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Friday, July 15, 2022



# Groundbreaking ceremony held for new fire station

The Northbridge Fire Department broke ground for its new fire station last week. Courtesy

**BY KIMBERLY PALMUCCI**  
TRIBUNE CORRESPONDENT

**NORTHBRIDGE** — The fire department officially broke ground for its new fire station at 1681 Providence Road during a ceremony last week. The program included opening remarks and introductions from Town Manager Adam Gaudette and remarks

from speakers including Fire Chief David White, Sen. Ryan Fattman, Rep. David Muradian, and more, according to event details. “It’s been said that certain things are built ‘once in a generation’ and examples of this would be schools, police stations, municipal centers, and fire stations. Yet for [the town of Northbridge], a fire station has never

been actually built from the ground up, as the current station was purchased years...ago,” Muradian said in a statement, adding that he was “excited to attend” the groundbreaking along with Senator Fattman. “I cannot think of a more deserving group of individuals to have this dream become a reality,” he added. “Some would say this vision has been

250 years in the making... and I cannot wait until we have a ribbon cutting next fall.” Sen. Fattman added that he was “grateful to be a part of the groundbreaking” for the new fire station and that it’s “always an honor to celebrate and support public safety” in his district. “Thanks for including me, Northbridge Fire Department,” he released

in a statement after the event. According to the town’s police department, Chief Timothy Labrie and Lt. John Ouillette “were proud to attend the groundbreaking ceremony” as well. The current fire facilities “no longer adequately meet the needs of the community,” according to previous project details on the fire department’s website.

“The Northbridge Fire Stations do not meet the needs of a 21st century fire department,” the department reported. “The main fire station was constructed in 1922 for a private department to protect the Whittin Machine Works. Similarly, the Rockdale substation was constructed in 1940 to protect the Rockdale Mill.”

## Library updates: ‘Scary short story’ writing contest, pirate-themed event

**BY KIMBERLY PALMUCCI**  
TRIBUNE CORRESPONDENT

**SUTTON** — As part of a local writing contest, the library is seeking the best original scary stories to tell around a campfire. “Ever find yourself sitting beside a campfire, telling a perfectly chilling tale?” the Sutton Library released in a statement, adding that this scary short story writing contest is being held for teens and adults. Scary story submissions will be accepted through 4 p.m. on Friday, Aug. 5; the Sutton Writer’s Group will judge the winner, the library released. There will be separate categories for adults and teens (those in grades six to 12), and submissions must be a minimum of 50 words and cannot exceed 2,000 words. Contest details add that only one entry per person will be accepted and all work must be “original and unpublished.” “Winners will receive bragging rights and prizes,” the library added. In other news, the library is also holding an upcoming event on the common for all ages. “Pirates: Lost at Sea” is slated for 2 p.m. on Saturday, Aug. 6. The event has been described as a “thrilling action-packed adventure” about a crew of pirates marooned on a desert island. “Set sail with us,” the library released in a statement. “With mutiny and high-tide looming, they must rescue their salty captain and find a way to repair their ship before all hope is lost...at sea.” Throughout the story and event, attendees will explore the science behind clouds, physical and chemical changes, air pressure, and more, according to event details. Volunteers from the audience will also conduct several hands-on science experiments, the library released. Contact the library for more details, or visit [suttonpubliclibrary.org](http://suttonpubliclibrary.org) to learn more about events for adults, teens, and children. The library is located at 4 Uxbridge Rd. in Sutton.

## Eight medals, top 10 finishes at SkillsUSA National Competition

**UPTON** — Blackstone Valley Regional Vocational Technical High School (BVT) students proved their vocational-technical ability at the 58th annual SkillsUSA National Leadership & Skills Conference in Atlanta, Georgia, June 20-24. The event is the world’s largest showcase of career and technical education students. The highlight of the conference is the SkillsUSA Championships, where

more than 6,500 outstanding career and technical education students – all state contest winners from across the nation – compete in 108 hands-on skill and leadership competitions. Students work against the clock and each other, proving their expertise in occupations such as electronics, computer-aided drafting, precision machining, medical assisting, and culinary arts. In the third and final

stage of the SkillsUSA competition series, BVT had 27 students compete with impressive results. Once again, the student competitors demonstrated their career-technical expertise and proudly claimed seven gold and one bronze medal. Additionally, their four National Voting Delegates successfully campaigned for Hunter Clafin, who was elected to serve as a National Officer for the 2022-2023 school year. Also, all con-

## North Grafton resident presented with Boston Post Cane

**BY KIMBERLY PALMUCCI**  
TRIBUNE CORRESPONDENT

**GRAFTON** — As the oldest resident of Grafton, Edward Kilik has recently been presented with the Boston Post Cane. Kilik, a North Grafton resident, is currently 101-years-old, according to town officials. “Mr. Kilik is the first resident to receive the Cane under the revitalized program. He was excited to receive the recognition, and the town is happy to have residents like Edward who continue to show pride in their



The Boston Post Cane has been presented to Edward Kilik of North Grafton. Courtesy

town,” said Town Clerk Kandy Lavallee. The Boston Post Cane was presented to Kilik by Lavallee and Chair of the Grafton Select Board Colleen Roy, according to the town. “It was a unique and exciting experience to speak with Mr. Kilik,” added Roy. “I’m happy that we have people like Edward in our town, who can share stories of their exceptional lives and the history of Grafton.” According to a town statement, Kilik was



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# Country Bank opens new location in Tatnuck Square



Kimberly Eaton

WORCESTER — Country Bank, a full-service financial institution serving Central and Western Massachusetts, is opening a new Banking Center at 638 Chandler St., Worcester, in the former Bank of America building. The center will open for business on Monday, July 18, followed by a week-long celebration that will feature a drawing for a Worcester Red Sox VIP Suite for up to 20 guests (no purchase necessary).

Country Bank continues to look for opportunities to support the Worcester Community, ensuring it reinvests in the communities it serves. The Banking Center offers a Universal Banker approach, which allows all Banking Center Specialists to assist customers with all of their banking needs. The bank continues to focus its efforts to help make a difference in the Worcester Community, having donated a total of \$209,675 and 183 volunteer hours to various non-profits in Worcester over the last six months.

As a founding partner of the Worcester Red Sox, the community bank has sup-

ported local non-profits in the region through a combined charitable giving campaign with the WooStar Program. They also offer a Most Valuable Teacher (MVT) Program that recognizes the outstanding work teachers do every day to educate and support students.

In addition, both organizations are working together to bring back a long-standing baseball game between the Worcester Police and Fire Departments. The game is scheduled for Monday, Sept. 26 at Polar Park. Tickets will go on sale soon and proceeds will benefit both Police and Fire's chosen organizations.

Country Bank also welcomes Kimberly Eaton to the team as the Retail Banking Officer of this location. Eaton resides in Brookfield with her family and earned her Bachelor's degree in Psychology from Worcester State University. She has worked in the financial services industry for 10 years and is experienced in business development in the greater Worcester market. Eaton and her team look forward to providing customers excellence in service and best-in-class solutions and becoming a part of the local community. She has been getting to know the local business community over the past month while purchasing gift cards to distribute as prizes during the grand opening week.

"I am excited to develop relationships with the people and businesses in the Tatnuck Square area," Eaton said. "My goal is to continue to build on the already great reputation that Country Bank has and to help our customers achieve their financial dreams and goals."

The week-long celebration includes food, giveaways, a prize wheel, and drawings, with a ribbon-cutting ceremony scheduled for noon on Friday, July 22, 2022. In addition, the bank's mascot Buck and his pal Smiley Ball from the Worcester Red Sox will be posing for photos. A Grand Prize drawing

will be held for a Worcester Red Sox VIP Suite for up to 20 guests (no purchase necessary).

"When this location became available, we knew it was a great fit to expand our presence in the city," stated Paul Scully, President, and CEO of Country Bank. "As a community partner, we care deeply about the sustainability of our communities and the people who live in them. This location will be our third in Worcester and we have a dedicated team of consumer and commercial bankers who work closely with our customers to help them navigate the ever-changing financial landscape. We will be here to help you evolve as you strive to reach your financial goals. We really are excited to be a part of this great city and are looking forward to getting to know the people who reside, operate businesses, and work in this area."

Country Bank is ready to make a difference in the Tatnuck Square neighborhood. They invite you to stop in to see why they think the right bank makes all the difference.

To learn more, visit [www.country-bank.com](http://www.country-bank.com).

About Country Bank Country Bank is one of the most highly capitalized mutual savings banks in the Commonwealth, offering full-service consumer and commercial banking services to the people and businesses of Central and Western Massachusetts. With 15 locations from Springfield to Worcester, the community bank is committed to making a difference in the communities it serves. In addition to offering innovative solutions and exceptional service, the bank contributes millions of dollars in donations, along with significant volunteer hours, to charitable and civic causes. Country Bank is a Member of FDIC and DIF, and the SUM network. Country Bank can be reached at 800-322-8233 or online at [countrybank.com](http://countrybank.com).

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# QCC awarded \$750,000 workforce training grant

WORCESTER — Today, Quinsigamond Community College was awarded a \$735,000 workforce training grant from the Baker-Polito Administration. A total of \$15 million in workforce training grants were awarded to the Commonwealth's 15 community colleges in support of the creation and expansion of training programs in high-demand industries, such as healthcare, education, manufacturing, information technology and cybersecurity.

"Education is at the heart of all economic growth and this type of revenue stream goes a long way in supporting our region's employers, incumbent workers and potential workers," said QCC President Luis G. Pedraja, Ph.D. "Our students, our industries, and our Commonwealth will all prosper from this funding."

In late June, QCC was also awarded \$500,000 in state funding to train and help place more than 70 participants into biotechnology jobs. Lieutenant Governor Karyn Polito, along with Secretary of Labor and Workforce Development, Rosalin Acosta, visited QCC's Healthcare and Workforce Development Center to announce the grant, which is part of the Senator Kenneth J. Donnelly Workforce Success Grants for Expanded Training Capacity & Employment Program Performance.

During the Donnelly

Workforce Success Grant announcement, Lt. Gov. Polito and Secretary Acosta also toured some of QCC's healthcare labs and interacted with the college's state-of-the-art, hands-on simulation equipment.

"I'm encouraged by the work that's being done here at QCC and all the grantees that have been awarded today. I'm very optimistic that our academic institutions are going to step up to meet this moment. We need our community colleges more than ever. You have the best platform to get this work done," Secretary Acosta said.

The training programs will assist those populations who have traditionally experienced higher rates of unemployment, as well as barriers to employment identified by the Black Advisory Commission and the Latino Advisory Commission. Priority will be given to those who are unemployed and underemployed.

"One of the goals of these grants is to help address shifting economic conditions that occurred for many residents brought on by the COVID-19 crisis, and persistent racial inequities and workforce challenges that existed in the Commonwealth before the pandemic," said Education Secretary James Peyser. "We anticipate these new training opportunities will make it easier for more people to move into high-demand, higher paying careers."

Approximately one third of the \$15 million grant funding will be allocated toward training programs for the healthcare industry, which is in high demand across the Commonwealth.

To learn more, visit QCC's Center for Workforce Development and Continuing Education.

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## UT student Karlee Buurma of Northbridge earns Dean's List honors

TAMPA, Fla. — Karlee Buurma, of Northbridge, earned dean's list honors at The University of Tampa for the Spring 2022 semester. Buurma was a Freshman majoring in Finance BS. Students must maintain a GPA of 3.75 or higher to be eligible for the dean's list.

The University of Tampa is a private, comprehensive university located on 110 acres on the riverfront in downtown Tampa. Known for academic excellence, personal attention and real-world experience in its undergraduate and graduate programs, the University has about 200 programs of study and serves 10,500 students from 50 states and most of the world's countries.

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# QCC's Extended Format Police Academy graduates first class

WORCESTER — Quinsigamond Community College's (QCC) Police Academy made history recently when the first class of 12 officers graduated from the Academy's new extended format program. The Academy's new format runs courses during the evenings and on weekends. Graduates from the program are eligible for entry-level

hiring into a law enforcement agency, pending a department's specific requirements and standards. According to Academy Deputy Director, Captain Joseph Cecchi, all 12 graduates have already been hired into full-time police officer positions.

During the Academy's graduation ceremony, QCC's Chief of Police

and Director of the Police Academy, Kevin Ritacco, reiterated principles that officers learned throughout their nine months of training such as humility, compassion, and integrity.

"You are called upon to be a leader and protector in your community and your role can positively change the lives of citizens. Some of the most rewarding parts of being a police officer are being on the front line and making a difference in the lives of others. The Academy program has prepared you well to enter into people's daily lives and can quite literally help you change those lives," Chief Ritacco said.

Class President, Officer Leon Muraguri, reflected on the program and expressed his gratitude for the support from academy staff, family, and friends.

"We, the new generation of



police officers, it's our responsibility to change that public perception, working with the community, and being part of the community. This started here. Since our first training, our Academy has been involved in various community projects such as the QCC HomePlate Food Pantry and Resource Center," he said.

Municipal Police Training Committee (MPTC), Director of Training and Delivery, Andrea Nardone, encouraged the new officers to prioritize self-care, rely on friends and family,

and look out for their fellow police officers.

"It's very important that you recognize from day one that your mental wellness is the most important thing that you need to take care of, because you can't take care of anything else without that," she said.

Worcester County District Attorney Joseph D. Early, Jr. was also in attendance to congratulate the new officers. He offered words of advice to the graduates, reminding them to always tell the truth, be good listeners, and treat others with the

respect they would like to receive. He noted that the latter will be especially important when working through the current opioid crisis.

"This wonderful program, it's second to none. Public service is truly a noble profession," he added.

The Academy is authorized by the MPTC, under the direction of Chief Ritacco and Academy Deputy Director, Captain Joseph Cecchi.

To learn more visit QCC's Police Academy.

## Lisa Utzig joins UUSGU as Music Director

GRAFTON — Effective Aug. 1, Lisa Utzig takes over as Music Director for the Unitarian Universalist Society of Grafton & Upton (UUSGU).

Lisa comes with a strong musical background, having won the Ida Deck Haigh prize for distinguished piano achievement while at Smith College. She has performed with musical theater groups and choirs throughout central Massachusetts.

Lisa started playing piano in churches at age 16.

Music is a key component of UUSGU. It supports and promotes the seven Unitarian Universalist principles as well as enhancing weekly UUSGU church services.

During the pandemic, the UUSGU Music Department began producing inspiring music videos that have been used by congregations throughout the country.



# Anna Maria College celebrates 73rd Commencement

PAXTON — May 2022 marked a new chapter for Anna Maria College as the institution celebrated its 2022 Commencement Ceremony at the DCU Center in Worcester. The new and larger venue held nearly 300 graduates and 3,500 guests while still retaining Anna Maria's sense of a tight-knit community.

The following are Anna Maria College's graduates for 2022:

**MASTER of ARTS**  
 BROOKFIELD: Emma K. Wendt  
 SOUTHBRIDGE: Jennifer Susan Tucker  
 WEBSTER: Lien Nguyen

**MASTER of EDUCATION**  
 SPENCER: Danielle Marie DeVito

**MASTER of BUSINESS ADMINISTRATION**  
 MILLBURY: Judith Mary LeDoux  
 WHITINSVILLE: Harlie Ann Tucker

**MASTER of PUBLIC ADMINISTRATION**  
 AUBURN: Alexander F. Milosz, Shawn A. Wheeler  
 DOUGLAS: Alex R. Arriaga

**MASTER of SCIENCE**  
 AUBURN: David P. Doherty  
 GRAFTON: Peter Charles Gerardi Jr.  
 MILLBURY: Derrick S. Leto  
 SPENCER: Emily A. Williamson

**MASTER of SOCIAL WORK**  
 DUDLEY: Erynn Patricia Sheehan  
 LEICESTER: Felicia Ohene-Asante  
 SOUTHBRIDGE: Rachel Lynne Davis  
 SPENCER: Magdalene Njuguna

**CERTIFICATE of ADVANCED GRADUATE STUDY**  
 DUDLEY: Paola G. Penn

**BACHELOR of ARTS**  
 AUBURN: Abigail K. Lloyd  
 DUDLEY: Jacob J. Bond  
 GRAFTON: Rachel Matloff  
 LEICESTER: Grace Ankrah  
 OXFORD: Ama B. Asiamah  
 SPENCER: Mercedes DeVito  
 SUTTON: Cara Elizabeth Bromley  
 UXBRIDGE: Emily Grace Caron  
 WEBSTER: Alyssa Nicole Wentworth, Samantha Saad  
 WEST BROOKFIELD: Kathryn G. Barnes

**BACHELOR of MUSIC**  
 OXFORD: Brian D. Gionet  
 NORTH OXFORD: Krystal Jeannette Melendez

**BACHELOR of SCIENCE**  
 AUBURN: Kamryn Blyth White  
 BLACKSTONE: James C. Ahearn  
 CHARLTON: Drew R. Paulhus  
 DUDLEY: Jacob R. Zablocki, Taylor Marie Hubert  
 LEICESTER: Ramon L Roman III, Tina Dang Le  
 MILFORD: Patrick V. Motuzas  
 MILLBURY: Rose Kathryn Nagelschmidt  
 NORTH GRAFTON: Joseph M. Gemelli  
 OXFORD: Meaghan Rita Callahan  
 SOUTHBRIDGE: Brooks Allejna Chernisky, Frances A. Garcia, John Calcagni Jr., Julitza Elena Delgado  
 SPENCER: Laurie A. Cowgill, Sarah Marie Hesselton  
 SUTTON: Sabrina Mansfield-Morneault  
 UXBRIDGE: Madison Paige Haley  
 WEBSTER: Liza Welch, Peter Walsh

About Anna Maria College  
 Located just outside of Worcester in Paxton, Anna Maria College is a 76-year-old private, co-educational institution inspired by the ideals of the Sisters of Saint Anne. We prepare our students to become ethical leaders by combining a values-based, service focused education with strong functional knowledge and the skills necessary to address the rapidly changing needs of their world. Anna Maria delivers undergraduate and graduate degrees along with certificate programs on campus and online. For more information, visit [www.annamaria.edu](http://www.annamaria.edu).

## Springfield College recognizes Dean's List students

SPRINGFIELD — Springfield College Recognizes Dean's List Students for the 2022 Spring Semester.

Springfield College has named Michael Demko from Uxbridge to the dean's list for academic excellence for the 2022 spring semester.

Demko has a primary major of Exercise Science / Applied Exercise Science.

Springfield College has named Allison Prew from Uxbridge to the dean's list for academic excellence for the 2022 spring semester.

Prew has a primary major of Health Science/Occupational Therapy.

Springfield College has named Brynn Hurley from Douglas to the dean's list for academic excellence for the 2022 spring semester.

Hurley has a primary major of Health Science/Pre-physical Assistant.

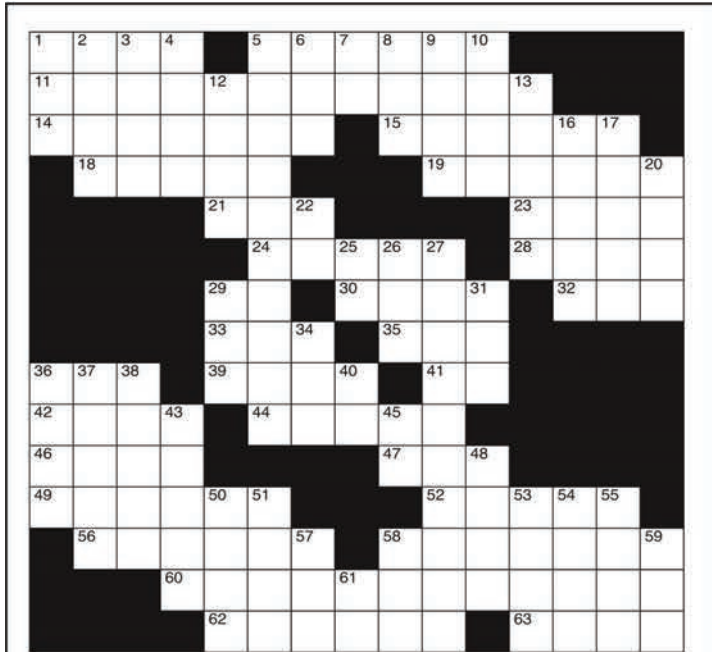
Springfield College has named Devin Haire from Douglas to the dean's list for academic excellence for the 2022 spring semester.

Haire has a primary major of Health Science.

Springfield College has named Cassidy Clinton from Uxbridge to the dean's list for academic excellence for the 2022 spring semester.

Clinton has a primary major of Rehabilitation and Disability Studies.

The criteria for selection to the Dean's List are as follows: The student must have completed a minimum of 12 credit hours of graded coursework for the term, exclusive of "P" grades. The student must not have any incompletes or missing grades in the designated term. The student must have a minimum semester grade average of 3.500 for the term.

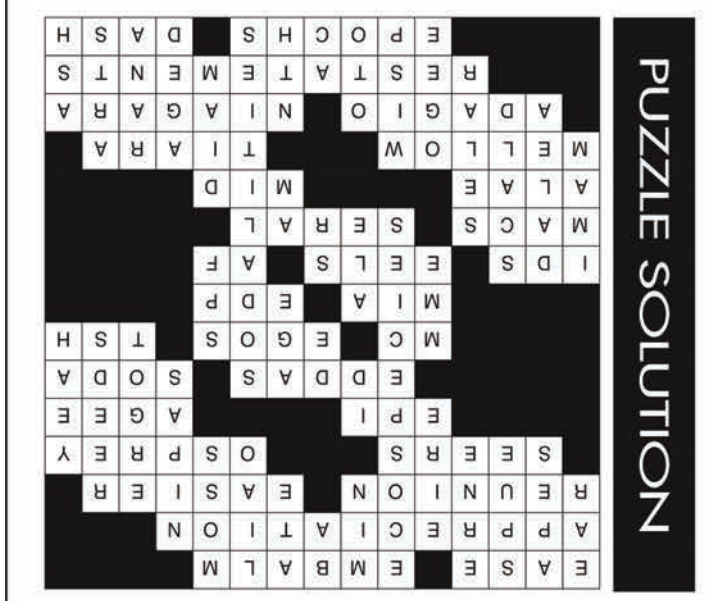


### CLUES ACROSS

- 1. Absence of difficulty
- 5. Preserve a dead body
- 11. Gratitude
- 14. The act of coming together again
- 15. More cushy
- 18. Visionaries
- 19. Large, fish-eating bird
- 21. Indicates near
- 23. NY Mets legend Tommie
- 24. Icelandic books
- 28. Pop
- 29. Hammer is one
- 30. Sense of self-importance
- 32. Thyrotrophic hormone
- 33. Can't be found
- 35. Electronic data processing
- 36. Passports and licenses are two
- 39. Snake-like fishes
- 41. Air Force
- 42. Popular computers
- 44. Intermediate ecological stage
- 46. Wings
- 47. Used in combination
- 49. Laid back
- 52. Jewelled headdress
- 56. Slow
- 58. Famous Falls
- 60. Reassertions
- 62. Periods of time
- 63. Hyphen

### CLUES DOWN

- 1. Body part
- 2. Mimics
- 3. Expel large quantities
- 4. Sea eagle
- 5. Genetically distinct varieties
- 6. Dialect of Chinese
- 7. Famous Mr. T character
- 8. Consumed
- 9. Chinese dynasty
- 10. Menace to yards
- 12. Ireland
- 13. Palm trees
- 16. Fungal disease
- 17. Willis and Robert are two
- 20. Affirmative! (slang)
- 22. It shows who you are
- 25. The First State (abbr.)
- 26. Get older
- 27. Associations
- 29. Woman (French)
- 31. Sunscreen rating
- 34. Brew
- 36. Leader
- 37. Plants in the legume family
- 38. Burn with a hot liquid
- 40. Junior's father
- 43. Scads
- 45. Morning
- 48. Length of a line (abbr.)
- 50. Double curve
- 51. Small, thin person
- 53. Worn by exposure to the weather
- 54. Mars crater
- 55. Humanities
- 57. Word element meaning ear
- 58. To the \_\_\_ degree
- 59. Residue of something burned
- 61. It cools your home



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# DA continues to support local overdose response efforts



Courtesy

Worcester County District Attorney Joseph Early, Jr., continues to advance a program that is helping to save lives.

BY KEVIN FLANDERS  
STAFF WRITER

REGION — Teaming up with local police departments, Worcester County District Attorney Joseph Early, Jr., continues to provide vital assistance to overdose victims.

Implementing a \$1.2 million federal grant, the DA's office has helped add recovery coaches to an ongoing overdose response program launched in partnership with the county's 60 police departments.

The program, Critical Incident Management System (CIMS), has been used by local police since March 2020. The main priorities of the program are to enable officers to collect overdose

data and respond to non-fatal overdose victims to offer services.

Within 48 hours of an overdose, a plainclothes police officer, often accompanied by a recovery coach, responds to the home of an overdose victim and offers various paths to treatment.

In 2021, the first full year of the CIMS program, 60 percent of officers' follow-up visits resulted in individuals either accepting services or reporting that they were already seeking services.

Even though many local police departments previously had protocols in place for responding to overdoses with recovery coaches, the grant funding implemented by the DA's office has added partnerships with three local

community agencies. This means every police department in the county will now have access to recovery coaches.

"We have seen how valuable recovery coaches are. They often have firsthand experience, which helps them relate to and better guide those who've recently suffered an overdose," DA Early said. "We are so grateful for the continued work of all our police departments and the agencies who agreed to help us support this program by providing access to dedicated recovery coaches. We know this will save lives."

The \$1.2 million in grant funding was awarded to the Worcester County District Attorney's office in November 2020 by the Federal Bureau of Justice Assistance.

"It's so important that we continue to expand our ability to respond to overdoses while supporting individuals on their personal journeys to recovery," said Congressman James McGovern, who helped secure the funding. "This investment of \$1.2 million in federal funding will allow the Worcester County District Attorney's office to add recovery coaches with important and unique firsthand experiences to support overdose survivors. This is a major step forward that will help save lives and address the root causes of substance use disorder, and I commend DA Early for securing this critical grant."

While awaiting the release of funds, the DA's office worked to form partnerships with police departments across the county, as well as various community agencies. Partner agencies involved in the recovery coach program include Community Program for Addiction Recovery and Family Continuity.

For local police departments, it's encouraging to join the DA in focusing

on offering resources to individuals in need.

"I am proud to be a part of the effort to get to the root of the problem by offering treatment and providing recovery and support services to those who need it and want help," said Worcester Police Chief Steven Sargent.

The Leicester Police Department has also seen a productive partnership with the DA's office as part of the overdose response project. The LPD reports all non-fatal overdoses to a central CIMS database, with an officer managing the program for the department.

Meanwhile, Uxbridge Police Chief Marc Montminy recently announced a program his department and the Blackstone Valley Opioid Task Force are supporting to provide scholarships to those who wish to become recovery coaches. They hope to support a class of 20-30 new coaches.

"The opioid epidemic has forced law enforcement to challenge the traditional role of police. We've decided to be an entry point into the recovery system instead of the entry point to the criminal justice system," Chief Montminy said.

Local organizations and agencies are also thanked for their support of the program.

"With this new project, we've been welcomed with open arms. It's a very big change in terms of how law enforcement, behavioral health, and substance use providers work together. This program is very unique in that way," said Craig Maxim, the director of behavioral health at Family Continuity, which is providing recovery coaches to 26 communities through the grant.

## LEGALS

### NOTICE OF MORTGAGEE'S SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain mortgage given by Jerrold N. Arnowitz a/k/a Jerrold Arnowitz, Maria Kellaghan a/k/a Maria E. Kellaghan to Champion Mortgage Co., Inc., dated January 25, 2001 and recorded in the Worcester County (Worcester District) Registry of Deeds in Book 23486, Page 240 of which mortgage the undersigned is the present holder, by assignment from: Champion Mortgage, A Division of KeyBank, NA as successor by merger to Champion Mortgage, a Division of Key Bank, USA, NA as successor in interest to Champion Mortgage Co., Inc., a National Bank to Household Finance Corp II, recorded on March 14, 2007, in Book No. 40815, at Page 35 Household Finance Corporation II to DJL Mortgage Capital, Inc., recorded on December 1, 2017, in Book No. 58123, at Page 278 DLJ Mortgage Capital, Inc. to CSMC 2019-JR1 Trust, recorded on August 12, 2020, in Book No. 63010, at Page 246

CSMC 2019-JR1 Trust to Wilmington Savings Fund Society, FSB, not in its individual capacity but solely as Owner Trustee of CSMC 2019-JR1 Trust, recorded on October 19, 2020, in Book No. 63522, at Page 202

Wilmington Savings Fund Society, FSB, not in its individual capacity but solely as Owner Trustee of CSMC 2019-JR1 Trust to Wilmington Savings Fund Society, FSB, not in its individual capacity but solely as Owner Trustee of CSMC 2021-JR1 Trust, recorded on September 14, 2021, in Book No. 66057, at Page 174 for breach of the conditions of said mortgage and for the purpose of foreclosing, the same will be sold at Public Auction at 9:00 AM on July 29, 2022, on the mortgaged premises located at 22 Oak Drive, Upton, Worcester County, Massachusetts, all and singular the premises described in said mortgage,

TO WIT:

A CERTAIN PIECE OR PARCEL OF LAND KNOWN AS 22 OAK DRIVE, IN THE TOWN OF UPTON, COUNTY OF WORCESTER, AND STATE OF MASSACHUSETTS AND BEING MORE PARTICULARLY DESCRIBED IN A DEED RECORDED ON DECEMBER 31, 1996, IN BOOK 18515 AT PAGE 20 OF THE WORCESTER COUNTY DISTRICT REGISTRY OF DEEDS.

TITLE HELD IN: JERROLD N. ARNOWITZ AKA JERROLD ARNOWITZ AND MARIA KELLAGHAN Subject to a first mortgage dated December 30, 1996 and recorded in the Worcester County (Worcester District) Registry of Deeds at Book 18515, Page 23 in the original principal amount of \$249,500.00.

For mortgagor's(s') title see deed recorded with Worcester County (Worcester District) Registry of Deeds in Book 18515, Page 20.

These premises will be sold and conveyed subject to and with the benefit of all rights, rights of way, restrictions, easements, covenants, liens or claims in the nature of liens, improvements,

public assessments, any and all unpaid taxes, tax titles, tax liens, water and sewer liens and any other municipal assessments or liens or existing encumbrances of record which are in force and are applicable, having priority over said mortgage, whether or not reference to such restrictions, easements, improvements, liens or encumbrances is made in the deed.

TERMS OF SALE:

A deposit of Five Thousand (\$5,000.00) Dollars by certified or bank check will be required to be paid by the purchaser at the time and place of sale. The balance is to be paid by certified or bank check at Harmon Law Offices, P.C., 150 California St., Newton, Massachusetts 02458, or by mail to P.O. Box 610389, Newton Highlands, Massachusetts 02461-0389, within thirty (30) days from the date of sale. Deed will be provided to purchaser for recording upon receipt in full of the purchase price. The description of the premises contained in said mortgage shall control in the event of an error in this publication.

Other terms, if any, to be announced at the sale.

WILMINGTON SAVINGS FUND SOCIETY, FSB, NOT IN ITS INDIVIDUAL CAPACITY BUT SOLELY AS OWNER TRUSTEE OF CSMC 2021-JR1 TRUST

Present holder of said mortgage

By its Attorneys,  
HARMON LAW OFFICES, P.C.  
150 California St.  
Newton, MA 02458

(617)558-0500

19170

July 8, 2022

July 15, 2022

July 22, 2022

### NOTICE OF MORTGAGEE'S SALE OF REAL ESTATE

Premises: 32 Glendale Avenue, Uxbridge, Massachusetts

By virtue and in execution of the Power of Sale contained in a certain mortgage given by Gilbert R. Grenon a/k/a Gilbert Grenon to Mortgage Electronic Registration Systems, Inc., as mortgagee, as nominee for First Horizon Home Loan Corporation, its successors, said mortgage dated November 23, 2004, and recorded in the Worcester County (Worcester District) Registry of Deeds, in Book 35165 at Page 312 and now held by The Bank of New York Mellon f/k/a The Bank of New York as Trustee for First Horizon Alternative Mortgage Securities Trust 2004-AA7, for breach of the conditions in said mortgage and for the purpose of foreclosing the same, will be sold at **Public Auction on August 11, 2022 at 11:00 AM Local Time** upon the premises, all and singular the premises described in said mortgage, to wit:

The land in said Uxbridge, with the buildings thereon, on the easterly side of Glendale Avenue, easterly side of North Main Street, which is Lot numbered 69 as shown on a plan of Uxbridge Gardens, made by F.T. Westcott, C.E., dated May 1917 and recorded with Worcester District

Registry of Deeds in Plan Book 31, Plan 7, which lot is more particularly bounded and described as follows:

BEGINNING at a point on the easterly line of Glendale Avenue at the southwest corner of the lot herein described;

THENCE easterly 80 feet, more or less, along the line of Lot 70 as shown on said plan to a point at land now or formerly of Providence and Worcester Railroad;

THENCE southerly by said land now or formerly of said Railroad, 40 feet more or less to a point;

THENCE westerly along the line of lot 68 as shown on said plan, 80 feet, more or less, to a point on the easterly line of Glendale Avenue;

THENCE northerly along the easterly line of Glendale Avenue, 40 feet, more or less, to the point of beginning.

Along granting hereby a triangular trace of land adjoining the first described tract and being a portion of Lot No. 70 as shown on said plan, bounded and described as follows:

BEGINNING at a corner of Lot No. 69 aforesaid on the easterly line of Glendale Avenue;

THENCE easterly by the line of Lot No. 69, 80 feet to the railroad;

THENCE westerly by land now or formerly of Ernest A. Lane, 80.15 feet to the line of said street;

THENCE by said street line southerly, 5 feet to the place of beginning.

Together with a right to pass and reposs over land of said Lane adjoining the granted premises to and from said Glendale Avenue to the rear of said premises.

For title reference see deed from Savers Co-Operative Bank dated February 2, 2000 and recorded at Book 22473, Page 367.

PROPERTY ADDRESS: 32 Glendale Avenue, Uxbridge, MA

The description of the property that appears in the mortgage to be foreclosed shall control in the event of a typographical error in this publication. For Mortgagors' Title see deed dated February 2, 2000, and recorded in Book 22473 at Page 367 with the Worcester County (Worcester District) Registry of Deeds.

TERMS OF SALE: Said premises will be sold and conveyed subject to all liens, encumbrances, unpaid taxes, tax titles, municipal liens and assessments, if any, which take precedence over the said mortgage above described.

FIVE THOUSAND (\$5,000.00) Dollars of the purchase price must be paid by a certified check, bank treasurer's or cashier's check at the time and place of the sale by the purchaser. The balance of the purchase price shall be paid in cash, certified check, bank treasurer's or cashier's check within sixty (60) days after the date of sale.

Other terms to be announced at the sale.

BENDETT & MCHUGH, PC  
270 Farmington Avenue  
Farmington, CT 06032

Attorney for The Bank of New York as Trustee for First Horizon Alternative Mortgage Securities Trust 2004-AA7 Present Holder of the Mortgage

(860) 677-2868

July 8, 2022

July 15, 2022

July 22, 2022

### Fuel Oil Day Tank Replacement Douglas Municipal Center ADVERTISEMENT TO BID

**THIS PROJECT IS BEING ELECTRONICALLY BID AND HARD COPY BIDS WILL NOT BE ACCEPTED.** Please review the

instructions in the bid documents on how to register as an electronic bidder. The bids are to be prepared and submitted at [www.biddocsonline.com](http://www.biddocsonline.com). Tutorials and instructions on how to complete the electronic bid documents are available online (click on the "Tutorial" tab at the bottom footer).

The Town of Douglas, the Awarding Authority, invites sealed bids from **Mechanical Contractors** for the Fuel Oil Day Tank Replacement at the Douglas Municipal Building in Douglas, Massachusetts, in accordance with the documents prepared by Seaman Engineering dated July 6, 2022.

The Project consists of: Demolition and removal of the existing tank and accessories and installation of a new tank and associated piping and control system.

The work is estimated to cost **\$55,000**. Bids are subject to M.G.L. c.30 §39M and to minimum wage rates as required by M.G.L. c.149 §26 to 27H inclusive. Bids will be received until **July 21, 2022 at 2:00PM** and publicly opened, forthwith online.

All Bids should be submitted electronically online at [www.biddocsonline.com](http://www.biddocsonline.com) and received no later than the date and time specified above.

General bids shall be accompanied by a bid deposit that is not less than five (5%) of the greatest possible bid amount (considering all alternates) and made payable to the Town of Douglas. Bid Forms and Contract Documents will be available for pick-up at [www.biddocsonline.com](http://www.biddocsonline.com) (may be viewed electronically and hardcopy requested) or at Nashoba Blue, Inc. at 433 Main Street, Hudson, MA 01749 (978-568-1167).

There is a plan deposit of **\$50** per set (maximum of 2 sets) payable to [BidDocs Online Inc.](http://www.biddocsonline.com)

Deposits may be electronically paid or must be a check. This deposit will be refunded for up to two sets for general bidders upon return of the sets in good condition within thirty days of receipt of general bids. Otherwise the deposit shall be the property of the Awarding Authority.

Additional sets may be purchased for **\$50**.

Bidders requesting Contract Documents to be mailed to them shall include a separate check for **\$40.00** per set for UPS Ground (or \$65.00 per set for UPS overnight), payable to [BidDocs ONLINE, Inc.](http://www.biddocsonline.com), to cover mail handling costs.

The **Pre-Bid Conference** and site visit will be on **July 12, 2022 at 10AM** at **29 Depot Street, Douglas, MA**. The Contract Documents may be seen at: Nashoba Blue Inc. 433 Main Street Hudson, MA 01749 978-568-1167 July 15, 2022



## MILLBURY SENIOR CENTER

### COMPUTER / CELL PHONE CLASSES

Every Monday 2:30 P.M. – 3:30 P.M.  
Will coordinate day. If you need help or have questions on how to use your devices  
Call the center to RSVP 508-865-9154

### HERBERT BERG FLORIST ARRANGMENT CLASS

3RD Thursday of each month at 2 P.M.  
Take home a Floral arrangement that you create!  
Cost is \$15 includes all materials and class  
Price may vary based on project  
Minimum of 15 people  
Call or stop by the center to RSVP a week before classes 508-865-9154

Worcester County Sheriff's House Numbering Program  
Designed to assist emergency personnel in locating homes!  
Will create a custom wooden house number sign Free of Charge!

If interested come by the Senior Center or call us at 508-865-9154

Meet with a representative from Senator Moore's office!  
Monday, July 18th  
One Wednesday every month between 11 – 12 P.M.  
All are welcome to meet and discuss issues of importance or looking for assistance  
Any questions please call 508-865-9154

### COVID-19 BOOSTER APPOINTMENT ASSISTANCE

We will assist Millbury Senior residents  
If you do not have access to a computer and need help scheduling an appointment for the Booster  
Please call the center at 508-865-9154

SENIOR WORK – OFF PROGRAM  
For Eligible seniors, 60 or older that are residents of Millbury  
Receive up to \$1,500 per year that can

be used to pay real estate property tax  
In return for voluntary service at a town department

For more information or to pick up an application please call the center at 508-865-9154

### SENIOR CENTER EXERCISE CLASSES!!

LIGHT EXERCISE CLASSES  
Mondays and Fridays 9:30 A.M. – 10:15 A.M. (Free!)  
TAI CHI  
Tuesdays 9:30 - 10:30 A.M. (class is \$3)  
YOGA  
Thursdays 9 – 10 A.M. (Class is \$3)

### SENIOR CENTER ACTIVITIES!

WII BOWLING  
Mondays at 12:30 P.M.  
MAHJONG  
Mondays at 12:45 P.M.  
BLOOD PRESSURE CLINIC  
Every Tuesday from 9 A.M. - 10 A.M.  
CRIBBAGE  
Tuesdays at 1 P.M.  
SOCIAL BINGO  
Wednesdays at 1 P.M.  
Bring your pennies!  
PITCH  
Thursdays at 1 P.M.  
DULL MENS CLUB  
Thursdays at 10 – 11 A.M.  
No reservations required for any of our activities or exercise classes!

Lunches are served Monday through Friday 12 P.M. at the Senior Center  
The menu is available on the town website, www.townofmillbury.org  
Or our Millbury Senior Center Facebook page.  
A 48 hour reservation is required.

Millbury Senior Center Transportation is provided for Millbury Senior Residents  
Monday through Friday from 9 A.M. to 3 P.M.  
We travel one town out in each direc-

tion including Sutton, Grafton, Auburn and Worcester

A 48 hour notice is required for scheduling rides (business days)  
Rides are free until January 1st  
For more information or to schedule transportation call the center at 508-865-9154

### "MEMORY CAFÉ"

Please join us on Tuesday, July 26th 2 - 3:30 P.M.  
A Memory Café is a monthly gathering for people with memory loss/challenges and their care partners. It is a time to socialize, make new friends, have a good time and enjoy some refreshments!  
We are also looking for volunteers to assist with this program!  
Our Outreach worker, Julie Fitzgerald, is happy to answer any questions, call to RSVP 508-865-9154!

Millbury Friendly Visitor Program  
Our Friendly Visitor Program is now being provided by telephone  
Volunteers call clients to check in with them, chat and hear a friendly voice  
For more information on coordinating a Friendly visitor  
Call the center at 508-865-9154

### SNAP APPLICATIONS (Food Stamps)

Our appointments are on Tuesdays & Thursdays 10 A.M. – 2:00 P.M.  
Call for an appointment & required documentation  
508-865-9154  
"This project has been funded at least in part with Federal Funds from USDA.  
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USDA does not endorse any goods, services or enterprises."

## DOUGLAS ADULT SOCIAL CENTER

331 Main St.  
(508) 476-2283

### DAILY ACTIVITIES:

Monday: Painting class 10am to 12:30pm, Balance & Strength Exercise 10am, Mat yoga 2 pm  
Tuesday: Cribbage 9:30am, Zumba 9:30am, Bingo 12:00 pm, Technology Class 1pm, Jenga 2pm  
Wednesday: Balance & Strength 10am, Hand and Foot card games 11 am, Knit & Crochet 12pm, MahJong 1pm  
Thursday: Yoga 9:30am, Wii Games 11am  
Friday: Balance & Strength 10am, first and third Friday Checkers with Patrice 10:30am, second and fourth Friday Scrabble with Jennifer 10am

### JULY EVENTS:

The center will be closed Monday July 4th in observance for Independence Day.  
Worcester Talking Library Thursday July 7th @ 12 pm. Grilled cheese or tuna sandwich lunch will be served, the cost is \$3.00 per person for lunch. RSVP before 7/1 They will be discussing their services and application process. You can receive large

print books by mail, join the large print book club in a bag. They will show you how to use a talking book player, or enjoy dial a story.

Fill your spice jars Tuesday July 12th @ 11 am. RSVP by 7/1 Learn a little about different herbs and how to use them. The cost of the event is \$5.00 and each person will get to make 2 jars of herbs to take home. This event is sponsored by The Douglas Cultural Council. Coffee & donuts will be available.

Emergency To Go Bags Wednesday July 13th @ 11:00 am. RSVP before 7/5 The state will be here to discuss emergency safety situations and hand out free emergency kits to everyone. The Sunshine Club will be serving breakfast. The cost is \$5.00 per person.

Lunch & a Movie July 19th @ 12 pm. RSVP before 7/13 We will be watching "Rescued by Ruby" and a pasta lunch will be served. The cost for lunch is \$3.00 per person.

Hearing discussion with Darcy Thursday July 21st @ 11:30 RSVP before 7/15 Lunch will be served compliments of Darcy.

If you have any questions please feel free to call the center at 508-476-2283

## NORTHBRIDGE SENIOR CENTER

Scrabble is once again at the Center! Next games are on Monday, July 25th at 10:00am. Call Jeanne for more information.

Women's Discussion Group and Coffee Hour: our next meeting is Wednesday, July 27th, 1-2:00pm. Call Amy to sign up or for more information.

Next walk with "Take a Hike" is Tuesday, July 26th at 10:00am. The group will meet at Hopedale Parklands, call Jeanne at the Center for more information.

Check out our shows on Northbridge Cable TV, channel 194, Monday through Friday from 9-11:00am. We show exercise classes for our senior population as well as entertainment.

We are looking for interest in the following programs: Basic First Aid Class, CPR Class, Pet First Aid Class. If any of these programs are of interest to

you, please call Amy at the Center.

FINE has begun its new cycle of the 120 Club Raffle on July 7th. You may purchase your \$20 ticket at our front desk. FINE draws a \$20 winner every week until November 17th when the final drawing will be held and you can win \$100, \$200, \$300, \$400 or \$500!

Every third Thursday of the month we have Darlene Santoro a licensed hair stylist with over 30 years' experience come to the Center to give women's cut and style or just haircuts, men's beard trimming and haircuts, and waxing of eyebrow, lip or chin. Call the Center to make an appointment between 12:30-3:00. The next date will be July 21st.

New Pitch League starting in September, Mondays 9-11:00. Details to follow once we have a complete list. Call Michelle to sign up.

## University of New Hampshire announces Dean's List

DURHAM, New Hampshire — The following students have been named to the Dean's List at the University of New Hampshire for the spring 2022 semester.  
Emma Kasper of Douglas, earning Honors  
Skylar Manyak of Douglas, earning High Honors  
Emma Ganley of Northbridge, earning High Honors  
Elizabeth Dalfonso of Northbridge, earning High Honors  
Emma Lachapelle of Northbridge, earning Honors  
Seth Kloczkowski of Uxbridge, earning Highest Honors  
Kristina Kirk of Uxbridge, earning Highest Honors  
Francesca DeLuca of Uxbridge, earning High Honors  
Avery Senosk of Whitinsville, earning Highest Honors  
Ashley Banas of Whitinsville, earning Highest Honors  
Hailey Banas of Whitinsville, earning Honors  
Students named to the Dean's List at the University of New Hampshire are students who have earned recognition through their superior scholastic per-

formance during a semester enrolled in a full-time course load (12 or more graded credits). Highest honors are awarded to students who earn a semester grade point average of 3.85 or better out of a possible 4.0. Students with a 3.65 to 3.84 average are awarded high honors and students whose grade point average is 3.5 through 3.64 are awarded honors.  
The University of New Hampshire is a flagship research university that inspires innovation and transforms lives in our state, nation and world. More than 16,000 students from all 50 states and 71 countries engage with an award-winning faculty in top ranked programs in business, engineering, law, liberal arts and the sciences across more than 200 programs of study. UNH's research portfolio includes partnerships with NASA, NOAA, NSF and NIH, receiving more than \$100 million in competitive external funding every year to further explore and define the frontiers of land, sea and space.  
To learn more about the opportunities at the University of New Hampshire visit: www.unh.edu.





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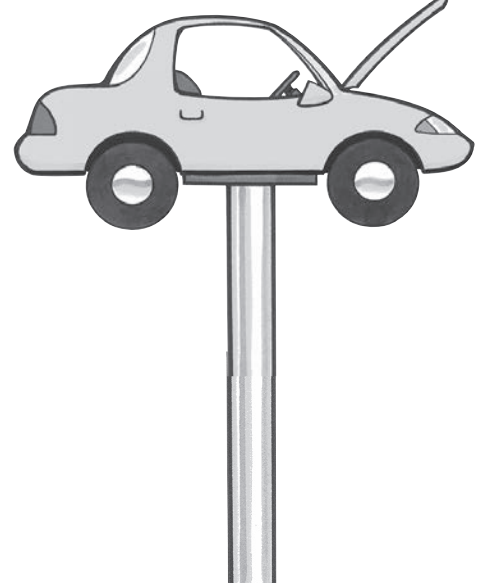
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## Coping with burnout

Most individuals take time during the summer months to unwind and sort of reset after a busy fall, winter and spring. Summer vibes are usually all about taking things slow and soaking up as much sunshine as possible before Old Man Winter heads back into the neighborhood. Many people who suffer from “burnout” welcome the longer days and warmer weather, however sometimes these three months of frisbee throwing and hanging by the lake aren’t enough.

With the go-go-go culture that has taken over our society, many people find themselves burnt out, to their detriment. Experts say people can reverse that feeling of burn out and we decided to share what we have found with our readers.

If work is taking its toll on you, you may need to make some changes there. Experts say that oftentimes, simply talking it out with a co-worker or supervisor can help to get things off your chest, especially if the consensus is to create a healthier work environment. Some people have found that the only way to cure burnout is to change positions; however, without proper techniques, every job could eventually burn you out.

Managing stress properly is huge, however not everyone knows exactly what that entails. Healthy eating, exercise and proper sleep are the easiest things one can do to ease stress in other aspects of your life. Most people who are over working themselves claim that time is an issue. There is no time to exercise, no time to sleep, no time to eat healthy. Point blank, if they can put a man on the moon, you can find the time to put yourself first without letting your job duties fall by the wayside. This could include little tricks such as parking your car far from the entry of a place to extend the walk, taking the stairs or even placing your computer on a counter so that your sitting time is lessened. Everyone knows what works best for themselves, so oftentimes, a bit of creativity and resourcefulness is needed.

A vacation can help ease burnout symptoms but often, a week isn’t enough time to truly combat burnout. If you are at a severe risk of burning out, experts say to stop working for at least two weeks and cut yourself off completely from the office. According to those in the know, they say most employers will understand that this break will result in a better employee after they return. If two weeks isn’t in the cards, at least take one day a week to yourself with no phone calls, no emails or anything work related.

Finding a release is imperative, whether it’s going for a run or simply tuning out with a good movie or an old fashioned game of solitaire. If you let stress build and build without letting off some steam, that could lead to unintentional outbursts and severe irritability.

Try not to let yourself become dependent on alcohol and caffeine. Everything in moderation. We’re not sure, but we do believe the Red Bull trend has settled a bit.

Switch things up by asking for different responsibilities. When things get mundane, they can become less interesting. Having fun while also getting the job done can make a world of difference. Even working away from the norm, and changing up the scenery can be a game changer. Find a nice coffee shop or a park and try to avoid working from home at all costs. If you work from home, you will begin to associate the same feelings about work, in the home. Your home is your sanctuary, and you need to protect it.

Oftentimes, people take better care of their vehicles than they do themselves. To keep a car running smoothly, you need to upkeep with maintenance, use top of the line fuel and keep the miles low.

In the book “Don’t Sweat the Small Stuff, and It’s All Small Stuff” by Richard Carlson, he talks about how when you die, your ‘In Basket’ won’t be empty. His point is that we all feel the need to get everything done. We stay up late, get up early, just to get everything done. By doing this he says we put off having fun or spending time with loved ones. Keeping a full ‘In Basket’ means that your time is in demand, with projects to complete and phone calls to return. Carlson reminds his readers that no matter what you do or who you are, nothing is more important than your own happiness and sense of inner peace and that of your loved ones. He reminds us that when we die there will still be things left to finish, and that someone else will do it.

It’s one thing to read tips, and take advice from others, but it’s another thing to remember what you’ve read, and to put those words into action.

# OPINION

Opinion and commentary from the Blackstone Valley and beyond

## LETTERS TO THE EDITOR

### Look in the mirror for the source of this failed presidency

To the Editor:  
What I believe. Feel free to disagree. This is a failed presidency.

Have you taken a moment to review all of the disasters that Feckless Biden has brought us since January 2021? These are the Intolerable Acts:

- Historically high gas prices, soaking up everyone’s money. In 2019, gas was \$2.55 per gallon. We the People were drilling for our own oil and gas. Energy independent. Today, we pay nearly \$5 a gallon. Highest in history. Home heating fuel is up 100 percent. If it cost you \$150 a month last year to heat your home, this year it will be \$300 a month. Build Back Broke!

- Biden vowed to end fossil fuels. But he has no green energy replacement. No amount of solar energy is going to run your truck or Tesla. Pound for pound, fossil fuels produce more energy than solar or wind ever can. There is no magic energy cube. Oh wait, there is. It’s called nuclear power. But the climate gods have outlawed fossil fuels and nuclear. By the way, Tesla “electric” cars run on electricity from oil, gas or nuclear power plants. Did the climate gods tell you that?

- Historically high inflation. A 41year high. Those who suffer the most are the elderly, the poor, and working folks. You and me. The stock market has had the worst 6 months since 1970. Does Biden care? He has lived on the government dole all his adult life. So, no, he does not care, nor does he feel your pain.

- Family economics are a disaster. Many are broke. Your July 4th Barbeque costs 17 per cent more!

- Baby formula. There remains shortage across the nation. Mobs are in the street because abortion law has been sent back to the states for voters to decide. Who is demonstrating because babies do not have food? In 2021, Biden was too old and frail to appoint a Chief to the Food and Drug Administration. Now, an Obama retread is the FDA Chief. He is another old (71) white male in Biden’s crew.

- Homelessness has skyrocketed. Which cities have the most homeless people? Nine of the top 12 cities are in California, including San Francisco and LA. New York City and Seattle round out the top 13. Who runs these cities? A Woke Mob.

- Speaking of Woke California, 61 percent of the voters in San Francisco dumped the Progressive District Attorney on June 7 because he does not believe it is fair to prosecute criminals. This Charming Darling (Chesa Bodin) is the son of convicted Weather Underground (Socialist) terrorists. His parents were the two getaway drivers for the 1981 robbery of a Brink’s Armored car in New York City. Two police officers were killed. Chesa’s darling Dad was paroled by darling Governor Cuomo in one of his last acts in office. Progressive Socialist justice!

- Woke District Attorneys have turned American cities into crime-infested danger zones. Cut incarceration without reducing crime! A magic Equity button!

- Schools will now be grading differently based on race. Using the “Grading for Equity” handbook, they will eliminate homework from grading, permit unlimited retakes on tests, and replace Ds and Fs with “incomplete.” This new grading policy does not teach a child anything. Grades improve without learning anything!

- The Appalling Southern Border: the cartels make money on human trafficking and use it to manufacture Fentanyl 24/7. One DEA drug bust at the border seized enough Fentanyl to kill 200 million Americans. 234,000 illegal immigrants came over the Border in May alone. Half a million illegal immigrants (criminals) “got away” because Border agents were busy giving out welcome packages.

- No amount of disinformation can be worse than what Old Feckless is doing all by himself. Biden has turned America into Biffville [remember the film Back to the Future II?]. A huge majority of Americans (88 percent) think the country is going in the wrong direction. Another huge majority (60 percent) think Biden is doing a terrible job. Me too.

- Hello? Is anyone awake in the Woke White House? This disaster is not Stumbling Joe’s fault. He didn’t put himself in office, nor did he put himself on that high tech experts-only bike. I hope you’re looking in the mirror. Yes, you. What say you?

Signed, your local Patriot insurgent,  
BEV GUDANOWSKI  
UXBRIDGE

## Nanu Nanu!

To the Editor:

I just had my worst fears confirmed - we are living in an alternate reality. Herein lies proof:

1: a writer says I should send my statement “...your beliefs shoved down our throats” to “commie, socialist, radical, left-wing Democrats” - (in his rancor he somehow left out ‘antifa, pedophile, child grooming, open border, CRT, vaccine hoax...’) - who, ostensibly, are “shoving their beliefs down our throats”. Yet the writer never states which Democrat beliefs are “being shoved down our throats.” Could they include the belief that ‘we are created equal’ - including gays, trans, black, brown, men, women; or that you should be able to marry whoever you want; or that women should be able to control their own bodies; or that we should be able to protect our citizens from weapons of war? Those all seem to be ‘unalienable personal rights’, not any one person’s or party’s beliefs. But, I’m left wondering which he is referring to.

2. My gun advocate friend now insists that children will suffer if there is any form of gun control. To be clear, the country is ONLY talking about restrictions on assault weapons. Quote: “To further devote oneself to supporting gun control creates more scenarios in which children are horrifically victimized, because gun control removes a child protectors best chance at ensuring children are not murdered.” If I understand this correctly, we have no realistic gun control, and children are being murdered, but if we restrict guns - again, we are only talking assault-style weapons - even more children will be killed. According to this logic, the children who were killed at Sandy Hook, Colombine, Parkman, Uvalde, etc., wouldn’t have been killed by AR-style weapons, if only AR-style weapons were available to defend them! Huh? There are 321 shootings every day in America. There are more citizen-owned guns in America, than there are citizens.

We obviously care more about our guns than about our children. Except for the unborn ones. I will repeat, for the reasoning impaired - no one is coming for your guns. It would be impossible to do so, and no one is advocating for it. It just doesn’t seem reasonable to have assault weapons out on the street, in the wrong hands.

3. My favorite BVT author now uses a fictional story to justify sitting back and accepting everything that occurs in this country. “Most heartily we beseech Thee with Thy favor to behold and bless Thy servant, the President of the United States, and all others in authority.” That has to be the most frightening pro-fascist sentence I’ve ever encountered. But it does invoke Trump’s “Don’t believe what your eyes see, or what your ears hear.” Maybe the insurrectionists of 1775 should have read this book, and just accepted King George’s repressive edicts. Maybe Martin Luther King should have read this book and not pushed for racial equality. Maybe American workers shouldn’t have fought to form unions and eliminate child labor and six-day work weeks. Maybe 80 million people should have just accepted Donald Trump and his corrupt, treasonous administration, and let America become a fascist state. We should all just be silent co-conspirators in whatever is going wrong with our country, in the interest of “patriotism”. That is just wrong. No country makes progress towards freedom and equality for all, by not confronting injustice and inequality in all its forms, at every turn. “Let them search for liberty elsewhere, and report back to us if they find it.” No. If the roof of your house is leaking, you don’t move out. You put in the time and effort to fix it. You don’t desert it, you confront its flaws.

To a better, fairer, more honest and inclusive America for all.

RICK BEVILACQUA  
WHITINSVILLE

## Are you prepared to burn your ships?

POSITIVELY SPEAKING  
TOBY MOORE

I believe we all have dreams that we would love to accomplish during our lifetime. Some of us may never try; others may try for a while, but the struggles and the worries strangle their dreams like weeds do to the

flowers. Others persist, and they find a way.

What gives them the ability to jump over the obstacles and break through the barriers?

The very first and fundamental step to achieving your dream is desire. Desire is the starting point for all achievement. You have to want it. Whether or not you persist to the end depends on how bad you want it.

Ask yourself, “How bad do I want it?”

Are you filled with desire? To achieve the impossible dream, you must work yourself into a frenzy of white-hot passion. You must always think about it and obsess over it; you have to stoke and cultivate the fire burning inside you.

You may say, “I want to accomplish my dream, and I want it bad, but I definitely can’t say that it’s a burning white-hot desire...” Is it possible to increase your desire?

You’ve heard it said, “Don’t burn bridges.” That’s true for most things in life, but when it comes to your dream, if you’re desire is strong enough, you must cut off any chance of retreat; you must put yourself in a position where the retreat is impossible.

Hernan Cortez, the Spanish Conquistador, is a problematic historical figure; he was ruthless. There is a story about him that is very interesting.

In 1519, he arrived on the coast of Mexico with an army of 600 warriors. Soon after their arrival, he set fire to his ships.

Can you imagine what his army must have thought? Without their ships, there was no turning back. They would never see their homes again unless they accomplished their mission. He sent them a clear message; the only options were victory or death.

What do you think the effect of burning his ships had on the morale of his men? I am sure many were devastated and panic-stricken. After some time, I believe they began to feel a burning desire to win, to accomplish their goal no matter the cost. If they didn’t, they’d never see their families again. Something must have risen inside them; they met their other self, a part of them who was not lazy and indifferent and would do whatever it took to get back home.

What does it mean to burn your ships? It means you’re committing yourself fully.

Cortez and his men won against overwhelming odds. They defeated an army of Aztec warriors that may have outnumbered them fifty to one. They conquered the Aztecs—adding the land of Mexico to the Spanish Empire.

If you want it bad enough, burn the ships. How committed can you be if you know you can run back to your former life?

Leave no room for escape. Burning the ships doesn’t mean you cannot change course on your path to victory. Faced with the choice of success or failure, you’ll find the desire burning brighter than ever before. You’ll be determined to win, no matter the odds.

When challenges come, you’ll face them with a different attitude. You won’t shrink back in defeat; you’ll press through them with an unstoppable attitude.

The challenges will come. All who succeed are put to the test. If you burn the ships, be prepared; there will be moments where all will seem lost. The trick is to know that you can still push through. You only fail when you give up.

I burned the ships in my life. I was forced to live out of my car for over a year; A family friend stole the \$50,000 I raised to build my company. All seemed lost, but with the fire of desire burning ever brighter, I found a way to take it to the next level, and so can you.

Desire is the first step towards accomplishing your dreams; fan the flames of your desire you’ll have the power to break through all obstacles and barriers in your way

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# Time to start thinking pheasants



Courtesy

A German shorthair pup that belongs to a local bird hunter.



An English pointer all grown up, owned by a member of the Uxbridge Rod & Gun Club.



they do best. Owned by another Uxbridge Rod & Gun Club member.

It is time for bird hunters to think about the upcoming pheasant season. For those bird hunters that are fortunate enough to hold a membership at one or two Rod & Gun Clubs in the area that hold a state pheasant hunting preserve permit, their season starts even sooner than the state pheasant season, that starts on Oct. 15 this year in Mass.! The cost of raising pheasant this year for Rod & Gun Clubs has had a modest increase to date, but if grain continues to increase clubs and state birds will continue to increase in cost. The state no longer raises their own pheasant, and opted to purchase adult birds years ago from states like Vermont & New Hampshire, to mention a couple.



THE GREAT  
OUTDOORS  
\*\*\*\*\*  
RALPH  
TRUE

The state still purchases young pheasant from pheasant farms and supply's Rod & Gun Clubs with the young birds to raise to adults, but the birds must be stocked in open covers, so that all bird hunter can hunt them in the fall. This year pheasant hunters will be allowed to harvest two pheasant daily, during the regular hunting season. Pheasant of either

sex may be hunted. The six-bird annual harvest is no longer law in Mass., and hunters may now harvest two pheasant daily, during the Pheasant hunting season. Bird hunters in Mass. are wondering if the state will be increasing their quantity of pheasant to be stocked this year, because of the increased annual bag limit. It would be the right thing to do after the large increases for hunting & fishing license, permits, etc.!

Hunting with a bird dog is so much more fun. watching the dog use his keen sense of smell to locate birds, and hold them from flushing before the hunter is ready to shoot. When the bird is dropped in the field or brush, the dog quickly retrieves the bird and brings it back to the hunter. Dogs save a lot of shot game from being lost or wasted, because they cannot be located.

If you do not own a bird dog, the time to purchase one is now so that it is ready for the upcoming hunting season in a few months. If you purchase a dog now, he or she will be able to do some exciting things in the field, and will also be a joy to have one in the family. You need to consider purchasing a new pup, if

you have the time and money. A good dog if purchased from a breeder, can cost upwards of \$1,000 to \$2,000 or more. You need to do your homework when selecting a breeder, making sure he has good references, and a good reputation. Selecting the breed, you want could be a Labrador, Brittney Spaniel, or Springer spaniel, to mention a few. Larger dogs in the pointing family could be an English pointer, German shorthaired pointer, English Setter to mention a few. It is a big decision to make, so be sure you are ready to take on the responsibilities before to set down the cash!

Maine & New Hampshire continue to suffer serious losses in their young moose population, and it continues to become worse every year. Moose are being infected by more than 80,000 or more ticks per animal, and the moose rub themselves down to the bear skin, to rid themselves of the nasty insect. The young moose are dying from winter tick bites which infect the young moose annually. Maine had a 90 percent loss this year in young moose. A warming climate change is part of the problem. Hopefully, something can be done soon to rectified the problem.

Take A Kid fishing & Keep Them Rods Bending!

## Hypermiling and more strategies ease high gas prices

Hypermiling is the buzz word for strategizing to trim your gas costs. But all it really means is driving with techniques that maximize fuel efficiency. If you've been using the tips outlined below (and those revealed in previous columns), you've already been practicing hypermiling. Experts claim the typical hypermiler can realistically expect a 10-20% increase in fuel economy. Read on for tips (some old, some new) to help you ease the jump at the pump!



TAKE  
THE  
HINT  
KAREN  
TRAINOR

mileage. On the highway, closed windows decrease air resistance, so it's efficient to run the air conditioner in hot weather.

In stop-and-go traffic, shutting off the air conditioner and opening the windows can lighten

your fuel use. Experts estimate using the auto a/c can lower your fuel economy by 10 percent to 20 percent.

If your car has cruise control feature, use it. Not only will you give your accelerating foot a rest, you'll save money too! Using cruise control will save you 5% to 10% of a gallon of gas on long trips!

Keeping tires properly inflated and aligned equals gas savings. Periodic wheel alignments and keeping tires inflated to the maximum recommended pressure really does improve your gas mileage, according to experts.

Confused when it comes to using your car air conditioner efficiently? According to cooling experts, when traveling 45 mph or less, you should open the windows or vents to create a steady airflow that'll give your car a cool boost. When going faster than 45 mph, you should crank up the a/c instead. This method avoids the drag generated when windows are left open during high-speed travel.

Did you know ten seconds of idling actually uses more fuel than restarting the engine? If your car doesn't have an automatic idling shut-off feature, you can still save gas by making it a habit to turn off the car when parked.

The simple chore of cleaning out your trunk can also translate into impressive fuel savings. For every extra 250 pounds your engine hauls, the car loses about one mile per gallon in fuel economy.

Your gasoline-saving strategies start even before you fuel up. Gas comparison sites and phone applications offer consumers instant prices that add up to optimum savings:

GasBuddy.com lists gas stations near you and their current gas prices. Mapquest.com also offers a user friendly tool that has a map format and visual pinpoints to post real time prices of gas stations in your area or destination.

Analysis from GasBuddy revealed Monday is the best day to fill up as in many states gas prices are lower on Mondays than any other day. According to GasBuddy data, Thursday is the worst day to fill up, as far as cost is concerned, with Wednesday ranked second-worst.

Experts advise downgrading to upgrade gas efficiency. An AAA report found that drivers collectively waste \$2.1 billion per year on high-octane gas. In other words, they paid extra for premium gas even though it wasn't required or even recommended for their cars. Check with your mechanic or car dealer to see if it's safe for you to switch to a lower grade. This money saving method alone can save hundreds of dollars a year.

Auto advisers also recommend buying gasoline during coolest time of day, such as early morning or late evening. During these times gasoline is densest.

Gas pumps measure volumes of gasoline, so it's a better deal to buy it at its densest fuel concentration.

Performing periodic vehicle "check-ups" is a cost effective way to keep from wasting gas.

It's no secret a well-tuned engine burns less gas. Routine maintenance is your best insurance against gas guzzling.

Be sure to check your air filter each time you have your oil changed. Clogged air filters cause engines to work overtime which eats up more gas. Replacing a clogged air filter can improve gas mileage by as much as 10 percent, saving about 20 cents a gallon.


Periodic wheel alignments and keeping tires inflated to the maximum recommended pressure really does improve your gas mileage, according to experts. When tires aren't inflated properly it's like driving with the parking brake on and can cost a mile or two per gallon. According to SGI, you waste 1% fuel for every 10 lb per square inch of under inflation.

Win Dinner for Two at the Publick House

Your tips can win you a great three course dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renowned restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint!, C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or email KDRR@aol.com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.

### Friday's Child



**"I really really like electronics!"**

Jostiel, who likes to be called JoJo, is a sweet, funny and outgoing boy. JoJo also plays the trombone in the school band, which he enjoys very much. After school JoJo attends a program at the YMCA and enjoys spending time there with his friends. JoJo loves electronics, likes to ride his scooter, enjoys bike riding, outdoor play, swimming and playing sports. He loves Tae-Kwon Do and has taken classes in it in the past. When he is older JoJo states that he wants to be a police officer so that he can help people. He loves living in his foster family that consists of 2 moms. JoJo likes to be busy and involved in activities. Bike riding and cooking with his foster moms are some of JoJo's favorite activities.

Legally freed for adoption, JoJo would do well in an active two parent family with older children or no other children in the home so that he can receive the attention that he seeks. He would benefit from a family that is trauma informed and has a structured home environment. Because he is so close and bonded to his older brother and younger sister his new family should also understand the importance of sibling contact. He will need ongoing virtual contact and in-person visits with them on a regular basis.

<https://www.mareinc.org/waiting-child-profiles#gallery/child/7017>

**Can I Adopt?**

If you're at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LGBTQ+ singles and couples. As an adoptive parent, you won't have to pay any fees, adoption from foster care is completely free in Massachusetts.

The process to adopt a child from foster care includes training, interviews, and home visits to determine if adoption is right for you. These steps will help match you with a child or sibling group that your family will fit well with.

To learn more about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at (617) 964-6273 or visit [www.mareinc.org](http://www.mareinc.org). Start the process today and give a waiting child a permanent place to call home.



# Latest antique & collectibles news

I hope readers who attended Brimfield did well selling and/or buying this week. If you missed this latest show, you'll have another opportunity Sept. 6 through the 11th.

There's been plenty of antique, collectibles and auction news since my last update. Let's start in Massachusetts where a rare 1652 Dutch Master drawing of naval officer Admiral Maarten Harpertzoon Tromp fetched a huge price at auction recently. The New York Times reported last month that the drawing was offered as "an unidentified gentleman, initialed I.L., and dated 1652." You may remember from my recent column about old samplers that the letter "I" was used in place of "J" because "J" was not part of the Latin alphabet. This was also true of Dutch Master drawings.

The "I.L." was actually the JL signature of artist Jan Lievens, who had produced engravings and created paintings based on this sketch. The original drawing was sold at auction in Frankfurt in 1888. Its location was unknown until it recently went to auction. A Dutch art dealer found the drawing while looking through online auction catalogs and arranged to view it prior to the auction. The auction hall



only had around half a dozen bidders in-house due to COVID-19. There were also five phone bidders competing for the drawing. It sold for \$514,800, far exceeding the \$200 to \$300 estimate.



ANTIQUES,  
COLLECTIBLES  
& ESTATES  
\*\*\*\*\*  
WAYNE TUSKULA

Across the pond, a rare copy of Bob Dylan's "Blowin' in the Wind" also topped auction estimates when it sold in England earlier this month. T Bone Burnett recorded the song when it was performed by Dylan and a group of other musicians in Los Angeles in 1962. It was recorded on a new type of acetate that Burnett had developed called an "Ionic Original." It was created to offer higher fidelity and was almost impervious to normal wear. The recording sold for \$1,769,508 USD, beating out the \$716,000-\$1,194,000 estimate.

It may be too early for Halloween, but

an antique vampire slaying kit recently sold for over six times the estimate. CNN reported that "the 19th century box has everything you would need to ward off vampires including crucifixes, holy water, a wooden stake and more." The kit belonged to Lord William Hailey who was a member of England's House of Lords. The kit sold at a UK auction for close to \$16,000 USD. There was no word on whether Lord Hailey ever wielded the vampire kit.

We are still accepting consignments for our fall multi-estate online auction. Some of the offerings include gold jewelry, baseball cards from the 19th century to the 1960s, coins, Civil War memorabilia, pocket watches, paintings and a wide variety of other items. We will also be running an estate sale in Walpole, Mass. on July 23. I'll be teaching my "Evaluating your Antiques" course at the Bay Path Evening School in Charlton, Mass. on Sept. 13. I'll also be appraising items for the Townsend Historical Society on Oct. 15 and for the Leicester Historical Society at the Leicester Senior Center on Nov. 5. We are planning other events for the fall. Please visit our Web site, <https://centralmassauctions.com>, for links to upcoming events.

Contact us at [www.centralmassauctions.com](http://www.centralmassauctions.com) (508-612-6111) [info@centralmassauctions.com](mailto:info@centralmassauctions.com) for antiques and collectibles auction services.

# Sarah Price graduates from The Citadel

CHARLESTON, S.C. — Sarah Price of Whitinsville earned a Bachelor of Arts in Criminal Justice from The Citadel.

The South Carolina Corps of Cadets Class of 2022 made history as one of The Citadel's largest incoming classes when they arrived on campus four years ago.

Now, after two years of modified graduation celebrations, Price is one of more than 600 members of the South Carolina Corps of Cadets who accepted their degrees during the college's traditional commencement ceremony held on Saturday, May 7 in McAlister Field House.

The day before commencement, about 30 percent of the graduating cadets accepted commissions as officers into the U.S. Armed Services. Among those who accepted commissions are the first two Citadel cadets to join the U.S. Space Force: Conor William Deans, Space Operations Officer, and Jack O. Schwartz, Developmental Engineer.

The top academic programs for the Class of 2022 included Business Administration, Intelligence and Security Studies, Criminal Justice, Mechanical Engineering and Political Science.

Graduates accepted their diploma from President of The Citadel Gen. Glenn W. Walters, USMC (Ret.), Class of 1979.

About The Citadel  
The Citadel, with its iconic campus located in Charleston, South Carolina, offers a classic military college education for young men and women focused on leadership excellence and academic distinction. The approximately 2,400 members of the S.C. Corps of Cadets are not required to serve in the military, but about one-third of each class earn commissions to become officers in every branch of U.S. military service. Citadel alumni have served the nation, their states and their communities as principled leaders since 1842. The Citadel Graduate College, founded more than 50 years ago, offers dozens of graduate degree, graduate certificate and evening undergraduate programs in the evening or online. Consecutively named Best Public College in the South by U.S. News & World Report for 11 years and No. 1 Best Public College for Veterans in the South for four years. Learn more about Our Mighty Citadel here.

# Managing garden pests with pollinators in mind

Every garden season is filled with beautiful and tasty surprises along with a few challenges. One challenge gardeners face each year is managing insect pests while keeping the pollinators safe. Fortunately, only a very small percent of insects in our landscapes are harmful. The rest help pollinate plants, feed upon or parasitize bad insects, or help decompose plant debris.

Proper identification of the plant-damaging culprit is the first step in managing problems. Often the insect that is most visible is not the one causing the damage. You can find lots of helpful information and images online.

Look for web-sites hosted by your local University, extension service or botanical garden. They often provide timely tips on pests in your area.

Once identified, you will need to decide if control is needed. Some insect damage is just cosmetic meaning the plant's health and longevity are not adversely affected it just looks bad. In these cases, control is for us not the health of our plants. Consider tolerating the damage and masking it with nearby plantings or garden art. In other cases, the damage is done, and the insect is no longer present. Revenge spraying may make you feel better but does nothing to fix the problem. Make a note on next year's calendar to watch for and manage the pest if you feel control is really needed. Finding pest problems early makes hand removal easier and may be all that is needed.

Often when we see the damage on our plants, control will not help. Many galls, unusual growths on plants, are caused by insect feeding. When we see the gall, the insect is either safely living inside the gall or it has fled to complete another stage of its life. At that point, control will not work and in most cases, this is a cosmetic issue and control is not needed.

Work with nature to help manage pest problems. By tolerating some damage, you provide the food that attracts nature's pest controllers to the garden. Watch for aphid eating lady beetles and green lacewings that eat hundreds of these pests each day. Invite songbirds to your landscape with seed and berry producing plants and a clean, fresh source of water. Ninety six percent of terrestrial birds feed their young insects. And then there are those non-stinging, parasitizing wasps that lay their eggs in other insects. When the eggs hatch the young feed on the host. Avoid pesticides and provide water and shelter to

attract and support insect eating toads and frogs. Enlist help from the youngsters in your life. Try the pluck, drop, and

stomp method. Teach young gardeners to identify problem insects, pick them off the plants by hand, drop them to the ground and stomp. What a great way to teach kids about nature and help them burn off some of their excess energy.

Handpicking or knocking insects like Japanese beetles into a can of soapy water is a great way to manage small populations of pests. A fellow horticulturist uses a small hand vacuum to capture Japanese beetles. Just be sure to empty the insect filled vacuum contents into a can of soapy water before storing.

If you decide you need to lend nature a hand managing garden pests, look for more ecofriendly options. Barriers of floating row covers - fabrics that allow air, light, and water through - can keep cabbage worms, onion maggots, Japanese beetles, and some other insects from laying their eggs on their favorite plants. Cover the plants with the fabric at planting, anchor the edges and leave enough slack for plants to grow. No construction is needed.



An ecofriendly way to manage small populations of Japanese beetles is to knock them into a can of soapy water.

Covering squash plants at planting until flowering begins can help reduce the risk of squash bugs and squash vine borers. Covering cucumbers at planting until ten days after flowering begins helps reduce the risk of cucumber beetles infecting these plants with the bacteria that causes wilt. The row covers also prevent birds from dining on the seeds and seedlings.

Cover late plantings of susceptible plants as needed this season. Then make a note on next year's calendar to enlist this method for controlling these types of pests for your first planting next year.

Enlist the help of the naturally occurring soil bacteria *Bacillus thuringiensis* (Bt) to protect plants from certain pests. Different strains of this bacteria control different insects. Bt kurstaki only kills true caterpillars. Using this on members of the cabbage family won't harm other butterflies since these plants only attract the cabbage worm moths. Bt galleriae will control Japanese and other beetles.

Use a strong blast of water to dislodge mites and aphids. These pests suck plant juices and secrete a clear sticky substance called honeydew. Extensive feeding can cause distorted growth, speckling, yellowing, and browning of the leaves. If more control is needed, look for help from one of the

organic contact insecticides like Summit Year-Round Spray Oil, a lightweight horticulture oil. These products kill the insects they contact but leave no residue on the plants that can harm beneficial insects that visit the plants later.

Whenever using any product, even natural and organic, be sure to read and follow label directions. This will ensure the best control and least negative impact on beneficial insects and the environment.

Take a few notes on pests you encounter, any management strategies used and the results. This will help when encountering problems in the future. With minimal time and a bit of creativity you can keep your garden looking good all season long.

Melinda Myers has written more than 20 gardening books, including the recently released *Midwest Gardener's Handbook*, 2nd Edition and *Small Space Gardening*. She hosts The Great Courses "How to Grow Anything" DVD instant video series and the nationally syndicated *Melinda's Garden Moment* TV & radio program. Myers is a columnist and contributing editor for *Birds & Blooms* magazine and her Web site is [www.MelindaMyers.com](http://www.MelindaMyers.com).



GARDEN  
MOMENTS  
\*\*\*\*\*  
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# Emmanuel College celebrates 100th Commencement exercises

BOSTON — Emmanuel College celebrated its milestone 100th Commencement on Saturday, May 14 on its campus in Boston, adding hundreds of graduates to the global network of Emmanuel alumni who are making their mark on the world. Local students graduating included:

Tyler Brown of Douglas. Brown received a Bachelor of Arts in Criminology & Criminal Justice.

Julia Dunphy of Douglas. Dunphy received a Bachelor of Arts in Communication and Media Studies.

Marissa Kirk of Uxbridge. Kirk received a Bachelor of Arts in a dou-

ble major of Liberal Studies and Elementary Education.

Emmanuel College is a co-educational, residential institution with a 17-acre campus in the heart of Boston's educational, scientific, cultural and medical communities. Enrolling more than 2,000 undergraduate and graduate students, the College provides boundless opportunities for students to expand their worldview through rigorous coursework, significant internship and career opportunities throughout the Boston area and beyond, collaborations with distinguished and dedicated faculty, and participation in a dynamic campus

community. Emmanuel's more than 70 programs in the sciences, liberal arts, business, nursing, and education foster spirited discourse and substantive learning experiences that honor the College's Catholic educational mission to educate the whole person and provide an ethical and relevant 21st-century education.

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For J.D. Power 2021 award information, visit [jdpower.com/awards](http://jdpower.com/awards). <sup>1</sup>DETAILS OF OFFER: Offer expires 7/31/2022. Not valid with other offers or prior purchases. Get \$325 off each window and \$700 off each entry/patio door and 12 months \$0 down, 0 monthly payments, 0% interest when you purchase four (4) or more windows or entry/patio doors between 7/3/2022 and 7/31/2022. Subject to credit approval. Interest is billed during the promotional period, but all interest is waived if the purchase amount is paid before the expiration of the promotional period. Financing for GreenSky® consumer loan programs is provided by federally insured, federal and state chartered financial institutions without regard to age, race, color, religion, national origin, gender, or familial status. Savings comparison based on purchase of a single unit at list price. Available at participating locations and offer applies throughout the service area. See your local Renewal by Andersen location for details. License number available upon request. Some Renewal by Andersen locations are independently owned and operated. "ENERGY STAR" is a registered trademark of the U.S. Environmental Protection Agency. "Renewal by Andersen" and all other marks where denoted are trademarks of Andersen Corporation. ©2022 Andersen Corporation. All rights reserved. ©2022 Lead Surge LLC. All rights reserved. <sup>2</sup>Values are based on comparison of Renewal by Andersen® double hung window U-Factor to the U-Factor for clear dual pane glass non-metal frame default values from the 2006, 2009, 2012, 2015, and 2018 International Energy Conservation Code "Glazed Fenestration" Default Tables.



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<p><b>SOLD</b></p> <p><b>DUDLEY HAYDEN POND WATERFRONT</b> – 48 Hayden Pond Rd! Recently Renovated, beautifully appointed, 5 Rm Waterfront Ranch! Enjoy sunsets, fishing &amp; all water sports! Vinyl Composite decking &amp; vinyl railings! Open floor plan! Cathedral ceilings w/ skylights! Din Rm w/slider to covered deck! Kit w/quartz counters &amp; SS appliances! Liv Rm w/stunning views of the Pond! Comfortable Master w/generous closet &amp; half bath! 2nd bedroom or office! Full bath w/washer/dryer hook ups! Full basement for storage or additional living space! Floating Dock! Shed! <b>\$525,000.00</b></p>	<p><b>ON DEPOSIT</b></p> <p><b>SHREWSBURY</b> – 34 Monroe St! 8 Rm, 4 Bdrm Colonial is Situated in a Sought After Neighborhood! Tree Lined Street w/Sidewalks, Close to Schools, Town Center &amp; Highway! The Foyer Welcomes You into the Formal Din Rm w/Gleaming Hrdwd's! Bright Liv Rm w/Vaulted Ceilings &amp; View of its Park Like Grounds! Large Eat-in Kit w/Pantry &amp; Gas Appliances, Perfect Gathering Place! Laundry Rm &amp; 1/2 Bath Nearby! 1st Flr Frplac Fam Rm w/Sliders out to Deck! 2nd Flr w/4 Comfortable Bdrms w/Full Shared Bath plus the Master Bath! Full Lower Level w/Game Rm Awaits Your Finishing Touch! Workshop &amp; Plenty of Storage! 2 Car Garage w/Plenty of Room for Storage &amp; Work! Outdoor Living on the Deck Overlooking Yard! Shed! This Home is Ready to call it Yours! <b>\$699,900.00</b></p>	<p><b>SOLD</b></p> <p><b>WEBSTER LAKE</b> - 65 Bates Point Rd – Eastern Exposure – Beautiful Sunrises! Year Round – Principle Residence - Second Home – Remodel – Tear it Down and Start Anew! The Choice is Yours! Set on a 12,449' Lot, 50X249', 50.7' Waterfront! Plenty of Area for Expansion! Surrounded by Million Dollar Homes the Pallet is Yours to Create! 5+ Room Ranch with Full Walk-out Expandable Lower Level! Open Floor Plan! Applianced Kitchen, Dining Area and Living Room with Panoramic Water Views! 3 Bedrooms! Full Tile Bath! Oil Heat! Screened Porch! Detached Garage! Dock! Quick Closing! Summer is Just Around the Corner – Don't Delay! <b>\$710,950.00</b></p>	<p><b>SOLD</b></p> <p><b>DUDLEY</b> - 16 Joseph St! Spacious UPDATED 8 Rm Center Hall Garrison Colonial! Nicely Landscaped 25,581' Lot Set on a Cul-De-Sac "Dead End"! Ideal Residential Neighborhood! Dble Glass Door Tiled Center Hall Entry Foyer w/Guest Closet! SS Applianced Cherry Cabinet Kit w/Breakfast Bar, Corian Counters, Tile Flrs! Din Rm w/Hrdwds, Crown Moldings &amp; Bay Window! Frplcd Liv Rm w/Pellet Stove, Custom Shelving, Hrdwds &amp; Bay Window! Fam Rm w/Hrdwds, Custom Cabinetry, Ceiling Fan, French Doors &amp; Slider to Deck Overlooking Private Backyard! 1/2 Bath w/Laundry Closet! Hall w/Dble Closet to the 2 Car Garage! 2nd Flr w/4 Spacious Bdrms w/Hrdwd &amp; Vinyl Plank Flooring! MASTER w/2 Walk-in Closets, Ceiling Fan &amp; Custom Tile MASTER BATH! Hall Bath w/Custom Tile Tub/Shower Surround w/Linen Closet! Don't Delay! <b>\$449,900.00</b></p>	

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<p><b>DUDLEY - 7 SHINE AVENUE</b></p> <p><b>SORRY, SOLD!</b></p> <p><b>1st Time Offered!</b> Better than new! 3100 Sq.Ft. of SPACIOUS LIVING! CAPE w/CONTEMPORARY FLARE! CLEAN, UPDATED &amp; SPACIOUS! .62 Acre Lot, 9 RMS, Living Rm w/Frplc &amp; scenic views, Open Flr Plan Kitchen/Dining w/Slider! 1st Flr Office, 2 Car Attd Garage, 2nd Flr Great Rm. <b>MASTER BEDROOM SUITE!</b>, 2-1/2 Baths! <b>\$549,000.</b></p>	<p><b>WEBSTER - 6 GREYSTONE</b></p> <p><b>New Listing:</b> Complete Remodeling taking place. Beautiful Ranch! A Must See! 5 rooms, 2+ bedrooms, 1-1/2 Baths, Garage, Level Lot. <b>\$329,900.</b></p>	<p><b>WEBSTER LAKE - 27 SOUTH POINT ROAD</b></p> <p><b>NEW PRICE!</b></p> <p>OOH! WHAT A VIEW!!! Middle &amp; South Ponds! Unique opportunity to Own Waterfront Property with an 80' +/- ft sandy beach! Fireworks from the comfort of your deck or lawn! .22 Acre &amp; 100' rd frontage - allows for expansion possibilities! 2 Bdrms, 2 1/2 Bath, Garage, open floor plan, 3 Season Porch for added enjoyment! Walk-out L/Level is heated with Full Bath! <b>\$999,900.</b></p>
<p><b>WEBSTER - 7 BRODEUR AVENUE</b></p> <p>RARE FIND - TO BE BUILT - SPRAWLING 2,200 SQFT+ RANCH HOME! GARAGE Level 1/2 Acre Lot! FOUNDATION IS IN. Private backyard. GREAT LAYOUT! SOLID HARDWOOD FLOORS THROUGHOUT!</p> <p>Seller will sell land, with improvements, Foundation w/Water &amp; Sewer connections in. <b>\$150,000.</b></p>	<p><b>WOODSTOCK • 540 NORWICH WORCESTER TURNPIKE RTE 16</b></p> <p><b>NEW LISTING!</b></p> <p>Can't miss this one! Elegant authentic colonial on Historic Woodstock Hill! Loads to offer. "English" Antique Barn, custom built Greenhouse, Separate office space in the original Woodstock Post Office! 2 Living rooms, dining room, newly renovated Kitchen. 4 bedrooms. Offers SOO Much More! <b>\$689,500.</b></p>	<p><b>LAND: WEBSTER/OXFORD/PUTNAM</b></p> <p><b>OXFORD - NEW LISTING!</b> LAND - General Business Zoned! Marijuana OVERLAY DISTRICT! LAND with 4,095 SF Metal Building! 124 SOUTHBRIDGE RD (RTE 20). Town Sewer Project Plans are Approved. 22,884 sq. ft Level Lot. 140 ft of road frontage. <b>EXPLORE THE POSSIBILITIES! \$795,000.</b></p> <p><b>OXFORD - LAND - RTE 20 General Business Zoned! Marijuana OVERLAY DISTRICT! Vacant LAND, Level &amp; cleared. 39,549 SF. <b>ON DEPOSIT \$419,000.</b></b></p> <p><b>Putnam - LAND Zoned General Business 29 acre 103' frontage. Water, Sewer, &amp; city gas available. 2 street entrances. <b>\$125,000.</b></b></p> <p><b>Oxford - 2 Merriam Rd 80 +/- Wooded Acres in Oxford &amp; Charlton. <b>ON DEPOSIT \$329,000.</b></b></p> <p><b>Webster - Cooper Rd - 3 BUILDABLE LOTS! Water &amp; Sewer Access! <b>SORRY, SOLD! \$79,900.</b></b></p>

**On the shores of Lake Chargoggagoggmanchauggagoggchaubunagungamaugg**

<p><b>WEBSTER LAKE - TREASURE ISLAND #503</b></p> <p><b>NEW PRICE!</b></p> <p>Magazine Worthy Decor! New Kitchen with island, flooring, baths, gas fireplace! Newer Furnace. Completely furnished. 6 rooms, 2-1.2 baths! 2 deeded boat slips. Salt Water Pool, Sandy Beach! <b>\$649,900</b></p>	<p><b>WEBSTER LAKE LOT- 22 SOUTH POINT RD</b></p> <p>Very Rare, Lot offering! Enjoy, Fun in the Sun! Swimming, snorkeling, kayak, ice fishing! Water &amp; Sewer Laterals connections are on the lot! Betterments Paid! 5,029 S.F. +/- of land. You may even want to Build! Architectural Plans Included. <b>\$315,000.</b></p>	<p><b>WEBSTER LAKE - 13 LOVELAND ROAD</b></p> <p><b>OPEN HOUSE : 7/17 • 12-2</b></p> <p>Eastern Exposure &amp; Amazing Sunrises! Beautiful shoreline, on highly sought after South Pond. 3 bedroom Cape features eat in kitchen w/island, fireplace living &amp; dining room. 2nd floor, 2 bedrooms with 1/2 bath! Lower Level walkout, fireplace Family Room!! Half bath. A home for all seasons. New Shore Master Docks &amp; Ramp. <b>\$850,000</b></p>
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**12 Elliot Dr ~ \$124,900**

**THOMPSON:** Multi-level home, detached garage, inground pool, manicured grounds

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**DUDLEY:** 18 acres, Seller Motivated, may be a possible lot to be subdivided

**126 Old Southbridge Rd ~ \$400's**





**SKILLSUSA**

continued from page A1

“Our competitors are a highly motivated local contingent that successfully competed against the top peers from the likes of Michigan, Ohio, and Texas.”

The following students from BVT placed in the top 10 at the 2022 SkillsUSA National Leadership and Skills Conference Championships and earned Skill Point Certificates. More details are available at [www.valleytech.k12.ma.us/skillsusa](http://www.valleytech.k12.ma.us/skillsusa).

**Bellingham**  
4th place: Sara Lewis, Principles of Technology

**Blackstone**  
National Voting Delegate: Haley McKinnon  
Gold: Daniel Cardone, Web Design  
Bronze: Allana Atstupenas, CNC Turning Specialist  
5th place: Andrew Konicki, Entrepreneurship; and Kyle Penta, Entrepreneurship

**Douglas**  
National Officer  
Elect: Hunter Claflin

Gold: Brett Staples, Web Design; and Bryan Wheeler, Robotics & Automation Technology  
4th place: John Kearney, Additive Manufacturing; and Chloe Vesco, Additive Manufacturing

**Grafton**  
5th place: Nicholas Valoras, Entrepreneurship

**Hopedale**  
National Voting Delegate: Camila Ramirez

**Mendon**  
National Voting Delegate: Samantha Stephens

**Millford**  
Skill Point Certificate: Mayra Desousa, First Aid/CPR

**Millbury**  
Gold: Julia Drapeau, Health Occupations Professional Portfolio

**Millville**  
8th place: Natalie Lambert, Culinary Arts  
10th place: Myra Dehestani, Prepared Speech

**Sutton**  
Skill Point Certificate: Benjamin Judson, Automotive Refinishing Technology  
Benjamin has been

invited to compete in the 2023 Worlds Skills Competition in France.

**Upton**  
5th place: Chloe Terrell, Entrepreneurship

**Uxbridge**  
National Voting Delegate: Mia Bellacqua  
Gold: Riley Holt, Mechatronics; Robert Mellen, Mechatronics; Adam Pratt, Robotics & Automation Technology  
4th place: Autumn Herrick, Telecommunications Cabling  
About Blackstone Valley Regional Vocational Technical

High School (BVT) Blackstone Valley Regional Vocational Technical High School serves the towns of Bellingham, Blackstone, Douglas, Grafton, Hopedale, Mendon, Millford, Millbury, Millville, Northbridge, Sutton, Upton, and Uxbridge. Located in the heart of the Blackstone Valley, BVT creates a positive learning community that prepares students for personal and professional success in an internationally competitive society through a fusion of rigorous vocational, technical, and academic skills.

**KILIK**

continued from page A1

born on June 9, 1921, in Worcester. He moved to Grafton at the age of nine in 1930 and grew up on his family's farm on Brigham Hill Road where he “picked apples and milked dairy cows.” He graduated from Grafton High School in 1939, according to reports.

After high school, Kilik enlisted in the U.S. Army Air Corps and served honorably from May 1942 to September 1945. A town statement added that he was an engineer-mechanic and a tail gunner on a B-25 Liberator in the 57th Bomb Squad.

“He flew 66 combat missions over Southern France, Corsica, Algiers, and the Congo,” the town reported, adding that Kilik is the recipient of the Distinguished Flying Cross and holds his service record as a point of personal pride.

In 1945, Kilik returned to Grafton and began a 33-year career working for Coes Knife Co. in Worcester. He started his career as a machinist and retired in 1986 as a Superintendent. Today, he spends most of his time with family, the town statement said; he has three daughters, six grandchildren, and seven great-grandchildren.

**UXBRIDGE** — Whitin Intermediate School has released its honor roll for the third term of the 2021-2022 school year.

**Grade 7**  
High Honors: Ammar Alomar, Bradley Anderson, Iain Andrews, Connor Antobenedetto, Nicholas Arruda, Hadassah Calixto, Isabela Chapman, Skylar Daniels, Miranda ElTurkmani, Lindsay Genoa, Mallorie Hallfelder, Jordan Hilgenberg, Samantha Huth, Emrie Kling, Madsion Labonte, Dominic Mastroianni, Braelyn Matheson, Kaia Mollica, Mia Ouellette, Nicolis Polselli, Hannah Samolinski, Noah Samolinski, Rachel Scott, Maddilyn Silva, Sarah Stark, William Stark, Gabriel Stone  
Honors: Aaron Alves-

Thomas, Clarah Avery-Boyer, Aubrey Beland, Gabriela Belanger, Ava Cahill, Susana Casper, Alex Channing, Dolan Comforti, Ashton David, Joao Pedro de Souza Rodrigues, Dylan Demers, Parker Dery, George Eissa, Ava Fenner, Daniel Ferreira, Alyssa Friis, Savannah Gasset, Olivia Gauthier, Nathan Goryl, Cameron Gray, Brian Guertin, Yasmin Higa, William Hinchcliffe, Elaina Horgan, Lucas Jastremski, Brooklyn Kaferlein, Julie Lafontaine, Logan Lalakidis, Joshua Lavergne, Charlotte Lewis, Sydney Loiselle, Benjamin O'Neill, Nathan Oliveira, Caiden Pellegrino, Lauren Pitner, Charlie Roy, Chawanvit Sillapachairuang, Caroline Simonds, Lelia Sjogren, Kai Torku, Kumani Torku,

Samuel Weeks  
Grade 6  
High Honors: Taylor Anderson, Kaylee Arsenault, Sophia Bombard, Evan Bourgeois, Elyse Bousquet, Kendra Cabana, Ecstasy Calderon, Matteo Casasanta, Jaidyn Deluca, Tucker Denicotolis, Jacob Dzivasen, Ryan E. Fitzgerald, Logan Fleming Paige Foley, Margaret Fox, Violet Fratus, Casey Griffiths, Emma Harney, Lola Hawkins, Everett Hazel, Ashton Khondker, Jessica Labonte, Bronwyn LaChapelle, Katelyn Laflamme, Logan Leshinski, Abigail Livingstone, Ryder Lovell, Clayton Maracle, Olivia Mazzola, Cooper McCuin, Carly McKay, Thomas Newhall, Nadia Nolan, Elijah Norman, Shea

Paxton, Zooley Pominville, Jack Postero, Olivia Rivet, Gabriel Rodrigues, James Sadd, Emmett Sharr, Kimora Smith, Mason Soucy, Abigail Spiecker, Adeline Tartakoff, Avery Wood, David Zaitoun  
Honors: Nina Bandstra, Cooper Bartlett, Emily Cabral, Nathan Felts, Elliot Gnatek, Nathaniel Kinyanjui, mtthew Lambert, Madyn Lane, Jacoby Martins, Mazzy Martone, Salah Mohamed, Isaac Nagle, Hayden O'Toole, Marissa Pirrotta, Sarah Pomeroy, Colin Reardon, Kyle Reardon, Ava Rosborough, Blake Rosborough, Dylan Shay, Piper Sullivan, Sarah Szajna, Jaxon Thomas, Kevin Vietro

# Whitin Intermediate School honor roll



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# SPORTS

## Northbridge, who 'needed this game,' scores 10 unanswered runs to beat Sturbridge



Jason Mckay photos

Northbridge's Mike Shorey gets ready to release a pitch to the plate.



Zach Feeney of Northbridge sets himself and throws the ball over to first base.

Laflamme gave Northbridge the lead for good, 3-2, in the third inning. After being hit by a pitch Laflamme went to second base on a wild pitch and third on a single by Landry. He scored on a single to right field by Feeney.

Post 343 broke the game open in the fourth inning, taking an 8-2 lead by scoring five runs on five hits, two walks, a sacrifice fly and a Sturbridge error. Laflamme and Athanas both drove in two runs with singles to left field, and Landry delivered the fifth run with a fly-ball out to left field.

The eight runs was more than enough for Shorey — although Post 343 did add a pair of runs in the sixth inning to account for the 10-2 final score — who threw just 79 pitches and didn't walk a batter.

"Mike locates and changes speeds very well," Demagian said of Shorey, who is left-handed. "I don't know (Shorey being left-handed) bothers the other team. It's something they don't see a lot of because there are not a lot of lefties out there. He's a good one, though, we're glad to have him."

Shorey said he wasn't worried when he walked back to the dugout in the middle of the first inning trailing 2-0.

"I just try to throw strikes when I'm out there," said Shorey, a Northbridge grad who will be starting his sophomore year at Anna Maria next month. "I know I have a good defense behind me so I'm just trying to pitch to contact. I was a little shaken up in the first inning, but not worried; I hadn't pitched in a week. I knew (the defense) was going to figure it out for me; they always do."

Sturbridge manager Jim Rosseel, who was disappointed by the loss, remains upbeat.

"After tryouts we knew we had no pitching," Rosseel said. "I had a bunch of (roster) spots available so I went for the young kids. I said to myself, 'it doesn't matter; you've got no pitching so you're not going to go anywhere.' So I decided it was time to start young again and get the young kids a year of experience so they know what to expect next year."

Post 109 has routinely had less than a dozen players at its games this summer.

"The beauty of only having 9, 10, or 11 guys at each game is that a lot of kids that didn't plan on getting a lot of playing time have gotten more than they expected," Rosseel said. "And that's invaluable."

BY KEN POWERS  
SPORTS CORRESPONDENT

NORTHBIDGE — Nick Laflamme and Zach Feeney both went 3-for-4 and drove in two runs and pitcher Mike Shorey tossed a complete-game four-hitter to lead the Northbridge American Legion Post 343 baseball team to a 10-2 win over Sturbridge Post 109 on Friday, July 8, at Lasell Field.

"We needed this game," Northbridge coach John Demagian said. "We needed it bad."

Post 343, which started the season 6-1, had lost eight of nine — and four in a row — heading into Friday's game against Sturbridge.

"When we put the ball in play, when we hit the ball, we're pretty good," Demagian said. "We beat Milford to go 6-1, and then we were 1-8 since, until today. Now we're 8-9. It's been a tough stretch, we've struggled scoring runs."

Sturbridge (0-17) jumped out to a 2-0 lead in the top of the first inning.

David Seaver (two hits) got things going by reaching base on an infield single and moved to second when the throw to first was off the mark. Seaver put Post 109 ahead, 1-0, racing home when the next batter, Keenan Wetherbee, doubled to the gap in right-center field. Wetherbee advanced to third on a groundout by Brandon Phillips and scored — to extend the Sturbridge lead to 2-0 — on a sacrifice fly off the bat of Devin Krochmalnyckj.

"When they got two in the top of the first I thought maybe it was just going to be one of those days," Demagian said.

But it wasn't because Northbridge scored the final 10 runs of the game.

Post 343 tied the game, 2-2, in the bottom of the first.

Laflamme led off with a triple and scored to cut the Northbridge deficit

to 2-1 on an errant throw to third base in an attempt by Sturbridge to catch him napping. Northbridge's next batter, Cam Athanas, walked, advanced to second on a Post 109 error, and went to third on a groundout by Matt Landry. Athanas scored to tie the game, 2-2, on another groundout, this one by Feeney.

Northbridge finished the game with 13 hits, but it was the first one — the triple by Laflamme — that got Post 343 going.

"I was looking to attack first pitch and hopefully get on base; it felt good off the bat," said Laflamme, who turned on the first pitch, a fastball, and sent it to deep left field. "It was a good way to start the game; I felt like it really got us going."

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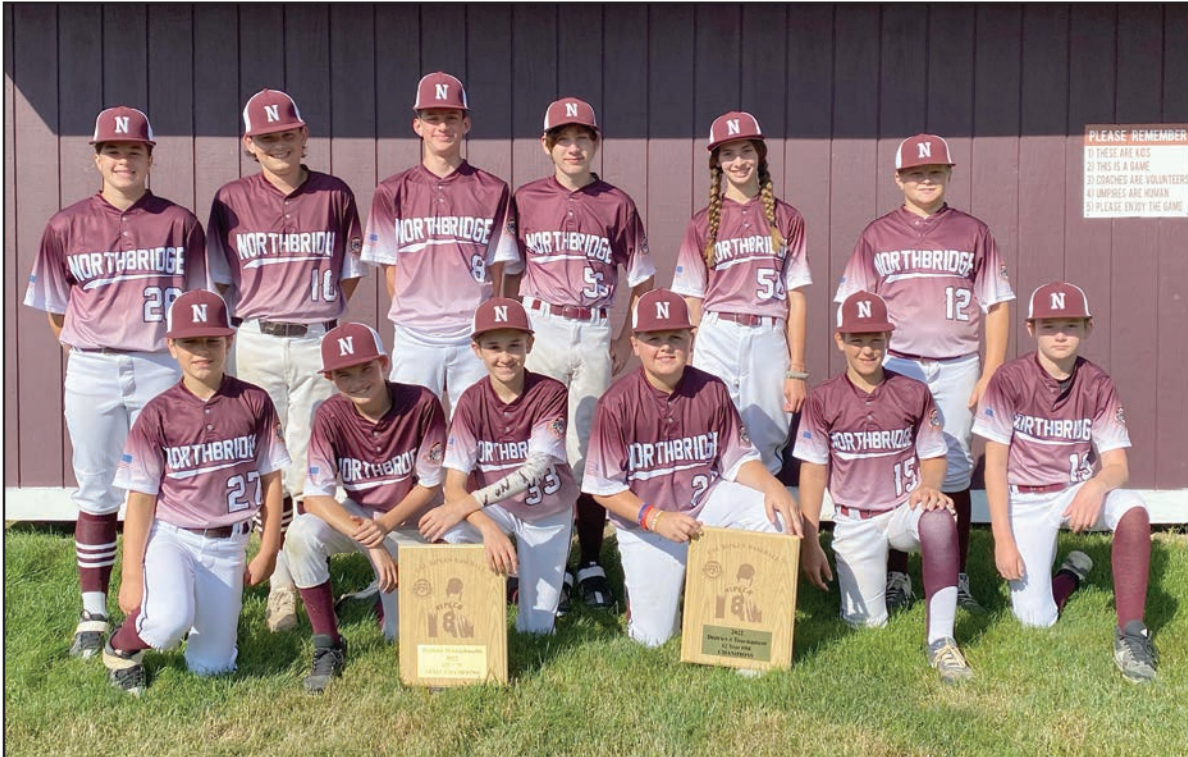
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# SPORTS

## Undefeated Northbridge 12U Cal Ripken All-Stars are State Champions



Courtesy photo

The Northbridge 12U Cal Ripken All-Star team won the State Championship and will head to the New England Regionals.

It has been nothing short of a spectacular season for the Northbridge 12U Cal Ripken All-Stars. So far on the season the team is 13-0 heading into the New England Regionals.

First, Northbridge went 4-0 in a Father's Day Tournament, defeating Uxbridge, Medway, Greenfield and Mohawk.

Then, in Districts, Northbridge went 2-0 in pool play to earn the No. 1 seed for playoffs. They then beat Douglas in the semifinals and fell behind Nipmuc in the finals 7-2 before battling back to tie it. The game went to extra innings, where Northbridge won it on a walk-off home run in the bottom of the seventh inning.

In the State Tournament, Northbridge went 3-0 in pool play defeating Maynard, Narragansett (in nine innings) and Mohawk. That propelled Northbridge into the No. 2 seed heading into playoffs. The locals beat Greenfield in the semifinals 5-3, hitting a pair of homers and getting a stellar pitching performance from Avery Schneider (complete-game gem on 66 pitches). Northbridge then faced Nashoba in the final and despite being

behind for much of the game, they battled to tie the game in the fourth at 2-2. Northbridge then won the game on a two-run line drive single to right field while being down to the last strike with two outs. Another complete game gem of a pitching performance was turned in by Devin Lavallee.

On the season Northbridge has hit 18 homers in 13 games. They have scored 102 runs in those games and have only allowed 43 runs (25 earned runs). Solid base running has also been key to Northbridge's success, as they have 103 stolen bases while only allowing 42 steals while on defense.

The Northbridge 12U Cal Ripken All-Star team includes Devin Lavallee, Kyle Post, Brady Dizenzo, Ryder Meagher, Tyler Desousa, Maya Macleod, Miles Gorman, Avery Schneider, Shane Paulhus, Damien Manosh, Rory Lamonda, James Flaherty, head coach Trevor Schneider and assistant coaches Rich Paulhus, Mike Manosh, Rick Gorman and Chet Dizenzo.

The Regionals are set for the week of July 15-21 in New Milford, Conn.

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Pictured, left to right, facing, are Laura Neil, program Coordinator Ruth Anne Bleakney Senior Center, Milford, and Mike Shain, Founder and president of Thanks To Yanks, a local non-profit, that serves our military families. Recently, these two groups partnered in a campaign to send cards of thanks to those currently deployed. Shain added "letting those who serve know that they are appreciated and not forgotten is a prime mission of Thanks To Yanks" for addition information on Thanks To Yanks, please like them on Facebook, the cards final destination will be the deployed 182nd infantry battalion of the Massachusetts National Guard, stationed in the Middle East.

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