalie Julia Okenquist turned aside 10 shots as Uxbridge improved to 3-0.

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CHANGES

continued from page A1

its heyday, proponents even considered extending it as far north as Nashua.

In both directions, boats were pulled by horses who walked along the neighboring towpath, with a person steering to avoid drifting into the canal walls and other boats. Whenever they had to pass a boat going the other way, the horsemen simply handed the ropes off to their peers.

While it was running, the canal “saved shippers \$3.80 a ton” over land transport costs and made its environs “scenes of activity and bustle” over what had been there just four years earlier. It carried 2-3 times more freight north than south, but saw a wide range of goods at a toll that averaged about 3 cents per ton per mile. In most cases, the items traveled in barrels that workers could easily tip over and roll away at their destination.

Some people also took the route, but it “did not really revolutionize passenger travel” because the 45-mile journey typically took two days and was restricted to daylight hours. With the canal’s 4 mph speed limit (to avoid wakes that eroded the dirt walls), the stagecoach was faster, and toward its end the railroad made the trip in just two hours.

One core problem was that “water power could lift a boat or turn a mill wheel, but not both at

the same time,” Kelleher said. To address that, canal operators made promises to neighboring mill owners, but broke many of them, sparking a court battle over water rights. The mill owners won, and the court charged the canal operators “a hefty fine that was more than their revenues that year.” The canal’s finances continued to spiral downward thereafter, with owners actually hiking their tonnage rates in the face of competition with the cheaper and faster railroads.

By the time the canal collected its last toll on Nov 9, 1848, it was already “absolutely obsolete.” In its lifetime, Kelleher said, it had been “a greater benefit to the public than it ever was to overseers of the company” in several unexpected ways. Among them, its construction of holding ponds provided some flood storage, its locks increased available water power, and, ironically, its tow path proved ideal for the Providence-and-Worcester’s railroad bed. By opening our area to more efficient agricultural trade, it encouraged area farmers to head West, which had the effect of promoting the region’s reforestation.

“It was both a parent and a child of the American Industrial Revolution,” he noted. “...The effects of the Blackstone Canal remain with us today.”

Gus Steeves can be reached at gus.steeves2@gmail.com.

SUTTON

continued from page A1

No Country” and “King Philip’s War – The History and Legacy of America’s Forgotten Conflict” are both available through the Central Mass Library system for those interested in reading up prior to the presentation. Purchase the book and Mr. Tougas can provide an autograph. This event is free and open to all members and the general public of all ages.

For members, our Annual Meeting will be held on Tuesday, Oct. 4 at 7 p.m. in the First Congregational Church. We will be electing our non-officer Board members for their two-year term, reviewing this year’s performance, and making plans for 2023. A huge shoutout to all the volunteers who helped sort and bag all the bottle and can donations. Approximately 80 volunteer hours were logged to accomplish the task. Thanks to all who donated their bottles/cans during the July drive.

Mark your calendars for Saturday, Dec. 3, from 10 a.m.-4 p.m. for Sutton’s Annual Chain of Lights event. The Society’s properties will be open again this year!

Keep up-to-date on all our happenings at suttonhistorical-societyinc.org. The Sutton Historical Society, Inc. is a 501(c)3 organization. Membership is open year-round. Donations welcome and accepted.

Cultural Council announces local grant opportunity

—BY KIMBERLY PALMUCCI
TRIBUNE CORRESPONDENT

SUTTON — The town’s Cultural Council has announced a grant opportunity for cultural activities, including community-oriented arts, humanities, or science programs.

Organizations, schools, and individuals may apply for these local grants, according to a press statement shared by the town; proposals are due to the Sutton Cultural Council by Monday, Oct. 17.

The grants can support “a variety of artistic projects and activities” in Sutton, according to Council Chairperson Pamela Nichols, including exhibits, festivals, field trips, and performances in schools, workshops, and concerts. For the upcoming grant cycle, the town’s Cultural Council will distribute \$7,300 in grants, according to reports.

“Funded projects in the past have included Concerts on the Common, support of the Sutton Fourth event and performances at the Sutton

Library, the Sutton Senior Center and musical equipment at local playgrounds,” the press statement reads.

The Sutton Cultural Council is part of a network of 329 local Cultural Councils serving all 351 cities and towns in the Commonwealth, according to grant request details.

“The LCC Program is the largest grassroots cultural funding network in the nation, supporting thousands of community-based projects in the arts, sciences and humanities every year,” the town released. “The state legislature provides an annual appropriation to the Massachusetts Cultural Council, a state agency, which then allocates funds to each community.”

Applications must be submitted online through the Massachusetts Cultural Council at www.mass-culture.org. Search for “Sutton” to find the local council and to access the online application. This is also where residents will find any funding priorities or additional requirements beyond the state guidelines, according to reports.

For questions about the Sutton Cultural Council, or to become a member, residents may contact Nichols at pamelaaanichols@gmail.com.

In other news, the Sutton Cultural Council also recently hosted Hofbrauhaus Bavarian Band on the Town Common, according to reports. For more information, visit suttonma.org.



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