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# WEBSTER TIMES



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Fire



Water



Mold



Storm Disaster



Commercial



Biohazard

Dudley  
begins work  
on new  
playground

BY JASON BLEAU  
CORRESPONDENT

Free by request to residents of Webster, Dudley and the Oxfords

©2025, Issue #28      SEND YOUR NEWS AND PICS TO NEWS@STONEBRIDGEPRESS.NEWS      Friday, July 11, 2025



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# Dudley selectmen add patrolman, approve revised Hazard Mitigation Plan

BY JASON BLEAU  
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DUDLEY — The Dudley Board of Selectmen approved a pair of requests from the Police Department and Fire Department which will help foster growth in the police force and sets in place a new hazard mitigation plan for the next five years.

At the Board of Selectmen's June 23 meeting, selectmen voted to declare a vacancy for a new patrolman and approved the Hazard Mitigation Plan which has been months in the work by the town's emergency personnel. Both votes will allow the individual departments to proceed with processes that will help keep Dudley more secure and prepared for any potential emergency.

The first vote was to allow police Chief Marek Karłowicz to proceed with hiring a new patrolman which will increase the force to 17 staff members. Adding a new patrolman was approved during the annual town meeting in May. Chief Karłowicz said he was excited to officially bring the position to the department.

"For over 20 years, our department has been at 16 while our town grew 25 percent — this is going to cut back on some overtime hopefully," said the Chief.

The Chief also gave an update on an existing patrolman vacancy which had proven to be difficult to fill due to a lack of qualified candidates. However, the most recent job post resulted in a much better turnout.

"I was very surprised to get ten applicants this time, including two that are possible transfers. I was very happy with the outcome in such a short span of time," the Chief said.

The police department will now proceed with its hiring process for both positions with the hopes of having them filled within the next few months.

Meanwhile the fire department also received some good news from the Board of Selectmen with the approval of the newly revised Hazard Mitigation Plan, a vital resource that provides a blueprint for keeping Dudley prepared for any potential disasters that might strike the region. The plan was the focus of several public hearings dating back to late 2024. It has been reviewed and approved by the Massachusetts Emergency Management Agency (MEMA). Chief Dean Kochanowski revealed to selectmen that the document had also been approved by federal authorities as well.

"FEMA finally approved our plan," said Kochanowski. "It'll be good for another five years. There are a few grants out there that are pending that need this to be approved."

The Board of Selectmen's approval was the final step in the plan's revision process. The document will allow Dudley to qualify for a variety of pre-disaster mitigation grants while setting the standard for future improvements to better prepare Dudley for disasters before they happen.

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Turn To **LEGACY** page **A10**

# Webster-Dudley-Oxford Chamber awards scholarships



Scholarship committee members and award recipients, from left, Brenda Sullivan, Savannah Steiner, Adam Phillips, Aidan VanArsdalen, Carl Kaliszewski, Lisa Prince, Anthony Avoglia, and Lily Durda.

WEBSTER — The Webster-Dudley-Oxford Chamber of Commerce awarded scholarships to five local high school students who are headed to college in the fall. The awards ceremony was held in June at The Mill at French River.

The scholarship recipients were Bartlett High School graduate Adam Phillips, who is planning a career as a physician's assistant, Shepherd Hill graduate Lily Durda, pursuing a career in dentistry, Oxford High School graduate Aidan VanArsdalen, planning a career in nursing, Bay Path Regional graduate Savannah Steiner, also pursuing a career in nursing, and Philip L. Hopkins Memorial Scholarship awardee Anthony Avoglia, whose

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The WDO Chamber of Commerce scholarships are funded by proceeds from an annual golf tournament sponsored and supported by Chamber members.

This year's Scholarship Committee included WDO Chamber Director John Milas, Webster Five Market Manager Brenda Sullivan, Tri-Valley Inc. CEO Lisa Prince, who presented the scholarships, and 511 Financial Managing Partner Carl Kaliszewski.

The scholarship event for awardees and their families at The Mill featured an ice cream social, provided by The Broadway restaurant in Worcester.

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That brings us to the Recreation Commission's most recent meeting in June where they determined how the project will be celebrated. The commission decided to forgo a formal groundbreaking, but member Jennifer Cournoyer recommended the town host a ribbon cutting when the time is right to allow local kids to be the first to enjoy the space.

"I think a ribbon cutting is good with the kids and everything, making that a big event," she said.

Work on the playground officially began on July 1. As part of the grant requirements the project must be completed before the end of June 2026. The Recreation Commission feels the playground will be complete and opened long before that deadline.





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# Dudley begins work on new playground

BY JASON BLEAU  
CORRESPONDENT

DUDLEY — Work has commenced on the new Richard Carmignani Sr. Playground which will replace the closed and worn-down Fun Zone at the Dudley Municipal Complex. Over the first half of 2025 Dudley's Recreation Commission has worked to finalize the details of the project and now residents will start to see the project finally take shape.

The project was approved last year but not before voters demanded a splash pad element be removed. The playground will find its home directly beside the rear parking area of the Municipal Complex, uphill from the current Fun Zone in an area currently utilized for vehicle storage. The design was handled by Radner Design Associates and includes a selection of playground staples like slides, swings, a see saw and more with a walkway through the middle and a path through a wooded area behind the grounds. Voters approved a price tag of \$704,410 with reimbursement through a Parkland Acquisitions and Renovations for Communities (PARC) grant.

In February the Recreation Commission contemplated several options for the purchase of playground equipment: Gametime, Kompan, and Landscape Structures. While Gametime was the primary choice of the commission, Landscape Structures had provided an alternative cheaper option to their initial bid in their proposal. The commission held off on making a decision until March to allow the other bidders a chance to match the offers. In March they solidified their decision to partner with Gametime at roughly \$163,000 for the equipment. In May the commission made their final decisions on the precise equipment they would purchase.

The next step was picking a contractor to actually work on the site. The bidding process began in April and by June the town had announced a winning bid. According to town records, Landscaping by J. Michael was awarded the bid for \$426,800. The company will clear and create the space for the playground and install the new equipment and furniture as it arrives.

That brings us to the Recreation Commission's most recent meeting in June where they determined how the project will be celebrated. The commission decided to forgo a formal groundbreaking, but member Jennifer Cournoyer recommended the town host a ribbon cutting when the time is right to allow local kids to be the first to enjoy the space.

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# Officials denounce conservation cuts

BY KEVIN FLANDERS  
STAFF WRITER

REGION—The Healey-Driscoll Administration joins officials statewide in condemning the Trump Administration's cancellation of more than \$45 million in funding to accelerate conservation efforts across

Massachusetts. The cuts include a \$20.8 million award from the U.S. Department of Agriculture to Massachusetts that would have provided long-term protections for farmlands, forests, and wetlands. State officials said the

funding was slated to assist farmers and forest landowners, particularly in small, rural communities. Funds would have been used for projects carried out by a coalition of state agencies, land trusts, and municipalities.

Additionally, the Trump Administration has canceled a \$25 million grant to Mass Audubon that was set to protect more than 10,000 acres of forests and wetlands along the Connecticut River. "President Trump is yet again taking action that will hurt Massachusetts' rural communities, farmers, and economy," said Gov. Maura Healey. "This is funding that would have been used to ensure clean water, provide access to fresh local food,

and support our agricultural economy. President Trump is making us less healthy and weakening our economy. He should reverse these cuts immediately."

The cuts will have several negative financial impacts on rural communities, officials warn.

"These grants are essential for preserving farmland, protecting wetlands to reduce flooding risks, and maintaining forests that attract tourism and outdoor activities," said Lt. Gov. Kim Driscoll. "Cutting these funds puts extra pressure on local budgets, threatens rural jobs, and leaves our communities more vulnerable to disasters."

With Bay Staters having faced emergencies resulting from floods, droughts, and wildfires in recent years, state and local officials are calling for increases in municipal preparedness initiatives and other protections, not cuts.

"When we stop protecting natural lands, we lose

clean air, flood protection, and the ability to slow climate change," said Massachusetts Executive Office of Energy and Environmental Affairs Secretary Rebecca Tepper. "These places absorb carbon, shield our homes from extreme weather, and keep nature in balance. Without them, we all feel the impact."

Members of agricultural communities are also concerned by the cuts.

"Canceling this funding strips farmers of critical tools to keep their land in agriculture through voluntary conservation easements. These agreements help make farmland more affordable for the next generation while allowing farmers to stay on the land

and keep it productive," said Massachusetts Department of Agricultural Resources Commissioner Ashley Randle. "Without this support, farmers lose options – and some may be pushed to sell, putting local farming at risk."

Added David O'Neill, President and CEO of Mass Audubon, "When we terminate grants that conserve our forests, keep working lands working, act as a flood protection buffer for communities, and leverage millions from other funding sources, we all lose."

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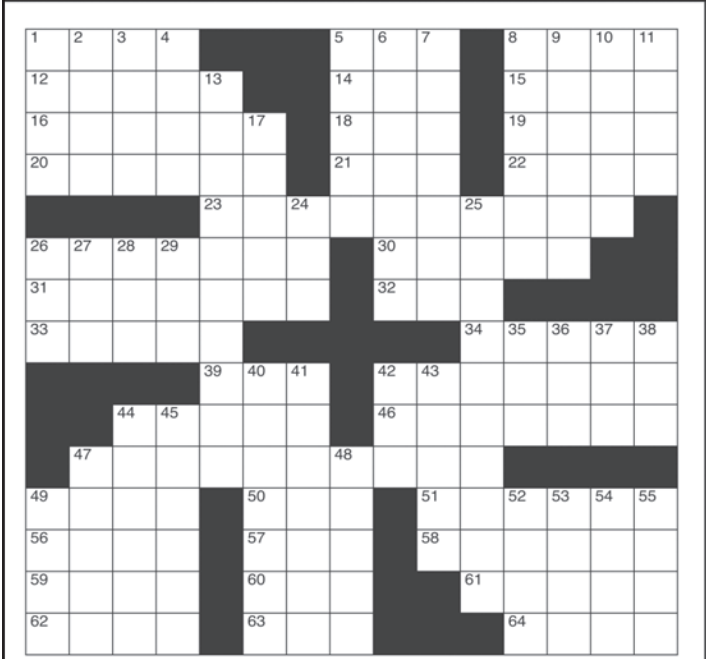
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- CLUES ACROSS
1. 50 percent

5. Records electric currents

8. Charlize Theron flick “\_\_ Flux”

12. More frosty

14. Disfigure

15. Sky color

16. A thoroughfare in a town or city

18. Actress de Armas

19. Spend time in a relaxed way

20. California peak

21. Lodging option

22. Small amount of a thing

23. Expresses sorrow

26. Keeps an ear warm

30. Babies (Spanish)

31. A conceited and self-centered person

32. No seats available

33. Pouches

34. Hip joints

39. A place to bathe

42. Evading

44. Minute, one-celled unit

46. Losing one's hair

47. A country in W Africa

49. One point north of northeast

50. Pointed end of a pen

51. Extreme

56. Norse personification of old age

57. Doctors' group

58. Member of U.S. Navy

59. Mens' fashion accessories

60. A way to allow

61. Gloomy

62. Grads wear one

63. Between south and southeast

64. Jaguarundi cat

- CLUES DOWN
1. Snakes do it

2. Hormone

3. The standard monetary unit of Turkey

4. Fixed charges

5. Electronic communication

6. Artilleries

7. “Strangers on a Train” actor

8. Burning

9. Makes ecstatically happy

10. Greek liqueurs

11. Tropical Old World tree

13. Someone who takes vengeance

17. Style of cuisine

24. Select

25. Immunized against disease

26. Old world, new

27. Honorable title (Turkish)

28. Court case: \_\_ v. Wade

29. Supervises interstate commerce

35. Not divisible by two

36. Twelve

37. Commentator Coulter

38. Encourage

40. Plumbing fixtures

41. Early

42. One point north of due east

43. King of Thebes

44. Short-tailed martens

45. Impose a penalty on

47. Consort of Poseidon

48. A way to lessen

49. Brooklyn hoops team

52. Female of a horse

53. Do as one is told

54. A way to prepare meat

55. Unit of measurement

PUZZLE SOLUTION

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## Volunteer to help clean up Webster Lake

WEBSTER — Volunteer to clean Webster Lake on July 12 from 9:30-11:30 a.m.! Volunteers needed to help clean up Memorial Beach and the shores and coves of the lake. If you have a boat or kayak, get a friend and clean up the shoreline near you.

If you are a Boy Scout/cub scout/girl scout or other youth group leader or just interested in helping and are looking for a 2-hour project, this is perfect. Meet at Memorial Beach on Saturday, July 12, tell the guard that you are here for the clean-up and you have registered. Bring your own gloves, trash bags, etc. Email lsopp00@gmail.com to register. All welcome. See you on Saturday!

## PET of the WEEK



**BAYPATH HUMANE SOCIETY OF HOPKINTON**  
*Small Shelter Big Heart*

**Junie B Jones**

Meet Junie B. Jones – A Quier Soul Ready to Bloom

After spending 322 days as part of a large cruelty case, Junie B. Jones is finally free — now she's searching for a very special home to call her own.

Junie is a shy, sensitive girl who has endured more than any dog should. She's still learning how to trust the world around her, she'll need a patient, understanding adopter who can help her feel safe at her own pace. Though slow to open up, Junie is incredibly endearing — she'll gently offer you kisses, loves the company of people she knows and trusts, and will proudly parade around with her favorite toys, which she adores even more than treats!

Helping Junie blossom will take time, but it will also be incredibly rewarding. Learn more, or apply at BaypathHumane.org.

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### TO THE EDITOR:

E-MAIL: news@stonebridgepress.news  
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**PUBLISHED BY STONEBRIDGE PRESS**

PRESIDENT AND PUBLISHER  
FRANK G. CHILINSKI  
860-928-1818 EXT. 103  
FRANK@SALMONPRESS.NEWS

BUSINESS MANAGER  
RYAN CORNEAU  
860-928-1818 EXT. 102  
ryan@salmonpress.news

OPERATIONS DIRECTOR  
JIM DINICOLA  
508-764-6102  
jim@stonebridgepress.news

EDITOR  
BRENDAN BERUBE  
508-909-4106  
news@stonebridgepress.news

PRODUCTION MANAGER  
JULIE CLARKE  
860-928-1818, EXT. 305  
julie@villagenewspapers.com

THE WEBSTER TIMES (USPS#024-928) (ISSN 1945-6611) IS PUBLISHED WEEKLY BY STONEBRIDGE PRESS, INC., 25 ELM ST., SOUTHBRIDGE, MA 01550. PERIODICAL POSTAGE PAID AT SOUTHBRIDGE, MA AND ADDITIONAL MAILING OFFICE(S). POSTMASTER: SEND ADDRESS CHANGES TO WEBSTER TIMES, P.O. BOX 90, SOUTHBRIDGE, MA 01550

## REAL ESTATE

### AUBURN

\$550,000, 208-B Pakachoag St, Fairbanks, Michele, to Clark, Andrew S, and Clark, Danielle.  
\$390,000, 1403 Forest Park Dr #1403, Golden Hbr Hmtead T, and Silvia, Dennis J, to Milberg, Victor.  
\$385,000, 305 Bryn Mawr Ave, Mars, Andrew P and Gelineau, Rebecca A, to Dion, Deven.  
\$333,000, 41 Hill St, Dakash LLC, to Eckbold, Talia.

### DUDLEY

\$450,000, 29 Charlton Rd, Dabrowski, Elaine, Wolenski, Kenneth, Barbour, Patricia, and Wolenski, Kenneth, W to Dezotti, Brenner A, and Dezotti, Carolina M.  
\$660,000, 10 Johnathan Pass, Rossi, Geilton, and Rossi, Rogeria, to Daaku, Obea.  
\$525,000, 330 Mason Rd Ext, Georges, Afaf, and Chahine, Jean, to Ober, Casey, and Ober, Patricia.  
\$125,000, 4 Wysocki Dr #18, Demon Deacon Realty LLC, to Thibodeau, Thomas.

### OXFORD

\$799,900, 36 Sullivan Blvd, Stone, Nathaniel, and Stone, Carrie A, to Carpenter, Matthew, and Carpenter, Margaret.  
\$760,000, 7-R Oxbow Rd, Mejia-Bernal, Maria A, to Georges, Afaf.  
\$699,900, 31 Joe Jenny Rd, Neverbuilt LLC, to Chavez, Norma F.  
\$655,000, 4 Arrowhead Dr, Hutchinson, Nason A, and Hutchinson, Michele A, to Cox, Ogochukwu M, and Cox, Philip A.  
\$440,000, 7 Ashton St, Acevedo, Marilyn, and Rodriguez, Hector, to Taylor, Chavani.  
\$219,500, 32 Thayer Pond Dr #12, Nader Realty Series LLC, to Stolberg, Paul.

### WEBSTER

\$1,100,000, 53 Colonial Rd, Barbara G Gomes T-2022, and Gomes, Barbara R, to Leo 3rd, Harry A.  
\$925,000, 25 Lincoln St, Daggett, Tracy L, to Rutters Brook LLC.  
\$625,000, 88 Union Point Rd, 88 Union Point LLC, to Fotos, Olga.  
\$382,500, 6 Batten St, Lemieux 3rd, Michael F, and Lemieux, Tessa, to Faircloth, Stacey L.  
\$339,900, 23 Brodeur Ave, Benkowski John Est, and Kelly, Richard P, to Pavone, Daniel E, and Pavone, Peggy A.  
\$228,000, 11 Highcrest Park #11, Legasey, Tracy L, to Lopez, Gilbert.

## ALMANAC

### OPEN TO CLOSE

#### DUDLEY

**DUDLEY TOWN HALL (508) 949-8000**  
Monday: 8:00 AM-6:30 PM (second floor offices),  
Tuesday-Thursday: 8:00 AM-4:00 PM, Friday: 8:00 AM-12:00 PM.  
**DUDLEY POLICE DEPARTMENT (943-4411)**  
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**DUDLEY FIRE DEPARTMENT (949-8040)**  
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**OXFORD TOWN HALL (508) 987-6027**  
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Wednesday ..... 9 a.m. to 7:00 p.m.  
Friday ..... 9 a.m. to 12:30 p.m.

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**OXFORD FIRE DEPARTMENT (987-6012)**  
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**WEBSTER TOWN HALL (508) 949-3850**  
Office Hours:  
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Tuesday-Thursday ..... 8 a.m. to 4 p.m.  
Friday ..... 8:30 a.m. to 12 p.m.

**WEBSTER POLICE DEPARTMENT (943-1212)**  
For emergencies, call 911  
**WEBSTER FIRE DEPARTMENT (949-3875)**  
Monday-Friday ..... 8 a.m. to 4 p.m.  
Saturday ..... 8 a.m. to 12 p.m.



# Building community with “courageous conversations”

BY GUS STEEVES  
CORRESPONDENT

CHARLTON — In a time where social media and other “communication” outlets seem geared to promoted conflict rather than communication, Michelle Chalmers is still focused on building common ground.

For years, the Charlton resident has been a racial justice educator, largely because her own family is biracial – her husband and two sons are black. While she went into marriage thinking our society was equal, she said she’s come to see it’s not, and the people who have the most influence on her children are white teachers and police officers.

“We all need to understand the system in which we live,” Chalmers told a recent meeting of the new Central Mass

Common Ground, a group aiming to bridge political and social differences in the area.

It meets at Charlton Library, and has members from Charlton, Sturbridge, Southbridge and Woodstock, among other towns.

For her, that exploration led to seeing a need for ways to build common ground among people who might not see it at first. That’s not something widely taught in schools or other public settings; she said we’re “not taught how to actively listen,” but that’s “a skill we can learn in all of our relationships.”

“Sometimes, these courageous conversations can be triggering and difficult,” she added.

Chalmers has been doing it for years, mostly using a system she calls “transformational con-

versations.” The basic goal is to help people find common interests that will enable them to maintain (or create) relationships with the people they might disagree with.

It’s mostly based on the ideas of Dr. David Campt, whose website dubs him “The Dialogue Guy.” The site describes its goal as helping people who “know that they have the internal wisdom to better address complex problems but also know they are not operating at their highest potential” to unlock “the power of dialogue for improving inclusive decision making.”

“Dialogue in a small group of people is a critical process for exploring the power of group intelligence, and we are certainly passionate advocates of this approach to engaging groups,” a dif-

ferent page states. “But we also believe that an organization’s or community’s problems sometimes require the engagement of more diverse voices than can be in one small group.”

Chalmers said Campt uses the acronym RACE as his method’s core concept to promote “engaging with empathy.”

The R is for “reflect and relax” – taking a moment to assess how you feel when someone says something you dislike. She noted people often get defensive, but don’t know why, and it helps a lot to “get more comfortable being uncomfortable in such situations.”

Chalmers encourages using a basic deep breathing exercise “when we want to freak out” – inhaling for a count of five, holding it for two, then exhaling for seven –

a few times in succession. While doing so, consider whether you should really respond now, later, or ever.

If you do so, Campt’s A is for “Ask for understanding.” The speaker might be using terms in a way that’s different from how you’d use them, or you might have missed a key point. Ask them how they came to see its meaning that way – did they experience something that taught it to them, or did they hear it from others?

That leads into the C, which means “Connect” – sharing lived experiences that might be similar or how they’re different, leading to common ground. (As Chalmers’ handout describes it, this step is to “find the chocolate in the trail mix.”)

Finally, the E means “Expand” on those expe-

riences, to promote wider understanding.

Chalmers asked participants to think about what they can agree on that will enable a shared next step. The key is to try to understand the other person’s story before expressing your own, and she noted “try not to use the word ‘but,’ and replace it with ‘and.’” But “negates all you just said,” while and continues the thought and adds to it, she noted.

After her summary of the concept, a couple people came forward to roleplay scenarios of disagreements from their personal experience. The group decided they’ll have brief roleplay sessions in future meetings.

Gus Steeves can be reached at gus.steeves2@gmail.com.

## Nichols College board elects new chair, vice chair, trustees

DUDLEY — At its May 2 meeting, the Nichols College Board of Trustees elected David G. Bedard as the new Chair and Jaime Paris Boisvert as the new Vice Chair of the 27-member board. During the academic year, the board also elected Edmond J. (E.J.) Landry and Taylor Cornell as new trustees.

Bedard is a 1986 graduate of Nichols and has been a member of its board since 2011, serving on the Executive and Finance committees and as chair of the Audit Committee. He succeeds Randy Becker, a member of the board since 2006, and chair for the past three years. Bedard is a retired financial services executive with 35 years of experience, most recently as senior vice

president and head of New York Life’s Finance Services Organization, the company’s global shared services group in New York City. A native of Shrewsbury, he currently resides in Estero, Fla.

Paris Boisvert, a 1998 graduate of Nichols, was elected to the board in 2021 and has served on the Executive and Finance committees and as chair of the Academic & Faculty Affairs Committee. She succeeds Carolyn Burke, a trustee since 2015 and vice chair for the past three years. Paris Boisvert is the executive director for global development in the Sustainable Infrastructure division of Johnson Controls, which is known for delivering

outcome-based infrastructure solutions. She resides in Woodstock, Conn.

New trustees Landry and Cornell began their terms in the 2024-2025 academic year.

Landry is a 1986 graduate of Nichols and a retired partner at Deloitte. He is a seasoned financial expert, and risk and controls expert, with significant experience auditing and consulting with companies in the life sciences (med device), technology and manufacturing industries. Prior to his role on the trustees, Landry served a three-year term as co-chair of the college’s Board of Advisors. He resides in Franklin, New Hampshire.

Cornell graduated

from Nichols in 2024 with a degree in general business and minors in psychology and criminal justice. As a student, she founded the Bison Pantry to help address food insecurity on campus, played a key role in establishing the Equestrian Club, was an inaugural member of the women’s golf team, and served as vice president of student advocacy on the Student Government Association. Currently, she is a financial aid officer at Keiser University in Sarasota, Fla., and vice president of the Haiti Plunge program board of Berkshire County. She resides in North Port, Fla.

About Nichols  
Nichols College has earned business accred-

itation from the prestigious Association to Advance Collegiate Schools of Business (AACSB International), the longest serving global accrediting body for business schools and the largest business education network connecting learners, educators, and businesses worldwide. Founded in 1815, Nichols College transforms today’s students into tomorrow’s leaders through a dynamic, career-focused business

and professional education. Nichols offers real-world learning focused on professional depth - combined with vibrant living, competitive athletics, and an unmatched alumni advantage - equipping students to exceed their own expectations. www.nichols.edu

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## Cornerstone Bank promotes Elizabeth Dunn to vice president of benefits



WORCESTER — Cornerstone Bank, a community bank with locations throughout Central Massachusetts, is pleased to announce the promotion of Elizabeth Dunn to vice pres-

ident of benefits. She previously served as assistant vice president, HR business partner. In her new role, she will lead the development, implementation and management of Cornerstone’s employee benefits programs, ensuring compliance, cost-effectiveness and employee satisfaction, while also advising on strategic planning and vendor relationships.

“Lyz has more than a decade of valuable experience in her field, and is intimately familiar with our culture,” said Cornerstone CEO Todd Tallman. “She has demonstrated expertise in administering and overseeing comprehensive benefits programs, ensuring compliance with federal and state regulations while mon-

itoring the effectiveness of our health and welfare offerings.”

Dunn is a Nichols College graduate and a member of the Society for Human Resource Management. She also volunteers with Habitat for Humanity and the Community Harvest Project.

About Cornerstone Bank

Cornerstone Bank was formed in 2017, born of a long history of supporting the community, and providing a strong foundation to help people and businesses thrive. Serving Worcester County, Massachusetts, Cornerstone Bank’s local presence and community-based banking model enables a unique ability to deliver outstanding service, with a personal touch.

Cornerstone, which is a subsidiary of PeoplesBankCorp, MHC, operating independently under its own name and brand, provides the highest level of service and expertise for individuals, businesses, and community organizations with branch locations throughout Central Massachusetts. Cornerstone works to connect customers with opportunities through a broad range of deposit and loan products and services. Built on Trust is not just a tagline, but also one of our guiding corporate values. Whether a business or personal partnership, Cornerstone stands on the foundation that relationships are built on trust. To learn about Cornerstone Bank’s personal and business banking offerings, please visit [cornerstone-bank.com](http://cornerstone-bank.com) or call 800-939-9103.

## Local students named to Dean’s List at Saint Michael’s College

COLCHESTER, Vt. — The following local residents were named to the Dean’s List at Saint Michael’s College for the Spring 2025 semester. Students who complete at least 12 credits of classes and achieve a grade point average of at least 3.5 in a particular semester are cited on the Dean’s List for that semester.

Austin C. Brush of Dudley

Nicholas D. Lindberg of Dudley

Bernadette E. Lesieur of Oxford

About Saint Michael’s College

Saint Michael’s College, founded in 1904 on principles of social justice and leading lives of purpose and consequence, is a

selective, Catholic college just outside Burlington, Vermont, one of the country’s best college towns. Located between the Green Mountains and Lake Champlain, our closely connected community guarantees housing all four years and delivers an internationally respected liberal

arts education, preparing students for fulfilling careers and meaningful lives. Young adults here grow intellectually, socially, and morally, learning to lead with empathy and professionalism, and to be responsible for themselves, each other, and their world.

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Road Test and Lift Inspection



# PEARLE L. CRAWFORD LIBRARY

40 Schofield Ave., Dudley  
508-949-8021  
The Library will be closed Friday, July 4th.

There is so much happening at the Library this month! In addition to Summer Reading- Level up Your Library Game, we will be celebrating SHARK WEEK from Monday, July 7 – Friday, July 11. There will be crafts, trivia and shark related photo ops too! Don't forget our 15 Year Anniversary celebration is Thursday, July 10th 4:00-7:00.

To register for events, or sign up for the newsletter go to [www.crawfordlibrary.org](http://www.crawfordlibrary.org) or call 508-949-8021.

Gentle Yoga  
Mondays in July  
10:00-11:00 AM  
Join yoga instructor Patricia, for a traditional “on the mat” yoga class with chair yoga modifications. This truly is a one size fits all class.

Bring your own mat. Wear layers, do not eat heavily 1.5-2 hours before class. Registration is Required.

Mahjong at the Pearle  
Every Wednesday in July  
10:00-12:30 Fels Community Room  
The game consists of players competing to form distinct sets or pairs of tiles, similar to gin rummy.  
Everyone welcome, registration not required.

Quilting Group  
Every Wednesday @ 1:30  
All quilters and would-be quilters are invited to join our new group. Bring your projects!

Knit & Crochet Group  
Every Thursday 5:30-7:45 and Friday 10:00-12:00  
All stitchers are welcome for this informal group.  
Bring your project, enjoy the company

Crafternoons at the Library  
Paint Stick Beach Flag  
Tuesday, July 1  
1:00-2:00  
You'll leave with a one-of-a-kind creation to enjoy!  
Registration is Required.

Picking Parlor Jam a “mostly” Bluegrass Focused Jam Session  
1st Saturday of every month  
Saturday, July 5  
10:00-12:00 in the Fels Community Room  
This is an unplugged acoustic jam.  
All talent levels welcome...beginners on up!  
Don't want to play? No problem, listeners are welcome too!

Let's Talk Nipmuc Genealogy  
Monday, July 7  
6:00-7:45  
Unlock the secrets of your family history! Join us for five enlightening sessions on exploring your roots. Our expert genealogist will share tips, resources and stories to inspire your research. Patricia M. St. Marie, Professional Genealogist [www.progenofne.com](http://www.progenofne.com). Registration Required.  
15 Year Celebration  
Thursday, July 10  
4:00- 7:00  
Join the Pearle in celebrating its 15th anniversary in the Schofield Ave. location. This event will feature local music, caricature artist, rock painting, balloon animals, picnic food, ice cream and library tours. Let's celebrate!  
This event is funded by the Hugh W. & Harriet K. Crawford Endowment Fund for the Pearle L. Crawford Memorial Library  
No Registration Required.

GED & HiSET Informational  
Tuesday, July 15  
10:00- 12:00  
Contact [alandry@webster-schools.org](mailto:alandry@webster-schools.org) to register.

Once Upon A Crime Book Club  
The Good Nurse  
by: Charles Graeber  
Friday, July 11  
11:00-12:00  
Adult Reading Area  
Do you have a passion for true crime and examining the details of each case? This book club is for you!  
The “Once Upon A Crime Book Club” meets the first Friday of every month in the adult reading area.  
All books will be pre-ordered and available for pick up at the circulation desk.

SARJ- Saturday Acoustic Roots Jam  
Saturday, July 19  
11:00-1:00 in the Fels Community Room  
This is an unplugged acoustic jam.  
All talent levels welcome and listeners too!

Crawford Library Book Group  
Thursday, July 24  
6:00-7:30  
Book: God of the Woods  
Author: Liz Moore  
Books are available at the circulation desk for checkout  
one month prior to discussion. No Registration Required.

“Cook the Book” Book Club  
Monday, July 28  
6:00-7:00  
Book: Easy Weeknight Dinners  
Author: Emily Weinstein  
Pick one recipe from the book selected for the month, the dishes don't have to be complicated or fancy, any recipe from

the book is fair game, except alcoholic beverages-sorry! Prepare the recipe at home and share it at the library. We cannot reheat or keep food warm, so consider this when choosing your recipe.

You are responsible for bringing serving utensils. We will provide paper goods and utensils for eating.

There will be a place to include your recipe selection in the reservation form. Registration Required.

Baby Open Play  
Fridays in July  
10:00- 12:00

Open play for babies! Parents and caregivers can let babies play while getting to know others in the community. Come anytime between 10-12 or stay the whole time! No Registration Required

Shark Storytime!  
Tuesday, July 8  
11:00 - 11:45  
Join us for a storytime that's all about sharks! We'll sing songs, do fingerplays, read a fun story, dance with scarves, pretend we are under the sea with bubbles, and finish with a fun craft, activities, and free play! This program is best for ages 3-6 - No Registration needed.

Tommy James Magic Show - “Keep the Kids Laughing!”  
Wednesday, July 9  
1:00- 1:45  
Come join the fun with a roller coaster ride of magic entertainment that will have kids and adults engaged and laughing the entire show! Tommy James incorporates a hilarious style of magic that has been honed to perfection with over thirty years of performing experience. You'll witness non-stop comedy and magic by a wonderful entertainer! There will be a live rabbit, and the show will conclude with a child floating in mid-air!  
No Registration Required.

Science Heroes: - “Adventure of the Missing Color!”  
Monday, July 14  
11:00- 11:45  
Join Science Heroes on their mission to turn science into an adventure! Through hands-on experiments and fun, interactive stories, you'll discover the science behind the colors we see. Along the way, you'll help solve the mystery of the missing color! This program is best for ages 5-12.  
No Registration Required.

Get Moving with Mason Rd. Physical Education Teacher Mr. Davis  
Wednesday, July 16  
1:00- 2:00  
Fun outdoor activities for everyone! Something a little different each month. This program is best for ages 5-12.  
No Registration Required. This is not a drop off event.

Pokemon Club  
Thursday, July 17  
6:00-6:45  
Do you love everything Pokemon? Join us for Pokemon club! Each month we will have exciting crafts and activities! Best for ages 6 and up. No Registration Required. This is not a drop off program.

Tinker Tuesday!  
Tuesday, July 22  
10:30 - 11:30  
Join us for hands-on activities promoting problem solving and creative thinking! Drop-in anytime between 10:30 - 11:30 am. This is best for ages 3-6.  
No Registration Required

Puppet Show with Pumpernickel Puppets!  
Thursday, July 31  
1:30-2:15  
Join us as John McDonough works his magic with his Pumpernickel Puppets! He'll entertain us with 2 stories: “The Three Billy Goats Gruff”, and “The Lion and the Mouse.” You won't want to miss this fun, family event! This program is recommended for children ages 3 and over.  
Registration Required.

Dungeons & Dragons Game  
Every Thursday, 6:00-7:30  
Ages 12-19  
Are you looking to play a game that contains action, adventure, and drama? Come play the world's number one role playing game.  
This program geared towards kids that are looking to learn more about playing and some short adventures!

Cheez-Its Taste Test Challenge for Teens!  
Monday, July 21  
3:45- 4:30  
Ages 12-18  
Come and test your tastebud skills - and come hungry! Sample a variety of different flavored Cheez-Its, and see if you can guess what each one is. Prizes for the top 3 winners with the most correct answers! What better way to have an afternoon snack? This program is for ages 12-18 only. No Registration Required.

Local Author Book Launch- The Sideshow by Maggie Montville  
Thursday, July 31  
6:00- 7:15  
Join us in welcoming Dudley author, Maggie Montville, for her first book launch celebration. Maggie will be reading an excerpt from her novel, The Sideshow.  
Refreshments will be served, and cop-

ies of the book will be available for purchase.

“The Sideshow” is a genre bender incorporating history, mystery, and suspense into a story filled with dynamic characters and clever tie-ins to the poetry of Edgar Allen Poe and other “easter eggs” referencing well-known pieces of literature. The setting of the book is a 1920s traveling circus, and the plot contains multiple twists and turns

## GLADYS E. KELLY PUBLIC LIBRARY

2 Lake St., Webster  
508-949-3880  
Library Hours: Monday, Tuesday, Thursday 9 a.m.-8 p.m., Wednesday 9 a.m.-1 p.m., Friday 9 a.m.-5 p.m.  
The Library is closed on Saturdays through the summer

JOIN OUR MAILING LIST!  
Want to receive updates about our upcoming events? Sign up for email alerts by visiting our website or contacting our Adult Services Librarian Jessica Fontaine at [jfontaine@cwmars.org](mailto:jfontaine@cwmars.org)

Adult Programming  
Yoga – Saturdays at 9:30am  
Join Julie or Lauren at the Gladys E. Kelly Library for a vinyasa yoga class for all levels. A typical class involves centering the mind with the breath, aromatherapy, movement of the body to release energetic blockages, and, finally, rest and relaxation. Classes are free. Funded by the Friends of the Gladys E. Kelly Public Library.

Yoga Nidr – Wednesday Mornings at 8:15am

Join Adult Services Librarian Jess for a relaxing yoga nidr practice to start your day on Wednesdays. Jess will guide participants through a few simple yoga asanas to release physical tension. Participants will then settle into a reclined position for a guided relaxation (yoga nidr ). If you have your own yoga mat, please bring it and be sure to dress in comfortable clothing. This program takes place before the library officially opens. Registration is required and Jess will meet you at the program door.

Library for All – First Two Mondays; Last Two Fridays 10AM (Chair Yoga or Craft)

This program includes one chair yoga class and one craft project that will be held on first two Mondays and the last two Fridays of the month. Either join Jess for a one-hour relaxing Chair Yoga class or join us for our craft program. Check the online calendar to see which event is scheduled. No experience necessary. This program is for teens and adults of all abilities and their caregivers. Please call ahead if special accommodations or requirements are needed.

The Catnip Junkies Concert – Thursday, July 10th at 6:30pm  
The Catnip Junkies are the happiest, tappiest and brassiest band you'll ever hear! New Orleans isn't just a city; it's a vibe! The Bourbon Street Jubilee will transport you to the heart of the Big Easy, and all of its captivating culture! As the birthplace of jazz, tap, the second line, and back alley side shows, New Orleans has it all, and so does this show! You don't want to miss this one-of-a-kind tribute that will leave you smiling all the way home!

The Nest: Local Success Stories with Mary Anne Fontaine from Empire Travel – Monday, July 14th at 6:00pm  
Mary Anne Fontaine brings a rare blend of deep travel expertise and local community connection. Mary Anne began her travel journey at Empire Travel in 1989. Since then and through many changes, the agency has adapted to the new travel norms. Mary Anne and her team continue to strive to create unique experiences within all budgets. Her presentation at the nest will feature her story as a business owner in an industry that is ever-changing and stories from the road that inspire wanderlust and community connection.

Children's and Young Adult Programming  
Summer Eats – Mondays – Thursdays July 9th-August 14th from 12:00-1:00pm  
A totally free-of-charge program that provides free meals to all kids and teens, ages 18 and under, at locations all across Massachusetts during the summer months. Held on the Library Lawn. All kids and teens eat for free.

Scavenger Hunt--- All Month Long  
What's more exciting than a scavenger hunt? Come upstairs to the Children's room to pick up a list of things to find all around the library.

Take and Make Craft--- All month long  
New Take and Make kits will be available for pick up in the Children's room on the 1st of every month, while supplies last.

Maker Mondays – Mondays from 3:30-4:30 PM  
Feeling artistic? We will have a variety of craft materials available to put your creativity to the test!

Toddler Playtime--- Tuesdays at 10:00 AM

guaranteed to keep the reader on the edge of their seat.

About the Author: Maggie Montville is an up-and-coming author who has just released her debut novel, “The Sideshow”. When Maggie is not writing, she enjoys acting in local theater productions, singing, and performing as a character actress at children's parties across New England.

Kids 0 to 6 are invited to get their wiggles out with weekly obstacle course and fun.

Mini Block Party – Tuesdays from 3:30-5:00PM  
Play with magnets, wooden blocks, and Legos.

Kim the LEGO Lady – Tuesdays at 4pm

Do you love building, creating, and having fun with LEGO? Look no further! Kim the Lego Lady is here and we want YOU to be part of our LEGO CLUB adventure. Join us for interactive building challenges, new skills and create fabulous imaginative builds. For Ages 5-11.

Friendship Bracelets – Wednesdays at 11AM

Grab your bestie and come make beaded bracelets in the children's program room. This is a self-guided program, all materials are provided. Ages 8 and up.

Nintendo Switch for Tweens and Teens – Thursdays, 2-4pm  
Teens and tweens are invited to play games on our Nintendo Switch.

Outdoor Messy Play – Thursdays, 3:30-4:30pm

Outdoor Messy Play is back! We supply the messy materials for your children to play with, along with a hose for washing off outside afterwards! This program is extremely messy, please dress in something you don't mind getting dirty or stained.

Play-doh Storytime – Fridays at 10AM  
Join Youth Services Librarian Andrew for stories, play-doh, and fun! This storytime is geared toward ages 2 to 5, but siblings are welcome.

Beginner Origami-Fridays at 3:45PM  
Are you interested in making origami, but you don't know where to start? You can start here. And if you do know how to make some origami, feel free to come make some as well. For kids of all ages.

Animal World Experience – Monday, July 14th at 10am  
Animal World Experience provides fun, interactive, educational animal presentations to audiences of all ages. Join Matt Gabriel as he presents a variety of animals, learn about their fascinating lives, and then get up close to pet them if you wish.

Laser Tag for Kids – Monday, July 14th at 6:00pm  
Up to 20 participants grades 12-18 may take part in an outdoor laser tag match. Sneakers and shoes are required. No flip flops. As a lot of running is required, participants with conditions such as asthma must have proper medication at all times.

Ed with Wizard: Dino Balloon-Twisting Workshop – Tuesday, July 15th at 10:00am  
In this Basic Animal Balloon Twisting Workshop, library patrons will learn the art of balloon twisting basics as they create their own dinosaur. For ages 7 and up.

Wiggles and Giggles for Littles – Wednesday, July 16th at 10:00am  
Come sing, dance, and make music with Lainey Hanlon! For Ages 6-23 months and their caregivers.

Wiggles and Giggles – Wednesday, July 16th at 10:30am  
Children ages 2-5, with a parent/caregiver, will sing, move, play musical instruments, learn rhythm and listen to stories with music teacher, Laine Hanlon.

JJK's Summah Readin' Roadtrip – Tuesday, July 17th at 6:00pm  
The author of the Lunch Lady series, the Star Wars Academy series, and more, is coming to the Webster Library to give an author talk and live drawing session! Dive into Jarrett Krosoczka's creative process and the journey of bringing stories to life! Watch the magic happen as Jarrett illustrates characters from his beloved books and offers cartooning tips! Attendees are invited to get extra insights into the world of graphic novels.

Mr. Vinny the Bubble Guy – Friday, July 18th at 4:00pm  
Using giant homemade bubble wands, a sound system full of music, and a lot of funny family entertainment experience, Mr. Vinny gets kids of all ages and adults involved in bubble chasing games.



# Bring the garden to your next gathering



Melinda Myers

Edible nasturtium blossoms brighten up this salad.

Make every dining experience fun and flavorful by including garden fresh herbs, vegetables and flowers in your meals. Allowing guests to harvest and season their drinks, entrees and sides from the garden or container creates an interactive experience they are sure to remember. Start your gathering with a review of the menu and a tour of the gardens. Provide guests with a harvest basket and snips so they can collect all their favorite ingredients. Or gather an assortment of herbs and vegetables in advance

and display them in containers for your family and guests to make their own selections. Include a few herbs and vegetables that can be blended, muddled or added to yours and your guests' favorite beverage. Use the hollow stems of lovage as a straw for tomato juice or bloody Mary. You'll enjoy the celery flavor this edible straw provides. Provide mint, basil or rosemary leaves to flavor iced tea and lemonade. Just set the herbs near the beverage table for easy access, provide needed utensils, and herbal cocktail rec-

ipes. Bring the garden to the party by placing a few containers of herbs, edible flowers and vegetables on your balcony, patio, deck or near the grill. Use small herb containers as edible centerpieces and add a pair of garden scissors or snips. Label the plants, offer seasoning suggestions, and allow your family and guests to season the meal to their taste when it arrives. Remind guests to adjust the quantity of herbs used to allow for the difference in flavor intensity of fresh vs. dried herbs. In general, you will need two to three times more fresh than dried herbs. Add a bit of color and unique flavor to the meal with edible flowers. Pick the flowers early in the day when they are at their peak and taste best. Wash them by dipping the flower in a bowl of water and gently shaking. Remove the bitter tasting base of the petal and the reproductive parts from larger flowers before preparing. Make sure the flowers you select are edible and free of pesticides.



GARDEN MOMENTS  
.....  
MELINDA MYERS

Let your guests know they can eat the flowers, or you'll end up with a pile of petals on the side of every plate. Try nasturtium and daylily blossoms stuffed with cream cheese; calendula, pansy, and borage petals sprinkled on salad; chive flowers for baked potatoes; and mint leaves on top of a slice of chocolate cake.

Harvest your garden and containers regularly to keep plants looking good and producing. Cut the outer leaves of leaf lettuce when they are four to six inches tall to keep the plant growing new leaves. Pick peppers and tomatoes when fully

ripe, so the plant continues flowering and forming new fruit. Remove faded flowers as needed to keep flowering plants covered with blooms. Dress up your table with a bouquet of your favorite garden flowers. Pick a few extras to send home with your guests and they'll surely remember your special gathering filled with homegrown flavor and beauty. Melinda Myers has written more than

20 gardening books, including the Midwest Gardener's Handbook, 2nd Edition and Small Space Gardening. She hosts The Great Courses "How to Grow Anything" instant video series and the nationally syndicated Melinda's Garden Moment radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine and her Web site is [www.MelindaMyers.com](http://www.MelindaMyers.com).

## WEBSTER SENIOR CENTER

5 Church St.  
(508) 949-3845  
Email: [SeniorCenter@Webster-MA.gov](mailto:SeniorCenter@Webster-MA.gov)  
Senior Center hours are Monday- Friday 9 a.m.- 4 p.m., with one Thursday a month 9 a.m.- 7 p.m.  
Like the Webster Senior Center Facebook page to view our photographs, news and announcements. Please stop by to pick up our monthly newsletter for a complete list of activities, upcoming events, and our monthly lunch menu. You may also join our email list to view our newsletter online. You do not have to be a resident of Webster to participate in our activities and programs. ALL Seniors are welcome!  
Tri-Valley Lunches are served Tuesdays, Wednesdays, Thursdays, and Fridays at 11:30 am. Please call (508) 949-3845 at least two business days in advance to reserve or cancel your meal. A \$3.00 donation for 65 and up, and \$5 for 55- 64 is appreciated. All meals include milk, bread, and fruit or dessert. This week's menu: Tuesday, 7/15: BBQ chicken, au gratin potatoes, capri blend vegetables, mandarin oranges. Wednesday, 7/16: Teriyaki beef, steamed rice, broccoli, pineapple. Thursday, 7/17: Marinated pork loin, herbed stuffing, roasted brussels sprouts, vanilla mousse. Friday, 7/18: Soup du Jour, cranberry chicken salad, three bean salad, coleslaw.  
Need Transportation? Contact SCM Elderbus at 1-800-321-0243 at least two business days in advance to schedule transportation. Elderbus is available Mondays- Fridays 8:30 am- 3:00 pm.  
Come on down to the Bomba Beauty Salon at the Webster Senior Center! Call 508-341-8724 for an appointment. Bomba Beauty Salon is open for walk in appointments on Wednesdays from 10:00 am- 1:00 pm, and Tuesdays, Thursdays and Fridays by appointment only from 10:00 am- 3:00 pm. Please call (508) 341-8724 to schedule an appointment.  
We are now offering MOVIE MATINEES every Wednesday at 1:00 pm! Popcorn is provided, no registration is needed. July movies include: A Streetcar Named Desire on July 16th, Please Don't Eat the Daisies on July 23rd, and The Goodbye Girl on July 30th.

The Friends of the Webster Senior Center will be hosting their Forget-Me-Not Café on Monday, July 14th! Come for music from your favorite artists performed by Edward Barnett!  
Are you ready for Christmas in July? Come celebrate on Friday, July 25th with the Friends of the Webster Senior Center! There'll be cookies, ice cream, and a sing-along event with Roger Tinknell!  
Chair Dancing Exercise classes with Forty Arroyo are the perfect workout for any fitness ability! The cost is a recommended \$3.00 donation per

class. A new video class will be offered Thursday and Friday mornings, free of charge.  
Knitting/Crochet group meets on Mondays from 10:00 am- 12:00 pm.  
Bingo is every Tuesday and starts promptly at 1:00 pm. Please plan to arrive by 12:30 pm to allow time to buy your bingo sheets. Bingo sheets are not sold after 12:45 pm.  
Do you like to play Cribbage? Our weekly Cribbage group meets every Thursday at 1:00 pm. Feel free to join us!

Calling card players or interested persons to the Webster Senior Center! Come join us for six-card or thirteen-card pitch! Six-card pitch meets on Wednesdays at 1:00 pm. Thirteen-card pitch meets on Thursdays at 1:00 pm.  
Mahjongg group meets every Friday at 1:00 pm. Beginners welcome!  
Calling all bridge players! Are you looking to spend an afternoon playing Bridge? We're looking to get a group together! If you're interested, please leave your name and number with the front desk. Once we have enough sign-ups, we'll see what day works best for everyone!  
The Worcester County Sheriff's Office House Numbering Program will create a custom wooden sign with your house number free of charge. One sign per senior household. Please contact the Webster Senior Center at (508) 949-3845. if you are interested in having a house number sign made for you.  
Senior SAFE is a program that supports fire and life safety education for seniors. The Webster Fire Dept. will do a home visit to ensure that you have the correct smoke and CO2 alarms, and that they are working properly. This is at no cost to you! All you have to do is give them a call at (508) 949-3875.

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## Friday's Child

Laren is a friendly, fun-loving, and energetic young girl who brings joy and enthusiasm to everything she does. She thrives in a structured environment where routines are clear and consistent, as this helps her feel safe and supported. Laren loves being creative and often spends her time drawing and expressing herself through art. Music and dance are also some of her favorite outlets—she enjoys moving to the beat and letting her personality shine. Active and adventurous by nature, Laren enjoys outdoor play and being on the go, whether it's exploring new places or simply running around outside. She has a deep love for animals, especially turtles and other aquatic creatures, and enjoys learning about them whenever she can. Her interest in sea life is a special part of who she is and brings out her sense of wonder and curiosity. With the right support, encouragement, and structure, Laren continues to grow and shine. She would do best in a nurturing, active family that can provide consistency, patience, and plenty of opportunities to explore her interests.

<https://www.mareinc.org/child/21182507386>

**Can I Adopt?**

If you're at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LGBTQ+ singles and couples. As an adoptive parent, you won't have to pay any fees, adoption from foster care is completely free in Massachusetts.

The process to adopt a child from foster care includes training, interviews, and home visits to determine if adoption is right for you. These steps will help match you with a child or sibling group that your family will fit well with. To learn more about adoption from foster care visit [www.mareinc.org](http://www.mareinc.org). Massachusetts Adoption Resource Exchange (MARE) can give you guidance and information on the adoption process. Reach out today to find out all the ways you can help children and teens in foster care.

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**BRENDAN BERUBE**  
EDITOR

## EDITORIAL

# Some of the best memories are made in flip flops

Summer is in full swing, with everyone walking around with a sun kissed glow. Apart from mild weather, lush green forests, swimmable rivers and lakes and beautiful flowers, there are significant health benefits to these summer months.

Sunlight aids in regulating our systems. During the summer months, there is a reduced rate of heart attacks. One study revealed that those who suffered a heart attack during the summer had survival rates increase by 19 percent. Vitamin D is said to play a role in protecting the heart as well as regulating calcium and phosphorus absorption.

Individuals tend to eat lighter and healthier in the summer, consuming more fruits and vegetables, which boosts our immune system. Produce is in abundance, whether it's at the local farmer's market or in our own back yards. Bring on the watermelon! The sun can also cure many skin issues, such as psoriasis, dermatitis and acne; however, this doesn't mean we can skip the sunscreen.

Summertime encourages us to get out and exercise. Getting the blood pumping creates endorphins and initiates and improves the flow of oxygen to the brain, which in turn lowers stress, and can aid in productivity in other areas of our lives. The longer days also afford us zero excuse to get out and get it done.

Because of the warmer temperatures, we automatically increase our water intake. This promotes digestion and flushes the toxins from our bodies.

Sleep disorders tend to fall by the wayside or improve during the summer due to the sun's early morning exposure. Experts say getting sunshine between 7 and 9 a.m. every morning will help you sleep better at night.

Spending time with friends, family and community increases in the summer which is key to our mental health. During summer months there are more outdoor activities that bring folks together such as band concerts, farmer's markets, campfires, which are all great places to catch up with our neighbors.

Most people tend to go on vacation during the summer, reducing stress and burnout. More and more people are realizing just how important it is to take a breather.

Summertime helps us to feel more footloose and fancy free. There is also an overall feeling of relaxation and joy, over simple things like reading a book on the front porch, sipping sun tea or the smell of fresh cut grass.

The rivers flow wildly in the mountains and the lakes remain calm for fisherman to drop a line and float about, letting all cares melt away as the sunlight dances off the small ripples and waves. Mountain summits are picture perfect with blue skies, white clouds, vibrant green trees with glistening rocks, oftentimes creating scenes that don't even look real.

Take advantage of the season and savor every moment. In the words of the great Henry James, "Summer afternoon-summer afternoon; to me those have always been the two most beautiful words in the English language."

### Letter submission policy

Letters to the Editor must include the author's name, address, and a daytime phone number for purposes of verification in order to be considered for publication. Only the author's name and the town in which they reside will be published. Letters submitted without all of the required information will not be accepted.

It is the sole prerogative of the Editor to determine whether a submission satisfies our requirements and decency standards, and any submission may be rejected at any time for any reason he or she might deem appropriate.

# VIEWPOINT

## The truth will set you free

**THE DEADLINE** to submit letters to the editor and commentaries for next week's newspaper is Friday at noon. **SEND ALL ITEMS** to Editor  
Brendan Berube at [THE WEBSTER TIMES](mailto:THE WEBSTER TIMES) — [news@stonebridgepress.news](mailto:news@stonebridgepress.news)

"Know the truth, and the truth will set you free." (John 8:32) This is one of the most profound and revolutionary statements ever spoken. Freedom is something that all people desire. Yet, what does freedom truly mean?

For many in our society, freedom means doing whatever I want, whenever I want, with whomever I want. Freedom is defined by the absence of restrictions. But that's not the freedom Jesus Christ offers. In fact, that kind of so-called "freedom" often leads to slavery - slavery to our passions, to our ego and pride, to our insecurities, and to our selfishness.

Christ offers us something greater: true freedom. Saint Paul says, "you have been set free from sin and have become slaves of God for your sanctification and its end, eternal life."

Christ does not offer us freedom from something, but freedom for something. Freedom for holiness. Freedom for healing. Freedom for a new life of love. Freedom for becoming who God created us to be - sons and daughters of the Most High.

We live in a world obsessed with proving worth—through appearance, achievement, social status. But what if we no longer need to earn love? What if we no longer need to fear rejection?

In Christ, you come to realize that we are His beloved, deeply and passionately loved. Saint John puts it this way: "Behold what manner of love the Father has bestowed on us, that we should be called children of God." (1 John 3:1)

We are free from our insecurity because we are anchored in the truth of our identity as God's beloved. Our failures won't define us. The world's standards will not determine who we are. In the arms of Divine Love, we find ultimate freedom.

Fear is one of the great enslavers of our time - fear of not being good enough, fear for the future, fear of death, fear of rejection, fear of whatever we have suffered from the past. Yet, God declares clearly, "Do not be afraid, for I am with you." (Isaiah 41:10)

Christ has trampled down death by death. He has conquered sin and evil itself. He is Emmanuel, God with us. So, what can we possibly fear? As the Psalmist David declares: "Even though I walk through the valley of the shadow of death, I fear no evil, for You are with me." (Psalm 23:4)

In a world growing increasingly divided and angry, we embrace the freedom to love even those who appear on the other side. "Love your enemies," Jesus teaches us. "Do good to those who hate you." (Luke 6:27)

This is possible when Christ lives in us. When He dwells in our hearts, there is no room for hatred. His love heals every point of bitterness, every grudge, every seed of resentment. We are free from hatred when we allow divine love to become the compass of our lives. As St. Silouan the Athonite once said: "Where the Holy Spirit is present, there is love for our enemies. Where the Holy Spirit is absent, there is no love for enemies."



**BEYOND THE PEWS**  
• • • • •  
BY FR. LUKE A. VERONIS  
SAINTS  
CONSTANTINE  
AND HELEN  
GREEK  
ORTHODOX  
CHURCH,  
WEBSTER

So many of us carry wounds. Some deep. Some fresh. Yet Jesus doesn't simply ask us to forget our past trauma. He offers to heal us. "Come to me, all who are weary and burdened, and I will give you rest." He comforts. Through His own experience of suffering through the Cross, He conquers all hurt and pain and evil through His victorious Resurrection. Christ transforms our wounds into lessons of wisdom, our bitterness into compassion, our anger into peace. He invites us to stop living in the past and step into the freedom of the present.

This freedom includes becoming free from our addictions and destructive habits. Whether it's substance abuse, porn addiction, lust, greed, or pride, we all know the chains that bind and enslave us. The Good News of Jesus Christ, however, offers us hope. "If the Son sets you free, you will be free indeed." (John 8:36)

Christ doesn't just forgive our sins - He liberates us from the habits and addictions that keep us enslaved. Through the power of His grace, we can live differently. Not perfectly, but faithfully. Not self-indulgently, but with purpose. He reveals to us a life of deep meaning and significance through living a life of joyous love and humble service to others.

We live in a time of moral confusion and spiritual distortion. Right is called wrong. Wrong is called right. Truth is treated as relative, and meaning seems to slip through our fingers. Yet, the Church proclaims the eternal truth of Jesus Christ, who says, "I am the Way, the Truth, and the Life." (John 14:6)

The Orthodox Church, in her timeless beauty, proclaims truth not as a concept but as a Person. Jesus Christ is the Truth. And in our relationship with Him, we find the freedom of clarity. In our intimacy with Him, we find our direction. In following Him, we rediscover our purpose.

Of course, the greatest freedom we discover is freedom from ourselves. From our egos. From our entitlement. From our endless need to be right, or to be praised. Christ frees us from the tyranny of self so that we may be filled with Him. St. Paul summarized his freedom by declaring, "It is no longer I who live, but Christ who lives in me." (Galatians 2:20)


Thus, when Christ says, "Know the truth, and the truth will set you free," He isn't offering a philosophy or a vague idea. He's inviting us to know who He is and enter into a more intimate relationship with Him.

Thus, true freedom isn't about doing whatever you want. It's about becoming who you were created to be. True freedom isn't a life without restrictions, but a life in living as His beloved, without fear, as a true and whole human being.

We are free to love, free to serve, and free to shine with the light of God's glory. As Saint Paul exhorts us, "Stand fast, therefore, in the freedom by which Christ has made us free." (Galatians 5:1)

And may we truly walk in this freedom as sons and daughters of the King. "Know the truth, and the truth will set you free."

# Stress-test your retirement portfolio in volatile markets



**FINANCIAL FOCUS**

**DENNIS ANTONOPOULOS**

If you're planning to retire within the next few years — or you've recently retired — market volatility may feel especially unsettling. After years of saving and planning, you're now entering a stage where your portfolio may shift from growth to providing income. The five-year window before and after your retirement date is especially critical — when market downturns can have an outsized impact on your long-term financial security.

While you can't control the markets, there are meaningful steps you can take to "stress-test" your retirement income, so it is not consumed entirely by market drops before you stop working.

Explore your short- and medium-term income needs. One of the most important steps to take is to understand how much of your portfolio you'll need to rely on for income. It depends on your other income sources such as Social Security, IRAs, 401ks, pensions and wages if you work in retirement. You'll want to avoid taking too much from your portfolio in response to a decline because that could increase the likelihood that your money may not last through retirement. A financial advisor can help you determine your threshold for monthly withdrawals, based on your income needs, long-term outlook, inflation, and risk tolerance.

Review your emergency fund. Are you able to set aside at least three to six months' worth of essential expenses in cash or very low-risk investments? That could allow you to avoid digging too deeply into your portfolio or selling stocks or other volatile assets at a loss if the market drops. The income bridge from an emergency fund gives your longer-term investments time to recover and can reduce stress during down markets. You may even find you want more than six months in this fund to help weather emergencies, depending on your risk and your comfort level.

Review your mix. As you approach or begin retirement, does your portfolio reflect your need for stability and income? You may need to reduce exposure to riskier assets such as stocks and increase holdings in more stable ones, like bonds or cash equivalents. Your ideal allocation depends on your risk tolerance, spending needs and other income sources. The goal is to shield your savings from major losses just as you begin drawing from them.

Consider market swings. If the value of your portfolio dropped 20% tomorrow and stayed there for a period of time, would you need to change your lifestyle or spending immediately? Would you need to go back to work? If your answer is yes, revisit your asset allocation or spending plan. A more conservative approach may offer less upside but can provide greater confidence during the early years of retirement.

Assess your spending. Even small budget adjustments can make a big difference, especially early in retirement. Do you need to consider postponing a major purchase or trimming discretionary spending? If you're still working, directing extra income into savings can help build a cushion. If you're already retired, keeping withdrawals as low as possible during market downturns can help support long-term sustainability.

Stay grounded — and get support. Market swings are inevitable, but emotional reactions and risky investing can lead to costly mistakes. Don't abandon your investment strategy. Instead, focus on what you can control: your asset mix, spending, and flexibility. A financial advisor can help you stress-test your retirement plan, evaluate your options and stay focused on your long-term goals — even when the markets are anything but steady.

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Dennis Antonopoulos, your local Edward Jones Advisor at 5 Albert St., Auburn, MA 01501 Tel: 508-832-5385 or [dennis.antonopoulos@edwardjones.com](mailto:dennis.antonopoulos@edwardjones.com).*

## LETTERS TO THE EDITOR

### Another special thank you

To the Editor:  
I would like to again thank Dudley Assistant Town Administrator Olivia Antonson for the fast thinking and fast acting to allow myself the opportunity to continue playing cards during the recent heat wave by collaborating with the Dudley Fire Chief, Dean Kochanowski, to use the Dudley Fire Station as a site for a cooling center so the Dudley Senior Center will be available.

I would also like to thank Dudley Fire Chief Dean Kuchanowski and his staff for their cooperation in this matter.

GARY BARONOSKI  
DUDLEY

## Use your common sense

To the Editor:  
In response to the letter to the Editor dated June 19, I am writing to voice my opinions on many letter writers to the Editor: These Trump bashers do not look up facts or evidence. But then a voice of reason is printed by John Giaquinty, who researched information on T.D.S.

What a breath of fresh air. I personally do not know the gentleman who wrote the "Reason being" letter, but his facts are true.

Use common sense and see what is really going on. We need to safeguard all citizens under the Constitution.

I am 82 years old, and believe in Making America Great Again.

JOSEPH B. COSTA  
WEBSTER

## Thanks to our veteran superstars (delivered as closing remarks on the 4th)

To the Editor:  
Once again, I think we should thank our three veteran superstars, Don, George & Joe, for their hard work & dedication to the Webster/Dudley Veteran's Council. They set the tone & showed the Council how to demonstrate:

Pride of service to our country, especially to those who made the supreme sacrifice

How to be patriotic

How to support & honor our active duty military; and

How to promote joining our active duty forces and

How to honor veterans by rendering military funerals. Their leadership has brought about a feeling of brotherhood, as George would say "We are a band of brothers" who are proud of our role regarding Veterans.

I want to congratulate the committee that arranged this dedication ceremony that carries on the tradition of excellence shown to us by those honored today. I want to thank everyone for attending on a holiday to honor & to thank them for all they accomplished. And lastly, I want to thank God for their membership.

JOSEPH SENDROWSKI  
DUDLEY



# Charlton’s Delene Sarsfield, P.E.O. grant recipient, inspires Bay Path PN graduates



CHARLTON — The graduating class of 2025 at Bay Path Practical Nursing Academy gathered at the Performance Arts Center of the Overlook on June 20 for their graduation and pinning ceremony, where they were inspired by graduation speaker Delene Sarsfield, a fellow student and a 2024-2025 recipient of a prestigious P.E.O. (Philanthropic Educational Organization) grant.

Sarsfield, a Charlton resident and a distinguished member of the Bay Path Practical Nursing Academy community, was honored by members of Chapter AA of the P.E.O., receiving not only the grant but also a certificate and thoughtful gifts in recognition of her promising future in nursing, and tremendous support as she navigated the rigorous ten months of nursing education.

With more than 15 years of experience as a Certified Nursing Assistant (CNA),

Sarsfield brings a wealth of hands-on knowledge and a deep commitment to patient-centered care to her nursing journey. Known for her multi-faceted skills, efficiency, and ethical approach, she has consistently demonstrated exceptional compassion and empathy in her interactions with patients. Her collaborative spirit and openness to constructive feedback have also made her a valued colleague. Sarsfield was elected as one of the class representatives and was the elected commencement speaker.

During her address, Sarsfield shared insights from her extensive career, emphasizing the human connection at the heart of nursing. Her adaptability and ability to thrive under pressure, honed through years in healthcare, resonated deeply with the new graduates embarking on their own professional paths.

Sarsfield’s long-term aspirations include becoming a Licensed

Practical Nurse (LPN) through her Bay Path Practical Nursing Academy education, with the goal of bridging into a Registered Nurse (RN) program. Her specific passion lies in hospice and palliative care nursing, a field that demands profound compassion and specialized knowledge. This dedication to continuous growth and specialized care will undoubtedly make her a significant asset to the healthcare community.

A graduate of Holy Name Central Catholic Jr./Sr. High School in Worcester, Sarsfield is also BLS/HCP CPR certified and has obtained her certificate in Stop the Bleed, demonstrating her commitment to crucial emergency skills. She recently represented Bay Path Practical Nursing Academy at the Worcester Women’s Leadership Conference.

Her journey, marked by dedication to patient care and a clear vision for her future, served as a powerful testament to the transformative power of education and unwavering commitment to service for the Bay Path Practical Nursing Academy Class of 2025.

About P.E.O. International The P.E.O. (Philanthropic Educational Organization) has been celebrating women’s advancements since 1869. What started with a bond of friendship among seven women in Mount Pleasant, Iowa, is now a global sisterhood of more than a half a million members with chapters in the United States and

Canada. P.E.O. has helped more than 122,000 women pursue their educational goals by providing over

\$415 million in financial assistance. The organization also owns and supports Cottey College,

a four-year independent liberal arts and sciences college for women in Nevada, Mo.

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# Community Connection

# Brian Westerlind begins tenure as President/CEO of Webster Five



Brian Westerlind

AUBURN — Webster Five is proud to announce that Brian Westerlind has officially assumed the role of President and

CEO, effective July 1.

Westerlind, a Worcester native, joined the Bank in 2010 as Chief Financial Officer and most recently served as Chief Financial Officer/Chief Operating Officer. With more than two decades of experience in the banking industry, he brings deep institutional knowledge and a long-standing commitment to both the Bank and the community it serves.

“I’m honored to lead Webster Five into its next chapter,” said Westerlind. “This Bank has a legacy of exceptional personal service, financial strength and community support, and I’m excited to continue that tradition while looking ahead

to new opportunities for growth and impact.”

Westerlind serves on the boards of the Worcester Community Action Council and the Worcester Regional Chamber of Commerce, reflecting his commitment to strengthening the region Webster Five calls home.

Established in 1868, Webster Five offers consumers, businesses, and nonprofits not only a wide range of products and services but also stability and community support that can’t be matched by their larger counterparts. To learn more about Webster Five, visit web5.com.

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# Daniel Brooks named to Siena College President’s List

LOUDONVILLE, N.Y. — Daniel Brooks was named to the Siena College President’s List for the Spring 2025 Semester. Daniel is from Dudley.

The President’s List requires a 3.9 grade point average or higher.

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# Annual Guide to Pick Perfect Produce

Gardens are in full bloom and many crops are ripe for the picking – that means offerings of local veggies and fruits are plentiful. That also means it's time to once again publish our annual guide to choosing the freshest produce. Whether you're shopping at an outdoor market or local grocery store, the following tips will help you pick perfect produce from early crops through the end of the season.

**Beans, snap:** Look for small seeds inside straight, fleshy pods. If you can see large seeds through the skin than the beans are probably too old. Avoid beans with dry-looking, rusty, wilted or damaged pods.

**Broccoli, Brussels Sprouts, Cauliflower:** Look for tightly compacted flower clusters on broccoli and cauliflower, and compact, uniform sprouts. Avoid wilted, yellow, or dirty heads, and avoid loose, open sprouts or those that are yellow or pale green.

**Cabbage and head let-**

**tuce:** Look for firm compact heads that are heavy for their size. On leaf lettuce, choose unwilted, compact, crisp-looking plants.

**Carrots:** Look for deep orange colored and smooth skinned roots. Avoid carrots with purple or green shoulders or pale in color; or ones with forked or crooked roots. Oversized roots usually mean they are woody. If tops are still attached on carrots, they should be fresh.

**Celery:** Choose large, firm stalks with uniform stalk and a white bottom. Avoid spindly, wilted stalks.

**Chard:** Look for fresh, dark green leaves with bright, tender stalks. Avoid wilted, poorly colored leaves.

**Collards and kale:** Check for tender, green, full-sized leaves with ten-



TAKE THE HINT  
KAREN TRAINOR

Choose for well-filled cobs with plump, straight rows of kernels. Avoid large, wrinkled kernels.

**Cucumbers:** Pick long, slender cukes that are medium to dark green.

**Peppers:** Look for firm, darkly colored fruit with uniform size, color; and number of lobes. Avoid wrinkled or shriveled ones or fruits that are sunburned (contrasting color spots).

**Radishes:** Choose medium-sized, firm, crisp roots. Avoid wilted or soft roots or those with growth cracks or insect damage. Oversized roots will be pithy. Sunburned crowns are also not desirable.

**Summer squash:** Choose ones that are uniform in size, color,

der tips; avoid wilted, tough or overly large leaves.

and shape. Avoid large fruits (over mature) or ones with scarred skins, missing stems, or that are soft or wilting.

**Tomatoes:** Look for smooth skinned, firm fruits with uniform color. Avoid fruits with growth splits, sun scald, or overripe (soft) fruits.

**Apples:** Choose firm, well-colored fruit that feels crisp.

**Blueberries:** Pick plump, firm, deep blue berries with their natural waxy silver coating.

**Cantaloupe:** Look for a smooth shallow base; thick, coarse, corky netting that stands out from skin. Should yield slightly when pressed on non-stem end and have the slight scent of cantaloupe.

**Cherries:** Should be dark in color; glossy, plump, with fresh looking stems.

**Nectarines:** Fruit should be plump, slightly soft along "seam"; either orange-yellow or greenish between red-blushed areas depending on variety.

**Oranges:** Choose firm oranges, heavy for its size; smooth-textured, with bright-looking skin.

**Peaches:** Should be somewhat firm, becoming slightly soft; red with creamy, orangy base color.

**Pears:** Look for firm fruit, just barely beginning to soften. Bartletts: pale to rich yellow; Boscs: green to brown yellow.

**Pumpkin:** Look for a pumpkin with an even orange hue. Give it a thump; if it sounds hollow, it is ripe and ready to be picked. Look for hard skin and a hard stem. Leave several inches of stem when you harvest a pumpkin. Doing so will slow down the rotting process.

**Watermelon:** Should be symmetrical with bright green rind with a creamy yellow underside. Choose a watermelon that's heavy for its size.

**Win Dinner for Two at the Publick House**  
Your tips can win you a great dinner for two at the historic Publick

House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month (or whenever enough submissions are received) will win a fabulous three course dinner for two at the renowned restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: 'Take the Hint!', C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or email KDRR@aol.com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.

## Estate jewelry, gold, diamonds, and gold watches



We've neared the top of our top 10 list with number 2 today, which is estate jewelry, gold, diamonds, gold watches.

I'll start by discussing estate jewelry, vintage

and antique jewelry. Estate jewelry is generally meant to be any jewelry that was previously owned regardless of age. Antique jewelry uses the same timeframe as most antiques, that they must be 100 years or older. Some consider any jewelry less than 100 years old to be vintage. Others say it must be at least 50 years old while others consider 20- or 30-year-old jewelry to be vintage. Some nicely designed, scarce, signed costume jewelry brooches have sold in the low thousands of dollars but I'll be discussing jewelry with precious metals and gemstones in this column.

As with coins, the gold or platinum is worth at least the scrap value of the metals. Platinum jewelry is typically 85 to 95 percent platinum with the rest being alloys. The platinum price is



ANTIQUES, COLLECTIBLES & ESTATES  
WAYNE TUISKULA

around \$1,400 per ounce as of July 5. With gold, the number of karats indicates is purity. 10k gold is 41.7 percent gold, 14k is 58.3 percent gold, 18k is 75 percent gold, and 24k is 99.9 percent (or nearly pure gold). Gold price is well over double the price of platinum as I

write this at \$3,346.50.

While gold and platinum prices are strong, diamond prices have been declining. Reasons being cited are fewer weddings, less demand for luxury goods, and lower demand in China. The biggest reason for the decline though is the decreased price of lab-grown diamonds. Reports show lab grown diamonds have dropped in price between 75 and 85 percent over a 10-year period.

There are several fac-

tors to consider if you are selling precious metals or diamonds. Most of us are familiar with the 4 Cs of diamonds; cut, clarity, color and carat weight. The size, weight, age, percentage of gold, and design all play a factor in gold jewelry value.

Auction has proven to be a great method to sell gold jewelry, watches, and other valuables, especially when you are unsure of its value. In 2021, we sold a Rolex Oyster perpetual wristwatch with box for \$3,600. Last year we auctioned an antique 14K gold necklace with

three black opals and two mine cut diamonds for over \$11,000. In October 2024, an 18K gold Tiffany & Co. necklace with green tourmaline stones brought \$27,600 in one of our auctions. In 2016 we sold a three and a half carat diamond ring for \$30,000.

Although diamonds may have lost a little of their sparkle, gold is shining brighter than ever making fine jewelry prices remain strong.

We will be offering gold jewelry, some with diamonds, in our fall/winter sale. We continue to work

on a Civil War auction, Laurel and Hardy memorabilia auction, and will be announcing another major auction soon. We also continue to accept consignments for future sales. Please visit our Web site, <https://central-massauctions.com>, for links to upcoming events.

Contact us to consign items or for auction information at: Wayne Tuiskula Auctioneer/ Appraiser Central Mass Auctions for Antique, Collectibles Auctions and Appraisal Services [info@centralmassauctions.com](mailto:info@centralmassauctions.com) or (508-612-6111).

## Applied Faith

POSITIVELY SPEAKING  
TOBY MOORE

Everybody has dreams they wish they could accomplish. It could be to find the perfect job, an ideal partner, or a beautiful home. Launching a business, scoring the game-winning shot, or maybe even standing on stage with the crowd roaring. Dreams are a part of being human, and we all know there's a big difference between dreaming and doing. Between wishful thinking and what Napoleon Hill called "Applied Faith."

He thought that most people have a passive hope when it comes to their dreams. They wish for better circumstances but never move toward them. They believe, sort of—but they don't demonstrate that belief by taking action. It's like saying you trust the parachute but still refusing to jump.

Those who achieve extraordinary results don't just wish—they move. They practice applied faith. That means they believe so strongly in the outcome that they start living like it's already on the way. That kind of faith doesn't sit still. It works.

Hill thought that applied faith is not something you have or don't have; it's something you grow, like a muscle. So, how do you develop applied faith?

It starts here: have absolute belief in your definite purpose. Not a vague hope but a precise, focused goal that sets your soul on fire. Once you lock in a purpose that you're passionate about, you'll find it much easier to take the following steps.

Build a plan. Faith needs a blueprint. It requires a calendar, a checklist, and a schedule. Applied faith isn't just

saying, "I know it'll happen"—it's saying, "Here's how I'm making it happen." Even small steps become acts of faith. Faith without a plan is just fantasy, but faith with a plan—that's how dreams take form.

Next, you need to take immediate action despite uncertainties. Waiting for the perfect moment is wishful thinking because that moment never arrives. Move forward while the path is still foggy. Every step you take—even the wobbly ones—sends a message that you're serious. Courage isn't the absence of uncertainty; it's the decision to act despite uncertainty.

You're going to suffer defeats and setbacks, but even when the storm hits, keep going. That's when the real test shows up—not when everything's smooth, but when your plans hit a wall when doors close, and when nothing seems to be working. Most people quit there. But applied faith says, "This is just part of the process." It doesn't crumble under pressure—it doubles down.

Temporary defeat isn't a failure. It's feedback. It's training. It's proof that you're on the field. Stay in the game, and your breakthrough will come.

It's crucial to surround yourself with believers and supporters. Faith multiplies in the presence of people who see your vision, even when it's just a seed. You don't need a crowd, just a few who remind you of your capabilities. Doubters drain you. But believers? They lift you. Applied faith grows stronger in

the company of good people.

Faith needs fuel. Read scripture or uplifting books. Watch videos of people who've walked through fire and come out shining. Listen to podcasts that keep the fire burning inside. Put quotes on your bathroom mirror. Fill your space with reminders that your dream is on the way. When doubt knocks, let inspiration answer the door.

Express gratitude as if success is already yours. Speak it out loud—daily, confidently—as if the breakthrough has already happened. Say things like, "I'm so thankful for the opportunities lining up for me right now," or "It feels so good to be living in alignment with my calling." Begin each morning with, "Thank you for letting me achieve my dream."

Gratitude doesn't wait for results—it calls them forward.

When you apply faith directly, something powerful happens—doubt disappears. Fear dissolves and transforms into courage. And the obstacles? They start to look like stepping stones.

Applied faith doesn't sit around hoping things work out. It expects success and plans accordingly. It's not blind optimism; it's belief with a backbone.

The next time you catch yourself dreaming, turn that vision into a plan. Turn that plan into action. And back it all with unshakable faith—not the kind that waits for a miracle, but the kind that moves like the miracle's already on its way.

## LETTERS TO THE EDITOR

### Yet again

To the Editor:  
Yet again, a writer from Dudley has given his opinion. This time, using my name specifically on multiple occasions. I take it he's upset with me, my opinions, and my freedom of speech.

Let's first get to USAID.  
He says he can provide way too many examples of what he considers legitimate spending, and yes, I could do the same with what I consider waste. All of this would be a matter of opinion for each individual. Shutting the agency would keep people's tax dollars, that we are all forced to pay, from being used on things they would rather not support. He is free to send in charitable donations to any cause he does support.

He, ironically, as brought up before, opposes tax breaks for the rich, but would send our tax dollars to the ultra-rich Harvard University, who has an untaxable endowment fund, and this time brings up a company (Edesia) who, in 2023 received a \$137 million donation from Jeff Bezos, with a stipulation he would match every \$10 million after that. They are of course a nonprofit agency that enjoys tax exempt status. I may be wrong, but I would guess Jeff Bezos used every tax break he could claim, and without such, many of the causes our writer claims to support, would sooner or later, go by the wayside. But TDS does not allow him to think properly, long term.

He should also go to the Web site for this paper and check the archive section for my statements. Due process: Our legal system revolves around it, our Constitution demands it: I will not argue against it! Many of the people he refers to had their hearings before a judge, and were given deportation orders. That was their due process. If they chose to ignore those orders, then yes, they should have thought about the possible consequences involved before

coming here. Being from another country is not permission to break the laws. Any reputable attorney will tell you ignorance of the law is not innocence, it is, as it states, ignorance.

Our writer conveniently sidestepped the fact our last administration deported more than our current one. I will ask him now. How do you think they achieved that?

The same agencies, officers, and many of the same tactics. Except they lied about all of it. But TDS has blinded you to that. So in your response, which I fully expect if you truly, honestly believe what is happening is wrong, calling Trump inhumane is something I would expect. Can you also call Joe Biden a real dirt bag for doing it at a greater number and then trying to cover it up? Or will TDS continue to have a hold?

Now the hypothetical!

A prominent Democrat politician suggests any Trump supporter should be black listed. Fired from their jobs, bank accounts suspended, no voting rights, no freedom of speech, etc., etc.

And another suggests deprogramming, i.e. round them all up and send them off to re-education camps to change their thinking.

Oh, wait! This is not hypothetical, either; it did happen. AOC and Hillary Clinton actually suggested such things. So yes, I can imagine being surrounded by SUV's, being pulled from my vehicle by masked men and hauled off to who knows where. Simply because I exercised my right to vote for the candidate of my choice. Are you truly and honestly against such things happening, and able to call them both lunatics for suggesting something like that? Or does TDS prevent that also?

I look forward to your answers.

JOHN GIAQUINTO  
DUDLEY



# OBITUARIES

## Frederick T. Manzi, 73



**WEBSTER** – Frederick T. “Freddy” Manzi, 73, passed away after a brief illness in Webster Manor, July 2, 2025 with his wife at his side.

He is survived by his loving and devoted wife of 53 years, Carol D. (Kaczynski) Manzi; 2 sisters, Catherine M. Ceppetelli of Webster and Jane M. Quinlen and her husband Patrick Quinlen, Esq. of Cranston, RI; many cherished nephews and nieces. He was preceded in death by his close friend and brother-in-law, Charles “Chuck” Ceppetelli.

He was born on November 21, 1951 in Worcester the son of Frederick J. and Anita J.

(Wylegala) Manzi and was a life-long and deeply connected resident of Webster. He was a proud 1969 alumnus of the final class of seniors to graduate from Saint Louis High School and graduated from Brom’s Barber College in Worcester.

Following in his father’s footsteps, Freddy joined the family business and

operated Manzi’s Barbershop on Main Street in Webster for 50 years, retiring on December 31, 2017. He was an avid fan of the Boston Red Sox and loved talking sports with his friends and customers.

Freddy had a great passion for music and attended many concerts. He enjoyed the ocean, especially vacationing in Old Orchard Beach each summer. He also took great pride in his Italian heritage.

The family would like to thank the staff of Webster Manor for their compassionate care of Fred in his final days. He will be remembered for his warmth, loyalty, and the deep love he held for his family. Freddy will be dearly missed by all who knew him.

A funeral service was held at 11:00 AM, on Tuesday, July 8, in Scanlon Funeral Service, 38 East Main Street Webster. Burial will follow in Calvary Cemetery, Dudley. Visitation took place on Monday, July 7 from 5:00 to 7:00 PM in the funeral home. Donations in his memory may be made to the Community Cat Connection, 289 Thompson Road or to the Webster Manor Activity Fund, 745 School Street, both Webster, MA 01570. [www.websterfunerals.com](http://www.websterfunerals.com)

## Richard L (Dick) Orsini, 83



Richard L (Dick) Orsini, age 83, of Dudley died Wednesday, July 2, 2025 at Harrington Memorial Hospital with his loving family at his side. Richard was born December 1, 1941 in Southbridge.

He is the son of the late Antonio and the late Mary(Martino) Orsini. He was predeceased by his brother A. Robert Orsini.

He is survived by his wife of 65 years Barbara (Dellomo) Orsini two sons: Richard L. Orsini Jr. (Charlene) of Flower Mound, TX and David Orsini of Dudley and his brother Leonard Orsini (Eloise) of Burlington, MA

Beloved Grandfather to Jillian M. Conant (Joshua), Matthew D. Orsini (Kathryn) Rebecca Baldyga (Brandon) and Devon Orsini. Great Grandfather to David, Travis, Arianna, Colton, Finnegan, Myles, Graham, Ruth and Lucy.

He was employed by American Optical as Plant Engineer for many years, also worked at Genpak Corporation,

Cranston Print, Spirol International, Triangle PWC, Al’s Antique Auto Restoration, and Sturbridge Auto Body. He owned and operated Dick’s Guns & Ammo and Dick’s Consignment Shop.

Member of Knights of Columbus Council 228 where he served as Financial Secretary and Grand Knight, and of John Cardinal Wright Assembly where he served as Worthy Navigator. He was also a State District Deputy. Former Captain of the Dudley Police Auxiliary and Special Police Officer.

Dick was very proud of his family and loved hosting family gatherings. He was an avid ballroom dancer, competitive target pistol shooter, loved long motorcycle rides with Barbara, restoring antique autos and attending car shows.

A Mass of Christian burial will be held 11:00 am on Wednesday, July 9 at St. Anthony of Padua Church, 24 Dudley Hill Rd., Dudley. Burial will follow in Corbin Cemetery

Calling hours will be Wednesday, July 9 from 9:30-10:30 at Bartel Funeral Home, 33 Schofield Avenue, Dudley, MA. [www.bartelfuneralhome.com](http://www.bartelfuneralhome.com)



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LEGACY  
continued from page A1

Rome for an important meeting, became a messenger of their faith and a symbol of their friendship. Upon his return, he made a very special visit to Sr. Jeanne’s classroom, where he shared photos of his time with Pope Francis and described the joy of presenting the children’s cards. As an added surprise, he presented each student with a rosary blessed personally by the Holy Father — a gift they would treasure forever.

Shortly after this joyful exchange, news arrived that Pope Francis was hospitalized. Once again, Sr. Jeanne’s fourth-grader students sprang into prayerful action, not out of obligation, but out of a deep belief in the power of their prayers. Each student created a “get-well” card, assuring the Holy Father of their prayers and care. With great devotion, the students also committed to praying three Hail Mary’s every hour each school day for his healing. By God’s providence, Mr. Dzienna, knowing an archbishop at the Vatican

in Rome, arranged for the get-well cards to be hand-delivered directly to Pope Francis.

In a spirit of continuous love and faithfulness, just this past April, the students created another round of beautiful cards to celebrate Pope Francis’s 12th anniversary as leader of the Catholic Church. Although the class was deeply saddened to learn that the Holy Father passed away just days before the cards were expected to arrive, they trusted that their prayers and congratulations were already known to his loving heart now in heaven.

At Saint Joseph School, these “little missionaries” have long been dedicated to service projects, prayer campaigns, and creative outreach that have touched lives both near and far. This year’s journey with Pope Francis has taught them something extraordinary: that their unwavering dedication to simple acts of kindness, prayer, and love can reach across oceans, touch the heart of the Church, and remind the world of the precious faith of children.

Therefore, the students, led by Sr. Jeanne Marie Akalski, launched a unique project that invites the entire Webster community to take part in something beautiful: a mission of prayer and hope inspired by Pope Francis.

This coming fall, in the school hallway, a life-sized cardboard cutout of Pope Francis will stand next to two brightly decorated boxes. One box will be for prayer petitions from the public, and the other will collect heartfelt letters the students will write to Pope Francis “in Heaven.” The idea is simple yet powerful: children offering to pray for others, thereby keeping the spirit of Pope Francis alive in their school and beyond.

“We want our students to see themselves as people who can make a difference – even in small ways like prayer,” Sr. Jeanne shared. “They’re learning that even as children, they can be missionaries of hope.”

Everyone in the community is welcome to participate. Parishioners, families, and neighbors are invited to submit

their intentions by dropping them off or mailing them to the designated location. These will then be placed in the prayer box and lovingly included in the daily prayers of the students. The project will continue annually with new groups of students, establishing a lasting tradition of faith and service at Saint Joseph School.

Their joyful project stands as a beautiful testimony of the bond between the young and the shepherd who cared so deeply for them.

As Sr. Jeanne Marie shared with the students, “Your prayers and love were the real gift to Pope Francis — and now, from his place in heaven, he continues to bless each of you.”

For those wishing to send prayer petitions or support this mission of hope, correspondence may be directed to:

LittleMissionarieswith Big Hearts: Continuing Pope Francis’s Legacy  
c/o Sr. Jeanne Marie Akalski  
Saint Joseph School  
47 Whitcomb St.  
Webster, MA 01570

“America the Beautiful in Song and Stories” at Worcester Public Library

WORCESTER — The Worcester Talking Book Library proudly hosts musician David Polansky on Saturday, July 12, from 2-3 p.m. in the Saxe Room at Worcester Public Library. Polansky will perform his program “America the Beautiful in Song and Stories”. David not only leads you in this musical tribute to the Land of the Free and our veterans, but also tells stories about the inspiration of some of America’s most beloved patriotic pieces. You’ll enjoy such pieces as “Grand Old Flag,” “Tipperary,” “White Cliffs of Dover,” “Wing and a Prayer,” “Boogie Woogie Bugle Boy,” and many more! This program is free and open to the public.

Polansky is an accomplished trumpet player in constant demand throughout the New England area. He holds degrees in Psychology and Music Education, has taught in colleges and public schools, and has appeared as a guest lecturer at education conferences throughout the country. He is the consummate entertainer whether his audience consists of preschoolers or adults. Using trumpet, keyboard, and vocals, he calls on an encyclopedic repertoire of standards and original music to wow his lucky listeners. He has worked with such legends as Arthur Fiedler, Ray Bolger, Sandler and Young, Phyllis Diller, and The Platters, composed and arranged music for the Tommy Dorsey Band, Amherst Ballet Theatre Company, Pearl Bailey, Springfield Symphony and many more. He has written extensively for musical theater, symphony orchestras, and small ensembles.

Worcester Public Library is located at 3 Salem Sq., Worcester.

www.StonebridgePress.com  
LEGALS

**DUDLEY CONSERVATION COMMISSION**  
Public Hearing Notice  
A **Public Hearing** will be held at the Dudley Municipal Complex, 71 West Main Street in Dudley, MA at 6:15 PM on Wednesday, July 16, 2025 to consider a **Notice of Intent** of work in a buffer zone for the property located at Map 209-006, 0 Dresser Hill RD for the proposed construction of a portion of a driveway in a buffer zone. This is a Public Hearing under the requirements of G.L. CH. 131 §40, as amended. Plans are available at the Conservation Commission’s office at the Dudley Municipal Complex on Tuesdays and Thursdays from 9:00-3:00 PM. For more information, call 508-949-8011.  
July 11, 2025

(SEAL)  
THE COMMONWEALTH OF MASSACHUSETTS  
LAND COURT  
DEPARTMENT OF THE TRIAL COURT  
Docket Number: 25 SM 001962  
ORDER OF NOTICE  
To:  
Laura L. Fasshauer  
and to all persons entitled to the benefit of the Servicemembers Civil Relief Act, 50 U.S.C. c. 50 §3901 (et seq):  
Selene Finance LP  
claiming to have an interest in a Mortgage covering real property in Dudley, numbered 4 Wysocki Drive, Unit 25, Phase III, Stonegate Condominiums, given by Laura L. Fasshauer to Mortgage Electronic Registration Systems, Inc., as nominee for Radius Financial Group Inc., dated March 20, 2020, and recorded in the Worcester County (Worcester District) Registry of Deeds in Book 62099, Page 119 and now held by the Plaintiff by assignment, has/have filed with this court a complaint for determination of Defendant’s/Defendants’ Servicemembers status.  
If you now are, or recently have been, in the active military service of the United States of America, then you may be entitled to the benefits of the Servicemembers Civil Relief Act. If you object to a foreclosure of the above-mentioned property on that basis, then you or your attorney must file a written appearance and answer in this court at Three Pemberton Square, Boston, MA 02108 on or before August 11, 2025, or you may lose the opportunity to challenge the foreclosure on the ground of noncompliance with the Act. Witness, Gordon H. Piper, Chief Justice of this Court on June 27, 2025.  
Attest:  
Deborah J. Patterson  
Recorder  
27961  
July 11, 2025

**Commonwealth of Massachusetts**  
**The Trial Court**  
**Probate and Family Court**  
**Worcester Probate and Family Court**  
**225 Main Street**  
**Worcester, MA 01608**  
**Docket No. WO25P2283GD**  
**CITATION GIVING NOTICE OF**

**PETITION FOR APPOINTMENT OF GUARDIAN FOR INCAPACITATED PERSON PURSUANT TO G.L. c. 190B, §5-304**  
**In the matter of:**  
**Stephenie McCall**  
**Of: Oxford, MA**  
**RESPONDENT**  
Alleged Incapacitated Person  
To the named Respondent and all other interested persons, a petition has been filed by **Department of Developmental Serv of Worcester, MA** in the above captioned matter alleging that Christopher Vetter is in need of a Guardian and requesting that **Lisa M Alberto of Milford, MA** (or some other suitable person) be appointed as Guardian to serve on the bond.  
The petition asks the court to determine that the Respondent is incapacitated, that the appointment of a Guardian is necessary, and that the proposed Guardian is appropriate. The petition is on file with this court and may contain a request for certain specific authority. **You have the right to object to this proceeding.** If you wish to do so, you or your attorney must file a written appearance at this court on or before 10:00 A.M. on the return date of **07/29/2025**. This day is NOT a hearing date, but a deadline date by which you have to file the written appearance if you object to the petition. If you fail to file the written appearance by the return date, action may be taken in this matter without further notice to you. In addition to filing the written appearance, you or your attorney must file a written affidavit stating the specific facts and grounds of your objection within 30 days after the return date.  
**IMPORTANT NOTICE**  
**The outcome of this proceeding may limit or completely take away the above-named person’s right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense.**  
WITNESS, Hon. Leilah A. Keamy, First Justice of this Court.  
Date: June 30, 2025  
Stephanie K. Fattman  
Register of Probate  
July 11, 2025

**Commonwealth of Massachusetts**  
**The Trial Court**  
**Probate and Family Court**  
**Worcester Probate and Family Court**  
**225 Main Street**  
**Worcester, MA 01608**  
**Docket No. WO25P0914GD**  
**NOTICE AND ORDER:**  
**Petition for Appointment of Guardian of a Minor**  
In the interests of  
**Kirra L Robataille**  
of **Douglas, MA**  
**Minor**  
**NOTICE TO ALL INTERESTED PARTIES**  
**1. Hearing Date/Time:** A hearing on a Petition for Appointment of Guardian of

a Minor by filed on 03/11/2025 by Walter J Cavanuagh of Douglas, MA  
Linda L Cavanuagh of Douglas, MA will be held **09/15/2025 08:30 AM Guardianship of Minor Hearing**  
Located **Worcester Probate & Family Court**  
You need to:  
**2. Response to Petition:** You may respond by filing a written response to the Petition or by appearing in person at the hearing. If you choose to file a written response, you need to: File the original with the Court; and Mail a copy to all interested parties at least five (5) business days before the hearing.  
**3. Counsel for the Minor:** The minor (or an adult on behalf of the minor) has the right to request that counsel be appointed for the minor.  
**4. Counsel for Parents:** If you are a parent of the minor child who is the subject of this proceeding you have a right to be represented by an attorney. If you want an attorney and cannot afford to pay for one and if you give proof that you are indigent, an attorney will be assigned to you. Your request for an attorney should be made immediately by filling out the Application of Appointment of Counsel form. Submit the application form in person or by mail at the court location where your case is going to be heard.  
**5. Presence of the Minor at Hearing:** A minor over age 14 has the right to be present at any hearing, unless the Court finds that it is not in the minor’s best interests.

**ORDER TO PETITIONS**  
IT IS ORDERED THAT copies of the Notica and Petitions for Appoinmtne of Guardian of a Minor be served in hand on the minor, (if 14 or more years of age and not the petitioner), the guardian, the parents of minor, and any there person if ordered by court, at least **fourteen (14)** days prior to the hearing listed above. Service must be made by the sherriif, constable, or other person appinted by the Court.  
If service in hand cannot be accomplished on any interested party at least **fourteen (14) days** prior to the date of hearing listed above,  
If the identity of whereabouts of an interested party is not known. **IT IS FURTHER ORDERED THAT** copies of this Notice and Petition for Appointment of Guardian of a Minor be served on all interested persons at least **fourteen (14)** dates prior to the propr to the hearing date by first class mail and by publishing a copy of the Order and Notice one in the Southridge Evening News, Carton publication to be at least **Seven (7)** days prior to the heaing date.  
If required, service of the United States Veteran Administration and the Department of Childern and Families may be accomplished by regulare mail at least **Seven (7)** days prior to the hearing.  
**THIS IS A LEGAL NOTICE:** An important court proceeding that may affect your rights has been scheduled. If you do not understand this notice or other court papers, please contact an attorney for legal advice.  
Date: June 11, 2025  
Stephanie K. Fattman  
Register of Probate  
July 11, 2025

**Commonwealth of Massachusetts**  
**The Trial Court**  
**Probate and Family Court**  
**Worcester Probate and Family Court**  
**225 Main Street**  
**Worcester, MA 01608**  
**(508)831-2200**  
**Docket No. WO25C0331CA**  
**CITATION ON PETITION TO CHANGE NAME**

In the matter of:  
**Akiela Janina Bowers-Burgos**  
**A Petition to Change Name of Adult**  
has been filed by **Akiela Janina Bowers-Burgos of Dudley MA** requesting that the court enter a Decree changing their name to: **Akiela Janina Burgos**  
**IMPORTANT NOTICE**  
Any person may appear for purposes of objecting to the petition by filing an appearance at: Worcester Probate and Family Court before 10:00 a.m. on the return day of 07/22/2025. This is NOT a hearing date, but a deadline by which you must file a written appearance if you object to this proceeding.  
WITNESS, Hon. Leilah A Keamy, First Justice of this Court.  
Date: June 23, 2025  
Stephanie Fattman,  
Register of Probate  
July 10, 2025

(SEAL)  
THE COMMONWEALTH OF MASSACHUSETTS  
LAND COURT  
DEPARTMENT OF THE TRIAL COURT  
Docket Number: 25 SM 001997  
ORDER OF NOTICE  
To:  
Thomas F. McCain  
and to all persons entitled to the benefit of the Servicemembers Civil Relief Act, 50 U.S.C. c. 50 §3901 (et seq):  
M & T Bank  
claiming to have an interest in a Mortgage covering real property in Webster, numbered 17 Pinehurst Drive, given by Thomas F. McCain to Manufacturers and Traders Trust Company, dated October 17, 2022, and recorded in the Worcester County (Worcester District) Registry of Deeds in Book 68447, Page 232 has/have filed with this court a complaint for determination of Defendant’s/Defendants’ Servicemembers status.  
If you now are, or recently have been, in the active military service of the United States of America, then you may be entitled to the benefits of the Servicemembers Civil Relief Act. If you object to a foreclosure of the above-mentioned property on that basis, then you or your attorney must file a written appearance and answer in this court at Three Pemberton Square, Boston, MA 02108 on or before August 18, 2025, or you may lose the opportunity to challenge the foreclosure on the ground of noncompliance with the Act. Witness, Gordon H. Piper, Chief Justice of this Court on July 1, 2025.  
Attest:  
Deborah J. Patterson  
Recorder  
26850  
July11, 2025



# Where ideas take shape

## QCC's Fab Lab offers cutting-edge tools

WORCESTER — Quinsigamond Community College's Fab Lab has become a hub of innovation, learning and collaboration. Open Monday - Friday from 9 a.m. - 4 p.m., this state-of-the-art facility welcomes anyone with an idea and a desire to create. The lab isn't simply about access to advanced technology; it's about fostering a collaborative learning environment.

"My purpose is to make the next generation more prepared," explained Coordinator of Engineering Technology Laboratories R. Webster, who became the full-time coordinator in the spring of 2025.

With experience at Apple and Petracore, and adjunct teaching at QCC, Webster brings both industry knowledge and educational passion to the role.

The Fab Lab has a primary focus on practical applications. The 3-D printing process has been used for projects such as a rear differential, a boat mounting system for a fish-finder and components of a jet turbine. Participants can test multiple iterations of designs that mirror professional manufacturing processes, a process that QCC's engineering students often utilize.

Projects can range from academic to personal, but skills gained in the Fab Lab can lead to professional benefits as well. Webster shared that local employer SMC Inc. in Devens has noted familiarity with equipment like the waterjet cutter, can translate to a substantial wage increase for new hires.

"It's one thing to be interested in something, but to actually be doing it makes all the difference," Webster said. "All of these machines are directly applicable to current industries."

The facility maintains close relationships with local businesses. QCC staff conduct regular outreach to ensure the lab's capabilities align with workforce needs. This connection benefits students preparing to enter the job market, as well as companies looking for skilled employees.

"I gained both technical and soft skills here," said engineering student and Fab Lab assistant Abigail Gumlaw, who came to QCC after technical high school with experience working in a machine shop.

"I've learned to manage expectations and communicate effectively—skills I never developed in purely technical settings," she said.

Majoring in robotics engineering and computer science, Gumlaw plans to transfer to WPI and credits the lab with providing daily learning opportunities.

"I get to apply theoretical concepts in practical ways," she added.

From vinyl printing and screen printing to embroidery machines, the lab also supports creative projects alongside technical ones.

"You can make anything; the only limit is your imagination," said Gumlaw.

For more information, visit QCC.edu/FabLab.



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NEW CONSTRUCTION Craftsman Style Home! Tucked away on Cooper Rd, Webster Lake w/ Access at Lakeside Beach/Boat Ramp. 3rd of 4 Homes being built at this Site. Offers 2,155 SF +/- of Living Area, 7 Rms, 4 BRs, 2-1/2 Baths, 9' Ceilings. Open Concept Plan. Wood Flooring Throughout w/Ceramic Tile Floors in the 2-1/2 Baths. Spacious Main BR Suite w/Walk-in Closet & Private Full Bath w/5' Tiled Shower, Double-Sink Vanity! Lower level walkout w/Slider. Basement-rough plumbed for future expansion. FHA Heat & Central AC! Garage. **\$649,900.**



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Welcome to this "CLASSIC CAPE" offering the perfect blend of modern amenities. Recently remodeled open concept kitchen living room & dining area featuring granite countertops, new flooring & recent appliances. Updates include roof, windows, doors, Roth oil tank & Hot Water Heater (2021). New heating system in 2023. This is a "GEM" Possibility of a 4th bedroom/home office. 1 car under **\$405,000**



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**Webster Lake Waterfront 88 Union Point**  
Excellent opportunity! Natural Western Facing Shoreline- Beautiful Sunsets - Views of Middle to North Pond! 7,000 +/- Sq. Ft. Waterfront Lot! Fireplaced living room! 12 X 30 one car garage. **\$660,000**



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Beautifully Updated Circa 1890s Classic Antique Island Cottage, with Rare Boat House Included! Extremely Unique, Clean & Well Maintained. Modern Conveniences w/the Charm of Yester-Year! 1,240 SF, 6 Rms, 3 BRs, 2-1/2 Baths, Hardwood Floors! Fireplace w/Wood Pellet Stove. Wrap-Around Screened Porch, Lg Outbuilding w/Full Bath/Show-er/Laundry & Workshop. Patio! Town Wtr/Swr + Private Well for Outdoor &/or Off-Season Water Use! 14,300 SF +/- Level Lot w/105+ of Shoreline. Most Important of All - 25% Shared Ownership in a Mainland Waterfront Lot for Parking, Boat Docking & Winter Storage. **\$995,000**



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# From Naval Engineman to Licensed Practical Nurse

## Patrick Njunge, LPN, embarks on new chapter of service and compassion

CHARLTON — Patrick Njunge, LPN of Worcester, a dedicated United States Naval Engineman with a background in electrical engineering, has successfully transitioned to a career in nursing, graduating from the Bay Path Practical Nursing Academy in Charlton, MA, with the Practical Nursing Class of 2024 and earning his Licensed Practical Nurse (LPN) credentials by passing the NCLEX-PN. Njunge's journey into healthcare is deeply rooted in personal inspiration.

“One person who inspired me to pursue a career in nursing is my Aunt, who worked as a nurse for over five decades,” Njunge shares. His aunt's stories of comforting patients during long nights, her ability to connect with individuals on both a medical and emotional level, and her lifelong commitment to continuous learning in healthcare profoundly shaped his aspirations.

“Her passion for nursing was not a job but a calling,” he states, “and it instilled in me the importance of continuous growth and education in this field.”

During his time at Bay Path Practical Nursing Academy (Aug. 21, 2023 – June 21, 2024), Njunge distinguished himself through active participation and academic excellence. His activities included volunteering for Charlton Middle School Screenings, serving on the Mock Code Team, and being inducted into the National Technical Honor Society. Demonstrating a strong commitment to public health and emergency preparedness, he became Certified in Dementia Care and Mental Health First Aid. His exceptional skills in First Aid/CPR were recognized at the SkillsUSA competitions, where he earned both a Gold (District Champion) and a Silver (State Champion) medals.

Njunge's experience as a Naval Engineman from 2022 to the present (United States Naval Service, Bremerton, Wash.), where he is responsible for ensuring safety protocols, training new sailors, and supervising junior personnel, has equipped him with invaluable skills in leadership, attention to detail, and a commitment to well-being – qualities that seamlessly transfer to his new nursing career.

Recalling a pivotal moment in his nursing education, Njunge highlights his first clinical rotation in the Geriatric ward.

“It's a great memory that stands out because it was the first time I truly felt like a nurse, understanding the holistic nature of patient care,” he reflects.

He vividly remembers connecting with a war veteran recovering from surgery, learning the profound impact of kindness and empathy.

“This experience taught me the profound impact that kindness and empathy can have on a patient's healing process,” he added.

Having previously pursued Electrical Engineering at NIBS College in Kenya (2013-2017) and earning his High School Diploma from Elyon High School in Kenya (2009-2012), Njunge brings a unique blend of technical expertise, discipline, and a heartfelt dedication to service to the nursing profession.

Patrick Njunge, LPN is now ready to carry forward his aunt's legacy of compassion, commitment, and dedication, aspiring to be a beacon of hope in his own nursing career and make a tangible impact on people's lives.



# Master Mason pursues his dream

BY BRO. JIMMY FALZONE  
QUINEBAUG MASONIC LODGE

STURBRIDGE — On July 1, the Rapsallion Pub in Sturbridge was an exciting evening for a local artist. This artist just happens to be a Master Mason Brother Clay Tull of Southbridge. Brother Tull has been a Mason for 4 years now and his journey in Freemasonry has brought him so much joy in all his goals and accomplishments. Brother Tull has been painting for many years. Being around his second family, his brethren, and their comradery has given him a positive outlook on life. He can do anything he sets his mind to.

Brother Tull's art delves deep into perspective, inviting viewers to truly engage and pay attention- sparking a dynamic conversation between the observer and the artist, in each unique painting on display. Brother Tull leaves his creations untitled, encouraging you to explore the work and assign your own titles. Brother Tull has told me that being a person with high anxiety has taught him how to talk to people about his painting and having conversations to give him the confidence to succeed. If you would like to see more of Brother Clay Tull's artwork, paintings go on Facebook and Instagram just type in “Tulls Dancing Colors.” If you would like more information about Freemasonry and to find a lodge nearest you, visit our Web site at [www.massfreemasonry.org](http://www.massfreemasonry.org)



Courtesy  
Brother Clay Tull is all smiles, sitting in front of one of his many paintings that was on display at the Rapsallion Pub. Notice the different identities you can see if you let your imagination take over. Amazing.

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Summer 2025

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Meals are also available at Park Ave and Webster Middle School.

Free meal offerings are available to anyone age 18 and under. No registration required! One meal per serving period per person. Adult meals are available for \$5.

Per USDA regulations, all meals must be consumed on site. No to go meals allowed.

Follow us on Facebook and Instagram for weekly updates, menus and activities!

FB: Webster Schools Food Service Department

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NO REGISTRATION OR I.D. REQUIRED

Contact the Webster Schools Office of Food Services at 508-943-0104 ext 40016 for any questions.

Gladys E. Kelly Library

2 Lake Street, Webster

Lunch Monday through Thursday 12:00 to 1:00 PM

July 9<sup>th</sup> through August 14<sup>th</sup>

Park Ave Elementary (Cafeteria)

58 Park Avenue, Webster

Lunch Monday through Friday 11:30 – 12:00 PM

July 7<sup>th</sup> through August 14<sup>th</sup>

Webster Middle School (Cafeteria)

75 Poland Street, Webster

Lunch Monday through Friday 11:30 – 12:00 PM

July 7<sup>th</sup> through August 1<sup>st</sup>

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