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Area veterans honored for service and sacrifices

BY KIMBERLY PALMUCCI
TRIBUNE CORRESPONDENT

REGION — Across the region, local veterans were honored last week for their service and sacrifice in several Veterans Day events.

At Plummer Place, home of the Northbridge Senior Center, more than 50 veterans from the community gathered to be recognized and honored at an event that was co-sponsored by the Northbridge Police Association and the Friends of Northbridge Elders.

“It was an honor to attend a Veteran’s Day breakfast at Plummer Place,” said state Rep. David Muradian. “Thank you, Northbridge Police Department Association, for generously sponsoring the event.”

Plummer Place released that it is “beyond thankful” for Muradian’s ongoing support; additionally, the event



Courtesy

More than 50 veterans from the Northbridge community gathered to be recognized and honored for their service.

featured guest speaker Bill Audette.

“Your words were so heartfelt,” Plummer Place released in a statement on social media.

Harry Berkowitz performed “Taps,” according to reports.

Council on Aging Chair Lady Jean Mistretta hand-made the cards for the event “with a handwritten message scribed by Claire Malkasian,” Plummer Place released.

In other news, the Blackstone Parks and Recreation Department shared that there was a recent breakfast event that honored veterans in the community.

“It was all for them today,” Blackstone Parks and Rec. released. “A thank you for each and every one of them.”

The program was made possible, according

to reports, by Divine Mercy Parish, the Religious Education classes, Father John, state Rep. Mike Soter, and many volunteers.

“Also, thanks to the schools for providing a video, cards, and drawings for all of our veterans,” Blackstone Parks and Rec. released in a statement after the event.

The breakfast event saw Selectman Dan Keefe and Board of Health Commissioner Kevin Ryan spending their morning with the veterans. Bob Gilbert, Kim Briggs, and Sara Peters served the food, and Jeremy Labonte manned the grill and ovens.

“We are strong because of those that served.”

“Blackstone Parks & Recreation is phenomenal at keeping the community of Blackstone so engaged, not only with the parks but events throughout the entire year,” State Rep. Soter added.

Douglas Adult Social Center welcomes new bus

BY KIMBERLY PALMUCCI
TRIBUNE CORRESPONDENT

DOUGLAS — The town’s Adult Social Center has recently welcomed its new bus, which has aptly been named “Road Runner” as the result of submissions from a recent competition.

“There has been a lot of excitement associated with the new bus,” said Douglas Adult Social Center Director/Outreach Case Manager Patrice Rousseau. “We haven’t had our own transportation in more than 15 years.”

Rousseau added that there was a full house at the center recently as the new bus was welcomed. As part of a competition to name the bus, Rousseau added that Tess Bolte’s submission, “Road Runner,” was selected.

“We are grateful to Douglas Board of Selectman, the Town Administrator Mathew Wojcik, the Capital Committee, and to all the residents in town,” Rousseau said. “Without their support, this would never have been possible.”

Turn To **BUS** page **A100**

Local student joins Senate Youth Council

BY KIMBERLY PALMUCCI
TRIBUNE CORRESPONDENT

UXBRIDGE — One sophomore from the town’s high school has recently been admitted as a member of the Worcester and Hampden District Fattman Senate Youth Council.

According to Uxbridge Superintendent Michael Baldassarre and Uxbridge High School Principal Michael Rubin, sophomore student Tavin Hochmuth was welcomed as a member of the Worcester and Hampden Senate Youth Council (FSYC) during a virtual kick-off meeting on Nov. 8.

“Under the direction of Massachusetts state Sen. Ryan C. Fattman of Worcester and Hampden County, Hochmuth and student delegates from 19 district towns will meet monthly throughout the Worcester Hampden District, or virtually, to engage in respectful discussion and debate about current events,” the Uxbridge Public Schools released in a statement.

Student delegates will attend monthly club meetings, State House visits, bipartisan campaign and speaker series events, and more, according to the



Courtesy

(Right) Uxbridge High School sophomore Tavin Hochmuth.

statement, where they will “have the opportunity to learn more about leadership, volunteerism, activism and politics, civic knowledge and current events.”

“Sen. Fattman and his office have been loyal supporters and partners to our community,” Principal Rubin said. “I’m excited that Tavin will be able to work with him and his staff on areas of policy that matter at the local level.”

Members of the FSYC will work with one another, with guest speakers, and with Senator Fattman and his staff to “expand their horizons, have meaningful experiences, and create opportunities to further contribute to their community.”

To be a member in good standing, students are expected to attend the monthly meetings, share their thoughts and opinions on discussion topics, participate in assigned reading and group projects, and volunteer at least three hours of their time toward community service or political activism, according to reports.

Students ranging from ninth through 12th grade are selected by Fattman’s staff based on merits “including their involvement in student government, academics and volunteer work.”

“I am very excited to be accepted into this program as I am a big fan of history and how the government works,” Hochmuth said. “I am looking forward to working with others and making a difference in this world.”

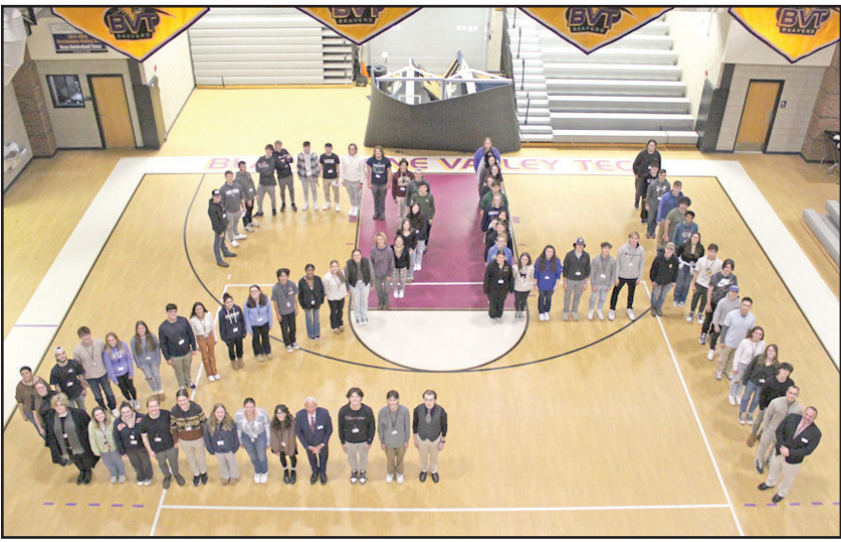
In addition to his academic responsibilities, Hochmuth currently serves as crew and stage manager for the Uxbridge High School Drama Club, and as a member of the math club and color guard, according to the school. During his free time, Hochmuth “helps his friends and peers with schoolwork and projects.”

BVT salutes Class of 2024 Adams Scholars

UPTON — Hard work and academic achievement of students, staff, and parents pays off for eighty-five Blackstone Valley Regional Vocational Technical High School (BVT) seniors who are the proud recipients of a John and Abigail Adams Scholarship. These students have earned free tuition at any Massachusetts public college or university and may want to further their vocational and career training with additional education, advanced training, and credentials.

The first-time score on a high school MCAS exam determines eligibility for an Adams Scholarship. Adams Scholars receive free tuition at any Massachusetts public college or university, renewable for eight consecutive semesters or four years. Recipients must use the tuition credit in the first fall semester following their high school graduation and maintain a GPA of 3.0 or better.

The following members of the Class of 2024 have earned a John and Abigail Adams Scholarship



Courtesy

Congratulations, BVT Class of 2024 Adams Scholars!
(students are listed alphabetically by town):

Bellingham	Blackstone
Pyper Bourre, Sophie Jacobson,	Dominic Felaco, Parker Guilbert,
Vanessa Lizotte, Aiden Simpson,	Julia Matson, Manuel Nunes, and
and Lucien Stenehjhem.	Carolyn Powers.
	Douglas

Turn To **SCHOLARS** page **A100**

Early deadlines for Thanksgiving

Due to the Thanksgiving holiday, the submission deadline for any press releases or letters to the Editor intended for publication in next week’s edition of the Blackstone Valley Tribune has been moved up from the usual Monday to Friday, Nov. 17 at 4 p.m. Submissions can be e-mailed to news@stonebridgepress.news.

The staff of the Blackstone Valley Tribune our readers for their cooperation, and wishes them a safe and happy Thanksgiving.



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3:00-5:00 pm



Pictures with Santa & Mrs. Claus
FREE: Hot Chocolate, Baked Goods, Face Painting, Balloon Making, Kids Crafts
Gingerbread House Contest with Prizes
Live Music, Raffle Baskets, Toy & Canned Goods Drive

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This celebration is hosted by Northbridge Beautification, The Northbridge Police Association & The Northbridge Fire Department & Auxiliary. For further information contact Cheryl Tynan at northbridgebeautification@gmail.com or 508-889-7517.



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Brookfield Ecumenical Food Pantry
St. Mary's Church
4 Howard Street, Brookfield, MA 01506
Dinner: Thursdays 9 AM-11 AM
Saturday 9 AM-11 AM

CHARLINGTON
Chap - In Food Pantry
Northbridge Building
87 Main Street, Charlton, MA 01507
Dinner: Thursdays 9 AM-12 Noon

LEICESTER
Leicester Food Pantry
St. Joseph St. P.O. Box 1
799 Main Street, Leicester, MA 01551
Dinner: Thursdays 5 PM-7 PM

NORTH BROOKFIELD
St. Joseph Food Pantry
205 N. Main St.
North Brookfield, MA 01561
Dinner: Thursdays from 6:00-7:00 pm
and Wednesdays from 9:00-11:00 am.
The pantry is located behind the church.
All food is donated by the parishes of St. Joseph church.

SOUTH BRIDGES
Saint John Paul II Food Pantry
Saint Vincent de Paul
279 Lincoln St., Southbridge, MA 01550
Dinner: Thursdays 3 PM-5 PM, Wednesdays 9 AM-11 AM

Southbridge Food Share Pantry
79 Elm St., Southbridge, MA 01550
Dinner: Thursdays 3 PM-5 PM, Wednesdays 9 AM-11 AM

SOUTH BRIDGES - EAST BROOKFIELD - NEEDHAM'S CANY
Many Queens of the Valley Food Pantry
60 Maple St., Needham's Cany, MA 01563
Dinner: Thursdays 10 AM-12 Noon

WEST BROOKFIELD
Shining Cupboard Food Pantry
First Congregational Church
36 North Main Street,
West Brookfield, MA 01581
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-Thursdays 7 PM-8 PM



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Blackstone JFK/AFM girls gear up for confidence-building, end-of-season 5K celebration



Courtesy

The Blackstone JFK/AFM Girls on the Run (GOTR) team utilizes a research-backed curriculum centered on uplifting young girls for their own unique strengths.

BLACKSTONE — Girls at Augustine F. Maloney Elementary Blackstone's John F. Kennedy & Schools will soon be completing

Women's Bible study to focus on "The Power of Forgiveness: Finding Freedom in Forgiveness"

WHITINSVILLE — Coffee Break, a community Bible study for women, will begin its Winter season with a study of "The Power of Forgiveness: Finding Freedom in Forgiveness" on Jan. 9. God loves us and has wonderful plans for our lives – no matter what the current events look like. Come join with others in a study of "The Power of Forgiveness" as we look at who God is and the power and glory He is about to display in the earth. Our God is so trustworthy. All peace and joy are found in Him. You're only allowed to be a newcomer the first week. After that, we're all friends. We look forward to meeting you.

Refreshments and childcare are

provided—There's loving care for your babies and toddlers through age five.

Coffee Break is held each Tuesday from 9:30 to 11 a.m. and offers women in the Blackstone Valley an opportunity to read and discuss the Bible, share questions and concerns, and develop new friendships. There's no "homework" required, and no previous Bible knowledge is necessary. Study guides and Bibles are provided free of charge.

Pleasant St. Church is located at 25 Cross St. in Whitinsville. For directions, questions, or to get more information, please call Anna 508-234-4902, email churchoffice@psrcr.org or visit psrcr.org/adults.

their Fall season of Girls on the Run (GOTR), an after-school program inspiring girls to be healthy and confident by following a confidence-building curriculum rooted in social-emotional learning. Throughout the season, Blackstone girls have used running as a tool to explore what it means to be a good friend, stand up for themselves, and navigate the challenges of adolescence.

The Blackstone team, composed of girls in grades 3-5, is led this Fall season by volunteer coaches Susan Congdon, Marcia Harvey and Michelle Zahn.

Girls on the Run Worcester County Program Director Katie Esposito noted in reference to the Blackstone

site, "[I'm] always amazed with our coaches who give selflessly of their time and energy to shape the future of these girls."

The GOTR season culminates with a 5K, where girls across the Worcester County come together to celebrate their strength. This Fall season's 5K will be held on December 3rd, 2023, and community members are encouraged to run alongside Girls on the Run participants on their big day. The race will be held at Quinsigamond State Park's Lake Park in Worcester. To register to run, volunteer at the event, or get more information about the Girls on the Run program, please visit www.gotr-worc.org.

Uxbridge Historical Society to hold Annual Meeting

UXBRIDGE — The Uxbridge Historical Society's Annual Meeting will be held on Sunday, Nov. 19, 2 p.m. in the lower hall of the Unitarian Church at 23 North Main St., Uxbridge.

This will be a business meeting including the election of Officers for the coming year. Nominations for Officers will be accepted at the presentation, "The Farnum House: Past, Present, and Future" will be featured following the business meeting. A light lunch will

be available. The public is welcome to attend, and membership forms will be

available.

For more information or questions, contact Jim Beauchamp

at (508) 498-0270 or email uxbridgehistoricalsociety@gmail.com.

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Ace has been basking in the simple pleasures of life. He loves nothing more than frolicking outdoors with his dog buddies, enjoying cuddle sessions with his foster family, and savoring delectable snacks (cream cheese is his all-time favorite).

In true Golden Doodle style, Ace is incredibly intelligent. He learns quickly, especially when tasty treats or chin scratches are involved. New environments and situations can be a bit daunting for him... His fosters have been working really hard to build his confidence up and it's paying off!

Ace thrives in a tranquil neighborhood (no apartments, please!) and is open to sharing his home with a confident dog sibling who can show him the ropes. He also is looking for a home with teens and older.

If you believe Ace is the missing piece in your heart, kickstart the adoption process today, and let Ace become the best cuddle bug in your life!

Visit his profile at <https://baypathhumane.org/adoptandapply> today!

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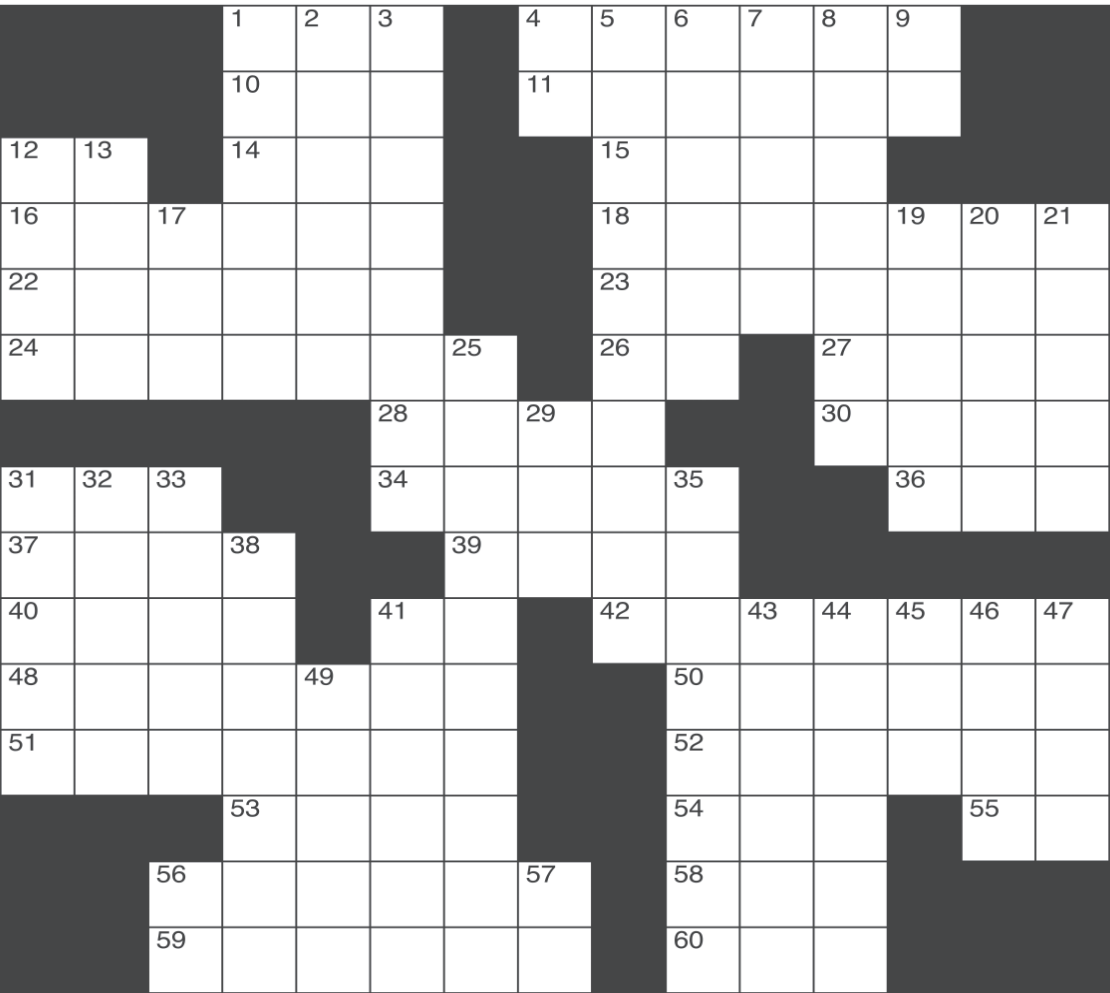
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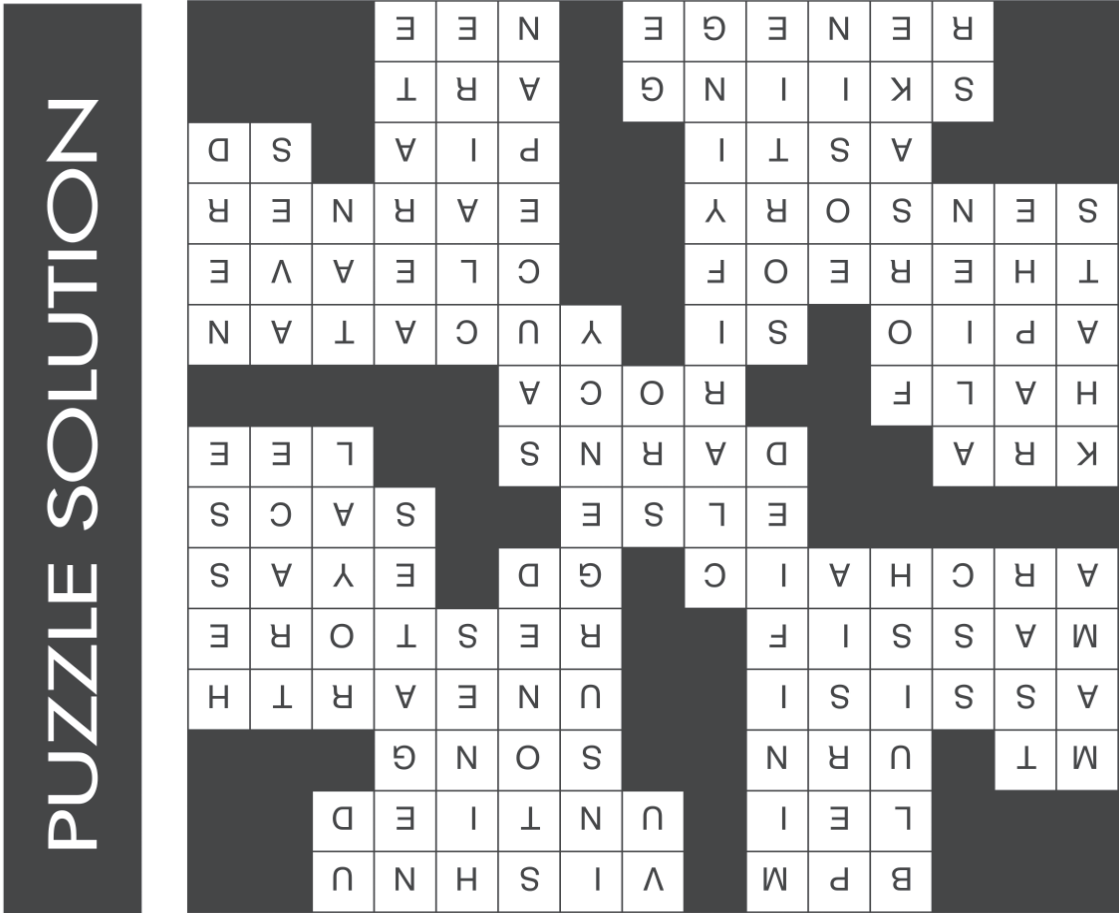
1. Beats per minute
4. Hindu deity
10. Polynesian garland of flowers
11. Not chained to
12. Metric ton
14. Tall, rounded vase
15. Musical composition
16. St. Francis of __
18. Discover the location of
22. Compact group of mountains
23. Mend
24. Not current
26. Atomic #64
27. Young hawk
28. Or __
30. Pouches
31. Southern Thailand isthmus
34. Mends with yarn
36. Downwinds

37. One of two equal parts of a divisible whole
39. Italian archaeological site
40. Cold appetizer
41. Yes
42. Peninsula
48. Of that
50. A way to divide
51. Relating to the physical senses
52. One who makes money
53. __ Spumante (Italian wine)
54. Inconvenience (abbr.)
55. South Dakota
56. Snow sport
58. The products of human creativity
59. Change mind
60. Born of

CLUES DOWN

1. Similar to the color of a clear unclouded sky
2. Former name of Iran
3. Made smaller
4. Type of meter
5. Revolt
6. Killed with rocks
7. Gregory __, US dancer
8. Nullifies
9. Home to the Flyers
12. Female parent
13. Pre-1917 Russian emperor
17. Outsourcing (abbr.)
19. Regal
20. Line
21. Hermann __, author of “Siddhartha”

25. Clearing up
29. No seats available
31. Leaves of an Arabian shrub
32. Groove in organ or tissue
33. Not of this world
35. Cooking device
38. Forget
41. Operational flight
43. Actress Danes
44. Poke holes in
45. A way to discolor
46. Shouts of welcome or farewell
47. Pharrell’s group
49. Red fluorescent dye
56. Jr.’s dad
57. Electronics firm



Douglas Adult Social Center

331 Main St.
(508) 476-2283
Hours of operation:
Monday through Thursday,
9 a.m.-3 p.m.; Friday 9 a.m.-
noon

DAILY ACTIVITIES: All
our daily activities are free
of charge.

Monday: Painting class 9:45
to 11:45, Balance & Strength
Exercise 12 pm, Mat yoga 2
pm
Tuesday: Walking club 9
am, Cribbage 9:30 am, Zumba
9:30 am, Bingo 12:00 pm,
Technology Class 1pm (call
to make an appt.), Jenga or
Connect4 @ 2pm (bring a
friend, and play a game!)
Wednesday: Balance &
Strength 10 am, MahJong 1
pm
Thursday: Walking club 9
am, Chair Yoga 9:30 am, Wii
Games 11am, Hand and Foot
card game 12:30 pm
Friday: Balance & Strength
10 am

NOVEMBER EVENTS:
• Wellness Clinic: Tuesday
November 28th, 10 AM to 12
PM. Blood pressure checks,
blood sugar checks, a chance
to ask basic medical ques-
tions to the nurse.
• Lunch & a Movie: Thursday
November 30th @ 11:30, “Your Christmas or
Mine.” Lunch is chicken que-
sadillas, tater tots & cake for
\$4.00. Please sign up before

11/24.
• Hearing Aid Cleanings:
Thursday November 30th @
10 AM to 11:00 AM. Please call
the center to schedule, 508-
476-2283.

DECEMBER EVENTS:
The center will be closed
on Monday December 25th.
Happy Holidays!
• Wellness Clinic: Monday
December 11th & Tuesday
December 19th, 10 AM to 12
PM. Blood pressure checks,
blood sugar checks, a chance
to ask basic medical ques-
tions to the nurse.
• Gingerbread house deco-
rating: Thursday December
7th @ 11:00. The Sunshine
Club is having their
annual decorating party.
Refreshments will be served.
Please sign up before 12/1.
• Holiday Party: Thursday
December 14th @ 11:30. We
will be having our holiday
ham luncheon with live
entertainment sponsored by
the Douglas Cultural Council.
Lunch is \$5.00. The entertain-
ment is free. Please sign up
before 12/7.
• Lunch & Movie: Thursday
December 21st @ 11:30,
“Magic of Bell Island.” Lunch
is soup & a sandwich for \$4.00.
Please sign up before 12/18.
Check our website for
events that may not be listed
here
<https://www.douglas-ma.gov/202/Adult-Social-Center-Senior-Center>

REAL ESTATE

BLACKSTONE

\$535,000, 70 Summer St, Miller, Steven F, and Miller, Beth A, to
Arenas, Renny, and Arenas, Lisa.
\$436,000, 81 Edgewater Dr, Lamay, Lindsey D, and Winslow,
Tyler D, to Forestal, Nathan, and Plesh, Kortini.
\$300,000, 16 Austin St, Desmarais, Ronald R, and Desmarais,
Jacqueline, to Bliss, Tyrel, and Wilson, Molly.
\$294,880, 17 Ascension St #A, Rmtp T, and Us Bank Na Tr, to
Wheeler Re Group LLC.
\$190,000, 332 Main St, Belanger, Mark B, and Belanger,
Mariellen P, to Appleton Grove LLC.

DOUGLAS

\$600,000, 62 Ridge Trl, Halsdorff, Stephen J, and Halsdorff,
Rosemary T, to Attwood, Christine.
\$459,900, 9 Nautical Way #9, Northbrown LLC, to Greenlees,
Julie.
\$390,000, 22 Reid Rd, Gay FT, and Gay, Michael S, to Hodney,
Cody S, and Hodney, Megan R.

NORTHBRIDGE

\$510,000, 43 Plummer Park, Barnatt Ft, and Barnatt, Jeffrey J,
to Martone, Brian, and Talbot, Sarah E.
\$420,000, 139 Fowler Rd, Zaleski, Tracey A, to Silva, Flaviano
G, and Camelo, Thais A.
\$310,000, 3 Oak St #3, Kibbe, Randy, and Rice, Eileen, to Allen,
Timothy, and Allen, Sarah B.
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Sons LLC.
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UXBRIDGE

\$960,000, 172 Pond St, Chaille, Robert, and Chaille, Laurie A, to
S&m Waugh Ft Of 2021, and Waugh, Margaret Y.
\$580,000, 7 Harvard St, Gianetti, John L, and Gianetti, Linda
A, to Couto, Jose R, and Deoliveira-Lima, T C.
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M, and Joly, Tyler J.
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Nasuti Ft, and Nasuti, Robyn M.
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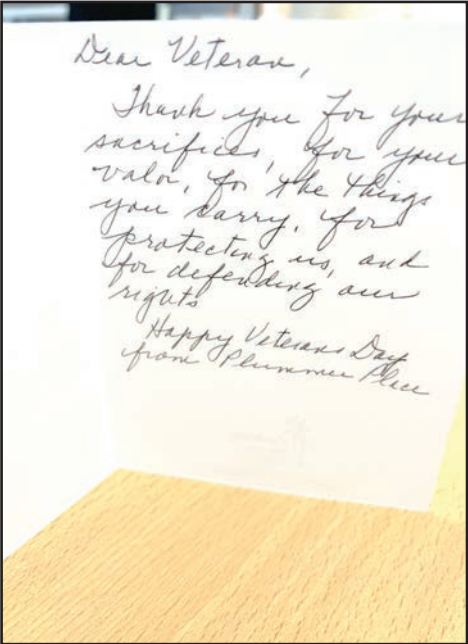
NORTHBRIDGE — Local senior veterans from the Army, Navy, Marines, Air Force, Coast Guard, and the National Guard enjoyed a special veterans breakfast at Plummer Place, Home of the Northbridge Senior Center on Thursday, Nov. 9. The event was co-sponsored by the Northbridge Police Association and the Friends of Northbridge Elders.

Veterans enjoyed a hot catered breakfast and were served by an amazing team of Plummer Place volunteers. Attendees enjoyed the companionship of fellow service members, and each guest was given a beautifully hand-made card designed and then written with a heart-felt message from a group of local senior volunteers. Representative David Muradian came by to thank the veterans for their service and surprised Plummer Place staff with a generous donation of \$7,500 from The David Muradian Charitable Foundation.

"On behalf of the Northbridge Council on Aging, Friends of Northbridge elders, staff, numerous volunteers, and all who utilize Plummer Place, I am incredibly grateful to The David Muradian Charitable Foundation for, once again, recognizing the work we do for the older adults of Northbridge. This donation will greatly support the variety of special programs we offer while keeping the participant fees at a minimum," shared Kelly Bol, director.

The keynote address was given by William Audette, a special guest of Plummer Place and a Marine Corps veteran and was well-received by the audience with lots of laughter and reflection. Overall, it was a wonderful morning for all in attendance as veterans were thanked for their patriotism, bravery, and overall love of our country!

For more information on Plummer Place or its special events and programs, please call Amy Cowen, program and volunteer coordinator: at (508) 234-2002.





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Friday, December 1st – 12:00 pm – Lunch & Learn with Chief Montminy.

Guest speaker will be Julie McMurray, Alzheimer's Association with an overview of ALZ, Dementia warning signs, importance of a diagnosis & treatment resources. Be sure to RSVP for this informational luncheon.

Monday, December 6th – 3:00 pm – 4:00 pm - Computer Tutoring with students from UHS & BVT. Please call ahead to book an appointment. This will be held on the first Monday of each month. Next Date is January 8, 2024.

Tuesdays, December 5th & 12th – 9:00 am – SHINE Appointments available for health insurance questions with Pat Nectow. Please call 508-278-8622 to schedule.

Thursday, December 7th – 10:30 am – Veterans' Services with Carl Bradshaw by appointment only. Call

508-278-8622 to sign up.

Thursdays, December 7th, 14th & 21st – 1:30 pm – Come play Scrabble! If you'd like to join us for lunch and have a relaxing afternoon playing Scrabble, give us a call to sign up!

Zumba class on Thursdays, December 7th & 14th & Low Impact Exercise Classes on December 7th and the last class will be on December 14th. New sessions will start up towards springtime.

Friday, December 8th – 11:30 am - 12:30 pm – “PopUp Library”. Books will be on display to check out, library card sign-ups, book hold pick-ups, etc. This program is being offered by the Uxbridge Free Public Library.

Tuesday, December 12th – 1:00 pm – Uxbridge Library Book Club. They will be discussing “Evvie Drake Starts Over” by Linda Holmes. You are welcome to join us for lunch on this day, just be sure to call ahead to “book” yours!

Tuesday, December 12th – 1:00 pm – Benefit Enrollment Specialist – Tri-Valley, Inc. Call the senior center to book an appointment with Katelynn Wackell. Next date will be January 9, 2024.

Thursday, December 14th – 12:00 pm – Annual Christmas Celebration w/Tommy Rull. Meal is sponsored by the Uxbridge Elderly Connection Inc. Call ahead to RSVP!

Friday, December 15th – 12:00 pm – Uxbridge Fire Department Quarterly Lunch on Cooking & Electrical Safety. Call ahead to RSVP.

Monday, December 18th - 1:30 pm – “Ask the Attorney” with Attorney Ralph Tepper by appointment only. Please Call 508-278-8622 to schedule your appointment.

Tuesday, December 19th – 11:00 am – Uxbridge High School “Prism” Musical. This is a 365 immersive musical experience! Lunch will follow the show at the Uxbridge High School. Please call ahead to RSVP.

Friday, December 22nd & Friday, December 29th – The senior center will be closing at 11:30 am.

Monday, December 25th the senior center will be closed in Observance of Christmas and re-open on Tuesday, December 26th.

Monday, January 1, 2024, the senior center will be closed in observance of New Year's Day and will re-open on Tuesday, January 2nd.

Tuesday, December 26th - 11:00 am – 12:00 pm – Ask the Nurse Free Blood Pressure Clinic with Nancy Favulli, Salmon Health VNA. RSVP to participate and to join us for lunch.

Thursday, December 28th – 12:00

pm – Annual New Years Eve at Noon Celebration! We will have Storyteller/Musician John Porcino here presenting Celebrations of Light! This is funded by a grant from the Uxbridge Cultural Council. Come ring in the New Year with us! Call ahead to RSVP. "This program is supported in part by a grant from the (name of local cultural council), a local agency which is supported by the Mass Cultural Council, a state agency."

Thursday, December 28th– 12 noon - December Birthday Cake Celebration at noontime.

Card Game played during lunch on Mondays ~ No Card Game on 12/25.

Hannaford grocery shopping every Tuesday. Pick up begins at 8:30 AM. Please sign up in advance by calling us at 508-278-8622 to reserve your seat on the van.

Knitting Club every Tuesday @ 1:30 pm – Come join the fun!

Every Wednesday – 9 am – 3 pm – The Uxbridge Senior Center Transportation Program Community Shuttle. This shuttle is for seniors and individuals with disabilities to destinations such as post office, pet care appointments, hair salon or barber, bank, pharmacy & shopping anywhere in the Uxbridge/Northbridge area. Note: this replaces the weekly bank/pharmacy and Shaw's Ocean State rides. Call 508-278-8622 for more information and to book your ride. Requests require 48-hour notice.

Wednesdays - “Canasta” Hand, Knee & Foot Card Game – 1:00 pm – 3:30 pm.

Every Thursday – Play Scrabble! – 1:30 pm – Come by for an afternoon playing Scrabble. Boards are supplied by the senior center.

Medical Transportation is accepting appointments. Call 508-278-8622 to schedule your rides.

The senior center is in need of the following donations: Lysol wipes, newly packaged napkins, paper towels, tissues, toilet paper, ground regular & decaf coffee. We thank you for your support!

Feel free to contact us at 508-278-8622 or visit us on our web page at Uxbridge-ma.gov/coa or like us on our FB page or by googling Uxbridge Senior Center and our new YouTube Channel or even dropping by.

- <https://www.facebook.com/UxbridgeMASeniorCenter>
- https://www.youtube.com/channel/UCNh_RIq99rucmFH-UO7VFBw
- <https://www.uxbridgetv.org/schedule/192>

BVCC to perform holiday concert Dec. 3

UXBRIDGE — The Blackstone Valley Community Chorus will present their concert, Holiday Pops with the BVCC, on Sunday, Dec. 3 at 3 p.m. The concert will take place at Valley Chapel at 14 Hunter Rd. in Uxbridge. Admission is free, though donations are accepted and appreciated!

Holiday Pops with the BVCC includes holiday classics and spirituals, a cappella tunes and a 25-member orchestra, and a sing-along of favorite Christmas carols! The program promises fun and holiday cheer for an audience of all ages. Come celebrate the holiday spirit with family and friends and sing along!

The Blackstone Valley Community Chorus is a merry group of sing-

ers from towns throughout Central Massachusetts. Singing under the direction of Diane Pollard of Douglas, the BVCC has been committed to bringing varied musical performance opportunities to the Blackstone Valley for nearly twenty years. Along with Holiday Pops, the BVCC can be found performing throughout the Valley during the holiday season. Listen for us caroling at the Blackstone Valley's Festival of Trees, the Southwick Zoo Winter Wonderland, and at Mary Christmas and a Happy Moo Year! A Cozy Christmas Benefit Concert for the Whittiers. Visit the BVCC on Facebook or at www.bvccchorus.com for more information about all of these events!

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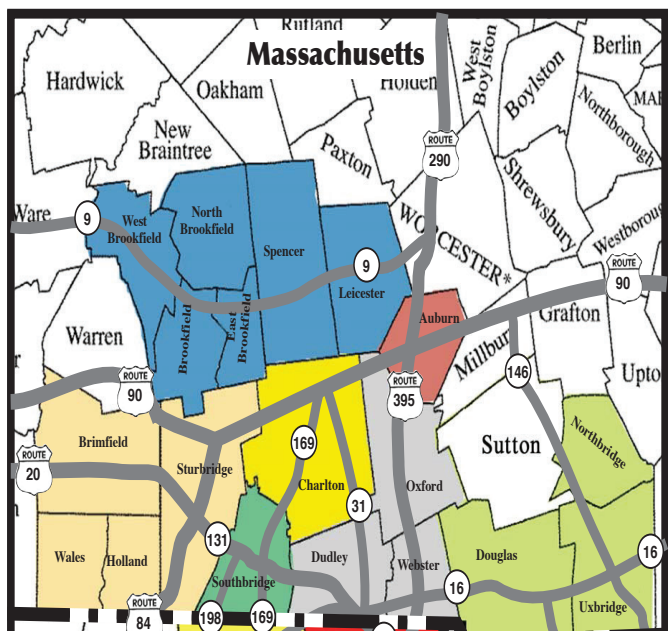
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BRENDAN BERUBE
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EDITORIAL

Worry less about gifts, more about quality time

As the holiday season approaches, many of us find ourselves caught up in the whirlwind of gift shopping, decorating, and party planning. While these festive traditions bring joy and excitement, it's essential to remember the true meaning of the holidays. This year, let us consider shifting our focus from the materialistic components of the season to something more precious: quality time spent with friends and family.

In recent years, the holiday season has become synonymous with consumerism. We are bombarded with advertisements enticing us to buy the latest gadgets, toys, and luxury items, often causing stress and financial strain. The pressure to find the perfect gift can overshadow the real essence of the holidays – the opportunity to connect with our loved ones on a deeper level.

One of the greatest gifts we can give each other during this season is our time and undivided attention. In our fast-paced lives, it's all too easy to let precious moments slip away. This holiday season, try to slow down, unplug from our screens, and fully engage with our friends and family.

Quality time is at the heart of strong and meaningful relationships. It's a chance to create cherished memories by simply just hanging out.

Instead of stressing over finding the most extravagant gifts, consider alternatives that emphasize experiences over possessions. Plan a family hike, a cozy movie night, or a day of volunteering together.

It is worth noting that this shift doesn't mean abandoning gift-giving altogether. Thoughtful, meaningful gifts can still play a role in the holidays, but they should complement the primary emphasis on quality time spent with loved ones.

Letter submission policy

Letters to the Editor must include the author's name, address, and a daytime phone number for purposes of verification in order to be considered for publication. Only the author's name and the town in which they reside will be published. Letters submitted without all of the required information will not be accepted.

It is the sole prerogative of the Editor to determine whether a submission satisfies our requirements and decency standards, and any submission may be rejected at any time for any reason he or she might deem appropriate.

OPINION

Opinion and commentary from the Blackstone Valley and beyond

Thanksgiving Facts and Trivia

Few holidays compare to a traditional Thanksgiving celebration. The fourth Thursday in November brings family near and far together for much more than a fabulous feast, as grown children, scattered relatives, and close family members still make it a priority to gather to share in the annual feast and give thanks for life's blessings.

Thanksgiving is an American holiday classic, with the basic premise seemingly unaltered by the changing times. Although bountiful harvest feasts had been celebrated long before, it wasn't until 1863 that President Abraham Lincoln proclaimed Thanksgiving a national holiday. In 1939, President Franklin Roosevelt moved Thanksgiving Day forward one week, as it is presently celebrated.

While the origins of Thanksgiving are steeped in tradition, the day itself has become a big travel business, as evidenced by a NerdWallet report found more than 130 million Americans planning to travel for the holidays this year (2023), will spend nearly \$2,000 on average.

Read on for more Thanksgiving facts, trivia and talk:

The First Thanksgiving
According to researchers at the Plimouth Plantation, despite popular belief, there never was a "First Thanksgiving" in the sense of a particular celebration that initiated the regular observance of the holiday we know today. "The famous 1621 Pilgrim event, which was transformed into an archetypal First Thanksgiving in the late nineteenth century, was in fact not a true Thanksgiving at all. It was rather a secular harvest celebration which as far as we know was never repeated. The event had been entirely forgotten until a reference to it was rediscovered in the 1820s.



TAKE THE HINT

KAREN TRAINOR

The first real Calvinist Thanksgiving in New England was celebrated in Plymouth Colony, but it was during the summer of 1623 when the colonists declared a Thanksgiving holiday after their crops were saved by a providential shower."

That said, history reveals the 1621 harvest "Thanksgiving," which is familiar to us, was attended by 50 or so Pilgrims and almost twice as many Native Americans. The pilgrims invited their two key Indian helpers, Squanto, Samoset, plus Chief Massasoit, to share in their Thanksgiving since they had been so instrumental in the pilgrims' successes that summer. The Indians brought their families, numbering over 90 people. Historical reports reveal the Pilgrims did not have enough food to feed all the people, so the Indians brought along their own supplies for the feast. The Wampanoag Indians brought turkey, deer, berries, squash, cornbread, and beans, the items they grew and subsequently taught the Pilgrims to grow.

The exact date in 1621 that the harvest celebration was held is not known, although historians estimate it occurred between September 21 or 22 and November 9.

Pilgrim's Fare
Although an accurate menu of the

feast cannot be officially documented, a Pilgrim's written account reveled "corn, Indian corn, barley, peas, fowl, five deer, fish and wild turkey were eaten at the harvest thanksgiving. Using such excerpts and taking into consideration the foods available to the Pilgrims at that time, historians have determined the following foods were likely served at the first Thanksgiving harvest celebration.

Fish: Cod, bass, herring, shad, bluefish, and lots of eel; clams, lobsters, mussels, and very small quantities of oysters;


Game: wild turkey, goose, duck, crane, swan, partridge, and other miscellaneous waterfowl; venison (deer), possibly some salt pork or chicken, eggs.

Vegetables: wheat flour, Indian corn and corn meal; barley; small quantity of peas, squashes (including pumpkins), beans. The pilgrims also brought seeds from England and likely planted radishes, lettuce, carrots, onions, and cabbage.

Nuts: walnuts, chestnuts, acorns, hickory nuts, ground nuts; Spices: onions, leeks,

Turn To **TRAINOR** page **A10**

What should you do with 'side gig' money?



FINANCIAL FOCUS

DENNIS ANTONOPOULOS

As you know, the gig economy has been booming over the past several years. If you're thinking of using your skills to take on a side gig, what should you do with the money you'll make?

There's no one right answer for everyone, and the decisions you make should be based on your individual situation. And of course, you may simply need the extra income to support your lifestyle and pay the bills. But if you already have your cash flow in good shape, and you have some freedom with your gig money, consider these suggestions:

Contribute more to your IRA. If you couldn't afford to contribute the maximum amount to your IRA, you may find it easier to do so when you have additional money coming in from a side gig. For the 2023 tax year, you can put in up to \$6,500 to a traditional or Roth IRA, or \$7,500 if you're 50 or older. (Starting in 2024, this extra \$1,000 "catch-up" contribution amount may be indexed for inflation.) The amount you can contribute to a Roth IRA is reduced, and eventually eliminated, at certain income levels.

Look for new investment opportunities. If you're already maxing out your IRA, you might be able to find other investment possibilities for your side gig money. For example, if you have young children, perhaps you could use some of the money to invest in a 529 education savings plan. A 529 plan offers potential tax advantages and can be used for college, qualified trade school programs, and possibly some K-12 expenses. Please keep in mind that potential tax advantages will vary from state to state.

Build an emergency fund. Life is full of unexpected events — and some can be quite expensive. What if you needed a major car repair or required a medical procedure that wasn't totally covered by your health insurance? Would you have the cash available to pay these bills? If not, would you be forced to dip into your IRA or 401(k)? This might not be a good move, as it could incur taxes and penalties, and deprive you of resources you might eventually need for retirement. That's why you might want to use your gig earnings to help fund an emergency fund containing several months' worth of living expenses, with the money kept in a liquid, low-risk account. To avoid being tempted to dip into your emergency fund, you may want to keep it separate from your daily spending accounts.

Pay down debts. Most of us will always carry some debts, but we can usually find ways to include the bigger ones — mortgage, car payments and so on — into our monthly budgets. It's often the smaller debt payments, frequently associated with high-interest-rate credit cards, that cause us the most trouble, in terms of affecting our cash flow. If you can use some of your side gig money to pay down these types of debts, you could possibly ease some of the financial stress you might be feeling. And instead of directing money to pay for things you purchased in the past, you could use the funds to invest for your future.

As we've seen, your side gig money could open several promising windows of opportunity — so take a look through all of them.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Dennis Antonopoulos, your local Edward Jones Advisor at 5 Albert St., Auburn, MA 01501 Tel: 508-832-5385 or dennis.antonopoulos@edwardjones.com.

LETTERS TO THE EDITOR

A new generation of Nazis

To the Editor:
So, who turned our young people into Hitler Youth?

Years of socialist training in schools and colleges? Years of "America is bad"? Years of America is colonialist and oppressive? Years of America is racist? Years of abortion on demand? Years of Cancel Culture?

Cancel Culture came right from the heart of Hitler's Nazi regime: denounce. Denounce your neighbor, your friend, your teacher, or your employer. And that person or business would be destroyed by those in power. Sound familiar?

Evidently, no one taught our children about World War II. Fifteen million military personnel and 38 million civilians died to stop Hitler from killing Jews, Poles, Czechs, the French, Catholics, the disabled, and to stop the Japanese from killing Koreans, Chinese, Filipinos, and Western prisoners of war.

Let me get this straight. The same people who protested the 2020 death of George Floyd in police custody are the same people who are protesting in front of the homes of conservative Supreme Court justices because the protestors want unlimited rights to abortion. These are the same people who need a safe room because words are violence. These are the same people who are foaming at the mouth in support of Hamas and the killing of 1,400 Jewish citizens and the unlawful capture of 240 Jewish civilians including 30 Americans.

Young people on the street support what Hamas did.

Here is a reality check. Life under Hamas in Gaza, a site so ancient that it appears in the Old Testament, is horrific and medieval for Palestinians. It's worse for women and children.

In Gaza, a woman's testimony in court is worth half that of a man - because women are worth only half a man. Women are jailed for adultery for two years.

Women are required to cover themselves from head to toe because their faces, their hair, their bodies, their very feet, are sinful and evil. College students like this?

In Gaza, under Hamas rule, no abortion is allowed. No birth control. No women's rights. Fifty-one percent of married women

experience violence from husbands. Casual dating is condemned. Couples are introduced by families who decide if they will marry. The woman herself has very little say in it.

Half of the Gaza population is children. Why do you think that is? Because women's only option is to get married and have children. Hamas has filled Gaza with children so when Israel takes action, Palestinian children are human shields. Expendable. Palestinians themselves do not value their own women or children.

Women and children live in abject poverty. But the three top Hamas leaders live in luxury in Qatar; and are worth a collective \$11 billion. How did they get rich?

A Hamas-run Islamic court ruled in 2021 that women need permission from their male guardian, father or husband, in order to travel. In Gaza, there are no gay people, no trans-people, no people with purple hair. No trans-surgeries. No gay bars, no gay night-clubs.

Yet young people celebrate Hamas? No elections in Palestine since 2006.

This is illogical. It does not match up with their purported social justice mantra. But it does match up with Socialism, Marxism and Communism. Hamas and the Palestinians wish to destroy the West, Capitalism, Democracy, free speech, free and not stolen elections, Christians and Jews. Hamas and the Marxists have a common goal - destroy Western democracies. Russia sends weapons to Hamas.

But free-thinking MAGA Republicans are the enemy? Worshipful Christians are the enemy? White MAGA so-called extremists are the biggest danger to American democracy, according to demented Biden? America is the Great Satan?

The Leftists and Marxists chant in the street for Hamas. Who has done this to our young people? They celebrate Hamas murders and abortion, Pro-death over Pro-life, evil over good, brutality over justice. Modern Nazis. Hitler celebrates from Hell.

A new generation of Nazis. Are they possessed by the Devil? By Marxists? Both?

Signed,
*Bev Gudanowski
Uxbridge*

‘Woke’ is a beast of biblical proportions

To the Editor:

The social justice challenge for Adolph Hitler was to instill in his disciples a deeply felt sense of community. Hitler envisioned a nation that would prove itself to be a better, safer place for the diversity of his membership. People that were enrolled by birth into his Germanic master race.

Like all social justice systems that forever litter human history within its more deathly hallows, Adolph Hitler needed scapegoats to achieve his great successes. For that is how all "Woke" political movements invariably manifest themselves within the pattern of their deadly and destructive acts.

All of which, and more, leads to an obvious question and its follow up.

What the heck does "Woke" mean to the different groups using it?

And who in the hell granted unto the "Woke" geniuses the sole and absolute authority to control in perpetuity the totality of the definitions associated with that four-letter word?

At present, from the conservative standpoint, any severely brainwashed or highly indoctrinated person or group that appears hell-bent on the complete and utter destruction of traditional US values, along with its long standing social norms, is classified as being "Woke."

In context, such a definition can play out this way:

"She realized that the political left went totally 'woke' when they freely chose to embrace anger as their saint, hatred as their savior and the anti-Christ as their one true god."

Such definitions and usages, as one would expect, cause the 'woke' leadership folks throughout the 'woke' media, along with their 'woke' dictionaries and the like, to have absolute hissy fits over conservatives co-opting what the left-wing 'woke' view as their most sacred word.

Which is pretty silly, since history itself is by far crueler, yet more even-handed, in the way that it defines what being 'Woke' really and truly is.

For 'Woke' is a beast that goes far beyond biblical in its proportions. One that has plagued humanity over the millennia.

Whereby only the defining tales of "Woke" can ever hope to do such a beast justice.

*Stephen Gambone
Northbridge*



THE
GREAT
OUTDOORS
RALPH
TRUE

This past week, bow hunters enjoyed some great bow hunting

in Mass. after the rutting season blew wide open. Bucks were chasing does from one area to another as the breeding season came to full circle. Numerous car-deer accidents were reported in many towns, as the deer crossed roadways

Must-have gifts for your favorite gardener



GARDEN
MOMENTS
.....
MELINDA
MYERS

Every gardener, new or experienced, appreciates tools to help them better enjoy their hobby. Some may be looking

for ergonomically designed tools to help them garden longer while newbies may need some basic tools as they are getting started. A peek in their shed may help you decide which must-have tool to give them this holiday season.

Every gardener needs a bypass pruner for deadheading, trimming and pruning stems between a quarter inch and one inch. Bypass pruners have two sharp blades like scissors, making a clean cut that closes quickly.

Bypass loppers allow your gift recipient to cut larger diameter branches and long handles for greater leverage and long reach. The extra reach makes it easier to prune all parts of small trees, shrubs and roses. Consider gifting one with a compound cutting action that boosts cutting power with less effort.

If your favorite gardener doesn't have one, your gift of a weed knife also known as a Hori Hori knife will soon become a favorite tool. It is useful for cutting through sod and roots, planting small bulbs, digging weeds and so much more. Select one like Corona's Hori Hori Garden Knife with a ComfortGel grip (www.coronatoolsusa.com) to help reduce muscle fatigue. The metal runs all the way through, providing added durability and leverage. Include a sheath so they can keep this universal tool handy whenever working in the garden.

Digging small holes for planting in containers and garden beds is a seasonal reality and a hand trowel is the perfect tool for the job. Gift a new durable trowel or upgrade the existing one. Look for one that is sturdy, lightweight and has an ergonomic grip.

A long-handled pointed shovel is a versatile tool. You can plant, transplant, dig holes and more. Look for one with a foot pad to help reduce foot fatigue and shoe damage. Avid flower gardeners may prefer a short-handled spade that makes working in tight spaces easier. Perhaps your gift recipient needs both.

With an expandable leaf rake, you can adjust the width of the teeth, allowing you to reach into tight spaces or cover larger areas. An iron rake is great for moving soil and one with a bow head makes it easier to adjust the depth.

For something different, consider an auger bit available in a variety of lengths and bit diameters. Attach this to a cordless drill and you have the perfect tool for planting bulbs and small transplants,



Courtesy — Corona Tools

Weed knives, like this Hori Hori knife, are multi-purpose as they can be used for cutting through sod and roots, planting bulbs, digging weeds, and more.

aerating soil, and vertically mulching planting beds.

Perhaps you're just looking for a few stocking stuffers. Safety glasses are a must but are often overlooked. Help them protect their eyes from stray branches and debris when in the garden. Tinted ones will also protect eyes from UV light, providing an added layer of safety when gardening in the bright sunlight.

Make it easy for them to keep their tools sharp with the gift of a tool sharpener. Sharp tools make cleaner cuts and require less effort, allowing them to garden longer. A small sharpener with a cap allows them to keep it handy in their tool caddy or scabbard. If they have easy access, they are more likely to use it to keep their tools in the best cutting order.

Drop a pair of snips in their stocking and they are sure to thank you any time they deadhead a flower, snip off a wayward or dead stem, or harvest herbs and flowers. This is another tool gardeners appreciate duplicates of – one for the kitchen and one for the garden.

Keep them gardening longer throughout the day and for years to come. Gift a kneeling pad or knee pads that protect young and old joints while kneeling in the garden to plant, weed, and more.

Tools make a wonderful gift that will provide years of enjoyment and benefit. Whatever gift you select, your favorite gardener is sure to thank you each time they head to the garden.

Melinda Myers has written more than 20 gardening books, including the recently released Midwest Gardener's Handbook, 2nd Edition and Small Space Gardening. She hosts The Great Courses "How to Grow Anything" instant video series and the nationally syndicated Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine and was commissioned by Corona Tools for her expertise to write this article. Myers' Web site is www.MelindaMyers.com.

The Law of Averages

For many of us, a neverending stream of worries dominates our thoughts. These persistent fears disturb our peace of mind and impact our ability to enjoy life.

Will the economy crash? Are we headed for nuclear conflict? Is my partner going to leave me? Will my child be lost to addiction?

It's one worry after another, a never-ending cycle, like a hamster running on a wheel.

Yes, it's normal to worry at times, but there is a point where it can impair your physical health, causing you to be worried sick!

Imagine a universal law that can help manage these fears. If you're constantly burdened with fear and worry, keep reading because this law is so simple and easy to understand that you don't need anyone to teach you how to use it.

When fear overwhelms you, you must ask yourself, "What are the odds?"

Why, you ask? Because the law I'm talking about is called "The Law of Averages."

This principle, described by Dale Carnegie in his book "How to Stop Worrying and Start Living," is a pragmatic approach to tackling the worries that plague our minds.

The Law of Averages teaches us to analyze our fears logically and statistically.

Carnegie once said, "Ninety-nine percent of the things we worry about never occur!"

Imagine Sarah is about to board a flight for a long-awaited vacation. She should be excited, but a nagging worry clouds her: the fear of a plane crash. Each sound during takeoff and bit of turbulence inflates her anxiety.

Now, let's apply the Law of Averages to Sarah's situation. This principle suggests evaluating the likelihood of an event based on statistical probability, rather than subjective fears. So, what do the numbers say?

Plane crashes are rare, with odds of about one in 11 million. To put this into perspective, you're more likely to be struck by lightning or win a major lottery jackpot than experience a plane crash.

Knowing these stats, Sarah can see her fear doesn't match how safe flying is. Like millions before, the Law of Averages tells us that her flight is overwhelmingly likely to be safe and uneventful.

POSITIVELY
SPEAKING
.....
TOBY
MOORE

Let's consider John, a dedicated employee at a large corporation. Recently, there have been rumors of layoffs, and John is increasingly unable to focus, plagued by the fear of being laid off.

Every meeting invite or email from his boss heightens his anxiety, and he starts imagining the worst-case scenarios.

Now, let's apply the Law of Averages to John's situation. This principle encourages us to evaluate the likelihood of an event based on statistical data and realistic assessment rather than fears and rumors.

First, John can look into the economy and his industry's stability. Are widespread layoffs happening in his field, or is it relatively stable? Next, he should consider his position within the company. Has he received positive performance reviews? Does he have unique skills or experiences that are valuable to the team?

Suppose John finds that his industry is stable and his performance has been consistently strong. In that case, the Law of Averages would suggest his chances of being laid off are relatively low. While it's not impossible, the probability doesn't warrant the level of worry he's experiencing.

This approach doesn't dismiss your fear but puts it into a rational framework. The Law of Averages is a powerful tool to counteract our exaggerated anxieties about rare events.

The Law of Averages is beautiful for its simplicity and usefulness.

It doesn't ask you to stop worrying cold turkey, which is nearly impossible. Instead, it offers a pathway to reframe your worries into something manageable. By analyzing the probabilities, we often find that many fears are less likely to materialize than we think. And even if they do, you're mentally prepared to handle them and work towards a better outcome.

"By the law of averages, it won't happen." is the phrase Carnegie said has destroyed ninety percent of his worries and made years of his life beautiful and peaceful beyond his highest expectations.

Next time you find yourself in the grip of fear, pause, breathe, and embrace the Law of Averages to transform fear into a catalyst for confidence and clarity.

Bucks on the loose



Courtesy

This week's picture shows a Mass. hunter with a monster buck he harvested with his bow recently! while chasing does.

A buck was caught on camera leaping over two cars and a truck that were parked in a car dealership to get to his destination. The buck managed to clear the top of two cars, but ended up landing in the back of a pickup truck, causing damage to the side of the truck. The buck quickly leaped from the back of the pickup and continued on his mission. It was amazing he did not severely injure himself. It shows just how strong deer actually are. The truck had been sold the day before, and the new owner had come to pick up his truck, only to be told of the incident. A new selling price was made on the truck with the dealership and customer.

Some deer hunters that have harvested a deer this year are finding it hard to locate someone to process the animal. If you do find someone, the hunters are finding the price to process the deer has gone up substantially.

Processing your deer yourself is really not that hard to do. Going on YouTube to watch a video that shows a step by step method of processing your deer can

actually be a lot of fun and can save you some money.

Shotgun deer season opens in Mass. on Nov. 27, and should prove to be another great season. Although archers now harvest more deer with archery than with shotgun annually, it may be that the reason for the lower kill is because of less deer hunters in the woods, at least I find it that way in the valley!

Are you thinking of having your deer mounted? Finding a good taxidermist in the area with a good reputation is not that hard to do. Contact local sporting goods stores like Jerry's Bait & Tackle in Milford. Numerous taxidermists have their business cards at the establishment, which come highly recommended.

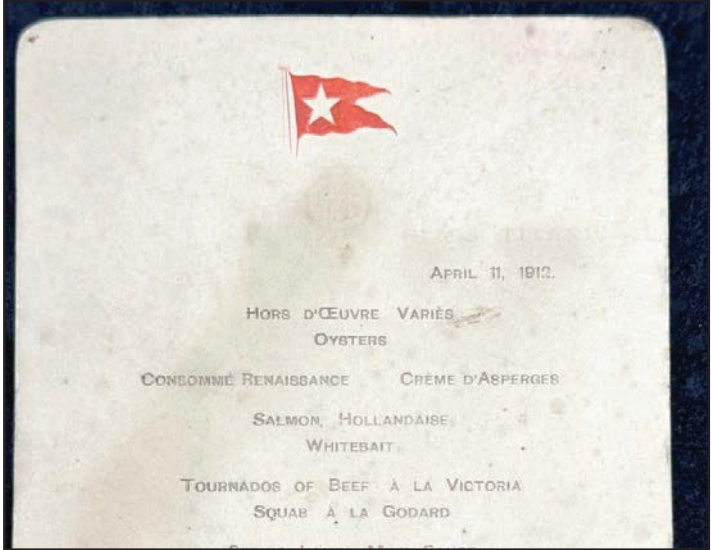
Tautog fishing is still very good in both Mass. & Rhode Island if you have a boat. Waiting for a good weather forecast is the most important & finding a bait shop with green crabs for bait may be the hardest thing to do! Happy Thanksgiving!

Take a Kid Fishing & Keep Them Rods Bending!

Latest antique and collectibles auction news



ANTIQUES,
COLLECTIBLES
& ESTATES
.....
WAYNE TUISKULA



This week's article will focus on major auction news coming out of Europe, specifically. Some Titanic artifacts and a piece of Star Wars memorabilia sold in England and one of the most expensive diamonds on Earth, which was auctioned in Geneva, Switzerland.

A menu from the Titanic and a passenger's pocket watch recently sold at an auction in the United Kingdom. The menu was from the first-class passengers' dinner on April 11, 1912, three days before the ship hit an iceberg and sank. The menu shows some water staining that occurred the night the ship sank. Some of the items on the menu included Squab a la Godard, Spring Lamb and Mint Sauce, Apricots Bourdaloue (a type of tart), and Victoria Pudding. The menu was found in the estate of Canadian historian Len Stephenson, according to CBS News. It's not known how Stephenson acquired it, but he lived in Nova Scotia, where many of the victims' bodies were brought after it sank. The Guardian reported that the menu sold for £83,000 (\$101,450 U.S.) on Nov. 11. Also offered in the same sale was the pocket watch of passenger Sinai Kantor. He was 34 years old when he and his wife decided to emigrate from Russia. He died when the ship sank but Kantor's wife, Miriam, survived the tragedy. She received his personal effects including a silver watch with Hebrew characters on the watch face. The watch was heavily corroded from the salt water but still had an auction estimate of £50,000 (more than \$61,000 U.S.).

Sticking in the UK, the actor who played "Star Wars" character C-3PO sold the head from the popular character this month. I had discussed the head was going to auction in a previous column. Anthony Daniels is 77, and decided "to sell the costumes, props and scripts he kept from the iconic films," according to the BBC. Daniels told the BBC that they were in his "sitting room" and he wanted them to go

to someone who will cherish and display them. The auction featured over 200 items from his collection, including some parts from the Millennium Falcon spaceship. He said he rescued them from being burned in a bonfire at the movie studio after the "Return of the Jedi" was filmed. There were some items that he decided to keep, though. He's not selling a Lego figure of his character given to him for his work in a Star Wars Lego movie or a C-3PO statuette made to look like an Oscar award, which he received from the production company Lucasfilm. Daniels told the BBC "I'll take those to the grave." The auction house reported that it sold for £687,500 (\$840,330 U.S.).

A fancy flawless vivid blue diamond just became one of the most expensive diamonds in the world when it sold at auction in Switzerland. The 17.61-carat diamond was so desirable because of its deep, rich blue color and unmodified pear shape design, according to Reuters. The diamond easily outshined its estimate of \$35 million, selling for \$44 million.

For those of you looking to spend a lot less than \$44 million, we have a large quantity of gold, platinum, and silver jewelry with diamonds and other gemstones in our next auction. We also have the best collection of art we've ever offered, along with many sets of sterling silver, mid-century modern furniture and accessories from multiple estates and a wide variety of other items. We plan to begin the online event later this month or early in December. We also have an online estate auction of a Concord home beginning soon and ending in December. Please visit our website https://centralmassauctions.com for links to upcoming events.

Contact us at: Wayne Tuiskula Auctioneer/Appraiser Central Mass Auctions for Antique, Collectibles Auctions and Appraisal Services www.centralmassauctions.com (508-612-6111).

News from Beginning Bridges, CFCE

Beginning Bridges CFCE. weebly.com
Facebook: Beginning Bridges CFCE
Emurray@smoc.org
508-278-5110

Beginning Bridges CFCE's vision is that children, youth and families reach their full potential now and in the future. Our mission is to work

with families and community partners to create the conditions for children, youth and families to thrive socially, academically and economically. Funding for

the Coordinated Family & Community Engagement Grant (CFCE) is provided by the Massachusetts Dept. of Early Education and

Care (EEC) and sponsored by South Middlesex Opportunity Council (SMOC-Childcare/Head Start). Beginning Bridges CFCE has funding for the

towns of Mendon, Northbridge, Upton & Uxbridge. Currently, our FREE comprehensive services include weekly indoor and outdoor parent/child play-

groups. We also offer parent education programs, the Ages & Stages Developmental Questionnaire and can connect families to community resources.

Upcoming Events- Registration is required for all upcoming events. Links can be accessed on our website or contact Emily Murray at 508-278-5110 or Emurray@smoc.org.

Please check our website (https://beginningbridges-cfce.weebly.com/) and Facebook page for our Winter 2023/2024 Newsletter.

Wednesday, 12/6/23 - Coffee and Conversations 9:30 to 10:30 am at Taft Public Library, 29 North Ave in Mendon. Join us for an informal drop-in playtime where families will be able to build social connections, learn about early childhood development and family friendly resources. Please bring your own coffee. Muffins from Muffin House Cafe will be provided. Puppet Storytime will follow at 10:30 am. Register for both on the Taft Public Library website.

Tuesday, 12/12/23 - Music and Movement with Deb Hudgins, 9:30 to 10:00am at Upton Town Library, 9 Milford Street, Upton. Register on the Upton Town Library website.

Wednesday, 12/20/23 - Music and Movement with Deb Hudgins, 10:30 to 11:00am at Whitinsville Social Library, 17 Church Street, Whitinsville. Register online at the Whitinsville Social Library website.

Our Winter Newsletter is available now. Please check our website.

Playgroup registration closes on 12/12 and winter playgroups will start on 1/16/24! See website or contact Emily at 508-278-5110 for more information.

UXBRIDGE — Bundle up in layers and bring a thick blanket to warm your legs as you enjoy the simplicity and peace of the historic 1770 Quaker Meetinghouse in Uxbridge on Thanksgiving morning. A non-denominational service will be held this year on Thursday, Nov. 23 at 9:30 a.m. in the meetinghouse, which is located at the corner of Aldrich Street and Quaker Highway in Uxbridge. A fellowship gathering will follow the service, featuring

traditional hot beverages and pastries.

The annual Thanksgiving service is truly a family affair, enlivened by music and a warm glow from two blazing fires. Three representatives of the area faith community will assist with the service. A short period of thoughtful reflection in the Quaker tradition will provide the opportunity to breathe deeply, relax and let the serenity of the surroundings take over for a precious moment.

The Uxbridge Quaker Meeting House Association, the sponsor of the service, is a non-profit organization founded in 1952. Its primary purpose is the preservation of the historic building. In addition, the group encourages the use of the meetinghouse for religious, educational and civic events. For further information about the Association, please contact quakermeetinghouseassn@gmail.com.



Courtesy

The new bus at the Douglas Adult Social Center has been named "Road Runner."

BUS

continued from page A1

Rousseau also thanked Senator Ryan Fattman, who she said assisted with an earmark grant of \$30,000 to go toward the purchase of the bus, as well as to the social center's "Sunshine Club," which provided the funding for the bus lettering and artwork.

The bus was officially on the road earlier this week on Nov. 13, according to Rousseau.

"The bus will be transporting patrons to and from the center daily and will be traveling to Milford and the surrounding areas for medical appointments Monday-Thursday," Rousseau said. "We will also have shopping on Fridays."

To schedule a ride, community members may call the center directly at 508-476-2283. Transportation to the center requires a 24-hour notice, Rousseau said; transportation out of town requires 48 business hours.

"Such an exciting celebration as we welcomed our new bus into service," the Douglas Adult Social Center shared on social media after the event.

TRAINOR

continued from page A8

strawberry leaves, currants, sorrel, yarrow, carvel, brooklime, liverwort, watercress, and flax.

Condiments: Maple syrup, honey; small quantities of butter. Olive oil in small quantities may have been brought over.

**

Turkey Time

The highlight of an annual Thanksgiving feast is undoubtedly the turkey, served up as a crowning centerpiece of the both the table and the holiday.

According to the National Turkey Federation, an estimated 88 percent of Americans consume Thanksgiving turkey each year. Per the U.S. Department of Agriculture (USDA), this translates to more than 46 million turkeys eaten on Thanksgiving.

By the time the Pilgrims included wild turkey in their first Thanksgiving feast, they had already been familiar with the tasty bird. Early explorers took turkeys back to Europe, and by the 1500s the birds were being raised in Italy, France and England.

**

Researchers are conflicted on how the turkey got its name, but some historical accounts claim Christopher Columbus thought that the land he discovered was connected to India, and mistakenly believed the wild fowl he found here was a type of peacock. Hence, he named the bird 'tuka,' which translates into 'peacock' in Tamil, an Indian language.

**

No matter how it adopted its name, turkeys have remained a Thanksgiving tradition and have been held in high esteem in this country since the Native Americans first introduced the wild bird to the Pilgrims. In Benjamin Franklin even once stated he thought the turkey

would be a better candidate than the Eagle as the official United States bird. In a 1784 letter to his daughter Sarah Bache, the elderly Franklin wrote: "For my own part, I wish the bald eagle had not been chosen as the representative of our country; he is a bird of bad moral character. For in truth, the turkey is in comparison a much more respectable bird, and withal a true original native of America. Eagles have been found in all countries, but the turkey was peculiar to ours."

**

Today, turkey consumption is at an all-time high, with the average American eating 15.3 pounds of turkey per year. Age is a determining factor in taste and older, large males are preferable to young toms, as the tom meat tends to be stringy. The opposite is true for females: old hens are tougher birds. A turkey under sixteen weeks of age is called a fryer, while a young roaster is five to seven months old.

**

Turkeys are the only breed of poultry native to the Western Hemisphere. The birds have a reputation for being dumber than most of their fowl counterparts, however, the turkey makes up for its lack of intelligence with sharp vision and exceptional hearing. Turkeys have excellent eyesight and a wide field of vision. They also hear well, despite the fact they have no external ears.

**

Win Dinner for Two at the Publick House

Your tips can win you a great three course dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month (or whenever enough tips are received) will win a fabulous three course dinner for two at the renowned restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint!, C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or email KDRR@aol.com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.

SCHOLARS

continued from page A1

Laney Beahn, Zachary Beaudry, Mary Chrul, Jack Dooner, Alanis Rosario-Rivera, Jonah Rosenkrantz, Sorchia Twohig-Mann, Chloe Vescio, and Andrew White.

Grafton

Tyler Bell, James Benoit, Caitlin Brown, Connor Cohen, Carlie Jensen, Ethan Keenan, Soumith Madadi, George Mahassel, Ava Mills, Joshua Mumford, Grant Purcell, Lily Turcotte, Nicholas Valoras, John Wingate, and Casey Wong.

Hopedale

Noah Lefave, Ashlyn Leonard, Josh Maillet, Eduardo Marques, John McShane, and Eleanor Poitras.

Mendon

Tyler Clare and Gianni Mistretta.

Milford

Lucas Brault, Julia Caliman, Giana Duquette, Igor Freeman, Benjamin Kinsella, Joseph Manzi, William Naff, Nelle Norris, and Lizmary Vidal-Sanchez.

Millbury

Michael Borowski, Nicole Boucher, Ava Lawton, Madison Moore, James Richert, and Isabella Rose.

Millville

Trey Kovolyan and Emily Saraidarian.

Northbridge

Giovanni Biagioni, Hailey Feehan, Catherine Kingsbury, Izamar Laboy Villegas, Kayla Leppamaki, Lily Marshall, Ella Rogozenski, Mikaela Sadik, Brandon Spiller, Jonathon Spiller, and Emma Vaughan.

Sutton

Michaela Gledhill, Christopher Gubbins, and Peyton Nolan.

Upton

Adam Fransen, Matthew Gagins, Jacob Giancola, Skyla Jack, Nathan Meleedy, Kendall Pierce, and Dillon Reilly.

Uxbridge

Caterina Corapi, Trevor Horgan, Cole Pinchuck, Joshua Thompson, and Samuel Waugh.

About Blackstone Valley Regional Vocational Technical High School (BVT)

Blackstone Valley Regional Vocational Technical High School serves the towns of Bellingham, Blackstone, Douglas, Grafton, Hopedale, Mendon, Milford, Millbury, Millville, Northbridge, Sutton, Upton, and Uxbridge. Located in the heart of the Blackstone Valley, BVT creates a positive learning community that prepares students for personal and professional success in an internationally competitive society through a fusion of rigorous vocational, technical, and academic skills.



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27
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For J.D. Power 2023 award information, visit jdpower.com/awards. ¹DETAILS OF OFFER: Offer expires 12/9/2023. You must set your appointment by 11/27/2023 and purchase by 12/9/2023. Not valid with other offers or prior purchases. Buy one (1) window or entry/patio door, get one (1) window or entry/patio door 40% off, and 12 months \$0 down, 0 monthly payments, 0% interest when you purchase four (4) or more windows or entry/patio doors between 11/1/2023 and 12/9/2023. 40% off windows and entry/patio doors are less than or equal to lowest cost window or entry/patio door in the order. Additional \$75 off each window and \$500 off each entry/patio door, minimum purchase of four (4) required, taken after initial discount(s), when you set your appointment by 11/27/2023 and purchase by 12/9/2023. Military discount applies to all active duty, veterans and retired military personnel. Military discount equals \$300 off your entire purchase and applies after all other discounts, no minimum purchase required. Subject to credit approval. Interest is billed during the promotional period, but all interest is waived if the purchase amount is paid before the expiration of the promotional period. Financing for GreenSky® consumer loan programs is provided by federally insured, federal and state chartered financial institutions without regard to age, race, color, religion, national origin, gender, or familial status. Savings comparison based on purchase of a single unit at list price. Available at participating locations and offer applies throughout the service area. See your local Renewal by Andersen location for details. License number available upon request. Some Renewal by Andersen locations are independently owned and operated. "ENERGY STAR" is a registered trademark of the U.S. Environmental Protection Agency. ²See Renewal by Andersen® Products and Installation Transferable Limited Warranty for details. "Renewal by Andersen" and all other marks where denoted are trademarks of their respective owners. ©2023 Andersen Corporation. All rights reserved. ©2023 Lead Surge LLC. All rights reserved.

Douglas PTO gets monetary donation from local business



DOUGLAS — On Friday, Nov. 9, the Douglas PTO accepted a monetary donation to assist with the fundraising efforts of the PTO.

“Every year, it costs a minimum of \$100 per student to keep the extra-curricular activities, math, science, music and library programs as well as field trips. These are all vital events that help the best interest of each student at Douglas Elementary and Douglas Primary Schools,” states Douglas PTO Co-President Katie Wall.

Currently, the Douglas Parent Teacher Organization needs to raise more than \$47,500 in funds to ensure all the enrichment programs for the Douglas Elementary and Douglas Primary students. All proceeds from any monetary donation go to the Douglas Parent Teacher Organization.

“As a small local business owner and a former PTO President, I understand that all monies donated help the students grow academically, which is extremely important to their success in the future,” said Lindsey Sarah Emanuel, Broker/Owner of Lindsey Sarah Realty Group.

Douglas PTO is an all volunteer 501(c) (3). About Douglas Parent Teacher Organization. The purpose of the Douglas PTO is to support and enhance the education of the children in the Douglas school system by fostering a spirit of cooperation and promoting open communication between families and staff members of the schools.

Courtesy

(Left) Katie Wall, Co-President Of Douglas PTO, Lindsey Sarah Emanuel, Broker/Owner Lindsey Sarah Realty, Dawn Robidoux, secretary of Douglas PTO, Nicole Lombardi, co president of Douglas PTO.

LEGALS

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Worcester Probate and Family Court
225 Main Street
Worcester, MA 01608
Docket No. W023P3796GD
NOTICE AND ORDER:
Petition for Appointment of
Guardian of a Minor
In the interests of
Bryson H. Barber
of Uxbridge, MA
Minor
NOTICE TO ALL INTERESTED PARTIES

1. Hearing Date/Time: A hearing on a Petition for Appointment of Guardian of a Minor filed on **10/27/2023** by **Jason C. Salvucci of Falmouth, MA** will be held **11/29/2023 08:30 AM**
Guardianship of a Minor Hearing
Located **Worcester Probate and Family Court**
Response to Petition: You may respond by filing a written response to the Petition or by appearing in person at the hearing. If you choose to file a written response, you need to:
File the original with the Court; and
Mail a copy to all interested parties at least five (5) business days before the hearing.

3. Counsel for the Minor: The minor (or an adult on behalf of the minor) has the right to request that counsel be appointed for the minor.

4. Counsel for Parents: If you are a parent of the minor child who is the subject of this proceeding you have a right to be represented by an attorney. If you want an attorney and cannot afford to pay for one and if you give proof that you are indigent, an attorney will be assigned to you. Your request for an attorney should be made immediately by filling out the Application of Appointment of Counsel form. Submit the application form in person or by mail at the court location where your case is going to be heard.

5. Presence of the Minor at Hearing: A minor over age 14 has the right to be present at any hearing, unless the Court finds that it is not in the minor's best interests.

THIS IS A LEGAL NOTICE: An important court proceeding that may affect your rights has been scheduled. If you do not understand this notice or other court papers, please contact an attorney for legal advice.
Date: October 27, 2023
Stephanie K. Fattman
Register of Probate
November 17, 2023

LEGAL NOTICE
TOWN OF DOUGLAS
CABLE TELEVISION
LICENSE RENEWAL PROCEEDING
The Town of Douglas Select Board,

as cable television license Issuing Authority under MGL 166A, s. 1, will hold a public cable license renewal hearing on **November 21, 2023, 7:00 p.m.** at Town Hall, 29 Depot Street, Douglas in the Resource Room as part of the Town's cable television license renewal process concerning Spectrum Northeast, LLC (also known as Charter Communications). Interested persons may attend in person at Town Hall and may also participate remotely through an electronic platform by desktop, laptop, tablet, or phone. The remote attendance Zoom link and audio dial-in information will be posted on the Town's Online Calendar located at <https://douglas-ma.gov>. The purpose of the proceeding is to accept public comment on, formally consider, and possibly take final action including possible approval of the proposed final Douglas Spectrum renewal license. Public comment on Town renewal needs and the proposed renewal is invited. Copies of renewal documents and records are available for public inspection and copying via the Town Clerk or Office of the Town Administrator. In addition to the in person public hearing and electronic remote access, the hearing may be viewed in Douglas on Charter/Spectrum Channel 191. By order of the Select Board as License Issuing Authority.
November 10, 2023
November 17, 2023

NOTICE OF MORTGAGEE'S SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain mortgage given by Florida Mass Properties LLC, to IFP Fund I LLC, dated September 12, 2022, and recorded with the Worcester County (Worcester District) Registry of Deeds in Book 68200 at Page 1, of which mortgage the undersigned is the present holder by assignment from IFP Fund I LLC, to EF Mortgage LLC, dated December 22, 2022, recorded in Book 68650, Page 82, for breach of the conditions of said mortgage and for the purpose of foreclosing the same will be sold at Public Auction at 12:00 P.M. on the 4th day of December 2023, at 17 Arnold Road, Douglas, MA 01516, all and singular the premises described in said mortgage,
To wit:
That certain lot of land situated in Douglas, Worcester County, Massachusetts, with the buildings thereon designated as lot numbered One Hundred fifty One (151), Section 1, on that plot of land entitled "Wallum Lake Terrace". Surveyed and plotted by G. Bertrand Bibault, Civil Engineer, July, 1955, which said plan is on file and recorded in the Land Evidence Records of the Town of Douglas in the Worcester County Registry of Deeds in plan Book 207. Plan 119 reference to which

is hereby made for more particular description. The conveyance is made subject to all easements of record and all restrictions as specified and enumerated in Deed dated September 10, 1959 and recorded in Book 4064, Page 221, in said Worcester County Registry of Deeds.

For Mortgagor's title see deed, dated March 9, 2022 and recorded with the Worcester South Registry of Deeds in Book 67271, Page 148.

Premises to be sold and conveyed subject to and with the benefit of all rights, rights of way, restrictions, easements, covenants, liens or claims in the nature of liens, improvements, public assessments, any and all unpaid taxes, tax titles, tax liens, water and sewer liens and any other municipal assessments or liens or existing encumbrances of record which are in force and are applicable, having priority over said mortgage, whether or not reference to such restrictions, easements, improvements, liens or encumbrances is made in the deed.

Terms of sale: A deposit of five thousand dollars (\$5,000) by certified or bank check will be required to be paid by the purchaser at the time and place of sale. The balance is to be paid by wire transfer to Demerle Hoeger LLP, 10 City Square, 4th Floor, Boston, MA 02129 within thirty (30) days from the date of sale. Deed will be provided to purchaser for recording upon receipt in full of the purchase price. In the event of an error in this publication, the description of the premises contained in said mortgage shall control. Other terms, if any, to be announced at the sale.

EF Mortgage LLC,
Present holder of said mortgage,
By its Attorneys,
Demerle Hoeger LLP
10 City Square, 4th Floor
Boston, MA 02129
(617) 337-4444
November 10, 2023
November 17, 2023
November 24, 2023

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Worcester Division
Docket No. WO23P3826EA
Estate of:
Jeannine I Byrum
Date Of Death:
May 02 2023
INFORMAL PROBATE PUBLICATION NOTICE

To all persons interested in the above-captioned estate by Petition of Petitioner
Lisa C Freeman of East Douglas, MA a Will has been admitted to informal probate.
Lisa C Freeman of East Douglas, MA has been informally appointed as the

Personal Representative of the estate to serve with without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.
November 17, 2023

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Worcester Division
Docket No. WO23P3630EA
Estate of:
YVETTE D. CHIZY
Date Of Death:
December 23, 2022
INFORMAL PROBATE PUBLICATION NOTICE

To all persons interested in the above-captioned estate by Petition of Petitioner
MICHAEL P. CHIZY of DOUGLAS, MA a Will has been admitted to informal probate.
MICHAEL P. CHIZY of DOUGLAS, MA has been informally appointed as the Personal Representative of the estate to serve with without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.
November 17, 2023


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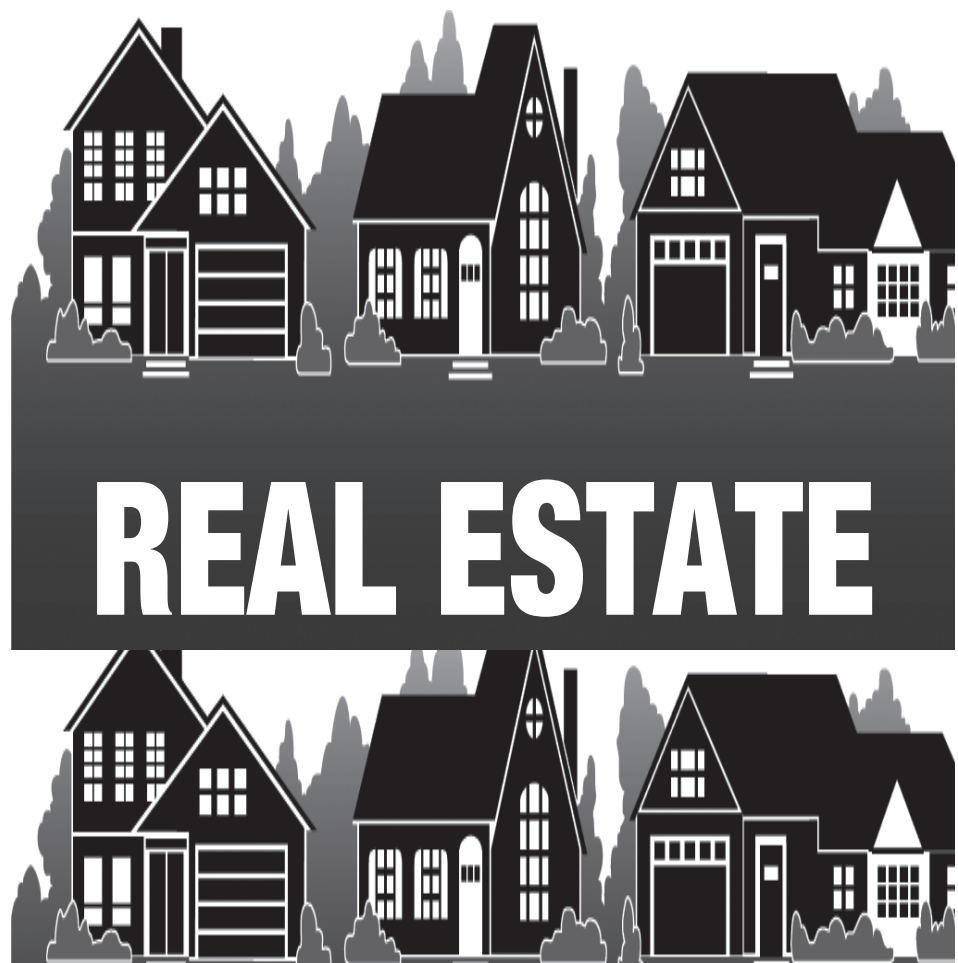
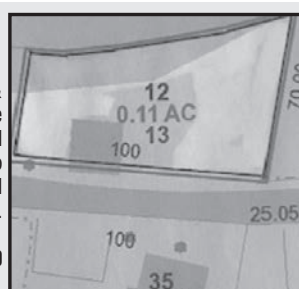
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SPORTS

In battle of the Spartans, Uxbridge defeats Stoneham *Spartans now Final Four bound after beating Quabbin*



Uxbridge's Bailey Dzivasen pushes past a Stoneham defender while stick-handling the ball.



Ellie Bouchard of Uxbridge collides with Stoneham's goalie while on the attack. The play resulted in a penalty corner for Uxbridge.



A well-positioned Julianna Casucci of Uxbridge receives a pass in the circle.

UXBRIDGE — The Uxbridge varsity field hockey team continued its march through the Division 4 State Tournament bracket on Tuesday, Nov. 7 when the Spartans hosted Stoneham — a team that shares the same mascot name — in the Round of 16.

In the battle of the Spartans, it was top seeded Uxbridge who easily dispatched No. 16 Stoneham, 8-0. Uxbridge held a 5-0 lead after the first quarter of play to put Stoneham on the ropes.

For Uxbridge, Kendall Gilmore, Julianna Casucci and Ellie Bouchard all



Uxbridge's Amelia Blood works the ball down toward Stoneham's cage.

scored two goals. Aubrey Bouchard and Aubrey Beland also scored. Amelia Blood provided two assists, and Casucci had a helper herself. Julia Okenquist posted the shutout in goal.

Next up for Uxbridge was a Quarterfinal round matchup against No. 9 Quabbin on Saturday, Nov. 11. There, the Spartans continued their spirited play, winning a

7-0 decision. Ellie Bouchard posted four goals, while Gilmore had two goals and another two assists. Casucci also scored, while Blood had two assists. Okenquist again had the shutout in goal.

Uxbridge (21-1) then played No. 4 Sutton (16-3-2) in the State Semifinals. That Final Four game took place after press time.

Whitinsville Christian works its way past Lenox in State Tournament *Crusaders' season then ends after falling to Bourne in Quarterfinals*



Whitinsville Christian's Siena Mueller receives a serve and bumps the ball over toward a teammate.



From left, Maria Ramos and Quinn Rice of Whitinsville Christian both reach out to safely send the ball back over the net.



With her back to the net, Whitinsville Christian's Emily Burkhart angles a pass to the other side of her team's zone.

NORTHBRIDGE — On Tuesday, Nov. 7, the Whitinsville Christian varsity volleyball team hosted Lenox in a Division 5 State Tournament Round of 16 matchup. And the seventh seeded Crusaders were able to work their way past the 10th ranked Millionaires, 3-1. Set scores were 25-21, 21-25, 25-19.

Rebeca DaSilva (18 service points, 3 aces, 14 kills), Siena Mueller (15 service



Rebeca DaSilva of Whitinsville Christian leaps and spikes the ball over the net.

points, 3 aces, 21 digs), Faith Najem (14 service points, 2 aces, 37 assists) and Quinn Rice (11 service points, 1 ace, 4 blocks, 5 kills) led the charge for Whitinsville Christian.

The Crusaders then played at No. 2 Bourne in the State Quarterfinals on Thursday, Nov. 9. There, Whitinsville Christian's season came to a close with a record of 17-7 after falling, 3-0.

SPORTS

With LaChapelles running wild, Uxbridge defense clamps down on Tigers for victory

Spartans to next play Clinton in Division 7 State Semifinals



Uxbridge's Camden LaChapelle breaks through the line of scrimmage while carrying the ball.

Nick Ethier



Nick Ethier

Kellen LaChapelle of Uxbridge follows the lead block of Jaden Mello on an eventual touchdown run.



Nick Ethier

Uxbridge's Talen Rosborough finishes his tackle on Tyngsborough's Gavin Familia.



Nick Ethier

Uxbridge defender Liam Rigney breaks up a pass intended for Tyngsborough's Joe Nicosia.



Nick Ethier

Aidan Blood of Uxbridge wraps up Tyngsborough ball carrier Caden Langenfeld.

BY NICK ETHIER
SPORTS EDITOR

UXBRIDGE — Six offensive snaps into the game and the LaChapelle brothers — senior co-captain and quarterback Kellen, and sophomore tailback Camden — had both scored rushing touchdowns, and that was more than enough for the Uxbridge defense. The Spartans allowed just one touchdown to Tyngsborough, while the Tigers' other six drives ended four times in a turnover on downs and twice with interceptions.

Uxbridge, the top seed in the Division 7 State Tournament, downed No. 8 Tyngsborough (7-3) in the Elite Eight, 33-7, on Friday evening, Nov. 10. The Spartans (10-0) will next play No. 5 Clinton (6-4) in the State Semifinals Final Four on Saturday, Nov. 18 at Shrewsbury High at 11 a.m.

"Getting ahead early is a help, and then playing that complementary defense is the name of the game," said Uxbridge head coach Matt Blood. "When a defense can feed off an offense, and vice versa, it works out perfect.

"Our defense did the extra time — over-

time — this week," added Blood.

A key Spartan stop occurred just before halftime, with Uxbridge holding a 21-7 lead. The Tigers drove the ball and had a first-and-goal at the 6-yard line. But the Spartans forced an incomplete pass, stopped a run for -3 yards, allowed a 3-yard pass and then broke up the fourth-and-goal on the final play of the half.

"It's a new ballgame if they go in there, so that stop was absolutely critical," said Blood.

"Our team after that stop, we were really happy. That really set us up for the second half of the game," said Timothy Devlin, a junior on the defense.

"That was very important, especially going into the half knowing that we had a two-score lead," added Aidan Blood, another defender and a senior co-captain.

The Tigers had the first chance with the ball in the second half, but Uxbridge's defense got the stop again on a turnover on downs.

"We know our offense is going to come every week scoring a lot of points and our defense, we really just prepared very well this week for Tyngsborough," said

Devlin.

That offense made it a 27-7 game in the third quarter when Kellen LaChapelle called his own number and scored from 12 yards out, bouncing to his left in the process, for his third TD of the game.

Sophomore Thatcher Sweeney then picked off Tyngsborough quarterback Bryce Goulet on the ensuing possession, setting the Spartans up for another scoring drive.

"Win the turnover battle," said Aidan Blood of one of the team's "goals every week."

Camden LaChapelle found the end zone from a yard out on the second snap of the fourth quarter for his second score to account for the final points.

Tyngsborough then nearly scored with two minutes to play, but Devlin hauled in an interception in the end zone.

"That brought it all together. That was the cherry on top," said Devlin.

Uxbridge opened the game with a bang, as Camden LaChapelle scored from 54 yards out on the first offensive snap.

Then, after the Spartans stopped the Tigers on their first series — "When the offense scores, it's our job to make the stop," said Aidan Blood — Kellen LaChapelle scored on a 25-yard option run to the right side.

Goulet got Tyngsborough on the board with a 1-yard QB keeper, but Kellen LaChapelle scored on the next snap, hustling 53 yards to pay dirt. Senior Luke Esposito then kicked the third of his three extra points to make it 21-7.

The LaChapelles combined for 358 rushing yards and the five touchdowns, with Camden netting 227 yards on 20 carries and Kellen adding 131 yards on 9 totes.

"Very dynamic athletes," Matt Blood said of the LaChapelle brothers. "I'm glad they're on our team."

State Tournament Scoreboard

All scores are through Monday evening, Nov. 13

Tuesday, Nov. 7

Division 5 Volleyball Round of 16
(1) Mount Greylock 3, (17) Douglas 0 — The end of the road came for the Tigers after tangling with the tournament's top seed and not being able to pull off the tall task of an upset. Douglas finished its season with a record of 8-12.

Wednesday, Nov. 8

Division 4 Boys' Soccer Round of 16

(1) Cohasset 5, (16) Whitinsville Christian 1 — After securing a Round of 32 home victory for the first time in over seven years, the Crusaders weren't able to reach the State Quarterfinals after falling to the top team in the bracket. Whitinsville Christian's season concludes at 10-6-5.

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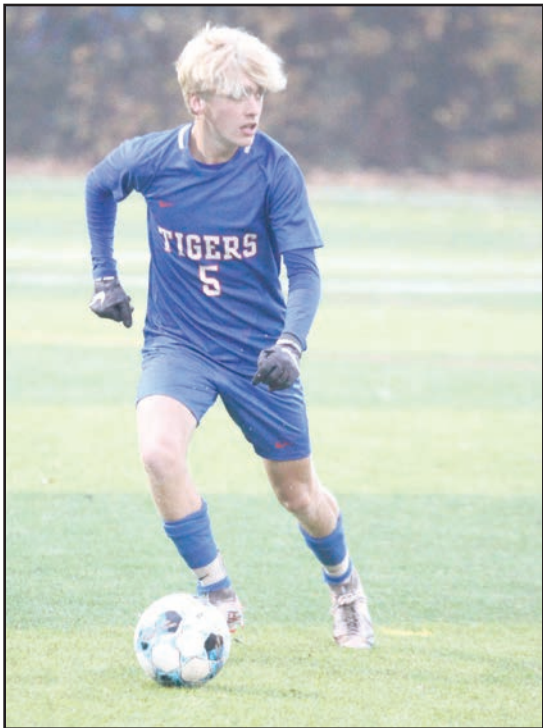
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HAMMERHEAD CARPENTRY

SPORTS

Douglas girls', boys' soccer teams strike in second halves for Round of 16 victories

Both sets of Tigers then win again, advance to Final Four



Nick Ethier

Douglas' Liem Duplaise looks out at the field while possessing the ball.



Nick Ethier

Colin Loehr of Douglas disrupts Keefe Tech's clearing attempt and sends the ball back down the field.



Nick Ethier

Douglas' Chris Dame, right, fights for possession of the ball against Keefe Tech.



Nick Ethier

Logan Hooper of Douglas launches a deep ball down the field in front of a Keefe Tech defender.

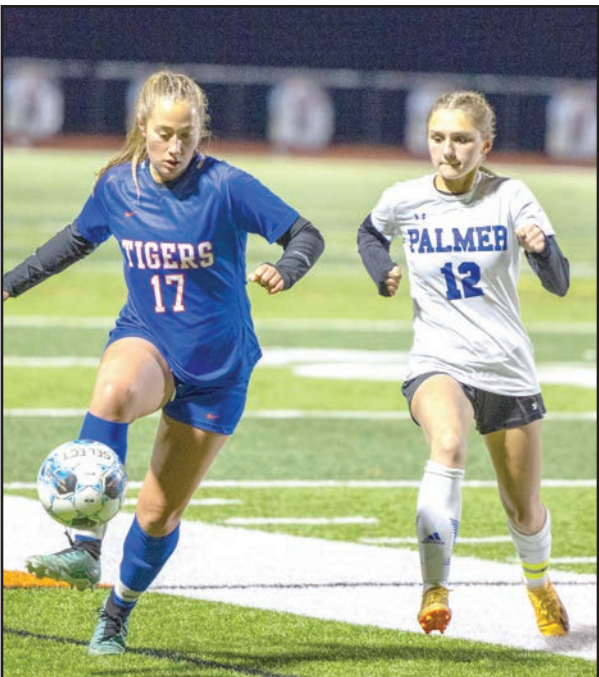


Courtesy Scott Gordon

Sadie O'Toole of Douglas keeps the ball away from a Palmer defender.

Courtesy Scott Gordon

(Right) Douglas' Meghan Brazeau scored a pair of goals in the Tigers' victory over Palmer.



Courtesy Scott Gordon

Douglas' Sevanna Sroczenski plays the ball away from her opponent on Palmer.



Courtesy Scott Gordon

(Right) Kaytlin Forget of Douglas, right, battles for the ball against a Palmer player.

BY NICK ETHIER
SPORTS EDITOR

MENDON — Over the course of 24 hours, the Douglas girls' and boys' varsity soccer teams "hosted" games in the Round of 16 inside the Division 5 State Tournament. The girls were the home team against Palmer on Wednesday, Nov. 8, playing at Uxbridge High. And the boys were the home team against Keefe Tech on Thursday, Nov. 8, playing at the NEFC Fields in Mendon.

The pair of Tigers were also deadlocked in 0-0 games at their respective half-time breaks. And, in similar fashion, the Douglas girls and boys each scored two second half goals to win 2-0 decisions.

"Within the first five minutes we actually got in one-on-one with the keeper and just couldn't finish. The goalie had something like 10 saves and we had 16 shots in the first half," said girls' head coach Jarred Stand.

"The first half was definitely frus-



trating because I thought we could have, should have put a couple in," added boys' assistant coach Jason Gaumond, who was filling in for head coach Alex Ferguson, who wasn't in attendance due to a family emergency.

In the girls' game, the fifth seeded Tigers got on the board against No. 12 Palmer when Meghan Brazeau scored five minutes into the second half. She later added a second tally for both Douglas goals.

"We were creating chances in the first half. In the second half we just finished our chances," said Stand.

In the boys' game, second seeded Douglas wore down No. 15 Keefe Tech thanks to their possession game.

"I stressed possession and making them chase in the second half, and I thought that we did a good job in the first 20 minutes of the second half," said Gaumond. "That 20 minutes of the second half was definitely the backbreaker."

The Tigers' Chris Dame scored the first goal in the 51st minute when his shot curled just inside the right post. Then, in the 57th minute, after a free kick, Evan Wheeler grabbed Douglas' second goal.

"Both Douglas teams are better when they have the ball at their foot," said Stand, who was in attendance at the boys' game. "Once they had their style, they were a different team. The same thing with us last

night." Both sets of Tigers then played in the State Quarterfinals on Saturday, Nov. 11. The girls traveled to No. 4 Mount Greylock and came home happy, as they won yet again, 2-0. Brazeau, again, scored both goals for Douglas, this time in the first half. The boys hosted No. 7 Burke at Millbury High and won a back-and-forth affair, 3-2. Dame scored twice, including the game-winner, and Gabe Heney tallied the other goal.

The Tigers then played in the Final Four State Semifinals. The girls took on No. 1 and local rival Whitinsville Christian, while the boys played No. 3 Bromfield. Those games took place after press time.

Friday's Child



Elijah and Jeremiah
Age 4 and 5

Hi! Our names are Elijah and Jeremiah and we love spending time together!

Elijah and Jeremiah are brothers with a close bond in search of a forever family. Elijah, the oldest, is sweet and very charming with a beautiful smile. Jeremiah, the youngest, is very loving. They both really enjoy spending time together, wrestling, and imaginary play. Elijah likes watching movies during his chill time and Jeremiah loves pizza.

Elijah attends an ABA center-based program that provides him the one-on-one support he needs to thrive and continues to make progress with the support of an IEP. Like his brother, Jeremiah was originally enrolled in

a center-based ABA program, however, he has recently enrolled in preschool to develop and foster peer relationships. Both Elijah and Jeremiah are placed with the same foster family with whom they have established a strong relationship.

Elijah and Jeremiah would thrive with a loving and committed family of any constellation with older children in the home. They require a family experienced and equipped to support their special needs and willing to advocate for their education and care management. Elijah and Jeremiah are of African American descent and like all children, would benefit from having parents of the same racial and ethnic background. However, their social worker is open to all interested families that can meet all their needs. Families of different racial and ethnic backgrounds need to be firmly committed to providing appropriate ethnic and cultural role models and information about their birth culture which includes discussing racism and discrimination.

<https://adopt.mareinc.org/waiting-child-profiles#gallery/children/8830-8837>

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To learn more about adoption from foster care visit www.mareinc.org. Massachusetts Adoption Resource Exchange (MARE) can give you guidance and information on the adoption process. Reach out today to find out all the ways you can help children and teens in foster care.



SPORTS

Crusaders apply enough offense to take down pesky Quaboag

Whitinsville Christian then tops Millis to reach State Semifinals



Whitinsville Christian's Ava Ibrahim chases the ball down.

Nick Ethier



(Top right) A focused Margaret Johnson of Whitinsville Christian lifts her right leg to play the ball, while Quaboag's Lauren Grover defends.

Nick Ethier



Meadow O'Connell of Whitinsville Christian plays the ball with her left leg.
BY NICK ETHIER
SPORTS EDITOR

Nick Ethier

NORTHBRIDGE — When the Whitinsville Christian girls' varsity soccer team hosted Quaboag at the Peter T. Koopman Athletic Complex on Wednesday, Nov. 8, Beth Cutler — head coach of the Crusaders — perfectly described the action.

"Today was a playoff game. You could feel it. The kids could feel it. Both teams were physical on the field," said Cutler.

This Round of 16 matchup in the Division 5 State Tournament brought out the best in both teams, with top seeded Whitinsville Christian applying plenty of offense looking to score goals, and the 16th ranked Cougars playing strong defense as they tried to stay within striking distance.

In the end the Crusaders scored once in each half to close the door on Quaboag's season, 2-0, as the Cougars finished 7-9-3.

"It's an excellent effort. Sometimes you just have to admit what it is, and we knew we were going to be against a team that was more talented top to bottom, and they were going to control play most of the time and they were going to get more shots," said Quaboag head coach Norm St. Denis. "My team was prepared for that. But the better team doesn't always win, and we were right there."

The Crusaders got on the scoreboard in the game's ninth minute. There, Amanda Cinelli followed a rebound and potted the ball into the net.

"She was following (the ball), and she did everything," Cutler said of Cinelli's scoring play. "She was in the right spot, she attacked the ball and it was a great goal."

The game remained 1-0 at the half and also past the midway point of the second half, mainly because of the play of Quaboag's defense, which was backboned by keeper Paige Leach (16 saves).

"She was awesome. She has been awesome all year. Against a team like this where she was facing it, she stepped up no doubt," St. Denis said of Leach's play.

Defenders Riley Sloan, Asher Sargent, Olive Moulton, Lauren Grover and midfielder Parker Tunley (who reverted to more of a defensive role) did their absolute best to contain the Crusaders.

"We preached defense, we preached containment and making them work for everything and, for the most part, we did that," said St. Denis. "We were not going to win a 5-4 game today. If we were going to win, it was going to be a 0-0 tie into overtime or a 1-0 game — something along those lines."

Whitinsville Christian, meanwhile, didn't panic while their shots were hitting crossbars or being saved by Leach.

"You had to be patient with the way we played. We kept our composure, which is really important in playoff soccer, and that's because we have a veteran team," explained Cutler.

The Crusaders nearly made it a 2-0 game in the 56th minute when Hannah Lashley was awarded a penalty kick, but her shot to the left side missed. Lashley made up for it though when, in the 65th minute, she had another chance at a PK. This time, again to the left side, she didn't miss.

"I have confidence in Hannah to finish a PK. She can go anywhere: left, right, up, down; it doesn't matter," said Cutler.

Whitinsville Christian advanced to the Quarterfinals, where they hosted No. 9 Millis.

"We are super excited. We're ready," Cutler said after the Quaboag victory.

And the Crusaders were apparently more than ready when facing the Mohawks on Saturday, Nov. 11 at Northbridge's Lasell Field. Whitinsville Christian won the game, 8-2, with Margaret Johnson providing a hat trick, Lashley scoring twice and adding two assists, Kate Crowley adding a goal and two assists, and Cinelli and Ava Ibrahim also scoring. Hannah Waldo and Meadow O'Connell added assists.

The Crusaders (20-2) then played No. 5 Douglas in the Final Four State Semifinals. That game took place after press time.



(Right) Whitinsville Christian's Scarlott Shaw sends a pass down the field.

Nick Ethier

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- **1972:** APOLLO 17 BECOMES THE SIXTH AND FINAL APOLLO MISSION TO LAND ON THE MOON.



THIS FOOD IS OFTEN THE
MAIN COURSE AT HOLIDAY
MEALS.

ANSWER: TURKEY

New
Word

MENU

a list of dishes
available in
a restaurant

How they
SAY that in...

ENGLISH: Dinner

SPANISH: Cena

ITALIAN: Cena

FRENCH: Dîner

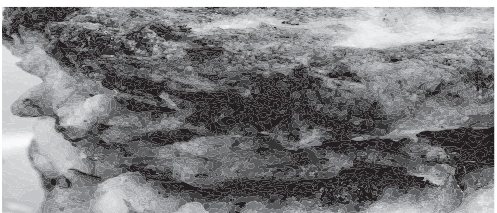
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the bigger picture is?

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CRYPTO FUN

Determine the code to reveal the answer!

Solve the code to discover words related to holiday decorating.
Each number corresponds to a letter.
(Hint: 18 = I)

A. 16 18 25 23 26 4

Clue: Metallic strips

B. 8 24 25 7 4 26 23

Clue: Wax illumination

C. 4 18 14 17 16 23

Clue: Strings of bulbs

D. 1 11 26 24 16 17

Clue: Evergreen door or wall hanging

Answers: A. tinsel B. candles C. lights D. wreath

SUDOKU

4				9	7			
	1			8				4
	8			3			2	
	6	4					1	
				9				
	3	7	6		4			2
	7			8				5
							4	
		5		1		8		

Level: Intermediate

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

3	7	8	2	1	6	9	5	4
1	4	2	5	6	7	8	9	3
5	6	9	8	4	3	1	7	2
2	8	6	4	9	5	7	3	1
9	3	4	6	7	1	9	2	8
7	1	5	3	2	8	4	9	6
6	2	7	1	3	8	9	5	4
4	5	3	6	8	2	9	1	7
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